YOUNG HEROES

TRAINING THE NEXT GENERATION OF **TRIBAL FIRST RESPONDERS**

Introducing a new NPAIHB initiative bringing communities together to empower Native youth.

THREE TRIBES. THREE YEARS.

Young Heroes is a **pilot project** designed to train 12-year-old Native youth in first response skills and assess outcomes. Lessons learned will shape next steps: securing additional funds to train more Young Heroes across Northwest Tribes.

TRIBES WILL:

- Be part of an innovative movement to train the next generation of first responders in Northwest Tribes
- Identify three community members to help move this project forward
- Help recruit twelve youth participants each year
- Apply to be randomly selected



Learn more and apply.

narch@npaihb.org

Sponsored by NIH | S06GM164575

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD
Indian Leadership for Indian Health

NW NARCH
Northwest Native American Research Center for Health
A Project of the Northwest Portland Area Indian Health Board

YOUNG HEROES

FACT SHEET

A new NPAIHB initiative bringing communities together to empower Native youth and build safer Tribes. This fact sheet highlights important information about this pilot project.

PROJECT DETAILS

Organization: NW Portland Area Indian Health Board

Sponsored by: NIH | S06GM164575

Duration: Three years

Principal Investigators: Dr. Rose James (Lummi)
Dr. Tom Becker

PROJECT OVERVIEW

Young Heroes is a project of the Northwest Native American Research Center for Health (NW NARCH) at the Northwest Portland Area Indian Health Board (NPAIHB). This pilot project is designed to train Native youth in first response skills and assess outcomes in three Tribes. Knowledge gained will be used to apply for additional funds and train more youth across Northwest Tribes.

PROJECT OBJECTIVES

- Design and implement a first responder curriculum for Tribal 12-year-old children using a community-engaged approach
- Evaluate program outcomes:
  - trainee retention in the program
  - retention of information and skills
  - youth self-efficacy and changes in self-efficacy as a result of participation
- Secure additional funds to train more Young Heroes across Northwest Tribes

PROJECT IMPLEMENTATION

OUR APPROACH

- Partner with three NPAIHB-affiliated Tribes to design and complete the pilot
- Include Tribal certified first-response trainers to train youth
- Hands-on learning, culturally inclusive, tailored to community health needs

NW NARCH TEAM MEMBERS



Ashley Thomas, MPH
Sr Program Manager



Grazia Cunningham, MPH
Project Manager



Genivieve McGeshick
Project Coordinator,
Certified Trainer

WHAT TRIBAL PARTNERS CAN EXPECT

Tribes must apply to be considered. Three partners will be randomly selected to participate.

Each Tribe will identify community members to assist the NW NARCH study team.

Onsite planning:
- Site Coordinator ($5000/yr)

Curriculum planning:
- Tribal Health Rep ($2100/yr)



THREE YEARS. THREE TRIBES.

LEARN MORE

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YOUNG HEROES

Building safer Tribal communities by training youth first responders.

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Each Tribe can expect to follow this path for the duration of this project.

Each Tribe will identify community members to assist the NW NARCH study team.

- Site Coordinator: onsite-organizing ($5,000/year)
- Tribal Health Rep: curriculum planning ($2,100/year)



THREE YEARS. THREE TRIBES.