What Are MAT and MOUD?

Medication-Assisted Treatment (MAT) means using medications and behavioral health counseling to treat opioid use disorder. People also call this Medication for Opioid Use Disorder (MOUD).

How MAT/MOUD Can Help

Using MAT/MOUD to treat opioid use disorder is very effective.

At our clinic, we offer [buprenorphine or methadone.]

[Both medications help decrease cravings.]

[We also recommend seeing a behavioral health counselor at the same time. Counselors can help address any unhealthy thinking and behaviors.]

[The combination of medication and counseling helps stop the cycle of opioid use disorder.]

The Facts

Research shows that medications combined with counseling is more successful at helping people recover from opioid use disorder than abstinence-based approaches that require people to stop taking drugs “cold turkey.”

[Note that those who use buprenorphine medicines may be at risk for serious dental problems. Consult your health care professional for steps on how to lessen the risk of dental problems and if you have history of tooth problems.]

Learn More

To speak with a provider about MAT/MOUD, call [the clinic at 123-456-7891. We will schedule an appointment for you. During the appointment, a healthcare provider will discuss your needs and goals for the future.]

Here at [clinic name] we treat [patients/clients] with kindness, care, and without judgement.