

NPAIHB Weekly Update

April 16, 2024

Please sign in using the chat box:

Enter the tribe or organization you are representing
and names of all people participating with you today



NORTHWEST PORTLAND AREA
INDIAN HEALTH BOARD
Indian Leadership for Indian Health

Information for Today's Call

Agenda

- Welcome & Introduction: Bridget Canniff
- Upcoming Indian Country ECHO Sessions
- Upcoming NPAIHB Weekly Update Sessions – New Website!
- Upcoming NPAIHB Events
- NPAIHB Project Update – Syndemic Communications: Alicia Edwards
- IHS and/or State Partner Updates
- Questions & Comments

Guidelines

- Please place yourself on mute unless speaking
- Sign in, using chat box, with your tribe/organization and names of all participants
- Use the chat box for questions, for Q&A after updates and announcements



Upcoming Indian Country ECHO telehealth opportunities

- **Dermatology ECHO** – 3rd Tuesday of every month at 3pm PT
 - Tuesday, April 16th at 3pm PT
 - Topic: *Vascular Malformations*
 - To learn more and join: <https://www.indiancountryecho.org/program/dermatology-echo-program/>
- **Hepatitis C ECHO** – Wednesdays at 11am PT
 - Wednesday, April 17th at 11am PT
 - Didactic Topic: *Ending the Syndemic at your tribe or facility*
 - To learn more and join: <https://www.indiancountryecho.org/program/hepatitis-c/>
- **The Month in Virology ECHO (Formerly COVID-19 ECHO)** – 3rd Wednesday of every month at 12pm PT
 - Wednesday, April 17th at 12pm PT
 - Didactic Topic: *The Month in Virology Clinical Updates*
 - To learn more and join: <https://www.indiancountryecho.org/program/covid-19/>

Upcoming Indian Country ECHO telehealth opportunities

- **Infectious Disease ECHO** – 3rd Thursday of every month at 11am PT
 - Thursday, April 18th at 11am PT
 - Didactic Topic: *HIV PrEP*
 - To learn more and join: <https://www.indiancountryecho.org/program/infectious-disease/>

- **EMS ECHO** - 1st Tuesday & 3rd Thursday of every month at 5pm PT
 - Thursday, April 18th at 5pm PT
 - Didactic Topic: *Pediatric Cardiac Arrest*
 - To learn more and join: <https://www.indiancountryecho.org/program/emergency-medical-services-echo/>

Weekly Update Schedule Preview: April-May

April 23: No Update – NPAIHB QBM Week

April 30: Legislative & Policy Update

May 7: Public Health Update – TBD

May 14: NWTEC Update – Tribal Public Health Infrastructure Building

May 21: Public Health Update – Oregon Poison Control Center

May 28: Legislative & Policy Update



NORTHWEST PORTLAND AREA
INDIAN HEALTH BOARD
Indian Leadership for Indian Health

New website! Visit www.npaihb.org/weeklyupdate for upcoming topics, past presentations, and more!

NPAIHB Weekly Update

The Northwest Portland Area Indian Health Board (NPAIHB) holds virtual Weekly Update sessions on Tuesdays from 10:00 to 11:00 AM Pacific Time. Please join us to learn about and discuss important and timely public health, epidemiology and data, and policy issues of interest to those working in and with tribal and AI/AN communities.

Our usual topic schedule* is:

- 1st & 3rd Tuesdays of the month: Public Health Updates
- 2nd Tuesday of the month: NWTEC Epidemiology & Data Updates
- 4th Tuesday of the month: Legislative & Policy Updates

*Topic focus subject to change. In months with 5 Tuesdays, the Legislative & Policy session may shift to the last Tuesday, and/or special topics may be presented on the 4th or 5th Tuesday.

Click on the links below for the upcoming topic schedule, Zoom link, past presentation slides, and other information.



[Weekly Update Schedule & Topics](#)



[Join Zoom Now](#)



[Add to Calendar](#)



[Past Weekly Update Presentations](#)



[More Information](#)



[Contact Us](#)



Upcoming Weekly Update Schedule & Topics

Date	Featured Topic	Presenter(s)	Subject
4/16/24	STI Awareness Month: Native Health Resources & HIV/PrEP Campaigns	Ashley Hoover & Alcia Edwards, Syndemic Support & HIV Program	Public Health Updates
4/23/24	NO CALL (QBM)		
4/30/24	Legislative & Policy Update	Health Policy Team	Policy & Legislative Updates
5/7/24	Public Health Update: Topic TBA	TBA	Public Health Updates
5/14/24	Tribal Public Health Infrastructure Building	Bridget Canniff, Public Health Improvement & Training	EpiCenter Data Updates
5/21/24	OR Poison Control Center Resources	Charise Pizarro-Osilla & Jennifer Eskridge, OR Poison Control Center/OHSU	Public Health Updates
5/28/24	Legislative & Policy Update	Health Policy Team	Policy & Legislative Updates

Past Weekly Update Presentations

April 9, 2024 Weekly Update: Opioid Overdose Mortality amongst AI/AN in the NW

[Read More](#)

April 2, 2024 Weekly Update: Native CARS Tribal Injury Prevention Project & Highway Safety Program

[Read More](#)

March 26, 2024 Weekly Update: Legislative and Policy Update

[Read More](#)

March 19, 2024 Weekly Update: NW Tribal Dental Support Center

[Read More](#)





"Weaving oral health into healthy lives"

Save The Date

May 7th-9th, 2024



2024 Portland Area Dental Meeting

May 7th-9th, 2024, Salishan Coastal Lodge in Gleneden Beach, OR

Inviting all dental staff! We strongly encourage Dental Directors/Supervisors, Prevention Coordinators and Health Directors to attend this meeting. You are welcome to invite other staff as well. Please make sure they register individually.

Date:	Content:	Time:
Monday, May 6th, 2024	Early registration	3:00 pm – 5:00 pm
Tuesday, May 7th, 2024	Dental Director's Mtg NTDSC Orientation	8:30 am – 12:00 pm 1:00 pm – 3:30 pm
Wednesday, May 8th, 2024	Portland Area Dental Meeting Reception	8:30 am – 4:30 pm 6:00 pm – 9:00 pm
Thursday, May 9th, 2024	Portland Area Dental Meeting	8:30 am – 12:00 pm

For online booking go to:
[Link to direct group reservation](#)
Use Group ID: 21886

For reservations by phone:
To make reservations, your attendees must call the Salishan Coastal Lodge Group Reservation Department at 541-764-3600 between the times of 7:00am – 7:00pm and identify themselves as participants of this event to receive the special rates quoted.

- Press #1 for Lodging Reservations
- Press #2 for Designated Group Reservations

Room Rate: \$131 + tax
Salishan Coastal Lodge | 7760 North Highway 101
Gleneden Beach, OR 97388
(541) 764-3600 | www.salishan.com

Please contact Tacey Mason for details at tmason@npaihb.org

Registration:



Or visit www.surveymonkey.com/r/2024_PADM

Reservations must be booked by April 6th 2024



**NORTHWEST PORTLAND AREA
INDIAN HEALTH BOARD**
Indian Leadership for Indian Health

Northwest Tribal Public Health Emergency Preparedness Conference

June 10-12, 2024

Registration link:

<https://bit.ly/TPHEP2024RegistrationLanding>

Room block closes May 9

Draft Agenda and other key info available on the NPAIHB events calendar at:

www.npaihb.org/npaihb-events/

Spirit Mountain Casino

27100 SW Salmon River Hwy

Grand Ronde, OR 97347

<https://bit.ly/2024TPHEPHotelReservation>

Tribal travel scholarships are available

Questions?? Contact the planning team @ NPAIHB at
tphep@npaihb.org

Conference funded by:

*Northwest Portland Area Indian Health Board
Oregon Health Authority Public Health Division
Washington State Department of Health
Idaho Department of Health and Welfare*



Funding for this conference was made possible in part by Grant CDC-RFA-TP19-1901 from the Centers for Disease Control and Prevention (CDC). The views expressed in written conference materials or publications and by speakers and moderators do not reflect the official policies of the Idaho Department of Health and Welfare or the Centers for Disease Control and Prevention, nor does mention of trade names, commercial practices, or organizations imply endorsement by the US Government.

