# Cross Jurisdictional Measles Outbreak

Clark County, WA DOH, NWTEpi Center

#### Goals

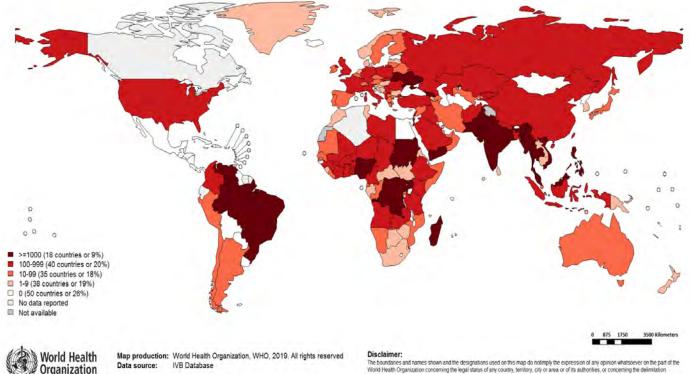
- WA Department Of Health (State Level Perspective)
  - Significance of Measles Outbreak (MEASLES 101)
  - State-Level Measles Outbreak Response 2019
  - Things to know for Measles Response
- Clark County (Local Level Perspective)
- Intersections with Tribal Partners (Field Epi Perspective)

# Significance of Measles in a Community

#### Measles in 2019, Worldwide

#### Number of Reported Measles Cases (6M period)

Top 10*					
Country	Cases				
Ukraine	30148				
India	12520				
Madagascar	12038				
Philippines	9585				
Brazil	9581				
Pakistan	6796				
Venezuela (Bolivarian Republic of)	5643				
Yemen	5158				
Thailand	4242				
Israel	2764				



of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

Notes: Based on data received 2019-02 - Surveillance data from 2018-07 to 2018-12 - \* Countries with highest number of cases for the period

#### Measles in 2019, United States

#### Number of Measles Cases Reported by Year

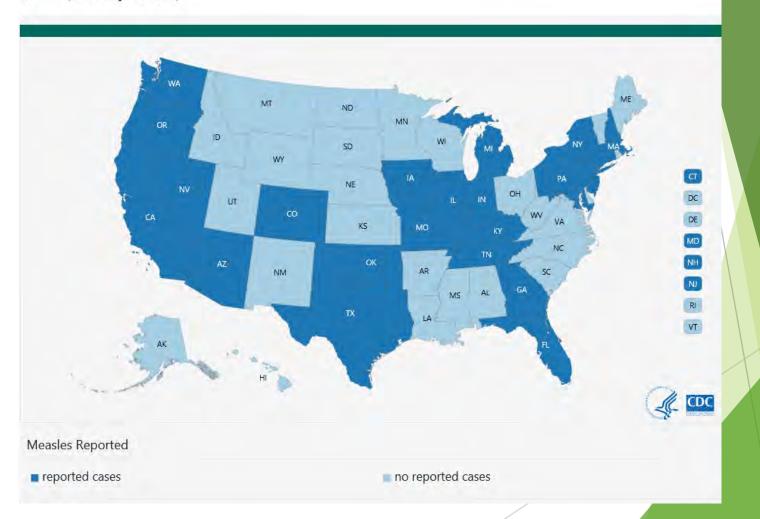
800 -Number of Cases 500 -200 -100 -

2010-2019\*\*(as of May 17, 2019)

Year

#### States with Reported Measles Cases

2019 \*\* (as of May 17, 2019)



#### Washington State's 2019 measles outbreak (n = 72) was the largest since 1990. liminatio

#### Measles Spreads Easily

- Spread via respiratory droplets and aerosol of infected person
  - coughing and sneezing, close personal contact or direct contact with infected nasal or throat secretions
- You can get measles by being in a room where an infected person has been. The virus stays in the air up to 2 hours after that person has left.
- Infected people can spread measles once they develop symptoms (and before the rash appears) and until the rash disappears.



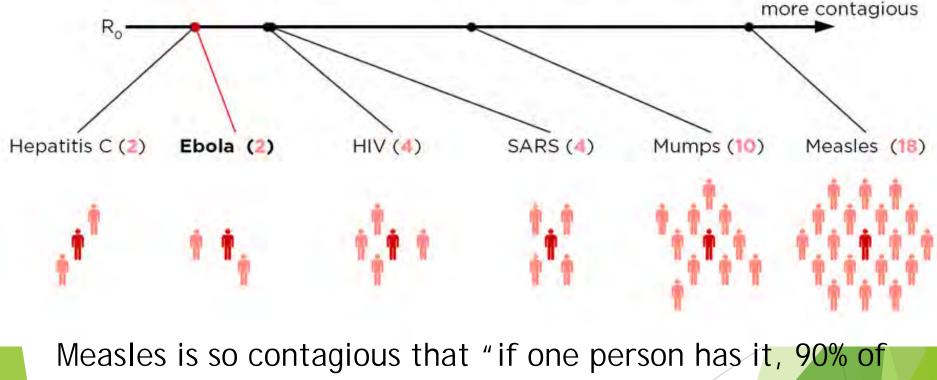
EBOLA

3 feet

6 feet

#### Measles is Highly Contagious

The number of **people** that **one sick person** will infect (on average) is called R<sub>o</sub>. Here are the maximum R<sub>o</sub> values for a few viruses.

