FOR LGBTQ OR TWO SPIRIT PEOPLE



We stand together.

LGBTQ • Two Spirit • Native

We are the best advocates for our health.



Trust your journey.

Opening up to your provider may take time.

The more your provider knows about you, the better your care.

Trust your knowledge.

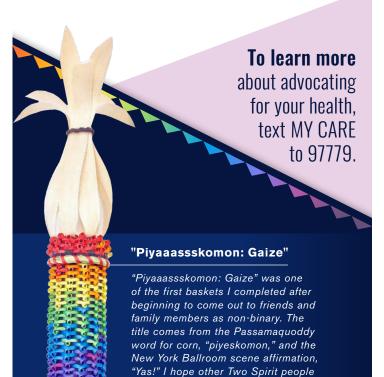
Educate yourself: bit.ly/doaskdotell

Ask your provider about the care you know you need.

Trust your community.

Ask friends or relatives to accompany you to appointments and advocate for you.

Find an LGBTQ-affirming provider: ask friends or visit <u>wpath.org/provider/search</u>.



and non-indigenous LGBTQ+ see my art and feel inspired to be themselves.

- Geo Neptune