

NPAIHB Strategic Plan

2020-2025



NORTHWEST PORTLAND AREA
INDIAN HEALTH BOARD
Indian Leadership for Indian Health

NPAIHB

Indian Leadership for Indian Health

2020 - 2025
Strategic Plan



NORTHWEST PORTLAND AREA
INDIAN HEALTH BOARD
Indian Leadership for Indian Health

OUR VISION:

Health and Wellness for the 7th Generation

OUR MISSION:

Eliminate health disparities and improve the quality of life of American Indians and Alaska Natives by supporting Northwest tribes in their delivery of culturally appropriate, high quality health programs and services.

STRATEGIC PRIORITIES

1

Be a national leader in Tribal public health initiatives and support health infrastructure development for our member tribes.

2

Strengthen regional and national partnerships to ensure tribal access to the best possible health services.

3

Maintain leadership in the analysis of health-related budgets, legislation, and policy

4

Support health promotion and disease prevention activities occurring among the Northwest Tribes.

5

Support and conduct culturally-appropriate health research and surveillance in partnership with the Northwest Tribes.



ORGANIZATIONAL VALUES

Tribal Sovereignty

The government-to-government relationship and treaty and trust obligations require meaningful tribal consultation on all initiatives impacting tribes and AI/AN people. Meaningful tribal consultation involves an open exchange of information, discussion and decision-making by tribes and the federal government.



Traditional Indigenous Knowledge

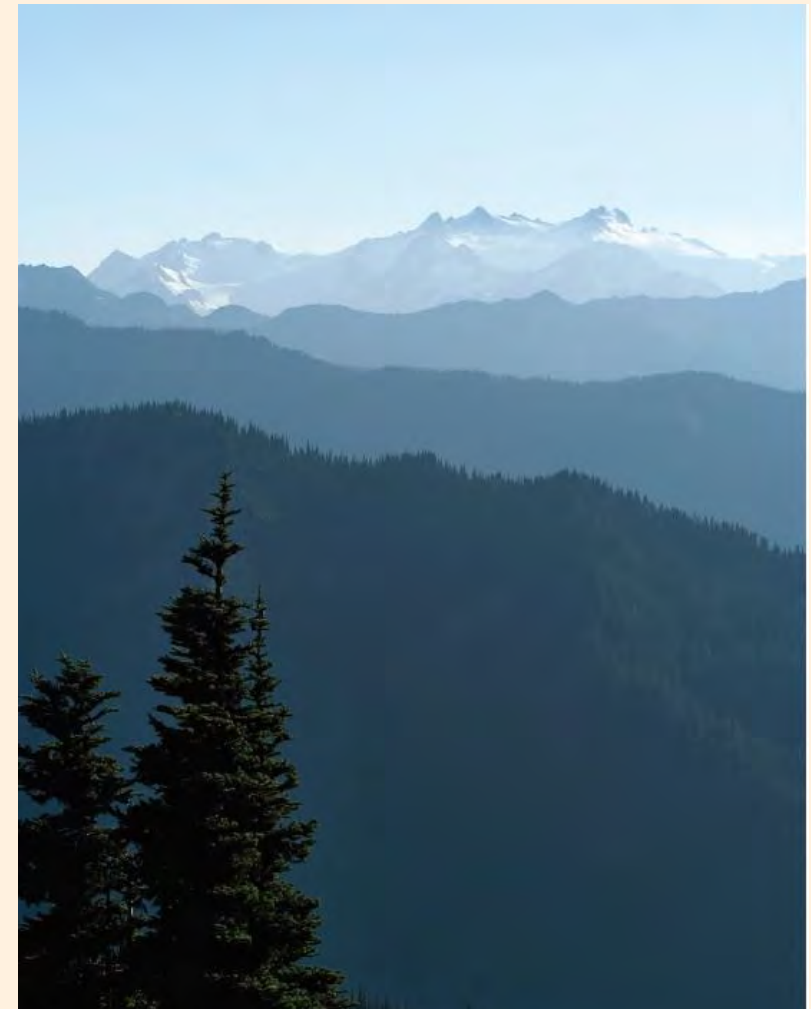
In Indigenous communities, health and wellness involves multiple facets of life including the environment, space, and health of the earth. Conceptual framework for treating health among AI/AN people should include the dimensions of caring, traditions, respect, connection, holism, trust, and spirituality. Overall and holistic health promotion and disease prevention is the key to the health and well-being of the AI/AN seventh generation and must be included in all initiatives.

