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Just kidding...we added these words.

Diabetes Audit Results, Portland Area, 2004-2018

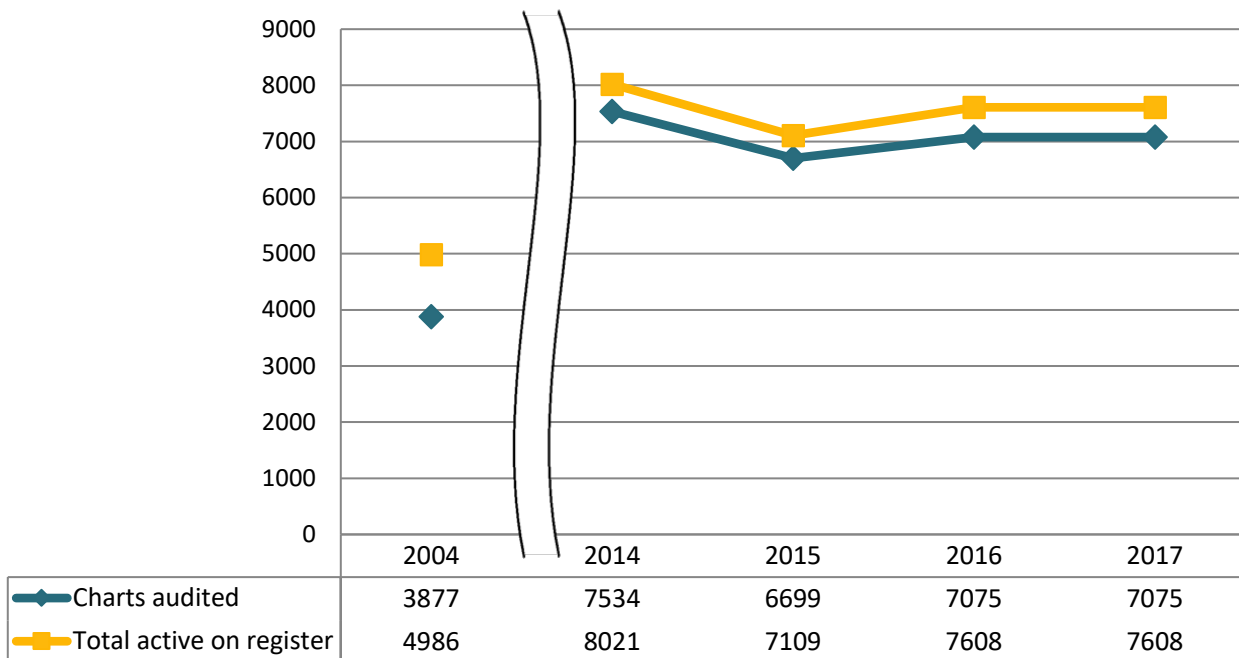
Site-Specific Trends

The following report contains information from your program's annual diabetes audit submission to the Indian Health Service over the past few years. The report was prepared for your site by the Western Tribal Diabetes Project at the Northwest Portland Area Indian Health Board, which receives Special Diabetes Program for Indians (SDPI) funding to assist Northwest tribes in managing their diabetes information. If you have any questions about the report, or if you would like this report in Excel format, please contact the Western Tribal Diabetes Project at wtdp@npaihb.org or (800) 862-5497.

Notes:

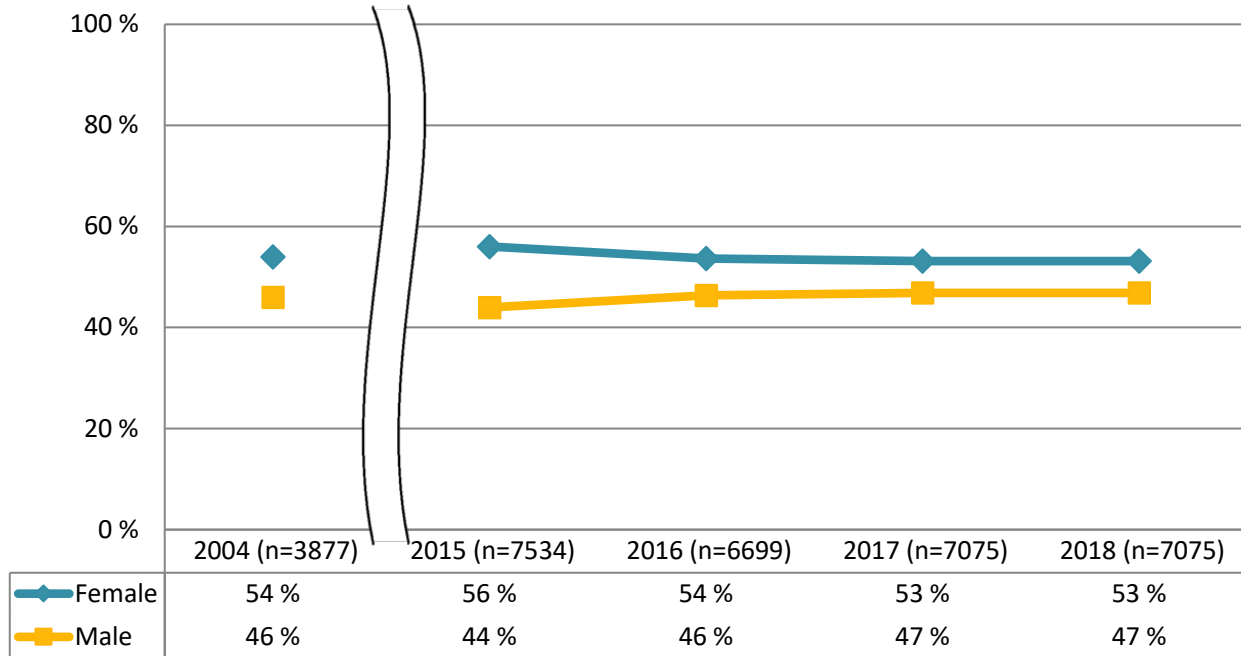
- Due to rounding, charts will occasionally not add up to 100%.
- Data are presented by the year in which the data were submitted. Most likely, the patient care reflected in the audit was delivered in the previous year. For example, the columns 2013 in these charts reflect care that was delivered in 2012.
- Blank spaces have been left for some indicators in years when information was not reported.

Patients in the Diabetes Register

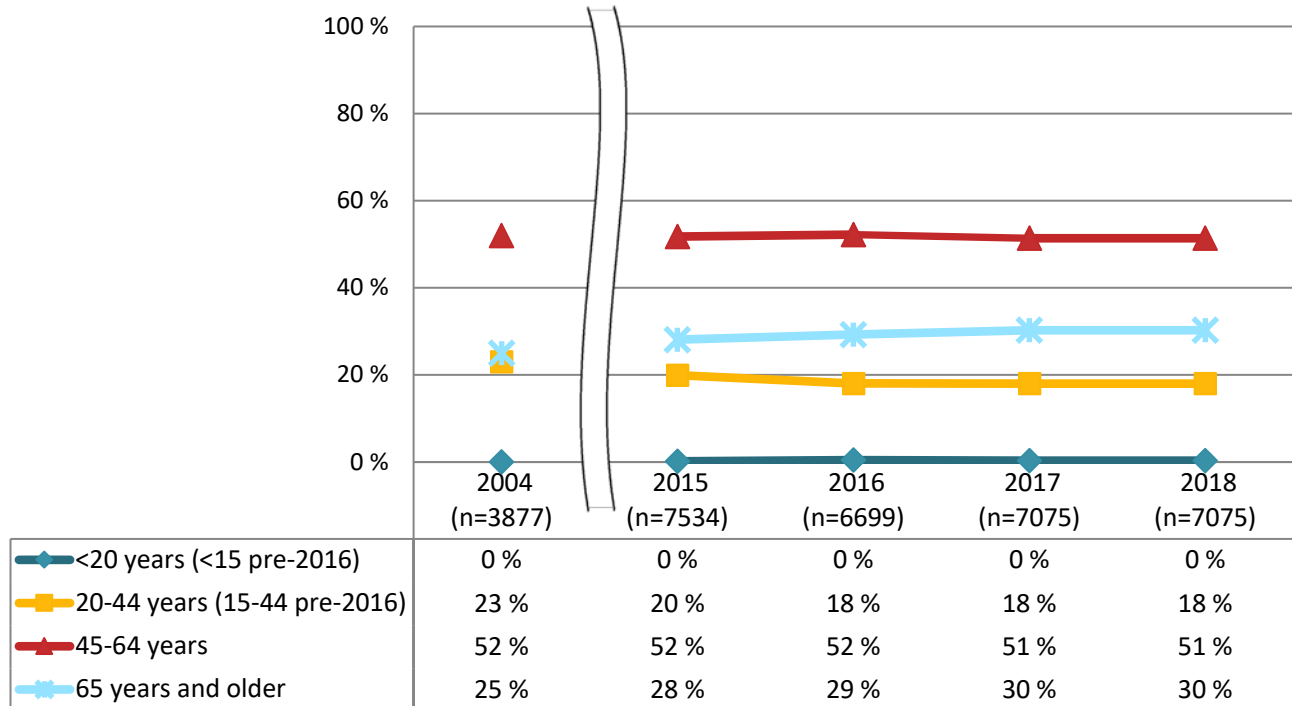


Diabetes Audit Results, Portland Area, 2004-2018

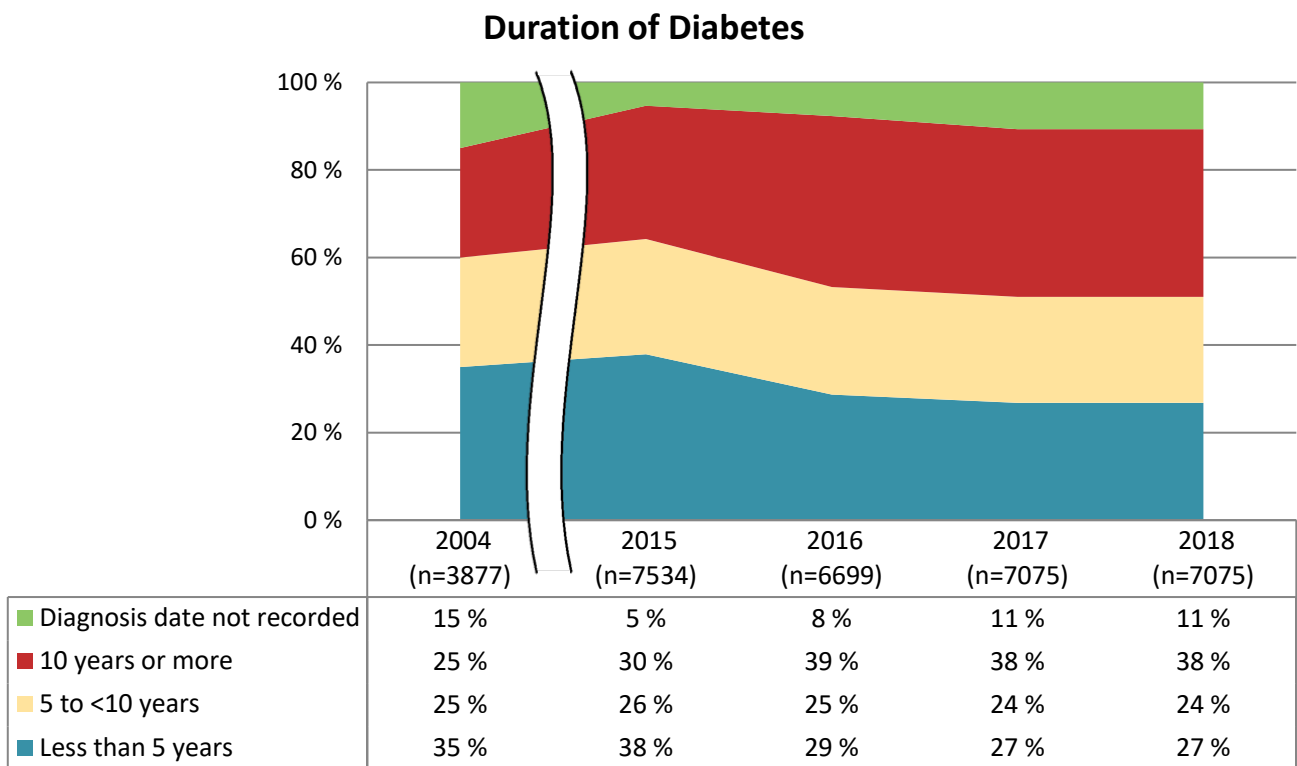
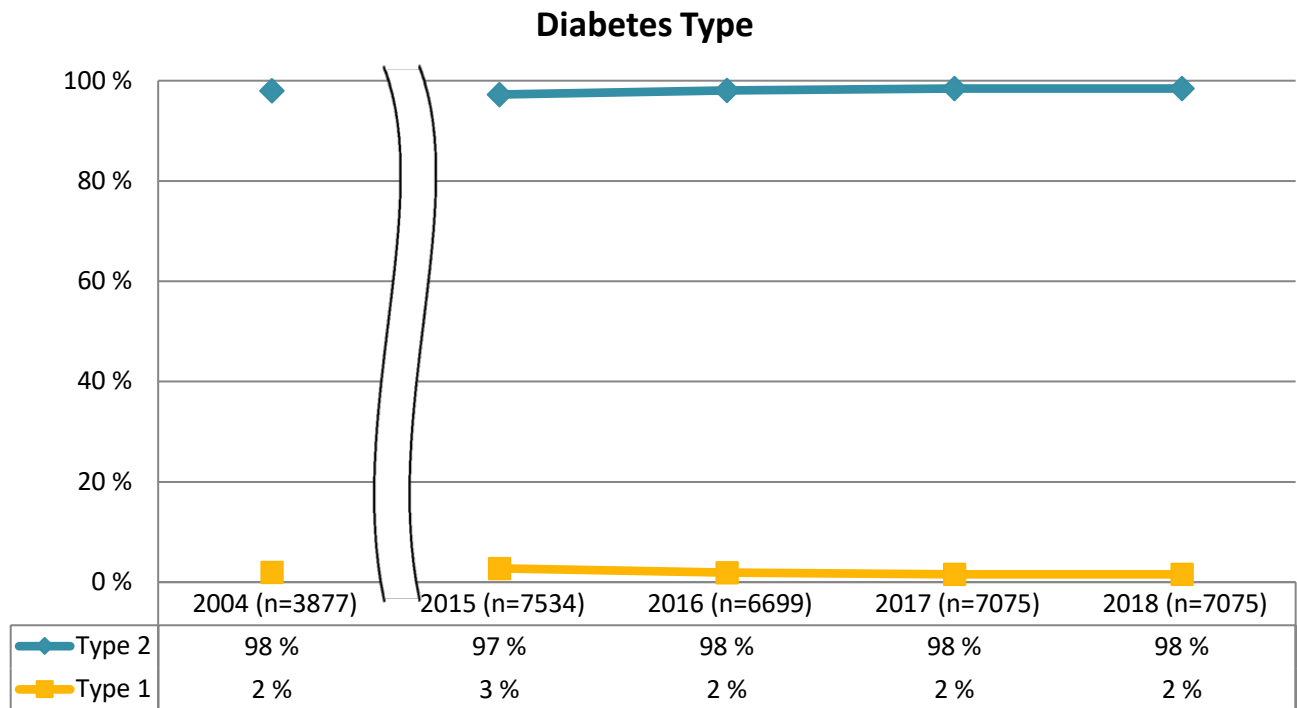
Gender of Patients with Diabetes



Age of Patients with Diabetes



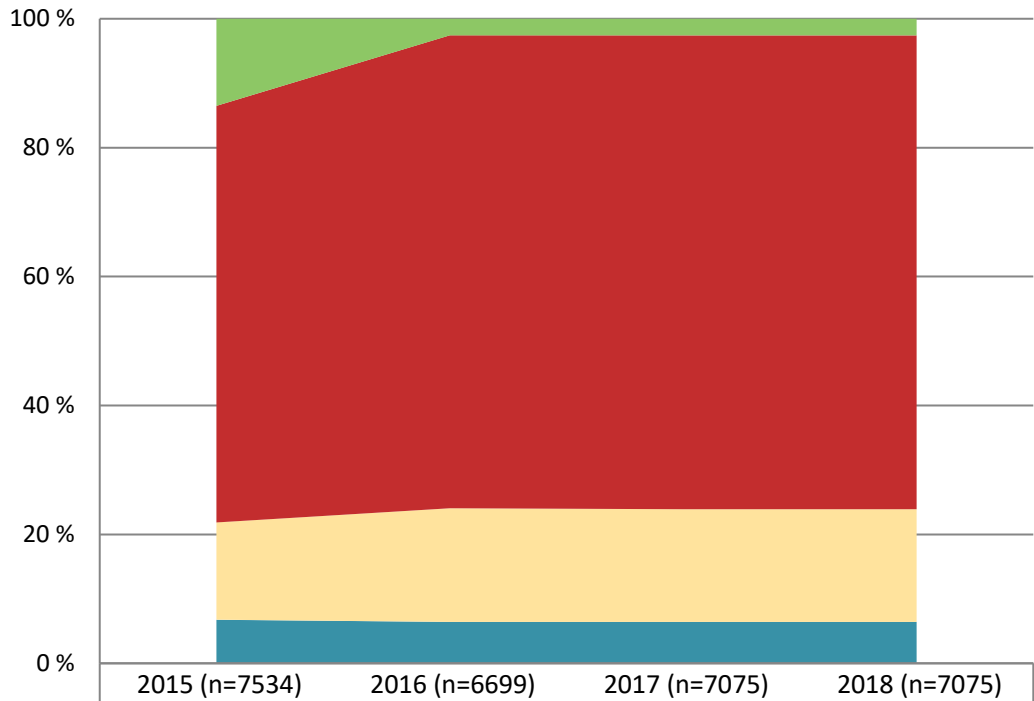
Diabetes Audit Results, Portland Area, 2004-2018



A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.

