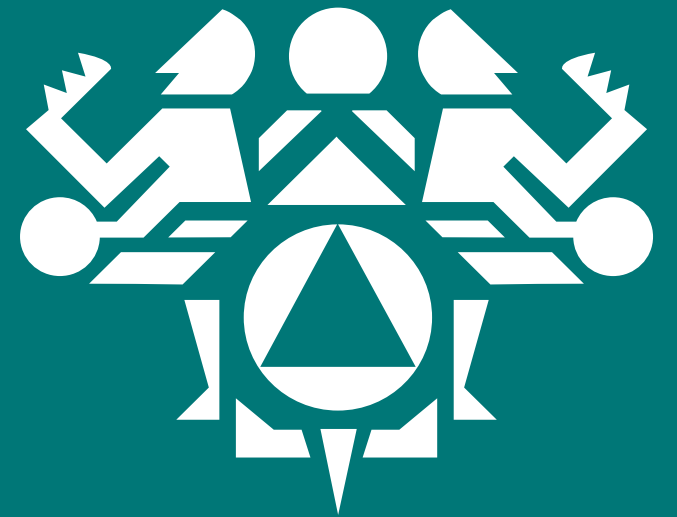


NPAIHB

Weekly Update

June 9, 2026





NORTHWEST PORTLAND AREA
INDIAN HEALTH BOARD
Indian Leadership for Indian Health

Agenda

- Welcome & Introduction: Bridget Canniff
- NPAIHB Announcements, Events, & Resources
- NPAIHB Project Updates – WEAVE-NW: Tammie Scott, Shannon Ureel & M’Kya Bettega
- Questions & Comments

Please sign in, using the chat box, with your full name and tribe or organization



Ending the Syndemic Training – June 2026



Staff serving Alaska Native & American Indian people are invited to participate in the Ending the Syndemic ECHO program. The program provides comprehensive information to effectively address the evolving HCV, SUD, HIV, and Syphilis syndemic. The program offers a free 2-day in-person training with both a Clinical Track, a Community Health Professionals Track & subsequent telehealth clinics.

Agenda: [To view the draft agenda, click here.](#)

The Indigenous Syndemic Pathway for **Clinicians** track will provide an overview and present implementation options, and where requested, assist with implementation. The training is not only informational—technical and other support needed to put policy and practice into place is available and encouraged. Continuing Education will be provided.

The Indigenous Syndemic Pathway for **Community Health Professionals (CHPs)** track is designed to equip CHPs with the knowledge, confidence, and tools to respond to syndemic topics that can be hard to talk about with relatives. These sessions will cover individual diseases and broader topics. Many of these presentations will include group discussion and interaction. This track is focused to provide training for Community Health Representatives, Health Aides, Peer Navigators, Social Workers, and Case Managers.



Dates: June 23rd (8am-4:30pm PT) and June 24th (8am-4:15pm PT)

Where: Hosted by the Squaxin Island Tribe in Shelton, Washington ([Little Creek Casino and Resort](#), Room, 91 W. State Route 108, Shelton WA, 98584)

How to Join: [Click here to register](#)

Northwest Intertribal Breastfeeding Coalition's

Breastfeeding Gathering



July 14-15, 2026

Portland, OR

Barbie's Village

**REGISTER HERE
BY JUNE 15**



Hotel accommodation
will be provided

Featuring speakers and activities to discuss coalition building, parenthood, breastfeeding, first foods, traditional medicine, midwifery

Open to tribal/community members of the Pacific Northwest region Tribes:

- midwives, doulas, birthworkers
- tribal health clinic/organization staff
- people who work with mothers and families
- parents or expecting parents

Who:

- Open to tribal/community members of the Pacific Northwest region Tribes: midwives, doulas, birthworkers, tribal health clinic/organization staff, people who work with mothers and families, and parents or expecting parents

What:

- Different speakers discussing coalition building, parenthood, breastfeeding, midwifery, doulas, and other similar topics
- Interactive sessions to collaborate and share your experiences

When:

- Tuesday, July 14 to Wednesday, July 15
- Hotel accommodation: up to 3 nights, check in July 13, check out July 16

Where:

- [Barbie's Village](#) in Portland, OR

[Register here by June 15](#)

Contact: weave@npaih.org



NORTHWEST PORTLAND AREA
INDIAN HEALTH BOARD
Indian Leadership for Indian Health

Contact us at:
weave@npaih.org

NPAIHB QBM July 20 – 23 @ Siletz

Registration for the July Quarterly Board Meeting is open!

