

**MY MIND, BODY, AND SPIRIT  
ARE SACRED.**

**SEXUAL ASSUALT IS NOT OKAY.**

**IF YOU THINK YOU HAVE BEEN SEXUALLY  
ASSAULTED, WE BELIEVE YOU.  
HELP IS AVAILABLE.**



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**STRONGHEARTS NATIVE HELPLINE | 1-844-7NATIVE | [WWW.STRONGHEARTSHELPLINE.ORG](http://WWW.STRONGHEARTSHELPLINE.ORG)**