NPAIHB Syndemic communications

Alicia Edwards, MPH, CHES
HIV/STI Communications
Manager (aedwards@npaihb.org)





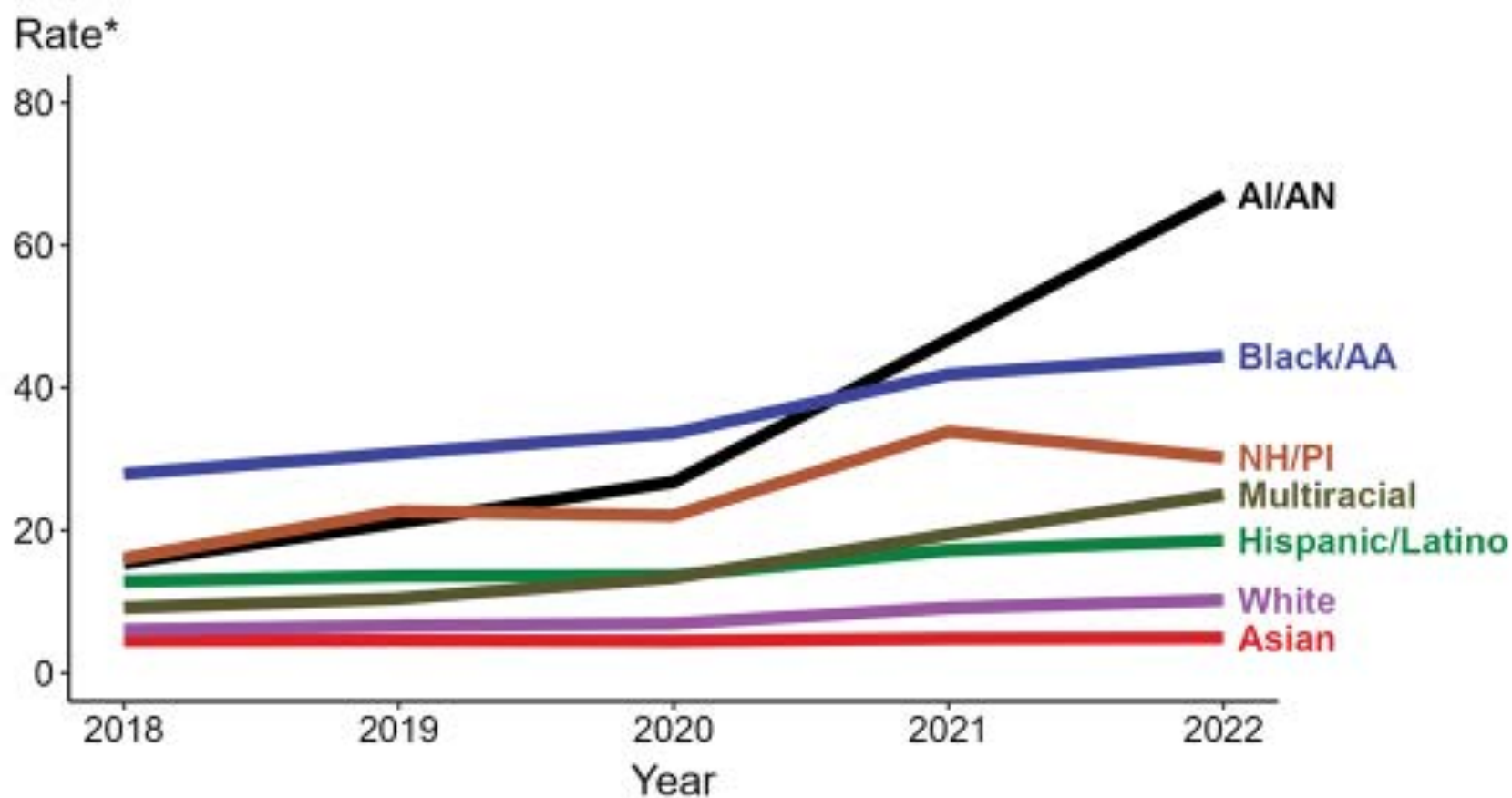
APRIL IS STI AWARENESS MONTH

April 14th - 20th is STI Awareness Week

Background



Primary and Secondary Syphilis — Rates of Reported Cases by Race/Hispanic Ethnicity, United States, 2018–2022

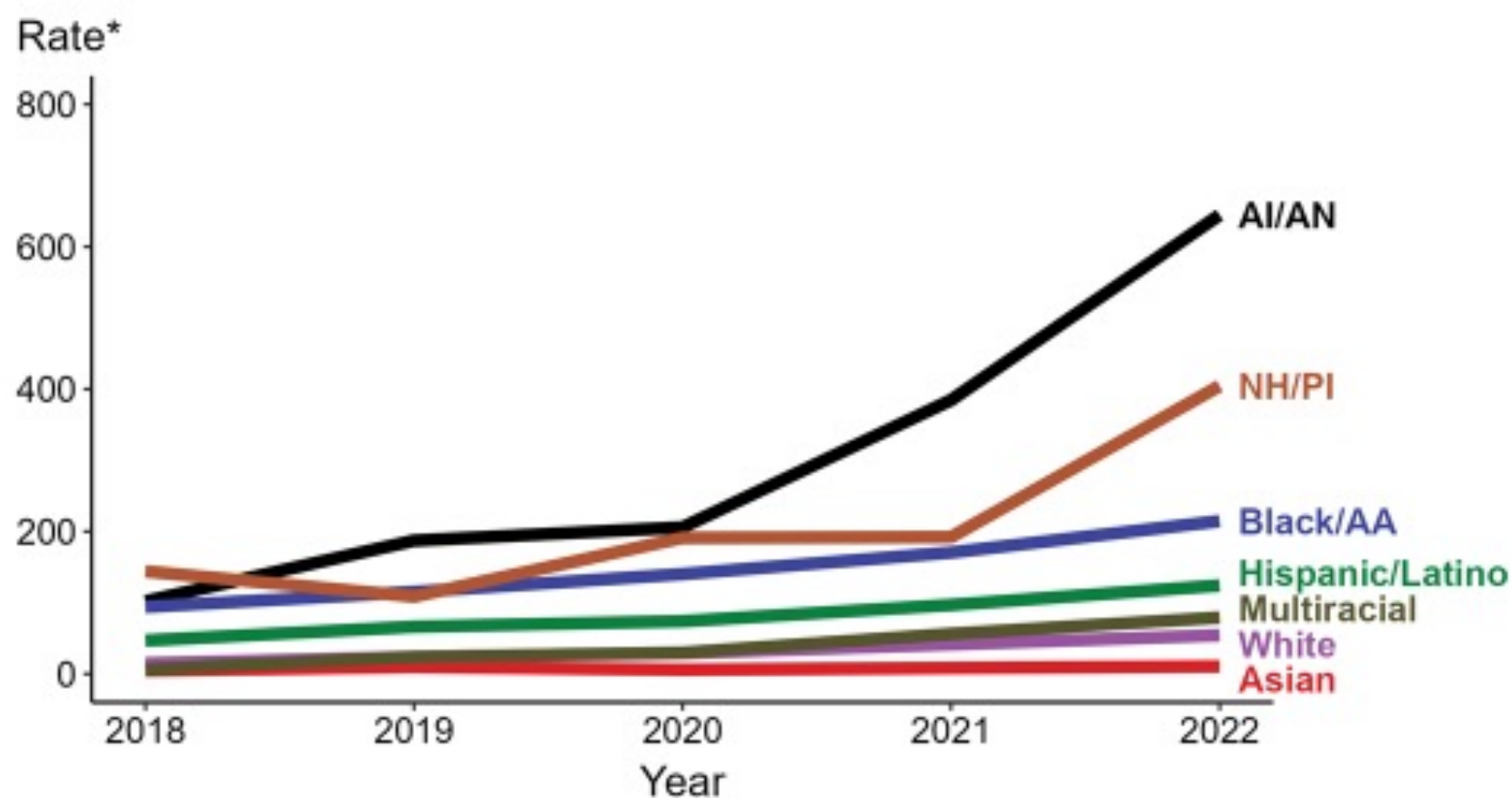


* Per 100,000

ACRONYMS: AI/AN = American Indian or Alaska Native; Black/AA = Black or African American; NH/PI = Native Hawaiian or other Pacific Islander



