

Portland Area Dental Meeting  
August 15-16, 2023



Suquamish Clearwater Resort  
15347 Suquamish Way NE  
Suquamish WA, 98392







**NPAIHB**

**Member Tribes of  
the Northwest  
Portland Area  
Indian Health  
Board:**

Burns Paiute Tribe  
Chehalis Tribe  
Coeur d'Alene Tribe  
Colville Tribe  
Coos, Siuslaw & Lower  
Umpqua Tribe  
Coquille Tribe  
Cow Creek Tribe  
Cowlitz Tribe  
Grand Ronde Tribe  
Hoh Tribe  
Jamestown S'Klallam  
Tribe  
Kalispel Tribe  
Klamath Tribe  
Kootenai Tribe  
Lower Elwha  
Klallam Tribe  
Lummi Tribe  
Makah Tribe  
Muckleshoot Tribe  
Nez Perce Tribe  
Nisqually Tribe  
Nooksack Tribe  
NW Band of  
Snohomish Tribe  
Port Gamble S'Klallam  
Tribe  
Puyallup Tribe  
Quileute Tribe  
Quinault Tribe  
Samish Indian Nation  
Sauk-Suiattle Tribe  
Shoalwater Bay Tribe  
Shoshone-Bannock  
Tribe  
Siletz Tribe  
Skokomish Tribe  
Snoqualmie Tribe  
Spokane Tribe  
Squaxin Island Tribe  
Stillaguamish Tribe  
Suquamish Tribe  
Swinomish Tribe  
Tulalip Tribe  
Umatilla Tribe  
Upper Skagit Tribe  
Warm Springs Tribe  
Yakama Nation

2121 SW Broadway  
Suite 300  
Portland, OR 97201  
Phone: (503) 228-4185  
[npaihb.org](http://npaihb.org)

On behalf of the Northwest Portland Area Indian Health Board (NPAIHB) and the Northwest Tribal Dental Support Center, I welcome you to our annual gathering of Dental Directors and Oral Health staff. We are grateful and honored to be in the ancestral homelands of the Suquamish People.

This gathering has been convened to share the stories and experiences of successful oral health strategies and interventions in Native communities across the Portland Area and to provide another opportunity for continuing education for oral health providers. Education presentations at this convening include: specific clinical practices, intervention strategies, technology developments, leadership styles, and adaptation of practices/strategies for local settings.

As we recognize successes and face the challenges ahead, we are pleased to have assembled a diverse group of providers along with those we collaborate with to improve oral health of American Indians/Alaska Natives (AI/AN) in the Pacific Northwest. My hands go up to you all in gratitude for your voices and participation in this important gathering.

Yours in health,

Laura Platero, JD  
Executive Director  
NPAIHB



# Northwest Tribal Dental Support Center

## Portland Area Dental Meeting

August 15-16, 2023

## Suquamish Clearwater Resort

Tuesday, August 15, 2023

Whale & Salmon Hall

7:30 a.m. – 9:00 a.m. (Breakfast provided)

8:30 a.m. Tribal Welcome

Suquamish

8:45 a.m. NTDSC Welcome & Overview

Ticey Mason (Siletz), NTDSC

9:15 a.m. Navigating the Periodontal Classification System

Pamela Ready (Puyallup), MSDH, RDH  
NPAIHB

10:15 a.m. Break

10:30 a.m. Medical Emergencies in the Dental Office

Amy E. Suhr, DDS  
Oral & Maxillofacial Surgery,  
Tuba City Regional Health Care Corp.

