

# NPAIHB Youth Committee – Meeting Minutes

April 2021

**Participants:** Lorinada (Lower Elwha Klallam Tribe), Jessie Adair (Stillaguamish Tribe), Cassy Sellards Reck (Cowlitz Indian Tribe)

**Staff:** Paige Smith, Katie Hunsberger

## Meeting Notes:

Paige Smith – NPAIHB

- Updated on TYD
- Application for TYD are open. Ask the Tribal Delegates for support in recruiting.

Cassy Sellards Reck – Cowlitz Indian Tribe

- Giving fund
  - Unrestricted funds to help support the TYD
  - Enquire with their tribe to donate.
  - Reach out to Stephanie
  - Follow up.
- 2022-Youth are important.
  - Don't overlap events with canoe journey.
  - If things are safe, Create a space for the youth to participate in QBM summer 2022
  - Positively support the TYD and work these things out

Jessie Adair – Stillaguamish Tribe of Indian

## NPAIHB Youth Delegate Application is Open

The Northwest Portland Area Indian Health Board is recruiting a new cohort of NPAIHB Tribal Youth Delegates. Below you will find the eligibility requirements and some helpful information about the program. Please forward it along to any AI/AN youth in OR, WA or ID that you think might be interested. If you have any questions, please reach out to Paige Smith: [Psmith@npaihb.org](mailto:Psmith@npaihb.org).

- Applications closes: May 28, 2021
- If you or someone you know is interested in applying, please apply [here](#).
- Youth Delegates represent the 43 Tribes in the Pacific Northwest (OR, WA, ID) and serve as the health policy-making body for the Northwest Portland Area Indian Health Board and its member tribes.

- Why should you apply to be a Youth Delegate? You will learn about health careers, governance structures, and policy. You will gain leadership skills and advocate for positive changes in health and wellness topics.
- To be eligible, you must be between the ages of 14-24. Must be an enrolled member or descendant of one of the 43 tribes in the NW. And must be able and willing to participate in (virtual) Delegate trainings, projects and activities.
  - **Youth Delegate webpage:** <http://www.npaihb.org/youth-delegate/>
  - **NPAIHB Tribal Youth Delegates:** <https://youtu.be/YNgehVImiPg>
  - **Sacred Roots, Sacred Youth: 2020 Tribal Youth Delegates:** <https://youtu.be/yDKeu81K9Q0>