Diabetes Audit Results, Portland Area, 2004-2018

Weight Control



■ Height or weight missing	14 %	3 %	3 %	3 %
■ Obese (BMI 30.0 or above)	65 %	73 %	73 %	73 %
■ Overweight (BMI 25.0-29.9)	15 %	18 %	17 %	17 %
■ Normal (BMI < 25.0)	7 %	6 %	6 %	6 %
Overweight or obese (BMI 25 or above)	80 %	91 %	91 %	91 %

Notes

Body Mass Index (BMI) is calculated using the last weight in the audit year recorded on a non-prenatal visit, along with the most recent height measured since the patient's 19th birthday. The formula is

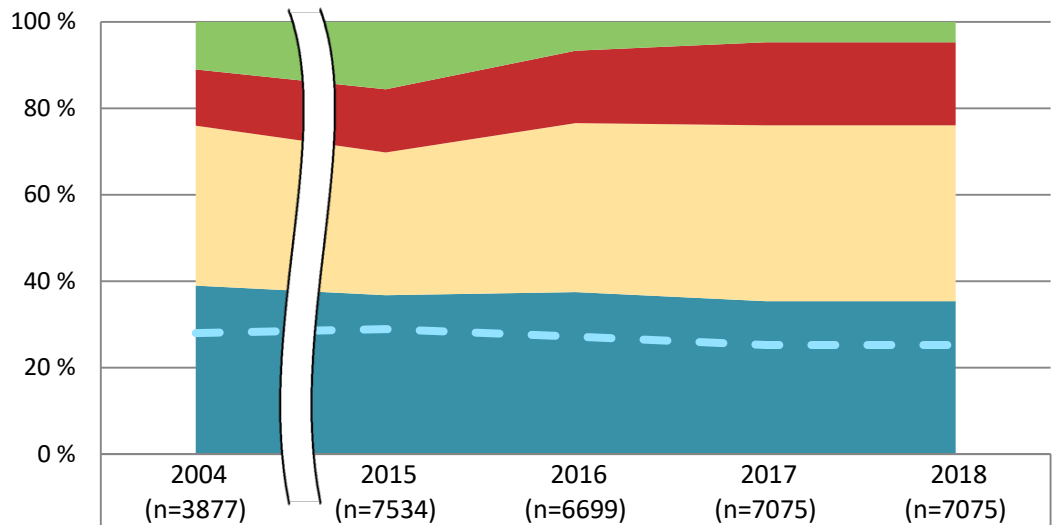
$$\text{BMI} = \text{weight (lbs)} \div \text{height (inches)} \div \text{height (inches)} \times 703$$

Before 2005, overweight and obesity were reported from the audit using cutoffs from the National Health and Nutrition Examination Survey (NHANES). Women were considered overweight with a BMI of 27.3 or higher and obese with BMI 32.3 or higher. Men were overweight at a BMI of 27.8 and obese at 31.1 or higher. These results are still calculated from audit data but are not presented here for the sake of clarity in the chart.

The bars in the graph reflect current cutoffs, which are the same for men and women. Overweight is defined as a BMI of 25 or higher and obesity is 30 or higher. Using these standards, more patients are considered overweight than with the older standards.

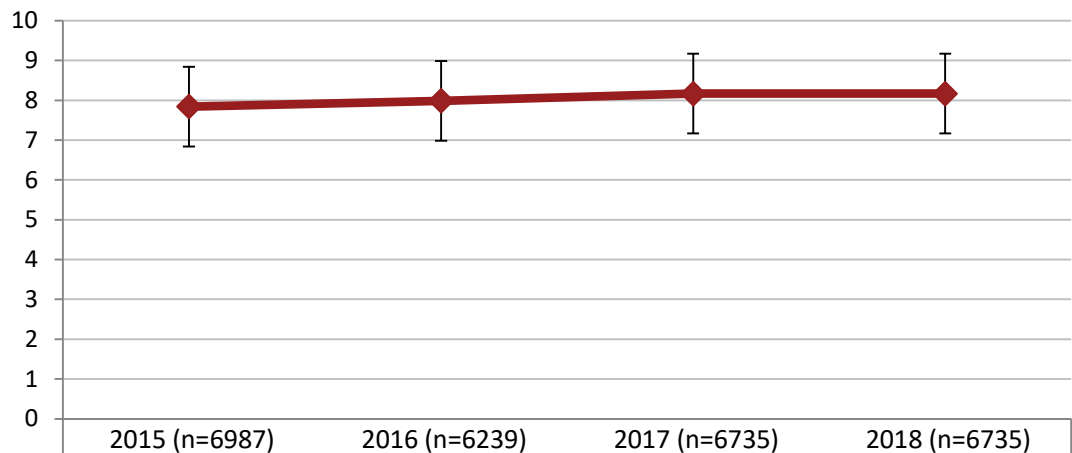
Diabetes Audit Results, Portland Area, 2004-2018

Hemoglobin A1c



■	HbA1c missing	11 %	16 %	7 %	5 %	5 %
■	HbA1c 10.0 or higher	13 %	15 %	17 %	19 %	19 %
■	HbA1c 7.0-9.9	37 %	33 %	39 %	41 %	41 %
■	HbA1c <7	39 %	37 %	38 %	35 %	35 %
—	HbA1c ≤6.5	28 %	29 %	27 %	25 %	25 %

Average Hemoglobin A1C



◆	Mean HbA1c	7.84	7.99	8.17	8.17
	Standard error	0.08	0.08	0.07	0.07
	95% CI upper limit	7.995	8.150	8.313	8.313
	95% CI lower limit	7.691	7.827	8.028	8.028

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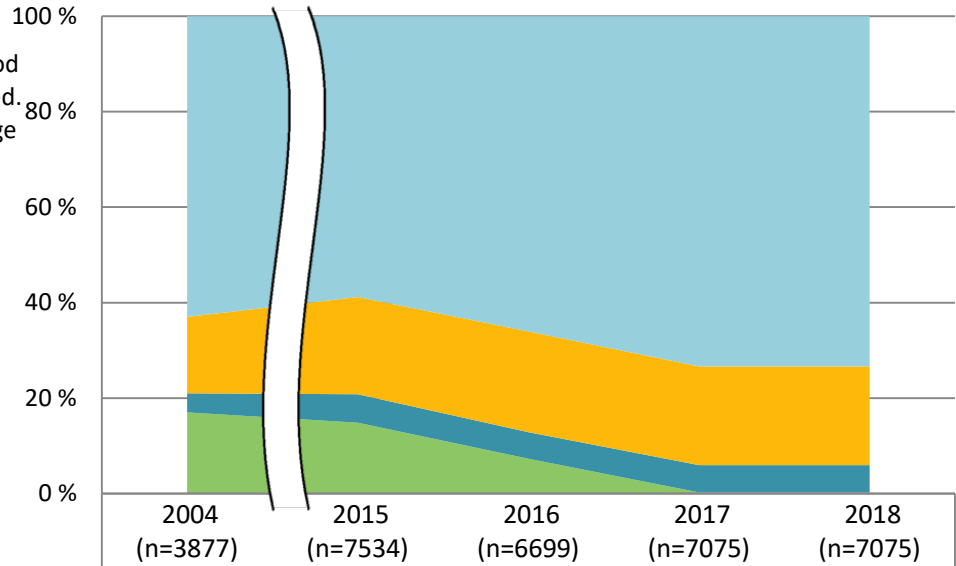
Diabetes Audit Results, Portland Area, 2004-2018

Before 2010: Based on the average of the last 3 blood pressure measurements taken within the audit year. If <3 measurements were taken, blood pressure control is undetermined.

After 2010: Based on the average of the last 2 or 3 blood pressure measurements taken within the audit year. If <2 measurements were taken, blood pressure control is undetermined.

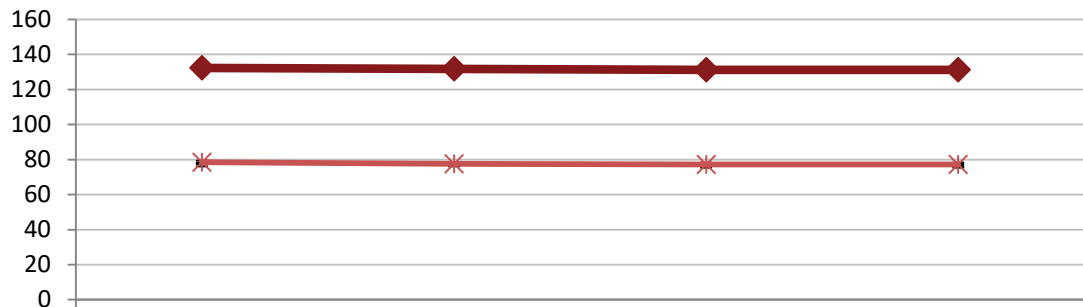
After 2015: Blood pressure is reported if the patient had any recorded in the Audit period.

Blood Pressure



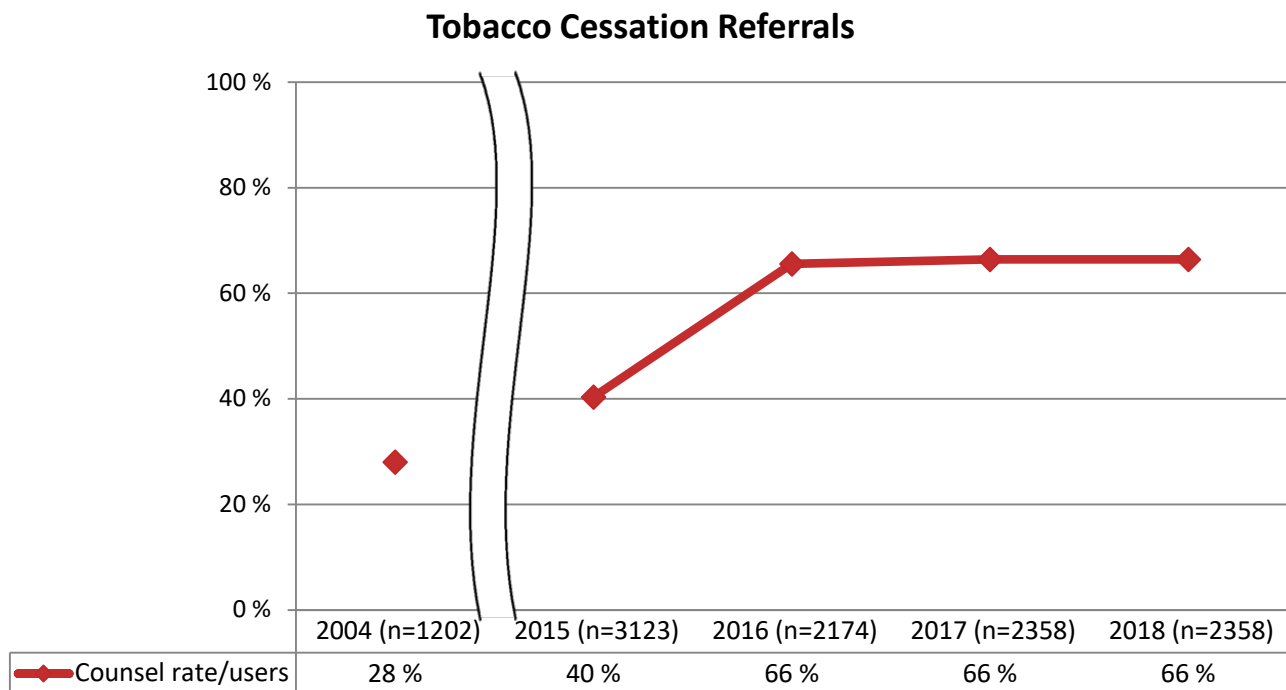
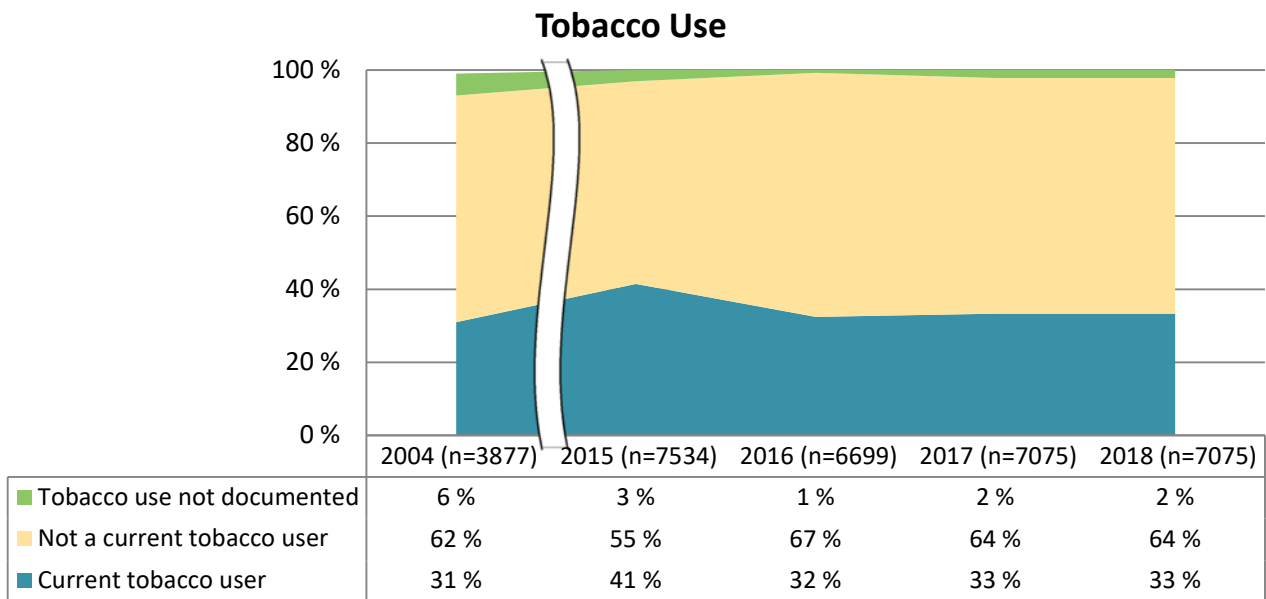
	2004 (n=3877)	2015 (n=7534)	2016 (n=6699)	2017 (n=7075)	2018 (n=7075)
Adequate BP <140/<90	63 %	59 %	66 %	73 %	73 %
Inadequate (140/90 - <160/<95)	16 %	20 %	21 %	21 %	21 %
Markedly poor (160/95 or higher)	4 %	6 %	6 %	6 %	6 %
BP control undetermined	17 %	15 %	7 %	0 %	0 %

Average Blood Pressure



	2015 (n=6774)	2016 (n=6196)	2017 (n=7057)	2018 (n=7057)
Mean systolic BP	132.36	131.80	131.26	131.26
Standard error	0.73	0.42	0.48	0.48
95% CI upper limit	133.792	132.618	132.202	132.202
95% CI lower limit	130.930	130.985	130.321	130.321
Mean diastolic BP	78.44	77.64	77.24	77.24
Standard error	0.65	0.31	0.46	0.46
95% CI upper limit	79.707	78.255	78.134	78.134
95% CI lower limit	77.178	77.025	76.345	76.345

Diabetes Audit Results, Portland Area, 2004-2018

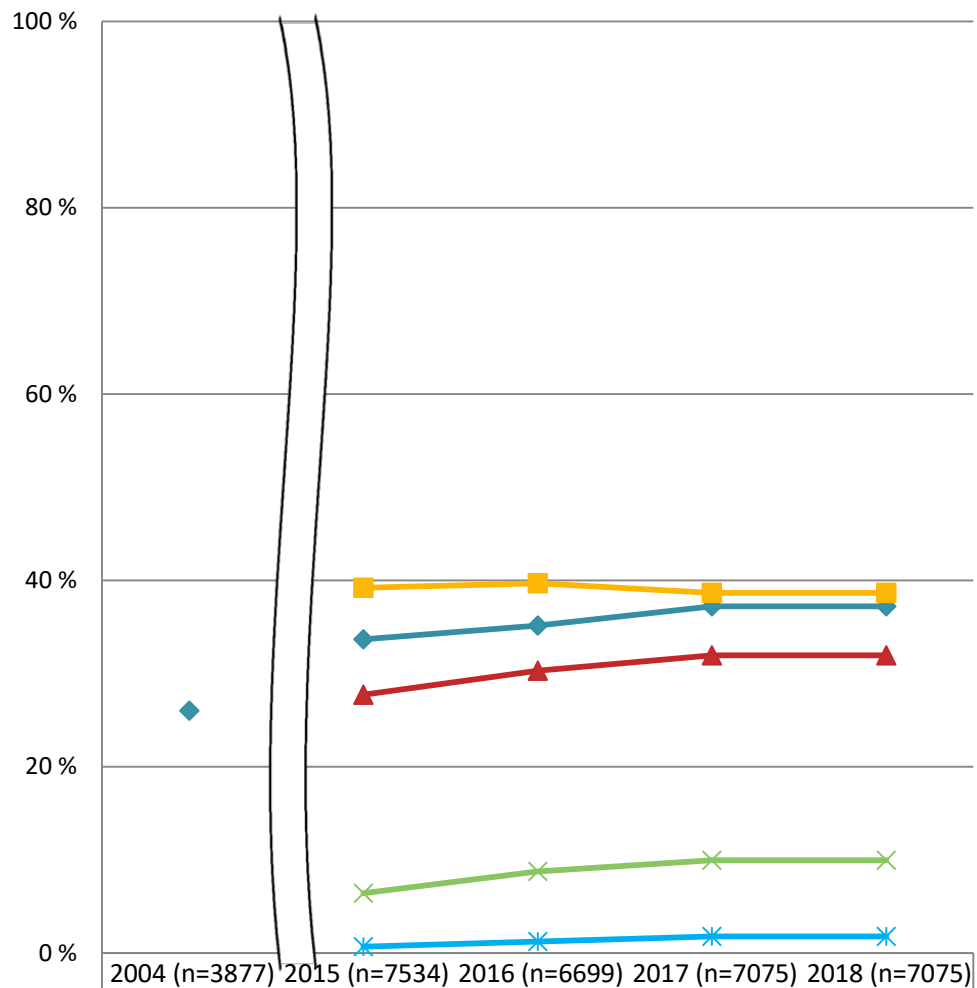


Note: The 'n' in this graph refers to the total number of tobacco users included in the audit.

