NPAIHB Weekly Update

August 25, 2026

NORTHWEST PORTLAND AREA
INDIAN HEALTH BOARD
Indian Leadership for Indian Health

Agenda

- Welcome & Introduction: Bridget Canniff
- NPAIHB Announcements, Events, & Resources
- Legislative & Policy Update: Pakak Sophie Boerner
- Communicable Diseases Updates: Dr. Tara Perti, PAIHS
- Questions & Comments

Please sign in, using the chat box, with your full name and tribe or organization

Upcoming Indian Country ECHO Telehealth Opportunities

- **Indian Country General Session**
  - Tuesday, August 25th at 12pm PT
  - Didactic Topic: *Pediatric Cerebral Palsy (CP) presented by Gillette Children's Hospital*
  - To join via Zoom: https://echo.zoom.us/j/99475693462?pwd=NGlaMjBrNHZkclBOSXRySHNHMzB4Zz09

- **Care & Access for Pregnant People ECHO** – 4th Tuesday of every month at 11am PT
  - Tuesday, August 25th at 11am
  - Didactic Topic: *Maternal Mental Health*
  - To join via Zoom: https://echo.zoom.us/j/87128078680?pwd=c2hMOEFnWU9QWVZMd2dpL0J0ODNidz09

- **Hepatitis C ECHO** – 1st, 3rd & 4th Wednesday of every month at 11am PT
  - Wednesday, August 26th at 11am PT
  - Didactic Topic: *Treating HCV in patients with HCC*
  - To join via Zoom: https://echo.zoom.us/j/537117924?pwd=OEExbERmK2pSUFFsMzV1SmVpb3g3dz09

- **Early Relational Health (ERH) ECHO** – 4th Wednesday of every month at 12pm PT
  - Wednesday, August 26th at 12pm PT
  - Didactic Topic: *Storytelling Changes Lives: Our Stories as Prevention, Protection and Power*
  - To join via Zoom: https://echo.zoom.us/j/86327376612?pwd=YVRiY0dxeXV1Ukl2ZE9objU2U2hrZz09

Upcoming Indian Country ECHO Telehealth Opportunities

- **Opioid Treatment Program (OTP) ECHO** – 4th Wednesday of every month at 3pm PT
  - Wednesday, August 26th at 3pm PT
  - To join via Zoom: https://echo.zoom.us/j/81911033551?pwd=aRRXX1lGQ8lQLuiIA9CV7mBKXb2m4k.1

- **Dementia Caregiver Support ECHO** – 4th Thursday of every month at 11am PT
  - Thursday, August 27th at 11am PT
  - Didactic Topic: *Dementia and Pain*
  - To join via Zoom: https://echo.zoom.us/j/99454243940?pwd=NG9aWGUvRTdKSmgwTGlldklmVDRWUT09

- **Journey to Health ECHO** – 2nd & 4th Thursday of every month at 7am / 12pm PT
  - Thursday, August 27th at 12pm PT
  - Didactic Topic: *Resiliency and Motivational Interviewing*
  - To join via Zoom: https://echo.zoom.us/j/93413601610?pwd=YVhMN1NUNllYWHZUZk1CUnF0TEY5QT09

NPAIHB Weekly Update Schedule

- September 1: State Partner Updates & Communicable Diseases Updates
- September 8: WA Regional Tribal Health Profiles
- September 15: N CREW Research Focus
- September 22: TBD
- September 29: Legislative & Policy Updates

Legislative & Policy Update

August 25, 2026

Agenda:

I. Congressional Updates

II. Federal Updates

III. Dear Tribal Leader Letters

IV. Announcements

V. Regional and National Meetings

VI. Policy Resources

Congressional Updates

Congressional Updates

Congress is on Recess:

- House will be back in session from August 31, 2026, until September 6, 2026
- Both chambers will be on recess the week of Labor Day, September 7, 2026
- The Senate will be back after September 11, 2026
- Before going on recess, both the Senate and the House passed differing continuing resolutions (CR)
  - The Senate-passed CR would fund the federal government through December 11, 2026
    - Senate CR also delays implementation of recent Office of Management and Budget rule change regarding grant oversight by political appointees and increases Federal Emergency Management Agency (FEMA) funding

Congressional Updates Continued

- 2026 Midterms:
  - Senate: 35 seats up for election including
    - AK, AL, AR, CO, DE, FL, GA, IA, **ID,** IL, KY, KS, LA, MA, ME, MI, MN, MS, MT, NC, NE, NH, NJ, NM, OH, OK, **OR**, RI, SC, SD, TN, TX, VA, WV, WY
  - House: All 435 Congressional Representatives will be up for election
    - Idaho has two Congressional Representatives
    - Oregon has six Congressional Representatives
    - Washington has ten Congressional Representatives
- Elections will take place on **November 3, 2026,** and winners will be sworn in to serve the 120th Congress in January 2027

Director of Indian Health Service (IHS)

- Mark Cruz (Klamath) has been confirmed by the U.S. Senate to be the Director of IHS
  - Mr. Cruz's nomination was confirmed by the Senate on August 7, 2026
  - President Trump signed his commission last week
  - He will remain as the HHS Senior Advisor and Director of IHS
- NIHB NTHC
  - On Monday August 17, 2026, NTHC hosted a Meet and Greet with incoming IHS Director Mark Cruz

July Hill Visits to Advocate for TTAG & MMPC Priorities

NPAIHB Congressional Visits

- The Northwest Portland Area Indian Health Board was back in Washington, D.C., last to share CMS TTAG priorities with Congressional leaders and engage with Federal partners during the Tribal Self-Governance Advisory Committee meeting.

- Northwest Leaders had the opportunity to share CMS TTAG Medicare and Medicaid priorities with Senator Merkley