Congenital Syphilis — Rates of Reported Cases by Year of Birth, Race/Hispanic Ethnicity of Mother, United States, 2018–2022



* Per 100,000 live births

ACRONYMS: AI/AN = American Indian or Alaska Native; Black/AA = Black or African American; NH/PI = Native Hawaiian or other Pacific Islander



Indigi-HAS

Vision

We envision a world in which all Indigenous people are healthy in mind, body, and spirit; the spread of HIV, STIs, and viral hepatitis is prevented; every person knows their status and lives free from stigma and discrimination; and every person has access to high quality, holistic care that reflects Indigenous values, promoting relationships with each other, the land and all beings.

This vision includes all Indigenous people, regardless of age, sex, gender identity, sexual orientation, religion, disability, geographic location, socioeconomic circumstance, or health status.

Indigi-HAS

Main Messages

Sovereignty

Center Indigenous sovereignty in the design and delivery of health services, including sexual health services

Partnerships

Strengthen partnerships to improve systems of care for Indigenous people

Availability & Capacity

Develop capacity to support diagnosis, treatment, prevention, and response to HIV/STIs/viral hepatitis

Cultural Responsiveness

Deliver culturally and linguistically responsive health services, including sexual health services

Awareness & Stigma

Reduce sexual health-related stigma

Data Systems

Improve the knowledge, evidence, and practice base related to Indigenous health and well-being

NATIONAL INDIGENOUS HIV/STI CAMPAIGNS

Providers Have the Power Texting Campaign

- <https://www.indiancountryecho.org/providers-have-the-power/>

ECHO Resource Hubs

- www.indiancountryecho.org >> Resources >> Resource Hubs

Congenital Syphilis Campaign

- www.nativehealthresources.com

General Syphilis Campaign

- www.nativehealthresources.com

Sexual Health Pocketbooks

- www.nativehealthresources.com

HIV / PrEP Campaign

- www.nativehealthresources.com

Native Health Resources

- NEW one-stop shop for Indigenous health resources

Snag 101 - Adult Sexual Texting Campaign

- <https://www.indiancountryecho.org/snag-101/>

NATIONAL INDIGENOUS CONGENITAL SYPHILIS CAMPAIGN

Key Messages:




- Syphilis is on the rise
- Syphilis can be hard to spot
- If not treated syphilis can have serious consequences for you and your baby
- Testing is easy and treatment is quick - it takes only one shot of antibiotics


PRINT MATERIALS

Syphilis cases are on the rise.
Know your status, especially if you're pregnant.

Syphilis can be hard to spot, often starting with an easily missed sore or rash. While anyone can get syphilis, pregnant people and newborn babies face serious complications if left untreated.



Testing is easy and treatment is quick.
Protect your and your baby's future by getting tested today!



Syphilis while pregnant

Syphilis can be hard to spot, often starting with an easily missed sore or rash. While anyone can get syphilis, pregnant people and newborn babies face serious complications if left untreated.

How do I know if I have syphilis?
You can have syphilis and not have symptoms, so as part of your prenatal care, get tested! When caught early, syphilis can be treated with just one shot of antibiotics.

How often should I get tested?
Getting tested twice throughout your pregnancy and again during delivery is great prenatal care.

Why should my partner get tested?
Even if you've been tested and treated for syphilis, you can be reinfected if your partner is still carrying the infection.

Protect your and your baby's future by getting tested today!





Syphilis cases are on the rise.
It's important to get tested!



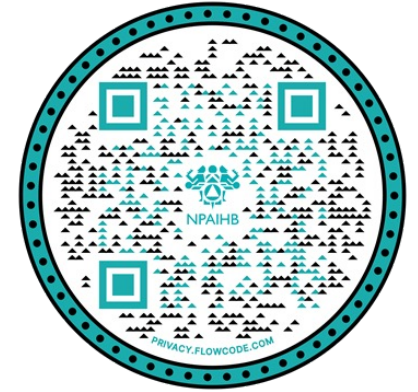
POSTCARD



Get tested for syphilis today!



Get tested for syphilis today.



www.NativeHealthResources.com

PROVIDERS HAVE THE POWER TEXT MESSAGE CAMPAIGN



Key Messages:



Providers have the power to end HIV in Indian Country



PrEP 101 & PrEP Prescriptions



HIV Treatment Basics



The Syndemic - SUDs, HCV, STIs, and HIV

PROVIDER EDUCATION CAMPAIGN

- Free training for providers about HIV
- After watching the five videos in the series, you can earn a free CE



<https://www.indiancountryecho.org/providers%20have%20the%20power/>



INDIAN COUNTRY ECHO RESOURCE HUBS

- Syphilis: [Syphilis Resource Hub – Indian Country ECHO](#)
- Sexual Health: [Sexual Health Resource Hub – Indian Country ECHO](#)
- PrEP: [PrEP Resource Hub – Indian Country ECHO](#)
- HIV: [HIV Resource Hub – Indian Country ECHO](#)
- HCV: [HCV Resource Hub – Indian Country ECHO](#)
- SUD: [SUD Resource Hub – Indian Country ECHO](#)



NATIONAL INDIGENOUS SYPHILIS CAMPAIGN

Key Messages:



Syphilis is on the rise



Anyone can get syphilis



Testing is easy and treatment is quick - it takes only one shot of antibiotics



Snag safer! Get tested!

PRINT MATERIALS

Snag safer to prevent syphilis

Take steps to protect yourself and others!

Safer sex means:

DoxyPEP
Take DoxyPEP, a single dose of antibiotics, within 72 hours of having unprotected sex to prevent common STIs, including syphilis. Ask your doctor whether DoxyPEP is right for you.

Lube
Lube makes sex safer by preventing condoms and other barriers from breaking. It can also help your body's tissues stay smooth and reduce tearing.

Barriers
The spread of germs and fluids through fluids and other barriers from breaking. Barriers like condoms, dental dams, latex or nitrile gloves, after protection.

Get tested even if you have safer sex. Most people with STIs, like syphilis, don't know.

Snag safer. Get tested. Syphilis is on the rise.

COOSHOE PORTLAND AREA HEALTH DEPARTMENT
1000 NE Oregon Street, Portland, OR 97232

Syphilis is on the rise.

It's important to get tested!
Syphilis spreads skin-to-skin during oral, anal, and vaginal sex. Pregnant people can also pass syphilis to their babies during pregnancy and childbirth.

Anyone can get syphilis.
Most people don't notice any symptoms and feel healthy and totally fine.
But, sometimes, symptoms appear.
Syphilis can cause small painless sores on your genitalia, lips, mouth, hands, and feet that can be easily confused with pimples, ingrown hair, tiny blisters, or a cold sore.

Over time, though, if left untreated, syphilis can lead to permanent health problems like:

- CANCER
- BLINDNESS

You won't get syphilis through everyday contact with others, including:

- HOLDING HANDS OR HUGGING
- COUCHING OR SNEEZING
- GETTING ON TOILET SEATS
- SHOWERING
- SHARING TOWELS
- SHARING FOOD OR DRINK

Luckily, your health provider can test you for syphilis, and syphilis can be cured!