12:00 p.m. Lunch (Provided)

1:00 p.m. Prevention: What's New Since 2022

Miranda Davis, DDS, NPAIHB

2:00 p.m. Native Nutrition & Food Sovereignty

Valerie Segrest (Muckleshoot),  
Nora Frank (Nez Perce)  
Tahoma Peak Solutions

3:00 p.m. Break

3:15 p.m. Native Infusion: Rethink Your Drink  
Traditional Foods and Demonstration

Valerie Segrest (Muckleshoot)  
Nora Frank (Nez Perce)  
Tahoma Peak Solutions  
Azure Boure (Suquamish)

4:30 p.m. Adjourn

6:00 p.m. – 9:00 p.m. Reception

Canoe Pre-Function Corridor

We would like to thank Arcora -The Foundation of Delta Dental of Washington for sponsoring the food and beverages for the reception and the Annual Dental meeting. Thank you!



# Northwest Tribal Dental Support Center

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Suquamish Clearwater Resort

Wednesday, August 16, 2023

Whale & Salmon Hall

7:30 a.m. – 9:00 a.m. (Breakfast provided)

8:30 a.m. Trauma & Drama:  
Responding to Trauma in Care

Dr. Danica Love Brown (Choctaw  
Nation of Oklahoma), MSW, PhD,  
NPAIHB

9:30 p.m. Break

9:45 a.m. Motivational Interviewing in Dentistry

Carrie Bader, Boost Oregon

11:15 a.m. Putting It All Together: Trauma-Informed  
Approaches & Motivational Interviewing  
In the Clinic

Dr. Danica Love Brown (Choctaw  
Nation of Oklahoma), MSW, PhD  
NPAIHB  
Carrie Bader, Boost Oregon

12:00 p.m. Lunch (Provided)

1:00 p.m. Infection Control

Eve Cuny, Executive Assistant Dean  
Professor  
University of The Pacific

2:30 p.m. Break

2:45 p.m. The Dental Team:  
Our Important Role in HPV Prevention

Lisa Bozzetti, DDS, Dental Director  
Virginia Garcia Memorial Health  
Center

3:15 p.m. Dental Health Aide (DHA) Update/CHAP Update

Miranda Davis, DDS NPAIHB  
Pamela Ready (Puyallup) MSDH  
RDH, NPAIHB  
Kari Kuntzelman (chickasaw), LDT  
NPAIHB

3:45 p.m. We Smile: MID Style Panel

Miranda Davis, DDS, NPAIHB  
Sean Kelly, DDS, NTDSC

4:30 p.m. Adjourn

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# Northwest Tribal Dental Support Center

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## LEARNING OBJECTIVES

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### **Navigating the Periodontal Classification System**

1. Explain two reasons a new periodontal classification system was introduced in 2018.
2. Identify the four levels of periodontal health/disease.
3. Describe recommendations for treating each level and grade of periodontal disease.

### **Medical Emergencies in the Dental Office**

1. Know the most commonly encountered medical emergencies.
2. Learn how to manage the commonly reported medical emergencies.
3. Become more adept at preventing medical emergencies.

### **Prevention: What's New Since 2022**

1. Name three dental care medicaments included in the World Health Organization's list of essential medicines, and the reason for their inclusion on this list.
2. List three new research-supported products available for dental disease prevention.
3. Describe the CariedAway study and its results.

### **Native Nutrition and Food Sovereignty in the Northwest**

1. Participants will be able to identify examples of traditional Northwest Native foods and their cultural importance in nutrition and health.
2. Participants will learn how culturally relevant foods are crucial to improved health outcomes, including oral health.
3. Participants will learn more about Northwest Food Sovereignty Initiatives and strategies currently being led by Native people in an effort to restore our food and health systems.

### **Native Infusion: Rethink Your Drink, Traditional Foods Demonstration**

1. Participants will be able to identify examples of healthy beverage stations and messaging that can be applied in multiple settings, including dental or clinical offices.
2. Participants will be able to access curricula and resources for healthy beverage messaging.
3. Participants will learn methods for preparing healthy beverages from traditional plants and foods, such as flavored waters, teas, smoothies and broths.

### **Trauma and Drama: Responding to Trauma in Care**

1. Participants will be able to define Indigenous Trauma Care.
2. Participants will be able to connect histories of trauma and health outcomes.
3. Participants will be able to identify skills that are effective in mitigating the impact of trauma and substance use disorders.