Federal Updates

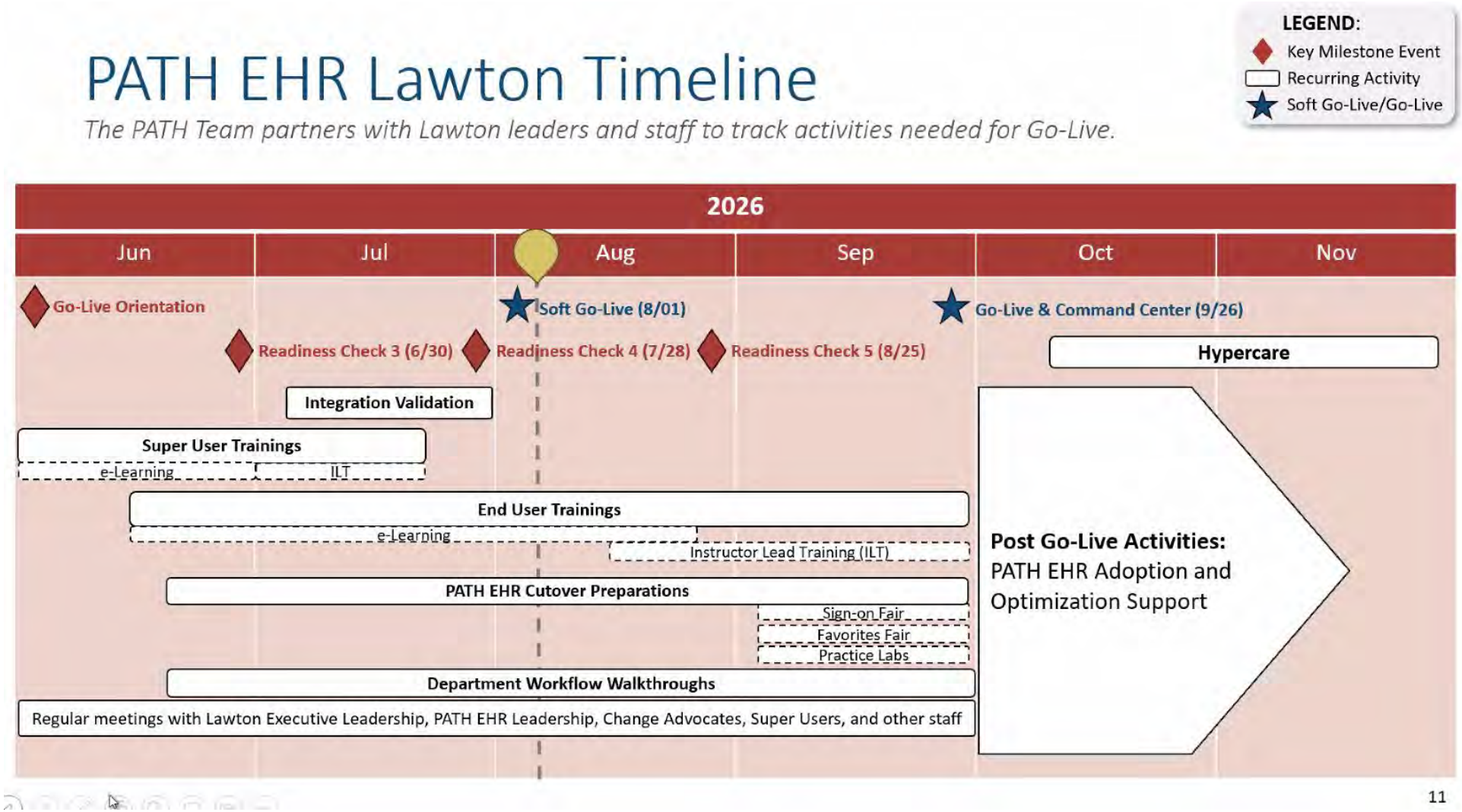
IHS & HHS Leadership visits to Washington July 29-30, 2026

Muckleshoot Indian Tribe

Jamestown S'Klallam Tribe

Dear Tribal Leader Letters (DTLL)

IHS HIT Modernization Consultation



Combatting Syphilis in AIAN Communities

- On August 19, 2026, the IHS Chief Medical Officer shared updates and resources that may be useful in combatting the syphilis epidemic within American Indian and Alaska Native communities.
  - IHS Recommended Guidelines for Testing, Treatment, and Prevention
  - IHS Sexually Transmitted Infection Resources

For questions or comments, please contact Mr. Rick Haverkate, Branch Chief, HIV/HCV/STI, directly by email at richard.haverkate@ihs.gov.

Indian Child Protection and Family Violence Prevention Act

On July 28, 2026, the IHS Chief of Staff wrote to Tribal Leaders to announce the availability of an Agency developed educational video to help Tribes and Tribal Organizations implement and document compliance with the Indian Child Protection and Family Violence Prevention Act

- Training video: **https://youtu.be/cq9v1U6bTQw.**
- Fact sheet: **https://www.ihs.gov/selfgovernance/resources/**

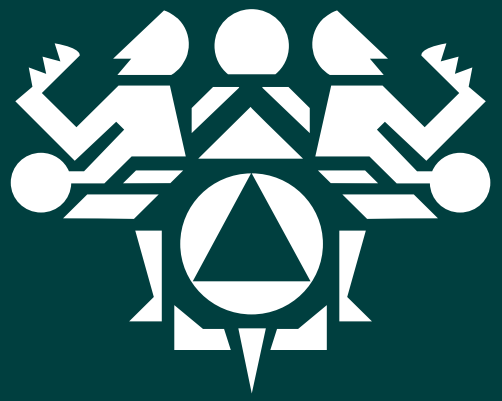
Special Diabetes Program for Indians

- On July 13, 2026, the IHS Chief of Staff wrote to Tribal Leaders and Urban Indian Organization Leaders to initiate Tribal Consultation and Urban Confer to request feedback and recommendations regarding the use of approximately $70 million in Special Diabetes Program for Indians funding available for diabetes treatment and prevention activities.
- Written Comments and Recommendations were due on August 12, 2026.
- NPAIHB distributed a template comment letter for Tribes and submitted a comment letter.

IHS Scholarship Program (SP) in academic year 2027-2028 and the IHS Loan Repayment Program (LRP) in fiscal year (FY) 2027

On July 9, 2026, IHS Division of Health Professions Support reached out seeking assistance to identifying Priority Health Professions to be included in the IHS Scholarship Program (SP) in academic year 2027-2028 and the IHS Loan Repayment Program (LRP) in fiscal year (FY) 2027.

The deadline for comments was on August 3, 2026.



Announcements

NIHB 2026 National Tribal Health Conference

- HHS Senior Advisor and IHS Director, Mark Cruz
- HRSA Administrator Thomas Engels
- Northwest Speakers:
  - Summer Hammons (Tulalip)
  - Brenda Meade (Coquille)
  - Kelly Rowe (Grand Ronde)
  - Sarah Sullivan (Swinomish)
  - Angie Wilson (Klamath)

Northwest Represents!

National Indian Health Board
National Tribal Health Conference

Chandler, AZ – August 16-20

Tribal Youth Delegate 2026 -2027 Application

Learn More: https://heyor.ca/Va4WmF

Apply Online: https://heyor.ca/PEs61O

Applications close September 1, 2026

Contact:
Hilary Edwards
Director of Legal & Government Affairs
hedwards@npaihb.org

Regional & National Meetings

Regional & National Meetings

2026 Affiliated Tribes of Northwest Indians (ATNI)

- September 14-17, 2026
- Hosted by the Snoqualmie Tribe at Snoqualmie Casino & Hotel, Snoqualmie, WA

2026 National Congress of American Indians Tribal Impact Days

- September 15-17, 2026
- Washington DC

National Congress of American Indians (NCAI) Annual Convention

- October 19-22, 2026
- Palm Springs, CA

NPAIHB Quarterly Board Meeting

- October 26-29, 2026
- Hosted by the Snoqualmie Tribe at Snoqualmie Casino & Hotel, Snoqualmie, WA