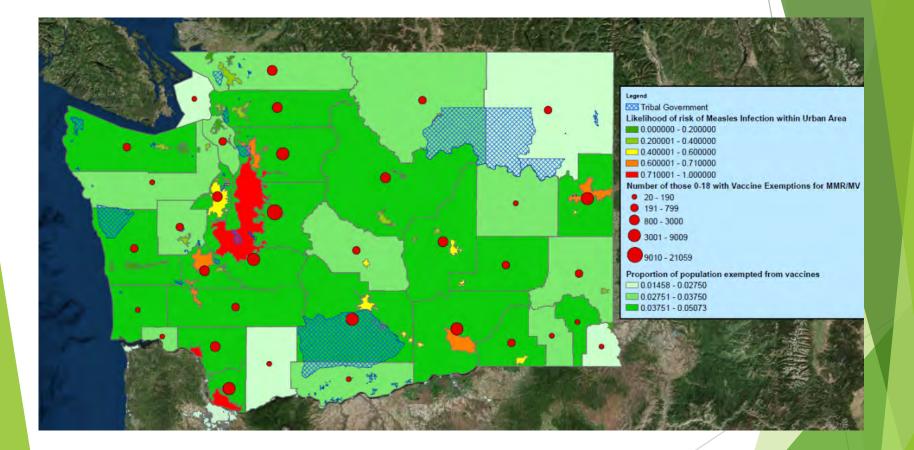


the people close to them who are not immune will get it."

Source: NPR http://www.npr.org/sections/health-shots/2014/10/02/352983774/no-seriously-how-contagious-is-ebola

Washington State Department of Health | 9

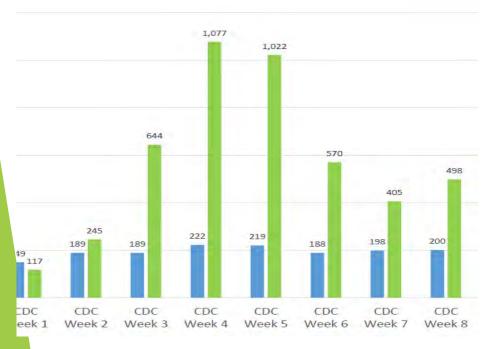
#### Vaccine Exemptions and Risk

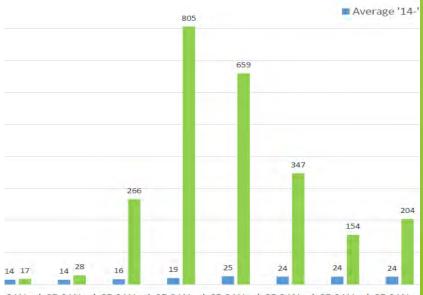


## State Level Measles Outbreak Response 2019

#### Vaccine Distribution

Supported needs for vaccine through existing vaccine programs - saw significant increase in MMR vaccine uptake

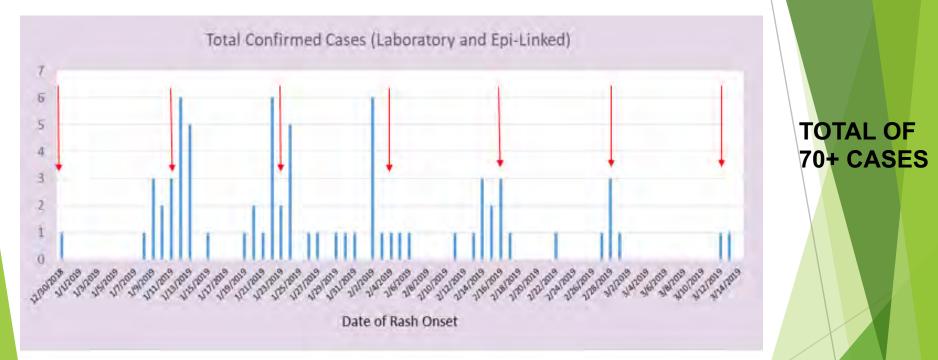




C Week CDC W

#### Serial Transmission Intervals WA State Measles Outbreak 2019

Assuming Serial Transmission Interval of 12 days:

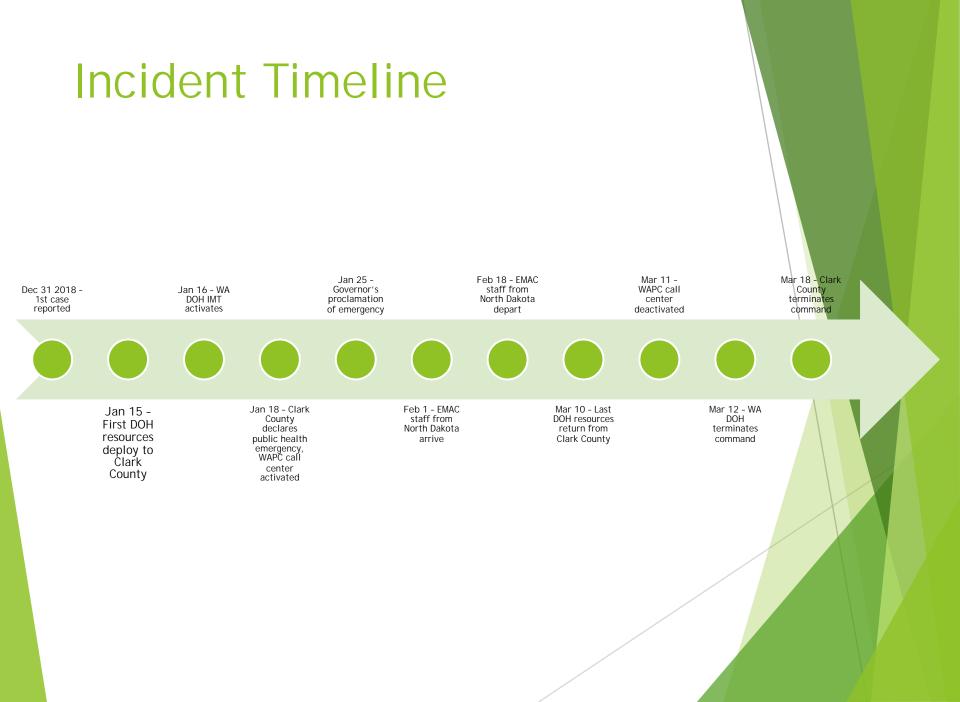


Outbreak was declared over when 2 full incubation periods (42 days) had passed since the date of rash onset in last known case: April 29<sup>th</sup>

