

In crisis?

Text NATIVE

to 741741.

for free, 24/7 support.

Suicide & Crisis Lifeline

**Dial 988 for
mental health emergencies.**

#WeNeedYouHere



NPAIHB



THRIVE



WERNATIVE

This document was developed [in part] by funding from the Indian Health Service (IHS) and grant number SM082106 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA, HHS, or IHS.