Contact Us

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Portland Area IHS

Communicable Diseases Update

TARA PERTI, MD, MPH

MEDICAL EPIDEMIOLOGIST

OFFICE, PORTLAND AREA IHS

August 25, 2026

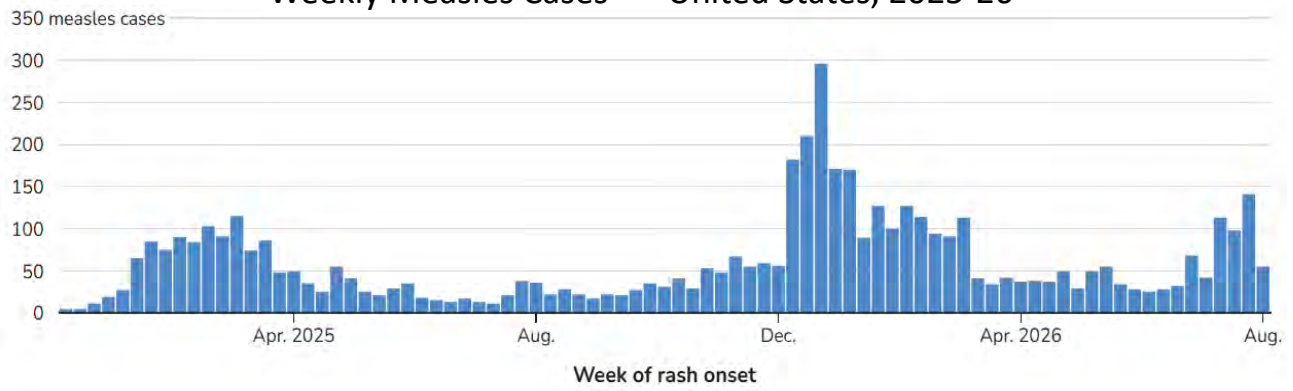
Outline

- Measles
- COVID-19

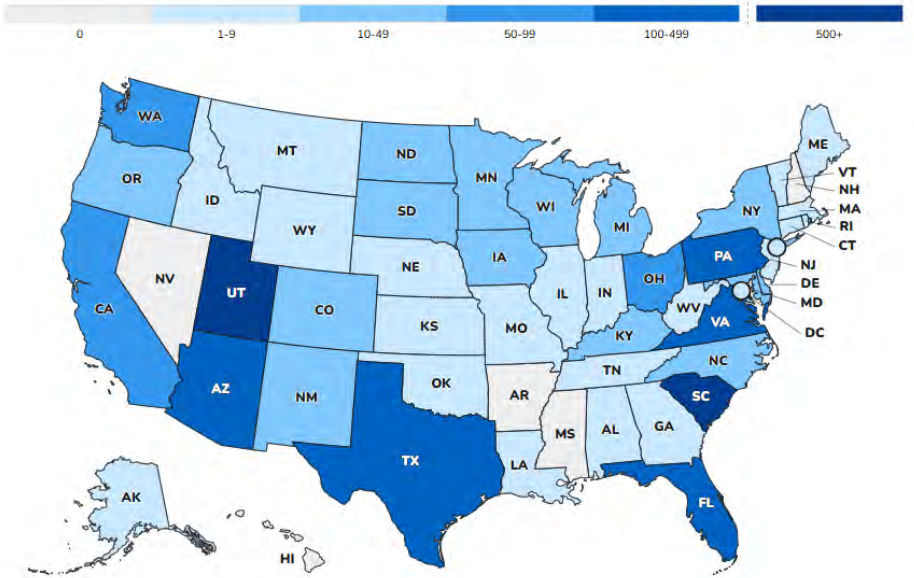
Measles — United States, 2026

- 2,777 confirmed cases during 2026 as of 8/20, exceeding the total number of cases during 2025 (n=2,289).
- Cases in U.S. residents among 47 jurisdictions.
- 94% of cases are outbreak-associated (≥3 related cases).
- Age: 19% <5 years-old, 47% 5-19 years-old, 34% ≥ 20 years-old.
- 7% hospitalized overall (during 2025, 11% hospitalized, with 18% of those <5 years-old hospitalized).
- Two deaths reported in Pennsylvania among unvaccinated individuals (during 2025, 3 deaths among unvaccinated individuals, including 2 healthy school-aged children).
- 94% unvaccinated or with unknown vaccination status, 3% one MMR dose, 3% two MMR doses.

Weekly Measles Cases — United States, 2025-26



Measles Cases Among U.S. Residents, 2026



Measles — Washington, 2026 (N=55)

Current outbreak

- **Clark County:** 10 unvaccinated children with measles reported since July 22 (18 cases this year to date). The case reported on 7/22 had an unknown source of exposure.
  - Recent possible public exposure location:
    - 8/7 (2-6:30 PM): AFC Urgent Care Camas, Vancouver. Anyone at this location should monitor for symptoms through 8/28. For more information: https://clark.wa.gov/public-health/public-health-investigating-confirmed-measles-case-clark-county-child

Cases to date this year in Washington: 55

- 98% of cases unvaccinated or with unknown vaccination status.
- Four people (7%) have been hospitalized.

Washington State Department of Health. Measles Cases in Washington State. Available at: https://doh.wa.gov/you-and-your-family/illness-and-disease-z/measles/measles-cases-washington-state
Clark County Public Health. Measles Investigation. Available at: https://clark.wa.gov/public-health/measles-investigation

Measles — Oregon, 2026 (N=46)

- Cases this year have occurred at least in Clackamas, Multnomah, Marion, and Linn Counties, with an **ongoing outbreak involving non-household contacts in Clackamas and Multnomah counties.**
- Recent possible public exposure locations in Multnomah and Clackamas Counties:
  - 8/17: Kaiser Permanente Sunnyside Medical Center
    - Anyone at this location should monitor for symptoms through 9/7. For more information: https://www.oregon.gov/oha/ERD/Pages/Kaiser-Permanente-Sunnyside-Medical-Center-is-latest-measles-exposure-location-08.19.2026.aspx
  - 8/8: Legacy Mount Hood Medical Center ER, Gresham
    - Anyone at this location should monitor for symptoms through 8/29. For more information: https://www.oregon.gov/oha/ERD/Pages/Legacy-Mount-Hood-Medical-Center-is-latest-measles-exposure-location-08.11.2026.aspx
  - 8/6: Kaiser Permanente Mt. Scott Medical Office, 9800 SE Sunnyside Rd., Clackamas
    - Anyone at this location should monitor for symptoms through 8/27. For more information: https://www.oregon.gov/oha/ERD/Pages/Clackamas-medical-office-is-latest-measles-exposure-location-08.07.2026.aspx
  - 8/3, 8/5: Randall Children's Hospital ED, Portland
    - Anyone at this location should monitor for symptoms through 8/26. For more information: https://www.oregon.gov/oha/ERD/Pages/Randall-Childrens-Hospital-is-latest-measles-exposure-location-08.06.2026.aspx
- Measles virus was detected in wastewater during the 6-week period from 7/5/26-8/15/26 in the following counties:
  - Klamath, Multnomah, Clackamas, Josephine, Polk, Marion, Washington, Lincoln, Umatilla, Lane, Jackson, and Douglas Counties.
- Two people (4%) with measles have been hospitalized this year in Oregon.
- 93% of people with measles in Oregon were unvaccinated or with unknown vaccination status.

Oregon Health Authority. Measles / Rubeola (vaccine-preventable). Available at: https://www.oregon.gov/oha/ph/diseasesconditions/diseasesaz/pages/measles.aspx
Oregon Health Authority. Oregon Health Authority : Oregon reports measles outbreak; new wastewater dashboard tracks measles virus by county; Respiratory Viral Pathogen Wastewater Monitoring Dashboard. Available at: https://public.tableau.com/app/profile/oregon.public.health.division.acute.and.communicable.disease.pre/viz/OregonsRVPWastewaterMonitoring/Mainpage?publish=yes&utm_medium=email&utm_source=govdelivery;

Measles — Portland Area, 2025-26

Location (State/County)	Number of Cases		Additional Cases (e.g. Among Travelers)
	2025 (N=26)	2026 (N=111)	
Washington	Total: 12	Total: 55	9 additional cases among travelers to Washington (King and Snohomish Counties) in 2025. 2 travelers in 2026 (King).
Clark		18	
Snohomish	2	14	
Kittitas		7	
Walla Walla		7	
Stevens		3	
King	7	3	
Grant		2	
Spokane	1	1	
Whatcom	2		
Oregon	Total: 1	Total: 46	
Idaho	Total: 14	Total: 10	2 additional cases among travelers to Idaho (Bonneville and Cassia Counties) in 2025. 1 case in a traveler in 2026.
Canyon (Southwest District Health		6	
Madison (Eastern Idaho Public Health)	1	2	
Kootenai (Panhandle Health District)	1	1	
Teton (Eastern Idaho Public Health)		1	
Boundary (Panhandle Health District)	6		
Bonneville (Eastern Idaho Public Health)	5		
Bonner (Panhandle Health District)	1		