A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.

Diabetes Audit Results, Portland Area, 2004-2018

Diabetes Medications



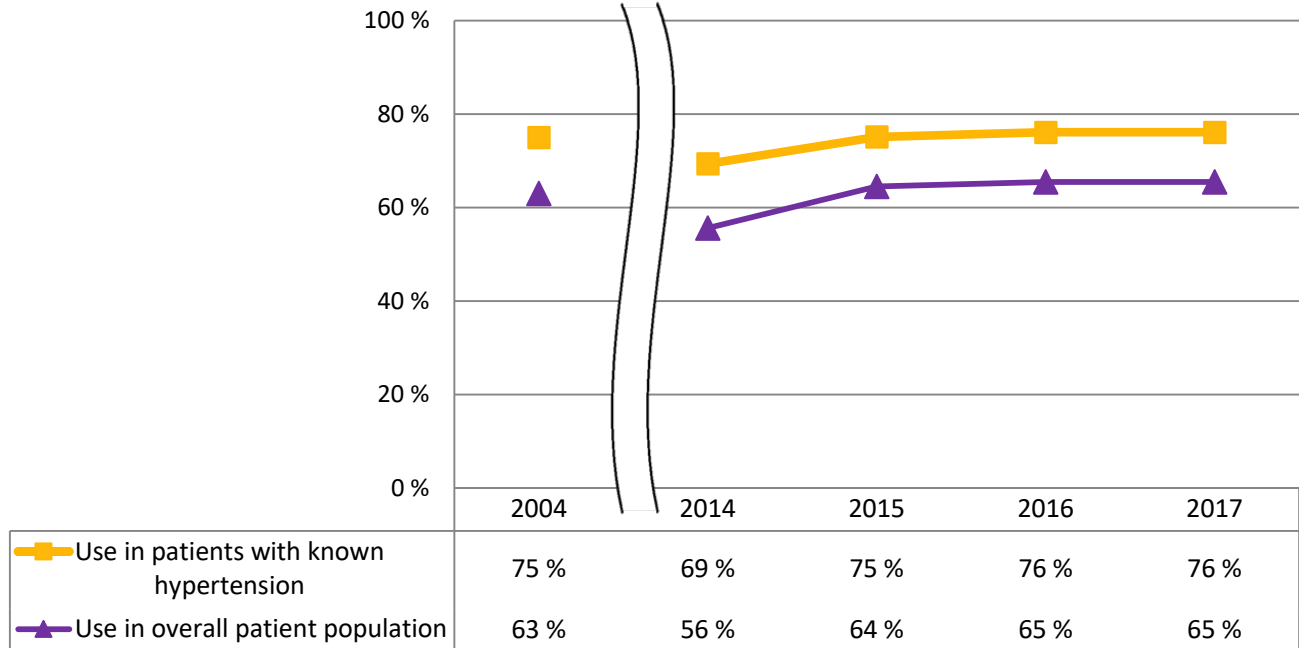
	2004 (n=3877)	2015 (n=7534)	2016 (n=6699)	2017 (n=7075)	2018 (n=7075)
Insulin alone or in combination	26 %	34 %	35 %	37 %	37 %
One Med		39 %	40 %	39 %	39 %
Two Meds		28 %	30 %	32 %	32 %
Three Meds		6 %	9 %	10 %	10 %
Four + Meds		1 %	1 %	2 %	2 %

Notes

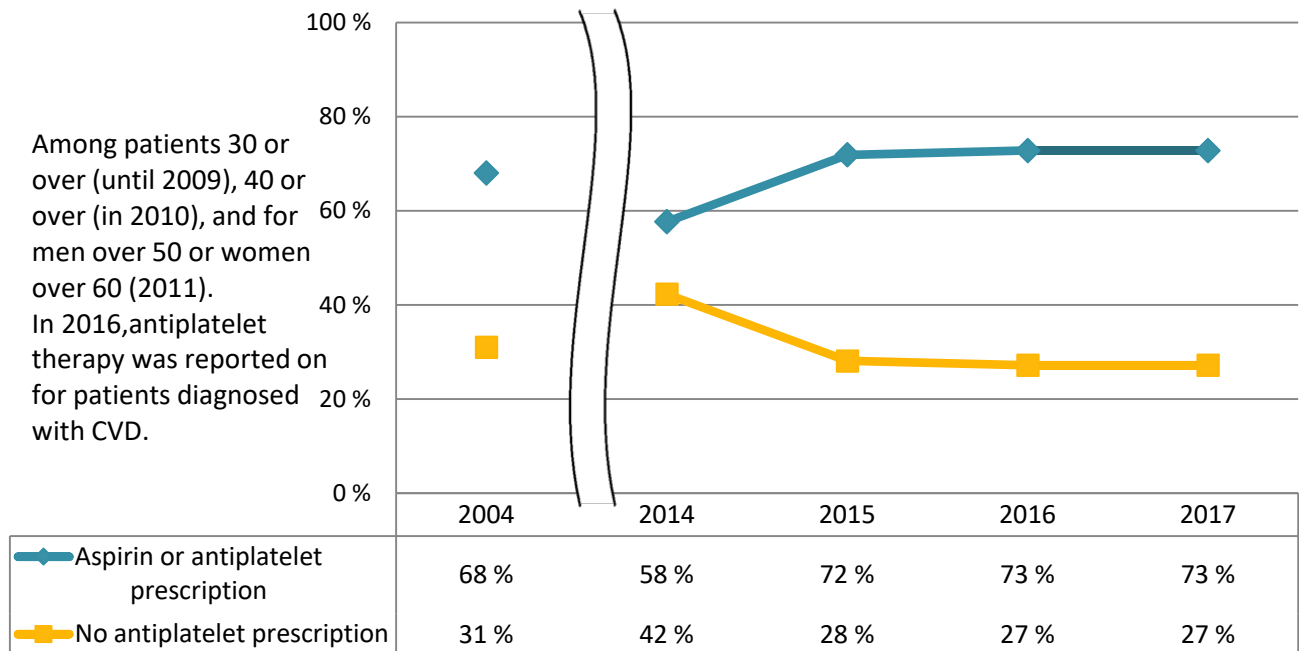
"Diet and exercise alone" is the default selection in RPMS. If no records are found in the patient's chart of medications prescribed or dispensed in the last six months of the audit year, the patient is classified as being treated with "diet and exercise alone." The percentages for this category may be inflated if patients did not refill their prescriptions at the clinic in the last six months of the audit year. You can enter medication reviews as historical RXs so that the audit report will reflect those prescriptions.

Diabetes Audit Results, Portland Area, 2004-2018

ACE Inhibitor or ARB Prescriptions



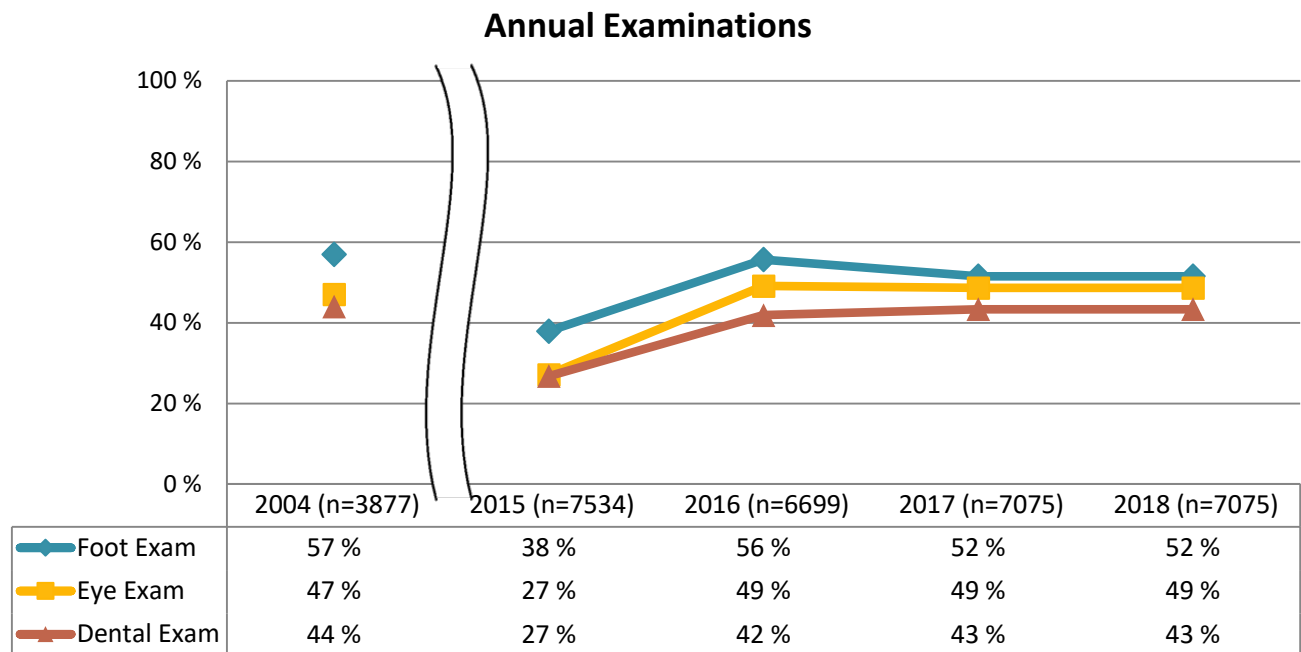
Antiplatelet Therapy



Denominators (n=) are not displayed on this page. These charts represent various subsets of patients, and not the entire population included in the audit.

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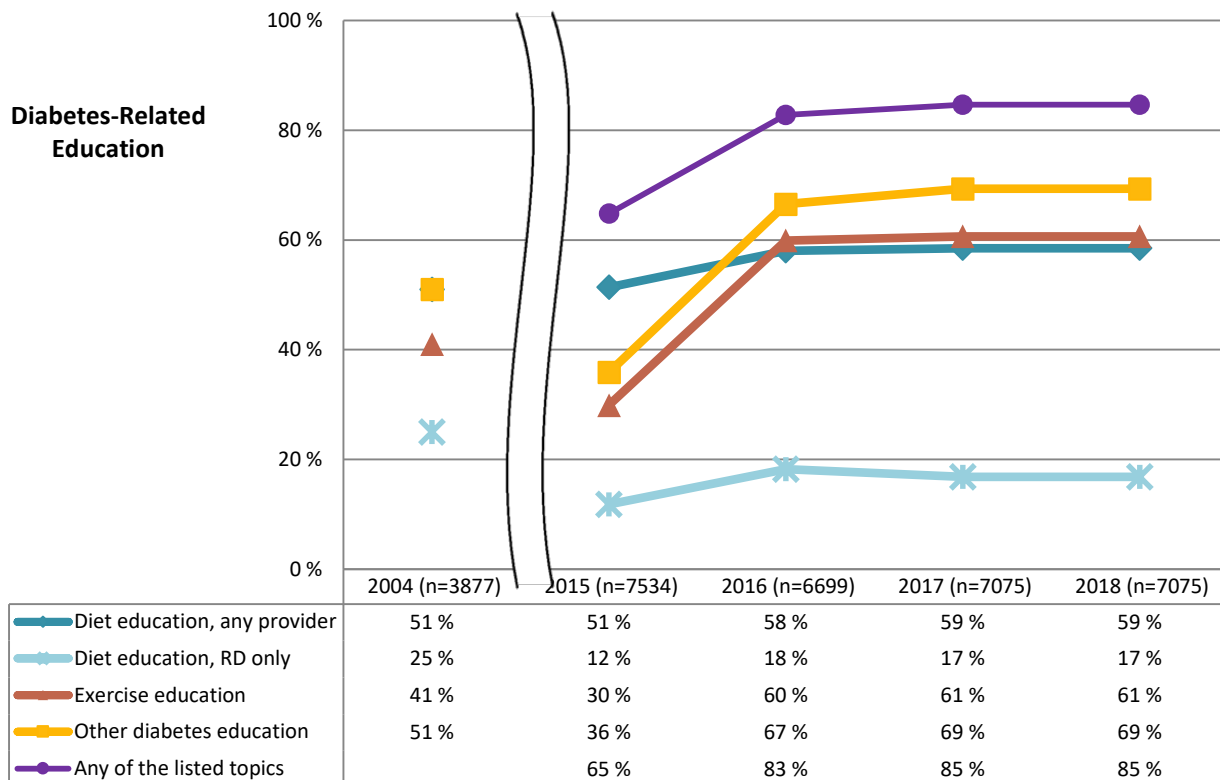
Diabetes Audit Results, Portland Area, 2004-2018



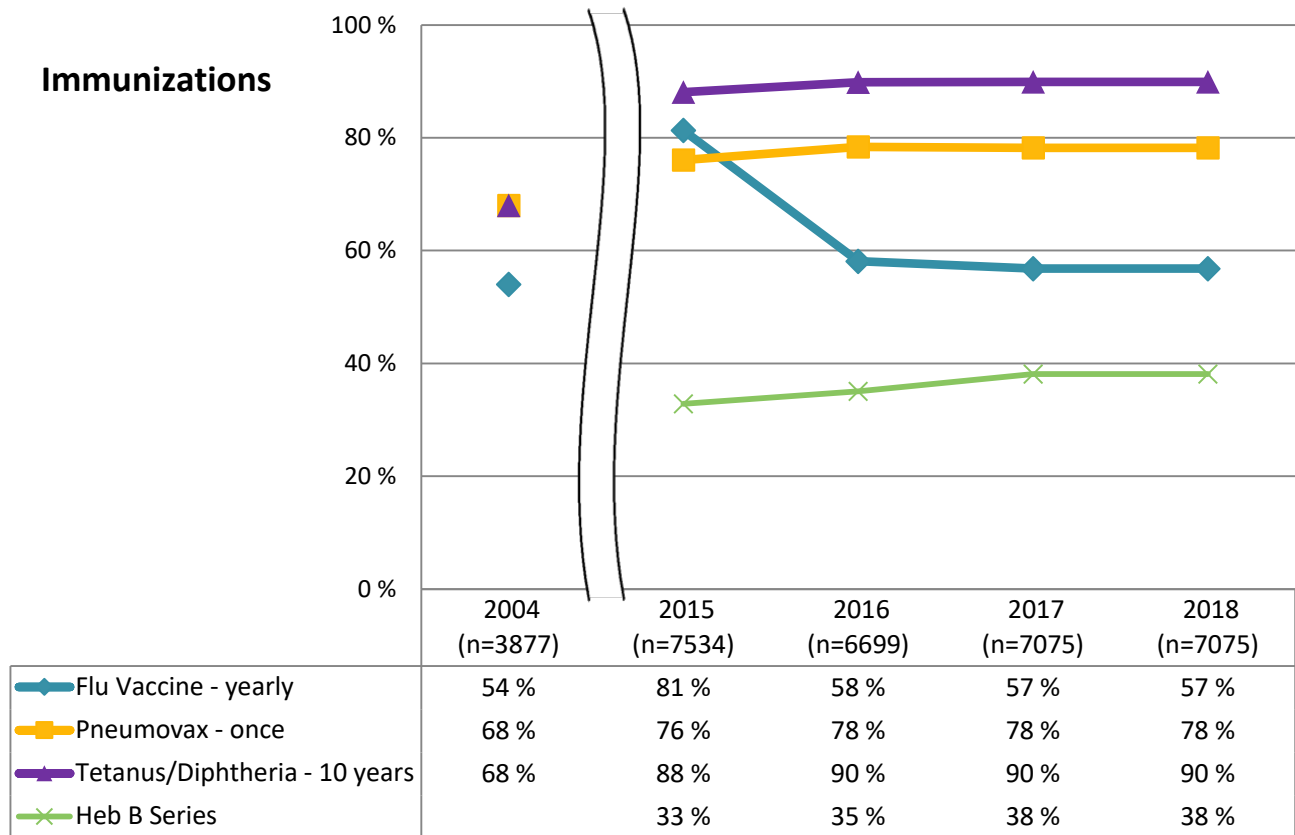
Eye Exam: A dilated fundoscopic exam conducted by a primary care provider, optometrist or ophthalmologist, or fundoscopic photographs reviewed by an ophthalmologist.

Foot Exam: An examination of the feet that includes neurologic and vascular evaluation as well as visual inspection for deformities or lesions.

