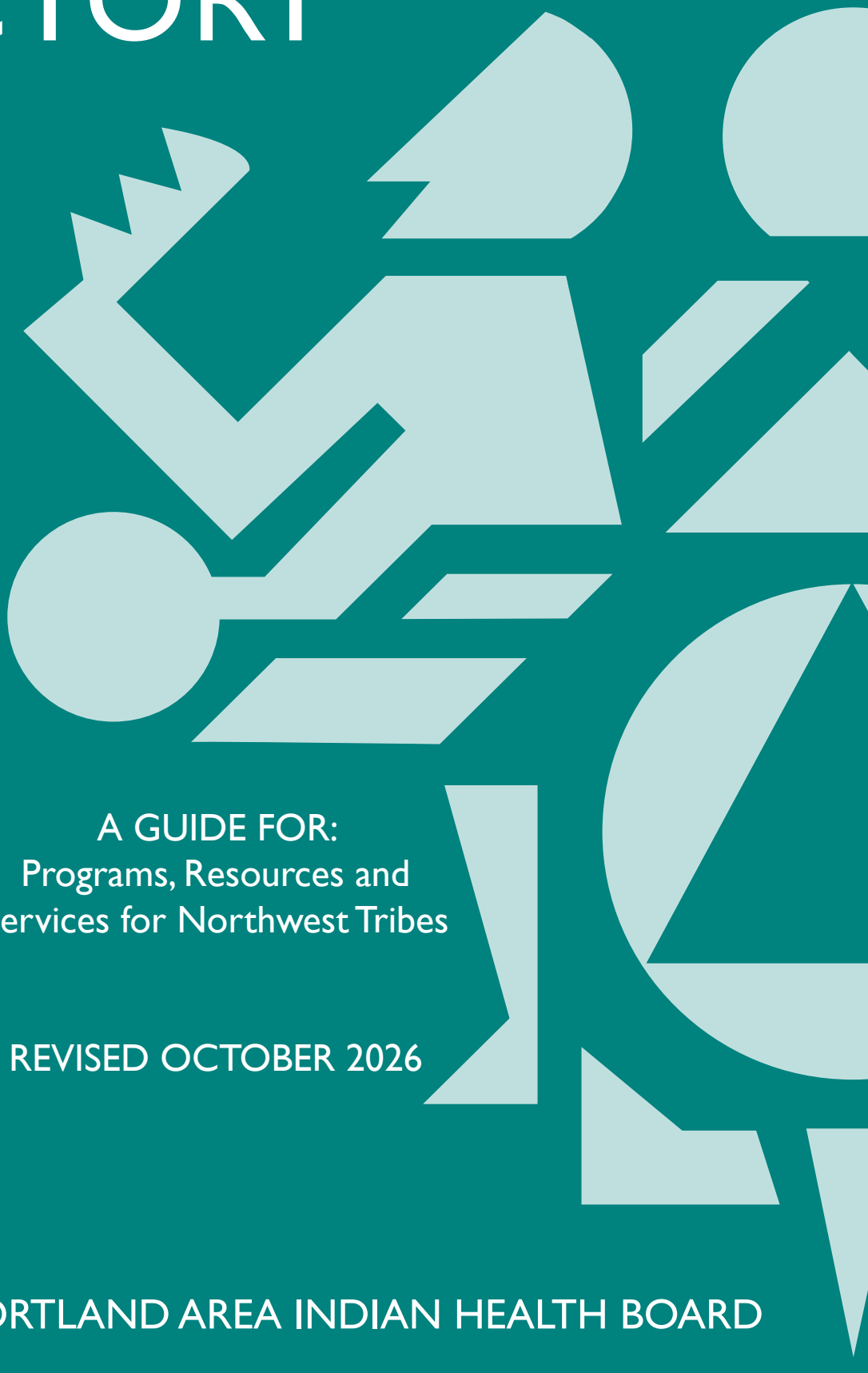
2026 RESOURCE DIRECTORY



A GUIDE FOR:
Programs, Resources and
Services for Northwest Tribes

REVISED OCTOBER 2026

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD

ABOUT THE BOARD

Established in 1972, the Northwest Portland Area Indian Health Board (NPAIHB) is a nonprofit Tribal advisory organization serving the 43 federally recognized Tribes of Idaho, Oregon, and Washington. Each member Tribe appoints a Delegate via Tribal resolution and meets quarterly to direct and oversee all activities of NPAIHB.

We are engaged in many areas of Indian health, including legislation, health promotion and disease prevention, as well as data surveillance and research. Our strengths include an active board, talented staff, and a forward-thinking organization. We know that there is much work to be done to improve the health status in Indian Country, but we do not shy away from the challenge.

NPAIHB Delegates create and update a strategic plan, which contains four main functional areas:

- Health promotion and disease prevention
- Legislative and policy analysis
- Training and technical assistance
- Surveillance and research

NPAIHB houses the Northwest Tribal Epidemiology Center (NWTEC), several health promotion and disease prevention projects, and is active in Indian health policy.

Our Mission

To eliminate health disparities and improve the quality of life of American Indians and Alaska Natives by supporting the 43 federally recognized Tribes in the States of Idaho, Oregon, and Washington (Northwest Tribes) in their delivery of culturally appropriate, high-quality healthcare.



NPAIHB EXECUTIVE COMMITTEE

The NPAIHB Executive Committee is comprised of a Chair, Vice Chair, Secretary, Treasurer, and Sergeant-at-Arms. The Executive Committee approves the Quarterly Board Meeting agendas, approves Executive Committee resolutions, develops and refers policy issues to the entire delegation for approval, reviews and monitors NPAIHB financial matters, represents NPAIHB at regional and national meetings, and is the direct supervisor to the Executive Director.

Aaron Hines
Confederated Tribes of the Umatilla Indian Reservation
Chair

Greg Abrahamson
Spokane Tribe of Indians
Vice Chair

Brandon Tupper
Klamath Tribes
Secretary

Dr. Alison Boyd-Ball
Confederated Tribes of the Colville Reservation
Treasurer

Dr. Sharon Stanphill
Cow Creek Band of Umpqua Tribe of Indians
Sergeant-at-Arms

NPAIHB MEMBER TRIBES

Idaho

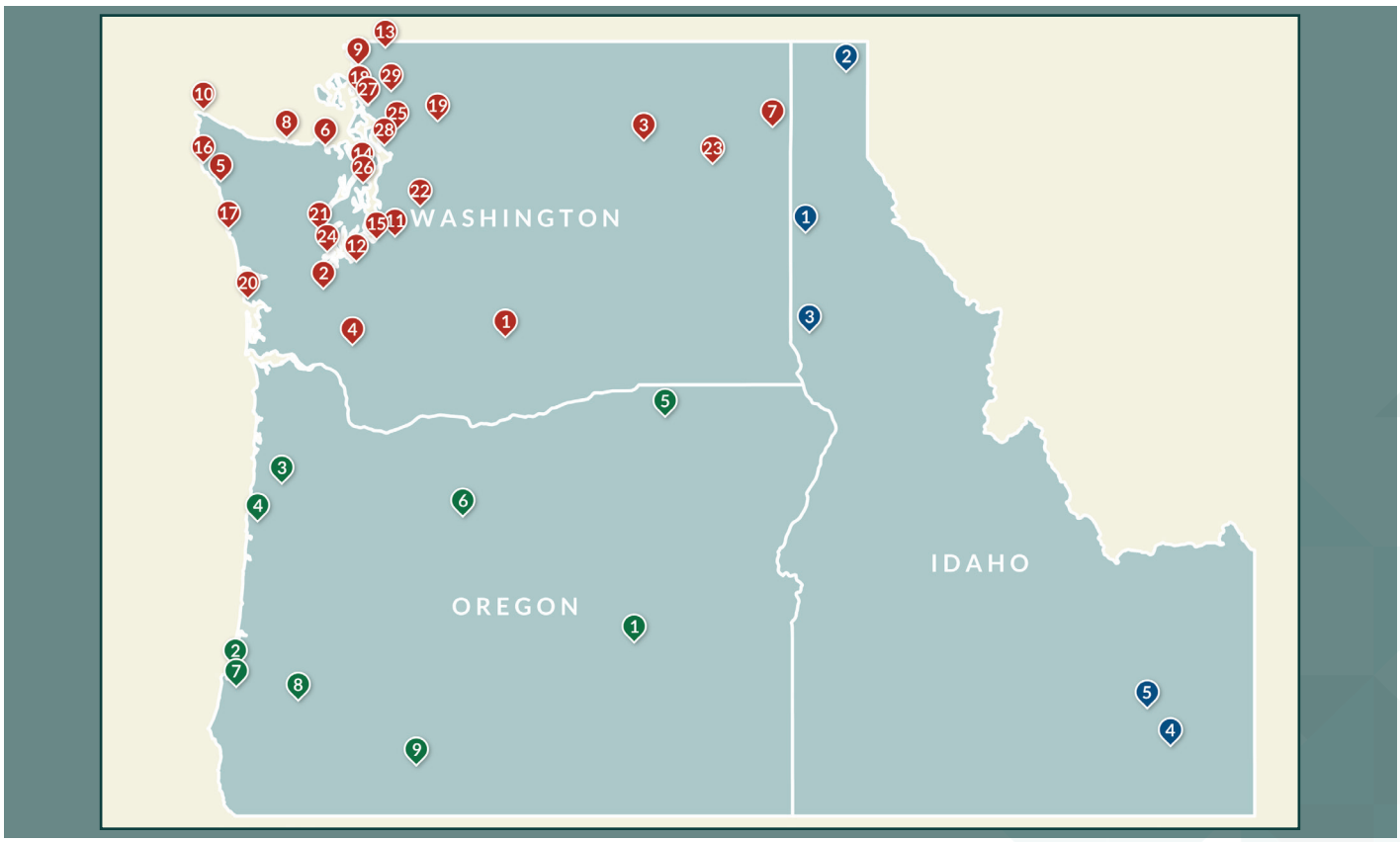
1. Coeur d'Alene Tribe
2. Kootenai Tribe of Idaho
3. Nez Perce Tribe
4. Northwestern Band of the Shoshone Nation
5. Shoshone-Bannock Tribes of the Fort Hall Reservation

