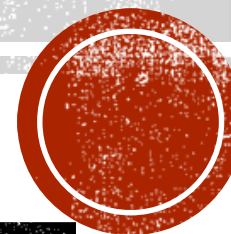




Health and Human Services

COWLITZ INDIAN TRIBE



HEALTH AND HUMAN SERVICES - ADMINISTRATION

- Policy and budgeting set by Tribal Council and the Health Board
- David Barnett, Chairman, Cowlitz Indian Tribe
- Cassandra Sellards-Reck, Health Board Chair
- Steve Kutz, HHS Executive Director
- Elizabeth Tail, HHS Deputy Director
- Jesse Reichert, Tukwila Clinic Director
- Kay Culbertson, Health Services Director



VISION AND MISSION

Vision

Generational wellness for all our relations.

Mission

It is the mission of the Cowlitz Indian Tribe,
Health and Human Services Department to promote
an optimal level of wellbeing for American Indians and Alaska Natives
by utilizing traditional, modern, and culturally responsive practices
that create balance in the physical, mental, spiritual, and social
components of life.



COWLITZ TRIBE HEALTH & HUMAN SERVICES

- Cowlitz provides services at 4 sites along the I-5 corridor and within a 10-county area to:
 - 413 Cowlitz Members
 - 2,730 Visits
 - 1913 Tribal Members from over 200 different Tribes
 - 11,246 Visits
 - 971 Non-Tribal citizens
 - 18,572 Visits
- 185 HHS employees
 - 47 Enrolled Members of Tribes
 - 138 Non-Indian



COWLITZ INDIAN TRIBE

Health and Human Services by Site:

 Seattle 15455 65th Ave S Tukwila, WA 98118	 Toledo 107 Spencer Rd Toledo, WA 98591	 Longview 1055 9th Ave Longview, WA 98632	 Vancouver 7700 NE 26th Ave Vancouver, WA 98665
Mental Health Substance Use Disorder Medically-Assisted Treatment Pathways to Healing Co-Occurring Disorder Case Management	Housing Elders	Primary Care Clinic Mental Health Substance Use Disorder Medically-Assisted Treatment Vocational Rehab	Mental Health Substance Use Disorder Co-Occurring Disorder Pathways to Healing Vocational Rehab

Western Washington State



20,000 sq. ft. Seattle facilities
22,000 sq. ft. Longview facilities
12,000 sq. ft. Vancouver facilities

Cowlitz Tribal Health also provides:

- Indian Child Welfare (ICW) Services
- Contract Health Service delivery to 10 counties pictured

FINANCIAL SUPPORT- \$21,755,000

- Health Services:
- \$9.25m in Indian Health Service funds
- \$7.8m in third party revenue
- \$3m in State grant funding



- Human Services:
- \$1.4m for Pathways to Healing funding
- \$1m Cowlitz Employment and Support Services
- \$293k for Elders program funding





CONTRACT HEALTH SERVICES

- Began providing services in 2004.
- Services Cowlitz Indian Tribal Members in the Contract Health Services Delivery Area (CHSDA).
- CHSDA includes: Clark, Cowlitz, Skamania, Wahkiakum, Columbia (OR), Lewis, Thurston, Pierce, King, and Kittitas Counties.
- Tribe has over 4,100 members (about 2,000 in the CHSDA).
- CHS funds are used to provide specialty services such as optical and dental not available at a tribal clinic.
- CHS is a payer of last resort.



FINANCIAL PERFORMANCE 2020

- Health Services:

- \$9.8m - third party revenue
- \$7.15 m- Indian Health Service funds
- \$742 k- Contracts
- Smaller grants and contracts

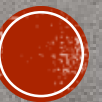
- Human Services:

- \$1.4m for Pathways to Healing funding
- \$679k for Vocational Rehab funding
- \$326k – Elders Programing
- Smaller grant and contracts





MEDICAL SERVICES



MEDICAL SERVICES



- The Longview clinic opened in 2004 and moved to the current facility in 2011.
- Services include:
 - Primary Care
 - Medically-Assisted Treatment
 - Tribal Assister Services
 - Health Education and Diabetes Prevention
 - Employee Wellness
 - Tribal Garden



MENTAL HEALTH SERVICES



- Began providing services in 2004 within the medical clinic in Longview.
- Services offered in Vancouver beginning in 2009.
- Services offered in Seattle beginning in 2010.
- Services include:
 - Psychiatric Diagnostic Assessment
 - Individual Therapy
 - Co-Occurring Therapy
 - Medically-Assisted Treatment (Seattle)
 - Family Therapy
 - Group Therapy
 - Medication Management
 - Positive Indian Parenting
 - VOCA-Specific Therapy



MENTAL HEALTH SERVICES



- Services available in the office, school, home, or community.
- Services available in Longview, Vancouver, and Seattle. Opening new site in Dupont.
-



MEDICATION ASSISTED TREATMENT (MAT)

- The Seattle clinic began offering MAT in 2017 for the treatment of opioid use disorders.
- The Longview clinic was recently awarded grant funds to initiate MAT services.
- Will start to provide additional MAT services in Vancouver



SUBSTANCE USE DISORDERED SERVICES



- Began providing services in 2004.
- Services offered in Vancouver beginning in 2006.
- Services offered in Seattle beginning in 2012.



SUBSTANCE USE DISORDER SERVICES



Services include:

- Biopsychosocial Assessment
- DUI Assessment
- Individual sessions
- Pretreatment Groups
- Intensive Outpatient
- Outpatient
- Aftercare
 - Adult and Youth Services
 - Relapse Prevention
 - Moral Recognition Therapy (MRT)
 - Seeking Safety
- Cultural Appropriate Curriculum along with Elders traditional teachings
- Live skills groups
- Pathological and Problem Gambling
- Inpatient bed placement/referral
- Coordination with Specialty courts
- Healing of the Canoe youth Prevention Program—Evidence Based Program
- Available at all sites



COWLITZ EMPLOYMENT AND SUPPORT SERVICES



- Began providing services in 2004.
- Services offered in Vancouver beginning in 2006.
- Funded through the Department of Education, Rehabilitation Services Administration.
- Services include:
 - Job Readiness
 - Educational and Training Assistance
 - Vocational Guidance and Counseling





PATHWAYS TO HEALING

- Provides advocacy services AI/AN who have been affected by sexual assault, domestic violence, dating violence, trafficking, or stalking.
- Funded through Washington State's Office of Crime Victims Advocacy and the Department of Justice.
- Services available in Longview, Vancouver, and Tukwila.
- Services include:
 - Advocacy
 - Therapy
 - Education
 - Transitional Housing
 - Transportation
 - Other Financial Assistance



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COWLITZ TRIBAL ELDERS PROGRAM

- Provides congregate meals to American Indians and Alaska Natives residing in Lewis, Clark, and Cowlitz Counties.
- Provides meal delivery for individuals who are home-bound.
- Provides transportation, caregiver support, cultural activities, outings, and more.
- Funded through the Federal Agency on Aging.



OUR WORK MATTERS!



Cowlitz Cares
RESILIENT TOGETHER