Washington State Department of Health | 13

#### Initial Response at DOH

- Received notification and activated quickly
- Split IMT and DOH resources between three locations
  - Tumwater, Shoreline, and Clark County
- Mission was 2-fold
  - Support local jurisdictions in managing outbreak
  - Support DOH offices & coordinate agency efforts



## Response Concept of Operations

- DOH leads some key aspects of response
  - Laboratory testing
  - Mutual aid coordination
  - interjurisdictional coordination and information sharing
- …and supports others
  - Public information
  - Epidemiology investigation
  - Subject matter expertise and guidance
  - Resource needs

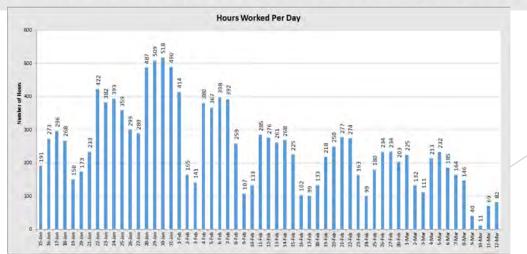
#### **EMAC** Assistance

- Emergency Management Assistance Compact (EMAC) resources were needed to support the response
  - 5 IMT staff from North Dakota and 2 disease investigators from Idaho
  - IMT staff from Tennessee were on standby
  - Disease investigators from California and Alaska were on standby
- ND IMT personnel were incorporated into the DOH IMT
  - General Staff, Unit Leader, and Unit staff positions
  - Shadowing and onboarding are critical for familiarization and to build trust (at least 1 day)
  - Personality, flexibility and sense of humor are key

#### Response Resources (Staff)

- 260 WA DOH staff were involved in the 2+month response efforts
- Approximately 14,000 staff hours





## Mobilizing Response Resources (Staff)

- Many of the 260 staff involved had:
  - Little or no ICS training
  - ► No IMT or emergency response experience
- This worked <u>really well</u>
  - Ideal team players
  - Shadowing and handoffs
  - Process documentation and job aids

Mobilizing Response Resources (Epidemiology Response Team)

- DOH is in the process of developing a Typed, deployable Epi Response Team (ERT)
  - Not yet fully rostered or trained
  - Deployed numerous staff to assist the county
  - SMEs, Epis, data entry, IT/database support, etc.
- When developed ERT will have team leaders, field epis, data entry staff, interviewers, and IT support
  - Response validated overall planned structure of the ERT and will provide valuable lessons learned

#### Response Resources (Public Information)



 Public Information Officers (PIOs) responded to 164 media request

#### Response Cost (WA DOH only)

\$986,700 spent (non-inclusive of County costs)

- Avg daily cost: \$17,600
- About \$13,334 per case (state only)
- 7 Out-of-state staff via EMAC
- ▶ 7 CDC staff and EIS officers, 1 HHS REC
- At least 38 MRC volunteers from 6 counties deployed and worked 2,131 hours (as of 3/7)

#### **Contingency Planning**

- Risk of cases appearing in other counties
  - Some areas would require substantial assistance
- Proactive contingency planning was carried out early in the incident
  - Public information approaches
  - Changes to epi investigation
  - Changes to approach to IMT management

#### Incidents within the Incident

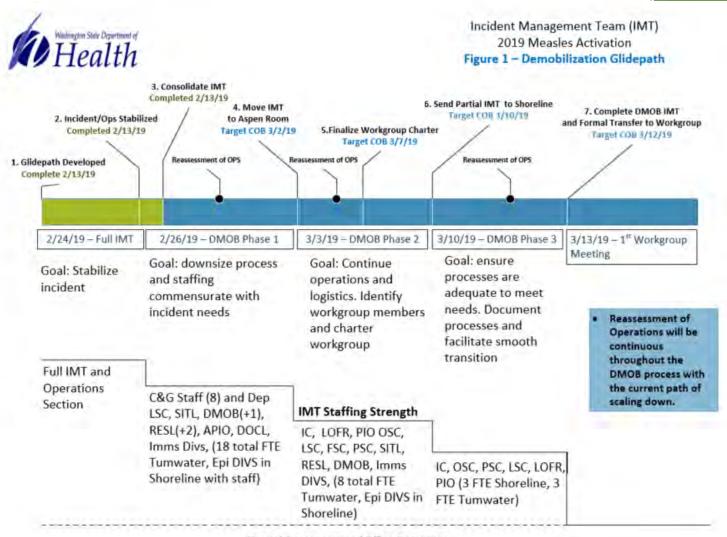
#### Historic winter weather events

- Difficult travel
- Remote working
- Agency COOP
- Potential for ESF8 Response
- Death of a colleague
  - Staffing impacts
- Added substantial complexity
- Flexibility and creativity saved the day



# IMT Demobilization and Transition

- Early demobilization planning was critical
  - Outbreaks and other PH incidents are long duration
  - Defining end state is challenging
- Previous experience was informative
  - Gradual downsizing was beneficial
  - Offices must be well supported
  - Processes must be well documented
  - Outstanding tasks must be clearly communicated
  - Must have clearly defined "hard" transition from IMT



Normal Department and Office Operations

#### Cross-Agency Workgroup

DOH transitions from IMT to a workgroup

- Provides structure for ongoing coordination
- Allows IMT to terminate command while incident management continues
- Workgroup composed of reps from involved offices
  - Immunizations, Epi, Lab, Public Affairs, Finance, Prep & Response
  - Sponsored by Division A/S and State Epi for CD