Culture as Health Promotion

Cultural and traditional interventions must be incorporated alongside existing health care promotion efforts to ensure a culturally tailored and culturally relevant approach to health promotion, prevention and health care delivery for AI/AN people. Inclusion of all community members from our children to our elders will promote wellness and healing across all generations.



**NORTHWEST PORTLAND AREA
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5-YEAR ORGANIZATIONAL GOALS

- Board leadership guide and manage organizational growth: Larger Board staff, Acquire own building
- Board staff create new avenues to share tribal health best practices and feature model programs in the Pacific NW
- QBM meetings are fully represented by NW Tribes and Youth Delegates, and are well-attended by other community stakeholders
- Thriving Board programs address our most vulnerable community members: maternal and child health, youth, elders, and veterans
- Board staff design and deliver innovative training modalities (in person and virtually) to support Delegates, Tribal staff and clinicians:
 - ECHOs
 - Communities of practice
 - Indian Health Leadership Program
 - Certification Board for CHAPS
 - CHR Training
 - BHA Training
- Our Board works together to tackle challenging regional construction, State-wide CHSDA, climate change, and e

10-YEAR ORGANIZATIONAL GOALS

- Our Board successfully advocates for and receives full funding for health services at the State and Federal level
- Our Board inspires and prepares our Tribal Public Health workforce, including the next wave of Indian policy leaders
- Our EpiCenter has a robust research agenda that is Native-led and Native-staffed
- Our Board tackles challenging regional issues, including: building a Regional Specialty Referral Center(s) and/or IHS Hospital(s)
- Our Board is prepared to assume DHHS, IHS, State functions, when best for our Tribes or those services



NPAIHB Strategic Plan Report

January 2021 – March 2021



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LEADERSHIP

Be a national leader in tribal public health initiatives and support health infrastructure development for our member tribes.

During this period, the NPAIHB hosted 1 Quarterly Board Meeting to facilitate face-to-face communication and resource sharing with state and federal programs:

Date	Tribes
01/20/2021	Burns Paiute Tribe, Chehalis Tribe, Coeur d'Alene Tribe, Colville Tribes, Confederated Tribes: Coos, Lower Umpqua, and Siuslaw Indians, Confederated Tribes of the Umatilla Indian Reservation, Coquille Tribe, Cow Creek Band of Umpqua, Cowlitz Tribes, Grand Ronde Tribe, Hoh Tribe, Jamestown S'Klallam Tribe, Kalispel Tribe, Klamath Tribes, Kootenai Tribe, Lower Elwha Klallam Tribe, Lummi Nation, Makah Tribe, Muckleshoot Tribe, Nez Perce Tribe, Nisqually Tribe, Nooksack Tribe, NW Band of Shoshone, Port Gamble S'Klallam Tribe, Puyal Tribe, Quileute Tribe, Quinault Indian Nation, Samish Indian Nation, Sauk-Suiattle Tribe, Shoalwater Bay Tribe, Shoshone-Bannock Tribes, Siletz Tribes, Skokomish Tribe, Snoqualmi Tribe, Spokane Tribe, Squaxin Island Tribe, Stillaguamish Tribe, Suquamish Tribe, Swinomish Tribe, Tulalip Tribe, Upper Skagit Tribe, Warm Springs Tribes, Yakama Indian Nation

