

NPAIHB QBM Behavioral Health Committee Meeting on Tuesday 4.20 @ 1pm

Attendees:

- NPAIHB: Eric Vinson, Colbie Caughlan, Larissa Molina, Birdie Wermey, Tanya Firemoon, Candice Jimenez, Katie Hunsberger
- Cow Creek: Sharon Stanphill
- Digwalic Center: David Jefferson
- Cowlitz: Patty Kinswa-Gaiser
- Warm Springs: Caroline Cruz
- CTUIR/Yellowhawk: Martina Gordon
- Upper Skagit: Marilyn Scott
- Suquamish/Makah Veterans Resource: Lavada Anderson
- Karen Robey

Board check-in:

Birdie:

- BH ECHO: 4 faculty, training needs:
 - Orientation
 - Telehealth, telemedicine resources
 - What ways are other programs doing to engage youth during pandemic: provide onsite physical training (workouts)
 - Upcoming Trauma and addiction BH Session on May 27th
- Updated about webinars with Kauffman and Associates and Dr. Ursula Whiteside

Colbie

- April 30th Compassion Fatigue and May 6th Parenting Webinar – will attach to meeting minutes
- Crisis Text Line information
- updating THRIVE media materials soon
- Caring Text Intervention for youth

Participant check-in:

Warm Springs/Cow Creek

- Oregon Tribal Opioid Academy: June 15-17
- Trying to confirm presenters
- MACCBO credits will be offered for SUD and CPS certifications
- Looking at wellness: chair aerobics in between sessions
- Missing/murdered indigenous people/women

- Update on measure 110 in OR updates on opioid prevention and treatment in OR; CTUIR will present; Kristi Woodard will offer MHFA; emergency preparedness; roll out of OR Tribal BH strategic plan; art work activities
- Contacts for planning this Academy are at Lines for Life, Donna Libemday and Jorgette – Colbie will contact them to be able to stuff all mailings with NPAIHB Opioid stuff (maybe NARCAN) and Crisis Text Line stuff, maybe straws and glasses and camera protectors and CC holders?
- Colbie will email Caroline separately to help teach her how to use Breakout Rooms on Zoom for an ethics workshop that is 6hrs long so need NPAIHB staff to help co-host that for the academy
- Colbie will connect with representative from WA dept of Veterans Affairs so they can connect with Lines for Life and get some suicide prevention scarfs to L4L to be put in the swag bags

Upper Skagit

- Second gathering of wisdoms for elders
- Mentors for BHA students in June: getting flyer
- NPAIHB staff working hard on getting the curriculum completed with Heritage University and NW Indian College in order for new students to use this curriculum in to the fall
- Marilyn will be transitioning to retirement over the next couple of years so she will have other members of her tribe attending some of these meetings to mentor them to take over her duties over time

Cowlitz

- Starting Virtual groups for MAT and SUD programs
- Also starting virtual Positive Indian parenting group
- MAT stories/interviews from three tribes

Didgwalic Center

- May 18-19 dental clinic will start serving client
- Phase 2 building for Didgwalic has opened for staff and then slowly more MAT patients will be taken on by the wellness center
- Independent covid vaccine clinic
- Applying for funds to be able to start Phase 3 for Didgwalic

Suquamish/Makah Veterans Resource

- Makah: New memorandum for better telehealth
- Co-pays for tribal veterans; legislation push through
- Working on memorandum on governor's challenge on suicide
- More tribal health managers

- Also Heroes for Horses are VA vendors and that may be something to look at for amending the MOU for reimbursement purposes.

CTUIR/Yellowhawk

- Sober transitional housing is open
- Grand opening for horse arena
- Horse therapy program in June
- People being trained on becoming one with the spirit of the horse: billable hours:
<http://becomingonewiththespiritofthehorse.com/>