#### Process Identification and Tracking

Washington State Department of Health

	Measles Outbreak Workgroup: Roles & F	unctions		
cident Name: 2019 ate and Time: 03/2				
	Office/Division Roles & Functions	Notes	"Last Activated" POC	Ongoing POC
All Workgroup Members	Maintain and share situational awareness with workgroup regarding progress of outbreak, progress in work objectives, workload capacity, forecasted changes, and any challenges that arise.	Conduct work according to processes documented in charter and according to processes developed in response to this incident.	N/A	Workgroup Leads Cynthia Harry (206) 418-5553
wembers	Attend workgroup meetings, collaborate to achieve workgroup goals, and share progress of workgroup with key audiences in home office/division.			Mike Boysun (206) 418-5518
Communicable Disease Epidemiology	Provide technical assistance to local health jurisdictions, including supporting measles case and contact investigation in accordance with WAC 246.101.510.2.	Continue to provide continuity of investigation of outbreak cases unit the last know case is 42 days old; and the outbreak is declared over.		Cynthia Harry (206) 418-5553 Mike Boysun (206) 418-5518 Chas DeBolt (206) 418-5431
	Share epidemiological measles report information with workgroup members and identified leadership as it is developed.			
	Notify all local health jurisdictions and out of state partners of residents within their jurisdictions who are known contacts to measles cases with in the impacted jurisdictions.			
	Work with WA Public Health Laboratories and local health jurisdictions to facilitate assessment, submission, and prioritization of samples for measles testing.		Mike Boyson (206) 418-5518	
	Track and report all measles specimens from local health jurisdictions to WA Public Health Laboratories, including specimen results to the appropriate jurisdictions, including Oregon Public Health Lab, Minnesota Public Health Lab, and CDC.			
	Coordinate with local health jurisdictions to maintain a statewide epidemiological profile and descriptive summary of the measles outbreak.			

#### WA DOH Outbreak Summary

- 74 cases of measles required full strength of agency capability to effectively support and coordinate
- Prepare for concurrent incidents and proactively plan for contingencies
- Statewide LHJ mutual aid was utilized, however erosion of public health capacity over many years has produced gaps. Limitations were evident in this incident
- EMAC proved essential and valuable. Should serve as a primary resource in PH emergencies even in non-federally declared incidents
- Shadowing and on the job training proved as valuable as previous ICS training. Ideal Team Players (hungry, humble, peoplesmart) were always successful with adequate onboarding, even without prior experience.
- Anti-vaccination groups have had significant impact in certain communities resulting in increased vulnerability and adding incident complexity.

# INITIAL STEPS TO RESPOND TO POSSIBLE MEASLES IN YOUR COMMUNITIES

#### What is Evidence of Immunity to Measles?

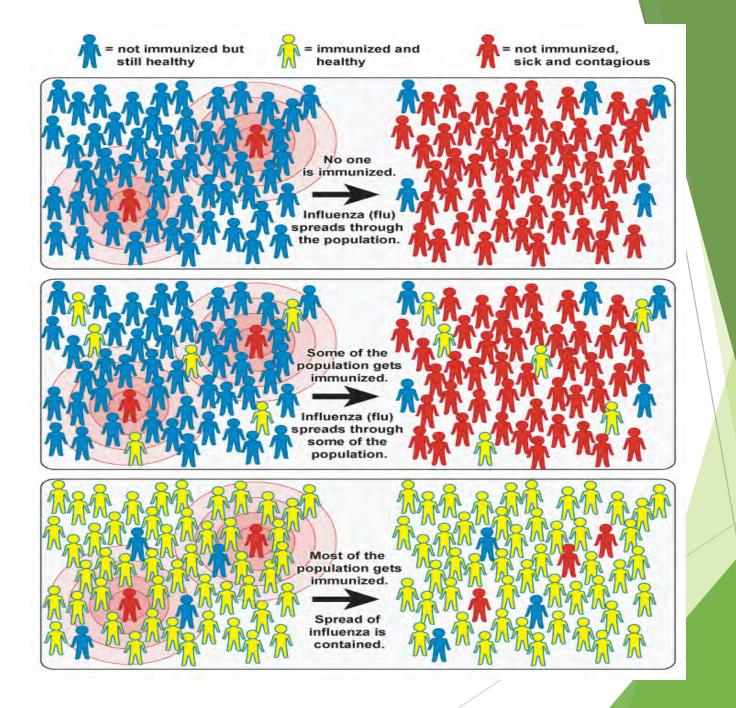
Born before 1957

Documentation of age-appropriate vaccination :

- preschool-aged children & adults <u>not at high risk</u>: 1 dose
- infants 6-11 months who travel internationally: 1 dose
- school-aged children (grades K-12): 2 doses
- health care workers: 2 doses
- students at post-secondary ed. institutions: 2 doses
- adults (& toddlers) who travel internationally: 2 doses

Laboratory evidence of immunity (or past disease)

Washington State Department of Health | 31



#### Measles Case Definition Centers for Disease Control and Prevention

 Generalized maculopapular rash lasting 3 or more days

(Measles recognition tip: A typical measles rash starts on the face and spreads downward)

• Fever of 101F (38.3 C) or more

(Measles recognition tip: Fever starts 2-4 days before the rash, and is still present when the rash appears)

Cough, or conjunctivitis, or coryza

(Measles recognition tip: Measles is a respiratory illness and these symptoms are typically prodromal and start before the Washington State Department of Health | 33

#### Provider Assessment (from Clark County based on DOH version)

	atient Name: nformation:			DOB:		Local Health Jurirsdiction			
Addre	Iress: City:		City:	County:		aty:	State:	Zip:	
Evaluation date: (If patient is a minor) Par Reporting Facility: Clinician name					Name:	Clinician phone #: ()			
					Clini				
(	Consid	der measles i	n the differential o	liagn	osis	of patients	with FEV	ER and RASH:	
A) What is the highest temperature recorded?			°F Fever onset date://				1		
B) Does the patient have a rash?			YES	NO	-				
C) R	Rash ch	aracteristics:				Rash onset date: / /			
•		rash preceded by o toms listed in (D) b				Measles rash is generally red, maculopapular and may become confluent. It typically starts at the hairline, then			
•	<ul> <li>Did fever overlap rash?</li> </ul>					<ul> <li>progresses down the face and body. Rash onset typically occurs 2-4 days after symptom onset, which includes feve</li> </ul>			
•	Did ra	ash start on head	or face?			and at least one of the "3 Cs" (below).			
D) H	las the	patient had any	of the following?						
•	Coug	h		1		Onset date:	_11_		
•	Runn	y nose (coryza)				Onset date:	_//_		
•	Red	eyes (conjunctivit	is)			Onset date:	_//_		
E) Known high risk exposure in past 21 days? (ex. to a confirmed case, international travel)					Date/time and place of exposure.				
F) Wi	hat's th	e patients imm	unity status?				d measles va	Bom before January 1, 1957 ccine. Vaccine date	

Measles is highly suspected in a febrile patient if you answer YES to B + at least one item in both C & D + YES in E.