# Northwest Tribal Dental Support Center

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## LEARNING OBJECTIVES CONT'D

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### **Motivational Interviewing in Dentistry**

1. Identify key components of the spirit and principles of MI.
2. Discuss how the MI approach differs from a typical educational/persuasive approach.
3. Recognize MI-adherent questions and responses.

### **Putting It All Together: Trauma-Informed Approaches and Motivational Interviewing in the Clinic**

1. Discuss responses to clinical scenarios using a trauma-informed lens.
2. Identify trauma-informed practices to improve clinical outcomes.
3. Identify motivational interviewing-informed responses in challenging situations.

### **Infection Control**

1. Describe disease transmission and principles of infection prevention and control in oral health care settings.
2. Identify relevant infection control laws, regulations, guidelines, standards, and best practice.
3. Utilize tools to assist with quality assurance measures (e.g., direct observation and feedback).

### **The Dental Team: Our Important Role in HPV Prevention**

1. Describe the relationship between HPV and oral cancer.
2. List two benefits of promoting HPV vaccination in the dental clinic.
3. Outline the age range that benefits most from HPV vaccination.

### **Dental Health Aide (DHA) Update/CHAP Update**

1. List the four types of Dental Health Aides (DHAs) within the Community Health Aide Program.
2. Describe the settings DHAs are authorized to work.
3. Explain the steps a community member can take to become a DHA.

### **We Smile: MID Style Panel**

1. Describe three benefits We Smile participants experienced.
2. List the three aims the Collaboratives hope to accomplish.
3. Name the focus of the 2023 NTDS-C-Arcora Collaborative.





# NORTHWEST TRIBAL DENTAL SUPPORT CENTER

## MEETING PRESENTERS



Azure Boure (she/her/hers) is the Traditional Food and Medicine Program Coordinator. She is a Suquamish Tribal Member with a bachelor's in Native American Environmental Science. She teaches her community how to gather, process, and use traditional plants as food and medicine. This grew out of her passion for learning about the natural world. She now passes that on to the youth of the community in hopes that they will incorporate it into their daily lives.



Dr Amy Suhr (she/her/hers) is a Board Certified Oral & Maxillofacial Surgeon practicing at Tuba City Regional Health Care Corp, in Tuba City, AZ. Dr. Suhr completed her residency in OMFS at St. Joseph's Regional Health Care in Paterson, NJ and Dental school training at SUNY Buffalo. More recently, she completed a 1- year clinical fellowship in Halifax, Nova Scotia, Canada where she was able to participate in a high variety of cases, adding to her understanding and knowledge of the specialty. Dr Suhr has also taken on the role of IHS National OMFS Consultant in 2022. She has been in practice for over 15 years with experience in both the private sector as well as with the tribal hospital in Tuba City. Living in Tuba City for the past 10 years, Dr. Suhr is loving life in northern Arizona as she explores the beautiful outdoors with family, friends, and her "Rez-cue" dog, Ripley. She considers Tuba City her home, and her community there has become family. Serving the patient population on the Navajo Nation is a privilege and honor for Dr. Suhr, and she is grateful to be a part of the Indian Health Services.



Carrie Bader (she/her/hers), first attended an MI training in 2007 and has been a dedicated student of MI ever since. She is a health educator and occupational therapist, and is a member of the international Motivational Interviewing Network of Trainers (MINT). Carrie has presented at conferences, healthcare settings, and non-profit organizations for a wide variety of professionals, including front-line staff, clinical staff, administrators, and leadership. She has provided training to hundreds of people in settings that include health care, behavioral health, addictions, local and state government, community-based organizations, and coordinated care organizations.



