

# Cervical Cancer Awareness Month



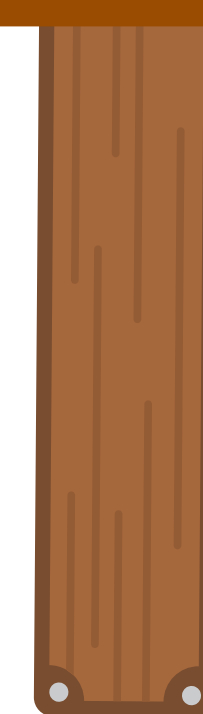
JANUARY  
2024

## In 2024, look out for Turquoise Tuesday

American Indian/  
Alaska Native  
national  
cervical cancer  
awareness day.

Let's wear turquoise and raise awareness of cervical cancer in Indian Country on Turquoise!

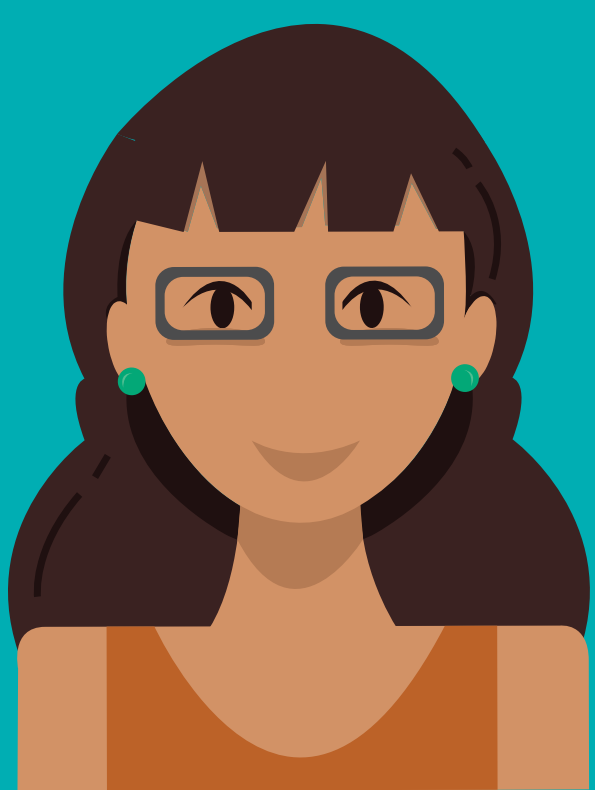
#TurquoiseTuesday



## Cervical Cancer

Cervical cancer occurs when cells grow out of control in the cervix and crowd out the normal cells.

The Human Papilloma Virus (HPV) can cause cervical cancer.



## Get Screened

People with a cervix ages 21-29 should have a pap test every 3 years.

People with a cervix ages 30-65 may choose a pap test in combination with an HPV test every 5 years.



Talk with your healthcare provider for more information about cervical cancer screening and the HPV vaccine.