Link to DOH version (will update soon to reflect Clark County changes):

https://www.doh.wa.gov/Portals/1/Documents/Pubs/348-490-MeaslesAssessmentQ

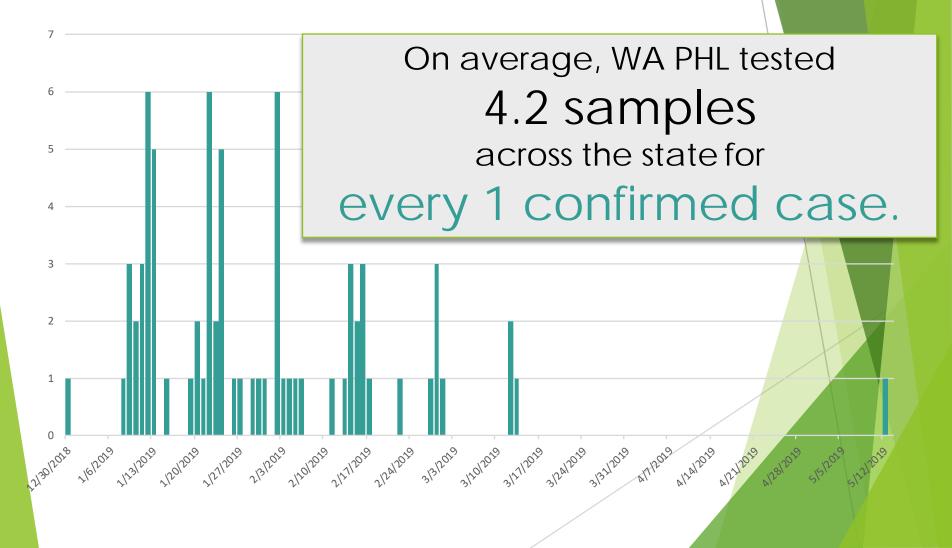
Washington State Department of Health | 34

#### Begin to Manage Possible Exposure in Clinic

- Who was in the clinic when the suspected measles case arrived?
- Who has arrived since?
  - Babies under 1
  - Pregnant women
- Consider assigning someone <u>immediately</u> to make a list of persons that will need to be contacted if measles is confirmed.
- Do not use the room for 2 hours after the patient with possible measles leaves.
- ALL staff should already have recommended immunity.

Washington State Department of Health | 35

While 70+ cases have been confirmed, the Washington State Public Health Lab has tested many more samples.



# Measles in Clark County

Monica Czapla, MPH Infectious Disease Program Manager Clark County Public Health

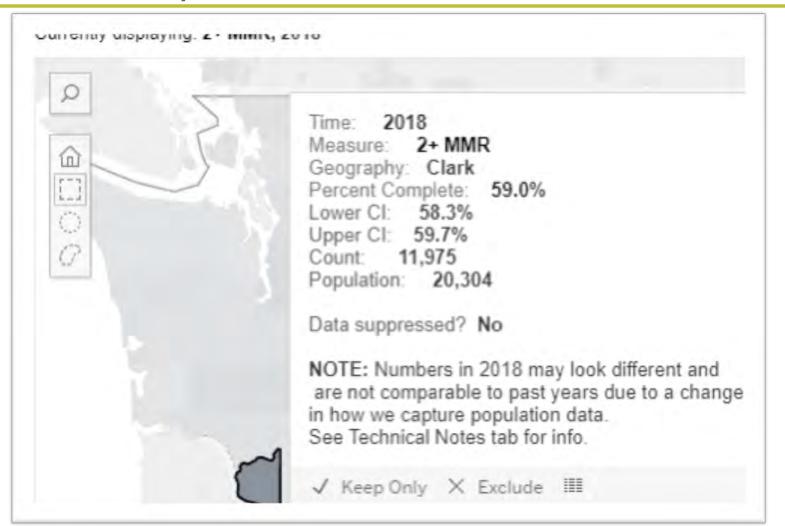


# Overview

- Measles & MMR in Clark County (pre-outbreak)
- What a measles investigation looks like in Clark County
- The 2019 Clark County outbreak
- Lessons learned



# MMR: 4 to 6 year old immunization rates, 2018





https://www.doh.wa.gov/DataandStatisticalReports/HealthDataVisualization/ImmunizationDataDashboards/PublicHealthMeasures

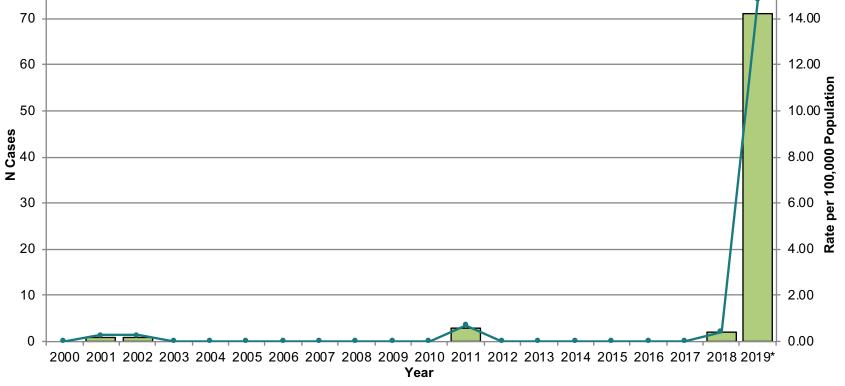
# K-12 Complete for required immunizations by school





# Measles in Clark Count





\*2019 numbers are year to date.



