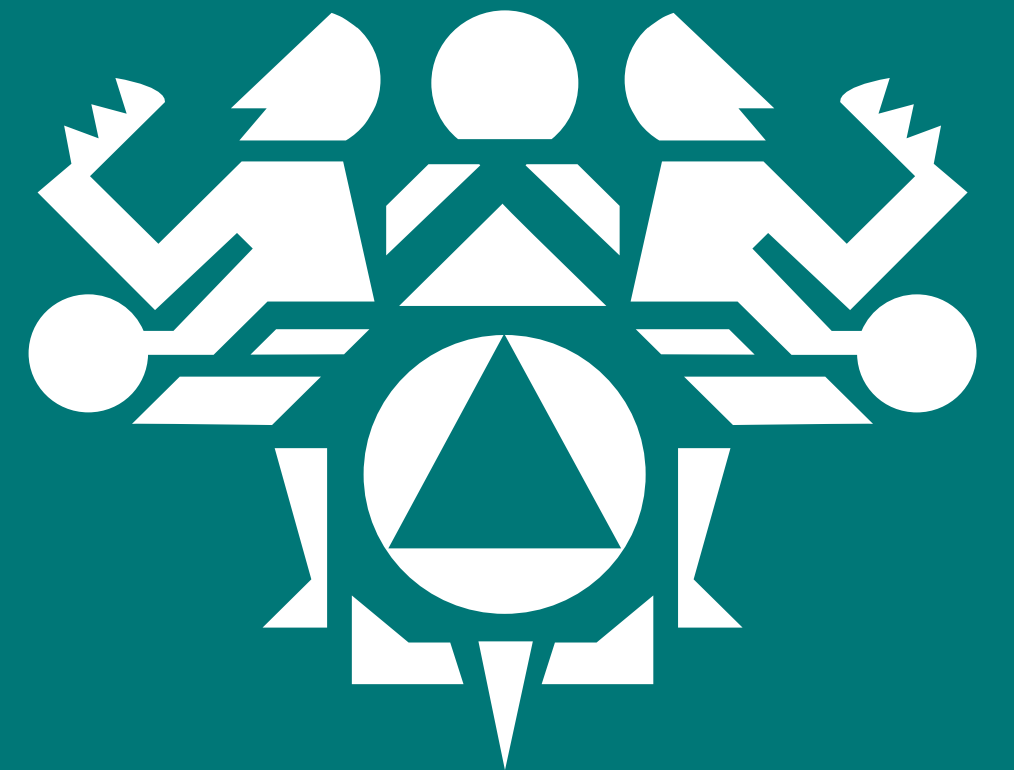


NPAIHB

Weekly Update

July 29, 2025





NORTHWEST PORTLAND AREA
INDIAN HEALTH BOARD
Indian Leadership for Indian Health

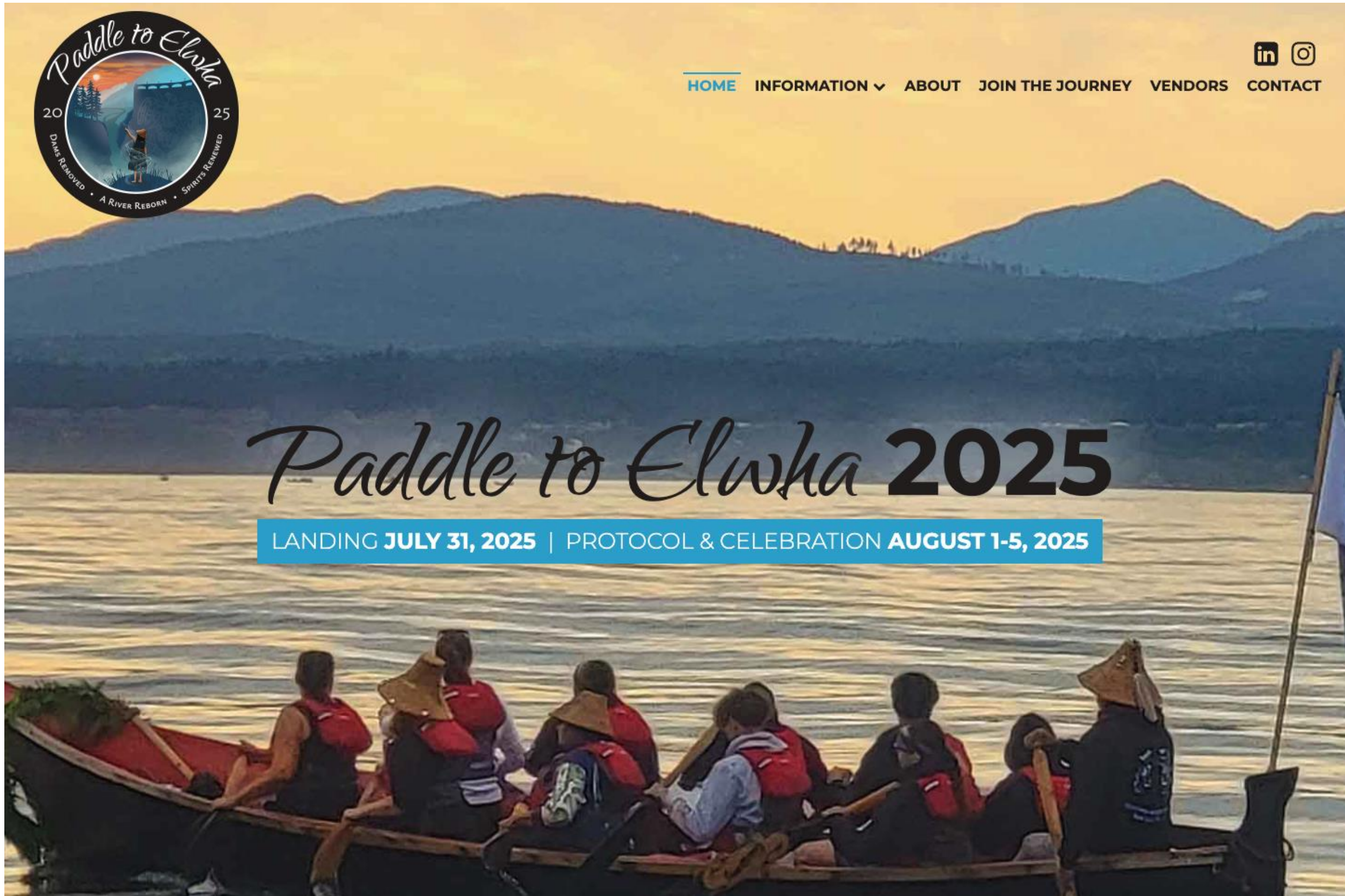
Agenda

- Welcome & Introduction: Nancy Bennett
- NPAIHB Announcements, Events, & Resources
- Portland Area Indian Health Service Updates: Dr. Tara Perti
- State & Tribal Partner Updates
- Questions & Comments

Please sign in, using the chat box, with your full name and tribe or organization

Upcoming Indian Country ECHO Telehealth Opportunities

- **No scheduled ECHOs for the week of 7/29 - 8/4**



Landing is on **July 31, 2025**. Protocol & Celebration takes place between **August 1-5, 2025**.
More info: paddletaelwha.com



The Gorge OHA Rural Convening

Convocatoria Rural de OHA

Registration Form
Formulario de inscripción

Join us to network, build relationships, learn about OHA public health resources, and discuss rural public health strategy with other regional community partners.