Get Tested Today!

Schedule an appointment with your health care provider

Snag safer. Get tested. Syphilis is on the rise.

COOSHOE PORTLAND AREA HEALTH DEPARTMENT

Snag safer. Get tested.

Snag safer. Get tested.

Syphilis is on the rise.

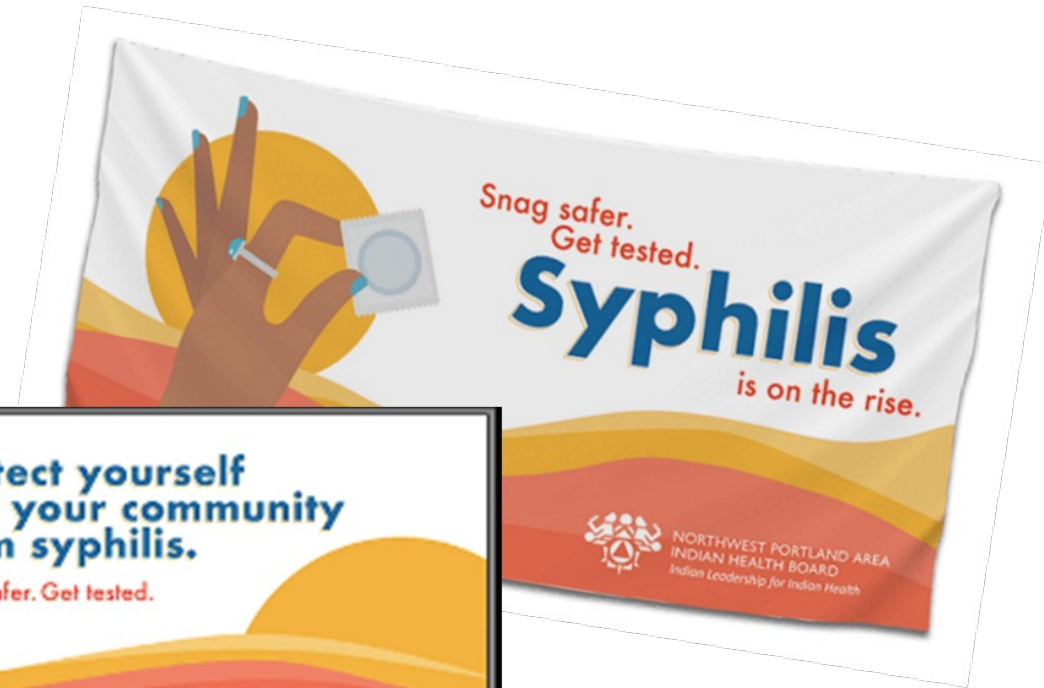
Talk with your partner about safer sex.

Sex should be safe and fun.
Talk about your needs - like STI testing and using protection. Starting the conversation can be hard, but try to be open and honest.

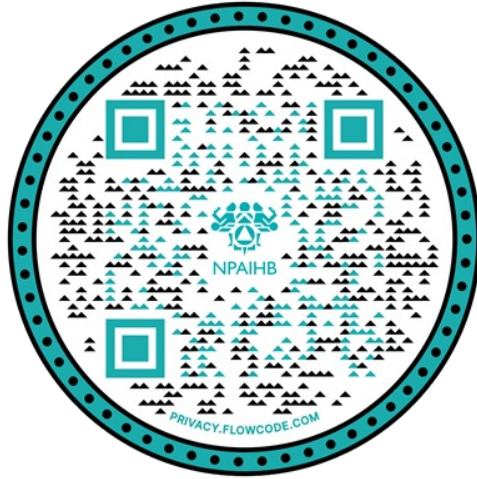
Snag safer. Get tested. Syphilis is on the rise.

COOSHOE PORTLAND AREA HEALTH DEPARTMENT
1000 NE Oregon Street, Portland, OR 97232

OTHER MATERIALS



ORDER MATERIALS TODAY!



www.NativeHealthResources.com



SEXUAL HEALTH POCKETBOOKS



About our pocketbooks:



Indigenized sexual health education



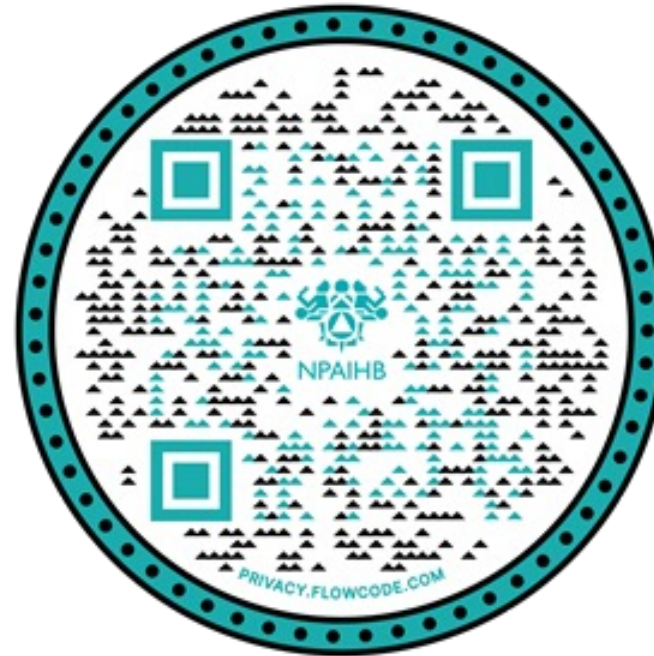
Wide range of topics, syphilis, gonorrhea, HIV, PrEP, PEP, safer sex, condoms 101, and more...



Lots of visuals and easy to understand

CHECK THEM OUT

Place an order today!



www.nativehealthresources.com



Take Control. Know Your Status.



I Want the Kit (IWTK) Background



NPAIHB

Indian Leadership for Indian Health

IWTK was founded in 2004 at the Johns Hopkins University School of Medicine.

- **Tests Offered as of March/April 2024:**

- Swab/Urine: Chlamydia, Gonorrhea, Trichomoniasis (vaginal samples only)
- Blood*: HIV, syphilis, hepatitis B/C
- Pregnancy test included in all kits for people with uteruses

- **Cost For A User:** Free (including postage)

- **Turn-Around Times:**

- Order Receipt to Kit Shipment – 1 to 2 business days
- Specimen Receipt to Posted Test Results – 1 to 2 business days

- **Age Requirements:**

- 14 years old+



*Confirmatory testing available for all blood tests, except hepatitis C. RPR titer included for syphilis.

I Want the Kit (IWTK) Collaborating Partners



NPAIHB

Indian Leadership for Indian Health

- Johns Hopkins School of Medicine (IWTK)
- Southern Plains Tribal Health Board
- Northwest Portland Area Indian Health Board
- Johns Hopkins Center for Indigenous Health
- Indian Health Service



In addition to all the states we operate in!



CENTER FOR
INDIGENOUS HEALTH

Why Self-Collection?