80

16.00

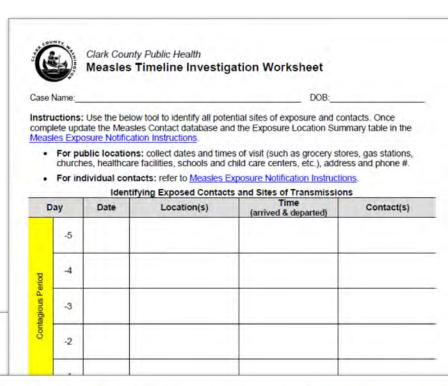
#### **Triage and evaluate suspect cases**

Patient Name: Information:				DOB:		AUNT				
Address:	ress: City: County		nty:	State:	54	01-1-0-1-0-1	C- 11W			
Evaluation date: (If patient is a minor) P		Parent/Guardian Name:		n Name:	Phone #: (		Clark County Pub			
Reporting Facility:	Clinician nar	ame: Clinicían phone #:		linician phone #: (		Measles Su	spect Case Che	ecklist		
Consider measle	es in the differential	diadr	nosis	of patier	ts with FEVE	*		Date	Reported://	
A) What is the highest t		1	°F	Fever onse	et date:/	Case Name:		Phone #: (	1	
B) Does the patient have	e a rash?	YES	NO	in the table, do the oblige		DOB: / /	Sex: M F	Parent/Guardiar	n:	
C) Rash characteristics		-	-	-	t date: /			Relationshin to	case:	
Was rash preceded		-	+-		sh is generally red, r			relationarily to		
symptoms listed in (D) by 2-4 days?					fluent. It typically st own the face and b	Date Staff completed: initials:		Case Evaluation Sta	tus	
Did fever overlap r		-	_	occurs 2-4	days after symptom t one of the "3 Cs" (t	Potential:				
Did rash start on h	ead or face?		-	and at leas	cone or are o co (t	[	Complete suspect case e	valuation (see Suspect Mea	sles Worksheet)	
D) Has the patient had a	any of the following?					[	Conduct EMR review to	confirm clinical presentation	n and onset dates.	
Cough			Onset date://			Complete interview if clinical or exposure information is missing.				
Runny nose (coryza)			1	Onset date	: <u></u> /	Suspect (decided to				
<ul> <li>Red eyes (conjunc</li> </ul>	tivitis)			Onset date	_''	Recommend testing and advise on specimen collection and storage,				
E) Known high risk exposure in past 21 days? (ex. to a confirmed case, international travel) Call CCPH CD Team for known exposures.				Date and p	lace of exposure:		Update case summary I			
	Contraction of the second		1					r appropriate H: Investigatio	ons folder.	
F) What's the patients in	nmunity status?		Inknov	1 <del>.</del>	immunized 🗌 E	Specimen Handling				
				e: /	nted measles vacci		Shipping team notified,			
				e:/				cimens follow shipping wor	kflow.	
and and an end	6.000 h 7.00	-				Determine case cla				
Measles is highly suspec	ted in a febrile patient if yo	ou ans	wer )	ES to B + a	at least one item		Confirmed	Lab Negative	Ruled out	
F MEASLES IS SUSPE							Notify case/family			
<ol> <li>Mask and isolate the patient (in negative air pressure room when possible).</li> </ol>				Notify testing provider						
2. Call Clark County Pul	blic Health to report the	suspe	ected	measles ca	se and request p		Notify Epi to update th	e Measles Database and case	e summary line list	
	lowing specimens, if tes NP) swab for rubeola PO sterior nasal passage with	R and	d cult	ure (the pre		· · · · ·	For confirmed cases on Complete interview contagious confirm	w & exposure and contagiou	is period timelines with case, if st	
transport me	edium. Store specimen in							ntered into database		
<ul> <li>Urine for rubeola PCR and culture:</li> <li>Collect at least 50 ml of clean voided urine in a sterile container and store in re</li> </ul>				Send exclusion let	ter to school, daycare or wor	rkplace if applicable.				
Conoct at 101	and so the of south soluce i	and the literation of the		and something	al mild arole mile		-			

42

#### □ Identify contacts :

- HH contacts, facility generated line lists (schools, healthcare facilities)
- Press releases / measles outbreak webpage





CLARK COUNTY WASHINGTON

News Release

Jan. 15, 2019

Contact:

Marissa Armstrong, communications specialist, Pub 360.518.1731 cell; marissa.armstrong@clark.wa.gov

#### Public Health investigating two additional confirmed, 1

Vancouver, Wash. – Clark County Public Health is investigating two a measles and 11 suspected cases, all among children. These are in a measles case Public Health announced Jan. 4



G

clark.wa.gov

A	В	C	D	E	F	G	н	1	1	K	L	M
Case_ID	First_Name	Middle_Name	Last_Name	DOB	Gender	Phone	Alt_Phone	Language	Address	City	State	Zip
Case_ID will be completed by Clark County Department of Health				mm/dd/yyyy	Male Female				Primary Address	Address	Address	

#### □ Notify identified contacts, and......

- Identify high risk and recommend post-exposure prophylaxis (PEP).
- Assess for evidence of immunity to measles (passive or active).

