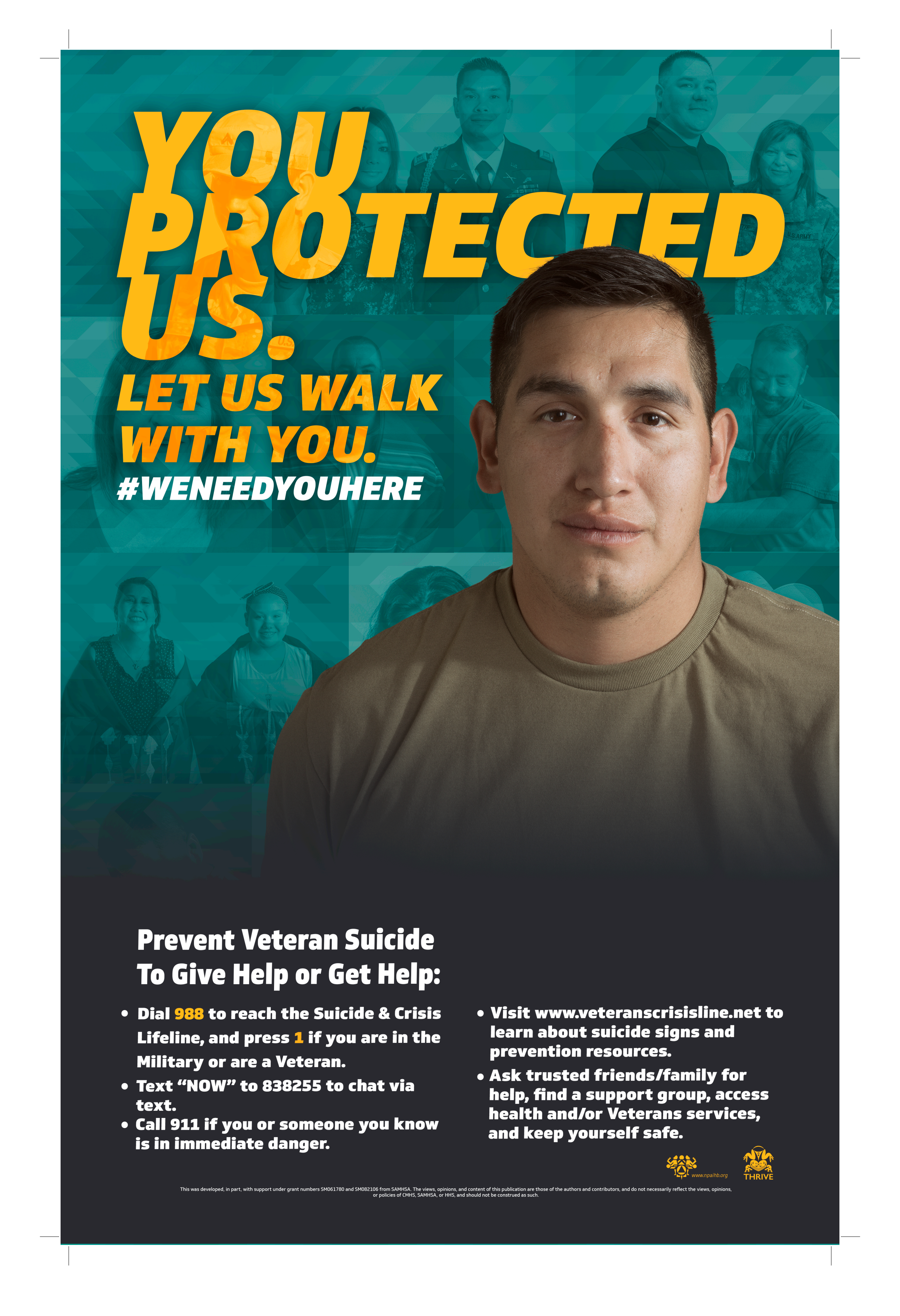




YOU PROTECTED US.

LET US WALK WITH YOU.

#WENEEDYOUHERE

Prevent Veteran Suicide To Give Help or Get Help:

- Dial **988** to reach the **Suicide & Crisis Lifeline**, and press **1** if you are in the **Military** or are a **Veteran**.
- Text **"NOW"** to **838255** to chat via text.
- Call **911** if you or someone you know is in immediate danger.
- Visit **www.veteranscrisisline.net** to learn about suicide signs and prevention resources.
- Ask trusted friends/family for help, find a support group, access health and/or Veterans services, and keep yourself safe.



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