Washington State Department of Health. Measles Cases in Washington State. Available at: https://doh.wa.gov/you-and-your-family/illness-and-disease-z/measles/measles-cases-washington-state
Idaho Department of Health and Welfare. Tracking Measles in Idaho. Available at: https://public.tableau.com/app/profile/idaho.division.of.public.health/viz/TrackingIdahoMeasles/StatewideSummary?publish=yes
Oregon Health Authority. Measles / Rubeola (vaccine-preventable). Available at: https://www.oregon.gov/oha/ph/diseasesconditions/diseasesaz/pages/measles.aspx

MMR Vaccine Coverage Among Kindergartners – Washington, Oregon, Idaho and the United States, 2025-26

	2 MMR Doses	Exemption from ≥ 1 vaccine
Washington	90.6%	5.3%
Oregon	89.6%	11.0%**
Idaho	75.2%*	17.5%**
National	92.4%	4.2%

Vaccine Effectiveness:
1 dose: 93%
2 doses: 97%

≥95% coverage is needed to prevent outbreaks in communities!

MMR Vaccine Coverage in the Portland Area is below the national median (91.5%).
* Idaho has the lowest MMR vaccine coverage rate among all states in the U.S.
** Idaho and Oregon have the highest and 3rd highest exemption rates in the country.

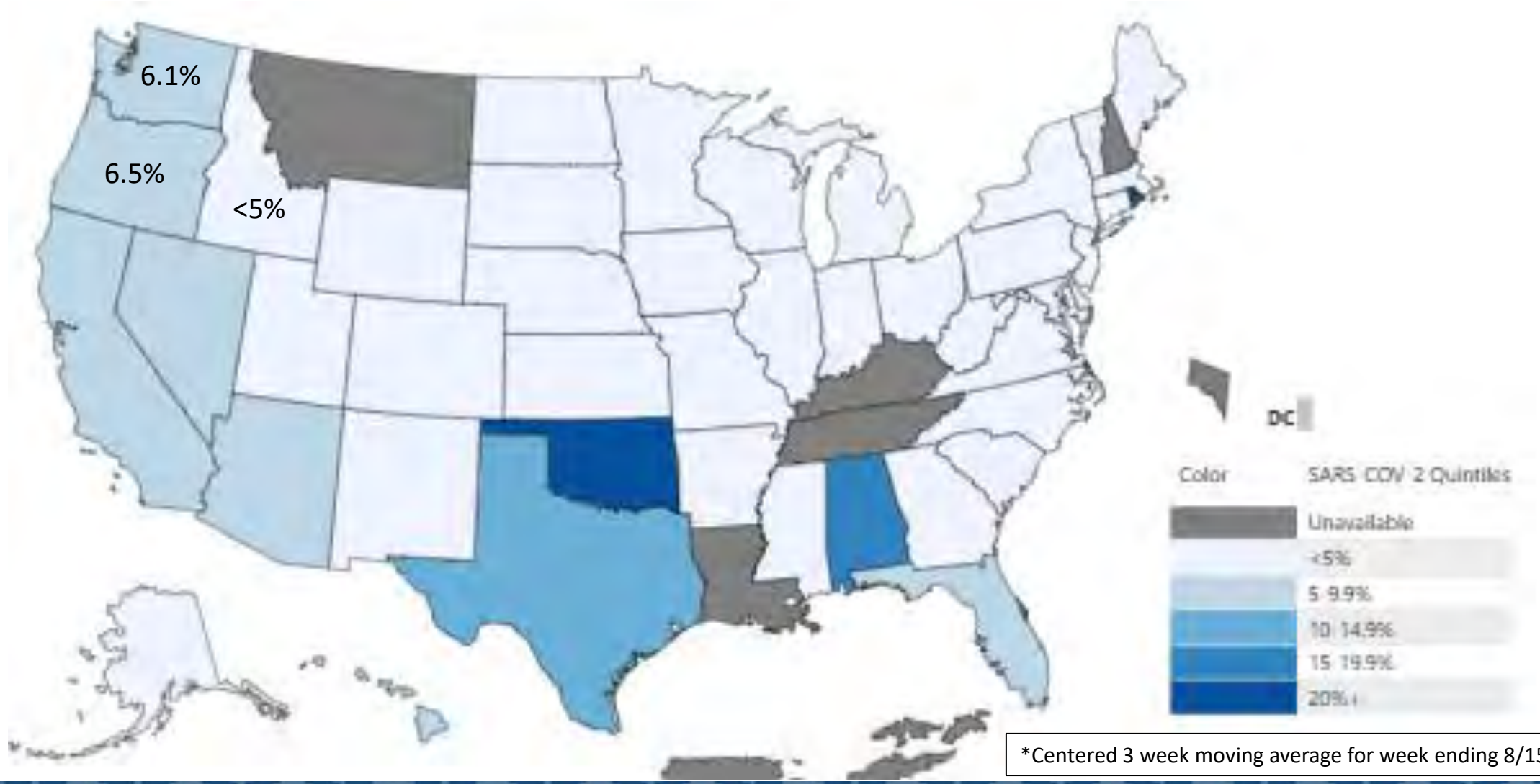
Centers for Disease Control and Prevention. Vaccine Coverage and Exemptions among Kindergartners. Available at: https://www.cdc.gov/schoolvaxview/data/index.html

MMR Vaccination Rates by IHS Area, June 30, 2026

	19-35 months % Vaccinated with 1 dose of MMR		13-17 years % Vaccinated with 2 doses of MMR	
	March 31	June 30	March 31	June 30
National	**80.8**	**81.9**	86.2	92.9
Alaska	85.1	84.3	75.2	97.0
Albuquerque	82.0	82.2	95.3	95.1
Bemidji	69.7	75.3	63.5	62.7
Billings	79.8	73.6	77.2	90.8
California	62.9	63.6	59.7	79.0
Great Plains	83.2	89.0	97.9	97.4
Nashville	59.1	75.1	86.2	90.7
Navajo	91.4	95.4	96.2	98.0
Oklahoma	73.8	73.1	91.9	90.7
Phoenix	75.7	78.6	96.7	94.5
Portland*	**80.1**	**81.6**	91.6	98.2
Tucson	85.6	85.9	98.0	98.1

*As of 8/17/26. Based on 9 reporting facilities in March and 7 reporting facilities in June.
IHS National Immunization Reporting System Reports. Available at: https://www.ihs.gov/nonmedicalprograms/ihpes/Immunizations/index.cfm?module=immunizations&option=reports