Oregon

1. Burns Paiute Tribe
2. Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians
3. Confederated Tribes of the Grand Ronde
4. Confederated Tribes of Siletz Indians
5. Confederated Tribes of the Umatilla Indian Reservation
6. Confederated Tribes of the Warm Springs Indians
7. Coquille Indian Tribe
8. Cow Creek Band of Umpqua Tribe of Indians
9. Klamath Tribes

Washington

1. Confederated Tribes and Bands of the Yakama Nation
2. Confederated Tribes of the Chehalis Reservation
3. Confederated Tribes of the Colville Reservation
4. Cowlitz Indian Tribe
5. Hoh Indian Tribe
6. Jamestown S'Klallam Tribe
7. Kalispel Tribe of Indians
8. Lower Elwha Klallam Tribe
9. Lummi Nation
10. Makah Indian Tribe
11. Muckleshoot Indian Tribe
12. Nisqually Indian Tribe
13. Nooksack Indian Tribe
14. Port Gamble S'Klallam Tribe
15. Puyallup Tribe of Indians
16. Quileute Tribe
17. Quinault Indian Nation
18. Samish Indian Nation
19. Sauk-Suiattle Indian Tribe
20. Shoalwater Bay Indian Tribe
21. Skokomish Indian Tribe
22. Snoqualmie Indian Tribe
23. Spokane Tribe of Indians
24. Squaxin Island Tribe
25. Stillaguamish Tribe of Indians
26. Suquamish Indian Tribe
27. Swinomish Indian Tribal Community
28. Tulalip Tribes
29. Upper Skagit Indian Tribe



ABOUT THE DIRECTORY

Introduction

This Resource Directory is designed to help users quickly find information on NPAIHB's programs and services available to Northwest Tribes. The Directory provides an overview of all NPAIHB's current projects with detailed information on funding, technical assistance, engagement opportunities, and program contacts. Programs are divided by their assigned Divisions which include:

Administration

Clinical Support Services

Environmental Public Health

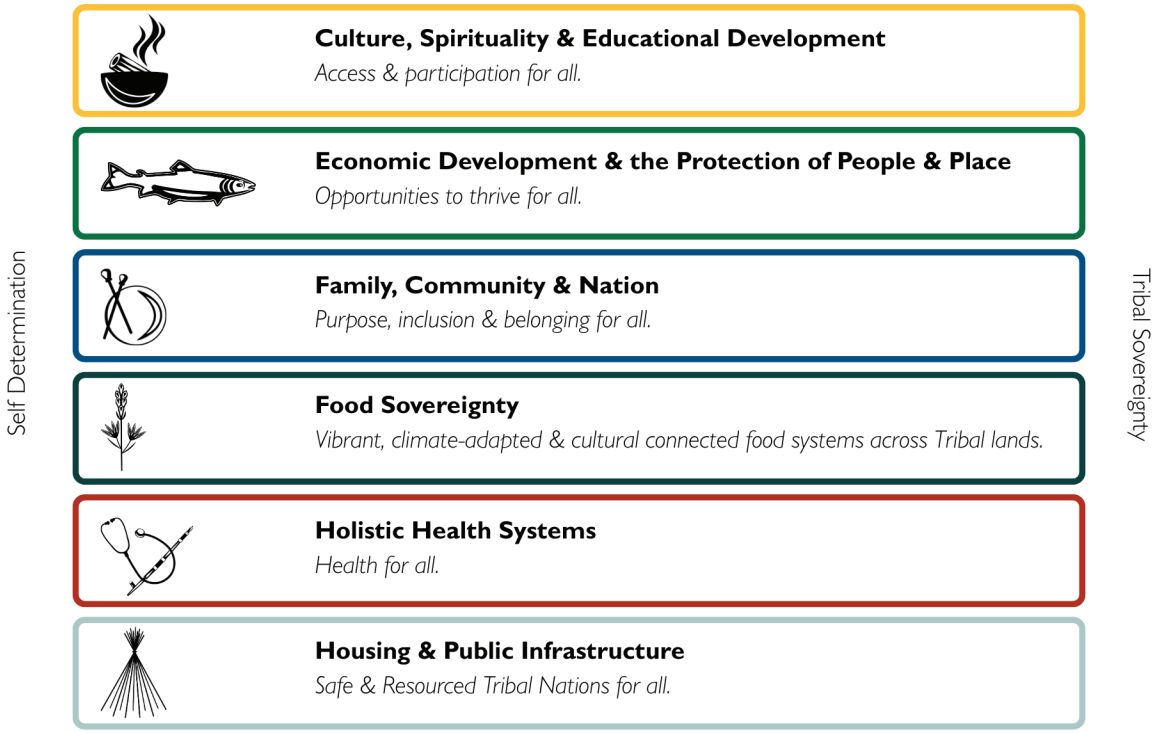
Government Affairs

Northwest Tribal Epidemiology Center

The Resource Directory will be updated quarterly and will be available digitally on NPAIHB's website. A print version will be released annually—in correlation with NPAIHB's October Quarterly Board Meeting.

What are the Northwest Social Determinants of Health?

The Social Determinants of Health (SDoH) are the conditions in which people are born, grow, live, work, and age—all of which influence health. The SDoH are inherently a way to look holistically at community health and well-being and complement many Indigenous worldviews of interdependence, connection, and kinship. The NPAIHB worked with Tribal Leaders, Delegates, and staff to create a culturally specific version of the SDoH which is grounded in the unique context, opportunities, and strengths of Northwest Tribes. These culturally grounded SDoH were renamed the "Northwest Tribal Social Determinants of Health" (NW Tribal SDoH) and were used as the shared framework for NPAIHB's 2025-2030 Strategic Plan. Within each project description, we have also included which NW Tribal SDoH the work aims to advance. These NW Tribal SDoH offer a way to look at our work that considers all the dimensions of a community that affect health and well-being.



- Centers Health and Wellbeing -

FUNDING ACRONYMS

Acronyms are used throughout the directory to describe the funding received within NPAIHB.

BIA – Bureau of Indian Affairs

CDC – Centers for Disease Control and Prevention

CMS – Centers for Medicare and Medicaid Services

DHHS – Department of Health and Human Services

EPA – Environmental Protection Agency

HRSA – Health Resources and Services Administration

IHS – Indian Health Service

NIH – National Institutes of Health

OHA – Oregon Health Authority

SAMHSA – Substance Abuse and Mental Health Services Administration

WADOH – Washington State Department of Health

Resource Directory Contact

info@npaihb.org
920 NW 17th Ave, Portland, OR, 97209
503-228-4185

TABLE OF CONTENTS

About the Board 2
- NPAIHB Executive Committee 3
- Member Tribes 4
- About the Directory 5
- Funding Acronyms 6

Administrative Division 9

Clinical Support Services Division 10
- Indian Country ECHO 11
- North Star Washington State Tribal Prevention Systems 12
- Northwest Tribal Comprehensive Cancer Project 13
- Northwest Tribal Dental Support Center 14
- Syndemic Clinical Support 15
- Northwest Tribal Elder's Project Building Our Largest Dementia Infrastructure 16
- Oregon Tribal Tobacco Project 17
- Tribal Community Health Provider Program 18
- Tribal Health: Reaching Out Involves Everyone 19
- Tribal Opioid Response 20
- Vaccine Programs 21

Environmental Public Health Division 22
- Environmental Public Health Direct Services 23
- Environmental Public Health Capacity Building & Well Water Assessments 25
- Oregon Tribal Environmental Public Health 26
- Tribal Injury Prevention Program 27
- Water Infrastructure Improvements for the Nation Act Grant 28

Policy Division 29

Northwest Tribal Epidemiology Center Division 30
- Healthy Native Youth 31
- We R Native 32
- Data Modernization Work Group 33
- Epidemiology & Surveillance Unit 34
- Northwest Native American Research Center for Health 35

TABLE OF CONTENTS

Northwest Regional Research Center 36
Northwest Tribal Data Hub 37
Public Health Improvement and Training 38
Oregon Tribal Public Health Modernization 39
Washington Tribal Public Health Improvement 40
Wellness for Every American Indian to Achieve and View Health Equity 41
Western Tribal Diabetes Project 42

Special Projects: Regional Specialty Referral Center Demonstration Project 43

NPAIHB ADMINISTRATION

Who We Are

NPAIHB's Administrative Division supports the day-to-day functions and executive direction of NPAIHB.

