



# Tribal Fishermen First Aid & Safety Training (FFAST)

Presented by NPAIHB Environmental  
Public Health Program

MAY

**5-6**

2025



Location

**Muckleshoot Casino  
Resort  
2402 Auburn Way S.  
Auburn, WA 98002**

## Who should attend:

Tribal fishers and non-fishers, Canoe Journey pullers and support crew, Environmental Public Health, Emergency Preparedness, and all Tribal community members.

## Space is limited to 15 participants

If you have questions please contact Rebecca Washakie at [rwashakie@npaihb.org](mailto:rwashakie@npaihb.org)

*Your safety is the greatest catch of all. Whether you're fishing for sustenance, tradition, or trade, always be prepared for the unexpected. By prioritizing safety, you honor both the water and your community. Stay vigilant, prepared, and return home every time.*

The Tribal Fishermen First Aid and Safety Training (FFAST) course is a two-day intensive first aid course. It is built around the principles of wilderness first aid to help Tribal commercial fishers prevent and treat injuries they are likely to encounter on the water.

## Training includes:

- Response to common fishery injuries and illnesses ranging from minor issues like seasickness or chapped hands to life-threatening injuries such as crush injuries or hypothermia
- Hands-on first aid skills and CPR
- Simulated accident or illness scenarios to practice your new first aid knowledge and skills.



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