Únase a nosotros para establecer contactos, conocer los recursos de salud pública de OHA y discutir estrategias de salud pública rural con otros socios comunitarios regionales.

Date: Tuesday, August 5, 2025
Fecha: martes, 5 de agosto, 2025

Time: 10:00 AM - 4:00 PM. Registration begins at 9:30 AM.
Horario: 10:00 AM - 4:00 PM. Inscripción se abre a las 9:30 AM.

Location: Rockford Grange
4262 Barrett Drive
Hood River, OR 97031

Questions? Contact Tatiana.Eckhart2@oha.oregon.gov
¿Preguntas? Contáctenos a Tatiana.Eckhart2@oha.oregon.gov



Eastern Oregon OHA Rural Convening

Convocatoria Rural de OHA

Registration Form
Formulario de inscripción

Join us to network, build relationships, learn about OHA public health resources, and discuss rural public health strategy with other regional community partners.

Únase a nosotros para establecer contactos, conocer los recursos de salud pública de OHA y discutir estrategias de salud pública rural con otros socios comunitarios regionales

Date: Tuesday, August 7, 2025
Fecha: jueves, 7 de agosto, 2025

Time: 10:00 AM - 4:00 PM. Registration begins at 9:00 AM.
Horario: 10:00 AM - 4:00 PM. Inscripción se abre a las 9:00 AM.

Location: Pendleton Center for the Arts
214 North Main Street
Pendleton, OR 97801

Questions? Contact Tatiana.Eckhart2@oha.oregon.gov
¿Preguntas? Contáctenos a Tatiana.Eckhart2@oha.oregon.gov

Tribal Youth Delegate Application Deadline

Applications close: August 8, 2025

To be eligible, you must be between the ages of 15-25. Must be an enrolled member or descendant of one of the 43 tribes in the Pacific NW. And must be able and willing to participate in (virtual and in-person) Youth Delegate trainings, projects and activities.

- Youth Delegates represent the 43 Tribes in the Pacific Northwest (OR, WA, ID) and serve as the health policy-making body for the Northwest Portland Area Indian Health Board and its member tribes.
- Why apply? Youth will learn about health careers, governance structures, and policy, as well as gain leadership skills and advocate for positive change in health and wellness topics they care about.
- If you or someone you know is interested in applying, please apply here:

NPAIHB Youth Delegate Application:

<https://www.surveymonkey.com/r/NPAIHBYouthDelegate2025>



NATIVE FITNESS XIX

REGISTER HERE!



SAVE THE DATE
SEPT. 16-17, 2025



NPAIHB
Indian Leadership for Indian Health

For more information:
Western Tribal Diabetes Project - WTDP@npaihb.org

WHO SHOULD ATTEND?

- DIABETES COORDINATORS
- TRIBAL FITNESS COORDINATORS
- COMMUNITY WELLNESS TRAINERS
- YOUTH COORDINATORS
- TRIBAL ELDERS

WHY SHOULD YOU ATTEND?

- RECEIVE SKILLS IN BASIC AEROBIC TRAINING
- LEARN CREATIVE FITNESS TRAINING TECHNIQUES
- LEARN TRIBAL SPECIFIC APPROACHES TO HEALTH & WELLNESS
- CERTIFICATE OF COMPLETION (UPON REQUEST)

Download the flyer:

www.npaihb.org/modernevent/native-fitness-xix-2025/

Register:

www.surveymonkey.com/r/2025NF19

NPAIHB Weekly Update Schedule

August 5: Indian Country ECHO

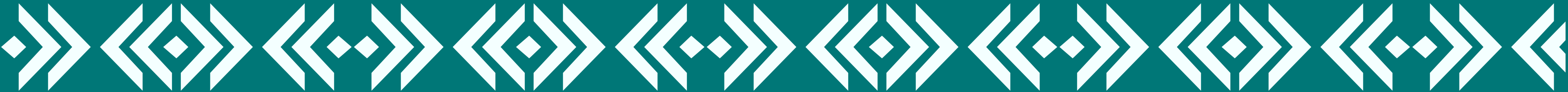
August 12: TBD

August 19: Introduction to the Northwest
Regional Research Center (NWRRC)

August 26: Legislative & Policy Updates

September 2: Empowering Public Health Emergency
Response with WebEOC (tentative)





