

NPAIHB Weekly Update

February 11, 2025



NORTHWEST PORTLAND AREA
INDIAN HEALTH BOARD
Indian Leadership for Indian Health

Information for Today's Call

Agenda

- Welcome & Introduction: Bridget Canniff
- Announcements, Events, & Resources
- Public Health Update – Tribal Injury Prevention Program: Erin Nelson
- Partner Updates
- Questions & Comments
- Please place yourself on mute unless speaking
- Please sign in, using chat box, with your full name and tribe/organization
- Use the chat box for questions, for Q&A after updates and announcements



Upcoming Indian Country ECHO telehealth opportunities

- **NW Elders, Knowledge Holders and Culture Keepers ECHO** – 2nd Tuesday of every month at 12pm PT
 - Tuesday, February 11th 12pm PT
 - Didactic Topic: *Plant Love*
 - To learn more and join: <https://www.indiancountryecho.org/program/nw-elders-knowledge-holders-and-culture-keepers/>
- **Trauma Care ECHO** – 2nd Wednesday of every month at 6:30am PT
 - Wednesday, February 12th at 6:30am PT
 - To learn more and join: <https://www.indiancountryecho.org/program/trauma-care/>
- **Journey to Health ECHO** – 2nd & 4th Thursday of every month at 7am/12pm PT
 - Thursday, February 13th at 7am PT
 - Didactic Topic: *Canyon De Chelly*
 - To learn more and join: <https://www.indiancountryecho.org/program/journey-to-health-echo-program/>
- **Clinical Dementia ECHO** – 2nd Thursday of every month at 11am PT
 - Thursday, February 13th at 11am PT
 - Didactic Topic: *Dementia Types and Tailored Approaches*
 - To learn more and join: <https://www.indiancountryecho.org/program/dementia-echo-program/>

Weekly Update Schedule Preview: February

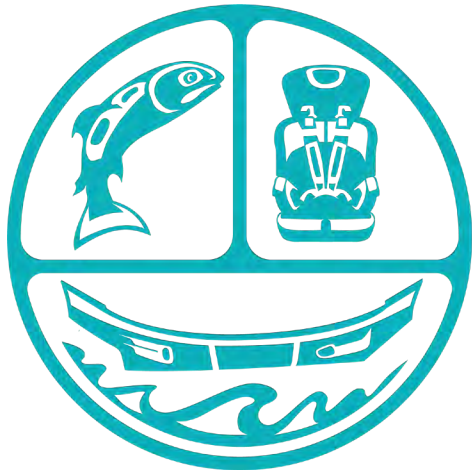
February 18: Pertussis & Other Respiratory Illness Surveillance Updates

February 25: Legislative & Policy Updates, Health Policy Team



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Visit www.npaihb.org/weeklyupdate for upcoming topics, past presentations, and more!



TRIBAL INJURY PREVENTION

Introducing the Tribal Injury Prevention Program

Presented by Erin Nelson, TIPCAP Coordinator

Environmental Public Health Team





Our Tribal Injury Prevention Program

- Focus on unintentional injuries as a leading cause of morbidity and mortality in tribal communities
- The program works with communities to create culturally relevant, evidence-based strategies
- Goals: Injury prevention program development, implementation, evaluation, training, and resource development
- Key Components:
 - Community Education & Awareness, Capacity Building & Training, Infrastructure & Environmental Safety, Policy Advocacy & Development, and Emergency Response Enhancement

Areas of Expansion

Lock Box/Trigger Locks for Firearm Safety

- Implementing solutions to prevent accidental firearm access.
- Addressing suicide prevention through secure storage options.



Elder Falls Prevention

- Targeting safety measures to reduce falls among elders.
- Focus on strategies to minimize hip fractures and related injuries.

Fire Prevention and Smoke Detectors

- Installing reliable smoke detectors for early detection and response.



Helmet and Bicycle Safety

- Importance of helmets to reduce risk of head injuries while biking.





Tribal Fishermen First Aid & Safety Training (FFAST)

Presented by NPAIHB Environmental
Public Health Program

MAY

5-6

2025



Location

Muckleshoot Casino
Resort
2402 Auburn Way S.
Auburn, WA 98002



Who should attend:

Tribal fishers and non-fishers, Canoe Journey pullers and support crew, Environmental Public Health, Emergency Preparedness, and all Tribal community members.

Space is limited to 15 participants

If you have questions please contact Rebecca Washakie at rwashakie@npalhb.org

Your safety is the greatest catch of all. Whether you're fishing for sustenance, tradition, or trade, always be prepared for the unexpected. By prioritizing safety, you honor both the water and your community. Stay vigilant, prepared, and return home every time.



