

NPAIHB Weekly Update

July 30, 2024

Please sign in using the chat box:

Enter the tribe or organization you are representing
and names of all people participating with you today



NORTHWEST PORTLAND AREA
INDIAN HEALTH BOARD
Indian Leadership for Indian Health

Information for Today's Call

Agenda

- Welcome & Introduction: Bridget Canniff
- Upcoming Indian Country ECHO Sessions
- Upcoming NPAIHB Weekly Update Sessions
- Upcoming NPAIHB Events & Resources
- Legislative & Policy Update: Catherine Stensgar
- IHS-PAO Update: Dr. Geniel Harrison
- State Partner Updates
- Questions & Comments

Guidelines

- Please place yourself on mute unless speaking
- Sign in, using chat box, with your tribe/organization and names of all participants
- Use the chat box for questions, for Q&A after updates and announcements



NORTHWEST PORTLAND AREA
INDIAN HEALTH BOARD
Indian Leadership for Indian Health

Upcoming Indian Country ECHO telehealth opportunities

- **SUD ECHO** – 1st Thursday of every month at 11am PT
 - Thursday, August 1st at 11am PT
 - Didactic Topic: *Syphilis & Native Health Resources*
 - To learn more and join: <https://www.indiancountryecho.org/program/substance-use-disorder/>



Advancing Pharmacist Roles in Substance Use Disorder Treatment and Recovery Teams



Cardiology



Care and Access for Pregnant People



Community Health Representative



Dementia Caregiver Support ECHO



Dermatology



Ending the Epidemics in Indian Country ECHO Program



Grand Rounds



Harm Reduction



CHAP ECHO Learning Collaborative



Child & Adolescent Mental Health ECHO for Native American Youth



Clinical Dementia



Elders, Knowledge Holders and Culture Keepers



Emergency Medical Services



Emergency Medicine with Rural and Indigenous Communities/IHS



Hepatitis C



HIV



Infectious Disease

Weekly Update Schedule Preview: August

August 6: Public Health Update – TBD

August 13: Public Health Update – Tribal Public Health Workforce Development

August 20: NWTEC Update New Tribal Memoranda of Agreement for Data Sharing

August 27: Legislative & Policy Update



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Visit www.npaihb.org/weeklyupdate for upcoming topics, past presentations, and more!

Upcoming NPAIHB Events

- 2nd Annual NW Tribal Brain Health & Dementia Summit – August 21-22, Portland, OR *Registration closes August 13*
<https://www.surveymonkey.com/r/LTVHSVK>
- Native Fitness XVIII – August 21-22, Providence Park, Portland, OR *Email wtdp@npaihb.org for more info*
<https://www.npaihb.org/modernevent/native-fitness-xviii/>
- Northwest Tribal Food Sovereignty Gathering – September 3-5, Toppenish, WA
<https://lp.constantcontactpages.com/ev/reg/6uws2tj>



2024 NORTHWEST TRIBAL BRAIN HEALTH & DEMENTIA SUMMIT

WEAVING TOGETHER CULTURE, WISDOM, & RESEARCH

Presentations By:

NW Tribal Elders Panel



About: The Northwest Tribal Brain Health and Dementia Summit is a space where there will be presentations that include information, education, awareness, and current research to address brain health, Alzheimer's, related dementias and memory/cognitive decline in Indian Country

[Visit our website](#)

[August 21st & 22nd 2024](#)

[Embassy Suite, By Hilton, PDX Airport](#)

[Book your stay here](#)

Register now at :
[2024 NW Dementia Summit](#)

Dr. Turner Goins

PHD,
Western Carolina University

Dr. R. Kim Hartwig

MD,
Medical Health Director,
NIMiPuu Health

Dr. J Neil Henderson

PHD,
University Of Minnesota

Dr. Jordan Lewis

PHD,
University Of Alaska Fairbanks

Dr. Will Mantyh

MD,
University of Minnesota



NPAIHB
Indian Leadership for Indian Health

Vendor / Exhibitor Registration:
[Vendors register here](#)

This flyer and webinar/meeting is supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$900,000 with 100 percent funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.



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Indian Leadership for Indian Health

NPAIHB Events Calendar: <https://www.npaihb.org/npaihb-events/>



Vaccination information
for Natives by Natives

COVID-19 Vaccine

We have many ways to optimize our health and improve our lives. Vaccines are just one way we can protect ourselves from serious illnesses, like COVID-19 and the impacts of long COVID.

This handout is designed to help you understand COVID-19 and COVID-19 vaccines, so you can take care of yourself, your family, and your community.



"As a Crow Tribal member, we did lose a lot before vaccines... Now, we are social gatherers. When we get vaccinated, we are protecting our people. And vaccines do help with that. It's important to get vaccinated."



Vaccination information
for Natives by Natives

Staying Safe from Respiratory Illnesses

Common COVID-19 Symptoms

COVID-19 is a virus that attacks your whole body and causes some or all of these symptoms:

- Fever
- Cough
- Loss of taste and smell
- Headaches
- Shortness of breath

COVID-19 can also result in hospitalization and death, especially for the conditions and Elders. It can also result in a range of ongoing health problems, months, or even years.

How COVID-19 Spreads

COVID-19 spreads through droplets in the air when a person with the virus also spread through objects someone with the virus touches, sneezes, or touch these objects and then touch your mouth, nose, or eyes.



Our ancestors faced many serious respiratory illnesses. Some even died from them. Respiratory illnesses - like flu, RSV, and COVID - are still very serious today. However, nowadays we are fortunate to have vaccines that can help us protect ourselves and our communities.

This handout is designed to help you and your family stay healthy and avoid respiratory illnesses.



