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- 1 Patients in the Diabetes Register
- 2 Gender of Patients with Diabetes
- 2 Age of Patients with Diabetes
- 3 Diabetes Type
- 3 Duration of Diabetes
- 4 Weight Control
- 5 Hemoglobin A1c
- 6 Blood Pressure
- 7 Tobacco Use
- 7 Tobacco Cessation Referrals
- 8 Diabetes Medications
- 9 ACE Inhibitor or ARB Prescriptions
- 9 Antiplatelet Therapy
- 10 Annual Examinations
- 10 Diabetes-Related Education
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- 11 Patients diagnosed with Hypertension, CVD
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- 12 Depression Screening among Patients without Active Depression Diagnoses
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- 25 Patients with Diabetes-Related Prescriptions
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- 26 Ace Inhibitor (or ARB) Prescriptions & Anti-Platelet Therapy
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- 34 UACR Results; Records Meeting ALL of the criteria (A1c<8.0, LDL<100, mean BP,140/30)
- 35 Tuberculosis Status; Type of TB test done; Positive/Negative results

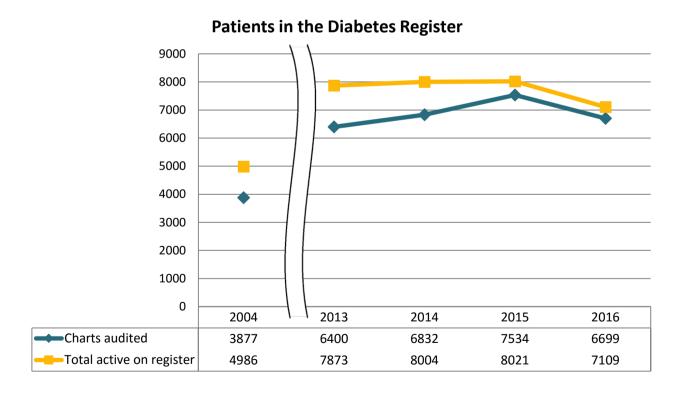
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#### **Site-Specific Trends**

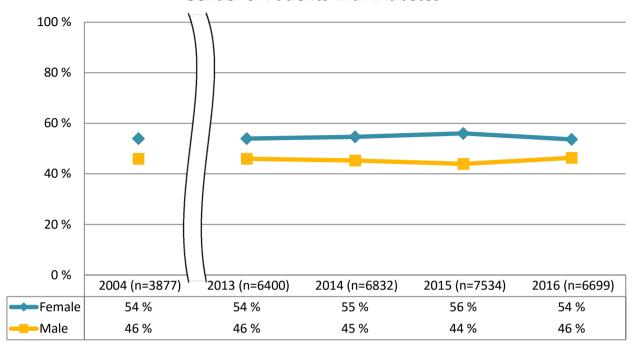
The following report contains information from your program's annual diabetes audit submission to the Indian Health Service over the past few years. The report was prepared for your site by the Western Tribal Diabetes Project at the Northwest Portland Area Indian Health Board, which receives Special Diabetes Program for Indians (SDPI) funding to assist Northwest tribes in managing their diabetes information. If you have any questions about the report, or if you would like this report in Excel format, please contact the Western Tribal Diabetes Project at wtdp@npaihb.org or (800) 862-5497.

#### Notes:

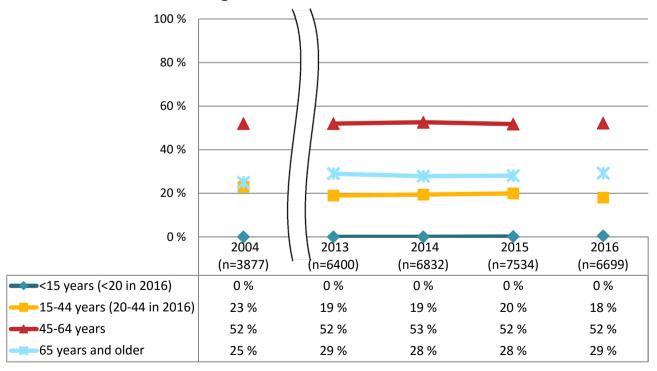
- Due to rounding, charts will occasionally not add up to 100%.
- Data are presented by the year in which the data were submitted. Most likely, the patient care reflected in the audit was delivered in the previous year. For example, the columns 2015 in these charts reflect care that was delivered in 2014.
- Blank spaces have been left for some indicators in years when information was not reported.

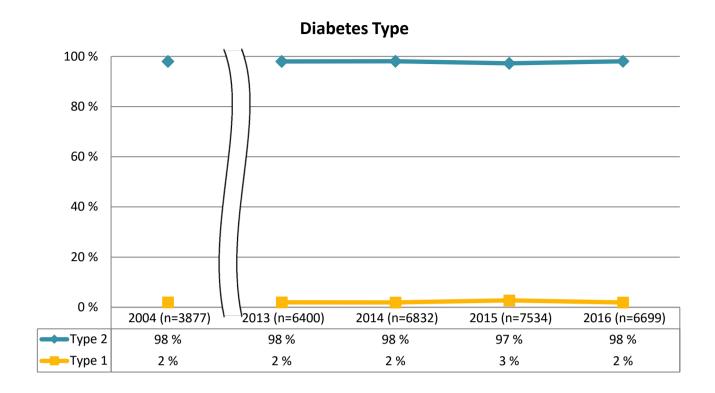


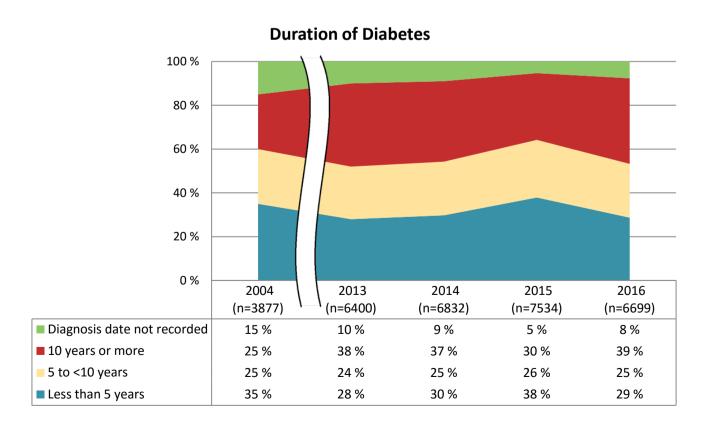




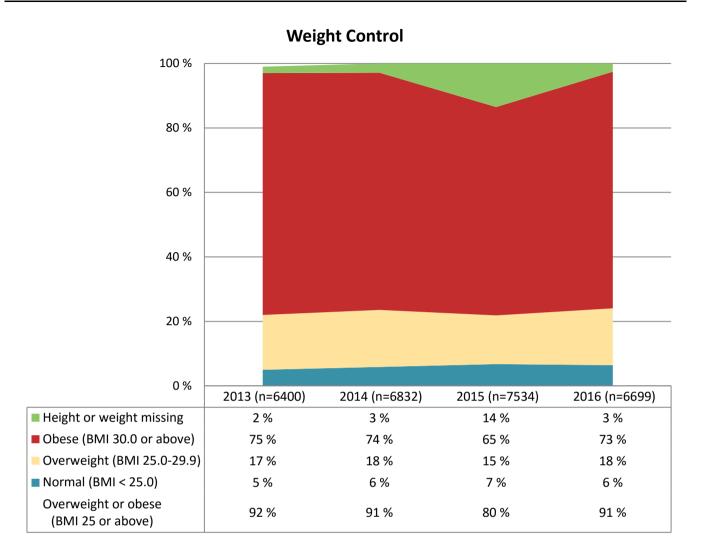
# **Age of Patients with Diabetes**







A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.