Clark County Public Heal		ksheet
Last Name: Fir	st Name:	
DOB:// Ad	dress:	Measles Contact Investigation Exposure Notification Instructions
Parent/Guardian Name:	ounty:	Before calling review:
Language: Ph	one Number: ()	Contact Notification Worksheet
Initial Exposure Location:		As part of an investigation into a confirmed case of measles, we are following up with individuals who may have had contact or shared a space with a contagious person.
Risk Factors: Pregnant Immunocompre		Confirm exposure: "Right now, we are following up with individuals who may have been present at (exposure location AND time)".
Self-reported Unknown Not Vaccina	cl. school health staff) ated 🔲 Titer 🔲 Previou	<ul> <li>If not exposed, end interview and update database.</li> <li>If exposed, complete the rest of the Contact Notification Worksheet.</li> </ul>
immunity status:       □ Vaccinated: County:         Request proof of immunity: Sent via:       □ No       □ Yes → Date:         immunity: Sent via:       □ fax (564.397.8080) □ email	<u></u>	Interview questions for all <u>confirmed</u> contacts: <ul> <li>Ask if client was accompanied by anyone at the exposure location. If accompanied by someone, ask for name, DOB, address, and phone number.</li> </ul>
WAIIS reviewed: ☐ Yes → ☐ Not in WAIIS	No MMR in WAIIS [	Confirm demographics and address of residence on file. "We have some questions we are asking everybody to help us contain this outbreak."

#### □ Implement control measures:

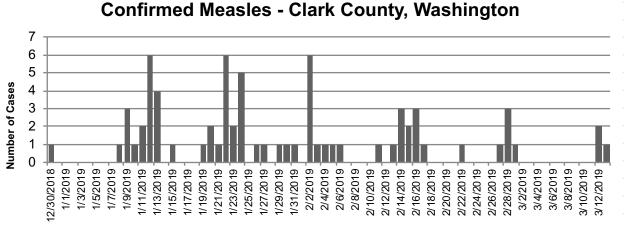
- Social distancing (school exclusion, home isolation/quarantine)
- Daily active monitoring (IVR or direct phone calls)

	tification Lette		Summary Reports:		
Active Monitoring Active Monitoring Passive Monitoring			Out of Jurisdiction Daily List	Contact Notifications	
etters, Contacts not Reached	Letter, Reached and Notified	Letter	View List	View Summary	View Details
View List	View List	View List			
Passive Mon contacts w/o i		Monitoring w/ immunity	Contacts on Active Monitoring View List	Contacts on	Contacts not yet notified with < 3 contact attempts View List
View Li	st V	iew List		IVR Reports:	
ontacts Missing Case ID	Contacts with no phone number	Contacts with no phone or address	IVR Active Monitoring List (All English)	IVR Active Monitoring List (All Spanish)	IVR Active Monitoring List (All Russian)
View List	View List	View List	View List	View List	View List
			Daily IVR Review	Daily IVR No Response Report (last 3 days)	Daily IVR Symptoms Report
			Mountlet	10.000	



#### **Use the epi data to inform response:**

• Who, What, Where, When?



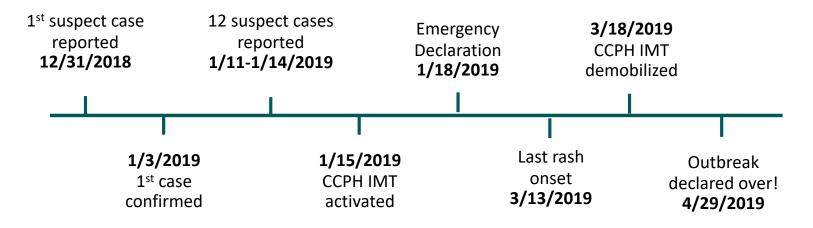
Rash Onset

Confirmed cases disaggregated by		
most likely site of exposure.	n	%
International Travel	1	1.4%
General Public*	18	25.4%
School/Daycare	11	4.2%
Household	36	50.7%
Unknown	5	7.0%
Total:	71	100.0%

	Monitoring Type				
Date	Active	Clinical	IG		
3/7/2019	212	18	11		
3/8/2019	208	17	11		
3/9/2019	107	10	11		
3/10/2019	67	10	11		
3/11/2019	66	10	11		
3/12/2019	56	10	11		
3/13/2019	55	10	11		
3/14/2019	52	8	11		
3/15/2019	52	8	11		
3/16/2019	52	8	3		
3/17/2019	52	8	3		
3/18/2019	52	8	0		
3/19/2019	52	8	0		
3/20/2019	52	8	0		
3/21/2019	49	8	0		
3/22/2019	35	8	0		
3/23/2019	20	7	0		
3/24/2019	0	5	0		
3/25/2019	0	5	0		



#### **Timeline overview**





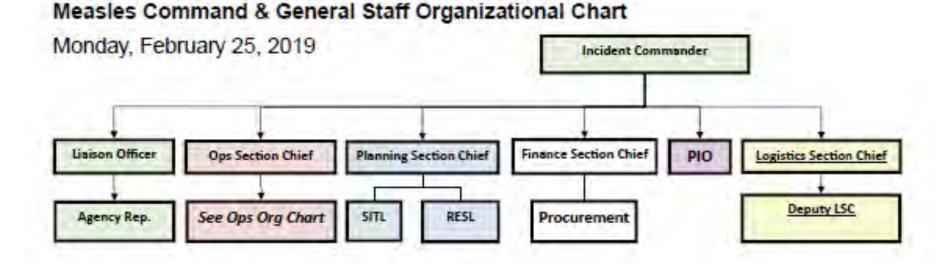
# The 2019 Clark County Outbreak

### *Early recognition, CD team needed help.*

By January 14th								
Date	Cases	Contacts	Exposure Events					
12/31/2018	1	104	1					
1/1/2019								
1/2/2019								
1/3/2019								
1/4/2019								
1/5/2019								
1/6/2019								
1/7/2019								
1/8/2019								
1/9/2019								
1/10/2019								
1/11/2019	1	6	3					
1/12/2019	3	26	11					
1/13/2019	5	308	23					
1/14/2019	5	153	6					
	14	493	44					