The Tribal Fishermen First Aid and Safety Training (FFAST) course is a two-day intensive first aid course. It is built around the principles of wilderness first aid to help Tribal commercial fishers prevent and treat injuries they are likely to encounter on the water.

Training includes:

- Response to common fishery injuries and illnesses ranging from minor issues like seasickness or chapped hands to life-threatening injuries such as crush injuries or hypothermia
- Hands-on first aid skills and CPR
- Simulated accident or illness scenarios to practice your new first aid knowledge and skills.

Tribal Public Health Emergency Preparedness Conference and Training

May 5-9, 2025

Pre-conference trainings May 5th & 6th 2025

Tribal Water First Aid & Safety Training; Presented by NPAIHB EH Dept

L0584 Continuity of Operations (COOP) for Tribal Governments; Presented by FEMA

Registration link:

<https://tinyurl.com/2025TPHEPRegistration>

Presenter Proposals:

https://www.surveymonkey.com/r/2025_call_for_presenters

Vendor applications

<https://www.surveymonkey.com/r/TPHEP2025vendor>

Muckleshoot Casino

2402 Auburn Way S.

Auburn, WA 98002

Reduced rate \$188.00 rooms available until **April 24, 2025**, either click the button,

Call 253-804-4444 and ask for the Northwest Portland Area Indian Health Board Group

Rate, scan the QR Code or click the blue button:



Hotel Reservations

Questions?? Contact the planning team at NPAIHB at tphep@npaihb.org

De-escalation Training

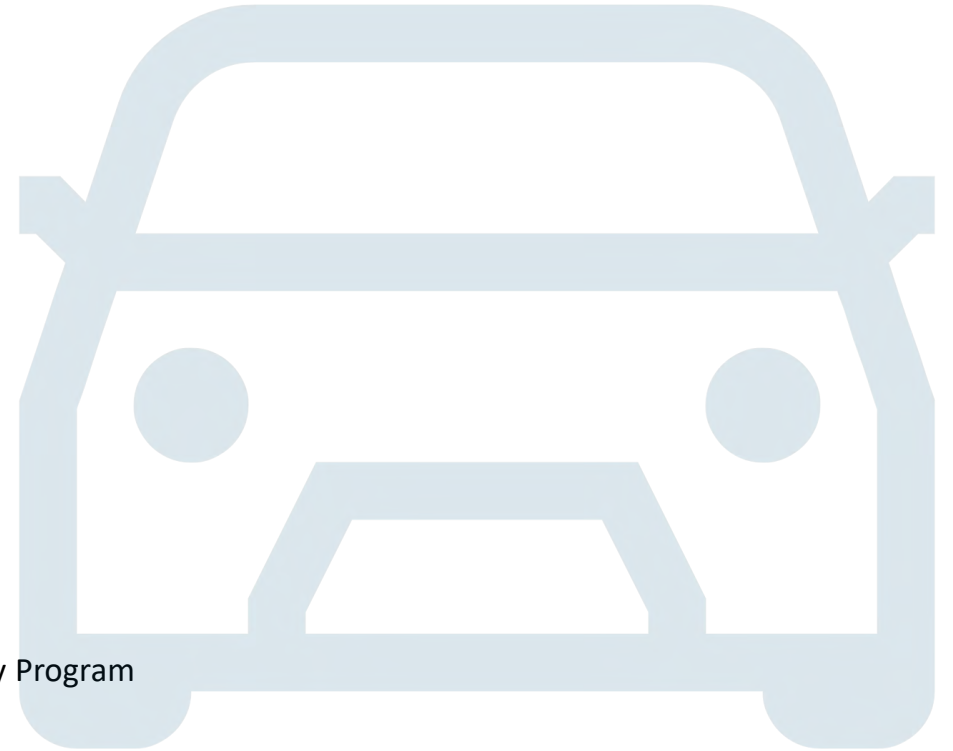
- Have been approached by a tribe requesting this training
 - In development
- Healthcare environments can be highly volatile and unpredictable.
- Importance of training in de-escalation techniques to ensure safety for staff and patients.
 - **Awareness:** Recognizing signs of escalating behaviors.
 - **Body Language:** Utilizing non-verbal cues to defuse tension.
 - **Communication:** Effective language techniques to calm situations.
- De-escalation training is crucial for creating a safer and more effective healthcare environment.
- Empowering staff with skills to manage and mitigate potential conflicts ensures a positive impact on patient outcomes and staff well-being.