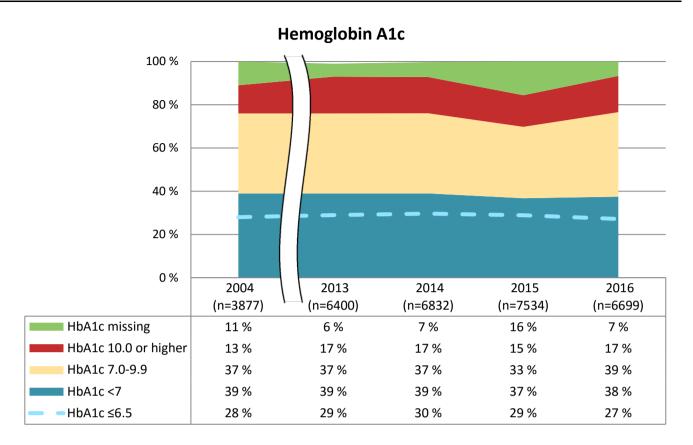
#### Notes

Body Mass Index (BMI) is calculated using the last weight in the audit year recorded on a non-prenatal visit, along with the most recent height measured since the patient's 19th birthday. The formula is

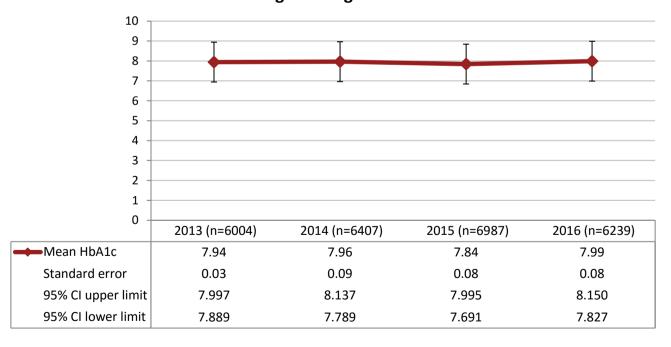
BMI = weight (lbs) ÷ height (inches) ÷ height (inches) × 703

Before 2005, overweight and obesity were reported from the audit using cutoffs from the National Health and Nutrition Examination Survey (NHANES). Women were considered overweight with a BMI of 27.3 or higher and obese with BMI 32.3 or higher. Men were overweight at a BMI of 27.8 and obese at 31.1 or higher. These results are still calculated from audit data but are not presented here for the sake of clarity in the chart.

The bars in the graph reflect current cutoffs, which are the same for men and women. Overweight is defined as a BMI of 25 or higher and obesity is 30 or higher. Using these standards, more patients are considered overweight than with the older standards.

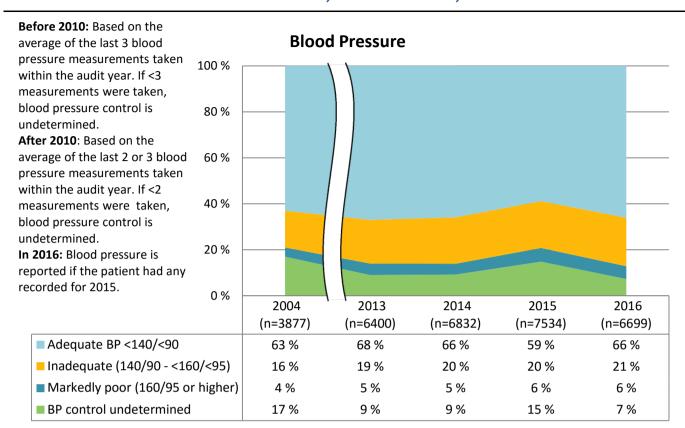


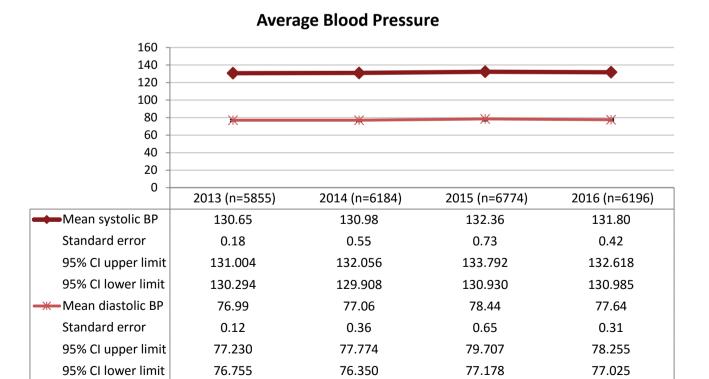
# **Average Hemoglobin A1C**

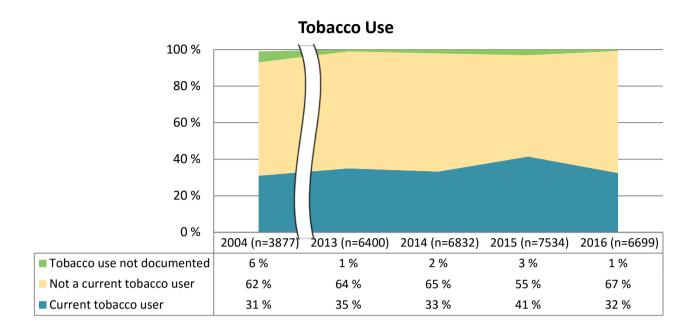


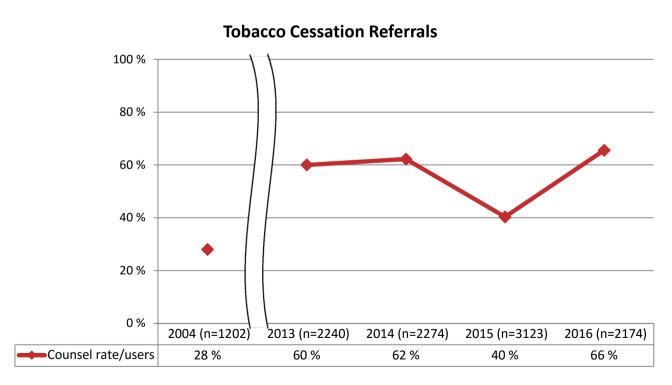
A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.