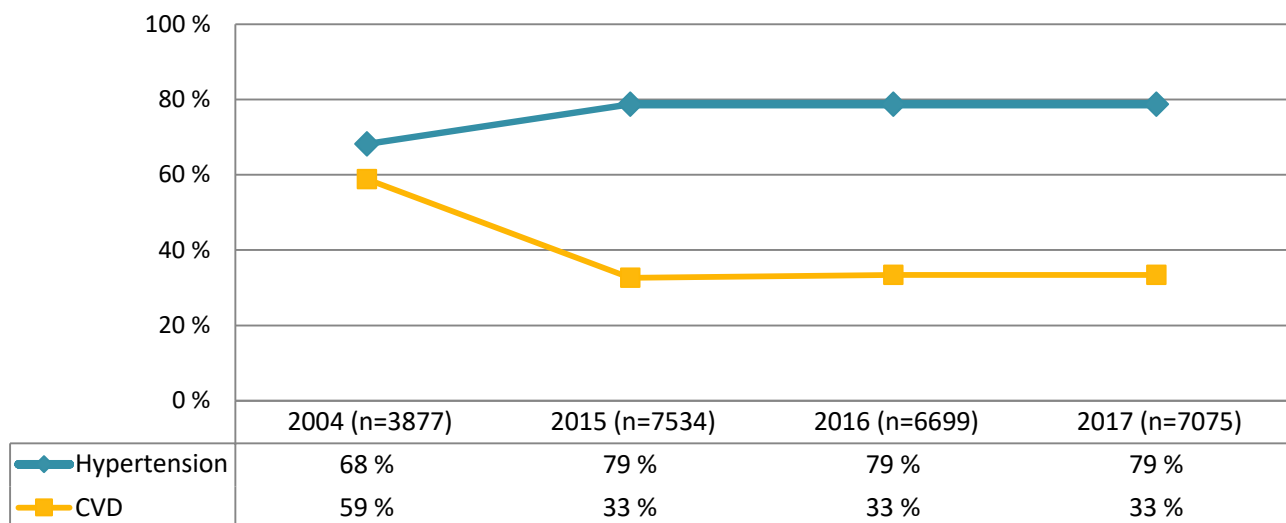
Dental Exam: The dental examination is one that includes evaluation of the teeth (if present), gingiva and mucosal surfaces.



Diabetes Audit Results, Portland Area, 2004-2018



Patients diagnosed with Hypertension, CVD



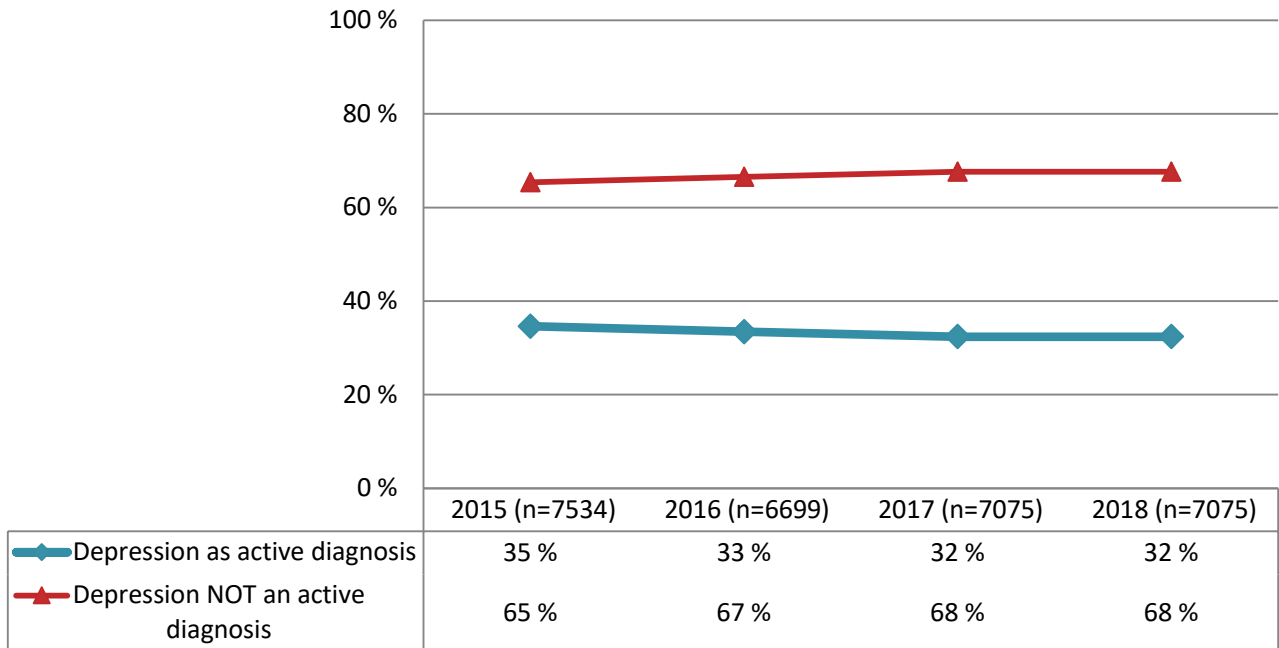
Patient has "known hypertension" if hypertension is on the problem list or the patient has had at least 3 visits with a diagnosis of hypertension.

Patient has CVD if CVD is found on the problems list or patient had at least two diagnoses ever of CVD.

A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.

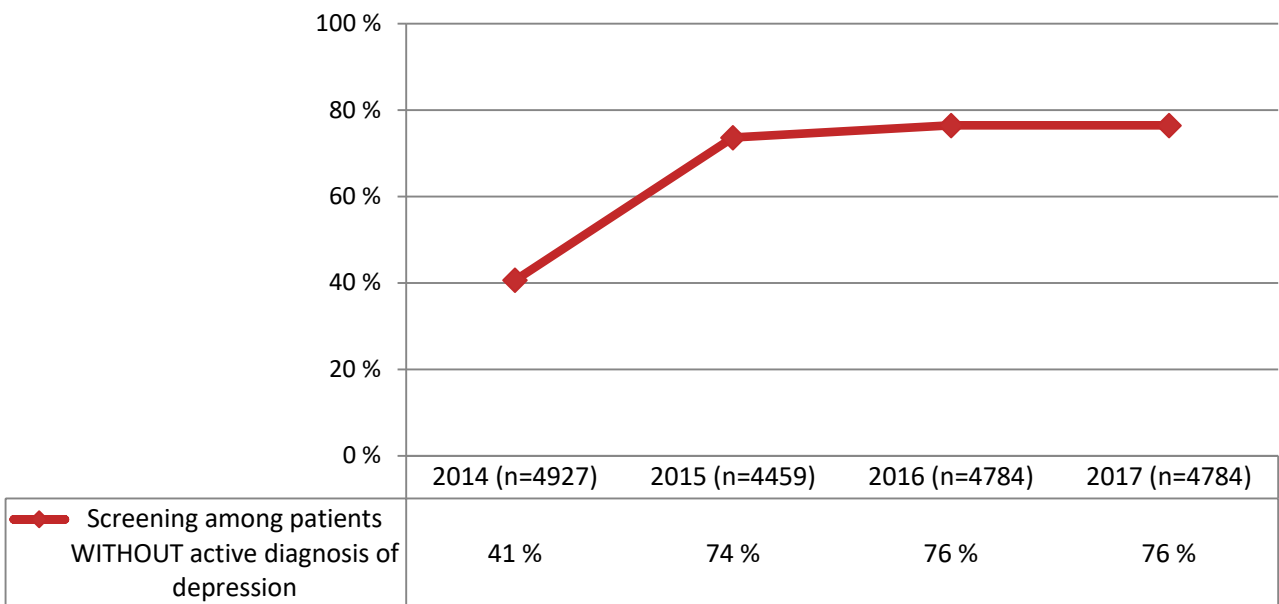
Diabetes Audit Results, Portland Area, 2004-2018

Diagnosed Depression

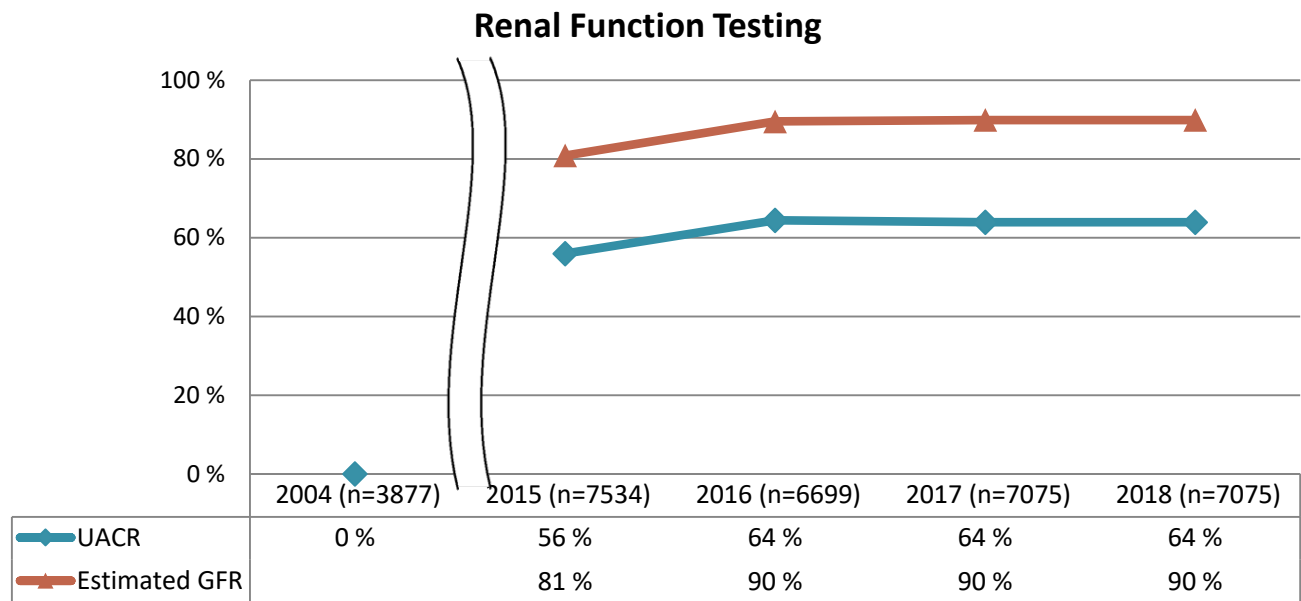


Note: Depression and depression screening were added to the audit in FY2005.

Depression Screening among Patients without Active Depression Diagnoses

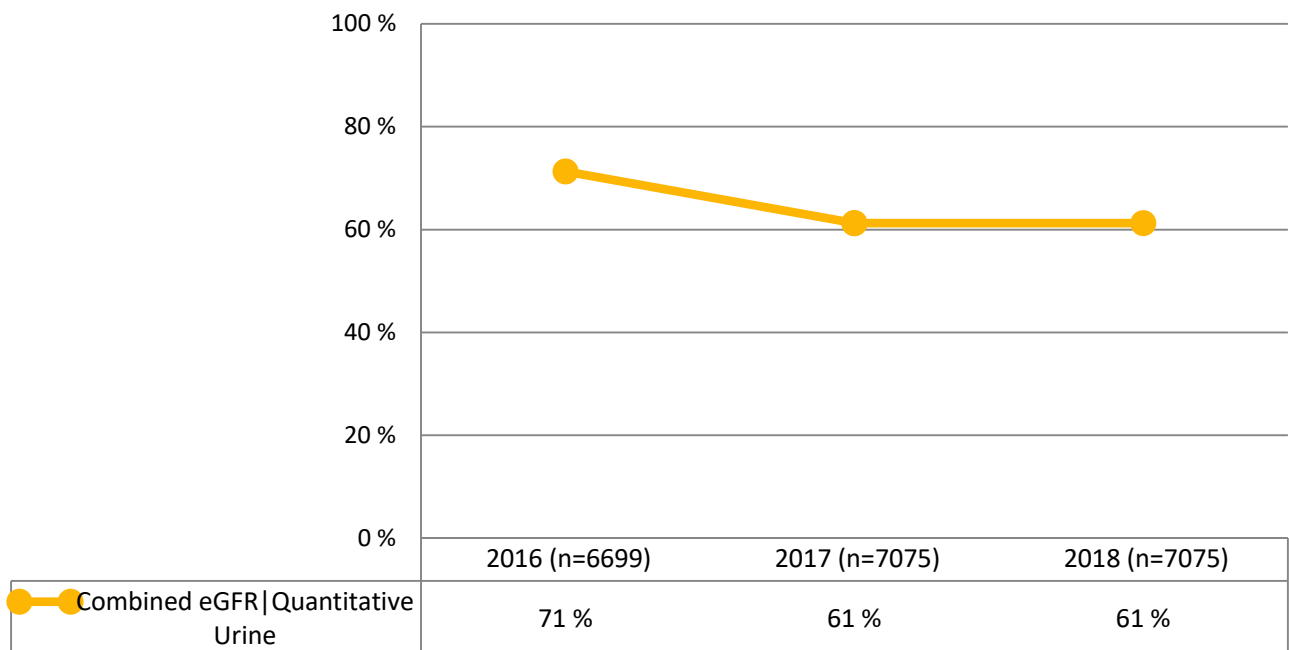


Diabetes Audit Results, Portland Area, 2004-2018



Urinalysis results before 2014 included what type of urine protein testing was conducted. In 2014, tracking the types of urinalysis was discontinued and replaced by tracking whether the patient has had a urine albumin/creatinine ratio.

Renal Function Testing: Combined Outcome Measures

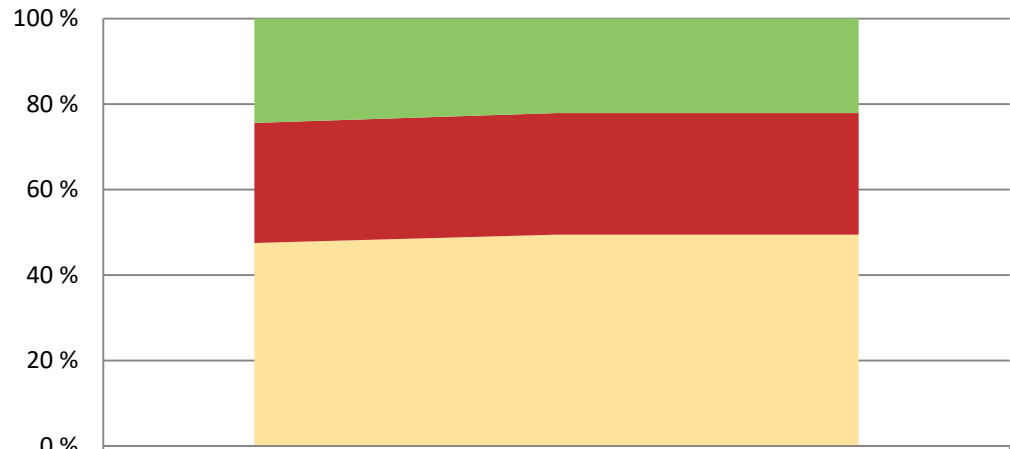


For this measure, these are records with both an eGFR and a quantitative urine protein test.

A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.

Diabetes Audit Results, Portland Area, 2004-2018

HDL Cholesterol (Females)



	2016 (n=3594)	2017 (n=3760)	2018 (n=3760)
■ HDL no result or not tested	24 %	22 %	22 %
■ HDL >50 (females) Pre-2016 HDL ≥50 (females)	28 %	28 %	28 %
■ HDL ≤50 (females) Pre-2016: HDL <50 (females)	48 %	49 %	49 %

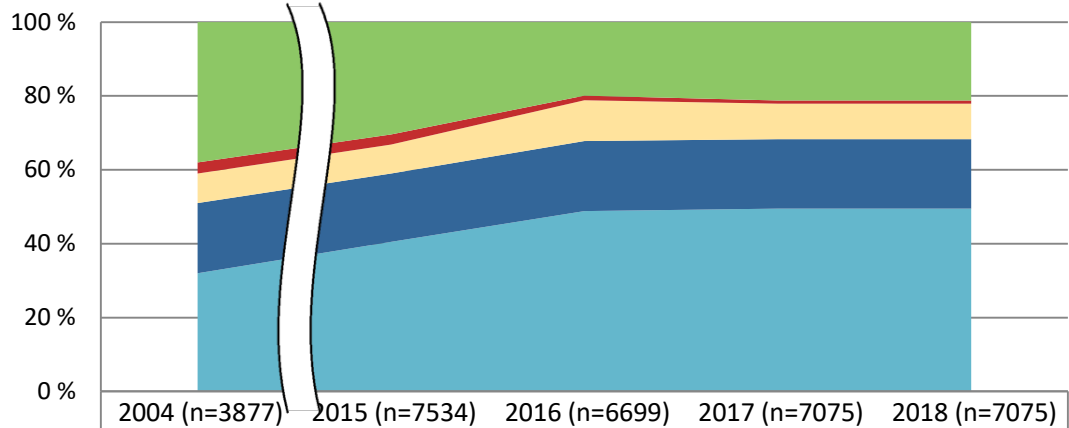
HDL Cholesterol (Males)



	2016 (n=3105)	2017 (n=3315)	2018 (n=3315)
■ HDL no result or not tested	22 %	19 %	19 %
■ HDL >40 (males) Pre-2016 HDL ≥40 (males)	39 %	41 %	41 %
■ HDL ≤40 (males) Pre-2016 HDL <40 (males)	40 %	40 %	40 %

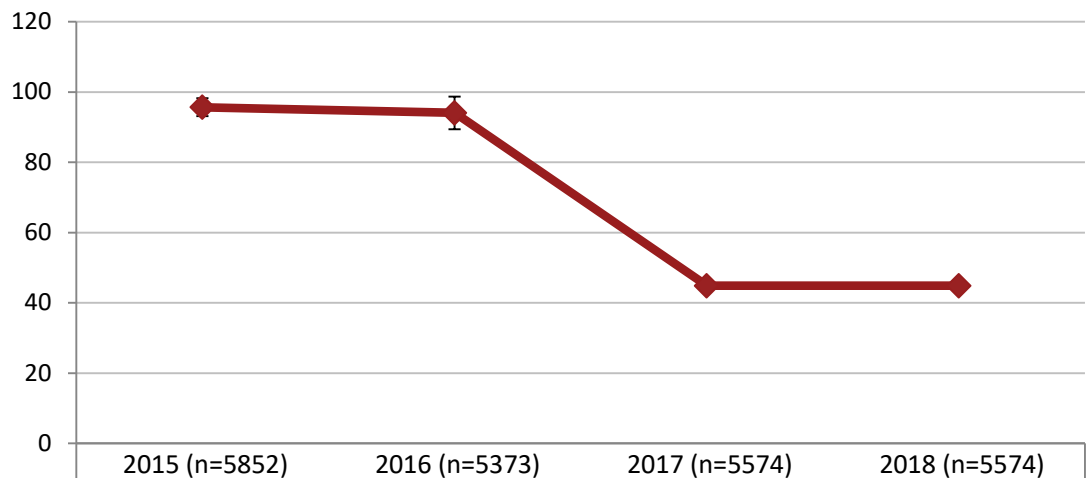
Diabetes Audit Results, Portland Area, 2004-2018

Low-Density Lipoprotein (LDL) Cholesterol



■	Not tested	38 %	30 %	20 %	21 %	21 %
■	LDL >160	3 %	3 %	1 %	1 %	1 %
■	LDL 130-160 mg/dl	8 %	8 %	11 %	10 %	10 %
■	LDL 100-129 mg/dl	19 %	18 %	19 %	19 %	19 %
■	Desirable (<100 mg/dl)	32 %	40 %	49 %	49 %	49 %

Average LDL Cholesterol



◆	Mean LDL	95.66	94.06	44.87	44.87
	Standard error	1.31	2.38	0.41	0.41
	95% CI upper limit	98.220	98.722	45.664	45.664
	95% CI lower limit	93.097	89.394	44.070	44.070

A blank indicates a category not reported on in a given year; FY = Fiscal Year, the year in which data were submitted.