Partner Updates

Questions & Comments

Portland Area IHS Communicable Diseases Update

TARA PERTI, MD, MPH
MEDICAL EPIDEMIOLOGIST
OFFICE, PORTLAND AREA IHS
July 29, 2025

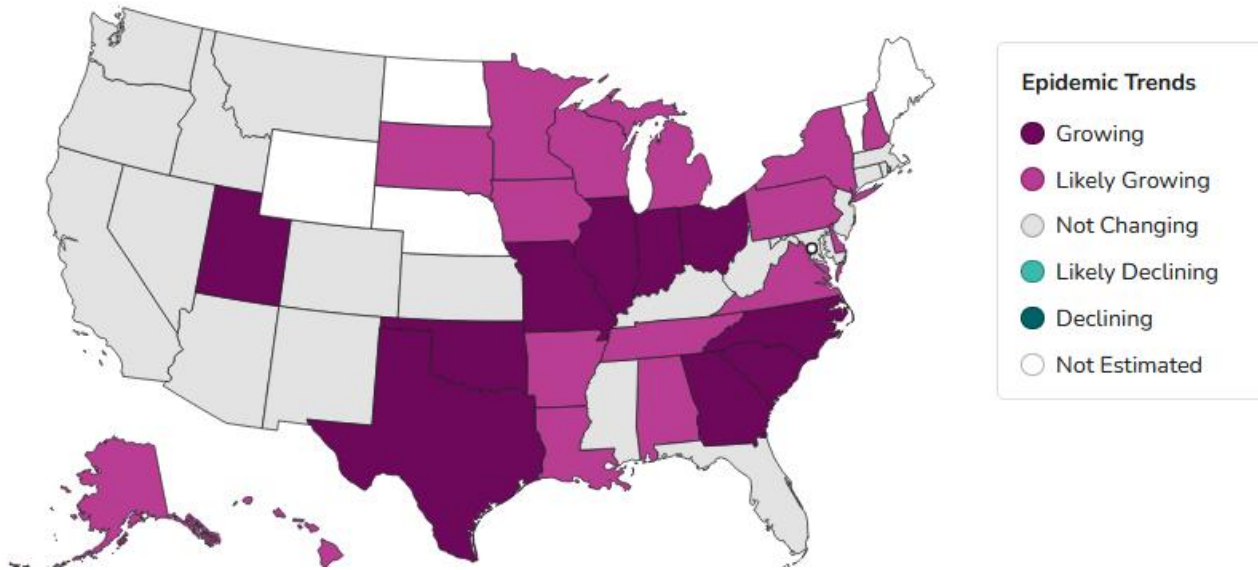


Outline

- COVID-19 Update
- Measles Update

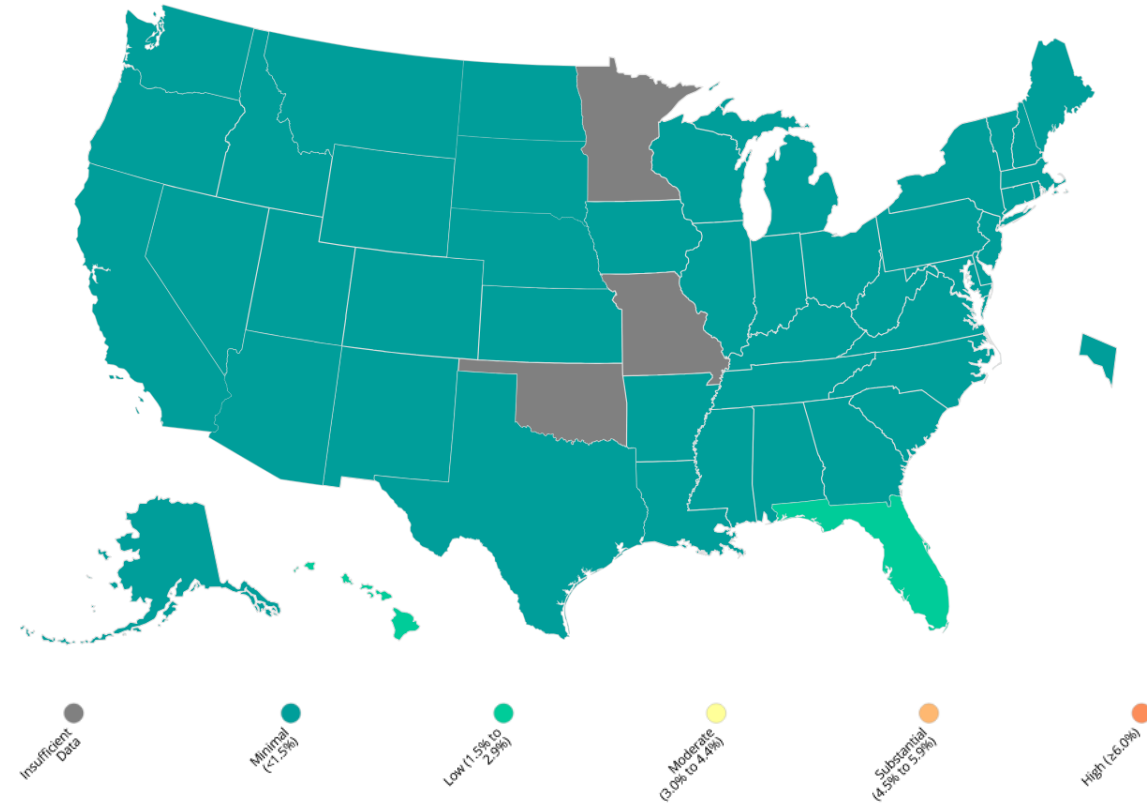
ED visits with COVID-19 and Estimates of Trends — United States