NPAIHB

Indian Leadership for Indian Health

- Allows individuals to protect themselves and their partners and community
- Confidential
- Convenient/accessible
- Removes stigma
- Testing is an act of love, responsibility and respect

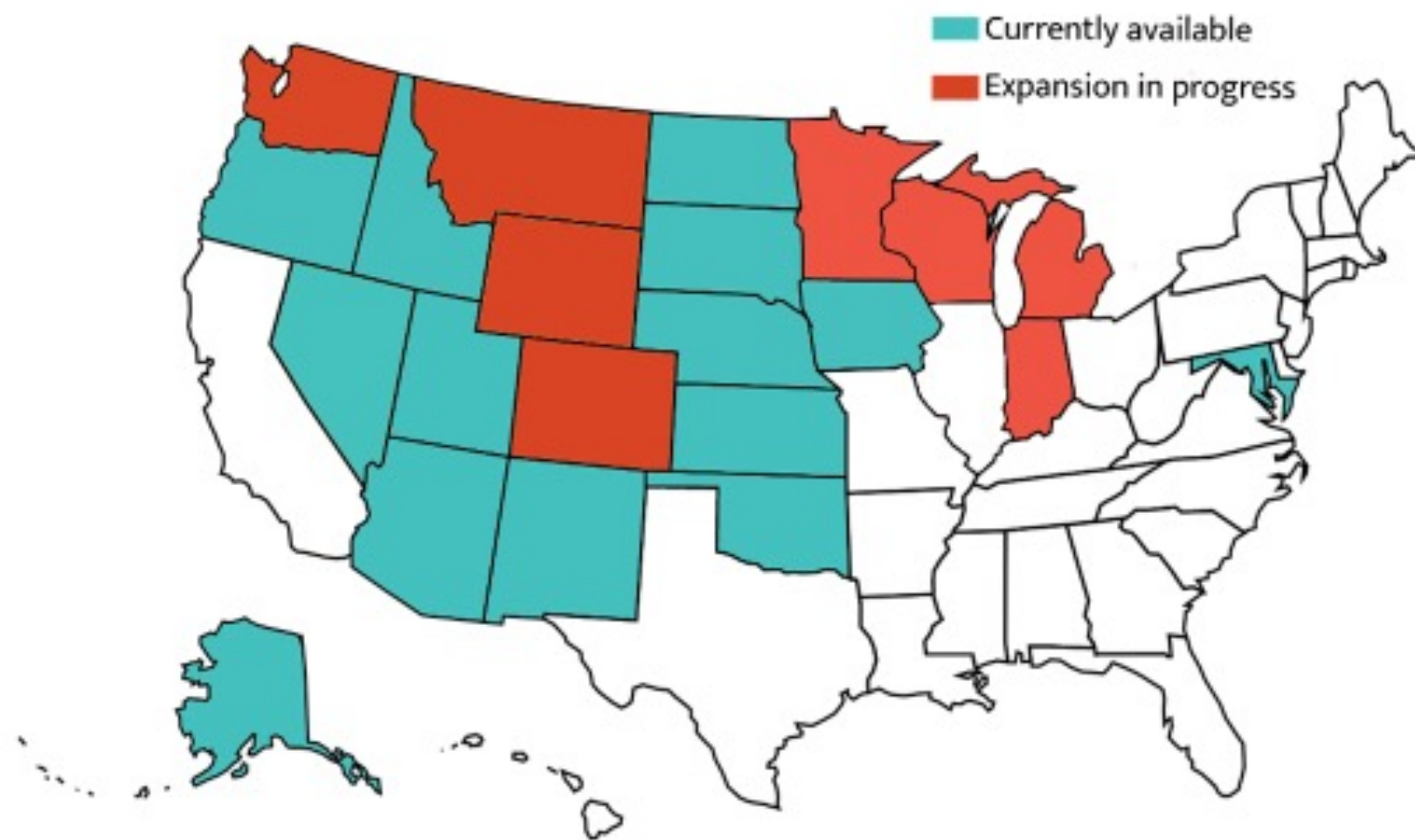
The screenshot shows the top portion of the iwtk website. At the top left is the iwtk logo with the tagline "Take Control. Know Your Status." To the right are four orange buttons: "ABOUT US", "I WANT THE HOME TEST KIT", "CONTACT US", and "LOGIN". Below these is a navigation menu with links for "HOME", "WHAT ARE STIs?", "YOUR SEXUAL HEALTH SCORE", "GET TESTED", "SERVICES & RESOURCES", "FAQs", and "English". The main banner features a photograph of a woman and a man sitting on a wooden bench outdoors. Overlaid on the photo is the text "Order a Free, Accurate, and Confidential STI/HIV Home-Test Kit" and a "Read More" button. Navigation arrows are visible on the left and right sides of the banner.