Child Passenger Safety

- Car seat check-up and distribution events
 - We'll travel to your tribe to hold events with you
- Community car seat use data collection
 - Data collected is applicable to the BIA Indian Highway Safety Program Grants
- Safe Native American Passengers (SNAP) classes
 - Free child safety seat use education
- Child Passenger Safety Technician Certification Courses



Do you have children 0-12 years old?



Meet with local Indigenous Child Passenger Safety Technicians to learn about proper child safety seat use and installation

- These services are free
- **ALL** questions and concerns matter, we want to help

*Upcoming checkup station date:
Thursday Feb. 20th, 2 pm - 6 pm

Check up station location:

NW Portland Area Indian Health Board
2121 SW Broadway, Portland, OR 97201



Sign up to meet with a Child Passenger Safety Technician at our January checkup station!

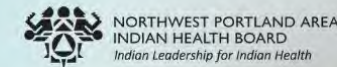
Use the QR Code or input the URL below into your browser:

carseatcheckup.youcanbook.me/

Contact Olivia with any questions at owhiting@npaihb.org or call/text **605-407-2417**

*Appointments are preferred for the check up station, those with appointments have priority, drop in checkups are taken as time allows

Child safety seat resources are available based on need for American Indian/Alaskan Native children
AND your child must be present



Who We Serve

Focus on all tribal community members

High-risk groups: Elders, children, individuals in areas with known safety hazards

Collaboration with communities to address their specific needs

Success Stories

- Colville Tribe: Reduced motor vehicle fatalities through community-driven child safety initiatives
- Nez Perce Tribe: Significant improvements in child passenger safety, reducing fatalities

Our Focus: Pedestrian Safety

- Identifying pedestrian safety risks in communities
- Evaluating data on pedestrian injuries and fatalities
- Creating Tribal Pedestrian Safety Action Plans (TPSAPs)
- Implementing traffic calming measures: roundabouts, gateways, pedestrian crossings



Pedestrian cont.

- New report: Pedestrian Safety in Tribal Areas
 - New assessment tool
- Road Safety Audits
- Site visit with Adam Larsen
- Us Road Assessment Program

does the project enhance community connectivity?

land uses are adjacent to the project site?

Risk Factor Summary

ations:

the appropriate factor for the project location. The Pedestrian Risk Score and supporting risk statistics informed by the saf provided on page 2. A narrative will be developed on page 3. Including maps or photos of the project, location may help oth tand this risk evaluation. The risk may change through a project area. Conducting a risk assessment every 1/2-mi or when ection changes may be necessary to accurately reflect different roadway segments. Develop a risk evaluation of the locati g and future conditions to demonstrate reduced risk scores.

ation and Environmental Factors

ximity to Land Uses or Pedestrian Attractors:

erating Environment:

pedestrian Crossing Distance¹:

ighting Condition at Vehicle-Pedestrian Conflict Areas:

sted Speed Limit:

pedestrian Exposure to Vehicles/Vehicle Traffic on the roadway (Average Daily Traffic):

pedestrian Activity²:

Infrastructure Factors

esence of Pedestrian Facilities³:

ved Shoulder Width:

edian Type:

ier Factors

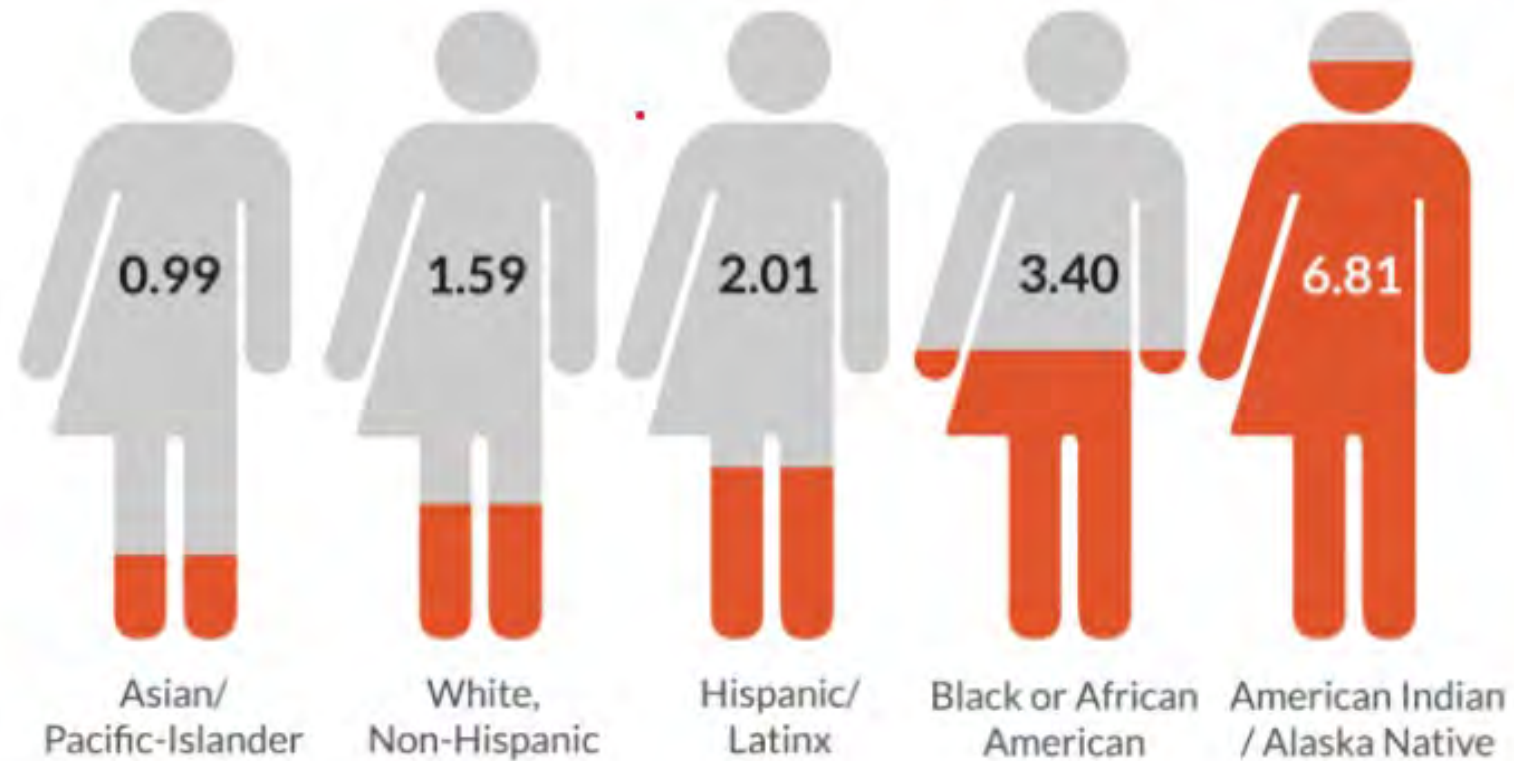
ior Vehicle-to-Pedestrian Crashes (or Near sses) Within the Last 5 Yrs⁴:

ailability of Public Safety Services⁵:

object Scale and Complexity:

Page 3

Pedestrian deaths per 100,000 by race & ethnicity (2018-2022)



Source: National Highway Traffic Safety Administration.
(2024). Fatality Analysis Reporting System.



Graphic: Smart Growth America, 2024



Why are Native pedestrian fatalities so high?

- The sheer prevalence of high-speed roads with few sidewalks in Native communities
- Forcible relocation to communities with high-speed highways close to homes, schools, businesses, and other destinations
- Roads built without regard for the safety of surrounding residents, or for cultural practices like long distance running
- Lack of funding or jurisdiction to build or redesign safe infrastructure

What we can do

- Help you with data needed to apply for infrastructure funding
 - Tribal Safety Plan
 - Crash data
 - Injury-related health care visits
- Technical assistance for funding applications
 - Safe States 4 All
 - Oregon's All Roads Transportation Safety funds





Funding Opportunities for Community Transportation Projects

- **Rural and Tribal Assistance Pilot Program**
 - No-match grants for transportation safety.
 - Up to \$27 million available.
 - Application opens March 4, 2025.
- **Mobility, Access, and Transportation Insecurity (MATI) Program**
 - Reimbursable grants for rural mobility.
 - \$1.246 million allocated.
 - Expression of Interest due March 14, 2025.
- **AARP Community Challenge**
 - Grants \$10,000 - \$25,000.
 - Enhances community spaces and mobility.
 - Deadline: March 5, 2025.

Call to Action - Let's Work Together!

- If your community faces motor vehicle accidents, pedestrian injuries, or other unintentional injuries (such as falls, drowning, fire/burn injuries, poisoning/overdose, suicide, or violence-related injuries), reach out!
- We want to expand our focus to these additional injury prevention areas, but we need to hear from communities to better understand their needs and priorities.
- Let's collaborate to create tailored solutions and improve safety across all areas of injury prevention.
- Together, we can build safer environments in tribal communities.





Thank You for Your Time!

Erin Nelson, Tribal Injury
Prevention Coordinator

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Phone: 971-430-2690



Partner Updates

Comments & Questions



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