## No-Cost Mental Health Services

The Tribal Opioid Response team, along with the NPAIHB, are offering **no-cost**, fully virtual substance use and mental health services to Indigenous individuals aged 15 years and older who live in WA, OR, or ID.

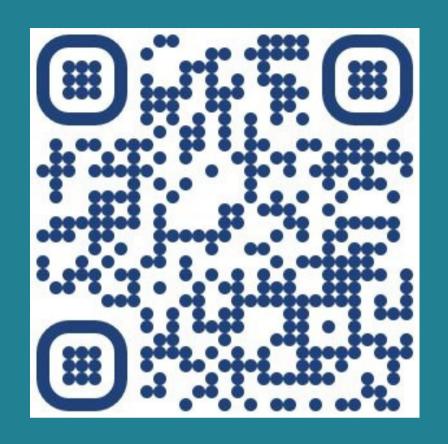
For information on how to access these services, visit:

bit.ly/TORmentalhealth











## Text 'OPIOIDS' to 94449

To receive videos, quizzes, and more to grow your opioid knowledge



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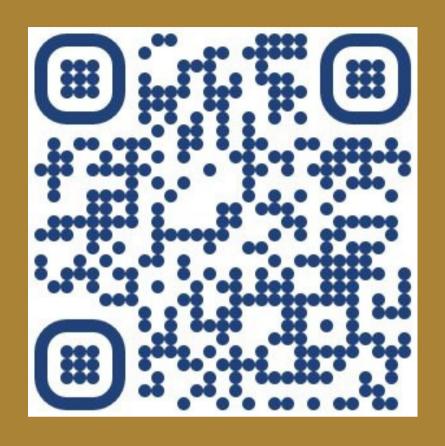
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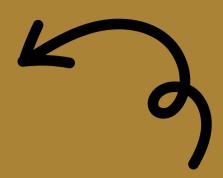
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Scan QR code for virtual mental health services

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