"Get vaccinated as early as possible. Often the most up-to-date vaccines for flu, RSV, and COVID are available in early Fall, because peak illness season runs from then through Spring. But getting your shots later is better than not getting them at all. Talk with your provider."

- Tom Lutz, MPH, MHA, Lummi Nation Tribal Elder

Common Symptoms

Respiratory illnesses attack your whole body and cause some or all of these:

- Fever & Chills
- Sore throat
- Headaches
- Tiredness
- Cough
- Runny nose
- Muscle aches
- Trouble breathing

They can also result in hospitalization or even death, especially for those most vulnerable, like Elders, infants, and people with certain medical conditions.

Respiratory illnesses are Sneaky

About once a year, flu, RSV, and COVID-19 all change how they look to try to trick your body. That's why we need to get flu, RSV, and COVID-19 shots each year - so our bodies can stay up to date on how to recognize and fight these serious respiratory illnesses.

Respiratory illnesses are common infections that affect our nose, throat, lungs, and breathing passages.



Vaccination information
for Natives by Natives

Long COVID

Some people who get COVID-19 experience Long COVID - a condition that can include a range of health problems that may last weeks, months, or even years.

Fortunately, there are ways you can protect yourself and your community from Long COVID. This handout is designed to help you understand this condition and how to stay safe.

Community wasn't sure what to do or what would happen. When the hopeful. Now, we feel so much better. COVID is an obstacle our community, but the vaccines make us feel more confident and protected."

- Sylvia Hollow Horn, Ogala Lakota Elder

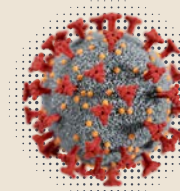
... or weeks. But some people have symptoms that last weeks, months, or even years. Problems that last more than four weeks after COVID infection.

- Difficulty thinking or concentrating
- Sleep problems
- Depression or anxiety
- Change in smell or taste
- Diarrhea
- Joint or muscle pain

... while others experience two or more. Symptoms vary from person to person.

COVID-19 IS NOW LARGELY

ENDEMIC



Why it Matters?

COVID-19 will be more severe than the flu, likely twice the death rate. Mainly impacting elders, those under six months, and those medically fragile. We need to remain vigilant.

Actions You Can Take



Vaccination

Receive all COVID-19 vaccines you are eligible for. They decrease disease severity and prevent long COVID.

01



Boosters

Boosters are important to maintain strong immunity as the virus evolves. They reduce hospitalizations and deaths.

02



Test

If symptomatic, test twice at home, 48 hours apart. If you are at high risk, test early via PCR (they are accurate early) with your health care provider.

03



Mask

Wear N95 masks when you feel ill, have been exposed, or are at risk for infection.

04



Treat Early

Paxlovid works best within the first five days. Don't wait until you are very sick.

05



Clean Air

Ventilation and filtration improve indoor air quality. Air filters work for wildfire smoke, too!

06

Together, we can make a difference.

www.indiancountryecho.org/vaccinative/#handouts



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NORTHWEST PORTLAND AREA
INDIAN HEALTH BOARD
50 Years of Indian Health Leadership

Updated 7/2/24

LEGISLATIVE &
POLICY
UPDATE



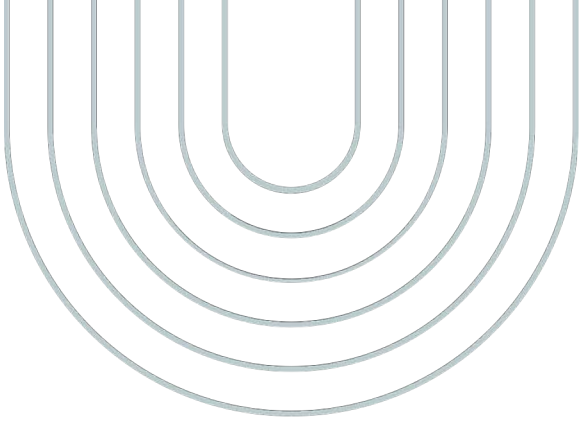
NPAIHB Weekly Update
Tuesday, July 30, 2024



REGIONAL SPECIALTY REFERRAL CENTER



NPAIHB
Indian Leadership for Indian Health



PROBLEM

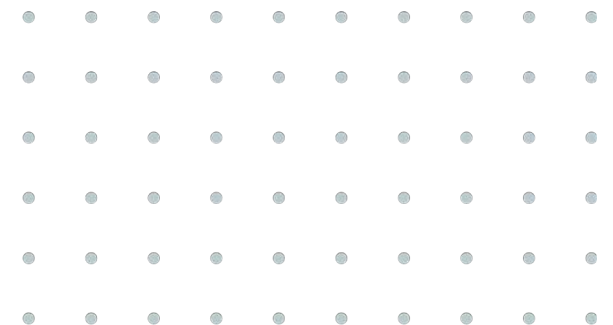
The recently enacted Further Consolidated Appropriations Act 2024 rescinds \$1.25B from the HHS NEF account by September 30, 2024.

The \$1.25B HHS NEF account includes the facility design and build funding.

PURPOSE

The project aims to demonstrate the benefits of regionalized specialty care and establish planning criteria for future facilities.