#### Diabetes Audit Results, Portland Area, 2004-2016





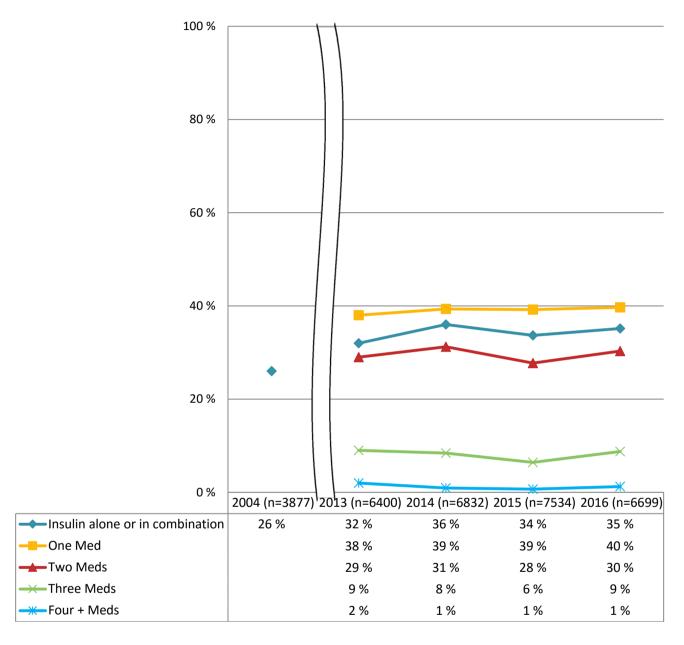




Note: The 'n' in this graph refers to the total number of tobacco users included in the audit.

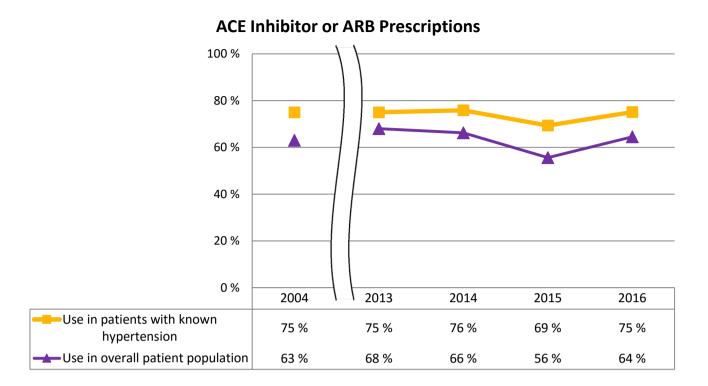
A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.

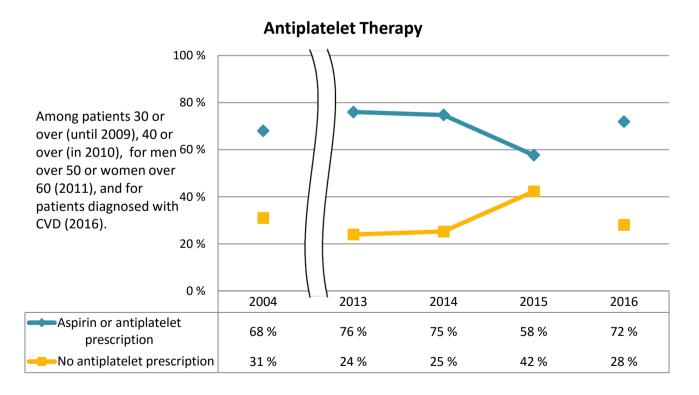




#### **Notes**

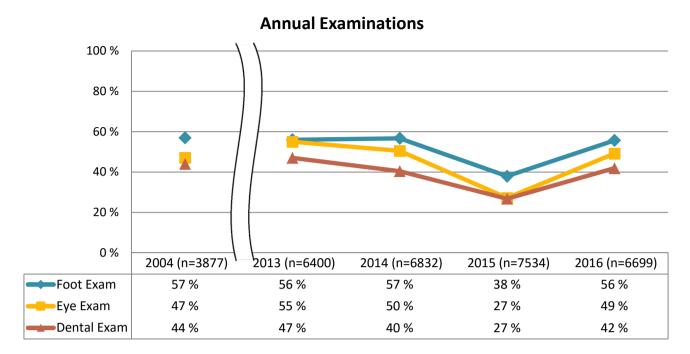
If no records are found in the patient's chart of medications prescribed or dispensed in the last six months of the audit year, the patient is classified as being treated with "diet and exercise alone." The percentages for patients not on any medications may be inflated if patients did not refill their prescriptions at the clinic in the last six months of the audit year. You can enter medication reviews as historical RXs so that the audit report will reflect those prescriptions.





Denominators (n=) are not displayed on this page. These charts represent various subsets of patients, and not the entire population included in the audit.

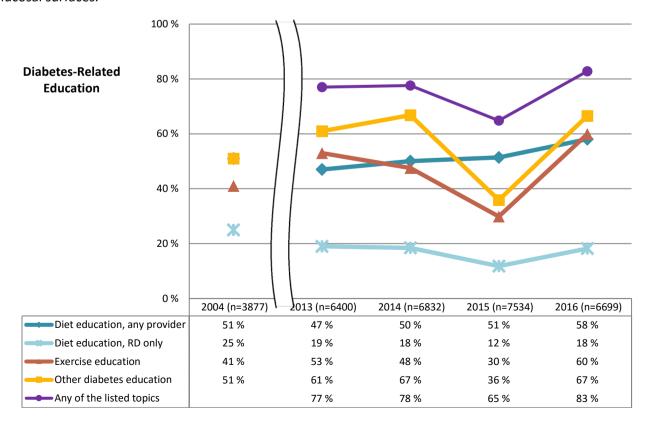
A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.

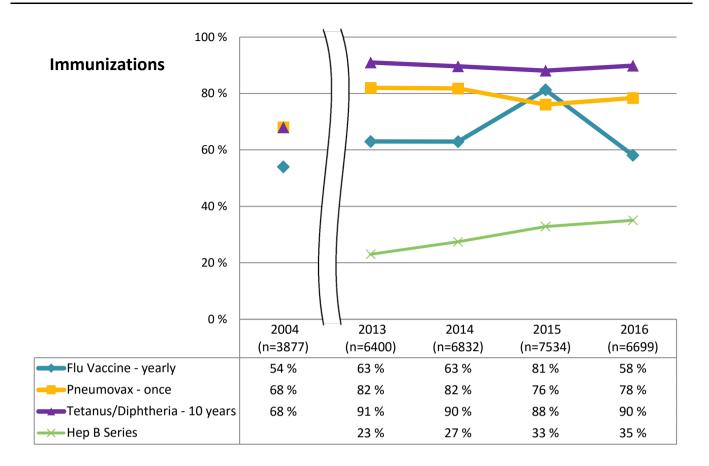


Eye Exam: A dilated fundoscopic exam conducted by a primary care provider, optometrist or ophthalmologist, or fundoscopic photographs reviewed by an ophthalmologist.

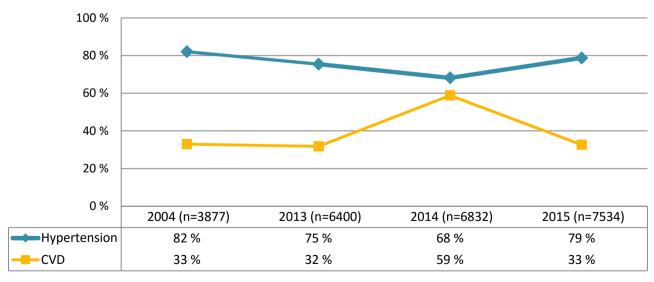
Foot Exam: An examination of the feet that includes neurologic and vascular evaluation as well as visual inspection for deformities or lesions.

Dental Exam: The dental examination is one that includes evaluation of the teeth (if present), gingiva and mucosal surfaces.