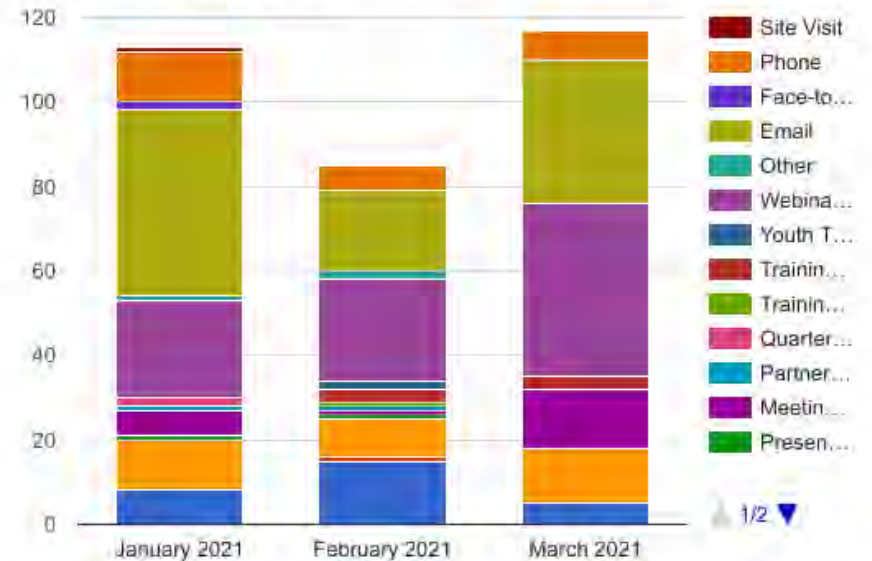


Capacity Building

During this period, the NPAIHB provided 159 NW Tribes with capacity building assistance (including training, technical assistance, and resource development) on healthcare management principles and Information Technology.

- ECHO Training or Clinical Consultation (Goal 1) = 34
- TA on Clinical support (Goal 1) = 46
- TA on Healthcare management (Goal 1) = 10
- TA on IT assistance (Goal 1) = 12

Clinical Trainings and TA



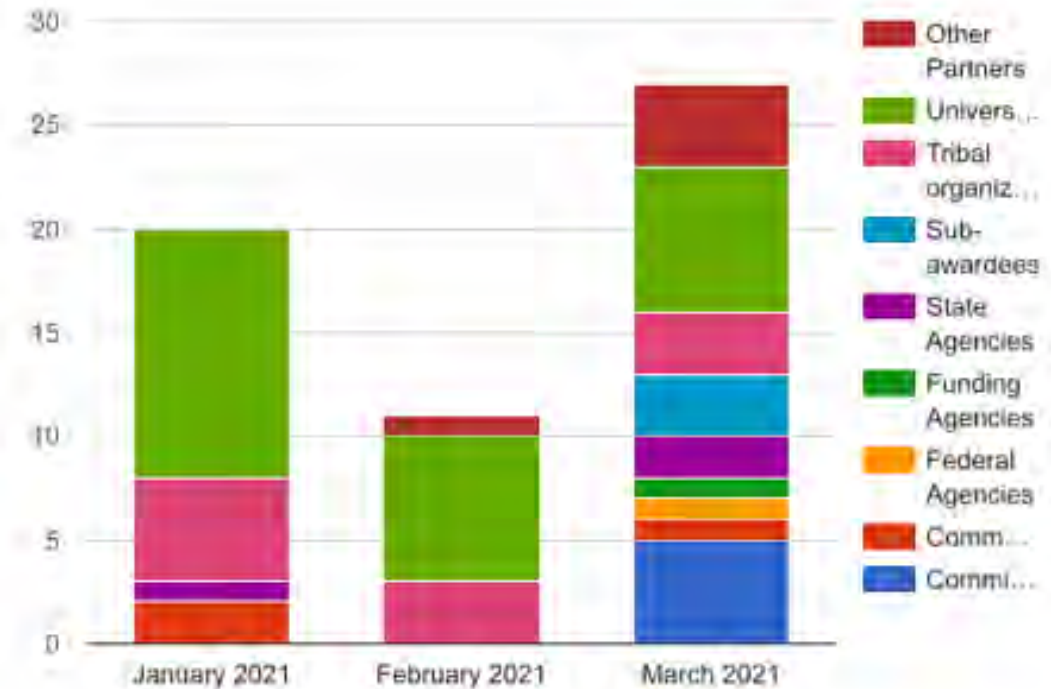
PARTNERSHIPS

Strengthen regional and national partnerships to ensure tribal access to the best possible health resources and services.

During this period, the NPAIHB built and maintained effective, collaborative relationships with 58 current and potential partners, including the NW Tribes, the Indian Health Service, Indian organizations, Federal agencies, State Health Departments, Universities, funding agencies, community-based organizations, and other interdisciplinary social service providers that promote AI/AN health.