2018 Diabetes Audit: Dates of Service CY 2017

This information is for the following groups:

Portland Area (n=6942 patients)

All IHS Areas (n=123296 patients)

6942 sampled from 7555 active patients with diabetes (92%)

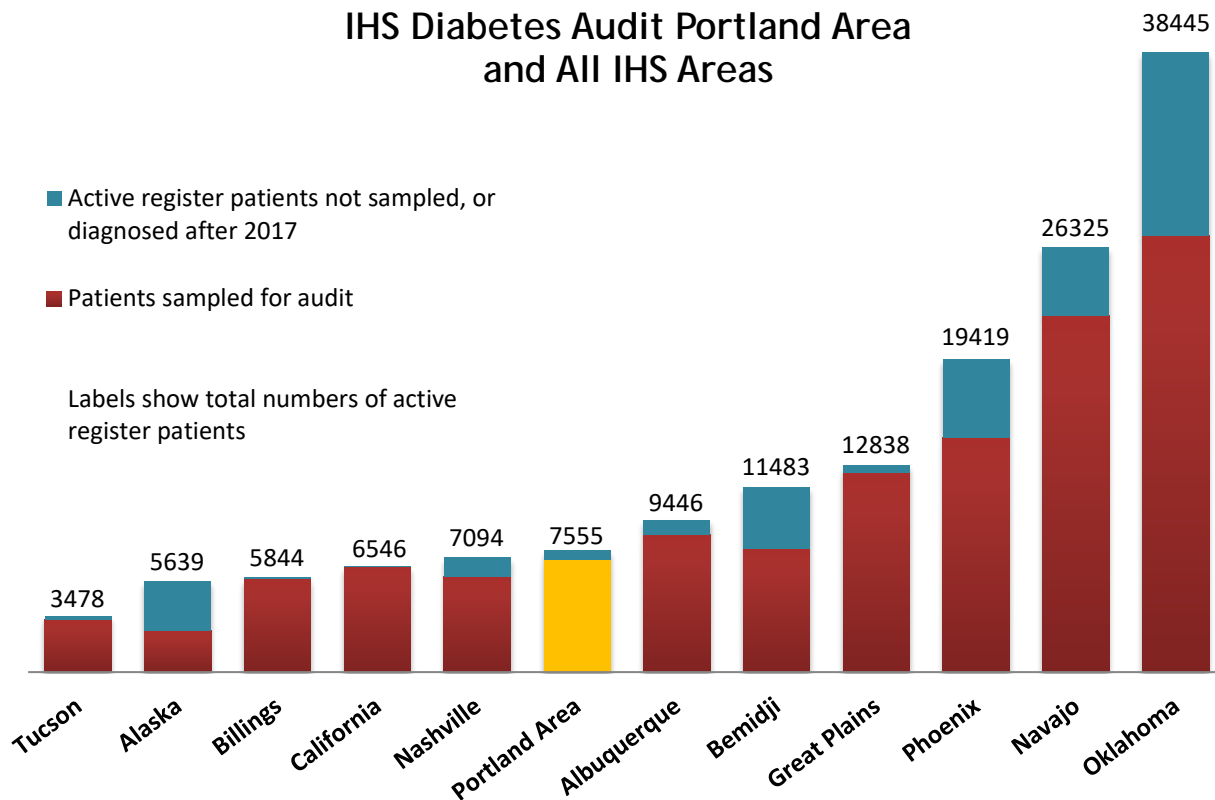
123296 sampled from 154112 active patients with diabetes (80%)

The following report contains information from your clinic's Annual IHS Diabetes Audit submission. It also includes summary data from all reporting tribal, IHS and urban facilities in the Portland Area. The audit information is displayed side by side so that you can see how your site compares to the overall Portland Area. If you have any questions about the report, please contact the Western Tribal Diabetes Project at (800) 862-5497.

Who is this report about?

Patients identified by local Diabetes Program staff as having type 1 or type 2 diabetes and part of the active patient load, with at least one primary care visit in the calendar year. Only American Indian and Alaska Native patients are included in the audit.

Active Patients with Diabetes in the 2018* IHS Diabetes Audit Portland Area and All IHS Areas



*The Audit performed in 2018 covers services delivered in 2017

2018 Diabetes Audit: Dates of Service CY 2017

This information is for the following groups:

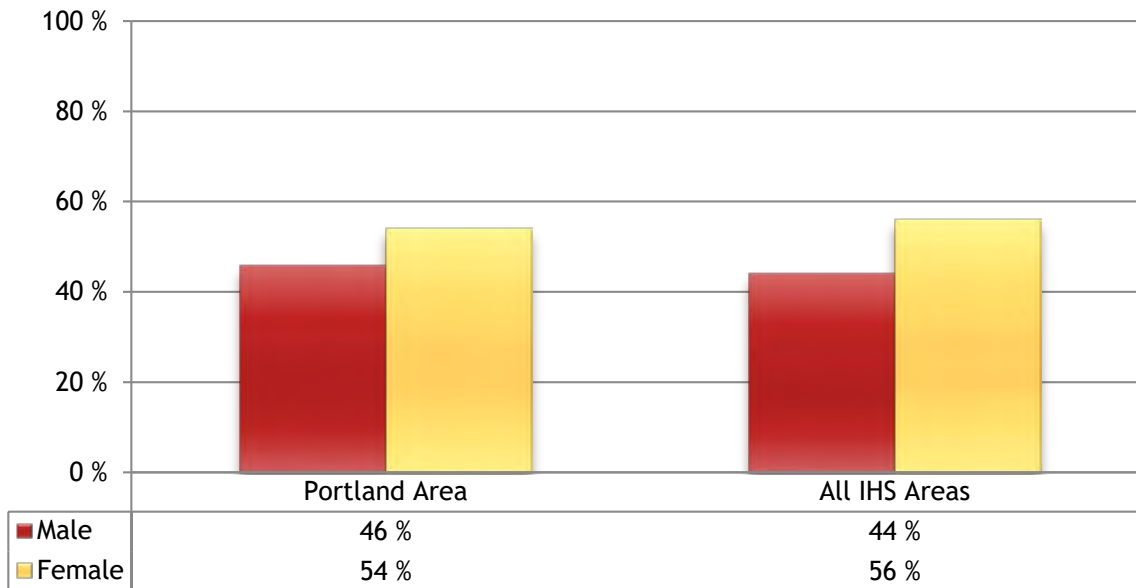
Portland Area (n=6942 patients)

All IHS Areas (n=123296 patients)

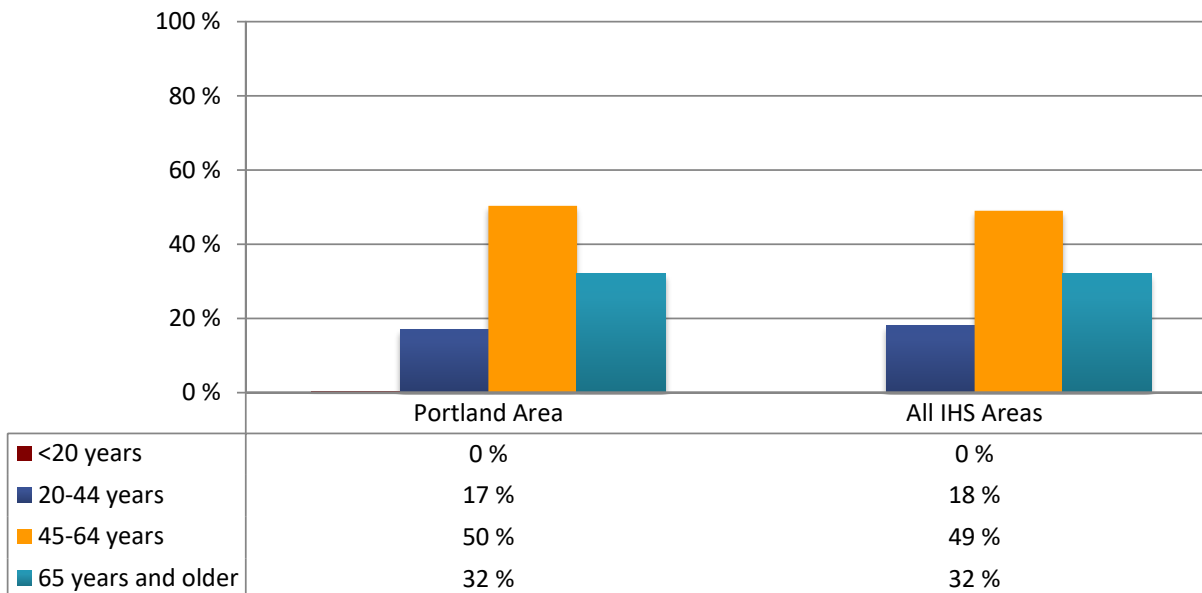
6942 sampled from 7555 active patients with diabetes (92%)

123296 sampled from 154112 active patients with diabetes (80%)

Gender of Patients with Diabetes



Age Distribution of Patients with Diabetes



2018 Diabetes Audit: Dates of Service CY 2017

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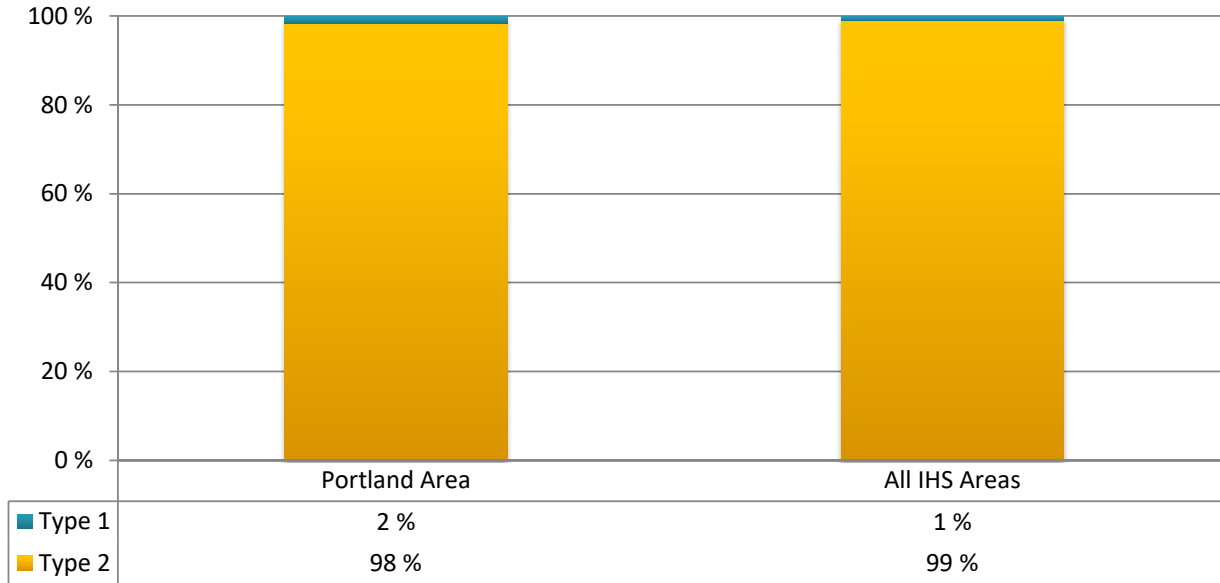
Portland Area (n=6942 patients)

All IHS Areas (n=123296 patients)

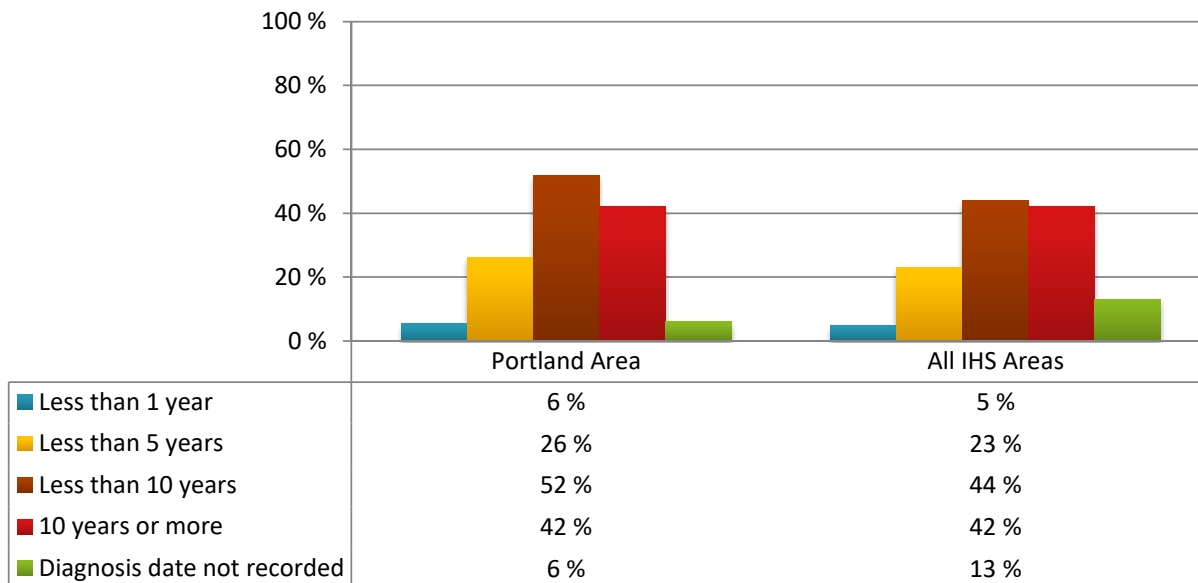
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Type of Diabetes Diagnosed



Duration of Diabetes



2018 Diabetes Audit: Dates of Service CY 2017

This information is for the following groups:

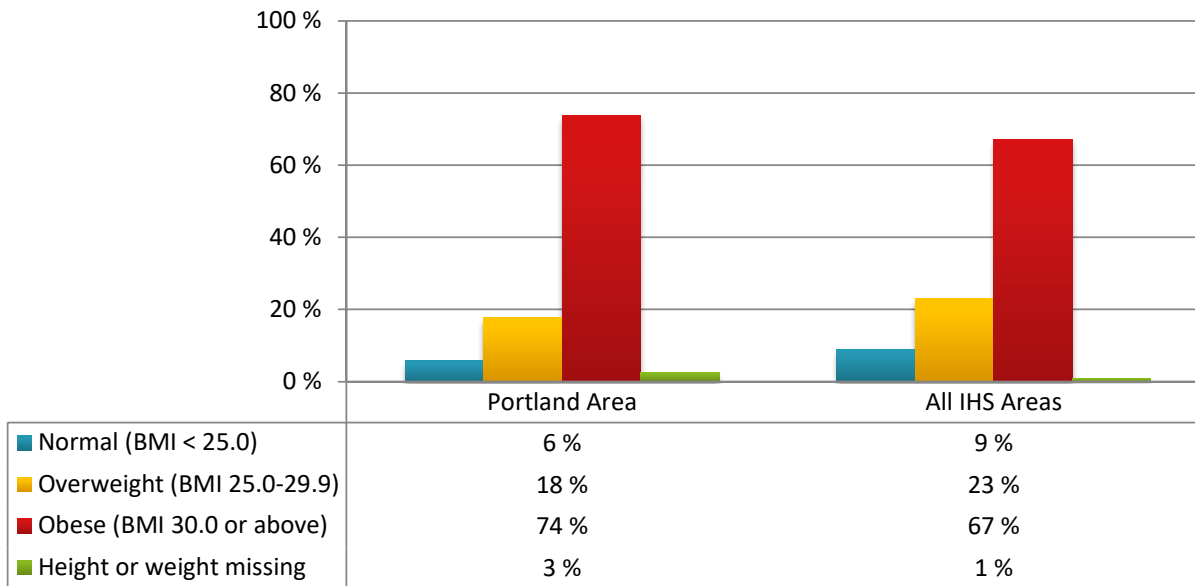
Portland Area (n=6942 patients)