Estimates of COVID-19 Epidemic Trends

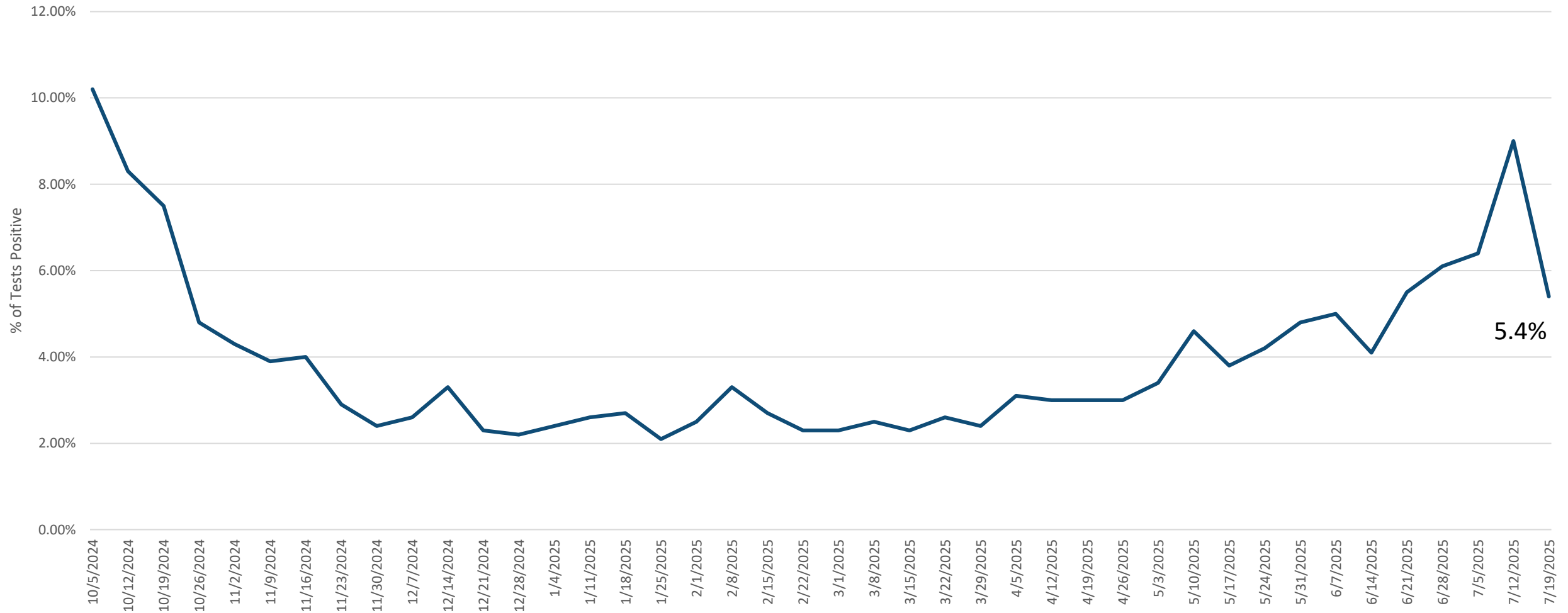


As of July 22, 2025

Percentage of ED Visits with Diagnosed COVID-19 through July 19, 2025

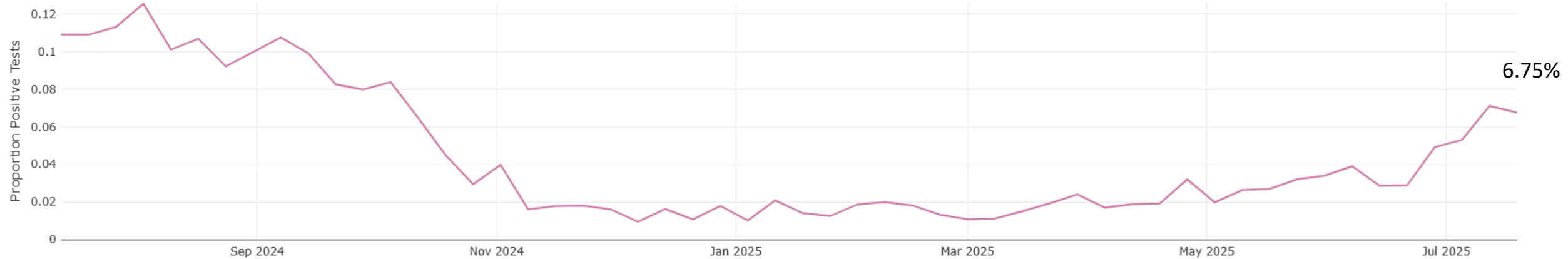


Percent of Tests Positive for COVID-19 — Oregon, 10/5/24-7/19/25

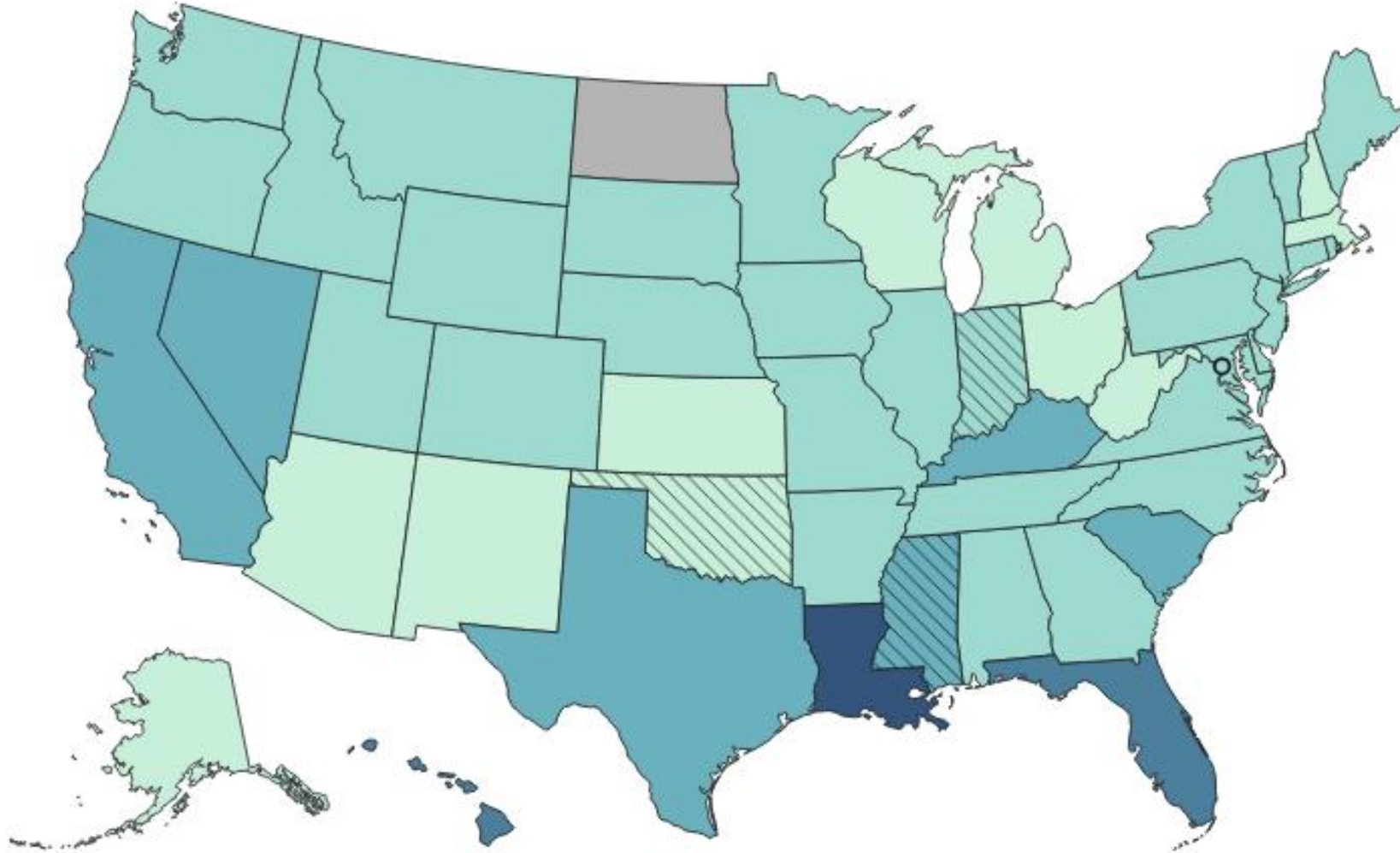


5.4%

Proportion of Tests Positive for COVID-19 in the Northwest — University of Washington and Seattle Children's Hospital, 2024-2025 (through 7/19)



