



HEALTHY
NATIVE
YOUTH



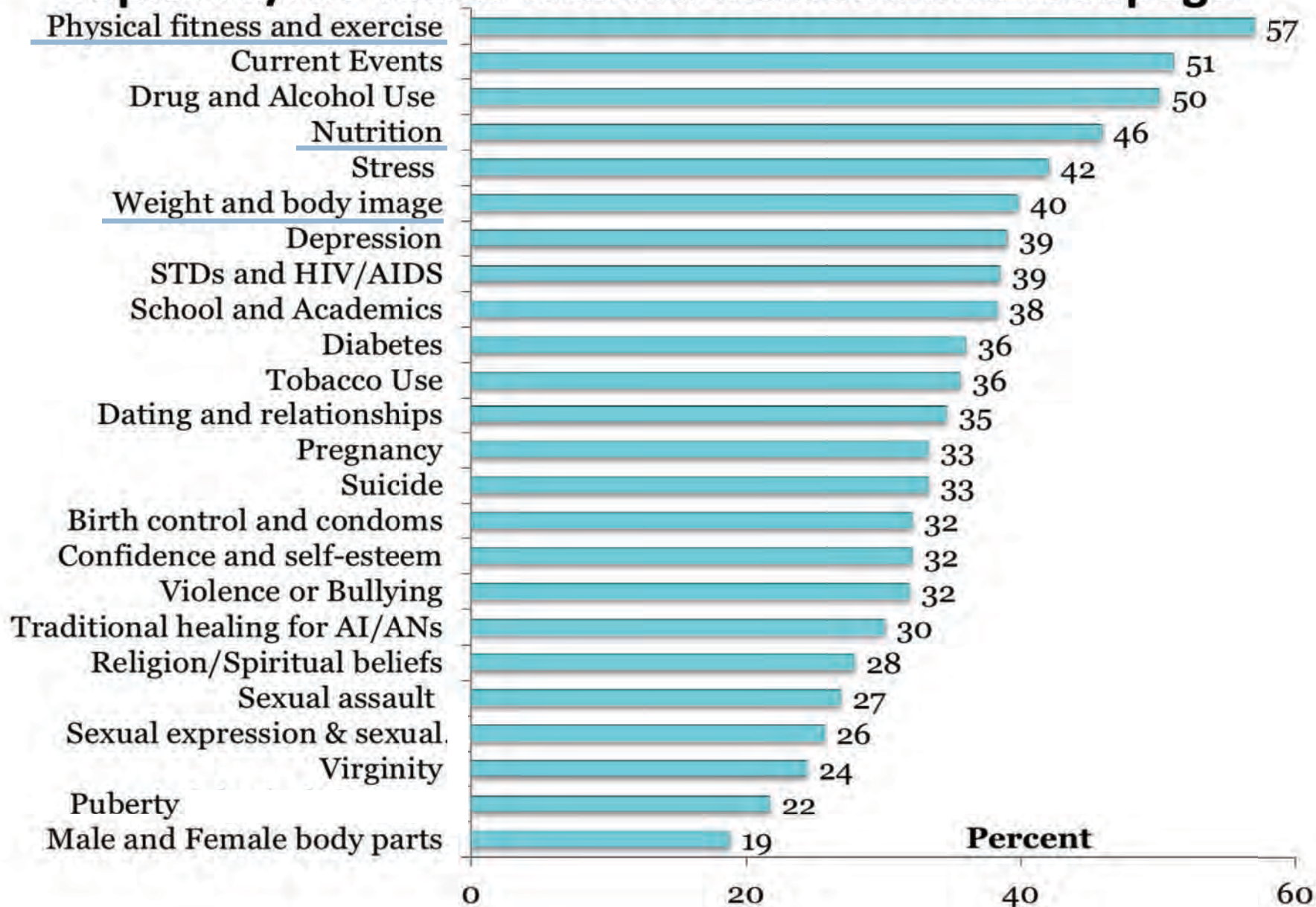
RAISING HEALTHY NATIVE YOUTH: AI/AN INCLUSIVE PATHWAYS FOR ADOLESCENT HEALTH

February 2020

Healthy Native Youth and We R Native are funded by the Indian Health Service HIV and behavioral health programs. This work is also supported with funds from the Secretary's Minority AIDS Initiative Fund.