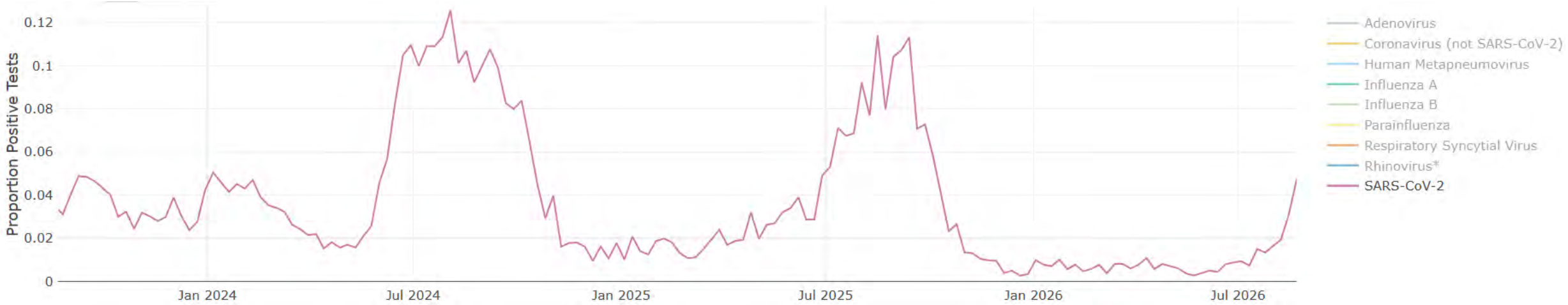
Percent of Tests Positive for COVID-19 — United States, Week Ending 8/15/26*



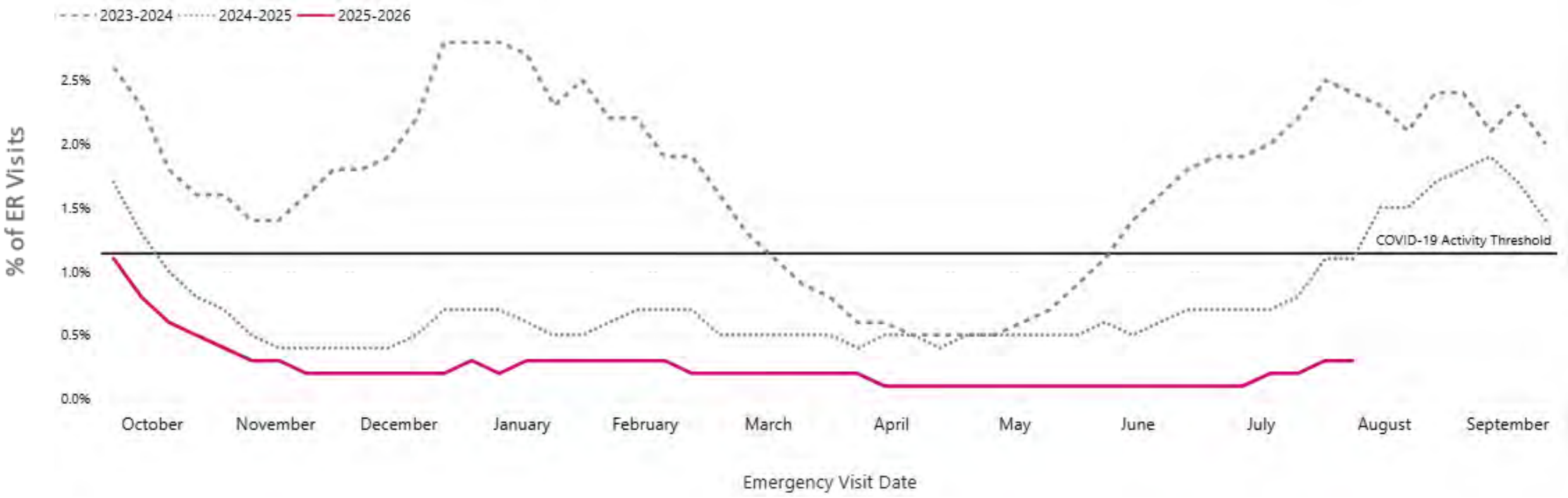
*Centered 3 week moving average for week ending 8/15/26

CDC. NREVSS Dashboard. Available at: https://www.cdc.gov/nrevss/php/dashboard/index.html

Proportion of Tests Positive for COVID-19 — University of Washington and Seattle Children's Hospital, 2025-26 (through 8/22)

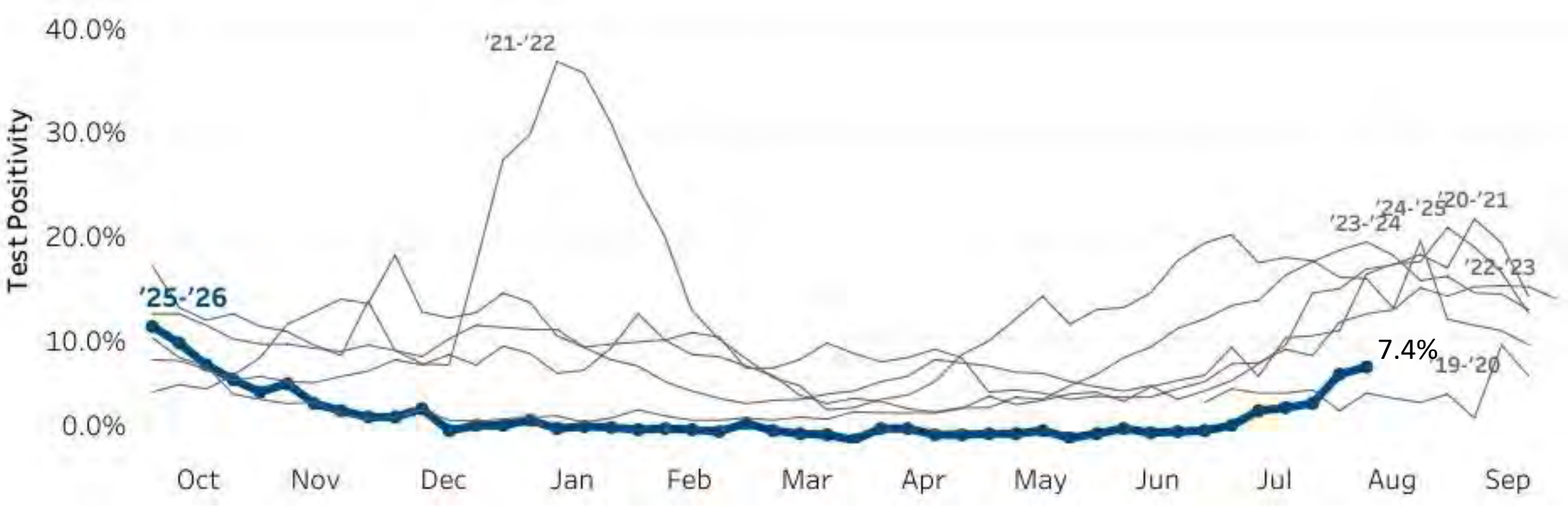


Percent of Emergency Room Visits for COVID-19 by Facility Location — Washington, 2023-26 (through 8/15/26)