Current Service Areas



NPAIHB

Indian Leadership for Indian Health

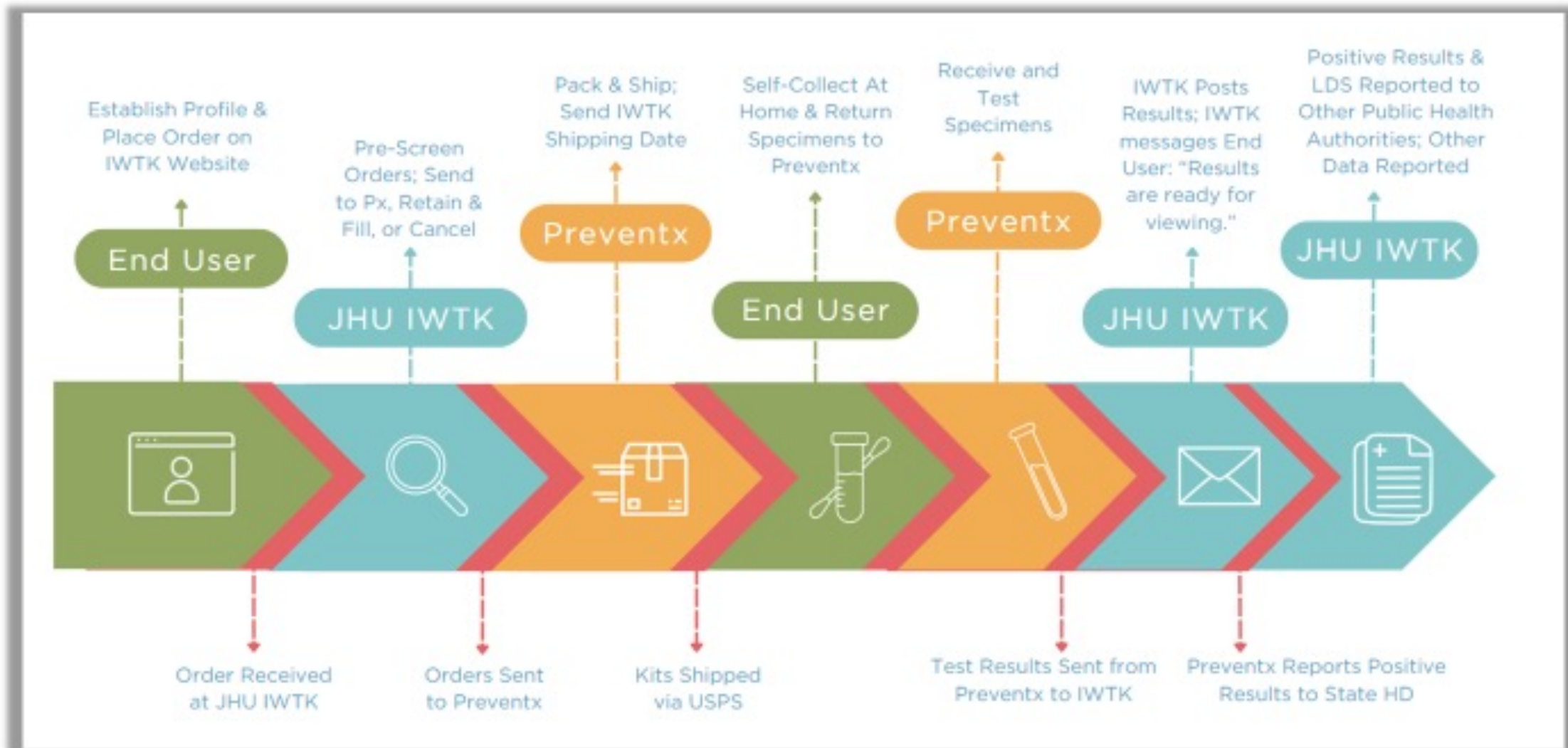


How IWTK Works



NPAIHB

Indian Leadership for Indian Health



Packaging



NPAIHB

Indian Leadership for Indian Health



Outer Packaging



Blood and Swab Collection Kit for People with Vaginas



Blood, Swab, and Urine Collection Kit for People with Penises

Instructions



NPAIHB

Indian Leadership for Indian Health

Provided Materials



Alcohol
wipe



Safety
lancets



Collection
tube



Tube
holder



Bandage

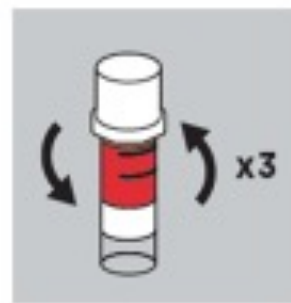
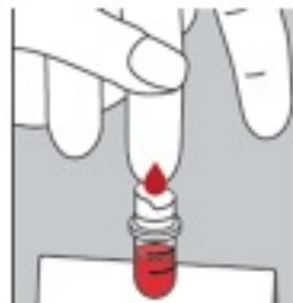
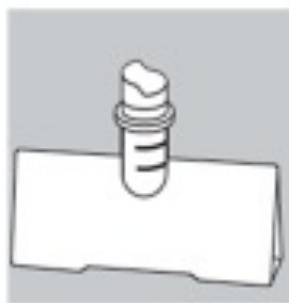


Small
transport bag

Sample Quantities

- 450 μ L minimum required
- 650 μ L preferred

Procedure



Welcome Card



NPAIHB
Indian Leadership for Indian Health

Welcome to Indigi-IWTK!

At Indigi-IWTK we believe that getting tested for STIs (sexually transmitted infections) is an act of love, responsibility, and respect. We encourage you to read the information on this card and the instruction sheet that is included in your kit.

FREQUENTLY ASKED QUESTIONS

How do I know what's happening with my order?

You will receive an email or text notification from Indigi-IWTK when:

- 1) We receive your order
- 2) We mail your kit to you
- 3) We receive your specimens in the mail
- 4) Your test results are ready for viewing

What will the notifications say?

To protect your privacy, every message is the same, "You have a new message from IWTK. Please login to <https://www.iwanthekit.org> to read it."

How do I find out my test results?

Go to <https://www.iwanthekit.org> and login. Your order will show as Complete. Click on View Results.



More questions about IWTK?

Please scan the QR code with your smartphone.



Contact us at any time.

Email iwanthekit@jhmi.edu, call us at 443-500-3071, or scan this QR code for our contact page. We will respond within 1-2 working days.



This kit is special for you to take control and know your status. Please do not give your kit to anyone else. Everyone must order their own kit. Here is the QR code for the ordering page.

Please share information about Indigi-IWTK with others who may want to use the service!

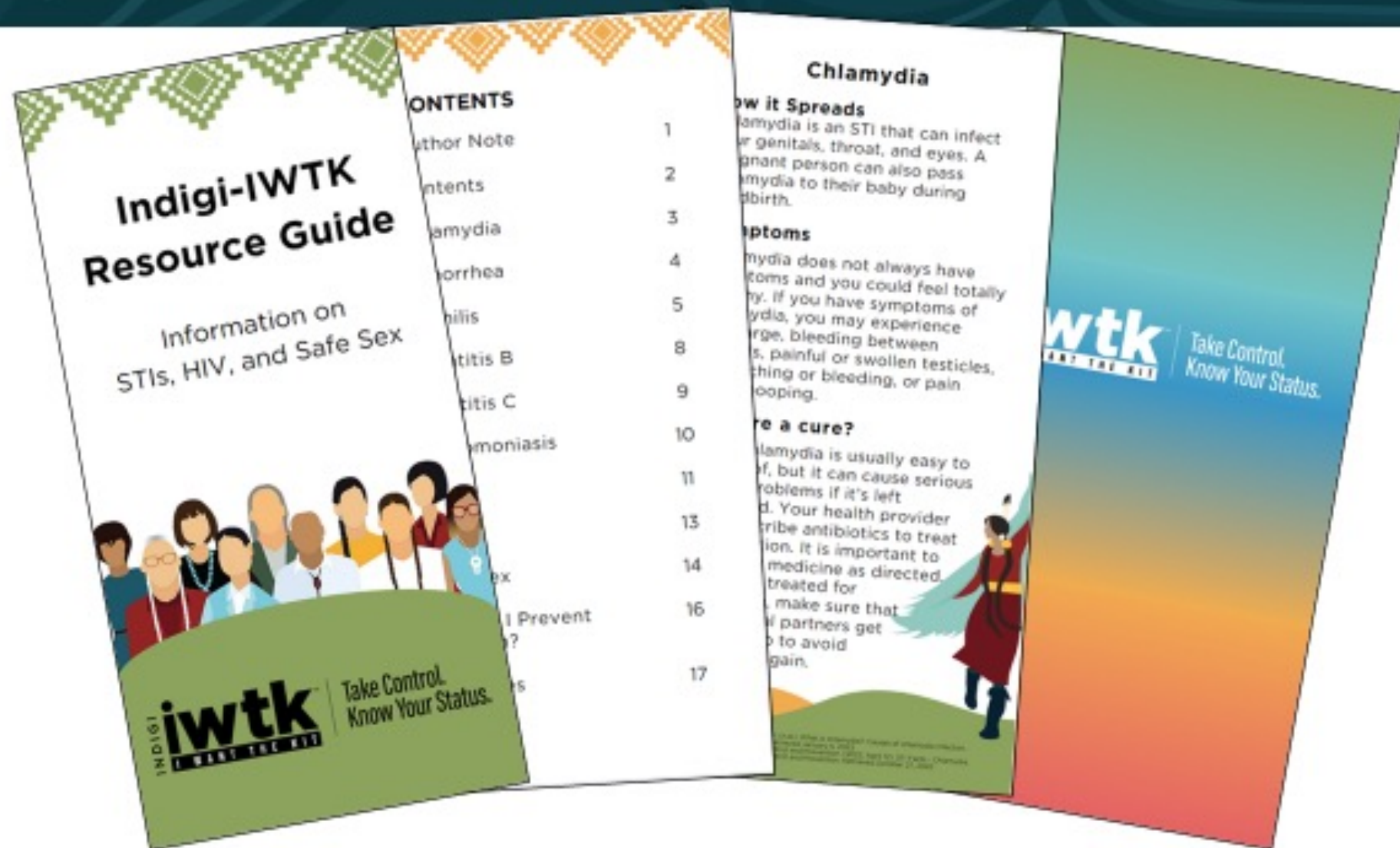


Resource Booklet



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Bundling



NPAIHB

Indian Leadership for Indian Health

PLACE ORDER

Please select your tests.

Select Tests

Bundles

- The Works - Kit for people with vaginas**
Includes testing for vaginal, throat, and butt Chlamydia and Gonorrhea, vaginal Trichomonas, HIV, Syphilis, and Hepatitis C. To order a Hepatitis B test, please select it under the Individual Tests list.
-
- The Works - Kit for people with penises**
Includes testing for genital, throat, and butt Chlamydia and Gonorrhea, HIV, Syphilis, and Hepatitis C. To order a Hepatitis B test, please select it under the Individual Tests list.
-

Individual Tests

- Vagina Swab**
Have you received vaginal sex (meaning someone put their penis or sex toys into your vagina) OR have you received oral sex? If the answer is yes, order a vagina swab. This swab will be tested for Chlamydia, Gonorrhea and Trichomoniasis.
-
- Butt (Rectal) Swab**
Have you received butt (rectal) sex? (This means someone put their penis or sex toys into your butt.) If the answer is yes, order a butt swab. This swab will be tested for Chlamydia and Gonorrhea.
-
- Throat Swab**
Have you given oral sex? (This means you have given someone a blow job, given someone head, gone down on someone.) If the answer is yes, order a throat swab. This swab will be tested for Chlamydia and Gonorrhea.

