



NORTHWEST PORTLAND AREA
INDIAN HEALTH BOARD
Indian Leadership for Indian Health

TRIBAL HEALTH PATHWAYS

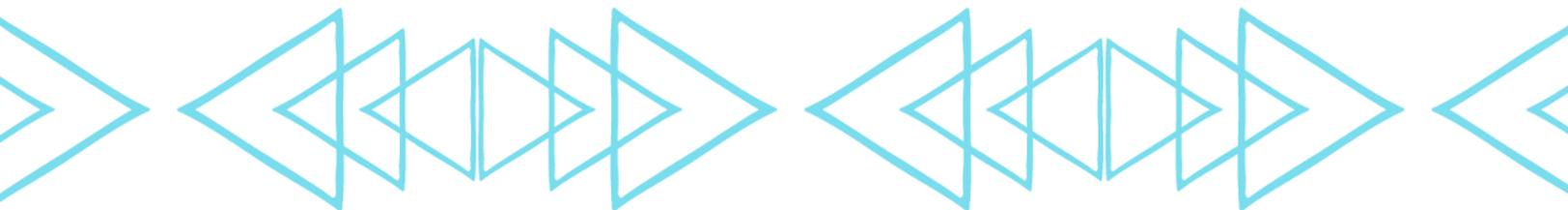


a resource guide

first edition

OUR GOAL

We aim to inspire Native youth and young adults to pursue careers in public health and healthcare so they can care for their communities.





**make
your
own
path.**

USING THIS GUIDE TO FIND YOUR PATH

This guide features opportunities for Native middle school, high school, and college students who may be interested in exploring careers in healthcare and public health.

Who can use this guide?

Teachers, students, mentors, parents, or any caring adult



What's your path?

Check out programs in medicine, nursing, public health, laboratory science, or research and find your path!

What's inside?

Programs are organized into three chapters: middle school, high school, and college/graduate. Each chapter is further organized into regions, depending on where the opportunity is located.

GUIDE SET-UP



How to find your way in this guide?

Programs are **color-coded**, so you can easily know what educational level you are in. The color schemes for each chapter are shown in the key to the right.



KEY

MS

middle school programs
in all regions

HS

pacific nw, west, &
national high school
programs

CG

pacific nw, west, &
national programs for
college/graduate students

Information in this guide

We have included important program details like location, format, costs, and a brief description. You can also go to the program website by clicking on the program name. Here is a sample of what you'll find:

hyperlink  [Dream Catcher Program](#)

Format: In-person

Location: Northern Arizona University (Flagstaff, AZ)

Duration: One full day

**important
details** 

Cost: Free

Description: One day program introducing AI middle school students to various health care careers. Note: website is currently being updated to reflect the Dream Catcher program.

Deadline: None specified

MIDDLE SCHOOL PROGRAMS



all regions

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[Creighton Mini Medical School](#)

Format: In-person

Location: Nebraska or Arizona

Duration: One day over a weekend

Cost: \$300 scholarships available

Description: For rural, AI, first-generation, and middle school students from under represented groups interested in learning more about careers in medicine. Students are paired with a medical student for long-term mentor and contact.

Deadline: None specified

[Dream Catcher Program](#)

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Duration: One full day

Cost: Free

Description: One day program introducing AI middle school students to various health care careers. Note: website is currently being updated to reflect the Dream Catcher program.

Deadline: None specified

[Investigators of Science](#)

Format: In-person

Location: Eastern Oregon University, Le Grande, OR

Duration: One day

Cost: \$10.00

Description: Hosted by Eastern Oregon University and Northeast Oregon Area Health Education Center (NEOAHEC), this program is designed for students who are interested in learning more about science, technology, engineering, and math. The goal of this program is to show how STEM fields are part of the healthcare fields. Not AI/AN-specific.

Deadline: Reopens Fall 2024

[Montana American Indians in Math & Science](#)

Format: In-person

Location: University of MT campus

Duration: One or two weeks depending on track

Cost: Free

Description: MT AIMS provides STEM programming

for 6th-10th grade AI/ANs across the US with the hope of supporting students through a PhD program. This program would be ideal for individuals curious about research careers in the sciences.

Deadline: None specified





YOU CAN !