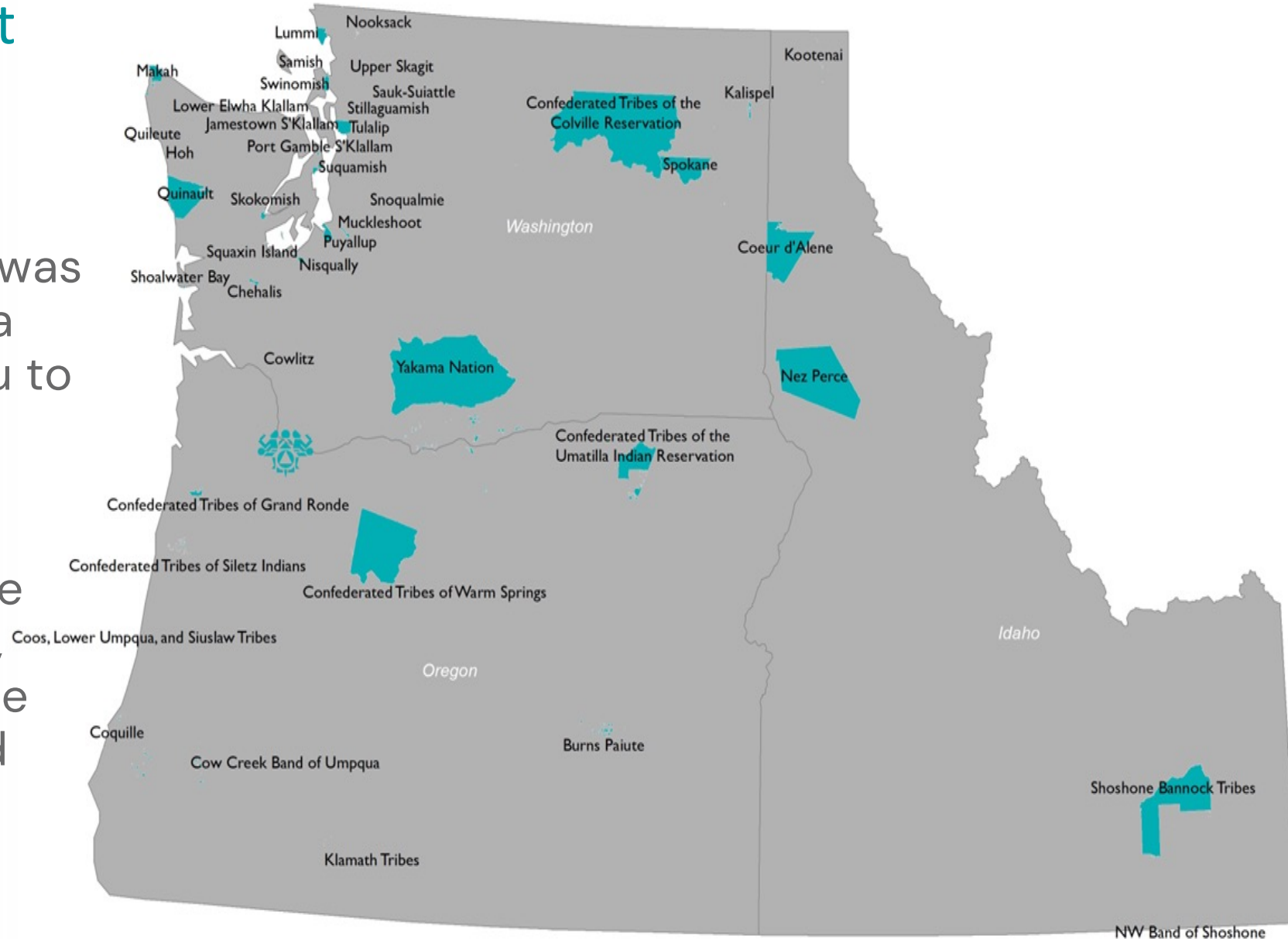
The facility is projected to be the first of three in the region.



P.L. 93-638 Contract

On June 6, IHS issued a Notice of Funding Availability (NOFA). The Puyallup Tribe of Indians was the only Tribe to submit a letter of intent. Thank you to the Puyallup Tribe!

In order to successfully execute a contract before the end of the fiscal year, authorizing resolutions are required from all Portland Area Tribes as soon as possible.





ACTION NEEDED



20 YEARS IN THE MAKING	PAFAC RECOMMENDATION	H.R. 2882	PL. 93-638 CONTRACT	ACTIVE ACTION NEEDED
The Portland Area Facilities Advisory Committee (PAFAC), NPAIHB, and Portland Area Tribes have advocated for IHS to implement a regional specialty referral center demonstration project	PAFAC evaluated several options and recommended the demonstration project proceed in Fife, WA, on the property made available under a no-cost lease by the Puyallup Tribe of Indians	The recently enacted Further Consolidated Appropriations Act, 2024 rescinds \$1.25B from the HHS NEF account by September 30, 2024	The P.L. 93-638 contract regulations state a tribe's proposal must include current (unrevoked) authorizing resolutions to support the contract proposal.	Authorizing resolutions are required from Portland Area Tribes ASAP to successfully execute a contract before September 30, 2024.



NPAIHB Website

The NPAIHB Policy website has up to date RSRC resources and documents



RESOURCES



CAPITOL HILL



FY 2025 Appropriations

House Passes, Senate Appropriations Committee Approves FY 2025 Interior and Environment Appropriations Bill: On July 24, after two days of House floor debate, the House of Representatives voted 210 to 205 to pass the FY 2025 appropriations bill for Interior and the Environment (H.R. 8998), as amended.



Hill Visits

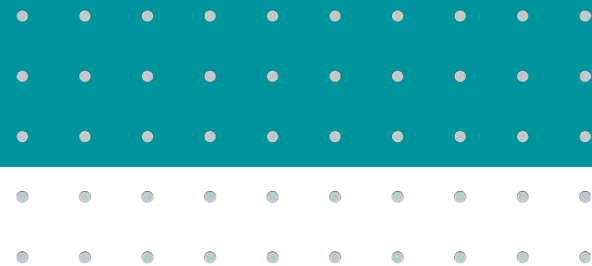
Chairman Lewis provided testimony to House Interior Appropriations Subcommittee

- Conducted several Hill meetings

NPAIHB submitted House and Senate Testimony for FY 2025



UNITED STATES SUPREME COURT



SUPREME COURT CONTRACT SUPPORT COSTS VICTORY!