# NORTHWEST TRIBAL DENTAL SUPPORT CENTER

## MEETING PRESENTERS (CONT'D)



Lisa Bozzetti (she/her/hers), serves as Dental Director for Virginia Garcia Memorial Health Center, a large FQHC just outside Portland, OR. Over the past 15 years she has overseen growth of the dental program to now include 6 dental clinics, a school-based sealant program and most recently the addition of two dental hygienist dental therapists. She is active at the national level as a Board Member for the National Network for Oral Health Access (NNOHA). Her professional passion is interprofessional integration, which led her to be an active part of the Oregon Oral Health HPV task force and have a special interest in HPV prevention.



Danica Love Brown, (she/her/hers) MSW, CACIII, PhD, is a citizen of the Choctaw Nation of Oklahoma born and raised in Northern New Mexico. Dr. Brown is the Behavioral Health Programs Director at the Northwest Portland Area Indian Health Board, and has worked as a mental health and substance abuse counselor, social worker and youth advocate for over 25 years. She specializes in working with culturally and socio-economically diverse populations and Tribal communities. Dr. Brown is an Indigenous Wellness Research Institute ISMART fellow alumni and current INSPIRE fellow, Council of Social Work Education, Minority Fellowship Program fellow alumni and Northwest Native American Research Center for Health, fellow alumni. Her research has focused on Indigenous Ways of Knowing and Decolonizing Methodologies to address historical trauma and health disparities in Tribal communities and she loves puppies.



Eve Cuny (she/her/hers) is the Executive Associate Dean and Professor of Diagnostic Sciences at University of the Pacific, Dugoni School of Dentistry in San Francisco, California. She has lectured and published widely on infection prevention and control, and patient safety, and has worked globally with government agencies, universities, and nonprofit organizations to develop best practices in infection control and sustainable oral health programs. Professor Cuny is past Chairperson of the Organization for Safety, Asepsis and Prevention (OSAP). She also is member of the National Occupational Research Agenda Council in the Healthcare and Social Services Sector, a liaison representative to the CDC Healthcare Infection Control Practices Advisory Committee (HICPAC), a consultant to the ADA Council on Dental Practice, and member of the Healthcare Acquired Infections and Antimicrobial Stewardship advisory committee to the Washington Department of Health.

# NORTHWEST TRIBAL DENTAL SUPPORT CENTER

## MEETING PRESENTERS (CONT'D)



Dr. Miranda Davis (she/her/hers) has worked at the Northwest Portland Area Indian Health Board (NPAIHB) since 2019 where she serves as the Prevention Consultant for the Northwest Tribal Dental Support Center (NTDSC). Dr. Davis also directs the Dental Health Aide Program at NPAIHB, which includes the Native Dental Therapy Initiative. The Dental Health Aide Program assists tribes in implementing innovative workforce models to address social determinants of health and expand access to high quality oral health care.

Dr. Davis has over twenty years of experience in the dental field. Her undergraduate thesis focused on dental fears and phobias. She then earned a DDS from the University of the Pacific School of Dentistry in San Francisco, and a MPH from the University of Washington School of Public Health. While working with Tribal clinics, Dr. Davis participated in many activities offered by the NTDSC, including the Baby Teeth Matter initiative, continuing education courses, and annual area dental meetings. She is now honored to work with the NTDSC!



Nora Frank Buckner (she/her/hers) is an enrolled member of the Nez Perce Tribe of Idaho and a direct descendant of the Klamath Tribes of Southern Oregon. She graduated from Oregon State University with a Bachelor of Science degree in Public Health focused on Health Promotion and Health Behavior. In addition, she holds a Master of Public Health degree focused on Health Management and Policy from Portland State University. For more than a decade, Nora has passionately worked in the field of Public Health and chronic disease prevention. Her primary focus is on collaborative leadership and systems thinking that has contributed toward the efforts of a regional food sovereignty movement. She is currently the Planning Director and a Lead Consultant with Tahoma Peak Solutions. A Native Woman-Owned firm focusing on strategic communications and food systems planning and design. Her expertise is in developing, facilitating, and coordinating networks, coalitions, and tribal programs that address food sovereignty and systems, food security, and access to fresh, nutritious, and traditional foods.