Source: Centers for Disease Control and Prevention

### The HPV Vaccine...

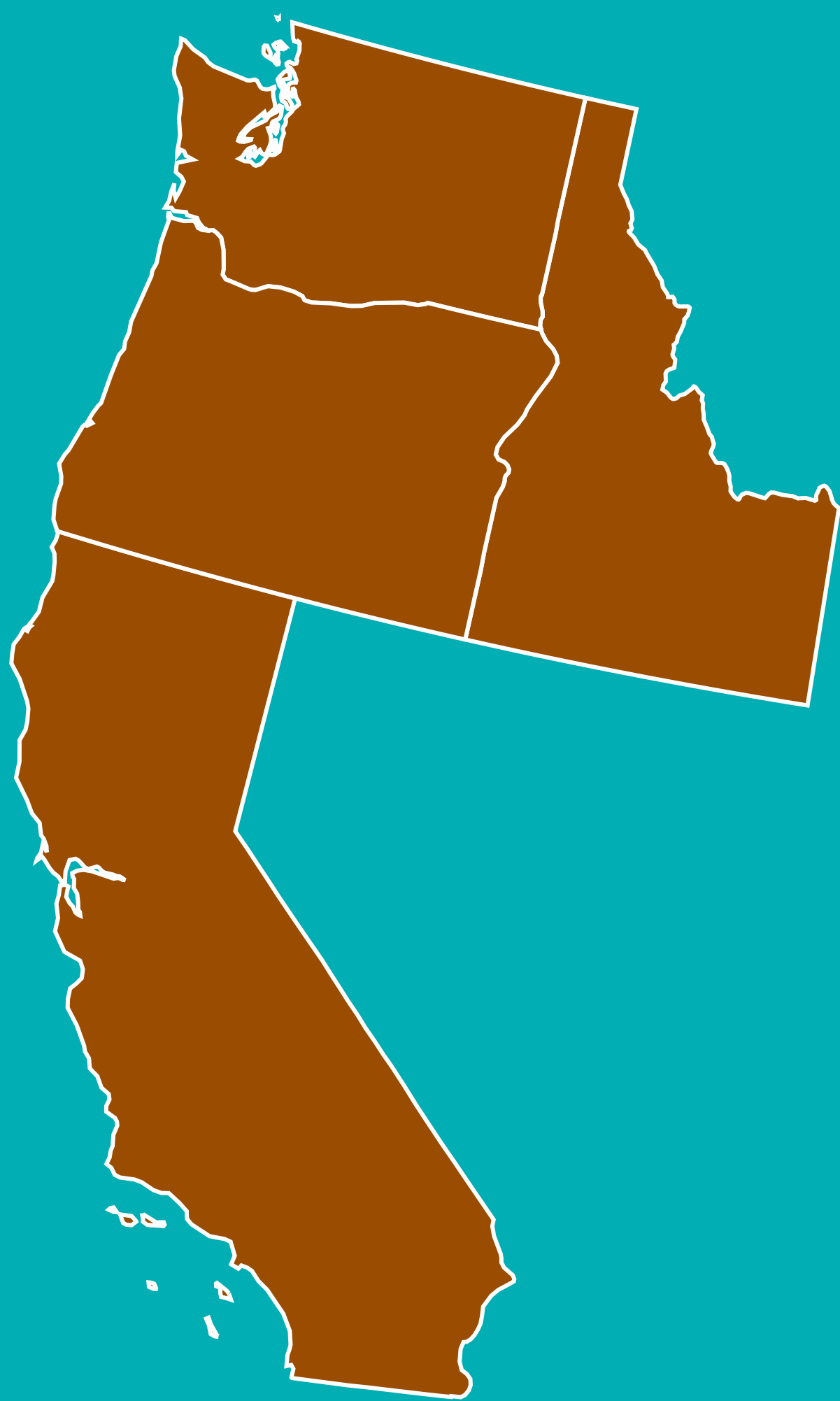
is **recommended** for all children aged 9 or 12 years old, but can be given up to age 45. Talk with your healthcare provider for more information.

The HPV vaccine **protects** against the types of HPV that can cause cervical, vaginal and vulvar cancers.

**The HPV vaccine is cancer prevention!**



The teal ribbon is used to represent cervical cancers.



*In the Pacific Coast...*

Cervical Cancer is almost  
**2 TIMES**

higher among American Indians/ Alaska Natives\* compared to Non-Hispanic Whites.

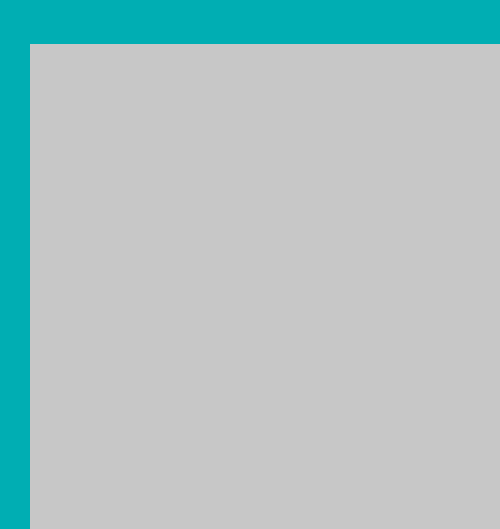
Source: Centers for Disease Control and Prevention

Rate of New Cancers of the Cervix

13.3



7.1



Data from 2013 - 2017

American Indian/Alaska Native  
Non-Hispanic White

\*Data are restricted to non-Hispanic American Indian/Alaska Native living in Indian Health Service Purchase/Referred Care Delivery Area counties.



NORTHWEST PORTLAND AREA  
INDIAN HEALTH BOARD  
*Indian Leadership for Indian Health*

[www.npaihb.org/cancerproject](http://www.npaihb.org/cancerproject)

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