"If the IHS did not reimburse the contract support costs necessary for tribes to run their healthcare programs, that would impose a penalty on tribes for opting in favor of greater self-determination."

Chief Justice John Roberts
WRITING FOR MAJORITY



EMERGENCY ABORTIONS IN IDAHO

"No woman should be denied care or wait until she's near death or forced to flee her home state just to receive the healthcare she needs."

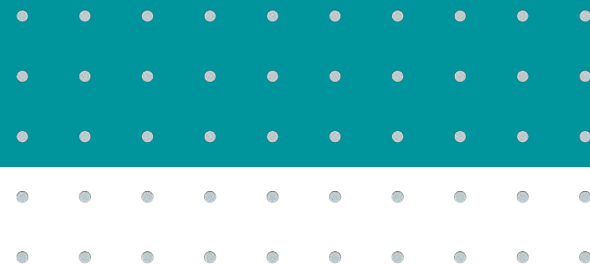
Karine Jean-Pierre
WHITE HOUSE PRESS
SECRETARY



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CMS Updates

National

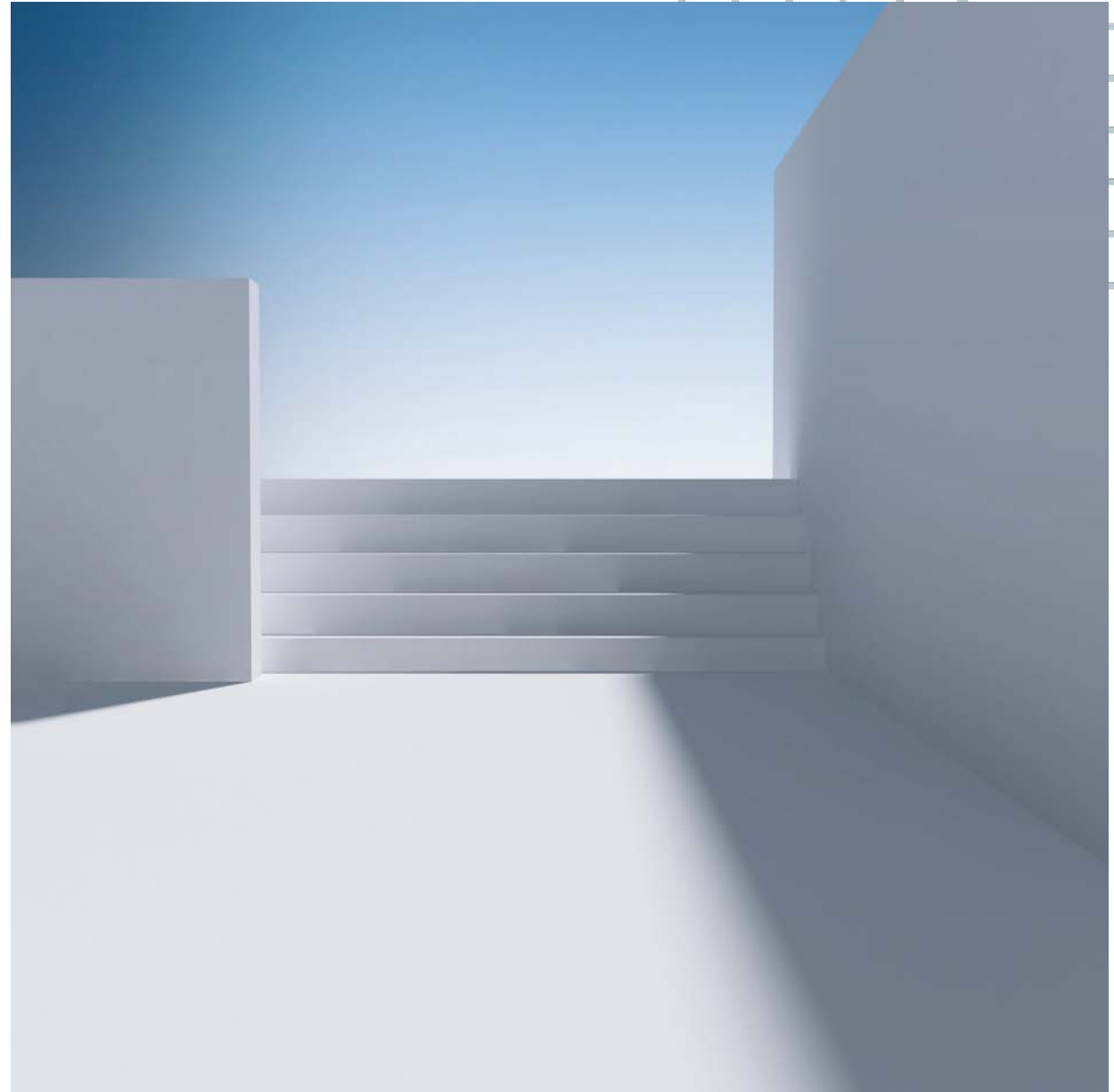


CMS Proposed Rule: 4 Wall Issue Exception

This proposed rule would provide exceptions to the Medicaid clinic services benefit four walls requirement for Indian Health Service and Tribal clinics, and, at state option, for behavioral health clinics and clinics located in rural areas.

