

# 9<sup>th</sup> Annual THRIVE Conference

June 24-28, 2019 | PSU-Native American Student Community Center, Portland, OR

## Conference Agenda DRAFT

Monday 6/24/19	Tuesday 6/25/19	Wednesday 6/26/19	Thursday 6/27/19	Friday 6/28/19
8:00 AM-9:00 AM Registration @NASCC	8:45 AM Daily Announcements	8:45 AM Daily Announcements	8:45 AM Daily Announcements	8:45 AM Daily Announcements
9:00 AM-11:00 AM Youth Welcome Activities	9:00 AM-12:00 PM Youth Workshops	9:00 AM-12:00 PM Youth Workshops	9:00 AM-12:00 PM Youth Workshops	9:00 AM-12:15 PM Student Showcase
10:00 AM – 11:00 AM Chaperone Meeting	9:30 AM-11:30 PM Chaperone Workshop		9:30 AM-11:00 AM Chaperone Workshop	
11:00 AM-12:00 PM Guest Presentation				
12:00 PM -12:50 PM Lunch	12:00 PM-12:50 PM Lunch	12:00 PM-12:50 PM Lunch	12:00 PM-12:50 PM Lunch	
1:00 PM-2:00 PM Guest Presentation	1:00 PM-1:45 PM Guest Presentation	1:00 PM-1:45 PM Guest Presentation	1:00 PM-1:45 PM Guest Presentation	12:15-12:30 PM Closing
2:00 PM-5:00 PM Youth Workshops	2:00 PM-5:00 PM Youth Workshop	2:00 PM-5:00 PM Youth Workshops	2:00 PM-5:00 PM Youth Workshops	
	2:30 PM-3:30 PM Chaperone Workshop	2:30 PM-3:30 PM Chaperone Workshop	2:30 PM-4:00 PM Chaperone Workshop	
	7:00-10:00 PM Cultural Sharing Night		7:00-10:00 PM Dance w/ DJ	

\*updated 4/5/19

Contact Celena McCray at [cmccray@npaih.org](mailto:cmccray@npaih.org) or visit [9<sup>th</sup> Annual THRIVE Conference](#)

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## Conference Overview

**Youth Workshops:** *Sessions will incorporate American Indian/Alaska Native culture, traditional learning strategies, and skill-building activities that educate youth about healthy behaviors.*

- **Creative Design w/OXDX** - The aim is to help the youth generate and disseminate a youth-driven social marketing campaign. This workshop will provide youth with hands-on activities with founder and owner of OXDX clothing line Jared Yazzie and his talented team by creating their own logo using digital design to develop meaningful campaigns around environment, cultural, body and mind. These custom shirts, stickers, and patches will be shown off by creating a social media plan to spread these positive messages. Space is limited and you don't want to miss out on this awesome experience.
- **Beats Lyrics Leaders (songwriting and production)** - Explore your way through cultures and heritage with music! BLL offers a hands-on approach to learning as they teach each participant, young and old, the ins-and-outs of beat making, lyric/songwriting, and recording.
- **Science and Medical Track (Oregon Health and Science University)** - Meet Native professionals working in health and science fields, explore the amazing technology of the Oregon Health & Science University, learn how translational research impacts health, learn how alcohol impacts the brain, and more. Join us to see this work in action and learn about many aspects of healthy living.
- **Traditional Foods Workshop (culture & nutrition)** - What are your favorite traditional foods? Why are they important to you? We will learn how our traditional foods have sustained us over the years and discuss how they keep us healthy. This workshop is all about keeping our bodies and spirits nourished. We will learn to prepare a healthy snack using traditional foods, hike through an urban forest and learn how it is connected to salmon runs, and participate in a service learning project to remove invasive species and protect biodiversity and water quality. Be prepared to move, explore, and eat!
- **Storytelling in Graphic Novels (culture as prevention)** - In this workshop we will use Indigenous storytelling to develop a graphic novel. We will use the Trickster story to talk about the impact of addiction on Native communities. Addiction can impact anyone and as a community, we can look towards the story of the Trickster or "The Tricky One" to learn how addiction can impact Native communities in similarly sneaky ways. In oral tradition, Trickster is a scared being that take on many forms. To mention just a few, he can be old-man coyote among some tribes, raven in Northwestern tribes, or, more generically, "The Tricky One" (such as Wajdjunkaga among the Winnebago or Manabozho among the Menomini).

**Chaperones Workshops (optional):** *Sessions will provide chaperones with culturally-appropriate programs and resources, interactive activities for those working with Native youth, and opportunities to collaborate to promote adolescent health.*

Tuesday, June 25<sup>th</sup> from 9:30 AM to 11:30 PM

- **Question Persuade Refer Training** – QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

Tuesday, June 25<sup>th</sup> from 2:30 PM to 3:30 PM

- **Youth Engagement Session** - An interactive brainstorming session will focus on how to recruit youth and keep retention for adolescent programs. Learn the latest trends on how to engage with youth with activities or games that can help keep youth coming to regularly scheduled weekly after-school activities to youth and share ideas that are working in your community.

Wednesday, June 26<sup>th</sup> from 2:30 PM to 4:00 PM

- **Healthy Native Youth Brainstorm Session** - Ideas to support parent-child communication about health: Adolescent sexual health is a subject that parents/caregivers have difficulties in trying to answer sensitive questions from their child or youth. Is this your observation and if yes, what tools or resources do you think could be helpful to provide?

Thursday, June 27<sup>th</sup> from 9:30 AM to 11:00 AM

- Please join the **Northwest Tribal Juvenile Justice Alliance** (NW TJJA) meeting to learn about the NW TJJA project and to help us better understand the juvenile justice research needs and priorities of the Tribes in our region. The NPAIHB is working with Tribal communities and juvenile justice stakeholders to collaboratively design a study to address the specific needs of AI/AN youth involved in the juvenile justice system, no planning body is presently convening stakeholders to elevate these important health and safety research questions in AI/AN communities.
  - Participating in this is optional for Northwest Tribal members and stakeholders, participants will receive a \$50 gift certificate for participation in the 1.5-hour meeting on June 27<sup>th</sup> 2019 time to be announced. For more information contact Danica Brown at [dbrown@npaihb.org](mailto:dbrown@npaihb.org) or Stephanie Craig-Rushing at [SCraig@npaihb.org](mailto:SCraig@npaihb.org).
  - Thank you very much. Your ideas and answers will help us create better juvenile justice services for Native American youth and their communities.

Thursday, June 27<sup>th</sup> from 2:30 PM to 4:00 PM

- **Northwest Native Adolescent Health Alliance Meeting** - The *NW Native Adolescent Health Alliance* is an inclusive, multi-functional group that meets quarterly in OR, WA, and ID to discuss cross-cutting planning and prevention strategies targeting AI/AN teens and young adults (addressing tobacco, substance abuse, STD/HIV, teen pregnancy, and suicide topics). Our goal is to support regional action planning, resource development, and sharing.