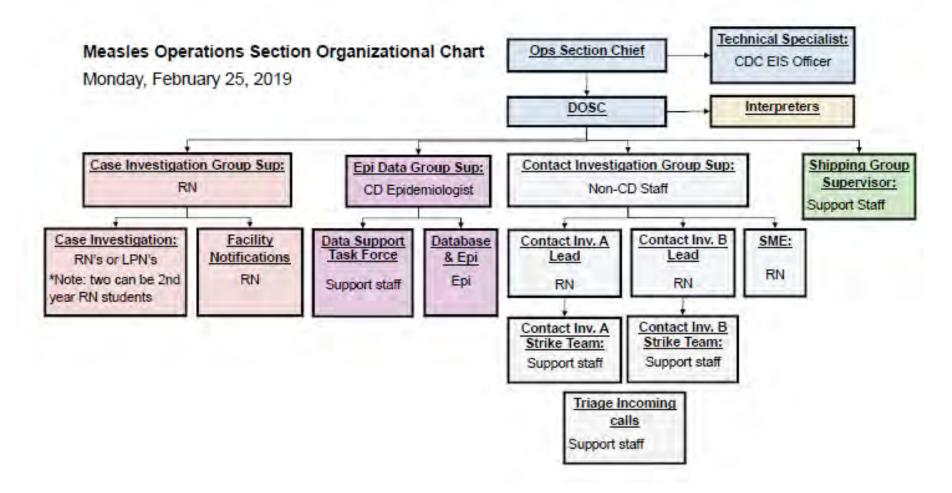
# **IMT Structure Overview**



CCPH spent 63 days in incident response.



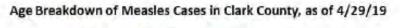
# **Operations Structure Overview**

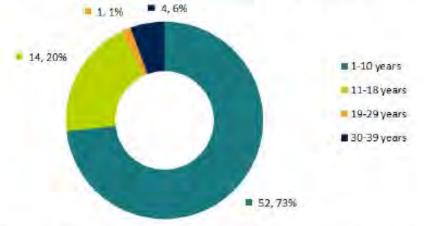




# Outbreaks - they're a lot of work!

#### 71 confirmed cases





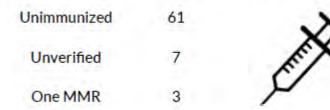
#### \*Two confirmed cases previously included in Clark County totals were removed and are included in Georgia totals.

**1,183** calls received by Poison Control



722 news articles 209 media interviews 101 Facebook posts 83 Twitter posts 65 news releases

#### Immunization status



# 849 students excluded from fifteen schools

in three public school districts and two private schools

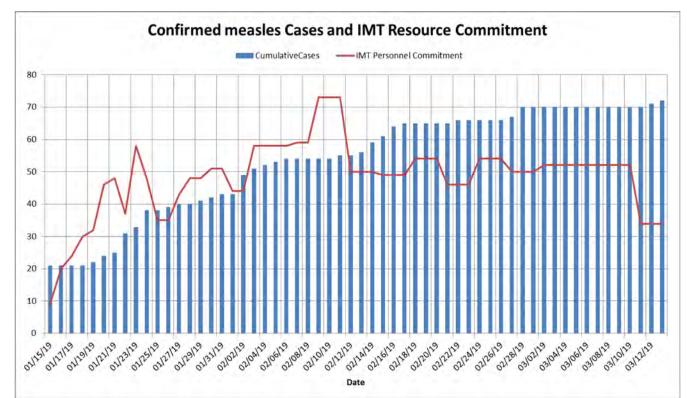
# Outbreaks – they take a lot of resources!

Partnerships! Partnerships! Partnerships!

237 Responders

DOH, OSPHL, CDC, MRC, other state & LHJ partners

Doesn't include general GCD support.

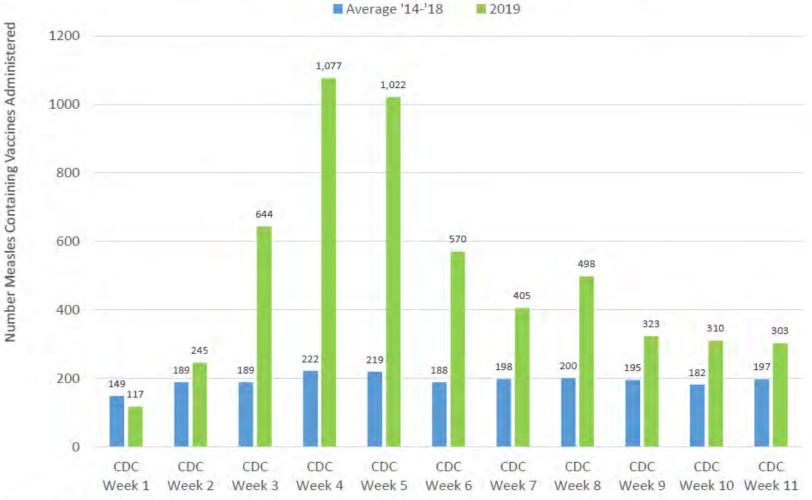


#### Response costs Clark County Public Health \$864,679



# Increased demand for MMR

Number of Measles Containing Vaccines Administered to Those 0-18 Years Old by Week\* Comparing Average Number in 2014-2018 with 2019, Clark County, WA



Data source: WA State Immunization Information System; all vaccines administered as of 3/16/2019 and reported as of 3/18/2019 \*CDC Week is Sunday-Saturday; Week 3 2019 started 1/13/2019

# Consider when planning your response team

## Staffing:

- Investigation team (CD, PHN, Epi, support staff, etc.)
- Cultural liaison
- IMT (need and size)
- PIO or media support
- After hours contact
- Partner coordination & communication
- Regular communicable disease work

### Other resources:

- Data systems (do you have them?) and management
- Need for a call center
- Increased demand for IG or MMR



# Lessons Learned

- Know your investigation resources (or where to get them from)!
- Staff transition & training plans
- Communication plans
  - Internal response teams
  - External partners (local health systems, schools, neighboring jurisdictions)
  - Community
  - Media requests
- Use epidemiology to inform response
- Line list templates standardized for all contact investigations
- LHJ management of school exclusions
- Daily active monitoring using automated phone calls