Comments Due: Sep 9, 2024

**Tribal Caucus will be
scheduled in August**



CMS Proposed Rule Changes Cont'd

- **Narrows the description of “custody” for purposes of Medicare’s no legal obligation to pay payment exclusion.**
- **Revises the eligibility requirements in the special enrollment period (SEP) for formerly incarcerated individuals** to tie the eligibility for this SEP to the determination made by the Social Security Administration that they are no longer incarcerated for releases that occur on and after January 1, 2025.
- **Proposes to codify** the requirement in the Consolidated Appropriations Act, 2023 (CAA, 2023) to provide **12 months of continuous eligibility to children under the age of 19 in Medicaid and CHIP, with limited exceptions.**
- **Requests** further information related to a Tribal Technical Advisory Group request to apply the Indian Health Service encounter rate to all outpatient tribal clinics.

Comments Due: Sep 9, 2024

OR 1115 WAIVER ON TRIBAL-BASED PRACTICES

Oregon State

1115 Waivers Oregon

“Tribal Based Practices” as a
Medicaid–Covered benefit.



UPCOMING CONSULTATIONS & LISTENING SESSIONS

IHS Tribal Self-Governance
Report to Congress Comments
Due

August 2, 2024

CDC & OMB LISTENING SESSION ON
TRIBAL PUBLIC HEALTH PRIORITIES

In-person and virtual options
Seven Feathers Hotel in
Canyonville, Oregon
August 7, 2024

TRIBAL CONSULTATION ON E.O.
14112

Virtual Consultation
August 9, 2024

OASH TRIBAL CONSULTATION ON
SYPHILIS & CONGENITAL SYPHILIS
OUTBREAK

Virtual Consultation
August 5, 2024, 10:00–11:30 AM PT

IHS HIT MODERNIZATION TRIBAL
CONSULTATION SERIES

August 8, 2024
10:30 –12:00 PM PST

UPCOMING REGIONAL & NATIONAL MEETINGS

BIANNUAL CDC/ATSDR TRIBAL ADVISORY COMMITTEE

In-person and virtual options
August 7-8, 2024

IHS HEALTH INFORMATION TECHNOLOGY (HIT) MODERNIZATION SUMMIT

In-person in Phoenix, Arizona
August 16, 2024

IHS PARTNERSHIP CONFERENCE & DIRECT SERVICE TRIBES NATIONAL MEETING

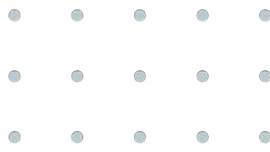
In-person in Phoenix, Arizona
August 13-15, 2024

IHS SPONSORED TRIBAL BEHAVIORAL HEALTH CONERENCE

Cowlitz Indian Tribe, Ridgefield, WA
August 27-29, 2024

Monthly

Weekly



NPAIHB Weekly Update
via Zoom (4th Tuesday)

Legislative and Policy
Updates

NPAIHB POLICY RESOURCES

Cindy Darcy's D.C.
Legislative Updates

Quarterly Board Meeting
Update

Weekly

Quarterly

POLICY TEAM



NPAIHB

Indian Leadership for Indian Health



CANDICE
JIMENEZ, MPH

CONFEDERATED TRIBES OF WARM
SPRINGS

Chief of Staff
cjimenez@npaihb.org



HILARY
EDWARDS, JD

SWINOMISH INDIAN TRIBAL
COMMUNITY

General Counsel
hedwards@npaihb.org



REBECCA
DESCOMBES

INUPIAQ

Health Policy Assistant
rdescombes@npaihb.org



CATHERINE
STENSGAR

NOOKSACK INDIAN TRIBE

Executive &
Communications
Coordinator
cstensgar@npaihb.org

THANK YOU!

Please reach out if you have any questions.



NPAIHB

Indian Leadership for Indian Health

Portland Area IHS Update

GENIEL HARRISON, MD
CHIEF MEDICAL OFFICER
OFFICE, PORTLAND AREA IHS
JULY 30, 2024



Topics for Today

Current Situation Report –

- COVID-19
- Vaccine Recommendations
- Medetomidine

COVID-19 Update in the US

COVID-19 Update for the United States

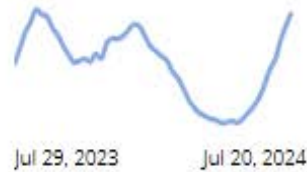
Early Indicators

Test Positivity >

% Test Positivity

14.3%

Week ending July 20, 2024
Previous week 13%

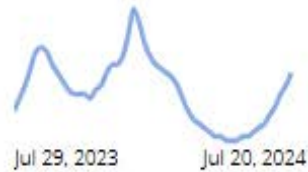


Emergency Department Visits >

% Diagnosed as COVID-19

1.9%

Week ending July 20, 2024
Previous week 1.6%



These early indicators represent a portion of national COVID-19 tests and emergency department visits. [Wastewater](#) information also provides early indicators of spread.