All IHS Areas (n=123296 patients)

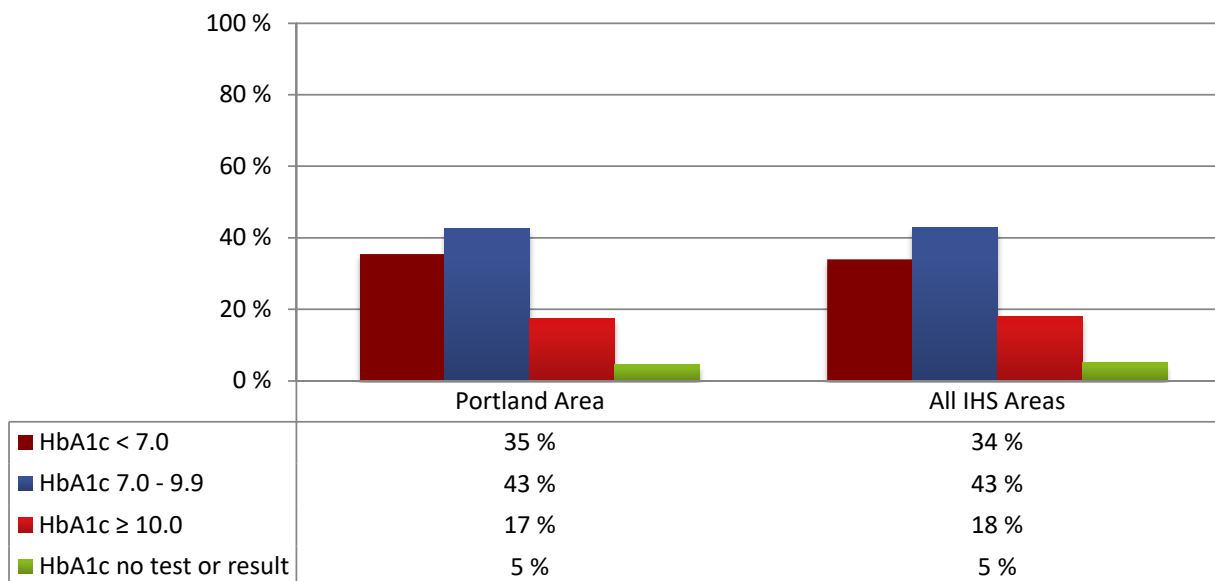
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Weight (Body Mass Index)



Hemoglobin A1C



2018 Diabetes Audit: Dates of Service CY 2017

This information is for the following groups:

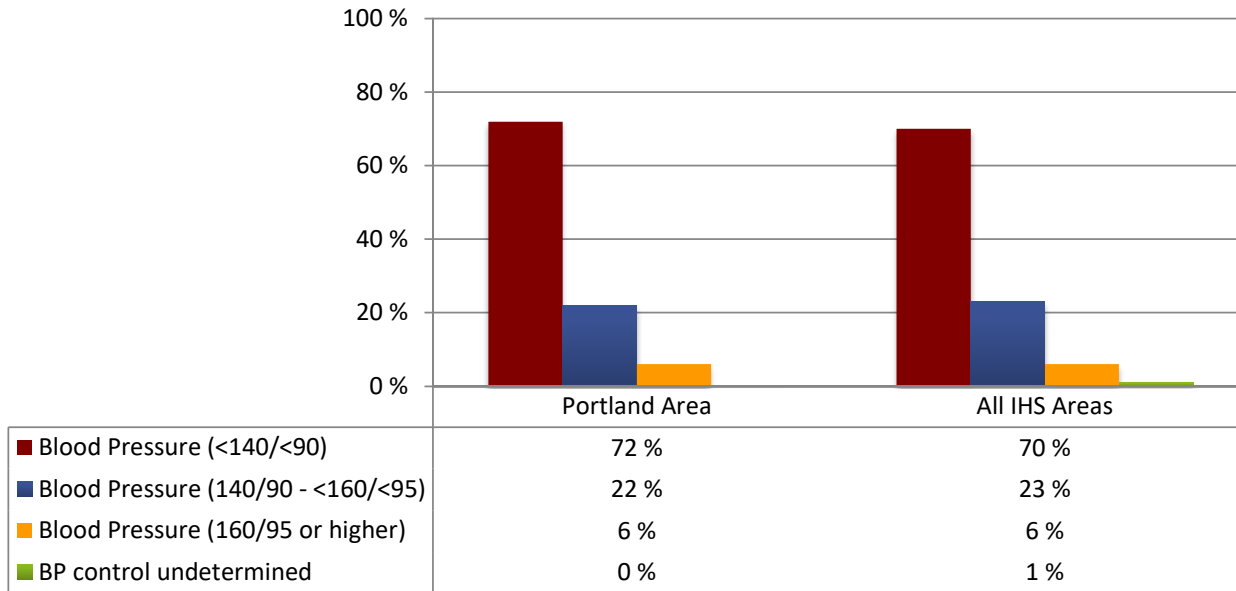
Portland Area (n=6942 patients)

All IHS Areas (n=123296 patients)

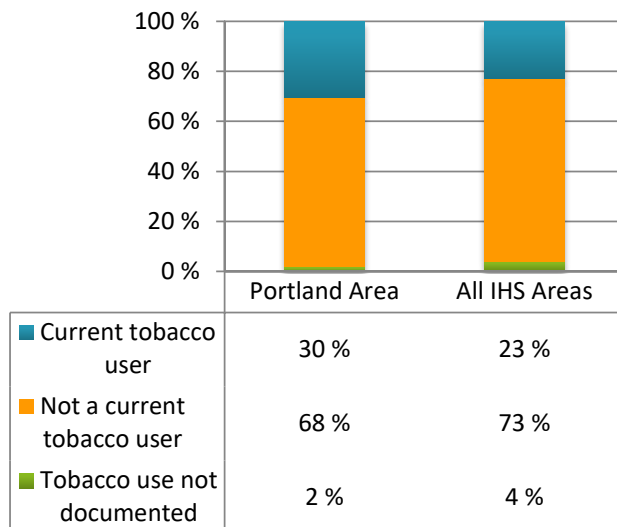
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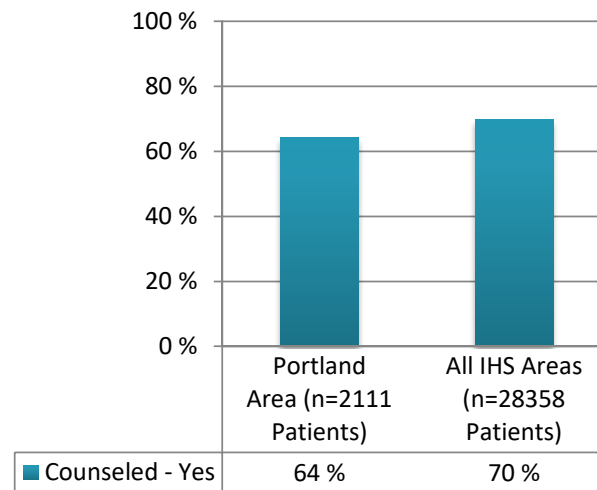
Blood Pressure



Tobacco Use



Tobacco Cessation Counseling for Current Tobacco Users



2018 Diabetes Audit: Dates of Service CY 2017

This information is for the following groups:

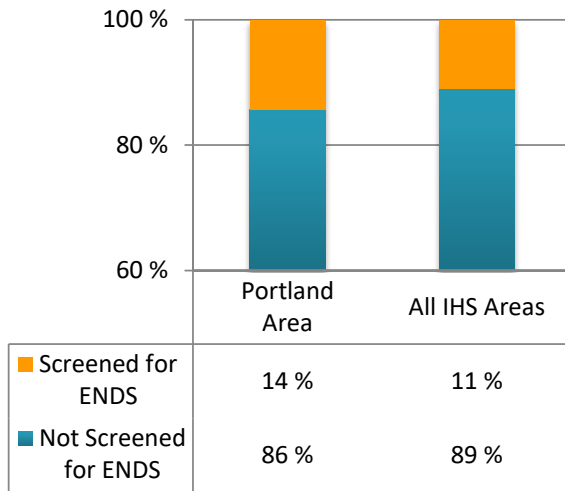
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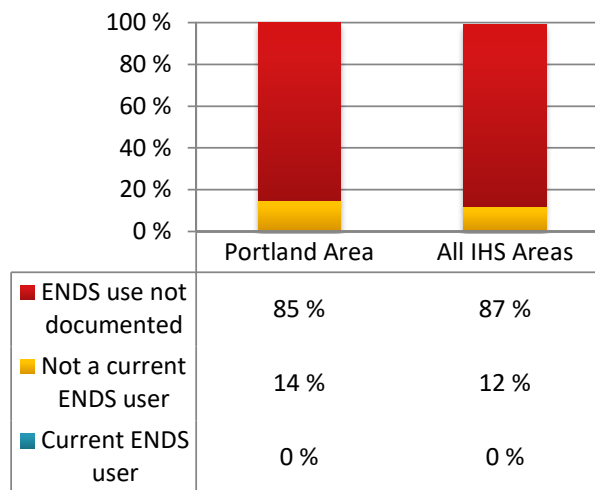
All IHS Areas (n=123296 patients)

123296 sampled from 154112 active patients with diabetes (80%)

Electronic Nicotine Delivery System Screening

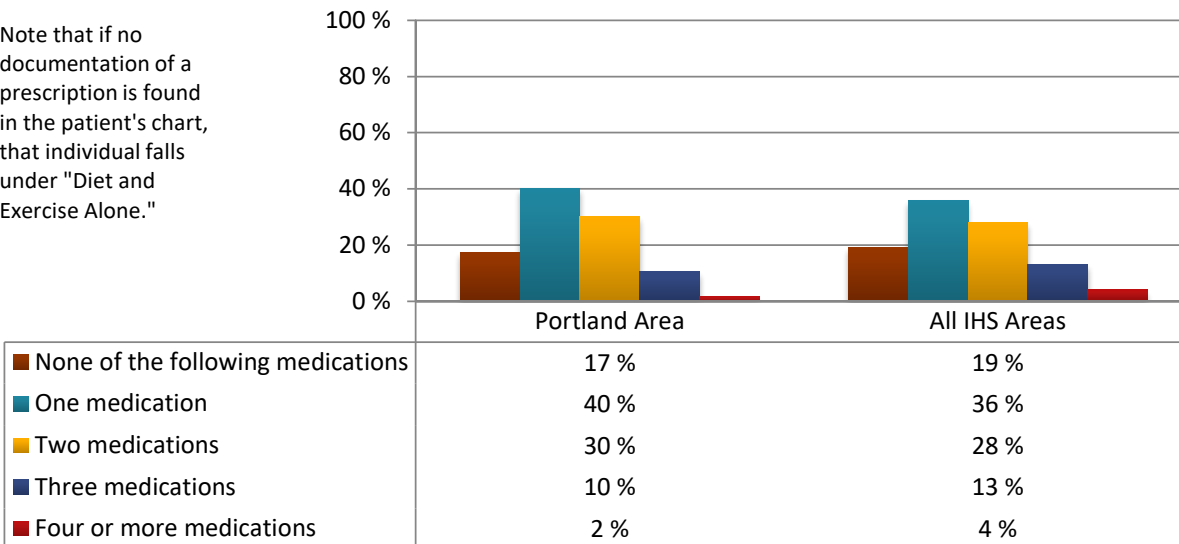


Electronic Nicotine Delivery System Use



Patients with Diabetes-Related Prescriptions

Note that if no documentation of a prescription is found in the patient's chart, that individual falls under "Diet and Exercise Alone."



2018 Diabetes Audit: Dates of Service CY 2017

This information is for the following groups:

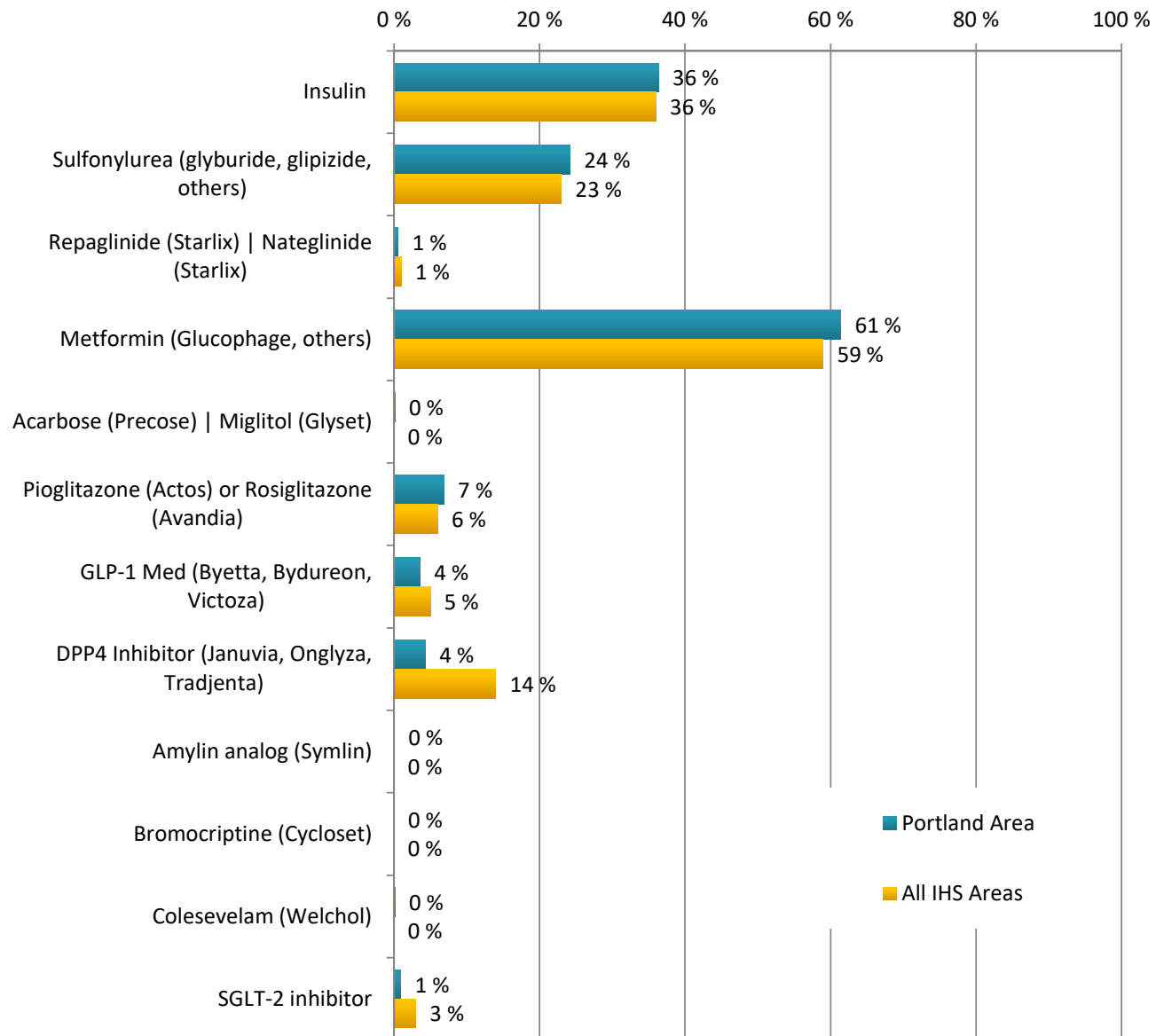
Portland Area (n=6942 patients)

All IHS Areas (n=123296 patients)

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123296 sampled from 154112 active patients with diabetes (80%)

Diabetes Medications, Alone or in Combination



2018 Diabetes Audit: Dates of Service CY 2017

This information is for the following groups:

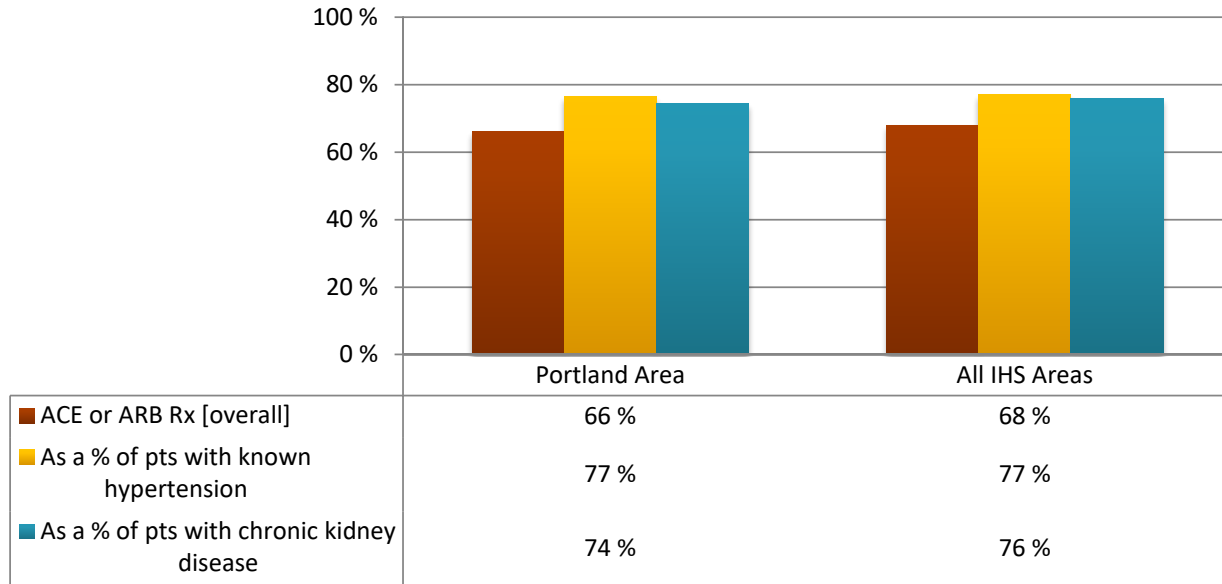
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All IHS Areas (n=123296 patients)