Hosted by the Confederated Tribes of Siletz Indians

Dates: July 20-23, 2026

Location: Chinook Winds Casino Resort, Lincoln City, OR

Registration: <https://npaihb.clickup.com/forms/9009195633/f/8cfuukh-51297/D5LARBYDO8N3968CIE>

Please register by July 6, 2026

Room Block: <https://reservations.travelclick.com/99805?groupID=4883563>

Reservations can also be made via phone at (888) 244-6665

When calling to book, please refer to the QBM 2026 group block

Please reserve your room by July 6, 2026.



NPAIHB

Indian Leadership for Indian Health

Upcoming Indian Country ECHO Telehealth Opportunities

- **Indian Country Elders, Knowledge Holders & Culture Keepers ECHO** – 2nd Tuesday of every month at 12pm PT
 - Tuesday, June 9th at 12pm PT
 - Didactic Topic: *Paddle to Seattle & Canoe Journey*
 - To join via Zoom: <https://echo.zoom.us/j/82466510555?pwd=JPP3b5k9wU2dFHTxyDs7Pn7CWl5Bba.1>
- **Adolescent Health ECHO** – 2nd Wednesday of every month at 12pm PT
 - Wednesday, June 10th at 12pm PT
 - Didactic Topic: *Food, Land, and Body: A Clinical Introduction to Disordered Eating in AI/AN Communities*
 - To join via Zoom: <https://echo.zoom.us/j/88393600100?pwd=Amim4GllWnPrPj1nhlm3K6q2ricsUj.1>
- **Clinical Dementia ECHO** – 2nd Thursday of every month at 11am PT
 - Thursday, June 11th at 11am PT
 - Didactic Topic: *Multiple Caregivers*
 - To join via Zoom: <https://echo.zoom.us/j/99454243940?pwd=NG9aWGUvRTdKSmgwTGllcklmVDRWUT09>

Upcoming Indian Country ECHO Telehealth Opportunities

- **Diabetes ECHO** – 2nd Thursday of every month at 12pm PT
 - Thursday, June 11th at 11am PT
 - Didactic Topic: *Case Discussion: Behavioral Barriers*
 - To join via Zoom: <https://zoom.us/j/91887405371?pwd=ekFJTUJiV2hWQ0ZPZEwrUDQ4eGxTZz09>
- **emRIC ECHO** – 3rd Monday of every month at 8:30am PT
 - Monday, June 15th at 8:30am PT
 - Didactic Topic: *A Potpourri of POCUS Cases*
 - To join via Zoom: <https://echo.zoom.us/j/89810907975?pwd=d1gydTAvdFUxSU4wb1d2TINEUTIEQT09>
- **Community Health Representatives (CHR) ECHO** – 3rd Monday of every month at 12pm
 - Monday, June 15th at 12pm PT
 - Didactic Topic: *Microaggressions, Cultural Humility, and Trauma-Informed Communication for CHRs*
 - To join via Zoom: <https://echo.zoom.us/j/85861655901?pwd=0em1G52lvvVpniHVPOoGwp1hDlPjpo.1>

Upcoming In-Person Indian Country ECHO Training Opportunities

Event: Ending the Syndemic Clinical Training

Date(s): June 23rd - June 24th, 2026

Location: Shelton, WA (Hosted by the Squaxin Island Tribe)

Description: Staff serving Alaska Native & American Indian people are invited to participate in the Ending the Syndemic ECHO program. The program provides comprehensive information to effectively address the evolving HCV, SUD, HIV, and Syphilis syndemic. The program offers a free 2-day training with both a Clinical Track, a Community Health Professionals Track, and subsequent telehealth clinics.