This team includes:

- The **Executive Director** ensures NPAIHB carries out our mission and meets the needs and priorities of Northwest Tribes. Reporting to our Delegates, the Executive Director is responsible for strategic leadership, financial oversight, administrative operations, and the overall management of the organization. Laura Platero (Navajo) has served NPAIHB as Executive Director since 2020.
- The **Communications Team** provides high-quality communications expertise across web, design, and social media. This team ensures organizational cohesion, visual recognition, and harmony across all NPAIHB resources and materials.
- The **Finance Team** manages internal controls and compliance, budgeting, award drawdowns, purchasing, procurement, and other internal payment processes. This team ensures that NPAIHB is strong, stable, and prepared for the future.
- **Grants Management** provides oversight and technical support across the lifecycle of grants, from the identification of funding opportunities, application, compliance, reporting, and closeout. Our Grants Management Team helps to ensure that NPAIHB has grant support to carry out programs and services that serve the needs and priorities of Northwest Tribes.
- **Human Resources** is responsible for the hiring and onboarding of staff, compensation, benefits, professional development, and compliance. This team helps to ensure that we find, keep, and nurture our talented staff.
- The **Information Technology (IT) Team** manages the internal technological systems that support daily operations, including the maintenance of hardware, software, networks, and cybersecurity. This team ensures staff have the right tools they need and the information and data entrusted to NPAIHB is safe and secure.
- The **Legal Team** provides strategic legal guidance, oversees compliance (governance, contracts, employment), and manages risk. This team ensures that NPAIHB operates within applicable laws and that our work serves our mission.
- The **Program Operations Team** manages the building operations at our Lovejoy Building, including facilities maintenance, shipping and receiving, security, building management, and hospitality. This team ensures the building serves as home for NPAIHB's programs and services and a center for all our Member Tribes in Portland.

Contact

Send requests to: Administrative Division, management@npaihb.org

ADMINISTRATION
NPAIHB

NPAIHB CLINICAL SUPPORT SERVICES DIVISION

Who We Are

NPAIHB's Clinical Support Services Division (Clinical) can support you in the delivery of high-quality, culturally grounded health care systems for your community. Our interconnected, culturally grounded projects and initiatives span prevention, treatment, recovery, workforce development, and resilience. Through training and technical assistance, systems improvement, community-informed approaches to healing, and the development of the next generation of tribal public health professionals, we are here to support your Tribe and your tribal health priorities.

Focus Areas

- Workforce support, training and systems development
- Community-based clinical and public health workforce capacity
- Specialty knowledge through virtual learning and peer-to-peer network
- Prevention, treatment, and recovery systems
- Behavioral health: mental health, suicide prevention, wellness, and resilience
- Youth and community engagement

Contact

Send requests to: Clinical Division, clinical@npaihb.org

CLINICAL
NPAIHB

INDIAN COUNTRY ECHO (EXTENSION FOR COMMUNITY HEALTHCARE OUTCOMES)

How We Serve Northwest Tribes

NPAIHB's Indian Country ECHO (Extension for Community Healthcare Outcomes) is a free service designed to help clinicians and staff serving American Indian and Alaska Native (AI/AN) people effectively care for patients with complex medical conditions and improve systems of care. By focusing on bringing knowledge and skills to primary care clinicians and local staff, Indian Country ECHO aims to ensure that Tribal communities have access to the best possible care at home. Through this program, participants can expect a welcoming learning environment, where they will receive guidance and mentorship from clinical experts. Indian Country ECHO can reduce costs and travel burdens for rural communities by bringing specialty care directly to patients.

How We Are Funded

This program was first funded in 2017 and is funded through 2029. Funders: CDC, IHS, private donor(s)/foundation(s), and SAMHSA

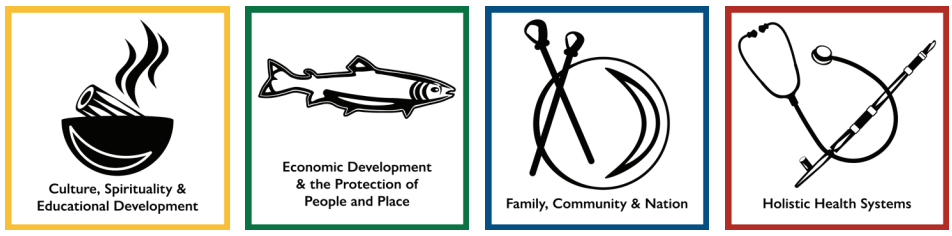
Technical Assistance We Can Provide

- Capacity building services
- Clinical quality improvement
- Communities of practice
- Community health and wellness programming
- Community partnership development
- Direct consultation and feedback
- Funding, Tribal (mini-grants, grants)
- Health promotion and education
- Policy advocacy, development, and support
- Resource sharing
- Training and workshops
- Workforce development

Tribal Engagement Opportunities

Twenty monthly virtual ECHO clinics, which offer an opportunity to present and discuss patient cases, receive up-to-date treatment recommendations and best practices from clinical specialists, receive advice from clinical specialists and peers, participate in didactic presentations, and gain free continuing education credits. For more information, visit www.indiancountryecho.org.

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact

Send requests to: Clinical Division, clinical@npaihb.org | Indian Country ECHO, echo@npaihb.org

Staff
David Stephens
(Haida)
ECHO Clinical Director
dstephens@npaihb.org | 971-430-2749

NORTH STAR WASHINGTON STATE TRIBAL PREVENTION SYSTEMS

How We Serve Northwest Tribes

NPAIHB's North Star Washington State Tribal Prevention Systems (North Star) pilot initiative is aimed at promoting social change and community well-being by delaying the onset of alcohol, tobacco, and substance use in youth. Based on a primary prevention model designed to strengthen protective factors for youth called the Planet Youth Guidance Program, North Star is adapted to meet the diverse needs of Tribal communities in Washington. The goal is to contribute to healthier long-term outcomes, reduce risk factors, and strengthen protective factors for Tribal youth. Tribal youth voices play a vital role in this initiative through a bi-annual survey targeting 15- to 16-year-olds. Results are received within eight weeks and delivered to each local community coalition. Data lays the foundation for evidence-based decision-making to drive long-term community change.

How We Are Funded

This Project was first funded in 2017 and is funded through 2027. Funders: CDC

Technical Assistance We Can Provide

- Coaching
- Communities of practice
- Community partnership development
- Connection to public health/clinical experts
- Site visit, consultation
- Training and workshops

Tribal Engagement Opportunities

- Monthly partner meetings
- Semi-Annual Community of Practice (CoP)
- Semi-Annual partner gatherings

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact

Send requests to: Clinical Division, clinical@npaihb.org

Staff
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Youth Prevention Director
njacobson@npaihb.org | 971-430-2748

NORTHWEST TRIBAL COMPREHENSIVE CANCER PROJECT

How We Serve Northwest Tribes

NPAIHB's Northwest Tribal Comprehensive Cancer Project (NWTCCP) implements evidence-based interventions that align with the three priority areas of primary prevention, early detection and screening, and the health and well-being of cancer survivors. We strive for improvement in cancer survivorship and quality of life toward the next seven generations of healthier, cancer-free Tribal communities. Through the 20-year Tribal Comprehensive Cancer Control Plan, the NWTCCP has sought to: decrease cancer incidence and mortality, improve screening, increase community cancer education, reduce the time from appearance of symptoms and signs to diagnosis, improve treatment compliance, lengthen cancer survivorship for Tribal members in the Northwest, and support longstanding partnerships with cancer registries to increase program capacity and support cancer control planning.

The Tribal Cancer Coalition meets with Tribal and comprehensive cancer partners to address cancer prevention and control, build partnerships, share data and cancer resources, identify and address common priorities, and develop strategies to eliminate cancer health disparities.

How We Are Funded

This Project was first funded in 2000 and is funded through 2027. Funders: CDC

Technical Assistance We Can Provide

- Communities of practice
- Community health and wellness programming
- Community partnership development
- Connection to public health/clinical experts
- Policy and procedure development: clinical workflows
- Direct consultation and feedback
- Funding, Tribal (mini-grants, grants)
- Health promotion and education
- Data request support
- Resource sharing
- Site visit, consultation
- Strategic planning
- Training and workshops
- Workforce development

Tribal Engagement Opportunities

- Northwest Tribal Cancer Coalition meetings
- Northwest Tribal Clinicians' Cancer Update

This Work Advances the Following Northwest Tribal Social Determinants of Health









Contact

Send requests to: Clinical Division, clinical@npaihb.org

Staff
Eric Vinson
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Cancer and Tobacco Project Director
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NORTHWEST TRIBAL DENTAL SUPPORT CENTER

How We Serve Northwest Tribes

NPAIHB's Northwest Tribal Dental Support Center (NTDSC) provides training, quality improvement, and technical assistance to IHS Tribal/urban dental programs within the Portland Area. These services result in measurable improvement in the oral health status of the AI/AN people served in the Portland Area. NTDSC provides site visits that are tailored to individual programs, which can be conducted in person or by a virtual conference. These supportive services can provide Continuing Dental Education (CDE) hours at no cost.