Partners

Date	Partner Name	Partner Type
01/06/2021	Oregon Health Science University	University
01/09/2021	Oregon Health Science University	University
01/14/2021	ITCA; ANTHC	Tribal Organization
01/14/2021	University of Texas School of Public Health	University
01/14/2021	University of Colorado mHealth Impact Lab	University
01/14/2021	ITCA; ANTHC	Tribal Organization
01/14/2021	University of Texas School of Public Health	University
01/16/2021	Oregon Health Science University	University



POLICY AND LEGISLATION

Maintain leadership in the analysis of health-related budgets, legislation, and policy.

During this period, the NPAIHB facilitated communication among Tribes, Federal and State agencies, and Congress to support tribal sovereignty, promote self-determination, and ensure that government-to-government consultation occurs on health-related budgets, legislation, policies, and services.

During this period, the NPAIHB remained at the forefront of budgetary, legislative, and policy initiatives affecting the NW Tribes, including the President's annual budget, national healthcare reform initiatives, IHS policies and strategies, and proposed changes to Medicare and Medicaid and assessed their impact on the Northwest Tribes.

Date	Title	Type
01/25/2021	Dental Therapy stakeholders meeting	Legislation
01/04/2021		Legislation



HEALTH PROMOTION

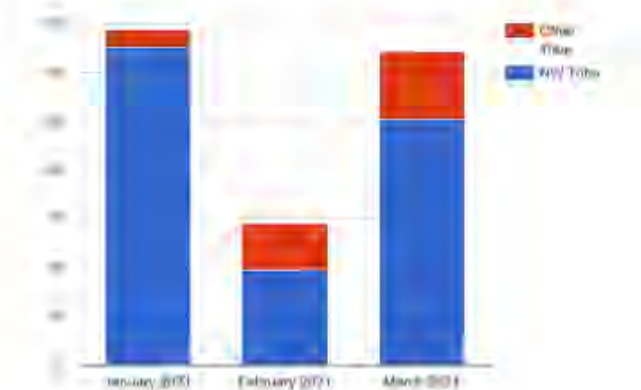
Support health promotion and disease prevention activities occurring among the Northwest Tribes.

During this period, the NPAIHB provided the following capacity building assistance (including training, technical assistance, and resource development) on priority health promotion and disease prevention topics.

Cumulative Health Promotion Activities:

- Calls: 80
- Meetings (external): 38
- Number of presentations provided: 8
 - Number of presentation attendees: 418
- Number of trainings provided: 36
 - Number of training attendees: 561
- Webinar or Zoom: 188

Training on Health Promotion and Disease Prevention Topics



RESEARCH AND SURVEILLANCE

Support and conduct culturally-appropriate health research and surveillance in partnership with the Northwest Tribes.

During this period, the NW Tribal EpiCenter responded to the needs and interests of the NW Tribes by obtaining regular feedback and guidance from tribal advisory groups, target audience members, and key personnel during all phases of the research process, and by conducting an annual survey to prioritize public health topics, capacity building needs, and research activities. During this period, the NW Tribal EpiCenter assessed the health status and health needs of the NW Tribes by conducting culturally-appropriate research and by accessing new and existing AI/AN health data.



Reports, Articles and Publications

During this period, the NW Tribal EpiCenter communicated the results of its research, surveillance, and capacity building activities to appropriate stakeholders. This information was designed to: 1) assist the NW Tribes in their community outreach activities, public health planning, and policy advocacy; 2) share important findings across Indian Country and extend the scholarly AI/AN research agenda; and 3) increase public awareness about the function and benefits of Tribal EpiCenters.

Date	Title	Citation
01/31/2021	Suicide surveillance pilot project summary	
01/31/2021	Sovereign Bodies, Sovereign Histories	https://soundcloud.com/two-spirittalks/sovereign-bodies-sovereign-histories
01/26/2021	Washington Youth Sexual Healthcare (WYSH) Project Recruitment	
01/22/2021	Youth Access and Experience with Sexual Healthcare	
01/31/2021	WA DOH Semi-Annual Progress Report - TPP	
01/01/2021	Posted NPAIHB Opioid Data Sources Inventory on TECCONNECT (Opioid Group)	
02/01/2021	"It Starts with You": Michael King, newly elected Two Spirit Tribal President	https://www.npaihb.org/it-starts-with-you/
02/28/2021	Completing the Circle	https://soundcloud.com/two-spirittalks/completing-the-circle
02/14/2021	to love and mourn in the age of displacement: A Conversation with Alan	https://www.npaihb.org/alan-pelaez-lopez/

Questions or Comments



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