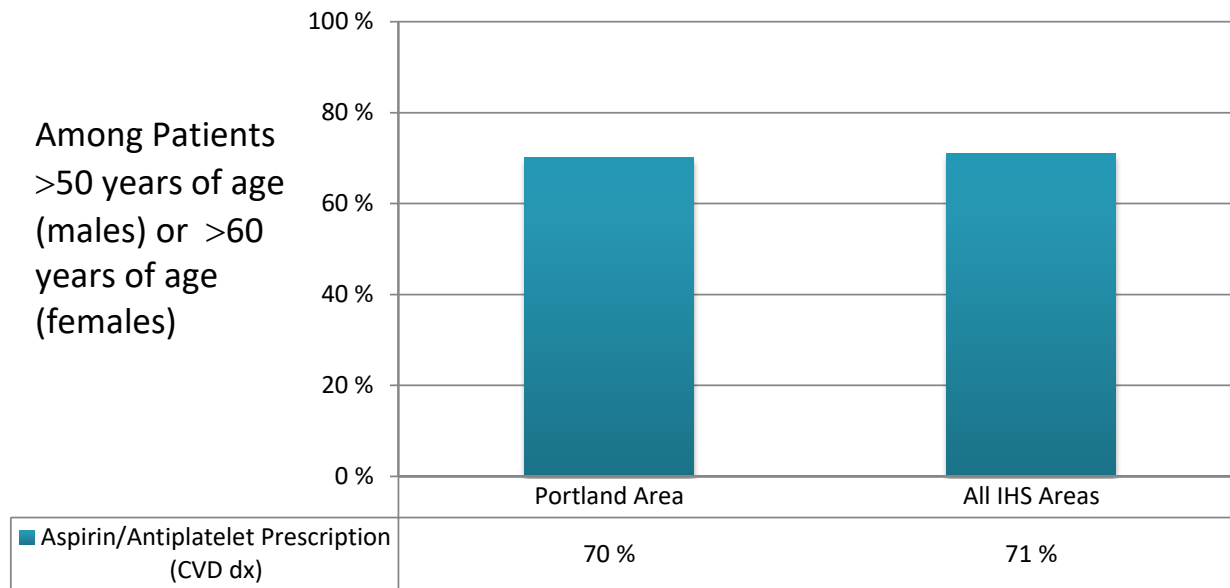
6942 sampled from 7555 active patients with diabetes (92%)

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Ace Inhibitor (or ARB) Prescriptions



Anti-Platelet Therapy



2018 Diabetes Audit: Dates of Service CY 2017

This information is for the following groups:

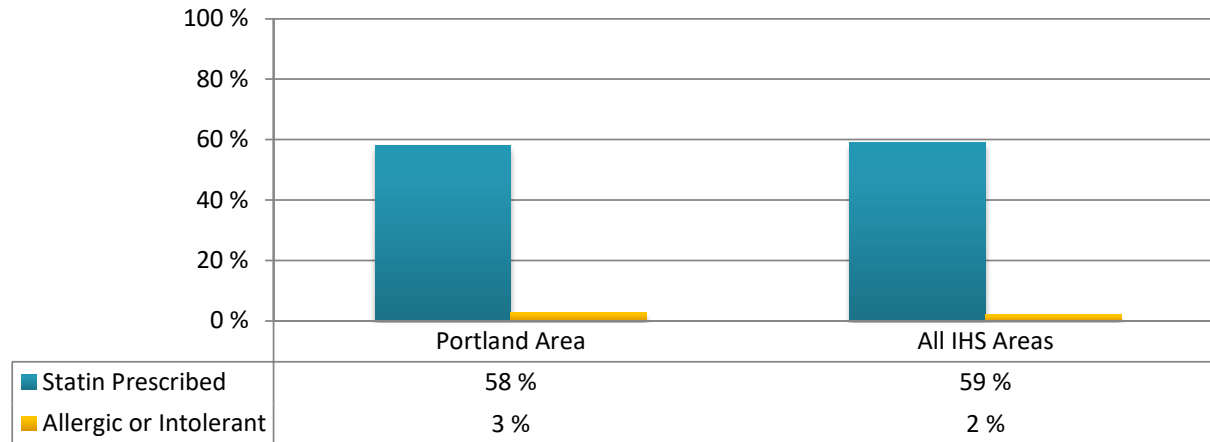
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All IHS Areas (n=123296 patients)

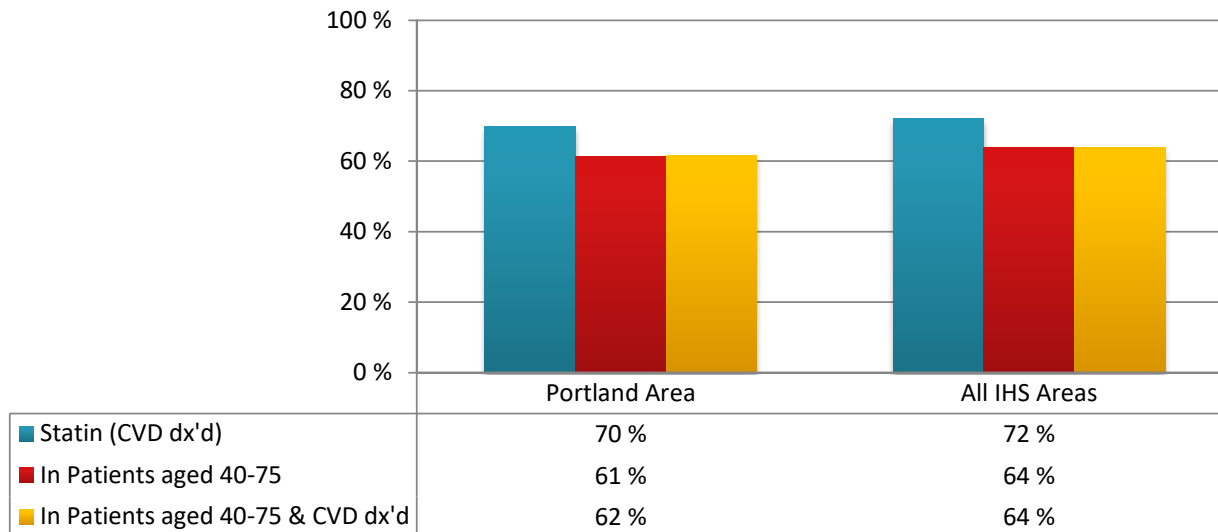
6942 sampled from 7555 active patients with diabetes (92%)

123296 sampled from 154112 active patients with diabetes (80%)

Statin Prescribed



Statin Use in Patients dx'd with CVD and Patients aged 40-75



Allergic or intolerant to statin therapy:

Portland Area

Statin (CVD dx'd): 3.73613448903019%

In Patients aged 40-75: 2.87126284086899%

Allergic or Intolerant (Aged 40-75 & CVD dx'd): 2.8369%

All IHS Areas

Statin (CVD dx'd): 2%

In Patients aged 40-75: 2%

In Patients aged 40-75 & CVD dx'd: 2%

2018 Diabetes Audit: Dates of Service CY 2017

This information is for the following groups:

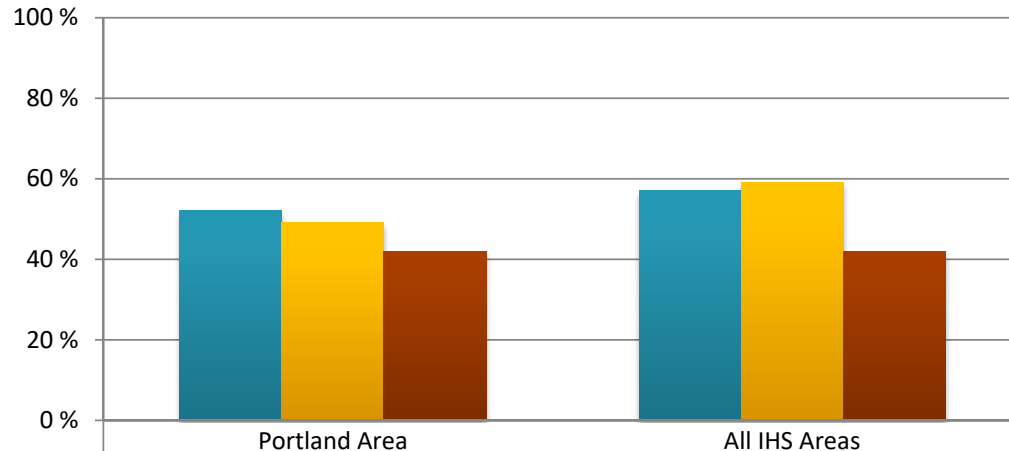
Portland Area (n=6942 patients)

All IHS Areas (n=123296 patients)

6942 sampled from 7555 active patients with diabetes (92%)

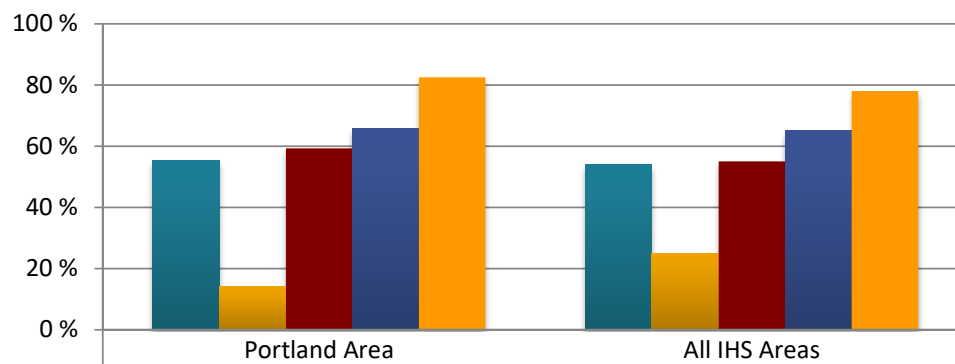
123296 sampled from 154112 active patients with diabetes (80%)

Yearly Exams



- Foot exam - neuro & vasc
- Eye exam - dilated
- Dental exam

Yearly Diabetes Education



- Nutrition instruction by any provider
- Nutrition instruction by RD
- Exercise instruction
- Other diabetes education
- Any of the listed topics

2018 Diabetes Audit: Dates of Service CY 2017

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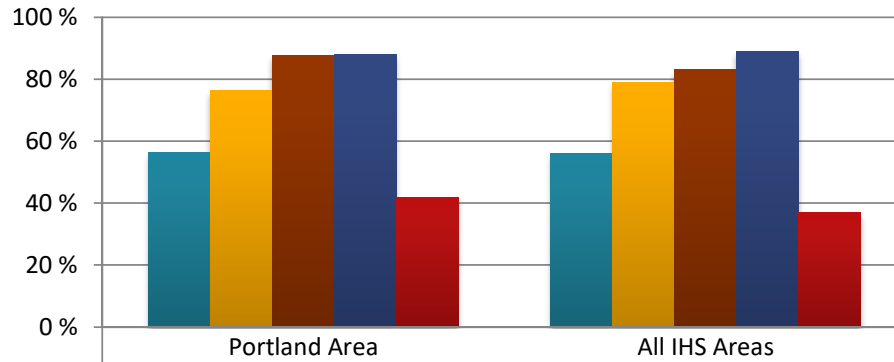
Portland Area (n=6942 patients)

All IHS Areas (n=123296 patients)

6942 sampled from 7555 active patients with diabetes (92%)

123296 sampled from 154112 active patients with diabetes (80%)

Immunizations



■ Flu Vaccine - yearly	56 %	56 %
■ Pneumococcal vaccine - ever	76 %	79 %
■ Tetanus/Diphtheria (q 10 yrs)	88 %	83 %
■ Td/Tdap ever	88 %	89 %
■ Hepatitis B series ever/not immune	42 %	37 %

Portland Area

Flu Vaccine refused: 9.23252798295916%

Pneumococcal vaccine - refused: 4.40965081781141%

Tetanus/Diphtheria refused: 1.88708203786194%

Hepatitis B series refused/not immune: 4.2339176940

Portland Area

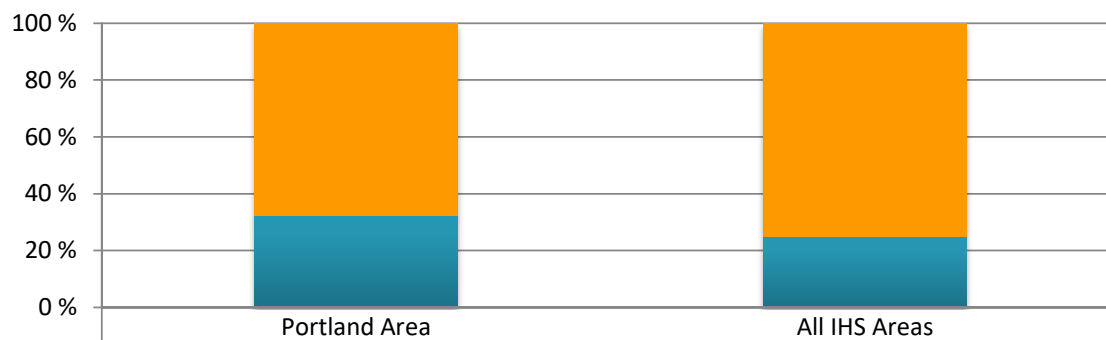
Flu Vaccine refused: 8%

Pneumococcal vaccine - refused: 4%

Tetanus/Diphtheria refused: 1%

Hepatitis B series refused/not immune: 3%

Depression Identified as Active Diagnosis



■ Depression No	68 %	75 %
■ Depression Yes	32 %	25 %

2018 Diabetes Audit: Dates of Service CY 2017

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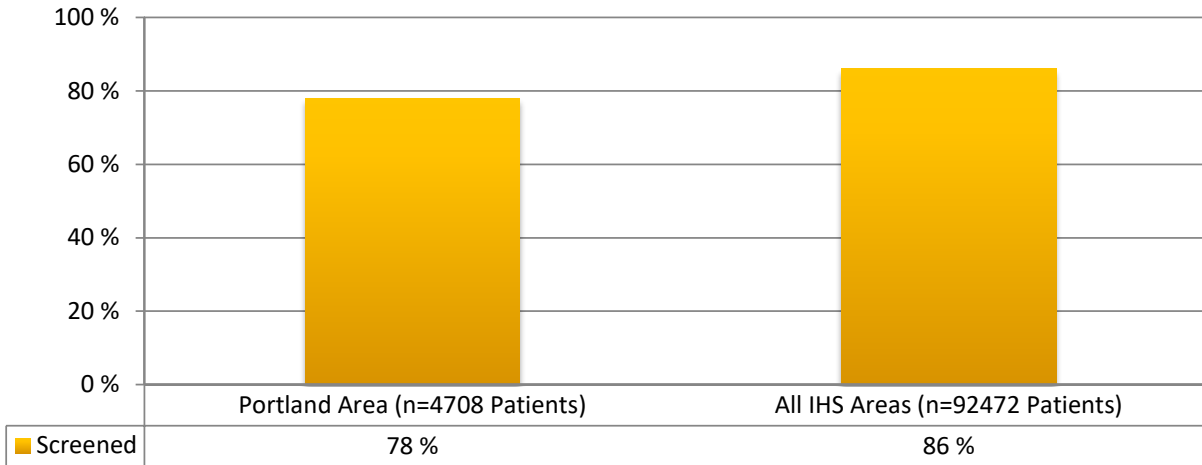
Portland Area (n=6942 patients)

All IHS Areas (n=123296 patients)