How We Are Funded

This Project was first funded in 2000. Funders: IHS

Technical Assistance We Can Provide

- Clinical quality improvement
- Connection to public health/clinical experts
- Evaluation support
- Health promotion and education
- Policy and procedure development for dental clinics
- Resource sharing
- Site visit, consultation
- Training and workshops

Tribal Engagement Opportunities

- Northwest Tribal Dental Meeting (annual) (formerly known as Portland Area Dental Meeting)
- Wee Smile: Minimally Invasive Dentistry (MID) Style Initiative (18-month collaborative)
- Continuing Dental Education (CDE) training opportunities

This Work Advances the Following Northwest Tribal Social Determinants of Health







Contact

Send requests to: Clinical Division, clinical@npaihb.org

Staff
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NTDSC Project Director
tmason@npaihb.org | 971-430-2758

SYNDEMIC CLINICAL SUPPORT

How We Serve Northwest Tribes

NPAIHB's Syndemic Clinical Support Program (SCSP) addresses the syndemic of HIV, sexually transmitted infections (STIs), substance use disorders (SUDs), and viral hepatitis through an integrated, multi-level public health response that centers a holistic perspective that aligns with the needs of Tribal communities and honors the principle of Tribal Sovereignty. SCSP also runs Native Health Resources, which provides no or low-cost Tribal health education materials.

These materials can be used at clinics, community events, or anywhere Tribes are sharing health information. Health educators, school and community health clinics, and others serving Tribes can access and print culturally relevant materials promoting informed decision-making about health and well-being.

How We Are Funded

This project was first funded in 2024 and is funded through 2029. Funders: CDC

Technical Assistance We Can Provide

- Clinical quality improvement
- Community health and wellness programming
- Connection to public health/clinical experts
- Funding, Tribal (mini-grants, grants)
- Health promotion and education
- One-on-one curated public health training
- Resource sharing
- Site visit, consultation
- Training and workshops

Tribal Engagement Opportunities

- Syndemic clinical training(s)
- Tribal investigation training(s)

This Work Advances the Following Northwest Tribal Social Determinants of Health





Contact

Send requests to: Clinical Division, clinical@npaihb.org

Staff
Jerico Cummings
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Syndemic Support Project Director
jcummings@npaihb.org | 503-416-3262

NORTHWEST TRIBAL ELDERS PROJECT BUILDING OUR LARGEST DEMENTIA (BOLD) INFRASTRUCTURE

How We Serve Northwest Tribes

NPAIHB's Northwest Tribal Elders Project Building Our Largest Dementia (BOLD) Infrastructure was designed to build capacity within Northwest Tribal communities to strengthen their ability to address Alzheimer's disease and related dementias (ADRD). The project focuses on developing and enhancing program and policy frameworks, establishing and mobilizing partnerships, and supporting community-driven strategies that promote healthy aging. Key activities include providing technical assistance to Member Tribes, delivering culturally grounded health education and outreach, and supporting Tribes with sustainable community initiatives that improve awareness, early detection, and caregiver support for ADRD. The purpose of the project is to empower Northwest Tribes with tools, knowledge, and resources needed to improve quality of life for elders and their families.

How We Are Funded

This Project was first funded in 2020 and is funded through 2028. Funders: CDC

Technical Assistance We Can Provide

- Clinical quality improvement
- Communities of practice
- Community health and wellness programming
- Community partnership development
- Evaluation support
- Health promotion and education
- Policy advocacy, development and support
- Resource sharing
- Site visit, consultation
- Training and workshops
- Workforce development

Tribal Engagement Opportunities

- Recurring educational opportunities such as brain health webinars, Dementia 101 sessions, caregiver support resources, and culturally tailored Dementia Friends training for AI/AN
- Annual Northwest Tribal Brain Health and Dementia Summit
- Annual/Biannual Savvy Caregiver Train-the-Trainers
- NW Tribal Dementia Coalition Meetings to share data and program updates, and strengthen partnerships

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact

Send requests to: Clinical Division, clinical@npaihb.org

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OREGON TRIBAL TOBACCO PROJECT

How We Serve Northwest Tribes

NPAIHB's Oregon Tribal Tobacco Project (OTTP) provides technical assistance for tobacco prevention and cessation and alcohol, tobacco and other drugs (ATOD) prevention programs, conferences, meetings, and events. OTTP also assists Tribal tobacco program staff, along with Oregon Health Authority-Behavioral Health Division Tribal ATOD Prevention Specialist. The project engages in regular communication with the nine Tribes in Oregon and the Native American Rehabilitation Association of the Northwest, responds to technical assistance needs, and provides high quality trainings.

How We Are Funded

This Project was first funded in 1993 and is funded through 2028. Funders: OHA

Technical Assistance We Can Provide

- Coaching
- Communities of practice
- Community health and wellness programming
- Community partnership development
- Data request support
- Direct consultation and feedback
- Health promotion and education
- Policy and procedure development: Tobacco Cessation clinical workflows
- Resource sharing
- Site visit, consultation
- Strategic planning
- Training and workshops

Tribal Engagement Opportunities

- Oregon-Specific Tobacco Cessation Counseling Training
- Oregon-Specific Digital Storytelling
- Oregon-Specific Sacred Tobacco and Traditional Medicine Gathering

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact

Send requests to: Clinical Division, clinical@npaihb.org

Staff
Eric Vinson
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Cancer and Tobacco Project Director
evinson@npaihb.org | 503-416-3295

TRIBAL COMMUNITY HEALTH PROVIDER PROGRAM (TCHPP)

How We Serve Northwest Tribes

NPAIHB's Tribal Community Health Provider Program (TCHPP) collaborates with Tribes to build, facilitate, and sustain educational programs to train Dental Health Aides (DHAs), Behavioral Health Aides (BHAs), and Community Health Aides (CHAs). Each Health Aide Program aims to improve the health of Tribal communities and nurture the voices of the next generation of AI/AN health care providers, so your community can thrive the way your ancestors intended. The TCHPP partners with Tribes and Indian Health Service (IHS) to increase access to high quality, culturally appropriate health care within Tribal Health Organizations (THOs) and direct service Tribes.

How We Are Funded

This Project was first funded in 2015 and is funded through 2028. Funders: HRSA 2020-2028, OHSU, CareQuest (private donor)

Technical Assistance We Can Provide

- Clinical quality improvement
- Community health and wellness programming
- Connection to public health/clinical experts
- Direct consultation and feedback
- Funding, individual (fellowships, scholarships, grants)
- Funding, Tribal (mini-grants, grants)
- Health promotion and education
- One-on-one curated public health training
- Policy advocacy, development and support
- Policy and procedure development
- Resource sharing
- Site visit, consultation
- Strategic planning
- Training and workshops
- Workforce development

Tribal Engagement Opportunities

Website, tchpp.npaihb.org

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact

Send requests to: Clinical Division, clinical@npaihb.org | TCHPP, tchpp@npaihb.org

Staff

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Behavioral Health Education Director
djimerson@npaihb.org | 971-430-2589

TRIBAL HEALTH: REACHING OUT INVOLVES EVERYONE (THRIVE)

How We Serve Northwest Tribes

NPAIHB's THRIVE (Tribal Health: Reaching out InVolves Everyone) is the suicide prevention project at NPAIHB. THRIVE works with our Member Tribes to ensure suicide prevention care and engagement is culturally relevant and adapted to meet Tribal needs. This team hosts a variety of community informed activities such as an annual summer youth conference, several caring text message interventions, Mind 4 Health trainings for caring adults, and social marketing campaigns. THRIVE offers suicide prevention training (QPR, ASIST) and maintains the online Crisis Services Map to locate resources. THRIVE includes 988 Tribal response that supports usage of the 988-crisis line within Tribal communities and the Zero Suicide Initiative Coordinating Center (ZSICC) that provides training and technical assistance on the Zero Suicide model.

How We Are Funded

This Project was first funded in 2009 and is funded through 2031. Funders: CDC, IHS, SAMHSA

Technical Assistance We Can Provide

- Clinical quality improvement
- Coaching
- Community health and wellness programming
- Community partnership development
- Connection to public health/clinical experts
- Direct consultation and feedback
- Evaluation support
- Funding, Tribal (mini-grants, grants)
- Health promotion and education
- Policy & procedure development: suicide prevention
- Resource sharing
- Site visit, consultation
- Training and workshops

Tribal Engagement Opportunities

- Annual THRIVE Youth Conference
- Zero Suicide Trainings
- Suicide Prevention Trainings (QPR & ASIST)
- Cultural Engagement Trainings
- Tribal Boarding School Toolkit

This Work Advances the Following Northwest Tribal Social Determinants of Health







Contact

Send requests to: Clinical Division, clinical@npaihb.org | THRIVE, thrive@npaihb.org

Staff

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THRIVE/TOR Senior Project Director
ccaughlan@npaihb.org | 503-416-3284

Helena Darrow
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Zero Suicide Initiative Coordinating Center Manager
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THRIVE 988 Project Director
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Krystie Berry Holder
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THRIVE 988 Project Coordinator
kholder@npaihb.org | 503-422-5250

TRIBAL OPIOID RESPONSE

How We Serve Northwest Tribes

Tribal Opioid RESPONSE
A Project of the Northwest Portland Indian Area Health Board

NPAIHB's Tribal Opioid Response (TOR) program assists Northwest Tribes in tackling the opioid epidemic through increasing capacity to effectively implement prevention, treatment, and recovery efforts. TOR works with Tribes to prevent new cases of opioid use disorder by harnessing the power of culture and tradition, educating community members on opioids, and creating awareness of the power of medicine to heal. TOR creates Tribal, evidence-based, and practice-based treatment and recovery services by removing barriers, educating providers, creating comprehensive treatment, working to ensure MOUD (medication-assisted treatment) helps individuals and communities, and developing integral treatment models. TOR utilizes data to mount an effective community response and to grow the evidence base for effective Tribal opioid interventions by cultivating responsive communities, clinics, and policies. TOR helps to build effective leaders, create stronger communities, build state and national partnerships, and invest in workplace development and retention.