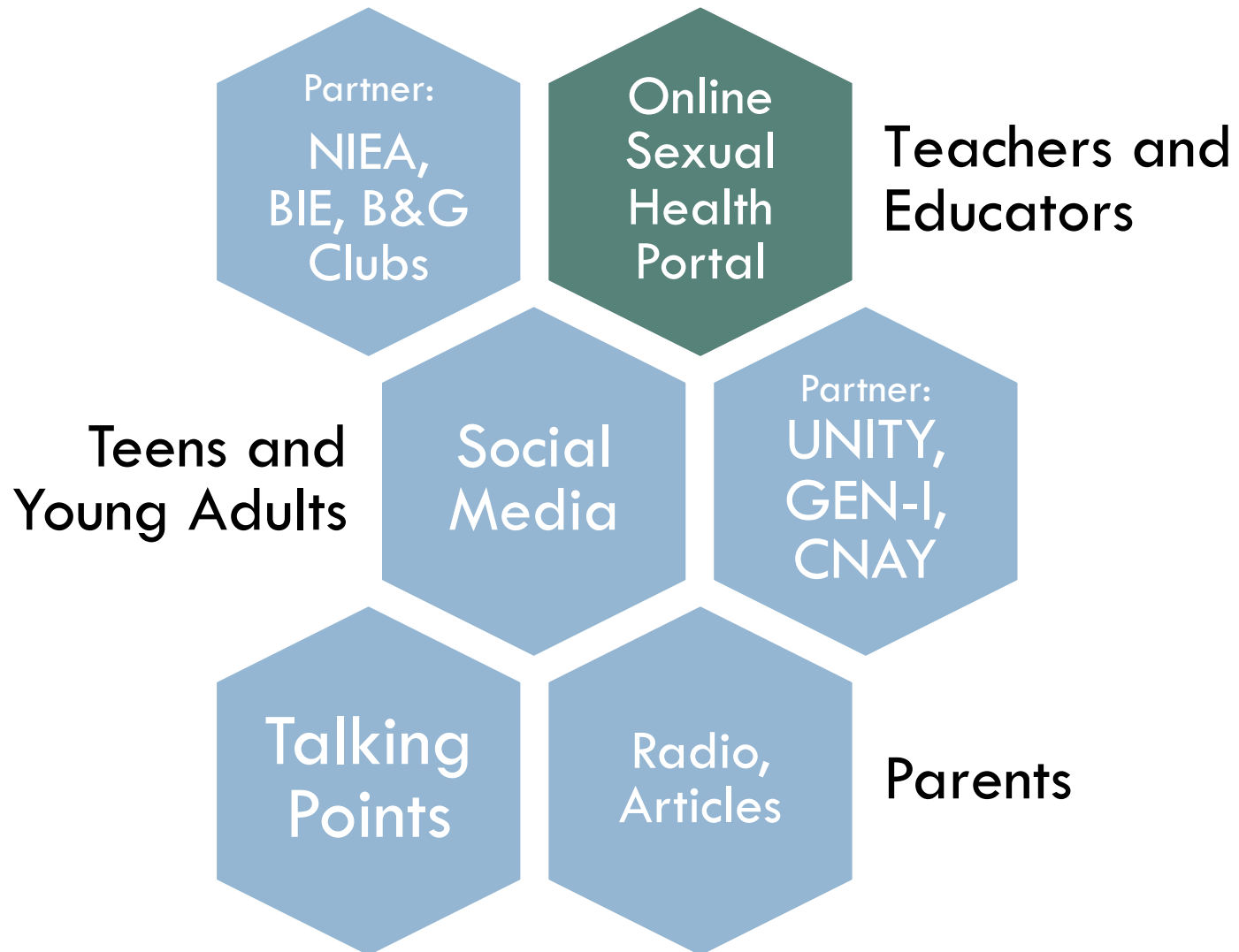


Topics AI/AN Youth Wanted Included in a Webpage





Communication Strategies



Healthy Native Youth



Search for lessons, subjects and videos



HOME

CURRICULA & LESSONS

RESOURCES & SUPPORT

ABOUT

find curricula

RAISING HEALTHY NATIVE YOUTH THROUGH CULTURALLY RELEVANT HEALTH EDUCATION

ENGAGING. RELEVANT. EFFECTIVE.