To Learn More & Register: <https://www.indiancountryecho.org/ending-the-syndemic-clinical-training-june-2026/>

Event: Tribal Disease Investigation Training

Date(s): July 13th - July 15th, 2026

Location: Portland, OR

Description: Staff serving Alaska Native & American Indian people are invited to participate in a Pre-Conference Foundation Skills Refresher following a two-day Tribal Disease Investigation Training. Topics will include: Foundations in Infection, Public Health, and Partner Services; Disease Investigation in Tribal Communities; Effective Communication for Disease Investigation Professionals.

To Learn More & Register: <https://echo.npaihb.org/tdis-training-july-2026/>

Event: Ending the Syndemic Training

Date(s): August 11th - August 12th, 2026

Location: Oklahoma City, OK (Hosted by the Southern Plains Tribal Health Board)

Description: Staff serving Alaska Native & American Indian people are invited to participate in the Ending the Syndemic ECHO program. The program provides comprehensive information to effectively address the evolving HCV, SUD, HIV, and Syphilis syndemic. The program offers a free 2-day training with both a Clinical Track, a Community Health Professionals Track, and subsequent telehealth clinics.

To Learn More & Register: <https://www.indiancountryecho.org/ending-the-syndemic-clinical-training-august-2026/>

NPAIHB Weekly Update Schedule

- June 16: N CREW Research Topic: Community-Based Participatory Research (CBPR)
- June 23: NPAIHB Project Updates: Tribal Community Health Provider Program (TCHPP) & Communicable Diseases Updates
- June 30: Legislative & Policy Updates
- July 7: State Partner Updates & Communicable Diseases Updates





Wellness For Every American Indian to Achieve and View Health Equity (WEAVE-NW)

FUNDED BY: GOOD HEALTH AND WELLNESS
IN INDIAN COUNTRY (GHWIC)