How We Are Funded

This Project was first funded in 2018 and is funded through 2029. Funders: SAMHSA

Technical Assistance We Can Provide

- Community health and wellness programming
- Community partnership development
- Connection to public health/clinical experts
- Direct consultation and feedback
- Evaluation support
- Funding, Tribal (mini-grants, grants)
- Health promotion and education
- Policy and procedure development
- Resource sharing
- Site visit, consultation
- Training and workshops

Tribal Engagement Opportunities

- Monthly consortium calls with Northwest Tribes to discuss grant updates and needs
- Monthly one-on-one meetings for focused support
- Training for Tribal direct service and substance use providers (ongoing)

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact

Send requests to: Clinical Division, clinical@npaihb.org

Staff

Colbie Caughlan
THRIVE/TOR Senior Project Director
ccaughlan@npaihb.org | 503-416-3284

Micheal Feroglia
Project Funding and Contracts Manager
mferoglia@npaihb.org | 971-430-2715

Larissa Molina
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lmolina@npaihb.org | 503-416-3286

Alexis Packer
TOR Project Coordinator
apacker@npaihb.org | 971-430-2672

VACCINE PROGRAMS

How We Serve Northwest Tribes

NPAIHB's VacciNative and Native Boost are designed to help you make informed decisions about vaccines. To guarantee that the information we share is accurate, we work with trusted Elders, Native health professionals, and staff from Tribal organizations across the nation.

Technical Assistance We Can Provide

- Communities of practice
- Community health and wellness programming
- Connection to public health/clinical experts
- Data request support
- Direct consultation and feedback
- Health promotion and education
- Resource sharing
- Site visit, consultation
- Training and workshops

Tribal Engagement Opportunities

- indiancountryecho.npaihb.org/vaccines/

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact

Send requests to: Clinical Division, clinical@npaihb.org | VacciNative, vaccinative@npaihb.org

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Danner Peter
(Diné)
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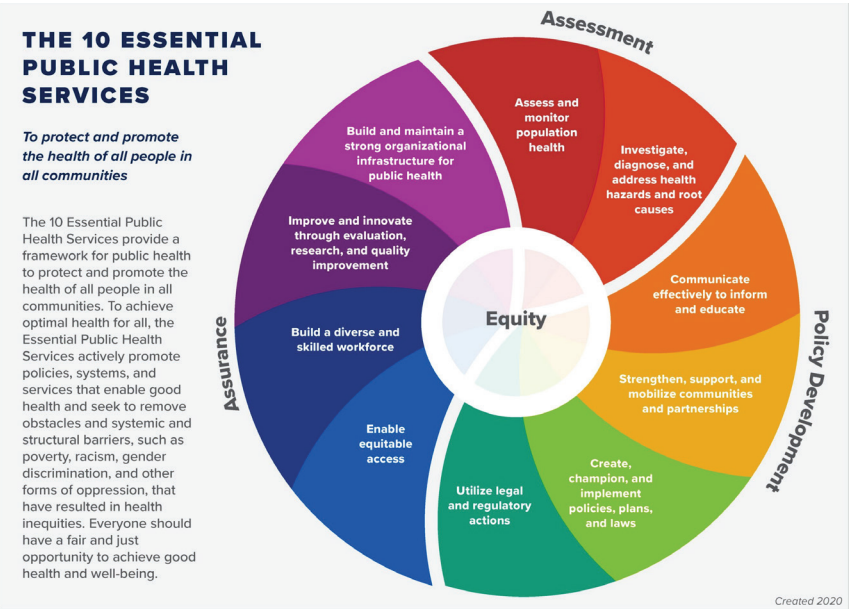
ENVIRONMENTAL PUBLIC HEALTH DIVISION

Who We Are

The Environmental Public Health (EPH) Team recognizes that where people live, learn, work, and play deeply affects their overall well-being. Our team of environmental health professionals works directly with Tribes, Tribal programs, and community members—helping identify, assess, and address environmental health concerns and develop plans that strengthen the health and safety of Tribal communities. Our program is guided by the Tribes we serve, ensuring that activities remain culturally aligned and community driven. The EPH Division is committed to advancing Tribal sovereignty, environmental justice, and climate and health equity. Through collective action and data-driven policy—rooted in both Traditional Ecological Knowledge (TEK) and contemporary science—we support Tribes to safeguard their environments, enhance preparedness, and strengthen community well-being for generations to come.

Focus Areas

- Providing essential services such as facility inspections, environmental risk assessments, water testing, food safety, institutional health, and injury prevention.
- Supporting emergency preparedness in training, risk communication, and collaborative disaster response planning.
- Enhancing capacity within Northwest Tribes through technical assistance, consultation, and professional development opportunities tailored to Tribal needs.
- Facilitating collaboration among Tribal, federal, and state partners to ensure equitable access to environmental health resources and funding.



Learn more: https://www.cdc.gov/infrastructure/public-health-systems-emerging-practices/10-essential-public-health-services.html

Contact

Send requests to:
Environmental Public Health Division, ehteam@npaihb.org

Staff

Ryan Sealy, BA, MPH
(Chickasaw Nation of Oklahoma)
Environmental Public Health Division Director

EPH
NPAIHB

ENVIRONMENTAL PUBLIC HEALTH DIRECT SERVICES

How We Serve Northwest Tribes

Environmental Public Health
Northwest Portland Area Indian Health Board

The EPH Team provides services to Northwest Tribes that have placed their Indian Health Service (IHS) environmental health shares with NPAIHB. Tribes may elect for our team to provide any combination of the following services: Environmental Health, Institutional Environmental Health, and Injury Prevention. Our team does not enforce regulations; instead, we work alongside Tribes to support their authority to enforce their own environmental health standards to keep communities safe.

Environmental Health Services: Our team supports Tribally operated facilities (such as food establishments, childcare centers, schools, and community buildings) to maintain safe and healthy environments. Services include facility inspections, sanitation and safety assessments, regulatory compliance assistance, and policy review.

Institutional Environmental Health Services: We provide Environment of Care (EOC) assessments for Tribally operated healthcare facilities to evaluate fire protection, emergency preparedness, infection control from an environmental health perspective, water quality, ventilation, hazardous materials management, and general facility conditions.

Injury Prevention Services: These may include home safety assessments, distribution of safety equipment (such as smoke alarms and child passenger safety seats), and community education on topics like fall prevention, fire safety, and poisoning prevention.

How We Are Funded

The program was initially funded in 2020 and is funded through 2029. The funder is: IHS.

Technical Assistance We Can Provide

- Sanitation & Safety Inspections
- Environment of Care Assessments
- Food Code Development
- Food Safety Training
- Bloodborne Pathogens Training
- Emergency Preparedness Tabletop Exercises

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact

Send requests to: Environmental Public Health Division, ehteam@npaihb.org

EPH | Staff Contacts

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ENVIRONMENTAL PUBLIC HEALTH CAPACITY BUILDING & WELL WATER ASSESSMENTS

How We Serve Northwest Tribes

This program builds Tribal environmental health capacity through data-driven approaches by developing Tribal Community Environmental Health Assessments (CEHA) into interactive story maps and strengthening access to safe drinking water from private wells.

How We Are Funded

The program was initially funded in 2020 and is funded through 2027. The funder is: CDC

Technical Assistance We Can Provide

- Connection to drinking water experts
- Private water well assessment tools
- Water well management training
- Site visits, consultation
- Water well testing tools and data dashboards
- Community Environmental Health Assessments (CEHAs)
- Environmental health community priority survey development
- Curated public health training: ArcGIS Training & Story Mapping

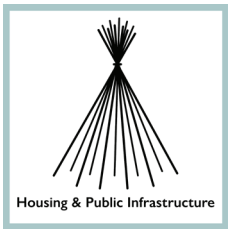
Tribal Engagement Opportunities

- Contact us if you would like well water assessment data tools.

This Work Advances the Following Northwest Tribal Social Determinants of Health







Contact

Send requests to: Environmental Public Health Division, ehteam@npaihb.org

Staff

Nicole Holdaway Smith, EPH
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nsmith@npaihb.org

Antoinette Ruiz, BA
(Navajo)
Senior Environmental Health Specialist/ Special Programs Manager
aruiz@npaihb.org

OREGON TRIBAL ENVIRONMENTAL PUBLIC HEALTH (OTEPH)

How We Serve Northwest Tribes

NPAIHB's Oregon Tribal Environmental Public Health Project (OTEPH) provides environmental health, climate change, emergency preparedness, and data modernization support for the nine federally recognized Tribes of Oregon.

How We Are Funded

The program was initially funded in 2020 and is funded through 2027. The funder is: OHA.