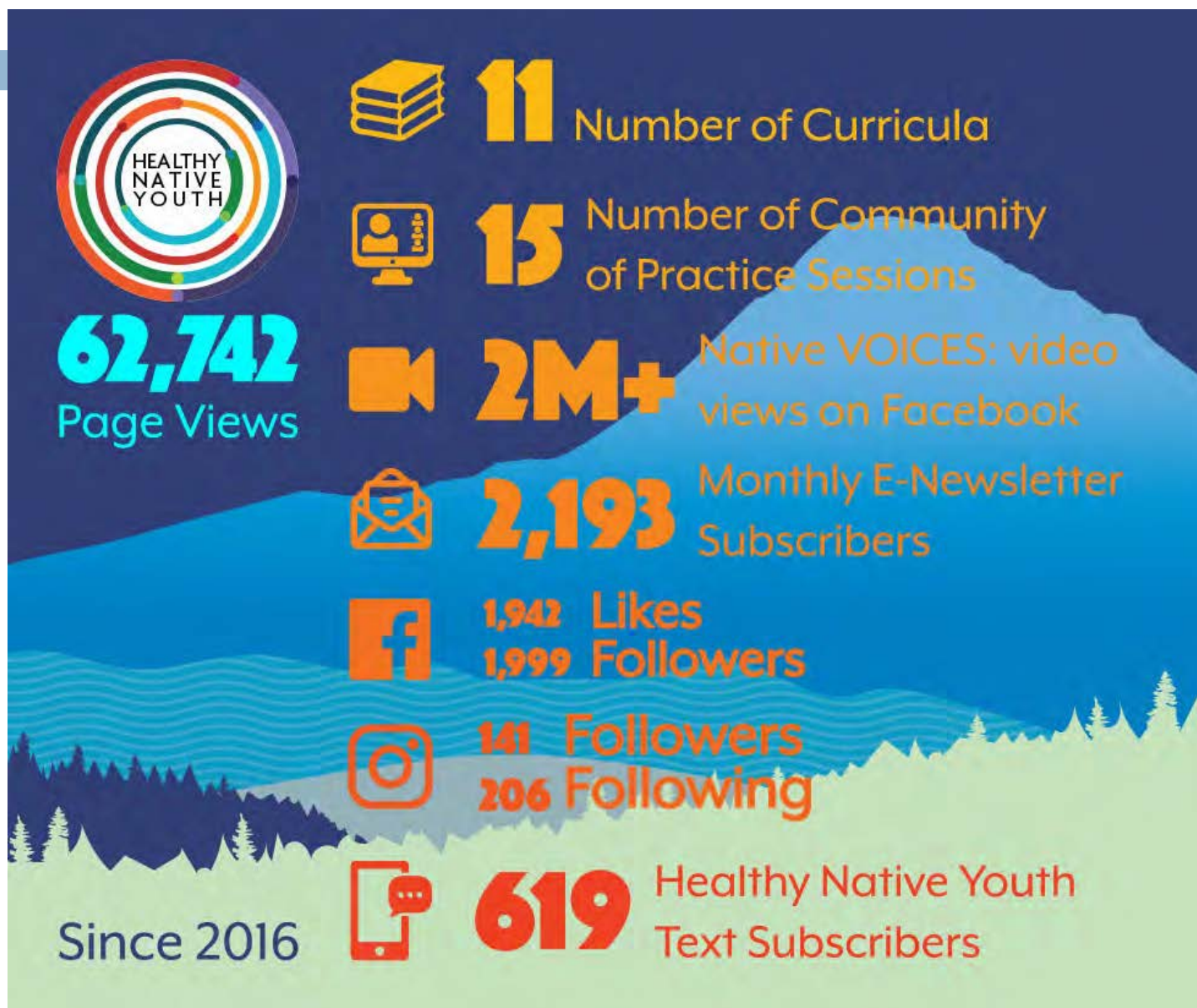
HealthyNativeYouth.org contains health promotion curricula and resources for American Indian and Alaska Native

Website Goals



- Provide tribal health educators and teachers with a one-stop-shop to access age-appropriate, culturally tailored sex education resources for AI/AN youth.
- Prepare tribal health educators and teachers to deliver this content.
- Measure the reach and impact of our efforts.

HNY Reach at 3 Years Old!



