

TALKING IS POWER

A Text Messaging Service for Parents and Caring Adults

Talking with youth about sensitive topics is never easy, but it's important. You are your teen's biggest influencer when it comes to making decisions about sex and healthy relationships.

Text EMPOWER to 94449

You'll receive up to 3 text messages per week with conversation starters, tips, video demonstrations, and words of encouragement.

We'll cover sexual health, pregnancy, STDs, and consent. You don't need to have all the answers, you just need to start talking – be open and honest – and keep at it. Talking with your teen will help them make healthy decisions.

Ya'at eeh!
My name's
Michelle!
My pronouns are
she and her.
Give yourself a
high five from
me. I'm glad
you're here!



#TalkingIsPower

#HealthyNativeYouth


#weRnative

CURRICULA


LESSON PLANS

HANDOUTS

RESOURCES

 www.healthynativeyouth.org

 fb.com/HealthyNativeYouth

 Listserve: Text "YouthNews" to 22828

 <https://www.instagram.com/healthynativeyouth/>
[@HealthyNativeYouth](https://www.instagram.com/healthynativeyouth/)

 native@npaihb.org

**SIGN UP TO RECEIVE UPDATES
VIA TEXT MESSAGE**

TEXT "HEALTHY" TO 94449



HEALTHY
NATIVE
YOUTH