Technical Assistance We Can Provide

- Environmental health workforce development and support
- Emergency preparedness and response capacity building
- Connection to public health/clinical experts
- Consultation on environmental health direct services
- Health promotion and education
- Tribal healthy homes training
- Asthma toolkit
- Data modernization support – creating data tools & integrating GIS
- Consult on using data for environmental health planning and response

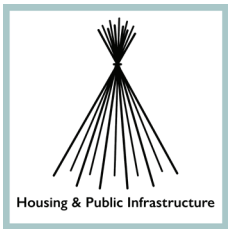
Tribal Engagement Opportunities

- Well water assessment data tools.

This Work Advances the Following Northwest Tribal Social Determinants of Health







Contact

Send requests to: Environmental Public Health Division, ehteam@npaihb.org

Staff

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TRIBAL INJURY PREVENTION PROGRAM

How We Serve Northwest Tribes

TRIBAL INJURY PREVENTION
A Project of the Northwest Portland Indian Area Health Board

NPAIHB's Northwest Tribal Injury Prevention Program (TIPP) supports Tribes in reducing unintentional and intentional injuries by strengthening community safety through culturally appropriate, data-driven approaches. TIPP provides technical assistance, consultation, and training in priority areas. The program upholds Tribal data sovereignty and centers community strengths to build thriving Tribal Nations across the Northwest.

How We Are Funded

The program was initially funded in 2010 and is funded through 2030. The funder is: IHS.

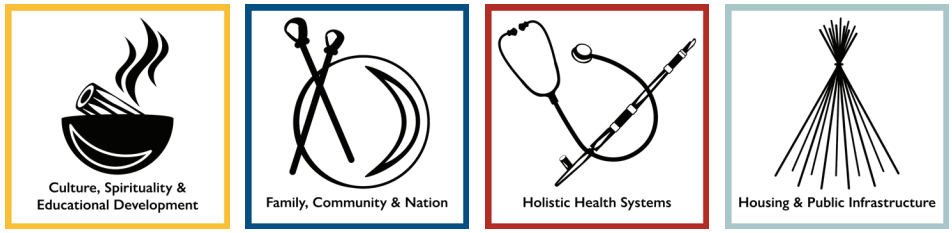
Technical Assistance We Can Provide

- Child safety seat distribution
- Child passenger safety data collection
- Technical assistance to develop Tribal Transportation Safety Plans
- Community pedestrian evaluations
- Support in applying for Tribal transportation funding
- Child Passenger Safety Technician Training
- CPR training

Tribal Engagement Opportunities

- Bi-Monthly Tribal Injury Prevention Coalition to support peer learning, resource sharing, and event coordination across the 43 Northwest Tribes
- Monthly Car Seat Check Stations in Portland and ongoing opportunities for Tribes to schedule child passenger safety events in their home community
- Fisherman's First Aid and Safety Training (FFAST) along with periodic water safety workshops
- Regular coordination meetings with Tribal, state, and federal transportation partners

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact

Send requests to: Environmental Public Health Division, ehteam@npaihb.org

Staff

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Olivia Whiting-Tovar, BA
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Highway Safety Specialist
owhiting@npaihb.org

WATER INFRASTRUCTURE IMPROVEMENTS FOR THE NATION (WIIN) ACT GRANT

How We Serve Northwest Tribes
NPAIHB's Water Infrastructure Improvements for the Nation (WIIN) Act Grant works on reducing childhood lead exposures by testing and addressing lead in drinking water in schools and childcares.

How We Are Funded
The program was initially funded in 2022 and is funded through 2027. The funder is: EPA.

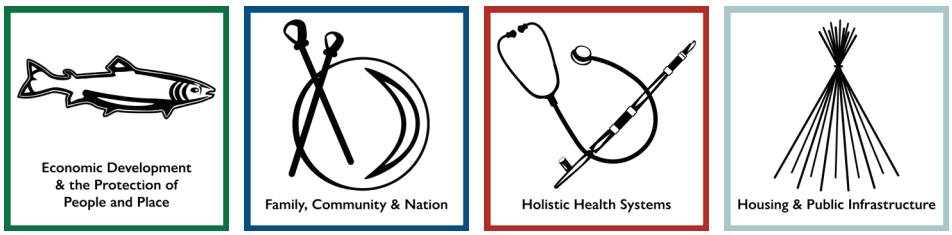
Technical Assistance We Can Provide

- Water testing for lead in Head Start and day care facilities
- Interpretation of lab test results
- Communication & community outreach around lead risks
- Policy and procedure development to prevent childhood lead exposure
- Water testing training and workshops for lead detection
- Lead mitigation planning & implementation

Tribal Engagement Opportunities

- Contact us for lead testing in Head Start and childcare facilities.

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact
Send requests to: Environmental Public Health Division, ehteam@npaihb.org

Staff

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Ethan White Temple, MS
(Hunkpapa; Standing Rock Sioux Tribe)
Environmental Health Specialist
ewhitetemple@npaihb.org | 971-430-2628

POLICY

How We Serve Northwest Tribes

NPAIHB's Policy Team advocates and educates on policies that align with NPAIHB's strategic plan, governance and organizational documents, policy priorities, and following the directives from NPAIHB 43 federally recognized Member Tribes in Idaho, Oregon, and Washington.

How We Are Funded

The program was initially funded in 1988 and is funded through 2027. The funder is: IHS 638 ISDEAA Funding

Technical Assistance We Can Provide

- Community partnership development
- Direct consultation and feedback
- Policy advocacy, development and support
- Written comment

Tribal Engagement Opportunities

- Weekly Northwest Tribal Leadership calls
- Weekly newsletter
- Once a month presentation on legislative and policy updates
- Quarterly Board Meetings
- Site visit, consultation
- Strategic policy planning
- Training presentations on Federal Indian Law

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact

Send requests to: Policy team, policy@npaihb.org

Staff

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hedwards@npaihb.org | 971-484-2731

POLICY
NPAIHB

NORTHWEST TRIBAL EPIDEMIOLOGY CENTER (NWTEC) DIVISION

Who We Are

Northwest Tribes use data and information about their communities' health to protect and improve their citizens' lives. NPAIHB's Northwest Tribal Epidemiology Center (NWTEC) follows your lead in the collection, analysis and application of health data for your Tribal Nation. We work alongside the 43 federally recognized Tribes in Idaho, Oregon and Washington by: monitoring and tracking health and disease trends with culturally relevant and reliable data that reflects your Tribal Nation's realities; creating community health profiles and large-scale data sets tailored to your priorities and preferences; providing training and technical assistance to strengthen your Tribe's own research capacity and data collection efforts; supporting tailored health programs and education based on your Tribal Nation's needs. Accurate data grounded in your Tribe's needs and culture helps you make decisions that protect and improve community health across generations.

Shared Partnerships

We work for and with Tribes in the Northwest to strengthen health through shared knowledge, resources and expertise. NWTEC connects Tribes with one other and with federal and state partners to make health data accurate and useful. When Tribes and partners share knowledge, resources and expertise, they strengthen the collective power of Tribal Nations.

Data Sovereignty

Protecting and upholding Tribal data sovereignty is central to NWTEC's mission and work. We respect your Tribe's inherent right to control the collection and use of your health data. Tribal data sovereignty is your Tribe's sovereignty. It's a picture of your Tribe's history, culture and people. You have the inherent right to control your data, tell your own stories and advance the health of your Tribal Nation.

What is a Tribal Epidemiology Center?

The NWTEC was one of the first four Tribal Epidemiology Centers formed in 1997. Since this time, NWTEC has administered several successful health research projects, provided epidemiology support, and conducted other work at the request of the Northwest Tribes. The Seven Core Functions of Tribal Epidemiology Centers include: collecting and monitoring data; evaluating data and health care delivery systems; identifying health priorities; making recommendations for health service needs; making recommendations for improving health care delivery systems; providing epidemiologic and other technical assistance; and providing disease surveillance. Each TEC addresses the seven core functions in their own unique way, working in partnership with the Tribes, Tribal Organizations, and/or Urban Indian Organizations they work with, and others based on their priorities and needs. For more information, visit www.tribalepicenters.org.

Contact

Send requests to: NWTEC Division, epicenter@npaihb.org

NWTEC
NPAIHB

ADOLESCENT HEALTH | HEALTHY NATIVE YOUTH

How We Serve Northwest Tribes

NPAIHB's Healthy Native Youth (HNY) is a one-stop shop for educators and advocates who want to expand learning opportunities for AI/AN youth. The HNY webpage is designed for Tribal health educators, teachers, parents, and counselors – providing tools needed to access and deliver effective, decision-making curricula. The interactive lesson plans are designed to amplify and reinforce healthy social norms and cultural values, prepare youth to initiate difficult conversations with peers and trusted adults, encourage youth to access sexual and mental health resources (via Tribal clinics & chat lines), de-stigmatize health services, and connect youth to trusted adults. The website includes nineteen curricula and stand-alone lessons that can be easily integrated into services provided by clinics, schools, and other community-based programs. The site also includes an Implementation Toolbox, monthly Community of Practice sessions, and resources for parents and caring adults.

How We Are Funded

The program initially grew from Project Red Talon, the NPAIHB's first health promotion project (est. 1988). Healthy Native Youth is funded through 2027. Funders are: IHS and DHHS Minority AIDS Initiative Fund (MAIF).