Wastewater Activity Level for COVID-19 — United States, July 19, 2025

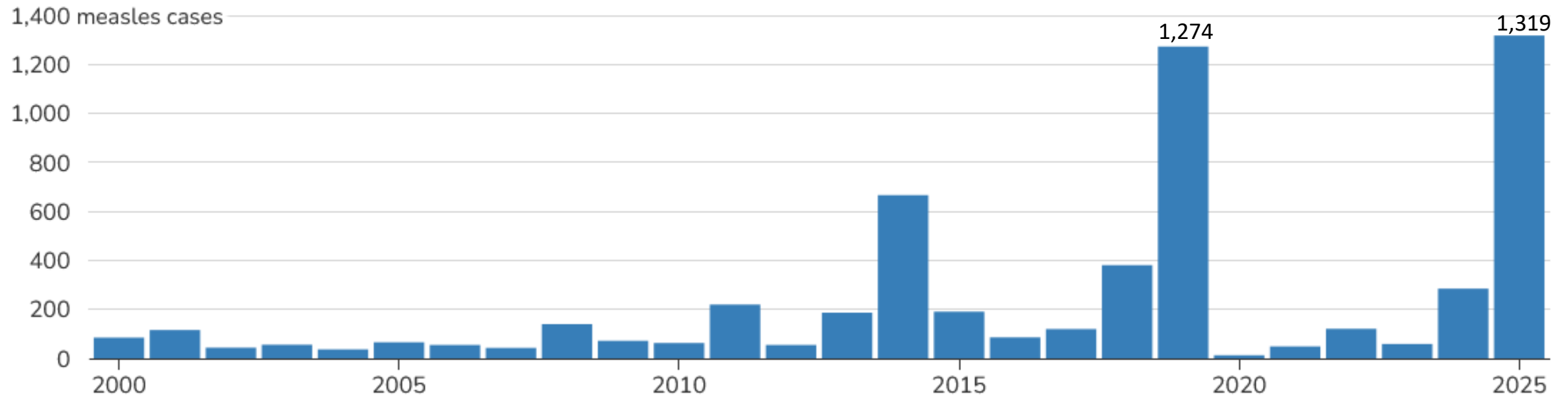


Yearly Measles Cases – United States, 2000-Present

as of July 22, 2025

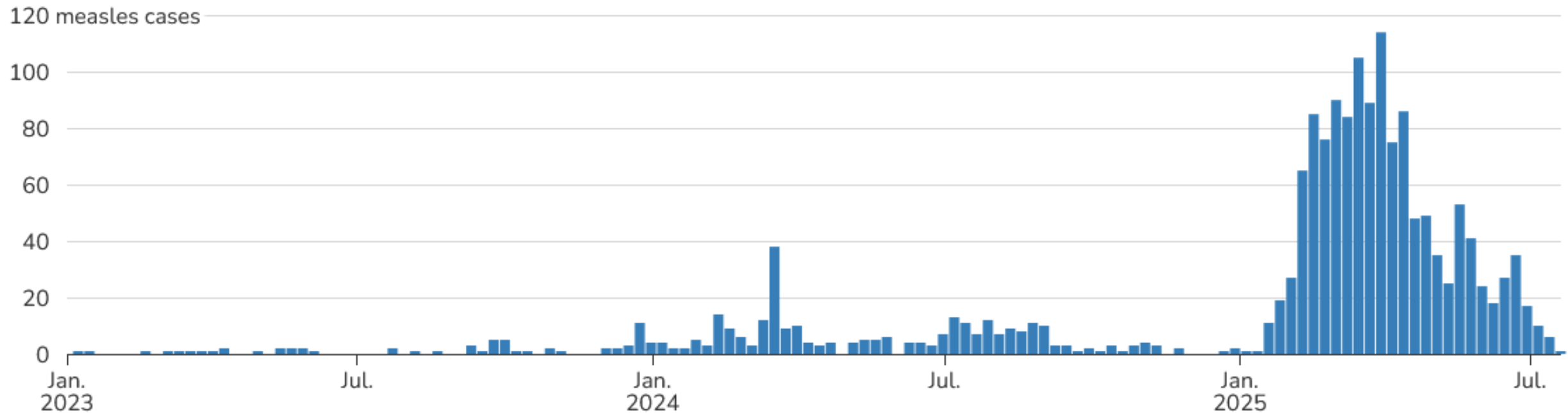
2000-Present*

1985-Present*



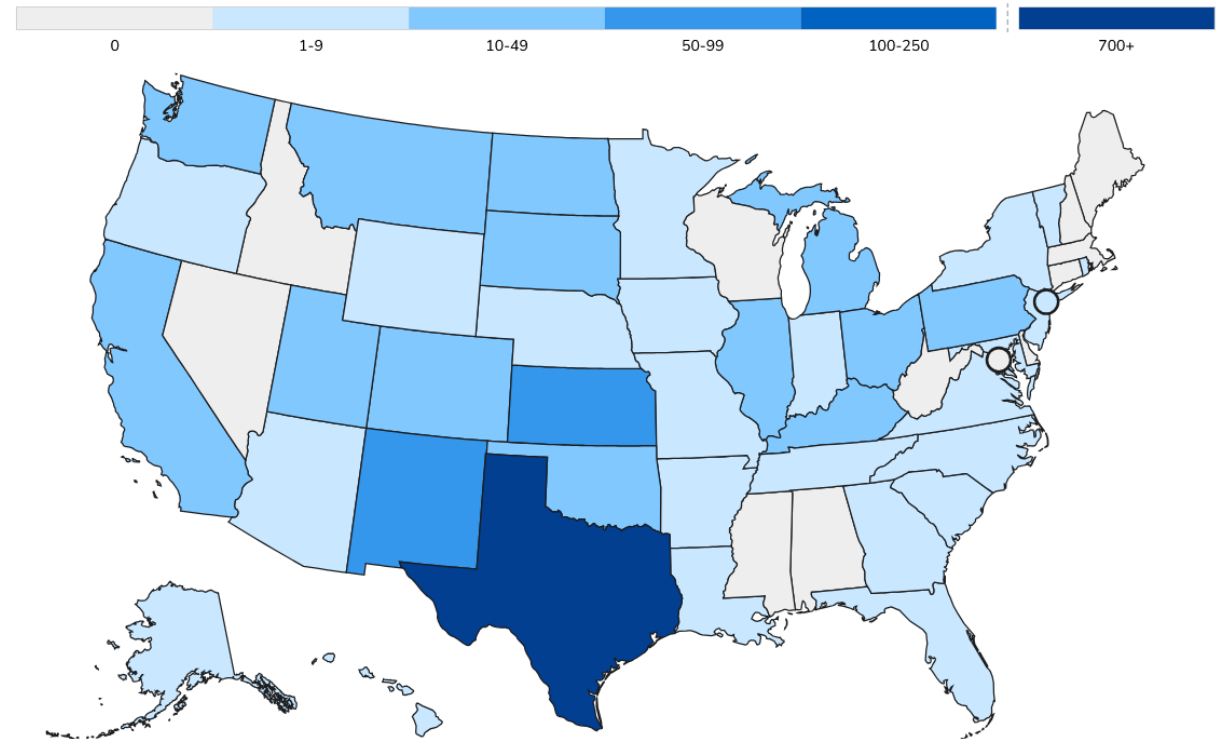
Measles – United States, 2023-2025 (through 7/22)

2023–2025* (as of July 22, 2025)



Measles — United States, 2025

- 1,319 confirmed cases among 39 states through 7/22.
- 87% of cases from one of 29 outbreaks (≥ 3 related cases).
- Age: 29% <5 years-old, 37% 5-19 years-old, 34% ≥ 20 years-old, 1% unknown.
- 13% hospitalized overall (21% of those <5 years-old hospitalized).
- 3 deaths among unvaccinated individuals, including 2 healthy school-aged children.
- 92% unvaccinated or with unknown vaccination status, 4% one MMR dose, 4% two MMR doses.