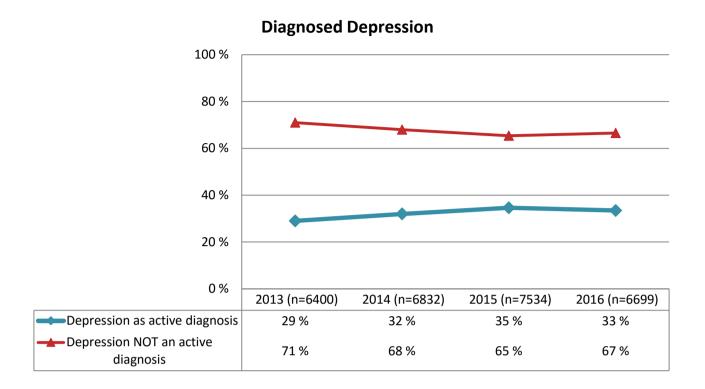
# Patients diagnosed with Hypertension, CVD



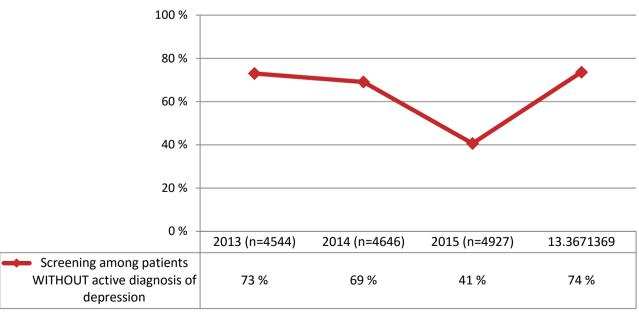
Patient has "known hyptertension" if hypertension is on the problem list or the patient has had at least 3 visits with a diagnosis of hypertension.

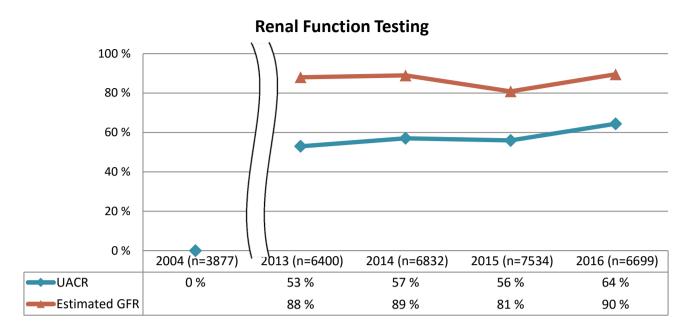
Patient has CVD if CVD is found on the problems list or patient had at least two diagnoses ever of CVD.

A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.









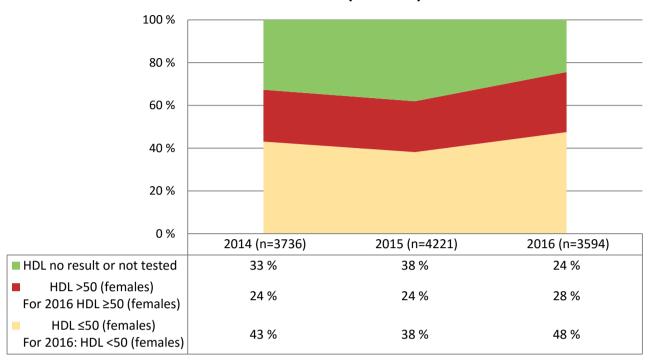
Urinalysis results before 2014 included what type of urine protein testing was conducted. In 2014, tracking the types of urinalysis was discontinued and replaced by tracking whether the patient has had a urine albumin/creatinine ratio.

#### **Renal Function Testing: Combined Outcome Measures**

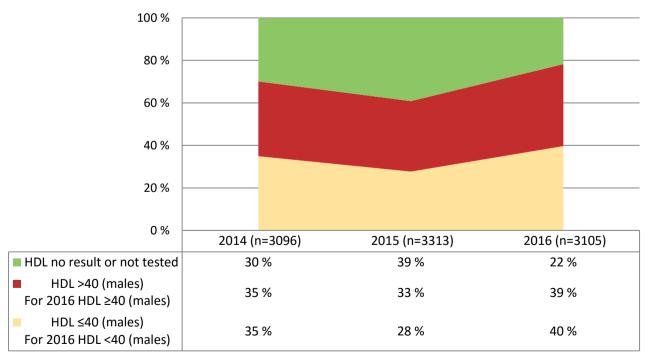


A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.



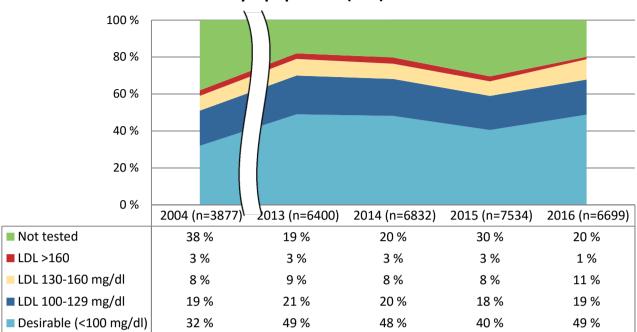


# **HDL Cholesterol (Males)**

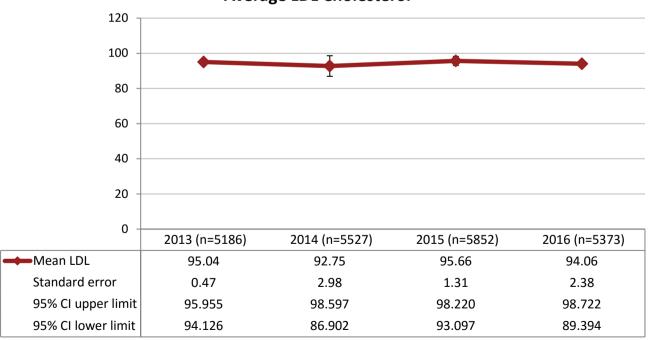


Trends, page 14





#### **Average LDL Cholesterol**



A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.

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This information is for the following groups:

Portland Area (n=6699 patients)

All IHS Areas (n=122051 patients)

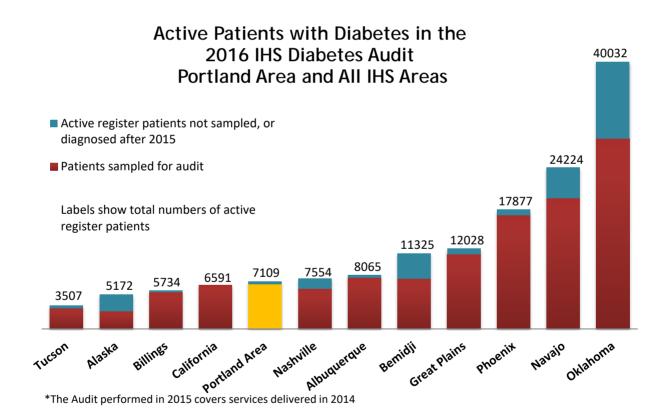
6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)

The following report contains information from your clinic's Annual IHS Diabetes Audit submission. It also includes summary data from all reporting tribal, IHS and urban facilities in the Portland Area. The audit information is displayed side by side so that you can see how your site compares to the overall Portland Area. If you have any questions about the report, please contact the Western Tribal Diabetes Project at (800) 862-5497.