Expanded Results



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Treponemal Ab+ & RPR+ with titer	<p>Your test was positive. Please contact your care provider so you can get treated right away. It is important to abstain from sex until seven days after treatment. We have a clinician available through Contact Us if you have questions.</p> <p>Syphilis is a sexually transmitted infection that can cause serious health problems if it is not treated. It is transmitted through direct contact with a syphilis sore during vaginal, rectal, or oral sex or from a pregnant person to their unborn baby. Early syphilis symptoms may include enlarged lymph nodes, an unexplained rash, and/or a small sore around the genitals, rectum, or mouth. If untreated, syphilis will go latent (silent) in the body with no symptoms. However, the infection is still present and can cause severe medical problems. Syphilis is curable with penicillin injections. The number of shots you need will depend on your syphilis stage.</p>
Unconfirmed Ab+ & RPR+ with titer	<p>Your test was positive. This means you currently have an active syphilis infection or, if you are currently in or have recently completed treatment, your RPR may be positive. Please contact your care provider. We have a clinician available through Contact Us if you have questions.</p> <p>Syphilis is a sexually transmitted infection that can cause serious health problems if it is not treated. It is transmitted through direct contact with a syphilis sore during vaginal, rectal, or oral sex or from a pregnant person to their unborn baby. Early syphilis symptoms may include enlarged lymph nodes, an unexplained rash, and/or a small sore around the genitals, rectum, or mouth. If untreated, syphilis will go latent (silent) in the body with no symptoms. However, the infection is still present and can cause severe medical problems. Syphilis is curable with penicillin injections. The number of shots you need will depend on your syphilis stage.</p>



**Many genders.
One kit.**

Love yourself. Love your community.

 ORDER A **FREE,**
CONFIDENTIAL
STI TEST KIT
iwantthekit.org

 Take Control.
Know Your Status.

This project is funded through the Indian Health Service and the Minority HIV/AIDS Fund.

Snag a Kit Today!

ORDER A **FREE,** CONFIDENTIAL **STI TEST KIT**

 Take Control.
Know Your Status.



iwantthekit.org

This project is funded through the Indian Health Service with backing from the Minority HIV/AIDS Fund.

**Snag Something You
Didn't Want?**

 ORDER A **FREE,**
CONFIDENTIAL
STI TEST KIT
iwantthekit.org



This project is funded through the Indian Health Service and the Minority HIV/AIDS Fund.



**Keep Calm
& Swab On**

ORDER A **FREE,**
CONFIDENTIAL
STI TEST KIT
iwantthekit.org

This project is funded through the Indian Health Service with backing from the Minority HIV/AIDS Fund.

INDIGI iwtk
I WANT THE KIT
Take Control.
Know Your Status.

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**Snag a
Kit for the
Greater
Good.**

Love yourself.
Love your community.

ORDER A **FREE,**
CONFIDENTIAL
STI TEST KIT
iwantthekit.org

This project is funded through the Indian Health Service with backing from the Minority HIV/AIDS Fund.

INDIGI iwtk
I WANT THE KIT

**Safe. Private.
Easy.**

If only snagging was this simple.

ORDER A **FREE,**
CONFIDENTIAL
STI TEST KIT
iwantthekit.org

This project is funded through the Indian Health Service with backing from the Minority HIV/AIDS Fund.

INDIGI iwtk
I WANT THE KIT
Take Control. Know Your Status.

INDIGENOUS HIV/PREP CAMPAIGN



Key Messages :



Testing is the only way to know if you have HIV
- so get tested!



There are effective medicines to prevent HIV

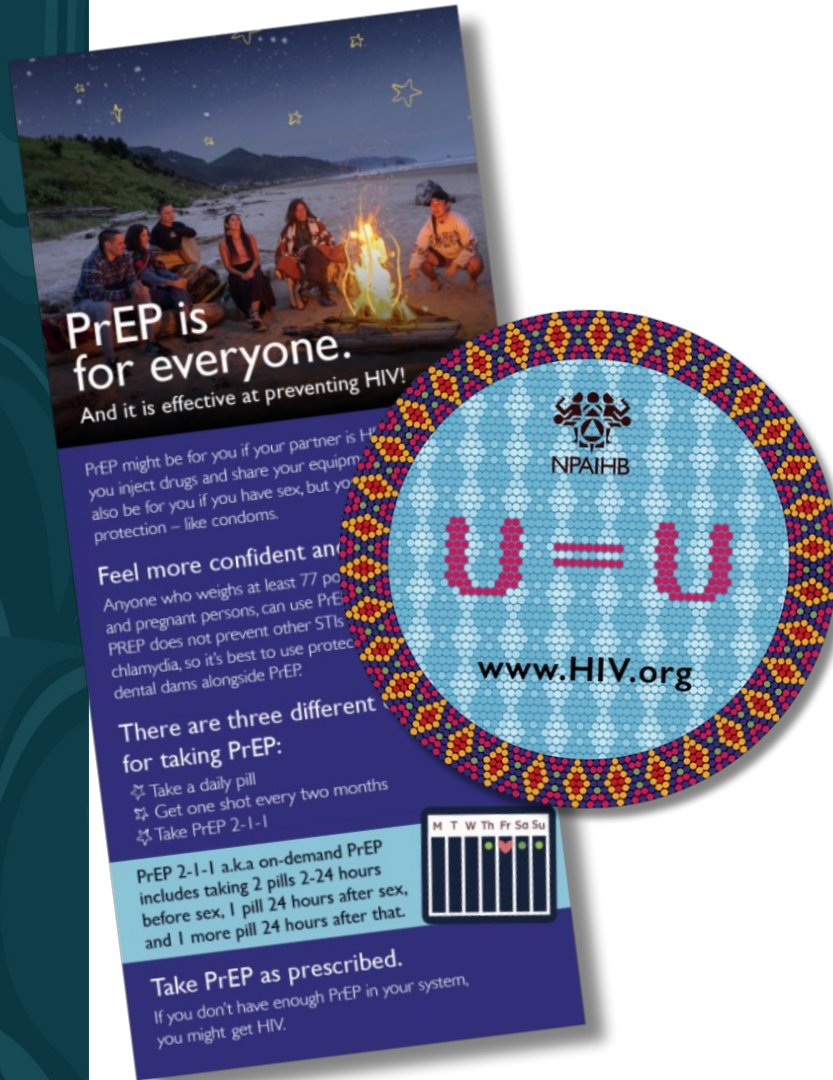


PrEP is for everyone



Undetectable = Untransmissible

INDIGENOUS HIV/PREP CAMPAIGN



Target Audiences :

- People Living with HIV Materials
- PrEP for Women
- PrEP for MSM
- Youth

INDIGENOUS HIV/PREP CAMPAIGN

Order Materials Today!

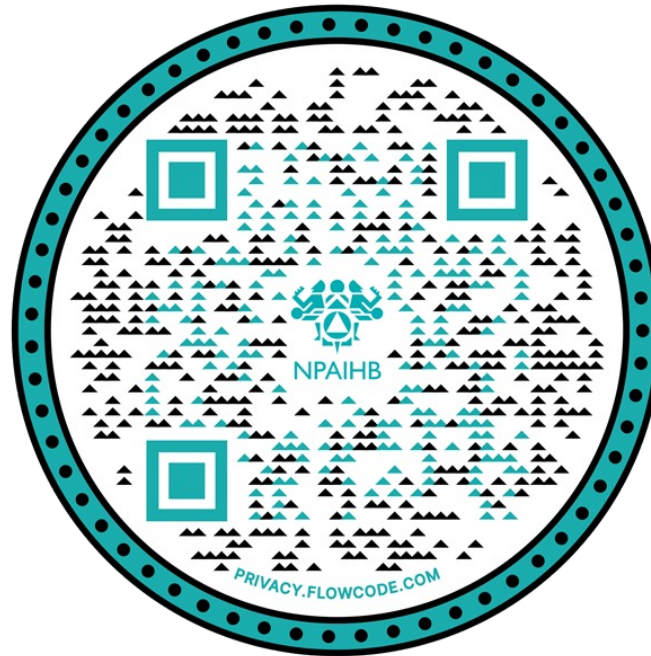
On-Demand PrEP
is effective HIV prevention
when you need it.
Talk to your doctor about whether On-Demand PrEP is right for you today!