Healthy Native Youth Website

The screenshot displays the Healthy Native Youth website interface. At the top, the logo features a colorful circular design next to the text "HEALTHY NATIVE YOUTH". Navigation links include "HOME", "CURRICULA", "SUBMIT YOUR CURRICULA", "RESOURCES", and "ABOUT". A search bar is located on the right with the placeholder text "Search for lessons, subjects and videos".

A prominent teal banner highlights "SEXUAL HEALTH CURRICULA". Below this, there are buttons for "GIVE US FEEDBACK" (with a thumbs up icon) and "COMPARE CURRICULA" (with a plus icon).

The main content area includes a "VIEW" button with a grid icon and a "FILTER YOUR SEARCH" button with a plus icon. Three curriculum cards are featured:

- MULTIMEDIA CIRCLE OF LIFE (MCL)**: Includes an illustration of two people and a green alien. It specifies "Age: Middle School" and "Program Setting: Flexible", with a "VIEW MORE" button.
- NATIVE IT'S YOUR GAME**: Features a stylized "NATIVE YOUR GAME" logo. It specifies "Age: Middle School" and "Program Setting: Flexible", with a "VIEW MORE" button.
- NATIVE STAND**: Includes a colorful "Native STAND" logo with the tagline "Stand Together Against Negative Decisions". It specifies "Age: High School" and "Program Setting: Flexible", with a "VIEW MORE" button.

On the right side, a section titled "FINDING THE RIGHT CURRICULA" contains a paragraph: "To be effective, health curricula must be age-appropriate, culturally-relevant, and reflect the values and learning styles of the learners being taught. Finding curricula that meet these requirements for American Indian and Alaska Native youth can be challenging. Healthy Native Youth is a one-stop-shop for educators and health advocates who want to expand learning opportunities for youth." Below this text is another paragraph: "Click on the program name to learn more about each curriculum, including intended age-group, where it can be implemented, and how much time will be required. Lesson plans, handouts, and supplemental materials are also listed there. Many include recorded videos and webinars to help prepare educators to facilitate each program. Finally, we provide information about how the program was designed or adapted, and evaluated with AI/AN youth."

At the bottom, there is a "SAFE" logo, a "NATIVE VOICES" logo, and a "COMPARE ALL" button.

COMMUNITY OF PRACTICE

2019-2020 Schedule

**Second
Wednesday of
Every Month**

10:00-11:00 AM PST

- **9/11/19** Welcome to Healthy Native Youth 2.0! What's Available & What's New
- **10/9/19** Intro to Evaluation: Gathering Info to Improve Programs
- **11/13/19** Building Community Support: Creating Community Partnerships
- **12/11/19** "All Relations" Communications: Broaching "The Talk" & Other Sensitive Topics
- **1/8/20** Who's the Best Health Educator Around? Brush up on your Programming & Youth Skills
- **2/12/20** LGBTQ2S Inclusion in the Community & Classroom
- **3/11/20** Supporting Youth Experiencing Trauma in the Classroom & Beyond
- **4/8/20** Social Media: How to do it & Keep Youth Safe!
- **5/13/20** Youth Identity & Healthy Relationships
- **6/10/20** Prevention: Emerging Topics & Challenges Youth Face
- **7/6/20** Raising Healthy Native Youth: Creating Positive Pathways

**HEALTHY
NATIVE
YOUTH**

How to Join

**AT THE TIME OF MEETING,
JOIN US VIA ZOOM:
HTTPS://ECHO.ZOOM.US/j/45
8332611**

**JOIN BY PHONE ONLY:
+1 669 900 6833
MEETING ID: 458 332 611
PRESS *6 TO MUTE YOUR LINE
WHEN NOT SPEAKING**

**We welcome you to join in Healthy Native Youth's
Community of Practice monthly virtual gatherings
that include new resources and opportunities to
engage with topical experts and others!**

HealthyNativeYouth.org contains health promotion curricula and resources for American Indian and Alaska Native youth. The site is designed for tribal health educators, teachers, and parents - providing the training and tools needed to access and deliver effective, age-appropriate programs.

COMMUNITY OF PRACTICE SESSIONS

Watch Previously Recorded Sessions & Download Supporting Documents

- **9/12/18:** [Using HNY to Select A Curriculum](#)

Community of Practice September 2018

36,286 page views
13,504 sessions
9,007 users
3:02 average duration
207 pages/session
85% new sessions

Share

- Resources:
 - [Needs and Resource Assessment](#)
 - [Parent Poll Checklist](#)



HEALTHY NATIVE YOUTH MONTHLY NEWSLETTER

A New and Improved Training Webinar - Responding to Concerning Posts on Social Media

The Responding to Concerning Posts is new and improved! The training prepares adults who work with Native youth to identify youth who post or view concerning posts on social media, and connect them to appropriate services.