#### Who is this report about?

Patients identified by local Diabetes Program staff as having type 1 or type 2 diabetes and part of the active patient load, with at least one primary care visit in the calendar year. Only American Indian and Alaska Native patients are included in the audit.



This information is for the following groups:

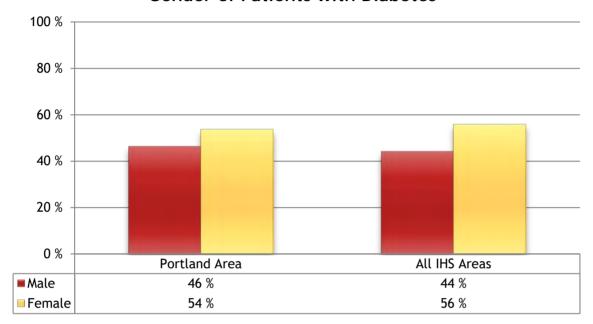
Portland Area (n=6699 patients)

All IHS Areas (n=122051 patients)

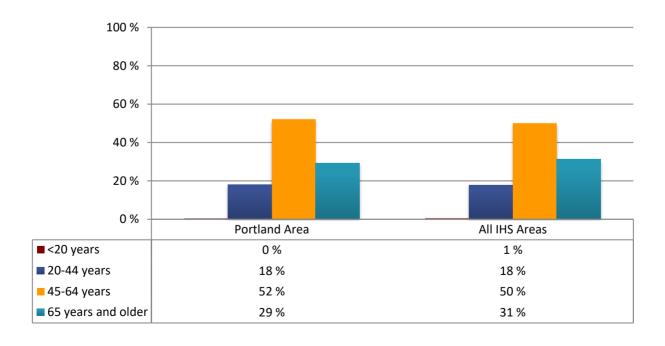
6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)

#### Gender of Patients with Diabetes



# **Age Distribution of Patients with Diabetes**



This information is for the following groups:

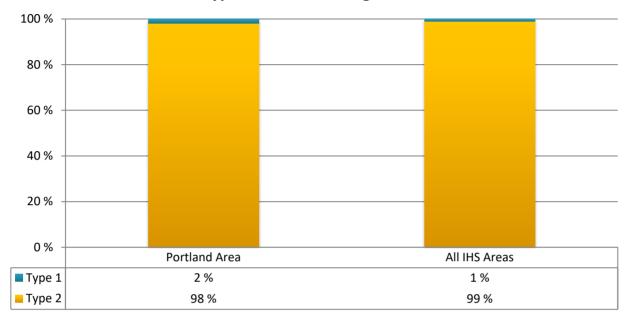
Portland Area (n=6699 patients)

All IHS Areas (n=122051 patients)

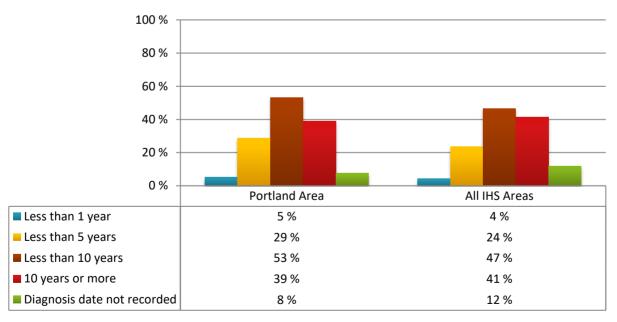
6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)

#### **Type of Diabetes Diagnosed**



#### **Duration of Diabetes**

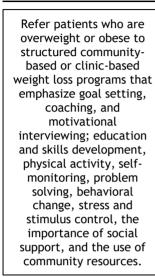


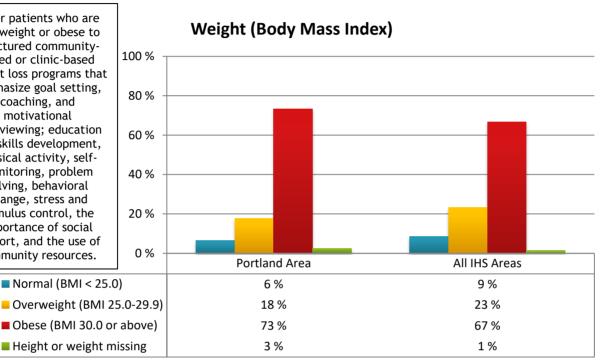
This information is for the following groups: Portland Area (n=6699 patients)

All IHS Areas (n=122051 patients)

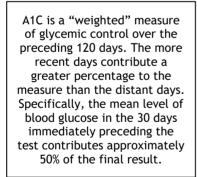
6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)



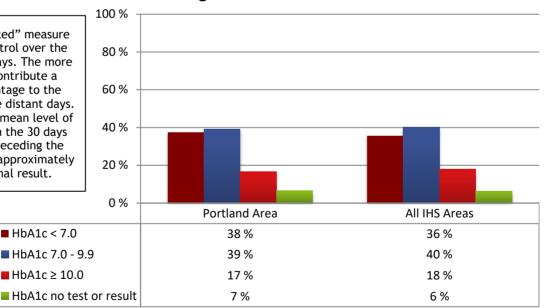


#### **Hemoglobin A1C**



■ HbA1c < 7.0

HbA1c ≥ 10.0



This information is for the following groups: Portland Area (n=6699 patients)

All IHS Areas (n=122051 patients)

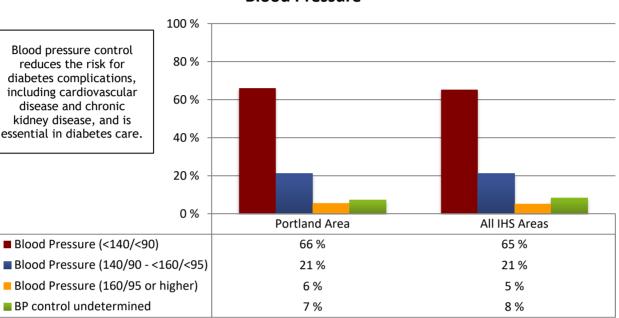
6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)

# **Blood Pressure**

Blood pressure control reduces the risk for diabetes complications, including cardiovascular disease and chronic kidney disease, and is essential in diabetes care.

■ BP control undetermined



Tobacco use increases the already elevated risk of cardiovascular and microvascular complications in people with diabetes. Research shows that a brief tobacco dependence treatment intervention delivered by one provider can increase guit rates by as much as 80%.