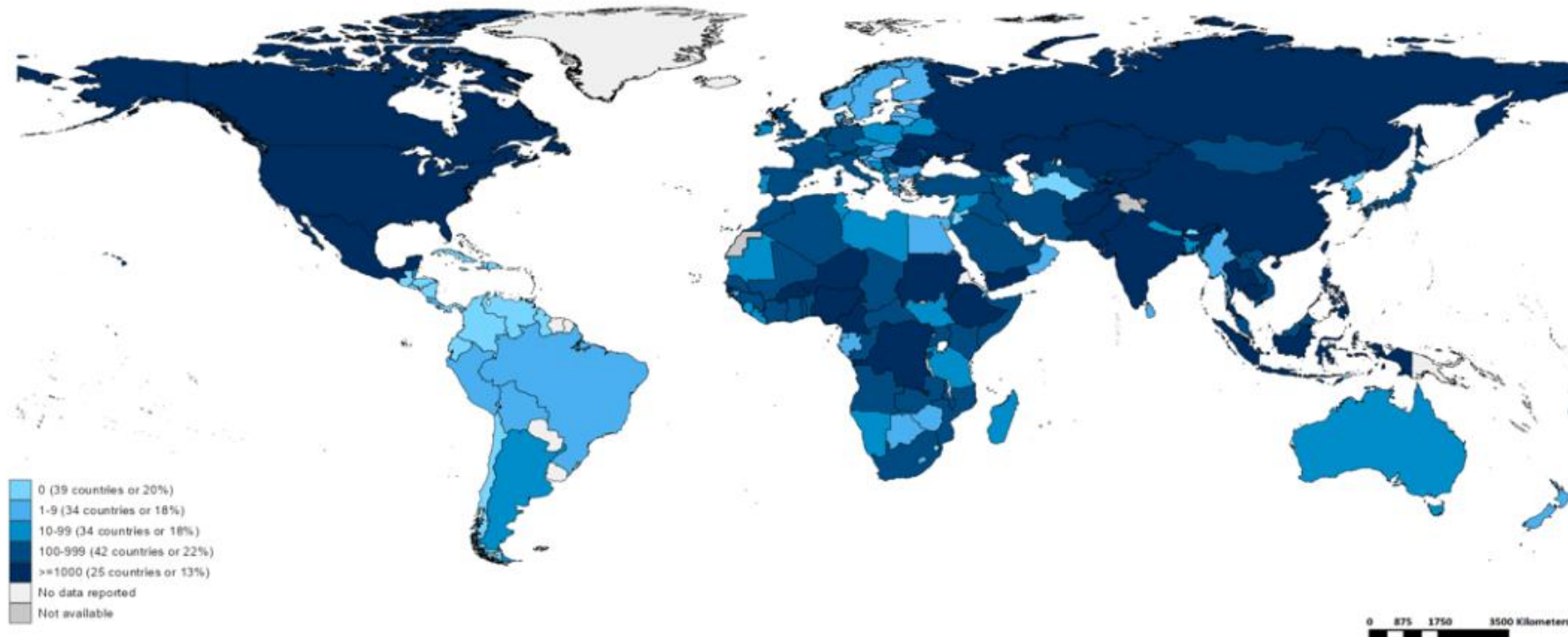
Measles — Portland Area Residents, 2025

Date Reported	County	<u>Washington (N=10)*</u>		Exposure
		Age		
2/26/25	King	Infant		International Travel
3/17/25	Snohomish	Adult		Linked to 1 st Case
4/1/25	Snohomish	Adult		International Travel
4/4/25	King	Adult		International Travel
4/20/25	King	Infant		International Travel
5/20/25	King	Adult		International Travel
6/20/25	Whatcom	Not provided		Not Provided
6/23/25	Whatcom	Not provided	Linked to 1 st Case in Whatcom County	
6/25/25	King	1 adult and 1 child in the same household		International Visitor

*There have also been 3 additional cases among travelers to Washington State, who are not residents of Washington State.

Date Reported	County	<u>Oregon (N=1)</u>		Exposure
		Age		
6/24/25	Multnomah	Not provided		International Travel

Number of Measles Cases Globally, 12/2024-5/2025



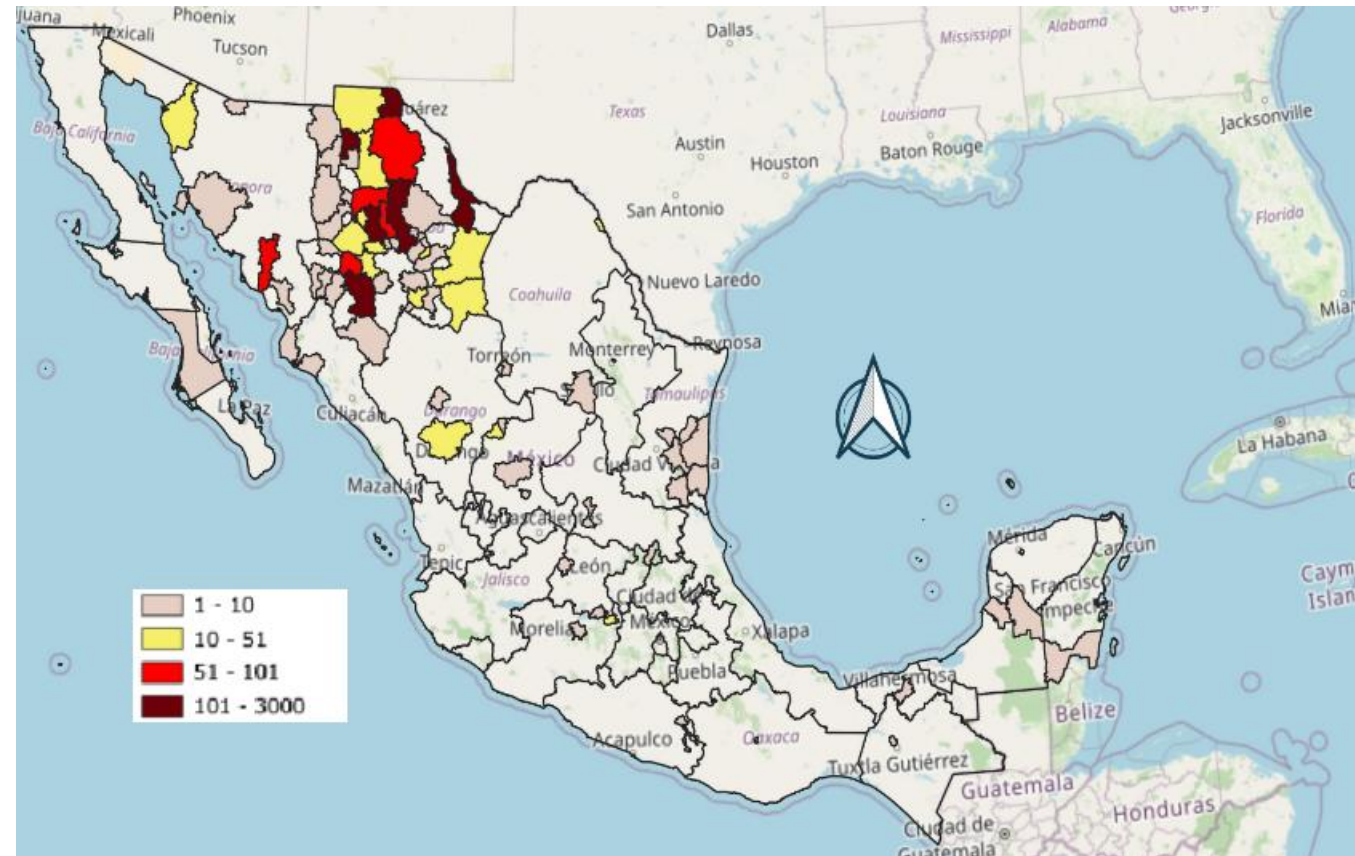
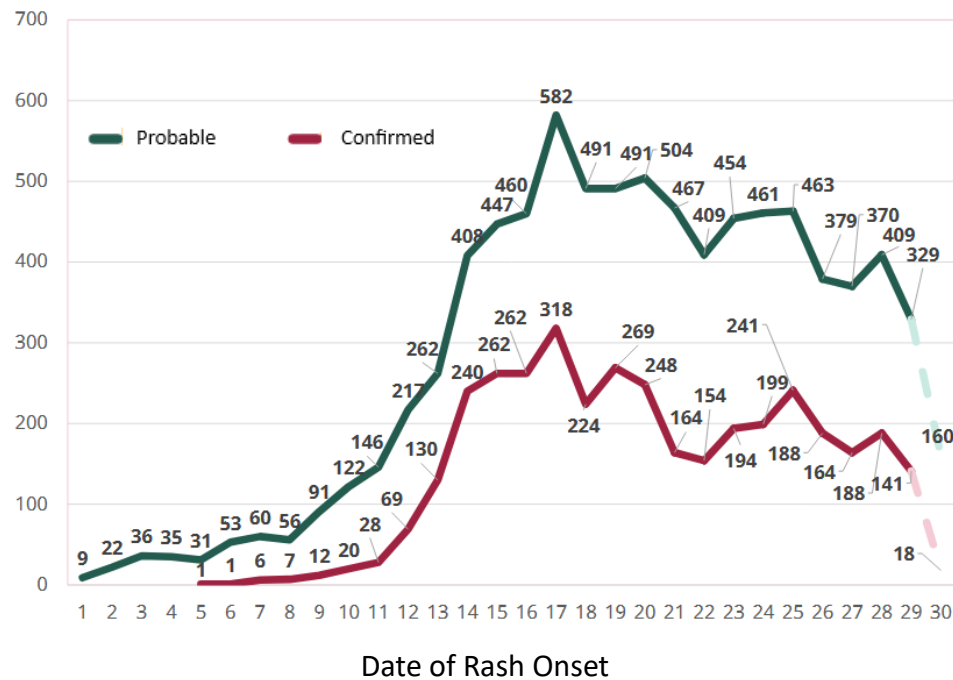
Map production: World Health Organization, 2025. All rights reserved
Data source: IVB Database

