

FOR LGBTQ OR TWO SPIRIT PEOPLE



“When I talk about my health history, it's from a place of strength.”

We stand together.

LGBTQ • Two Spirit • Native

**We are the best advocates
for our health.**



NPAIHB
Indian Leadership for Indian Health

This campaign is supported with funds from the Indian Health Service and the Secretary's Minority AIDS Initiative Fund.

Trust your journey.

Opening up to your provider may take time.

The more your provider knows about you, the better your care.

Trust your knowledge.

Educate yourself: bit.ly/doaskdotell

Ask your provider about the care you know you need.

Trust your community.

Ask friends or relatives to accompany you to appointments and advocate for you.

Find an LGBTQ-affirming provider: ask friends or visit wpath.org/provider/search.

To learn more
about advocating
for your health,
text MY CARE
to 97779.



"Piyaaassskomon: Gaize"

"Piyaaassskomon: Gaize" was one of the first baskets I completed after beginning to come out to friends and family members as non-binary. The title comes from the Passamaquoddy word for corn, "piyeskomon," and the New York Ballroom scene affirmation, "Yas!" I hope other Two Spirit people and non-indigenous LGBTQ+ see my art and feel inspired to be themselves.

– Geo Neptune