Let's take care of our sexual health.

PrEP is for women
PrEP is a medicine that prevents HIV infection and might be right for you if your partner is living with HIV and not taking medicines consistently or doesn't know their status, you inject drugs or share gear, or have sex but don't always use protection.

HIV is more common than you think
Anyone who is sexually active or exposed to other people's blood can get HIV. Studies have shown that, if taken as prescribed, PrEP is over 99% effective at preventing HIV from spreading to babies through pregnancy, birth, and chest milk. It's safe to use while on birth control, too!

Live your life. PrEP with pride.



www.NativeHealthResources.com

Each of us has an immune system that contains warrior cells.
These cells stand guard and attack invading illnesses!
HIV is a virus that affects our immune system. If left untreated, over time it will weaken our immune system so much that our warrior cells can no longer protect us from illnesses.

The only way to know if you have HIV is to get tested.
Quickly, testing is easy and treatment is effective!
There are several medicines that help people with HIV live long, healthy lives. The medicines also help prevent spreading the virus to others.
Make an appointment and talk to your health provider about getting tested today!

HIV is a tough convo
Have it with us!

Anyone can be at risk for HIV.
Anyone who has sex, or is exposed to other people's blood through piercings, tattoos, or injection, can get HIV.

PRINT MATERIALS

I PrEP to better my health journey

PrEP can be taken with hormone therapy. To date, research shows that hormone therapy and hormone therapy do not interfere with PrEP.

Live confidently

PrEP is for you
Talk to your provider for more information.



PEP can prevent HIV

Post-Exposure Prophylaxis (PEP) is for post-exposure (or after you have been exposed to HIV). PEP can lower your chances of getting HIV if taken within 72 hours of exposure.

PEP is a series of pills you can take 1-2 times a day for 28 days.



PrEP = Before (Pre) Exposure to HIV
PEP = After Exposure to HIV

It's important to start PEP within 3 days of exposure (72 hours).

The sooner you start PEP, the better it works. If you wait too long, skip doses, or don't use it as recommended, it won't be as effective.

How do I know if PEP is right for me?

PEP is often suggested if you've had unprotected sex or shared needles or injection gear during drug use. It is also recommended if you are sexually assaulted.

Shooting your shot? Don't miss.

Snag safer. Get tested.



www.NativeTest.org



PrEP is a medicine that prevents HIV infection.

And it might be right for you!

When to consider PrEP:

- If your partner is living with HIV and not taking medicines consistently or doesn't know their status.
- If you inject drugs and share your equipment.
- If you have sex but don't always use condoms.

There are three options for taking PrEP:

- 1 Take a daily pill, or pills
- 2 Get one shot every two months
- 3 Take On-Demand PrEP a.k.a. PrEP 2-1-1

Anyone who weighs at least 77 pounds, including teens and pregnant persons, can use PrEP for peace of mind. PrEP does not prevent other STIs, like gonorrhea or chlamydia. So, it's best to use protection, like condoms and dental dams, alongside PrEP.

On-Demand PrEP


On-Demand PrEP (aka PrEP 2-1-1) is an off-label method of taking PrEP but evidence shows it provides effective protection for gay and bisexual men when having anal sex without a condom, especially those living with HIV or with an unknown HIV status. We don't know how "on-demand" PrEP works for heterosexual men and women, people who inject drugs, and transgender persons. Talk to your provider to learn more.

PrEP does not prevent other STIs. You may still contract gonorrhea, chlamydia, and syphilis. Use additional protection like condoms to reduce your risk.

PrEP should be taken as directed. Make sure you have enough PrEP in your system, and don't skip doses to reduce your risk of getting HIV.

PrEP is available at many health care facilities have PrEP services. You may be able to get PrEP at your local pharmacy. You can get Tylenol, insulin, or any other medication. In addition, PrEP is available at state and tribal health departments. The cost of PrEP, including the cost of the pills and the need for a prescription, may vary. PrEP is covered by many insurance plans.

PrEP is for you
Talk to your provider for more information.





www.PrEPDaily.org

Undetectable = Untransmittable



People who take their HIV medications as prescribed can achieve an undetectable viral load. People who have an undetectable viral load for at least 6 months, cannot transmit HIV through sex. **U = U.**



NPAIHB
Indian Leaders

Sex is ceremony

Honor yourself

Get tested!



NPAIHB

PrEP for Women Video



<https://youtu.be/ltzgC8oOAzw?si=Rz3PgunQwyXEulcS>

Youth HIV Prevention Video



<https://youtu.be/P-fkiDzdQPs?si=lYTWmTqsGl4U5gJ->

SNAG 101

Adult Sexual Health Texting Campaign



Key Messages:

- Snag safer! Get tested for STIs!
- How to snag safer!
- What STIs should you get tested for?
- Humor, affirmations, and more...



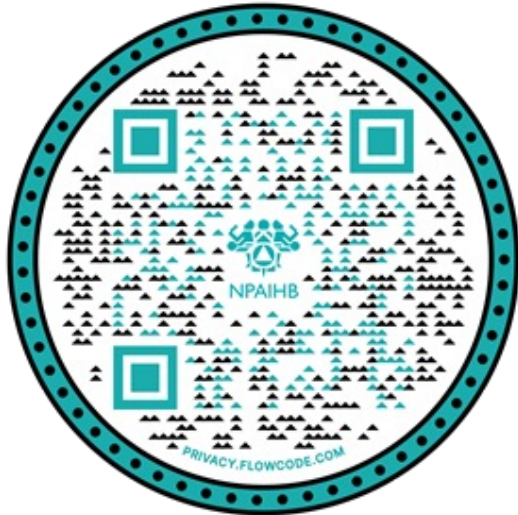


Native Health Resources

Order Now

NATIVE HEALTH RESOURCES

- One-stop shop for culturally relevant health education materials
- Board wide site
- Looking to partner with others in the future



https://www.nativehealthresources.com

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD
Indian Leadership for Indian Health

RESOURCES TOPIC AREAS ABOUT CONTACT

SEXUAL HEALTH	MENTAL HEALTH	ADOLESCENT HEALTH	SUBSTANCE USE DISORDERS
HIV/HCV/STI Congenital Syphilis General Syphilis Pocketbooks HIV PrEP HEP C Ending the Epidemic (Coming Soon)	THRIVE We Are Connected #WeNeedYouHere Suicide and Crisis Lifeline and Crisis Text Line Mind4Health Caring Messages Veterans #WeNeedYouHere 2SLGBTQ+ #WeNeedYouHere	Get Yourself Tested Safe Spaces Healthy Native Youth We R Native 2SLGBTQ+ Paths (Re)membered	Tribal Opioid Response OUD Prevention Family Care Plans Videos VACCINATION Native Boost (Coming Soon) VacciNative (Coming Soon)

Native Health Resources

Order Now

How to get involved?

- Share, share, share!
- Place an order on Native Health Resources
- Order a kit from IWTK
- Partner with your local clinic and CHWs



Acknowledgements

Special Thank Yous:

- These projects were made possible with resources from the Minority HIV/AIDS Fund and the Indian Health Service.
- IHS HIV/STI National Team
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- NPAIHB Path(s) Remembered Team
- NPAIHB & The 43 Tribes

THANK YOU!!

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State Partner Updates

- Washington
- Oregon
- Idaho



Questions and Comments

Reminders

No Weekly Update on April 23:
NPAIHB Quarterly Board Meeting week

Next NPAIHB Weekly Update:
Tuesday, April 30

Visit our new NPAIHB Weekly Update
webpage at
www.npaihb.org/weekly-update



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