Disclaimer: The boundaries and names shown and the designations used on this map do not imply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

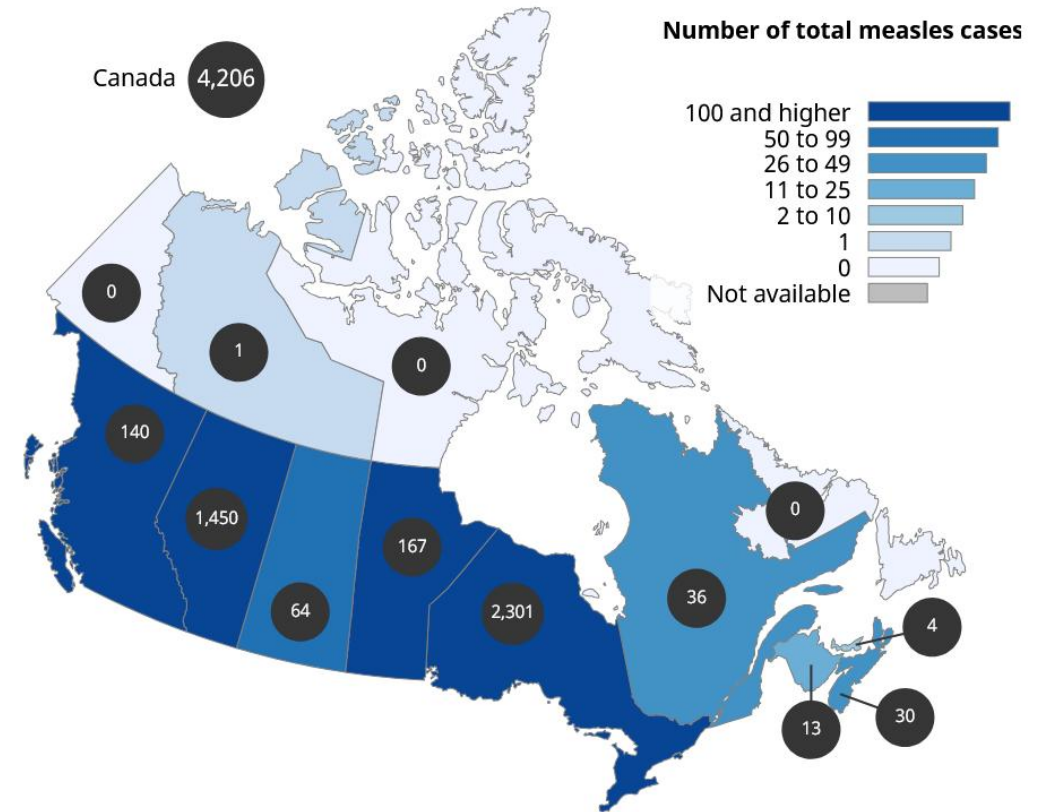
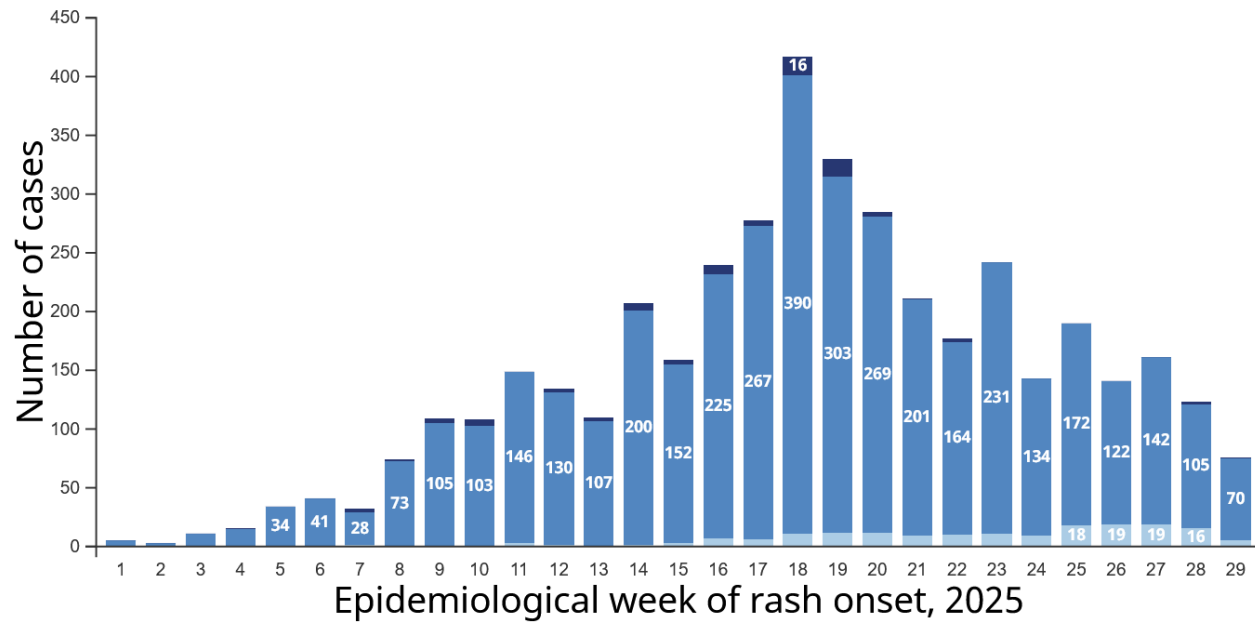
Country	Cases*
Yemen	15,683
Pakistan	12,732
India**	10,299
Kyrgyzstan	8,497
Afghanistan	7,615
Ethiopia	5,370
Romania	4,739
Nigeria	3,395
Canada	3,053
Russian Federation	2,781

Measles — Mexico, 2025 (through 7/28)

- 3,748 confirmed cases as of 7/28/25
- 20 states; 3,504 (93%) confirmed cases in Chihuahua
- Deaths: **14** (13 in Chihuahua and 1 in Sonora)



Measles — Canada, 2025 (through 7/19)



Number of confirmed cases: 3,878

Summary

- The percentage of ED visits for patients with diagnosed COVID-19 is minimal in most of U.S. including WA, OR, and ID.
- Test positivity in WA and OR decreased during the week ending on 7/19.
- Wastewater activity levels in WA, OR, and ID back down to low during week ending on 7/19.
- 1,319 measles cases in 39 states (through 7/22) with 3 deaths. 92% unvaccinated or with unknown vaccination status. 87% of cases associated with one of 29 outbreaks.
- There have been 10 cases of measles among Washington State residents (King, Snohomish, and Whatcom Counties), most related to international travel; no outbreak so far. Last case reported on 6/25.
- One case of measles in Oregon (Multnomah County) reported on 6/24.
- Overall numbers decreasing, but ongoing risk of outbreaks from imported cases.