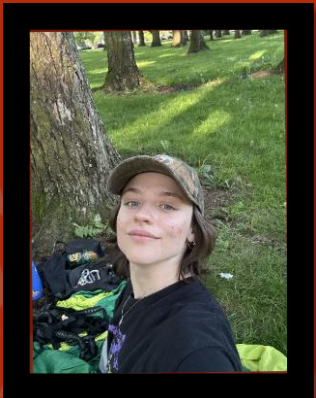
WEAVE-NW TEAM



Tammie Scott, WEAVE-NW
Director/Evaluator



Shannon Ureel, WEAVE-NW
Health Educator



Olivia Rovang, WEAVE-NW
Food Sovereignty Initiatives
Project Specialist



M'kya Bettega, WEAVE-NW
Project Coordinator and
Breastfeeding Specialist



weave@npaihb.org

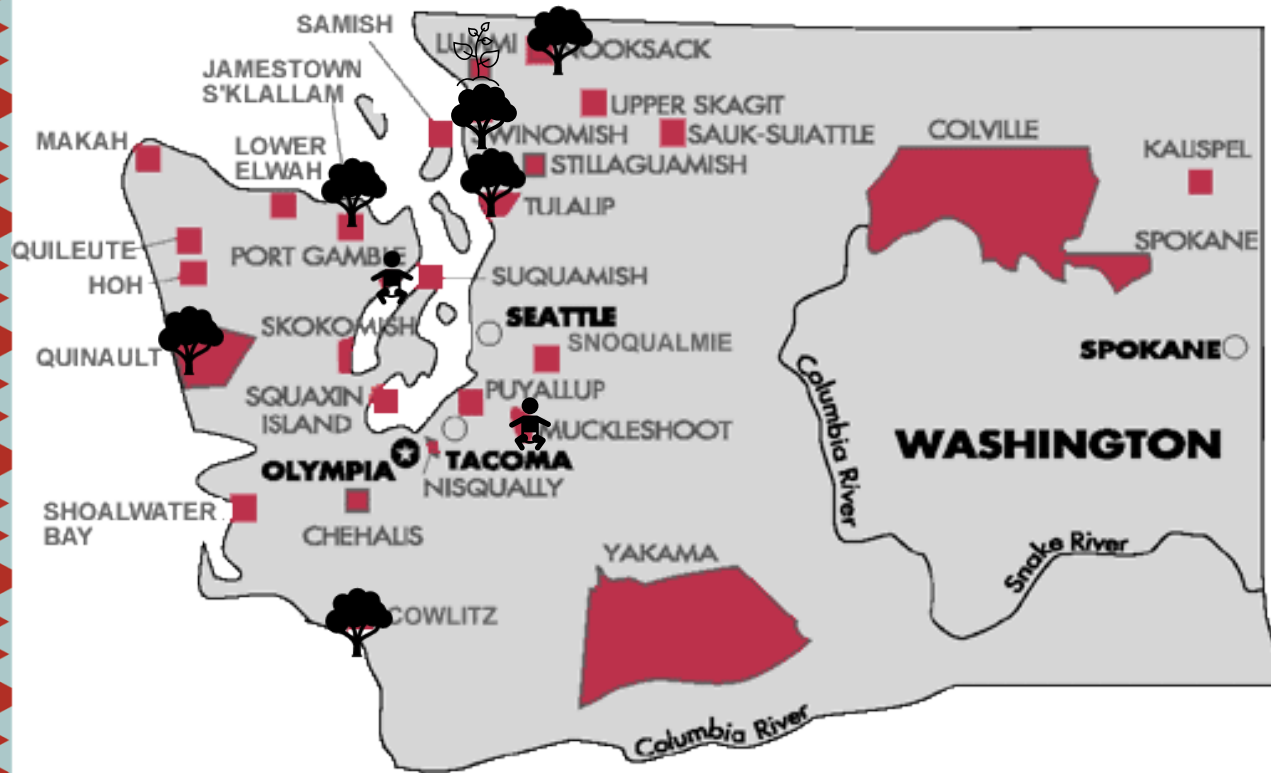
About WEAVE



- Northwest Portland Area Indian Health Board (NPAIHB)
- OR, WA, ID
- CDC GHWIC Funding
- Systems, Policy, and Environmental Changes
- Food Sovereignty
- Diabetes Prevention
- Heart Health
- Breastfeeding and Oral Health
- Commercial Tobacco Cessation