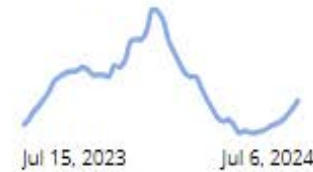
Severity Indicators

Hospitalizations >

Rate per 100,000 population

2.9

Week ending July 6, 2024
Previous week 2.5

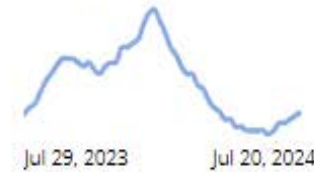


Deaths >

% of All Deaths in U.S. Due to COVID-19

1.1%

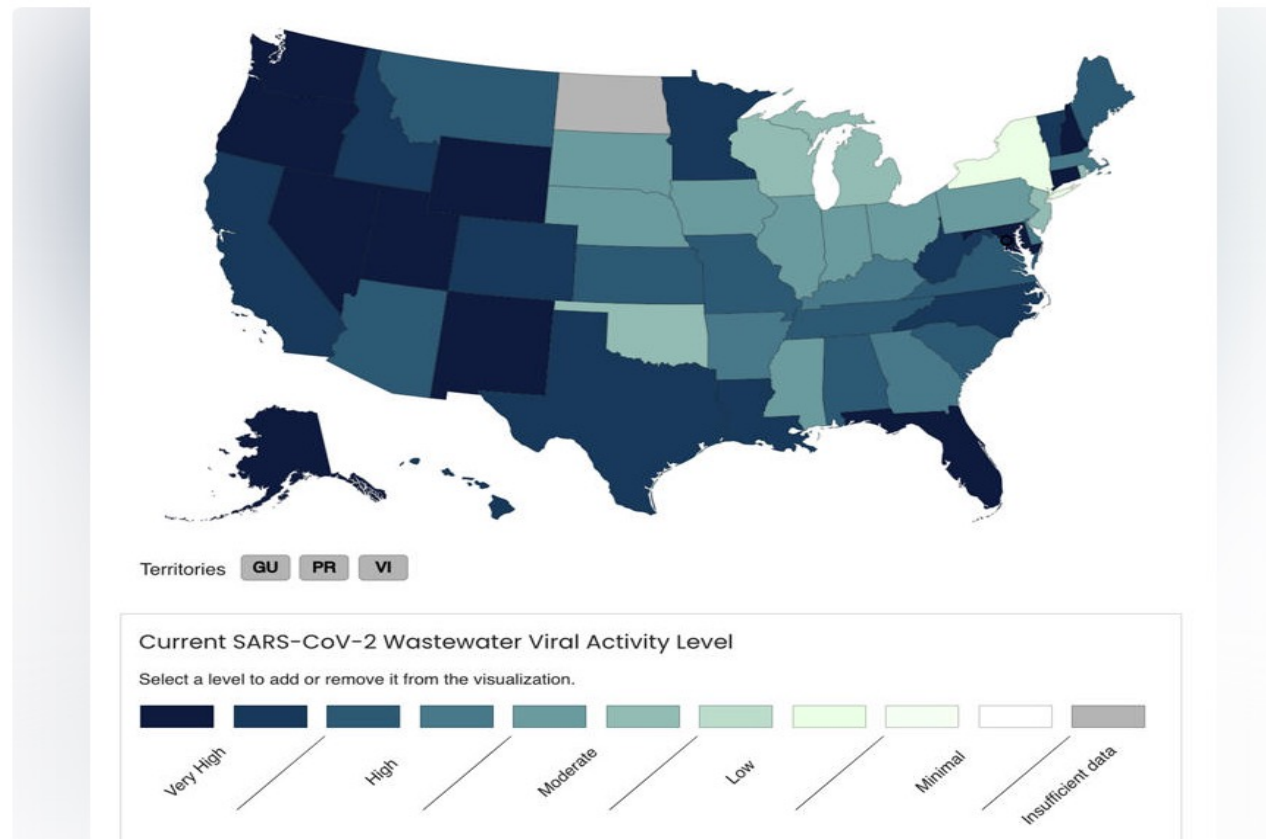
Week ending July 20, 2024
Previous week 1%



CDC | Test Positivity data through: July 20, 2024; Emergency Department Visit data through: July 20, 2024; Hospitalization data through: July 6, 2024; Death data through: July 20, 2024.
Posted: July 29, 2024 2:55 PM ET

COVID-19 Wastewater Surveillance

The CDC categorizes COVID-19 viral activity in wastewater into five levels: very high, high, moderate, low and minimal.