#### 100 % 80 % 60 % 40 % 20 % 0 % **Portland** All IHS Areas Area ■ Current tobacco 32 % 26 % user ■ Not a current 67 % 73 % tobacco user ■ Tobacco use not

1 %

documented

1 %

**Tobacco Use** 

#### **Tobacco Cessation Counseling for Current** Tobacco Users 80 % 60 % 40 % 20 % 0 % **Portland** All IHS Area Areas (n=2174 (n=31380 Patients) Patients) Counseled -

66 %

Yes

63 %

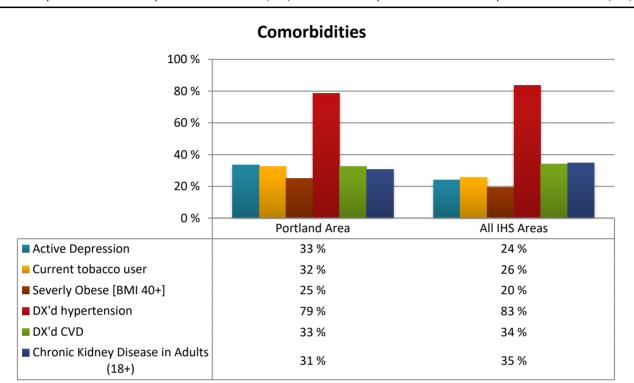
This information is for the following groups:

Portland Area (n=6699 patients)

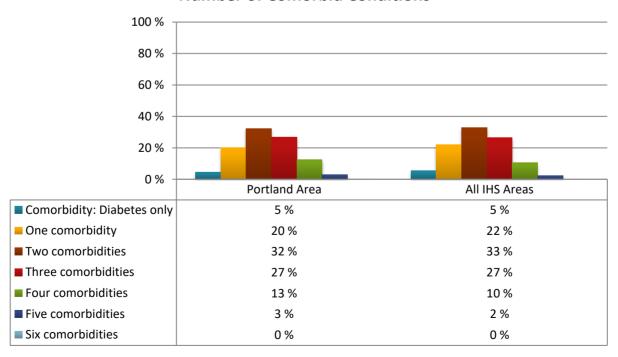
#### All IHS Areas (n=122051 patients)

6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)



#### **Number of Comorbid Conditions**



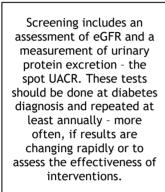
This information is for the following groups: Portland Area (n=6699 patients)

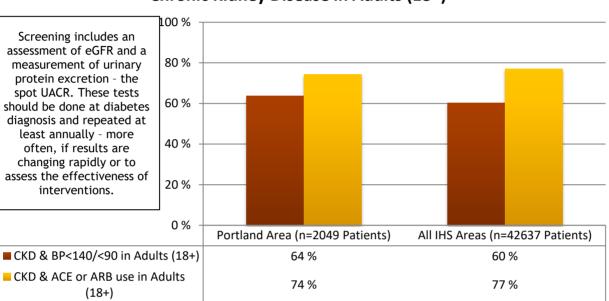
All IHS Areas (n=122051 patients)

6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)

#### **Chronic Kidney Disease in Adults (18+)**





In adults with diabetes, the most likely cause of CKD is the diabetes itself. However, not all CKD in patients with diabetes is due to diabetic nephropathy and it is important to look out for patients whose CKD pattern (e.g., significant albuminuria early in the course of diabetes, a rapid rise in urine albumin excretion) suggests another etiology. These patients should be referred to a nephrologist for further testing (e.g., kidney biopsy) for a definitive diagnosis and treatment plan.

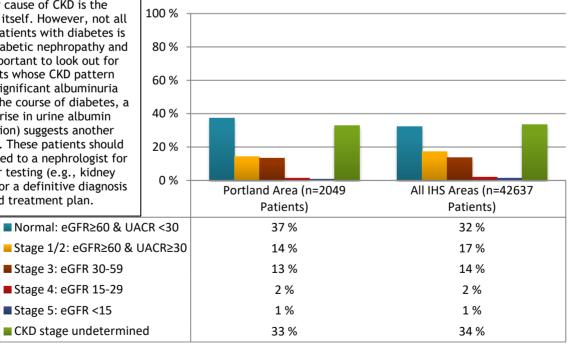
■ Stage 3: eGFR 30-59

■ Stage 4: eGFR 15-29

■ Stage 5: eGFR <15

(18+)

# Stages in Patients diagnosed with CKD



This information is for the following groups:

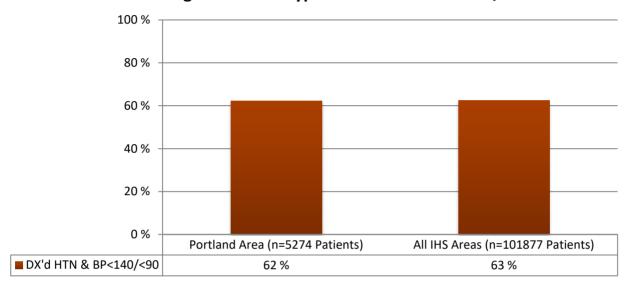
Portland Area (n=6699 patients)

All IHS Areas (n=122051 patients)

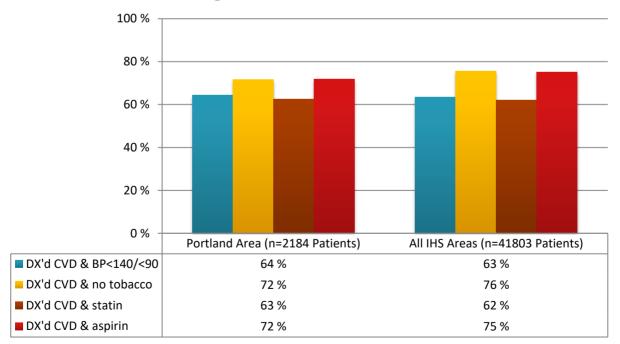
6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)

#### Patients Diagnosed with Hypertension with BP <140/<90



### **Patients Diagnosed with Cardiovascular Disease**



This information is for the following groups:

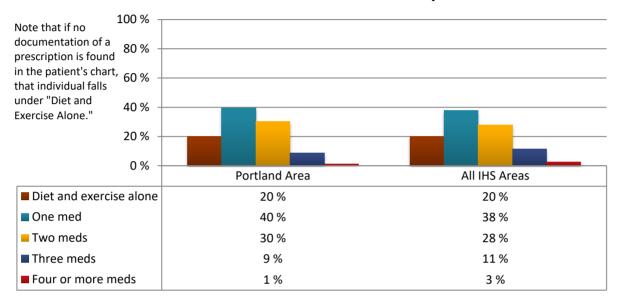
Portland Area (n=6699 patients)

All IHS Areas (n=122051 patients)

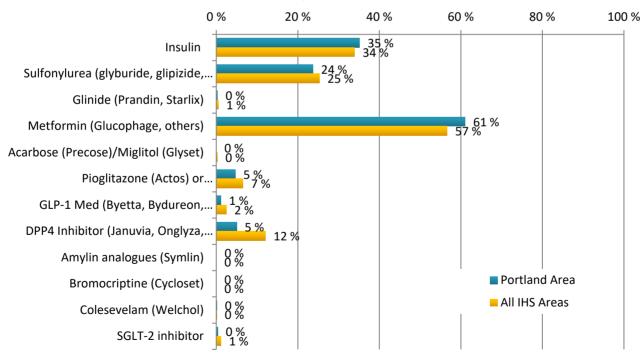
6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)

#### **Patients with Diabetes-Related Prescriptions**



#### **Diabetes Medications, Alone or in Combination**



This information is for the following groups:

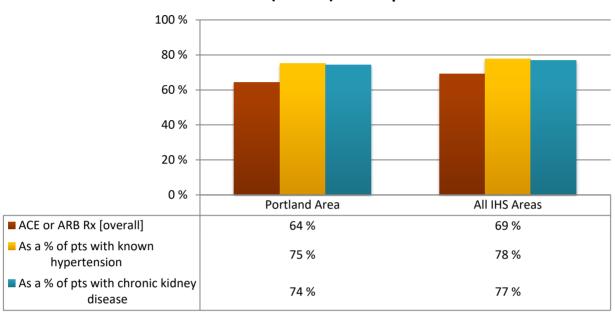
Portland Area (n=6699 patients)