Updates include: an updated webinar and video, an updated look on the **Viewer Care Plan Poster** and **Viewer Care Plan tip**



Native. Two Spirit. LGBTQ #BornSacred

The screenshot shows the website www.npaihb.org/2slgbtq/. At the top, there are three blue buttons: "I'M A PROVIDER.", "I'M AN ALLY.", and "I'M LGBTQ. I'M TWO SPIRIT.". Below these are navigation links: "Two Spirit and LGBTQ", "Provider", "Ally", "Print Materials", and "Contact Us".

The main banner features an orange background with the text "Native. Two Spirit. LGBTQ. #BornSacred" in white. Below the text is a graphic of a traditional Native American canoe with a rainbow-colored wake. To the right of the banner is a portrait of a smiling man with dark hair, wearing a black shirt and a necklace. Below the portrait is a "Connect with us!" button and a small note: "For Email Newsletters you can turn:".

Below the main banner, there is a "Featured" section. On the left, there is a poster titled "ACQUAINTED #WENEEDYOUHERE" showing two people in a close embrace. In the center, there is a graphic of a colorful, pixelated Native American pattern. To the right of the pattern, the text reads "Celebrating Our Magic:" followed by "Resources for American Indian/Alaska Native transgender and Two-Spirit youth, their relatives and families, and their healthcare providers". On the far right, there is a logo for "WERNATIVE.ORG" featuring a stylized, colorful letter 'N'.

“All Relations” Communication Tools and Resources

- ❑ Instagram & YouTube
- ❑ Text Messaging Service for Parents & Caring Adults
- ❑ One-pagers for Parents (Promoting the text message service)
- ❑ Incorporate links to videos
- ❑ Parent-Child conversation examples
- ❑ Tips for starting conversations on a topic
- ❑ Q&A addressing Sensitive Questions
- ❑ Topical experts
- ❑ Resource page on HNY website





LOVE IS IN THE AIR
Everyone deserves a healthy relationship

[learn more](#)

WERNATIVE

For Native Youth, by Native Youth.

Back to Mail

wernative.businesscatalyst.com

9:58 AM

WERNATIVE MY MIND



Suicide

Suicide is a troubling topic that most of us would rather not deal with, but suicide is reality, and it is more common than we would like to think. By reaching out however, we will discover that there is hope and that we are not alone. By paying attention to warning signs, talking about