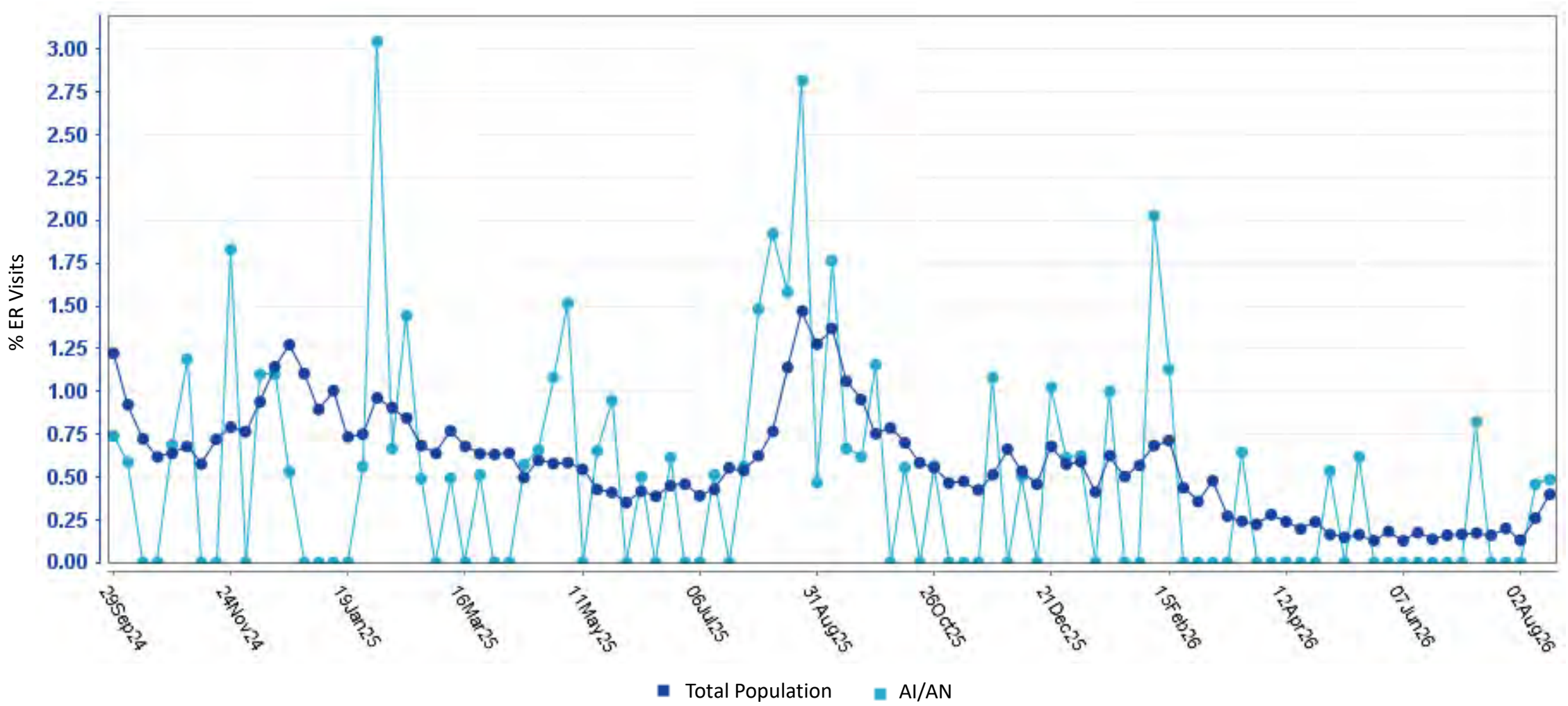
Washington State Department of Health. Respiratory Illness Data Dashboard. Available at: https://doh.wa.gov/data-and-statistical-reports/diseases-and-chronic-conditions/communicable-disease-surveillance-data/respiratory-illness-data-dashboard

Percent of Tests Positive for COVID-19 — Oregon, 2025-26 (through 8/15/26)

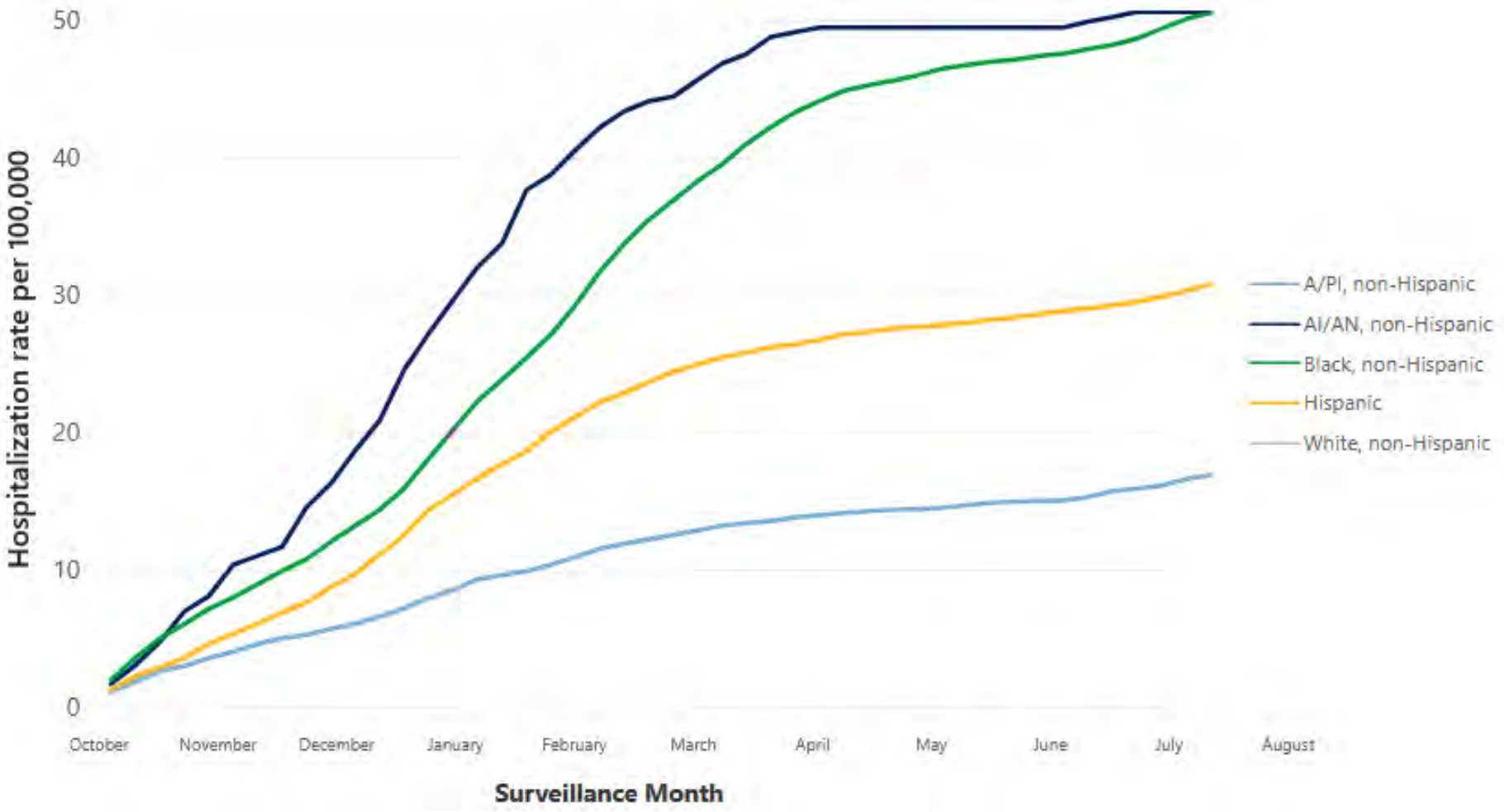


Oregon Health Authority. Oregon's Respiratory Virus Data. https://public.tableau.com/app/profile/oregon.public.health.division.acute.and.communicable.disease.pre/viz/OregonsRespiratoryVirusData/TestPositivity

% Weekly COVID-19 ER Visits by Facility Location, Total Population vs. AI/AN — Idaho, 2024-26 (through 8/22/26)



Cumulative Age-adjusted COVID-19 Hospitalization Rates by Race/Ethnicity — United States, 2025-26



COVID-NET Interactive Dashboard. Available at: https://www.cdc.gov/covid/php/covid-net/index.html