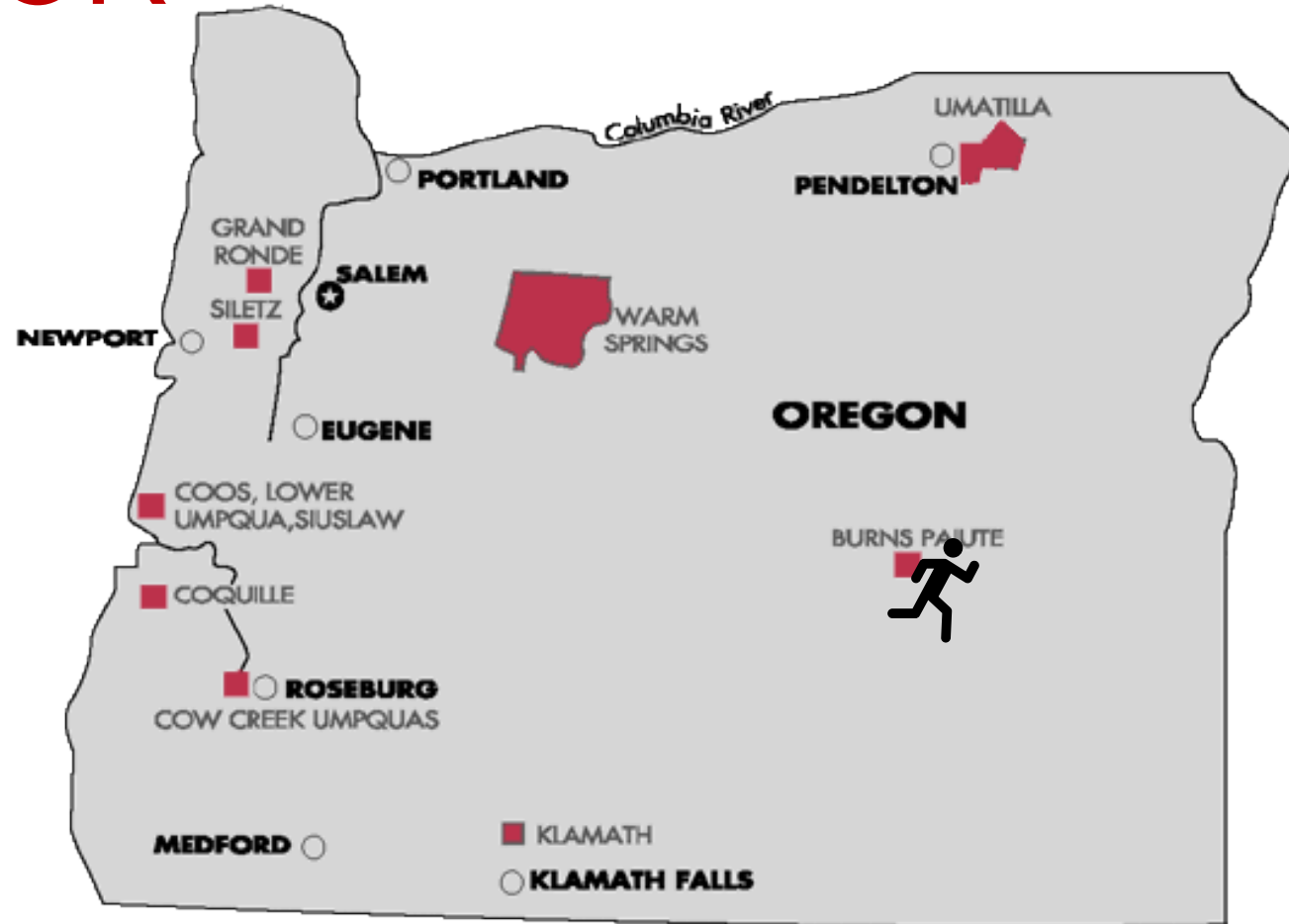
Our Current Subawards – WA

(8)



- **Cowlitz** – Food Sovereignty
- **Jamestown S’Klallam** – Food Sovereignty
- **Lummi** – Tobacco Cessation
- **Muckleshoot** – Breastfeeding
- **Nooksack** – Food Sovereignty, Diabetes, & Heart Health
- **Port Gamble** – Breastfeeding
- **Quinault** – Food Sovereignty
- **Tulalip** – Food Sovereignty & Diabetes

Our Current Subawards - OR



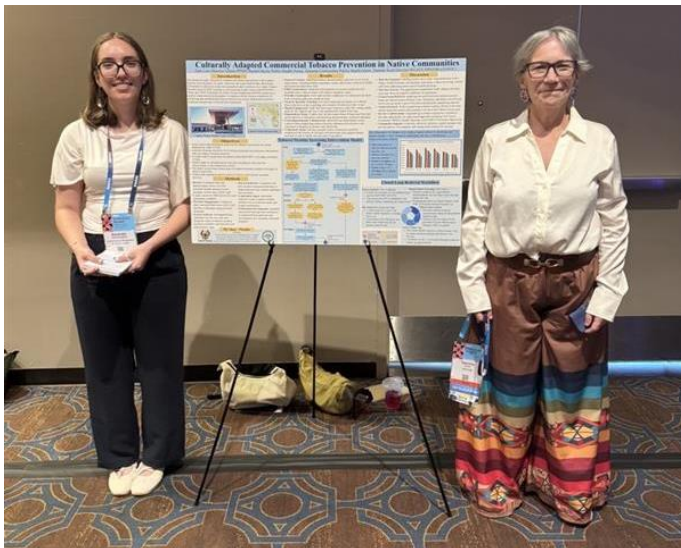
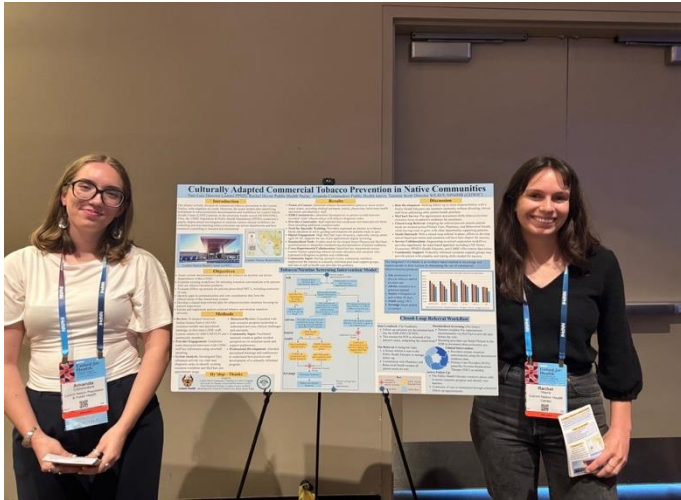
- Burns-Paiute – Diabetes