WERNATIVE



text NATIVE
to 97779

WERNATIVE

FOR NATIVE YOUTH BY NATIVE YOUTH

My
Culture



My
Body



My
Mind



My
Relationships

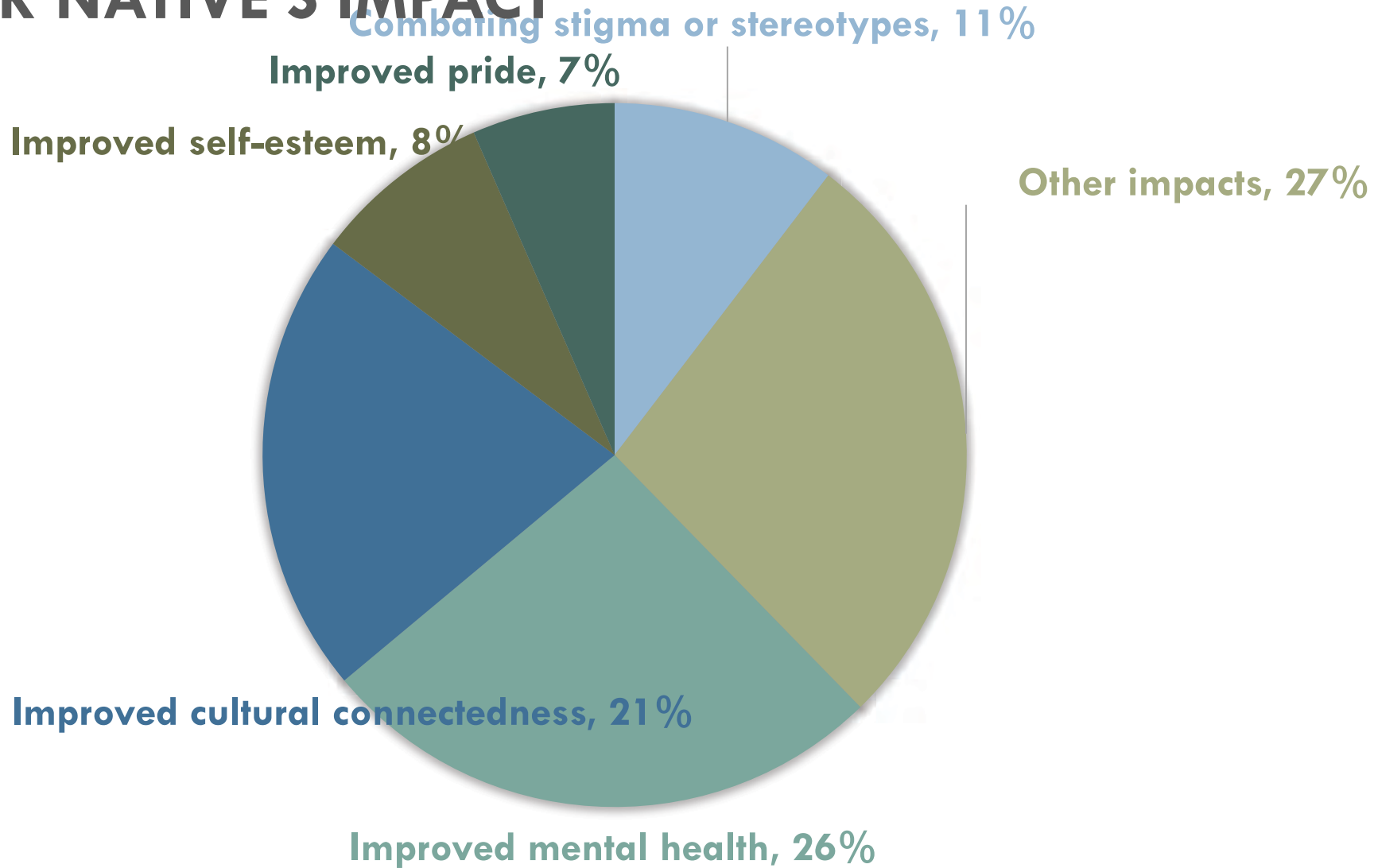


Visit Us Online



- Website launched September '12 – 7 Years Old!
- Over 1.7 million page views!
- Across all media channels, the service reaches on average 31,000 users per week
- Over 400 health/wellness pages, reviewed by AI/AN youth and topical experts.
- Special features include:
 - ▣ Ask Auntie/Ask Uncle
 - ▣ Contests
 - ▣ Videos
 - ▣ Free gear & Promo Kits
 - ▣ Leadership Development
 - ▣ Community Service Projects

WE R NATIVE'S IMPACT





SEXUAL HEALTH

LGBT - Two Spirit

People often use the words lesbian, gay, bi-sexual, two-spirit or queer (LGBTQ) to describe their sexual orientation. Some people know their sexual orientation early on in life, while others go through periods where they wonder: Do I like men? Do I like women? Do I like both?

share:   



BEING A LESBIAN

Women usually describe themselves as lesbian when they find that...

TWO-SPIRIT REFERENCE BOOKS

Check out a few of these books that could be helpful when learn...

TRADITIONAL PERSPECTIVES ON BEING LGBTQ2S

For the most part, our modern mainstream society divides gender i...



TEXT SEX TO 97779





Healthy Relationships Video:

<https://www.youtube.com/watch?v=5jy-jVMi2zY&feature=youtu.be>



Healthy Relationships PSA Long Version

Unlisted

13 views

0 0 SHARE SAVE ...



weRnative

Uploaded on Feb 7, 2019

ANALYTICS

EDIT VIDEO

TEXT BRAVE TO 97779



WERNATIVE

To protect participants, our study protocol has been reviewed by the Portland Area(PA) Indian Health Services'(IHS) Institutional Review Board(IRB) [1384639], a tribal committee responsible for protecting the rights and welfare of research participants and NW tribal members. If you have any concerns about your rights as a participant, please contact Thomas Weiser, MD, MPH, at 1-877-664-0604. Dr. Weiser is Co-chair of the PA IHS IRB, that reviewed this project.

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