Pamela Ready (she/her/hers) is an enrolled member of the Puyallup Tribe of Indians and a registered dental hygienist with experience as a clinician and clinical instructor. She currently works as the Dental Health Aide (DHA) Education Manager, in the Tribal Community Health Provider Program (TCHPP) at Northwest Portland Area Indian Health Board (NPAIHB). She completed her BSDH and MSDH at Eastern Washington University where she discovered her focus and passion of understanding the origins of oral health disparities for the AI/AN population and providing pathways and interventions to treat, prevent, overcome and heal. Pam is working with the TCHPP team developing and implementing the Dental Health Aide (DHA) discipline of the Community Health Aide Program (CHAP) in the Portland Area (WA, OR, ID).



# NORTHWEST TRIBAL DENTAL SUPPORT CENTER

## MEETING PRESENTERS (CONT'D)



Dr. Sean R. Kelly (he/him/his) served as a Commissioned Corps Officer within the Indian Health Service of the United States Public Health Service from 2003 to 2017. He retired as a Captain on August 1, 2017, with 26 years of combined active-duty service with the U.S. Navy. Starting as a Staff Dentist for the Puyallup Tribal Health Authority Dental Clinic, Dr. Kelly became the Dental Director in 2008. As Director he supervised a team of 30 personnel in a large clinic of 19 chairs, providing treatment for American Indians/Alaska Natives living in Pierce County, WA. Dr. Kelly resigned from his dental director position in September 2021. Dr. Kelly graduated from the Virginia Commonwealth University School of Dentistry with Cum Laude honors in 1990. In 1991 he completed the Advanced Education in General Dentistry program at the University Of North Carolina School of Dentistry, Chapel Hill. Dr. Kelly now lives in Noxon, MT. He loves to hike, camp, kayak, fish and play golf. He contributes to the local public school as a substitute teacher and as a football and basketball coach.



Ch'ee-la (Hello), my name is Ticey Mason (she/her/hers) and I am a citizen of the Confederated Tribes of Siletz Indians (Sixes, Shasta-Costa, Maquanutna, Joshua and Tututni bands). I grew up in the Yachats/Waldport and Siletz area of the Oregon coast. I am the Director of the NW Tribal Dental Support Center (NTDSC), a project at the NW Portland Area Indian Health Board (NPAIHB). I have worked for NTDSC for over 18 years and in Indian country for over 30 years. I started with the Northwest Portland Area Indian Health Board in 2004, after working for my tribe in social services and workforce development for the state of Oregon. I have a Master's degree in Organizational Leadership Studies and a Bachelor's degree in Sociology. I am passionate about voicing Oral health is a treaty right for our AI/AN people and is not free care. My paternal grandpa was a dentist and I'm thinking this passion has been passed down to me to be an advocate for our AI/AN communities.



For more than a decade, Ms. Valerie Segrest (she/her/hers) has dedicated her work in the field of Nutrition and Human Health Science towards the efforts of the food sovereignty movement and catalyzing food security strategies rooted in education, awareness, and overcoming barriers to accessing traditional foods for Tribal communities throughout North America. By utilizing a community-based participatory research approach she has worked to organize tribal community members in grassroots efforts towards strengthening sustainable food systems that are culturally relevant and nutritionally appropriate. Ms. Segrest earned her Bachelors Degree in Human Nutrition and Health Sciences from Bastyr University and her Masters of Arts Degree in Environment and Community from Antioch University. Over the years she has earned several certifications in advanced herbal studies and has extensively researched the subject of historical and traditional food and medicine systems of the Coast Salish tribes of Western Washington. Valerie aims to inspire and enlighten others about the importance of a nutrient-dense diet through a culturally appropriate, common-sense approach to eating.