Our Current Subawards - ID



- **Kootenai – Food Sovereignty**

Lummi



Tam Lutz – Public Health Director
Amanda Commodore – Health Educator

- Closed loop referral between PCP and Public Health Educator
- Implement 5A's intervention model - Ask, advise, assess, assist, arrange
- Looking at how many tobacco cessation prescriptions are not picked up by patients
- Distributed quit kits to school nurse and hung up posters around school
- Tabling events like Lummi youth conference and mental health awareness event
- Trainings – Catch My Breath and Tobacco Treatment Specialist
- NNPHI Poster Presentation with Lummi, April 2026



Cowlitz



Tiffany Jara
Cowlitz Garden Supervisor



Camas Harvest Cowlitz May 2026





LITTLE MOMENTS

Tulalip

Veronica (Roni) Leahy, DCES
Tulalip Health System
Diabetes Care and Prevention
Program



Jamestown S'Klallam Tribe



Ḳʷuʔəntuʔ Lisa M. Barrell
Deputy Director

łəw'cən Mackenzie Grinnell
Traditional Foods and Culture
Gathering Coordinator



Kootenai Tribe of Idaho



Jennifer Dickison
Health Director

Quinault



Leah Hollon Paquette
Food Educator, Lead Gardener
Quinault Wellness Garden



kwinaył ʕawkwa snəʔəmał
Quinault Wellness
Gardens



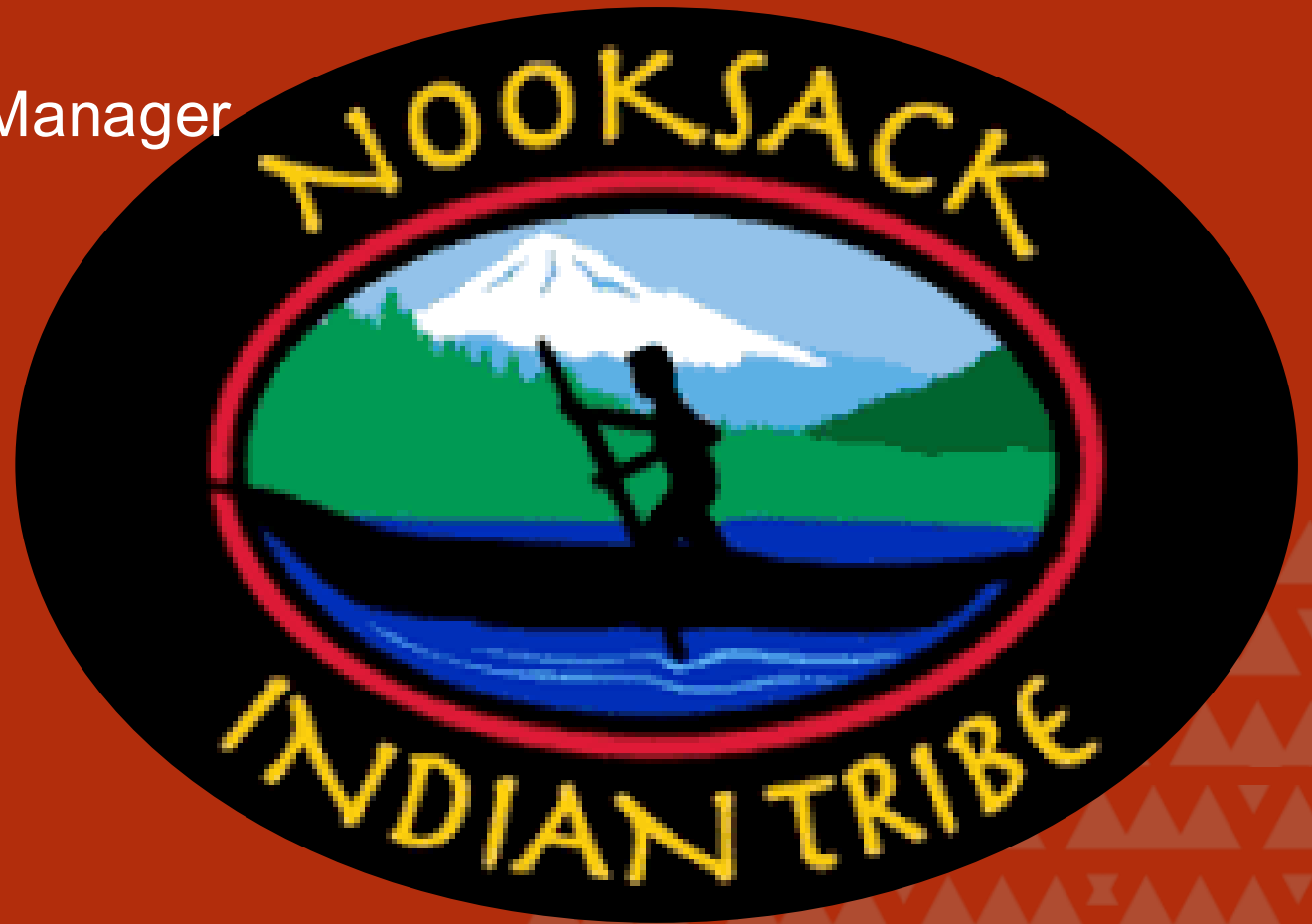
Nooksack

Amy Blom

Registered Dietician and Diabetes

Coordinator

Community Garden Program Manager



Breastfeeding

Port Gamble S'Klallam

Jolene Sullivan, Health Director



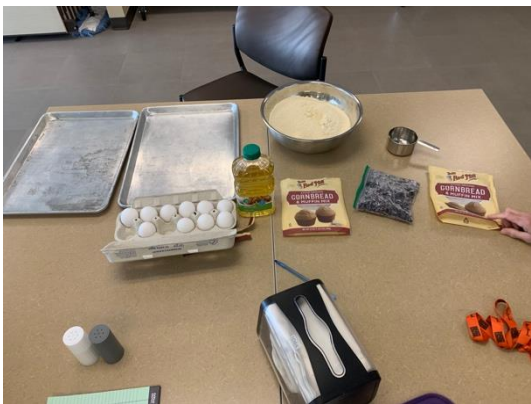
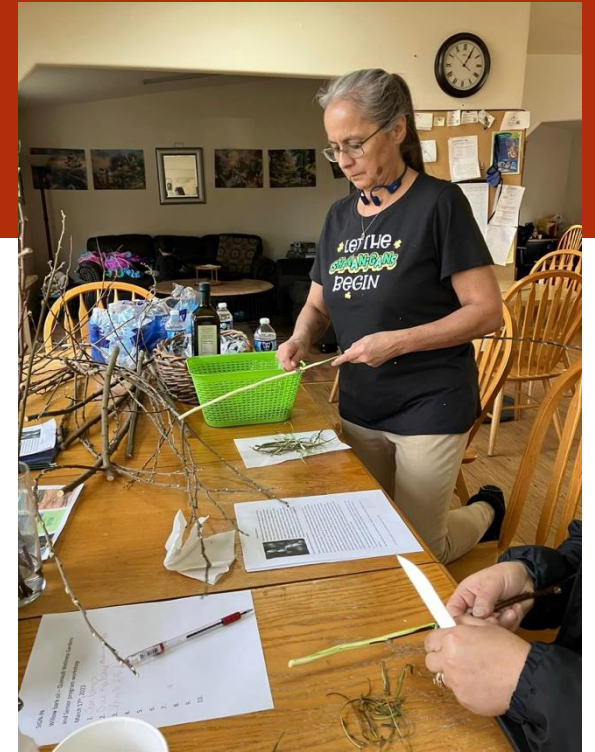
Muckleshoot