Recommendations

- **Ensure patients at your clinics are up to date on immunizations to protect your patients and the community.**
- **Ensure anyone traveling internationally (including to Mexico and Canada) without presumptive evidence of immunity are vaccinated at least 2 weeks prior to travel (those ≥ 12 months old should receive 2 doses at least 28 days apart, infants ≥ 6 months old should receive 1 dose (revaccinated with 2 dose series starting at 12 months)).**
- **Consider using multiple strategies to increase vaccination rates** (e.g. reminder/recall, electronic prompts, standing orders, increasing patient access, provider audit and feedback with benchmarks, CME on provider communication techniques (e.g. boostoregon.org webinars including on motivational interviewing), vaccine clinics, reviewing/addressing vaccination status with WIC beneficiaries, messaging utilizing trusted messengers).
- **Prepare for measles:**
 - Ensure all health care workers have presumptive evidence of measles immunity and that N95 Respirator Fit Testing has been done in the past year.
 - If a measles case is identified in your community:
 - Develop signage and a protocol to screen patients for possible measles (e.g. fever and rash, with international travel, travel to a community with a measles outbreak, or known exposure to measles in the past 21 days).
 - Provide patients with possible measles a mask to wear and to immediately bring back to a designated room available (e.g. airborne infection isolation room if available).
 - Train staff, including front-desk to recognize, isolate, and evaluate patients with possible measles and in infection prevention (e.g. Project Firstline: Measles Infection Control Microlearn with discussion guide).
 - Ensure you have supplies for measles testing.
- **Consider measles** in anyone with a fever and generalized maculopapular rash with recent international travel or travel to an area with a measles outbreak, or exposure to a measles case.
- **Recommend testing performed in collaboration with local health jurisdiction** (throat or NP swab for measles PCR in viral transport media, possibly urine for measles PCR, blood for measles IgM and IgG).

Patient Education Resources for Immunizations for Measles and Other Vaccine Preventable Diseases

- IHS: <https://www.ihs.gov/epi/health-surveillance/educational-resources/>; <https://www.ihs.gov/NIPHC/public-health-messaging/>
- NPAIHB: Email vaccinative@npaihb.org to access the vaccine resource folder (while website is down; in the future, resources will be available at indiancountryecho.org).
- Centers for Disease Control and Prevention: <https://www.cdc.gov/measles/resources/index.html>
- Washington State Department of Health: <https://doh.wa.gov/you-and-your-family/illness-and-disease-z/measles>; <https://doh.wa.gov/you-and-your-family/immunization>; <https://doh.wa.gov/sites/default/files/2025-03/820310-MeaslesCommunicationsToolkit.pdf>
- Oregon Health Authority: <https://www.oregon.gov/oha/ph/diseasesconditions/diseasesaz/pages/measles.aspx>; <https://www.oregon.gov/oha/ph/preventionwellness/vaccinesimmunization/gettingimmunized/pages/index.aspx>
- Idaho Department of Health & Welfare: <https://healthandwelfare.idaho.gov/services-programs/children-families/child-and-adolescent-immunization>; <https://healthandwelfare.idaho.gov/services-programs/children-families/adult-immunization>
- American Academy of Pediatrics: <https://www.aap.org/immunization>; <https://www.healthychildren.org/immunizations>
- Boost Oregon: <https://boostoregon.org>
- Immunize.org: https://www.immunize.org/clinical/a-z/?wpsolr_fq%5B0%5D=audiences_str%3AVaccine%20Recipients&wpsolr_fq%5B1%5D=imm_language_str%3AEnglish
- Vaccine Education Center at Children's Hospital of Philadelphia: <https://www.chop.edu/vaccine-education-center>
<https://www.chop.edu/vaccine-update-healthcare-professionals/resources/vaccine-and-vaccine-safety-related-qa-sheets>
- Indian Country ECHO/UNM Project ECHO: <https://projectecho.app.box.com/s/piod28mg2rv66c7zpbf13u9lr3hzhiup>
“Making a Strong Vaccine Recommendation: Vaccine Communication”; “MMR Vaccine Outreach Strategies”; “Current Measles Response and Clinical and Prevention Best Practices”

Additional Resources

American Academy of Pediatrics. Measles. In: Kimberlin DW, Banerjee R, Barnett ED, Lynfield R, Sawyer MH, Long SS, eds. Red Book: 2024–2027 Report of the Committee on Infectious Diseases. 33rd Edition. Itasca, IL: American Academy of Pediatrics; 2024: 570-585.

Centers for Disease Control and Prevention. Adult Immunization Schedule by Age. Available at: <https://www.cdc.gov/vaccines/hcp/imz-schedules/adult-age.html>.

Centers for Disease Control and Prevention. Child and Adolescent Immunization Schedule by Age. Available at: <https://www.cdc.gov/vaccines/hcp/imz-schedules/child-adolescent-age.html>

Centers for Disease Control and Prevention. Guidelines for Environmental Infection Control in Health-Care Facilities. Available at: <https://www.cdc.gov/infection-control/media/pdfs/guideline-environmental-h.pdf>. 2003.

Centers for Disease Control and Prevention. Interim Infection Prevention and Control Recommendations for Measles in Healthcare Settings. Available at: <https://www.cdc.gov/infection-control/hcp/measles/index.html>

Centers for Disease Control and Prevention. Measles. In: Hall E., Wodi A.P., Hamborsky J., et al., eds. Epidemiology and Prevention of Vaccine-Preventable Diseases. 14th ed. Washington, D.C.: Public Health Foundation; 2021. Available at: <https://www.cdc.gov/pinkbook/hcp/table-of-contents/chapter-13-measles.html>

Centers for Disease Control and Prevention. Routine Measles, Mumps, and Rubella Vaccination. Available at: <https://www.cdc.gov/vaccines/vpd/mmr/hcp/recommendations.html#hcp>

Centers for Disease Control and Prevention. Questions About Measles. Available at: <https://www.cdc.gov/measles/about/questions.html>

Filardo TD, Mathis A, Raines K, et al. Measles. In: Roush SW, Baldy LM, Mulroy J, eds. Manual for the Surveillance of Vaccine Preventable Diseases. Atlanta, GA: Centers for Disease Control and Prevention. Paged last reviewed:05/13/2019. Available at: https://www.cdc.gov/surv-manual/php/table-of-contents/chapter-7-measles.html?CDC_AAref_Val=https://www.cdc.gov/vaccines/pubs/surv-manual/chpt07-measles.html

Oregon Health Authority. Measles / Rubeola (vaccine-preventable). Available at: <https://www.oregon.gov/oha/ph/diseasesconditions/diseasesaz/pages/measles.aspx>

Washington State Department of Health. Measles. Available at: <https://doh.wa.gov/you-and-your-family/illness-and-disease-z/measles>; <https://doh.wa.gov/public-health-provider-resources/notifiable-conditions/measles>