Inpatient Case Fatality Rates Among AI/AN vs. NHW Adults — United States, February 1, 2020-January 31,2022

21 health systems across the U.S. including AI/AN (N=546) and NHW (78,128) inpatients

Mean age at death: AI/AN 64.5 vs. NHW 73.9 (P<0.001)

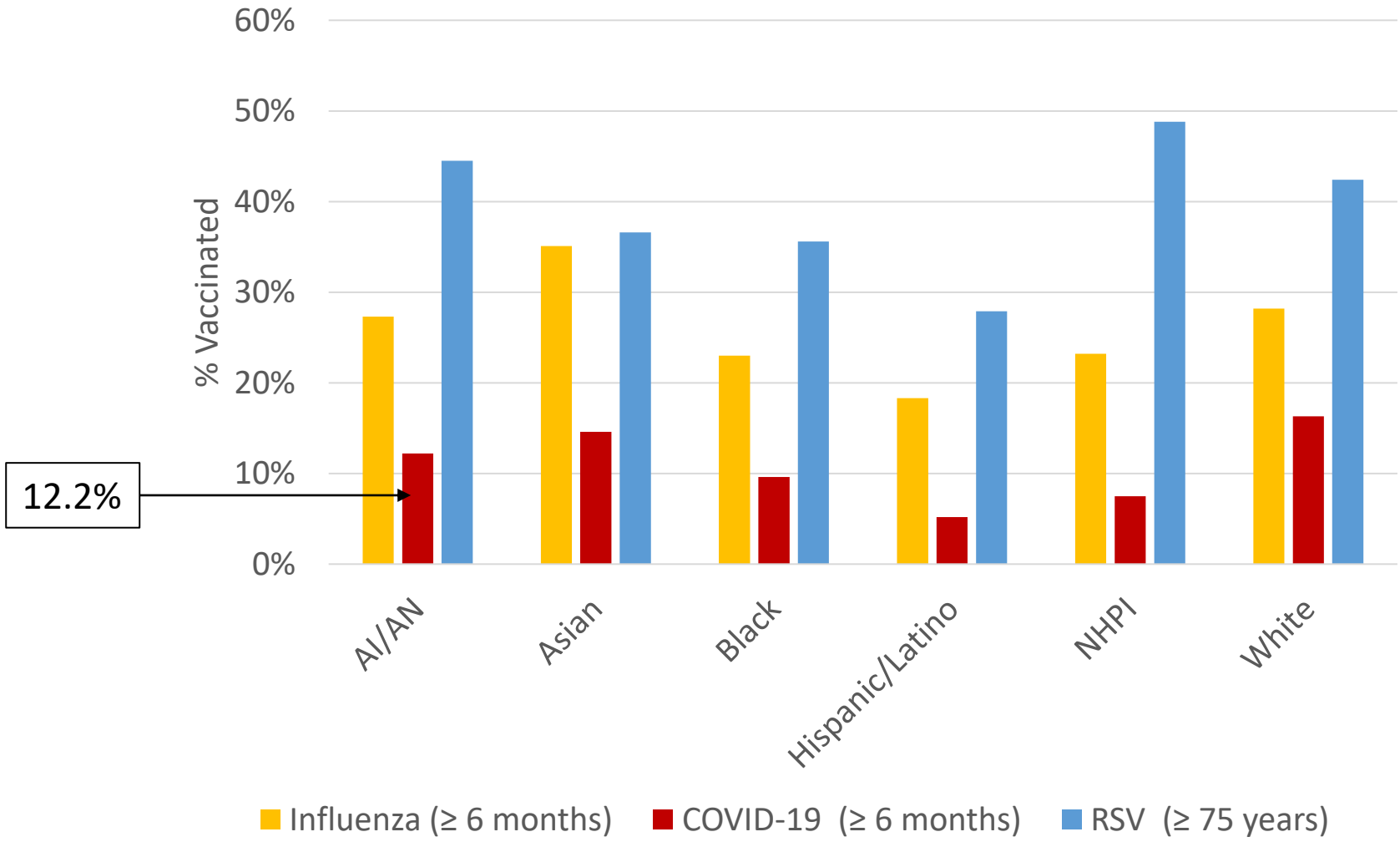
Analysis with AI/AN (N=546) and matched (age, sex, region, month/year of hospitalization) NHW (N=2645):

Case fatality for AI/AN vs. NHW inpatients: 13.2% vs. 7.1%, OR: 1.98 (95% CI, 1.48-2.65)

Adjusted for medical comorbidities, OR 1.82 (95% CI, 1.35-2.46)

Slutske WS, Conner KL, Kirsch JA, et al. Explaining COVID-19 related mortality disparities in American Indians and Alaska Natives. *Sci Rep*. 2023; 13:20974. Available at https://pmc.ncbi.nlm.nih.gov/articles/PMC10684501/

Percent of People Vaccinated for Influenza, COVID-19 and RSV by Race/Ethnicity — Washington State , 2025-26 (through 6/29/26)



Washington DOH. Respiratory Immunization Data. Available at https://doh.wa.gov/data-statistical-reports/health-behaviors/immunization/respiratory-immunization-data

Summary

- 2,777 confirmed cases of measles in the U.S. during 2026 as of 8/20, exceeding the total number of cases during 2025 (n=2,289); the number of weekly cases has been rising since mid-July.
- Two deaths due to measles in the U.S. during 2026 and three deaths during 2025 among unvaccinated individuals.
- 94% of cases unvaccinated or with unknown vaccination status.
- Portland Area: Washington: 55 cases (current outbreak in Clark County); Oregon: 46 cases (current outbreak in Multnomah and Clackamas Counties), Idaho: 10 cases (stable).
- ≥ 95% vaccine coverage is needed to prevent measles outbreaks in communities.
- In 2025-26, MMR coverage among kindergartners continued to decline. Nationally: 92.4%, Washington: 90.6%, Oregon: 89.6%, and Idaho: 75.2%. Idaho and Oregon have the highest and 3rd highest exemption rates in the country.
- Increasing COVID-19 activity in Oregon, Washington, and Idaho (test positivity and % of ER visits), though levels are currently lower than last year.
- AI/AN have a higher risk of more severe disease due to COVID-19 but vaccination coverage has significantly dropped (for WA, as of 6/29/26: 12.2% had received at least one 2025-26 vaccine).

Recommendations: COVID-19

- Updated COVID-19 vaccination decreases risk of ER visits and hospitalizations; recommend ensuring patients are up to date during summer surge. Prepare for increasing cases of COVID-19, ensuring adequate supplies of test kits and PPE.

Recommendations from the American Academy of Pediatrics	
Age	Indication
6-23 months	• **Everyone** without contraindications (due to high risk for severe COVID-19)
2-18 years	• High-risk for severe COVID-19 • Residents of long-term care facilities or other congregate settings • Never been vaccinated against COVID-19 • Household contacts at high risk for severe COVID-19 • Parent/guardian desires their protection against COVID-19

Additional Recommendations from the American Academy of Family Physicians	
Group	Indication
≥ 18 years	• **All adults.** Especially important for those: • ≥ 65 years-old, with 2nd dose recommended 6 months later (minimum interval 2 months) • At increased risk for severe COVID-19 infection • Never received a COVID-19 vaccine.
Pregnant women	• Recommended for pregnant women during any trimester and during lactation.