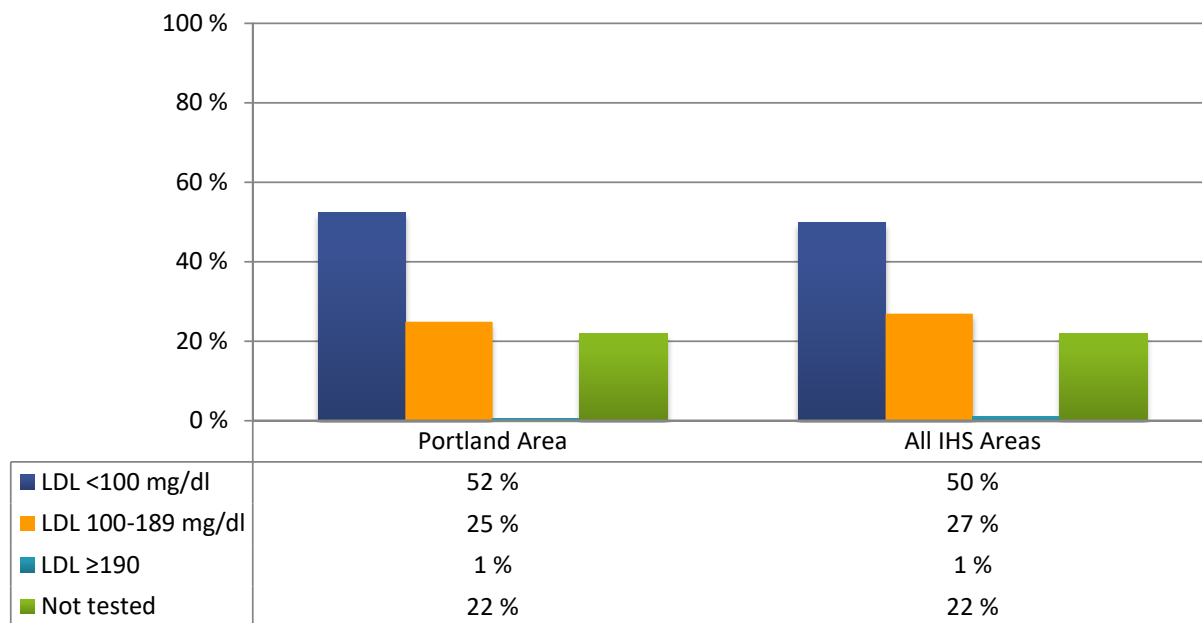
6942 sampled from 7555 active patients with diabetes (92%)

123296 sampled from 154112 active patients with diabetes (80%)

Of Patients Without Active Depression Diagnosis, Proportion Screened for Depression in Past Year



LDL Cholesterol



2018 Diabetes Audit: Dates of Service CY 2017

This information is for the following groups:

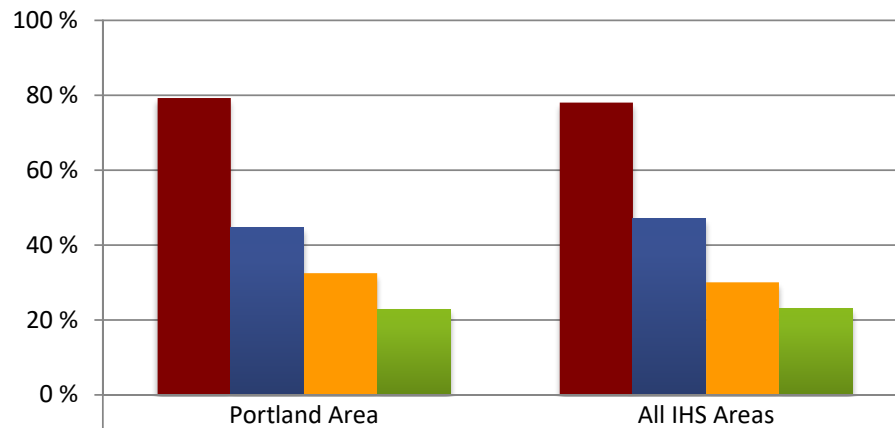
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All IHS Areas (n=123296 patients)

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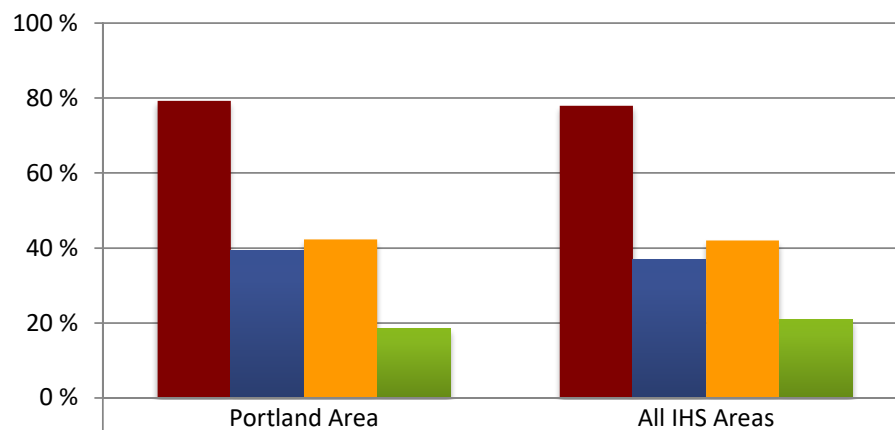
123296 sampled from 154112 active patients with diabetes (80%)

HDL Cholesterol Females



■ HDL obtained in the Audit period(all patients)	79 %	78 %
■ HDL < 50 mg/dl	45 %	47 %
■ HDL ≥ 50 mg/dl	33 %	30 %
■ HDL not done	23 %	23 %

HDL Cholesterol Males



■ HDL obtained in the Audit period(all patients)	79 %	78 %
■ HDL < 40 mg/dl	39 %	37 %
■ HDL ≥ 40 mg/dl	42 %	42 %
■ HDL not done	18 %	21 %

2018 Diabetes Audit: Dates of Service CY 2017

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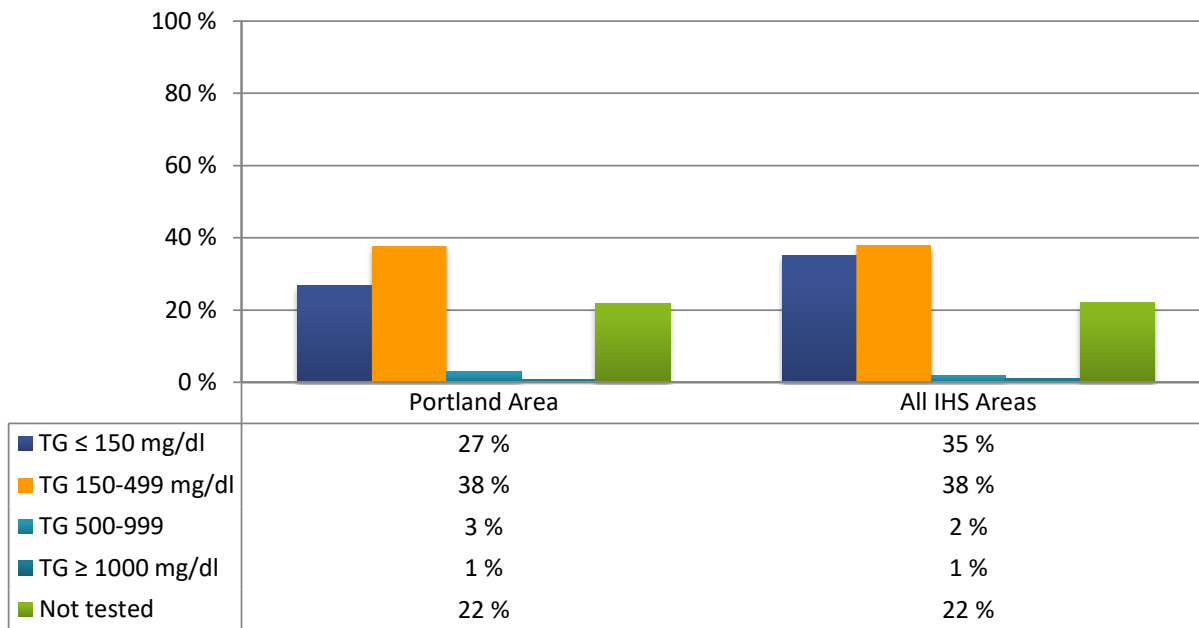
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All IHS Areas (n=123296 patients)

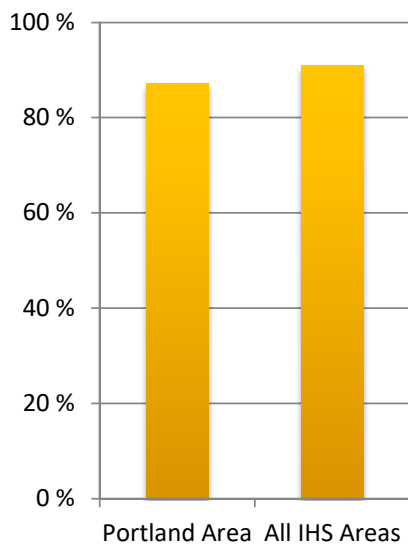
6942 sampled from 7555 active patients with diabetes (92%)

123296 sampled from 154112 active patients with diabetes (80%)

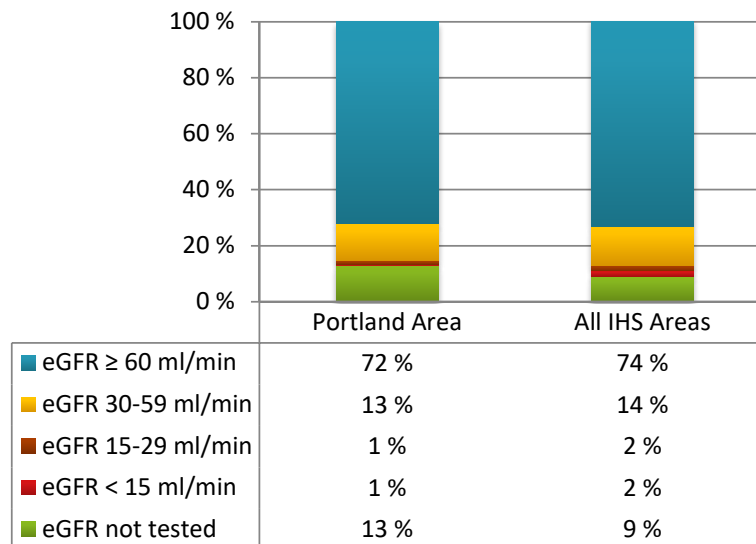
Triglycerides



Estimated GFR Testing



Estimated GFR results



2018 Diabetes Audit: Dates of Service CY 2017

This information is for the following groups:

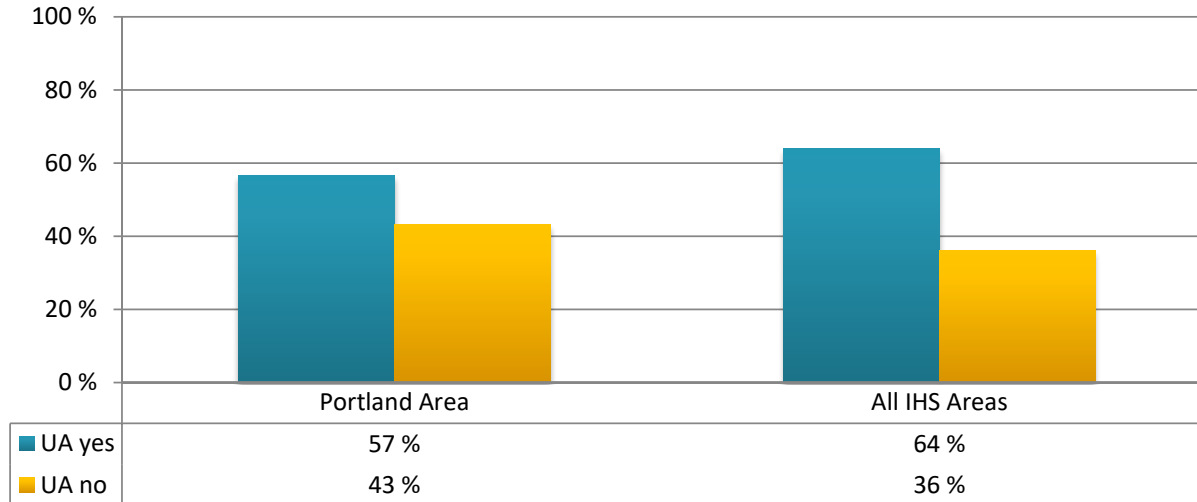
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All IHS Areas (n=123296 patients)

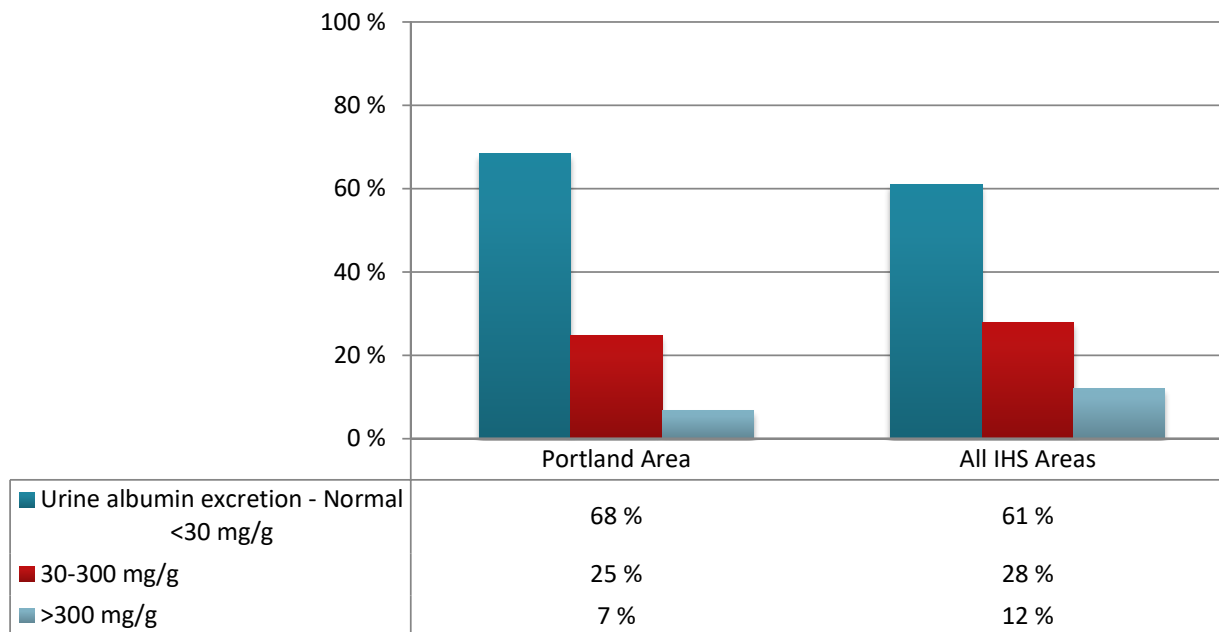
6942 sampled from 7555 active patients with diabetes (92%)

123296 sampled from 154112 active patients with diabetes (80%)

Urinalysis Performed



UACR results



2018 Diabetes Audit: Dates of Service CY 2017

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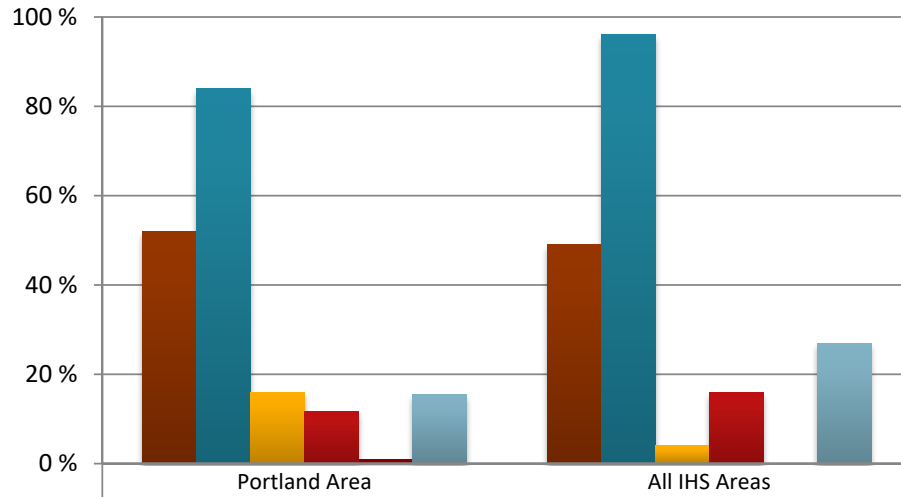
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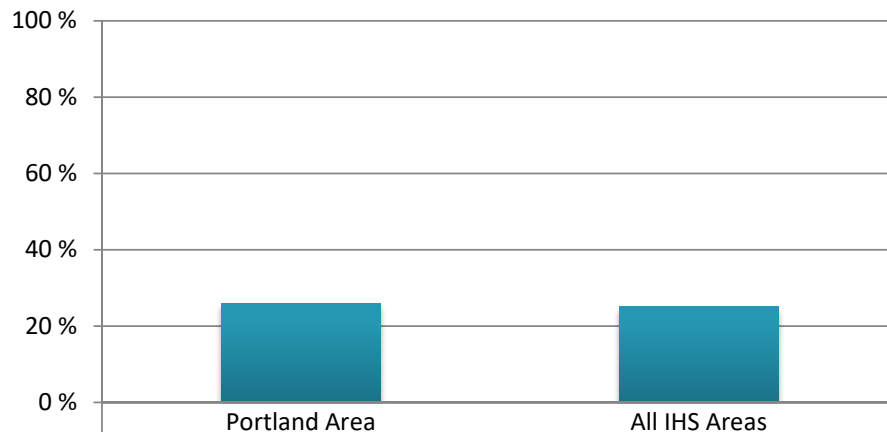
123296 sampled from 154112 active patients with diabetes (80%)

Tuberculosis Status



■ TB Test done (skin or blood)	52 %	49 %
■ If test done, skin test	84 %	96 %
■ If test done, blood test	16 %	4 %
■ If TB test done, positive result	12 %	16 %
■ If negative TB test, after DM diagnosis	1	
■ If positive TB test, treatment completed	15 %	27 %

Records meeting ALL of the criteria: A1c < 8.0, LDL < 100, and mean BP <140/<90



■ Patients Aged ≥40 A1c<8.0, statin rx'd, BP<140/<90	26 %	25 %
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