

If someone you know is in  
immediate danger, please call 911.

For information on how to help a  
victim, contact:

The National Domestic  
Violence Hotline

1-800-799-SAFE (7233)

[www.thehotline.org](http://www.thehotline.org)

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(Placeholder for local resources)

Northwest Portland Area  
Indian Health Board  
[www.npaihb.org](http://www.npaihb.org)



**WHAT IS  
DONE TO ONE  
IS FELT  
BY ALL**

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**PROTECT OUR LOVED ONES**



**45% of American Indian/Alaska Native women have experienced intimate partner violence, and 1 in 7 men is a victim of intimate partner violence.**

- Intimate partner violence is also known as domestic violence. It involves physical and sexual violence, as well as emotional abuse and threats of violence.
- IPV affects both heterosexual and same-sex couples, even if they do not have a sexual relationship.

- If you know someone who is in an abusive relationship, tell them that you are concerned for their safety, acknowledge that they are in a difficult situation, be supportive, and encourage them to get help.



**HONOR OUR PEOPLE**