Technical Assistance We Can Provide

- Coaching
- Communities of practice
- Community health and wellness programming
- Community partnership development
- Connection to public health/clinical experts
- Direct consultation and feedback
- Evaluation support
- Funding, Tribal (mini-grants, grants)
- Health promotion and education
- Policy and procedure development: MoAs between Tribe and School template
- Resource sharing
- Site visit, consultation

Tribal Engagement Opportunities

- Healthy Native Youth website, healthynativeyouth.npaihb.org
- AI/AN adults and parents: text HEALTHY to 94449 for weekly school and community health tips and tools.
- Monthly Community of Practice (CoP) virtual learning collaborative
- Monthly Project Red Talon Regional Partner Network virtual meeting
- Workshops on sexual health, mental health, relationships, digital wellbeing, etc., (virtual or in-person)

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact

Send requests to: NWTEC Division, epicenter@npaihb.org | Adolescent Health Team, native@npaihb.org

Staff

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cghostdog@npaihb.org

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Healthy Native Youth Project Director
msinger@npaihb.org

Taylor Dean
(Puyallup)
HNY Outreach Specialist
tdean@npaihb.org

ADOLESCENT HEALTH | WE R NATIVE

How We Serve Northwest Tribes

NPAIHB's We R Native is a multimedia health resource for Native youth, by Native youth, that addresses physical, mental, emotional, and spiritual well-being through culturally grounded, youth-led content. The website features tools such as the Ask Your Relative Q&A service, text messaging campaigns, and social media interventions designed to affirm identity, reduce stigma, and increase access to medically accurate health resources. We R Native's overarching goals are to connect AI/AN youth to culturally appropriate tools and resources that promote healthy behaviors and peer norms, and build protective factors at the individual, family, and community level. The program aims to empower Native teens and young adults to get actively involved in their own health and wellbeing.

How We Are Funded

We R Native grew from Project red Talon (est. 1988) is funded through 2027. Funders are: IHS and DHHS Minority AIDS Initiative Fund (MAIF).

Technical Assistance We Can Provide

- Coaching
- Community health and wellness programming
- Community partnership development
- Connection to public health/clinical experts
- Direct consultation and feedback
- Funding, Tribal (mini-grants, grants)
- Health promotion and education
- Resource sharing
- Site visit, consultation
- Social media content design and planning
- Strategic planning
- Training and workshops
- Workforce development

Tribal Engagement Opportunities

- Ask Your Relative (AYR) Q&A service allows youth to anonymously submit questions through an online portal that are answered by Native health experts and shared via our website and social media.
- Workshops on sexual health, mental health, relationships, digital wellbeing, etc., (virtual or in-person)
- AI/AN youth and young adults can text NATIVE to 94449 for general health and wellness; INSPIRE to 94449 to learn about public health careers; CARING to 65664; COLLEGE to 65664 for college support.

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact

Send requests to: NWTEC Division, epicenter@npaihb.org | Adolescent Health Team, native@npaihb.org

Staff

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DATA MODERNIZATION WORK GROUP

How We Serve Northwest Tribes

NPAIHB's Data Modernization Work Group has a vision to provide high-quality public health data and support for Northwest Tribes to promote healthy Tribal communities. The Work Group is a multidisciplinary group of staff with expertise in data science, epidemiology, training and outreach, project management, and tribal public health. The Work Group promotes the alignment of data modernization projects across NPAIHB, developing data management and governance best practices, building internal capacity through workforce development, and strengthening partnerships and collaboration with Northwest Tribes and other partners. Participation in the Work Group is voluntary; the Work Group is an example of NPAIHB staff collaborating to improve NPAIHB's services to Northwest Tribes.

How We Are Funded

This Project was first funded in 2022 and is funded through 2028. Funders: CDC and IHS

Technical Assistance We Can Provide

- Connection to public health/clinical experts
- Data modernization support
- Direct consultation and feedback
- Strategic Planning
- Policy and procedure development: Data Governance
- Resource sharing
- Workforce development

Tribal Engagement Opportunities

- Ongoing opportunities for Tribes to connect, learn, and collaborate on modernizing public health data systems through technical assistance sessions, information-sharing calls, and ad-hoc consultations tailored to current project needs.

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact

Send requests to: NWTEC Division, epicenter@npaihb.org

Staff
Sujata Joshi
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sjoshi@npaihb.org | 503-416-3261

EPIDEMIOLOGY & SURVEILLANCE UNIT

How We Serve Northwest Tribes

NPAIHB's Epidemiology and Surveillance Unit serves the 43 federally recognized Tribes in Idaho, Oregon, and Washington by providing support with data surveillance, analysis, and reporting. The team fulfills data and technical assistance requests from Tribes, which can range from health data briefs, survey design, and regional community health profiles.

How We Are Funded

This Project was first funded in 2022 and is funded through 2027. Funders: CDC and IHS

Technical Assistance We Can Provide

- Data modernization support
- Data request support
- Direct consultation and feedback
- Disease surveillance and epidemiology
- Resource sharing
- Training and workshops

Tribal Engagement Opportunities

Send a data request to: drta@npaihb.org or by filling out a form online at: npaihb.org/programs/epidemiology-surveillance-unit/

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact

Send requests to: NWTEC Division, epicenter@npaihb.org | Epi and Surveillance Unit, drta@npaihb.org

Staff
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ayang@npaihb.org | 503-416-3260

NORTHWEST NATIVE AMERICAN RESEARCH CENTER FOR HEALTH (NW NARCH)

How We Serve Northwest Tribes

NPAIHB's Northwest Native American Research Center for Health (NW NARCH) program is part of a national research and science education initiative. Our goal is to improve Tribal health by increasing the number of Tribal people who are engaged in biomedical and social science research.

How We Are Funded

This Project was first funded in 1994 and is funded through 2031.
Funders: National Institutes of Health (NIH)

Technical Assistance We Can Provide

- Connection to public health/clinical experts
- Funding, individual (fellowships, scholarships, grants)
- Resource sharing

Tribal Engagement Opportunities

- The Summer Research Training Institute
- Tribal Researchers' Cancer Control Fellowship Program
- Applied Biostatistics and Data Science Program
- Public Health Research Academy for High School Students
- Research Support Fellowships
- Training and workshops
- Workforce development
- Young Heroes Project

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact

Send requests to: NWTEC Division, epicenter@npaihb.org | NW NARCH, nwnarch@npaihb.org

Staff

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NORTHWEST REGIONAL RESEARCH CENTER (NWRRC)

How We Serve Northwest Tribes

NPAIHB's Northwest Regional Research Center (NWRRC) exists to help Tribes enhance research and ensure Tribal data sovereignty. NPAIHB will use this funding as an opportunity to provide training for Tribal members working as community-based researchers. This project meets the Native Collective Research Effort to Enhance Wellness (NCREW) goal of conducting community-led research — a comprehensive GIS based substance disorder treatment and outcomes data set — improving data and increasing research. In addition, we assist Tribes interested in the Helping to End Addiction Long-term Initiative (HEAL) goal of working closely with communities to implement programs for prevention, harm reduction, and recovery.

The NWRRC two-year project will support the development of the training and infrastructure for the pilot project and inform the expansion of the CBPR projects throughout the Northwest. Through the NWRRC, NPAIHB staff will provide targeted training, technical assistance and support to achieve the development of a community-based research infrastructure specific to each Tribe.

How We Are Funded

This Project was first funded in 2024 and is funded through 2027. Funders: NIH

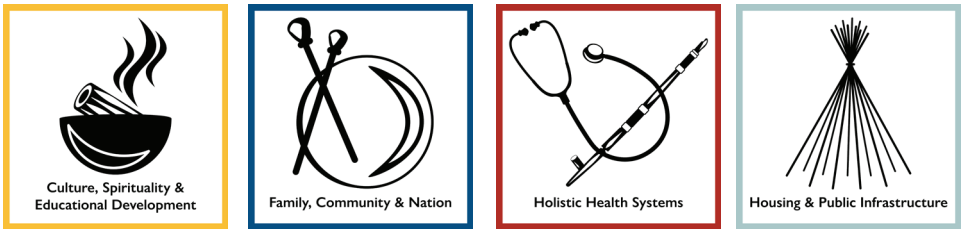
Technical Assistance We Can Provide

- Communities of practice
- Community partnership development
- Direct consultation and feedback
- Data stewardship
- Survey development support
- Training and workshops
- Tribal Research Development Centered on Substance Use Disorder and Pain Management
- Workforce development

Tribal Engagement Opportunities

- Monthly micro-training at the PHIT Weekly Update calls (third Tuesday of the month)
- Research technical assistance, training and policy development
- Technical assistance with data sharing protocols, agreements and Tribal data sovereignty expertise.

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact

Send requests to: NWTEC Division, epicenter@npaihb.org

Staff

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Crisandra Wilkie
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SUD Epidemiologist, NWRRC
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NORTHWEST TRIBAL DATA HUB

How We Serve Northwest Tribes

NPAIHB's Northwest Tribal Data Hub (Data Hub) provides Tribes in Idaho, Oregon, and Washington secure access to accurate, up-to-date public health data on topics including demographics, cancer, substance use, hospitalizations, causes of death, and other health issues. Tribes can view, interact with, and download community specific data through visual dashboards. The Data Hub's primary function is to connect Tribal communities with their data, helping them care for their people and inform health policy, community planning, and funding proposals.