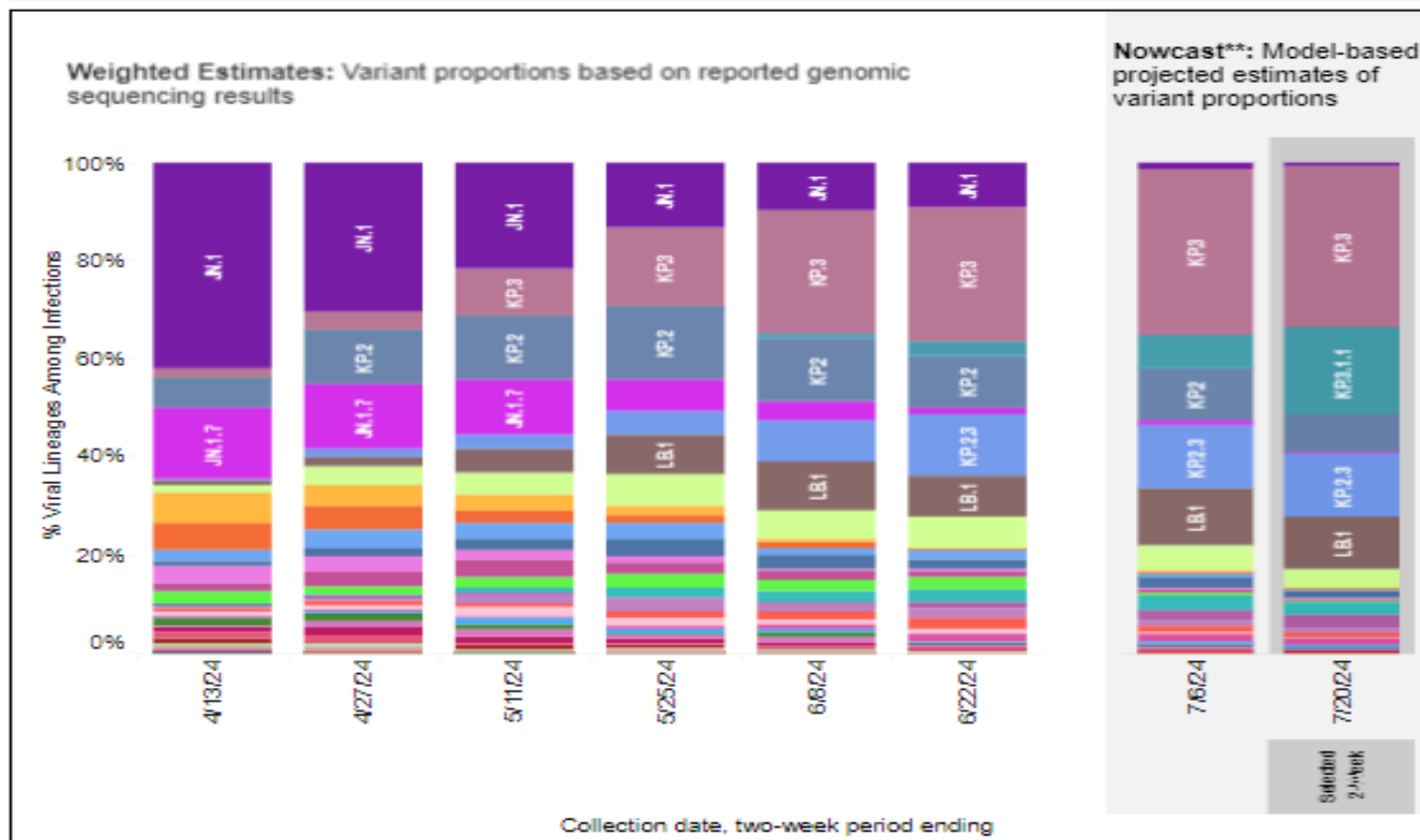


Variants

Weighted and Nowcast Estimates in United States for 2-Week Periods in 3/31/2024 – 7/20/2024



Hover over (or tap in mobile) any lineage of interest to see the amount of uncertainty in that lineage's estimate.



Nowcast Estimates in United States for 7/7/2024 – 7/20/2024

USA			
WHO label	Lineage #	%Total	95%PI
Omicron	KP.3	32.9%	27.1-39.3%
	KP.3.1.1	17.7%	8.3-32.9%
	KP.2.3	12.8%	8.0-19.8%
	LB.1	10.5%	8.5-12.9%
	KP.2	7.6%	5.5-10.3%
	KP.1.1	3.8%	2.6-5.5%
	LP.1	2.7%	0.8-7.7%
	KP.1.1.3	2.6%	1.6-4.4%
	LF.3.1	1.7%	0.5-4.7%
	JN.1.16.1	1.5%	1.1-2.2%
	KS.1	0.9%	0.6-1.5%
	KP.4.1	0.9%	0.4-2.1%
	XDV.1	0.7%	0.3-1.5%
	JN.1	0.6%	0.3-1.2%
	KW.1.1	0.5%	0.3-0.9%
	JN.1.11.1	0.5%	0.3-0.7%
	KP.1.2	0.4%	0.2-0.9%
	JN.1.7	0.4%	0.3-0.6%
	JN.1.16	0.4%	0.2-0.7%
	JN.1.18	0.3%	0.2-0.6%
	JN.1.13.1	0.1%	0.1-0.2%
	KQ.1	0.1%	0.0-0.2%
	JN.1.8.1	0.0%	0.0-0.1%
	JN.1.32	0.0%	0.0-0.1%
	XDP	0.0%	0.0-0.1%
	JN.1.4.3	0.0%	0.0-0.1%
	KV.2	0.0%	0.0-0.0%
	BA.2	0.0%	0.0-0.0%

COVID Guidelines in 2024

- Wear a high-quality mask in crowded indoor areas.
- Stay up to date with COVID-19 vaccines.
- Test if you have symptoms or an exposure.
- Stay home until symptoms are improving and you've been fever-free for at least 24 hours and take additional precautions, including masking, for at least five days afterward.
- Improve ventilation (open windows, use portable filters).
- Practice social distancing.

Vaccine Recommendations

- The Advisory Committee on Immunizations Practices (ACIP) and the CDC recommend a repeat vaccine against both COVID-19 and influenza
- The COVID vaccine would become an annual event
- Encourage to take the 24-25 seasonal COVID vaccine in September/October
- Pregnant women in their third trimester who will deliver prior to September are encouraged to get vaccinated as soon as the vaccine is available to confer maternal immunity on their newborns
- Children who need two doses of flu vaccine should get the first dose as soon as this season's vaccines are available.
- Those over 60 years who have increased risk should also consider taking the RSV vaccine (if not previously taken)

Naloxone

Bridge Access Program:

- Will end in August 2024 due to loss of federal funding
- This program provided no-cost COVID-19 vaccinations to uninsured or underinsured adults

Naloxone available by mail in WA:

- The mail order program is meant for people who can't easily access a kit from a pharmacy or community organization.
- Individuals can now order one free naloxone kit per month, to be delivered by mail.
- [Order by mail](#) – order one free naloxone to be delivered by mail per month.
- [Find naloxone in Washington](#) – search for pharmacies and community organizations that offer naloxone without a prescription.