Laura Starr, Public Health Nurse
Community Health Program

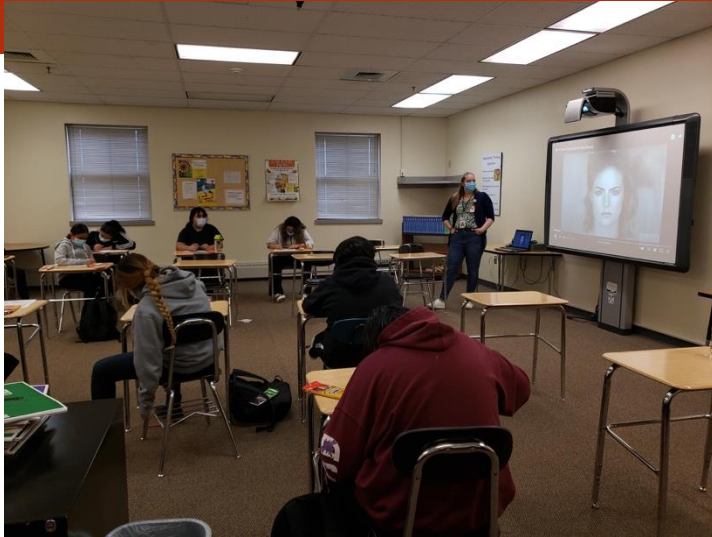
Muckleshoot Health & Wellness Center



Past Projects



Past Commercial Tobacco Projects





Shoshone Bannock
Vaping PSA



Don't Be Dumb Vaping PSA featuring Fort Hall Youth



Nez Perce Vaping Prevention



Food Sovereignty Projects



Food Sovereignty



Challenges

- Staffing changes for WEAVE and subawards
- Funding uncertainty throughout year one
 - Caused delays in activities
- Evaluation Report changes
- Navigating new restrictions



Recent Activities



Food Sovereignty Coalition Annual Gathering, September 2025

BF Coalition

- Breastfeeding Gathering
 - Coalition building, networking, and sharing experiences
 - Promoting breastfeeding and traditional foods & medicine
 - Supporting midwives, doulas, birth workers, parents & expecting parents
 - Barbie's Village

Northwest Intertribal Breastfeeding Coalition's

Breastfeeding Gathering



July 14-15, 2026

Portland, OR

Barbie's Village

**REGISTER HERE
BY JUNE 15**



Hotel accommodation
will be provided

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Current Projects for BF Coalition

Breastfeeding Informational
and Promotional Posters and
Calendar 2027

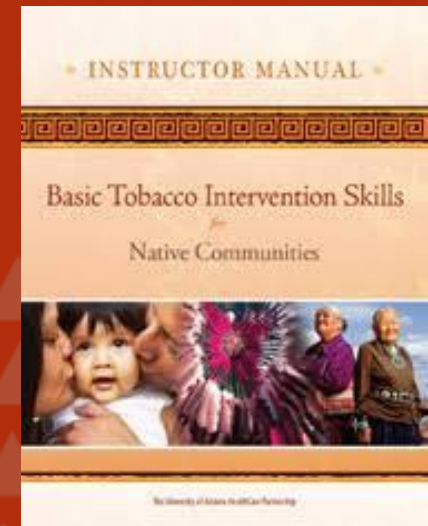


Technical Assistance

- Trainings

- Basic Tobacco Training for NA communities
- Tobacco Cessation Curriculums
- Tobacco Treatments Specialist (Advanced)
- Youth Vaping prevention curriculum and materials
- Food Handlers certification
- Information on Master Gardening certification
- Trainings aligning with Food Sovereignty
- Doula and Breastfeeding Trainings
- Diabetes Prevention Materials
- Information and resources on DDP certification

- Logic Models (new garden proposal)
- Community Asset Mapping (CAM) training
- Help in development of Strategic planning
- Grant opportunities depending on funding
- Policy building materials
- Coalition Building and Resources
- ECHOs: Cardiovascular, Diabetes, Early Relational Health
- Resources to other programs within NPAIHB



FUTURE PLANS



- Diabetes Umbrella HUB
- Food Sovereignty Coalition Gathering 2027 (hosted by Tulalip)
- Breastfeeding calendar, posters, and resource directory
- School policy on vaping and CATCH MY BREATH- youth vaping prevention
- Tobacco Treatment Specialist Certification Training
- Recruit 2-3 Tribes to do oral health project



Questions & Comments