American Academy of Pediatrics. Recommendations for COVID-19 Vaccines in Infants, Children, and Adolescents: Policy Statement. Available at: https://publications.aap.org/pediatrics/article/doi/10.1542/peds.2025-073924/203222/Recommendations-for-COVID-19-Vaccines-in-Infants; Recommended Child and Adolescent Immunization Schedule. Available at: https://aap.org/immunizationschedule
American Academy of Family Physicians. COVID-19 Vaccine: Fall 2025-26 Immunization Recommendations. Available at: https://www.aafp.org/family-physician/patient-care/public-health-emergencies/recent-outbreaks/covid-19/covid-19-vaccine.html.
Wiegand RE, et al. Interim Estimated Effectiveness of 2025-26 COVID-19 Vaccines in Adults Using a Test-Negative Design. *JAMA*. 2026

COVID-19: Outpatient Treatment of Mild-Moderate Infection and Post-Exposure Prophylaxis

- Consider **treatment of mild-moderate infection** (O2 Sat ≥ 94% on RA) for patients with risk factors for more severe disease:
  - **Paxlovid** (nirmatrelvir/ritonavir), dosed according to eGFR (if ≥ 60 ml/min: nirmatrelvir (two 150 mg tablets) + ritonavir (one 100 mg tablet) twice daily X 5 days). Check for drug interactions (Liverpool COVID-19 Interactions). Start within 5 days of symptom onset.
    - Decreased risk of hospitalization, RR 0.17 (95% CI, 0.10-0.31) and shortened duration of symptoms (median time to resolution 16 days vs. 19 days).
  - **Remdesivir** 200 mg IV X 1 followed by 100 mg IV daily for 2 days. Use if drug interactions prevent use of Paxlovid. Start within 7 days of symptom onset.
    - Decreased risk of hospitalization, RR 0.28 (95% CI, 0.10-0.75) and COVID-19 related medical visits, RR 0.19 (95% CI, 0.07-0.56).
- Consider **post-exposure prophylaxis** for contacts at increased risk:
  - **Ensitrelvir (Xocova):** Three 125 mg tablets on day 1, one 125 mg daily on day 2-5.
    - RCT of ensitrelvir vs. placebo, provided to household contacts (≥ 12 years old) of a patient with COVID-19 (given within 72 hours after symptom onset of case; tested negative COVID-19).
    - Confirmed COVID-19 with at least one symptom for ≥ 48 hours [2.9% vs. 9.0%; RR: 0.33 (95% CI, 0.22-0.49)]
  - Check for drug interactions (Liverpool COVID-19 Interactions) before prescribing.

Bhimraj A. IDSA Guidelines on the Treatment and Management of Patients with COVID-19. 2025. Available at: https://www.idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/
Hayden FG, et al. Ensitrelvir for Covid-19 Postexposure Prophylaxis in Household Contacts. I. 2026.

Recommendations: Measles

- Ensure your patients, families, and community are up to date on their measles immunizations (goal ≥95% up to date).
- Ensure all health care workers have presumptive evidence of measles immunity and that Respirator Fit Testing has been done in the past year.
- Consider measles in anyone with a fever and generalized maculopapular rash with recent international travel or travel to an area with a measles outbreak, exposure to a measles case, or who meets clinical criteria and is unvaccinated. Recommend testing performed in collaboration with local health jurisdiction.
- Train staff (e.g. Project Firstline: Measles Infection Control Microlearn with discussion guide), including front-desk to recognize possible measles, immediately mask and bring back to a designated room (e.g. airborne infection isolation room if available).
- If a measles case is identified in your community, recommend signage and a protocol to screen patients for possible measles (e.g. fever and rash, with international travel, travel to a community with a measles outbreak, or known exposure to measles in the past 21 days).
- Immediately report suspected cases to local or Tribal public health and recommend testing performed in collaboration (nasopharyngeal or throat swab for measles PCR, urine for PCR particularly if ≥ 72 hrs after rash onset, sent to state PHL if possible; blood for measles IgM and IgG sent to a commercial laboratory).
- Advise patients with suspected measles to isolate at home, away from others through 4 days after rash onset (for severely immunocompromised persons, the infectious period is through the illness duration) or measles has been ruled out.

Patient Education Resources for Respiratory Viruses/Immunizations

IHS Division of Epidemiology and Disease Prevention Educational Resources;

National IHS Public Health Council Public Health Messaging

Northwest Portland Area Indian Health Board (NPAIHB): VacciNative; Native Boost

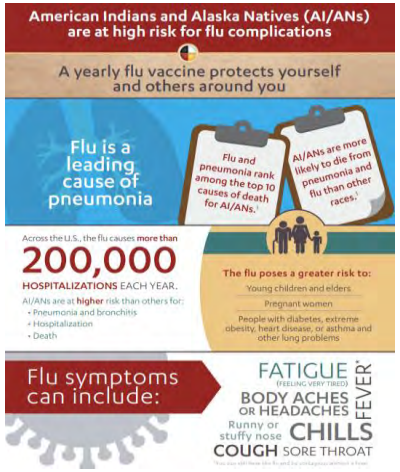
National Council of Urban Indian Health

Johns Hopkins Center for Indigenous Health. Knowledge Center: Resource Library

Indian Country ECHO/UNM Project ECHO: Making a Strong Vaccine Recommendation: Vaccine Communication, MMR Vaccine Outreach Strategies, Current Measles Response and Clinical and Prevention Best Practices

American Academy of Pediatrics:
Recommended Child and Adolescent Immunization Schedule, https://www.aap.org/immunization; https://www.healthychildren.org/immunizations (e.g. COVID-19 What Families Need to Know)

American College of Obstetricians and Gynecologists. Maternal Immunization Schedule



Children's Hospital of Philadelphia: Vaccine Education Center; Vaccine and Vaccine Safety-Related Q&A Sheets (e.g. Q&A COVID-19 Vaccines What You Should Know; Protecting Babies from RSV: What You should Know; RSV & Adults: What You Should Know; Influenza: What You Should Know); Vaccines and Infectious Diseases in the News

Immunize.org: Clinical Resources A-Z; Influenza (Flu)

Boost Oregon: Videos and Resources

Personal Testimonies: Families Fighting Flu: Our Stories

Washington State Department of Health: Immunizations and Vaccines | Washington State Department of Health; Flu Overview; Materials and Resources; Influenza (Flu) Information for Public Health and Healthcare; Measles Communications Toolkit for Washington State Partners; Measles | Washington State Department of Health; COVID-19; DOH COVID-19 Vaccine Schedule; Washington State Statewide Standing Order for COVID-19 Vaccine FAQs for the Public; West Coast Health Alliance announces vaccine recommendations for COVID-19, flu, and RSV | Washington State Department of Health; Respiratory Illness Data Dashboard.

Oregon Health Authority: Immunization Resources; Flu Prevention; Measles / Rubeola (vaccine-preventable) : Diseases A to Z : State of Oregon; Oregon's Respiratory Virus Data.

Idaho Department of Health & Welfare: Child and Adolescent Immunization and Adult Immunization; Flu (Seasonal and Pandemic); COVID-19; Measles | Idaho Department of Health and Welfare; Idaho Weekly Statewide Viral Respiratory Disease Indicators.

Centers for Disease Control and Prevention: Preventing Seasonal Flu; Flu Resources; Preventing Spread of Respiratory Viruses When You're Sick; RSV; About Measles | Measles (Rubeola) | CDC; Measles Resources | Measles (Rubeola) | CDC; Measles Videos | Measles (Rubeola) | CDC

Examples of Patient Education Resources from the Northwest Portland Area Indian Health Board (NPAIHB)

https://www.indiancountryecho.org/vaccinative/
https://www.indiancountryecho.org/native-boost/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