All IHS Areas (n=122051 patients)

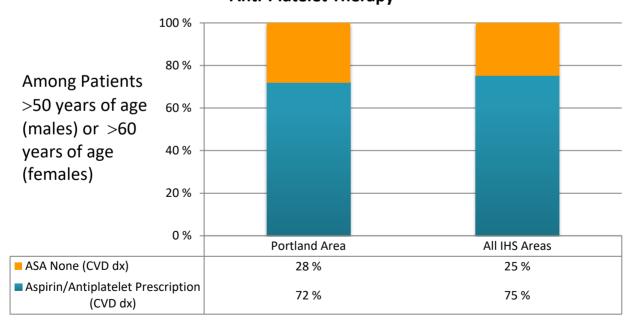
6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)

#### Ace Inhibitor (or ARB) Prescriptions



#### **Anti-Platelet Therapy**



This information is for the following groups:

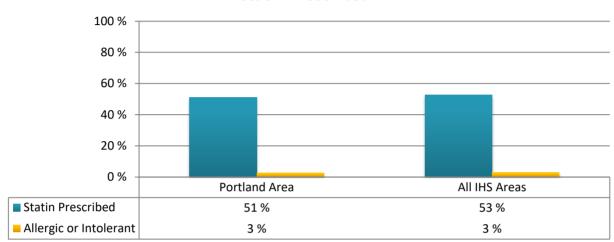
Portland Area (n=6699 patients)

All IHS Areas (n=122051 patients)

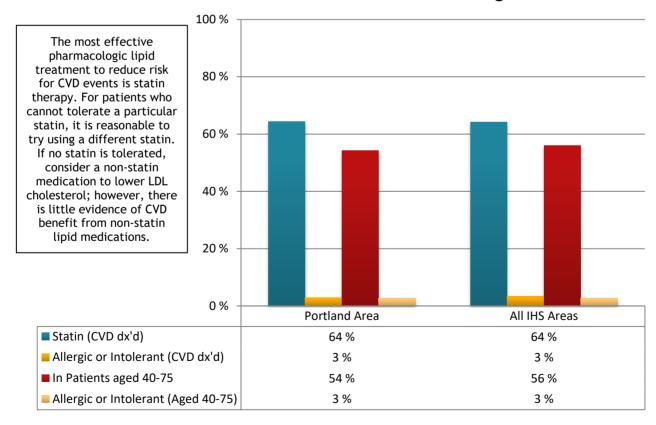
6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)

#### **Statin Prescribed**



#### Statin Use in Patients dx'd with CVD and Patients aged 40-75



This information is for the following groups:

Portland Area (n=6699 patients)

All IHS Areas (n=122051 patients)

6699 sampled from 7109 active patients with diabetes (94%)

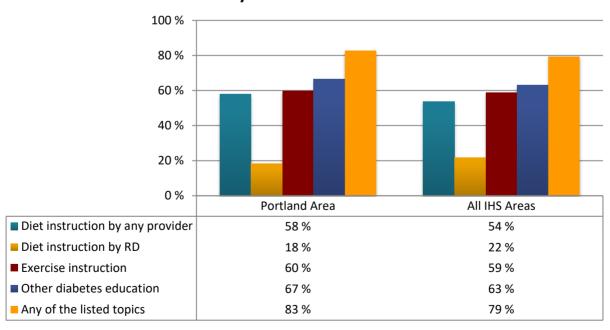
122051 sampled from 149218 active patients with diabetes (82%)

39 %

# Yearly Exams 100 % 80 % 60 % 20 % Portland Area All IHS Areas Foot exam - neuro & vasc Eye exam - dilated 9 % 58 %

#### **Yearly Diabetes Education**

42 %



■ Dental exam

This information is for the following groups:

Portland Area (n=6699 patients)

#### All IHS Areas (n=122051 patients)

6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)

#### **Immunizations** 100 % 80 % 60 % 40 % 20 % 0 % Portland Area All IHS Areas ■ Flu Vaccine - yearly 58 % 56 % Pneumovax - once 78 % 80 % ■ Tetanus/Diphtheria (g 10 yrs) 90 % 89 % ■ Td/Tdap ever 86 % 87 % ■ Hepatitus B series ever/not immune 35 % 28 %

#### **Portland Area**

Flu Vaccine refused: 9.50016100074845% Pneumovax refused: 4.3692775759912%

Tetanus/Diphtheria refused: 1.95560549049636%

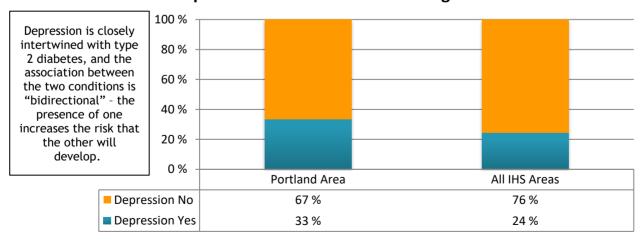
#### **All IHS Areas**

Flu Vaccine refused: 8% Pneumovax refused: 4%

Tetanus/Diphtheria refused: 1%

Hepatitus B series refused/not immune: 4.0806594604 Hepatitus B series refused/not immune: 3%

#### **Depression Identified as Active Diagnosis**



This information is for the following groups:

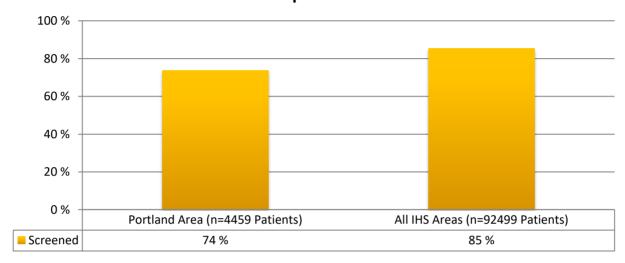
Portland Area (n=6699 patients)

All IHS Areas (n=122051 patients)

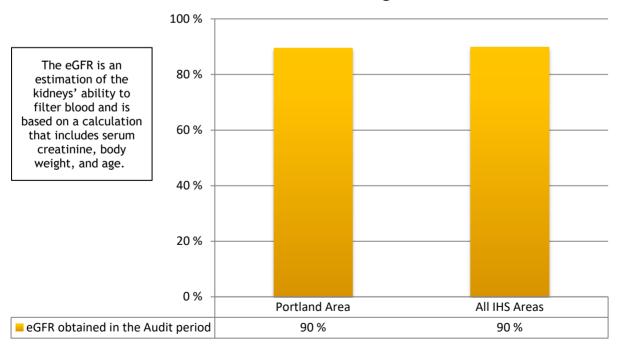
6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)

# Of Patients Without Active Depression Diagnosis, Proportion Screened for Depression in Past Year



#### **Estimated GFR Testing**



This information is for the following groups:

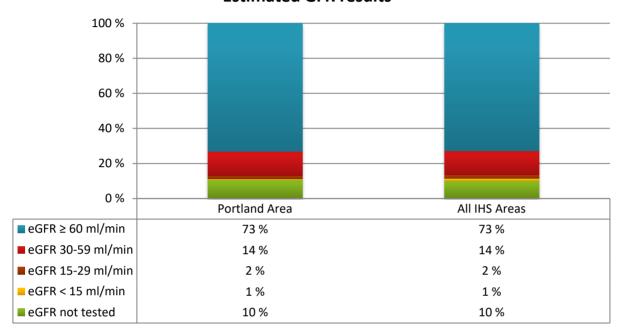
Portland Area (n=6699 patients)

All IHS Areas (n=122051 patients)

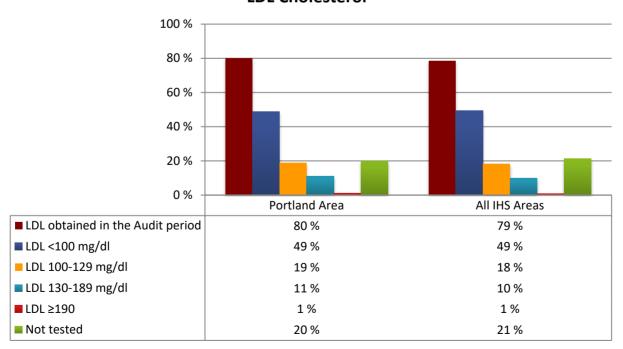
6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)

#### **Estimated GFR results**



#### **LDL Cholesterol**



This information is for the following groups:

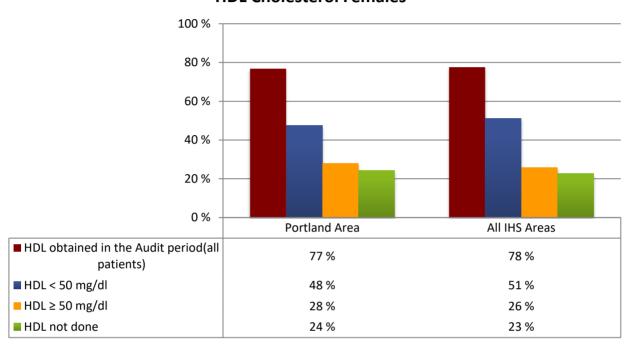
Portland Area (n=6699 patients)

All IHS Areas (n=122051 patients)

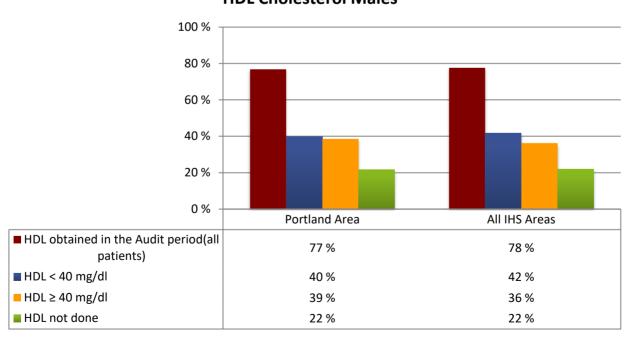
6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)

#### **HDL Cholesterol Females**



#### **HDL Cholesterol Males**



This information is for the following groups:

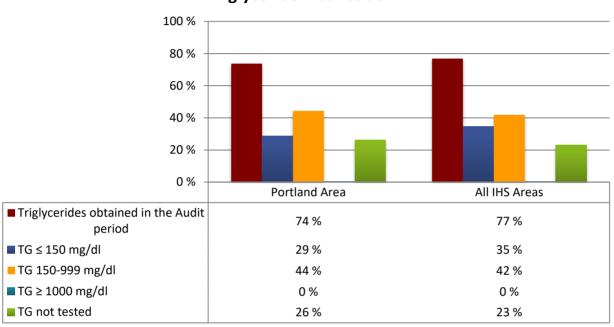
Portland Area (n=6699 patients)

All IHS Areas (n=122051 patients)

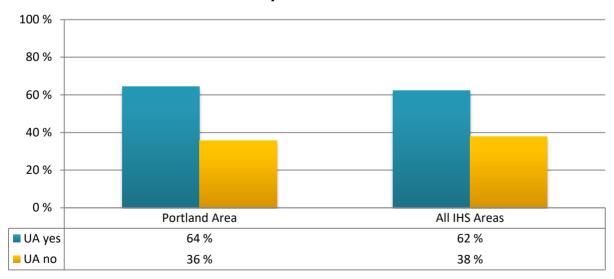
6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)

# **Triglyceride Distribution**



#### **Urinalysis Performed**



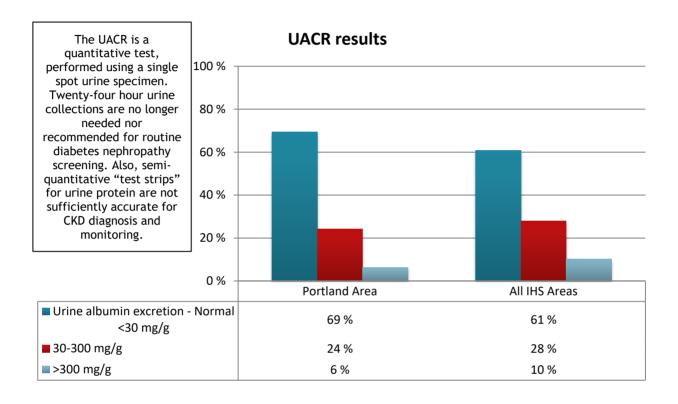
This information is for the following groups:

Portland Area (n=6699 patients)

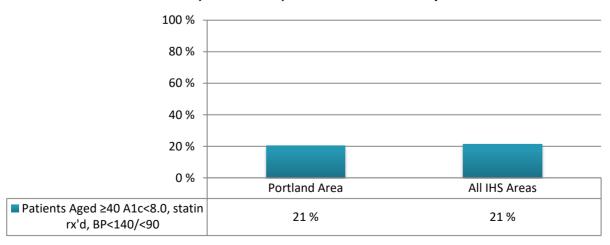
All IHS Areas (n=122051 patients)

6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)



# Records meeting ALL of the criteria: A1c < 8.0, LDL < 100, and mean BP <140/<90



This information is for the following groups:

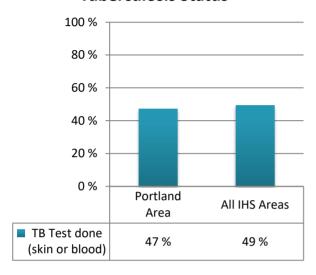
Portland Area (n=6699 patients)

#### All IHS Areas (n=122051 patients)

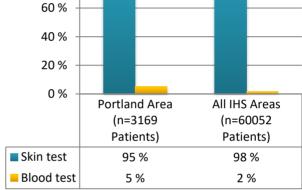
6699 sampled from 7109 active patients with diabetes (94%)

122051 sampled from 149218 active patients with diabetes (82%)

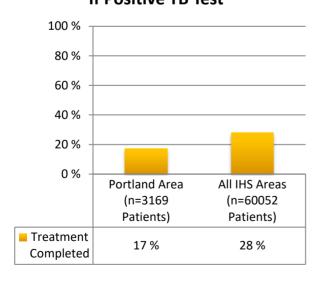
#### **Tuberculosis Status**



# Type of TB test done 100 % 80 % 60 %



#### If Positive TB Test



#### If Negative TB Test