The Data Hub includes data that has been corrected for American Indian or Alaska Native (AI/AN) misclassification, making these data more accurate for Tribes than data obtained directly from state and federal sources. Tribes can see aggregated data for their IHS Purchased/Referred Care Service Delivery Area (PRCDA), NW states, and the Northwest region. Currently, the Data Hub has dashboards covering the following topics: Drug Overdose Deaths, Suicide Deaths, and Leading Causes of Death.

How We Are Funded

This Project was first funded in 2022 and is funded through 2027. Funders: CDC and IHS.

Technical Assistance We Can Provide

- Communities of practice
- Connection to public health/clinical experts
- Data modernization support
- Data request support
- Disease surveillance and epidemiology
- Curated public health training: Use of Data Hub and public health data
- Resource sharing
- Site visits and consultations

Tribal Engagement Opportunities

- Data Hub Webpage, datahub.npaihb.org
- Weekly office hours
- Community of Practice

This Work Advances the Following Northwest Tribal Social Determinants of Health



Contact

Send requests to: NWTEC Division, epicenter@npaihb.org | Data Hub, datahub@npaihb.org

Staff

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Sunny Stone
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PUBLIC HEALTH IMPROVEMENT AND TRAINING

How We Serve Northwest Tribes

NPAIHB's Public Health Improvement & Training (PHIT) project supports the development of public health programs, departments, and systems within the Northwest Tribes, including resources, training, and technical assistance (TA) related to:

- 10 Essential Public Health Services (national), Foundational Public Health Services (Washington);
- Public Health Modernization (Oregon) frameworks that promote and protect the health of all people in all communities: public health program capacity and expertise assessments;
- Tribal Public Health Accreditation and Pathways Recognition: optional national accreditation and recognition by the Public Health Accreditation Board (PHAB).

Assistance is available to NPAIHB member Tribes in Idaho, Oregon, and Washington, through CDC's Strengthening Public Health Systems and Services in Indian Country cooperative agreement. PHIT also has state-funded partnerships with Oregon Health Authority (OHA) & the Washington State Department of Health to provide services through the Oregon Tribal Public Health Modernization (OTPHM) and Washington Tribal Public Health Improvement (WTPHI) projects.

How We Are Funded

This Project was first funded in 2010 and is funded through 2028. Funders: CDC, OHA, WADOH

Technical Assistance We Can Provide

- Communities of practice
- Community partnership development
- Connection to public health/clinical experts
- Direct consultation and feedback
- Emergency preparedness and response
- Evaluation support
- Workforce development
- Curated public health training, public health accreditation
- Resource sharing
- Site visits and consultations
- Strategic planning
- Training and workshops

Tribal Engagement Opportunities

- A Weekly Update (Tuesdays 10-11 AM Pacific via Zoom, email weeklyupdate@npaihb.org)
- Annual Tribal Public Health Emergency Preparedness Conference & Training (TPHEP)

This Work Advances the Following Northwest Tribal Social Determinants of Health





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PHIT | OREGON TRIBAL PUBLIC HEALTH MODERNIZATION

How We Serve Northwest Tribes

NPAIHB's Oregon Tribal Public Health Modernization (OTPHM) project works with public health programs at the Oregon Tribes the Native American Rehabilitation Association of the Northwest (NARA NW) to provide support and technical assistance in developing, updating, and implementing public health action plans across foundational public health capabilities and programs. The participating OPTHM Tribes and Urban Indian Health Center (UIHC) are directly supported by funding from Oregon Health Authority (OHA): Burns Paiute Tribe, Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians, Confederated Tribes of Grand Ronde, Confederated Tribes of Siletz Indians, Confederated Tribes of the Umatilla Indian Reservation, Confederated Tribes of Warm Springs, Coquille Indian Tribe, Cow Creek Band of Umpqua Tribe of Indians, Klamath Tribes, and NARA NW. In addition to individually tailored support through regular calls and site visits, an active OPTHM Community of Practice (CoP) offers opportunities for in-person collaboration, resource-sharing, and training.

How We Are Funded

This Project was first funded in 2020 and is funded through 2027. Funders: OHA

Technical Assistance We Can Provide

- Communities of practice
- Community partnership development
- Connection to public health/clinical experts
- Direct consultation and feedback
- Emergency preparedness and response
- Evaluation support
- Curated public health training
- Resource sharing
- Site visits and consultations
- Strategic planning
- Training and workshops
- Workforce development

Tribal Engagement Opportunities

- Oregon-specific Community of Practice (CoP) Gatherings are held three times a year, in-person, and are hosted on a rotating basis by one of the participating Tribes or UIHC
- Oregon-specific Monthly All-Grantee Meetings

This Work Advances the Following Northwest Tribal Social Determinants of Health







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PHIT | WASHINGTON TRIBAL PUBLIC HEALTH IMPROVEMENT

How We Serve Northwest Tribes

NPAIHB's Washington Tribal Public Health Improvement (WTPHI) project provides support to tribes in developing and implementing Foundational Public Health Services (FPHS) programs, alongside FPHS initiatives through the American Indian Health Commission for Washington State. Project staff are available for individualized technical assistance and resource-sharing across public health services and capabilities. WTPHI works in close partnership with NPAIHB's Epidemiology and Surveillance program in communicable disease data and with the Environmental Public Health Division on public health emergency preparedness.

How We Are Funded

This Project was first funded in 2020 and is funded through 2027. Funders: WADOH

Technical Assistance We Can Provide

- Communities of practice
- Community partnership development
- Connection to public health/clinical experts
- Direct consultation and feedback
- Emergency preparedness and response
- Evaluation support
- Curated public health training
- Resource sharing
- Site visits and consultations
- Strategic planning
- Training and workshops
- Workforce development

Tribal Engagement Opportunities

- A Weekly Update (Tuesdays 10-11 AM Pacific via Zoom, email weeklyupdate@npaihb.org)
- Annual Tribal Public Health Emergency Preparedness Conference & Training (TPHEP)

This Work Advances the Following Northwest Tribal Social Determinants of Health



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WELLNESS FOR EVERY AMERICAN INDIAN TO ACHIEVE AND VIEW HEALTH EQUITY

How We Serve Northwest Tribes

NPAIHB's Wellness for Every American Indian to Achieve and View Health Equity in the Northwest (WEAVE NW) centers on developing community-inclusive, culturally relevant, team-based care to engage in chronic disease prevention. Creating programs like traditional gardens or sustainable food systems that encourage and provide prevention of chronic diseases like diabetes, heart disease, tobacco prevention, breastfeeding, and oral health through first foods are essential prevention strategies. Through this project, wellness programs emphasize cultural and social connectedness and physical activity toward better community outcomes, ranging from overall health, resilience, and prosperity.

How We Are Funded

How we are funded: The program was initially founded in 2013 and is funded through 2027. Funders: CDC

Technical Assistance We Can Provide

- Communities of Practice
- Community health and wellness programming
- Evaluation support
- Funding, Tribal (mini-grants, grants)
- Health promotion and education
- Data request support
- Resource sharing
- Site visits and consultations
- Training and workshops

Tribal Engagement Opportunities

- Annual Food Sovereignty Gathering
- Tribal Food Sovereignty Coalition
- Tribal Breastfeeding Coalition
- Quarterly Pilot Community of Practice (CoP)

This Work Advances the Following Northwest Tribal Social Determinants of Health



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WESTERN TRIBAL DIABETES PROJECT (WTDP)

How We Serve Northwest Tribes

NPAIHB's Western Tribal Diabetes Project (WTDP) provides training and technical assistance to Tribes as a part of a system for sustained data collection, reporting, and use. Staff perform site visits and calls to provide tailored training on the Diabetes Management System, assistance with building diabetes registers, assistance with the annual IHS Diabetes Audit, and support with data strategies to improve clinical case management. Annually, the project hosts Native Fitness, a training that focuses on development and improvement of Tribal fitness programs.

How We Are Funded

This Project was first funded in 2005 and is funded through 2027. Funders: IHS and WADOH

Technical Assistance We Can Provide

- Clinical quality improvement
- Community health and wellness programming
- Community partnership development
- Connection to public health/clinical experts
- Data request support
- Resource sharing
- Site visits and consultations
- Training and workshops

Tribal Engagement Opportunities

- Training on the Diabetes Management System
- Monthly Diabetes ECHO
- Annual Native Fitness training

This Work Advances the Following Northwest Tribal Social Determinants of Health



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SPECIAL PROJECTS: REGIONAL SPECIALTY REFERRAL CENTER DEMONSTRATION PROJECT

How We Serve Northwest Tribes

NPAIHB's Demonstration Project includes the design, construction, and equipment/furnishings for a new regional specialty referral center located on Puyallup Tribal lands in Fife, Washington. This facility is the first of three regional facilities proposed in the Portland Area IHS Master Plan. Indian Health Service (IHS), the Puyallup Tribe of Indians, and NPAIHB are working together to complete the construction project. IHS will operate the completed facility with an emphasis on optimizing both in-person and tele-medicine specialty care services.

How We Are Funded

Funders: IHS

Technical Assistance We Can Provide

- Direct consultation and feedback
- Policy advocacy, development and support

Tribal Engagement Opportunities

- Bi-monthly project status updates in *Health News & Notes*
- Quarterly project status updates at NPAIHB's Quarterly Board Meeting (QBM)
- Technical assistance with the project director on IHS facilities program-related issues is available upon request

This Work Advances the Following Northwest Tribal Social Determinants of Health



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