Naloxone

Naloxone available by mail in OR:

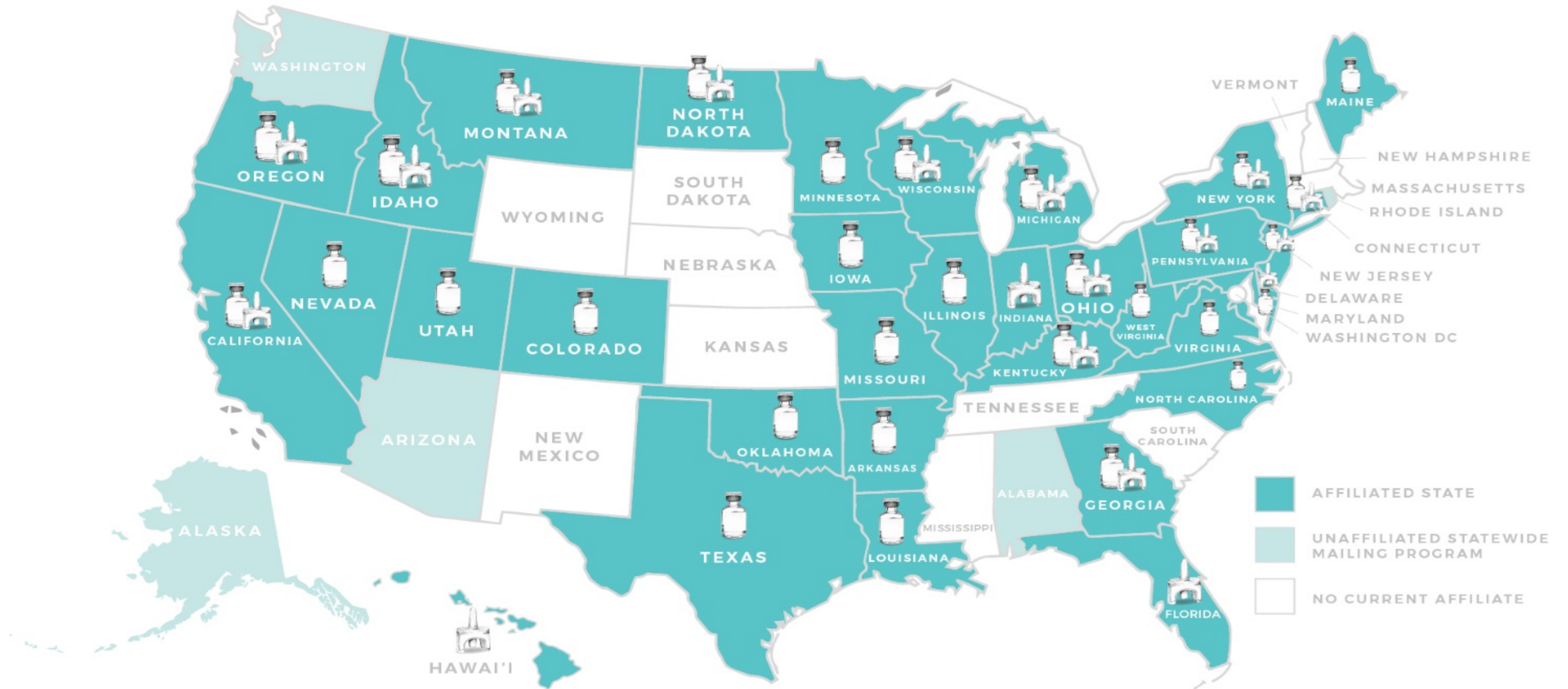
- The mail order program is meant for people who are unable or unwilling to access in-person services in Oregon.
- To qualify, you will need to view a training video, answer a short quiz, and provide request details.
- [OR Naloxone by Mail — NEXT Distro](#) order one free naloxone to be delivered by mail.

Naloxone available in ID:

- Covered by Medicaid
- Organizations in ID may request free naloxone [DHW Naloxone Request Form 2.0 \(keysurvey.com\)](#)

[Next Distro: Free Naloxone Access for Impacted Communities — NEXT Distro](#)

[Next Distro: Free Naloxone Access for Impacted Communities — NEXT Distro](#)



Medetomidine—another dangerous drug

- Often used by veterinarians as an animal tranquilizer
- In the same drug classification as xylazine
- This dangerous **sedative** is being mixed into counterfeit fentanyl, heroin, and cocaine
- The proportion of medetomidine in the drug material varies by sample (like xylazine, fentanyl)
- It **slows the heart rate** to dangerous levels (as low as the 20's) and **drops blood pressure**
- It is causing overdose outbreaks in several states
- Does not respond to naloxone (not an opioid) but use naloxone if someone is suspected to have overdosed because medetomidine is almost always used in combination with opioids
- There are currently no test strips available to test for medetomidine



State Partner Updates



NORTHWEST PORTLAND AREA
INDIAN HEALTH BOARD
Indian Leadership for Indian Health

Free COVID-19 Testing Supplies for Tribes

Washington

[Tribal Order Request Form](https://app.smartsheet.com/b/form/6574ac36b4f748269cac2507f2ab2f8e)

(<https://app.smartsheet.com/b/form/6574ac36b4f748269cac2507f2ab2f8e>)

Available through July 31, 2024

Individual COVID-19 testing gear: swabs for sample collection, biohazard bags for safe sample storage, transportation bags for secure shipping and ice packs to keep samples cool. Inteliswab® at-home test kits also available in boxes of 48 tests each.

Oregon

[Abbott COVID-19 Tests Request Form](https://app.smartsheet.com/b/form/5ebd5f9f9a854d7bab7e00f48d2464bd)

(<https://app.smartsheet.com/b/form/5ebd5f9f9a854d7bab7e00f48d2464bd>)

Abbott BinaxNOW Rapid Antigen Test Kits for clinical use (organizations that have a CLIA waiver) and Abbott ID NOW COVID-19 test kits: request online

[ASPR Self-Test Ordering Form \(OHA\)](https://app.smartsheet.com/b/form/f367a9f9517748a4a501cdbc6622f171)

(<https://app.smartsheet.com/b/form/f367a9f9517748a4a501cdbc6622f171>)

Federal program providing free self-tests to approved groups, including tribes; minimum order ~450 tests. Contact Stephen Wilcox for more info (Stephen.wilcox@oha.oregon.gov).

Questions and Comments



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