



Facilitator's Training

Second Wind Tobacco Cessation

March 1 & 2
In-Person | Chiloquin, Oregon

CULTURALLY RELEVANT

Adapted from the American Cancer Society's Fresh Start model for Tribal communities

EVIDENCE-BASED

Centers for Disease Control and Prevention approved focusing on behavior change

FREE

This is a FREE train the trainer program that could prepare you to apply for National Indian Health Board Tobacco Cessation funding opportunities.

Highlights

COVID-19 is a respiratory disease and reducing commercial tobacco use can help aid in respiratory wellness.

The curriculum will educate participants on:

- Basic Tobacco facts
- Understanding why individuals smoke
- Nicotine Replacement Therapy
- How to develop a quit smoking plan

And much more!



Facilitator: Lou Moerner
Certified Cessation Facilitator and Trainer

Register here:
www.surveymonkey.com/r/March2023SecondWind

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