

# INDIAN COUNTRY ECHO

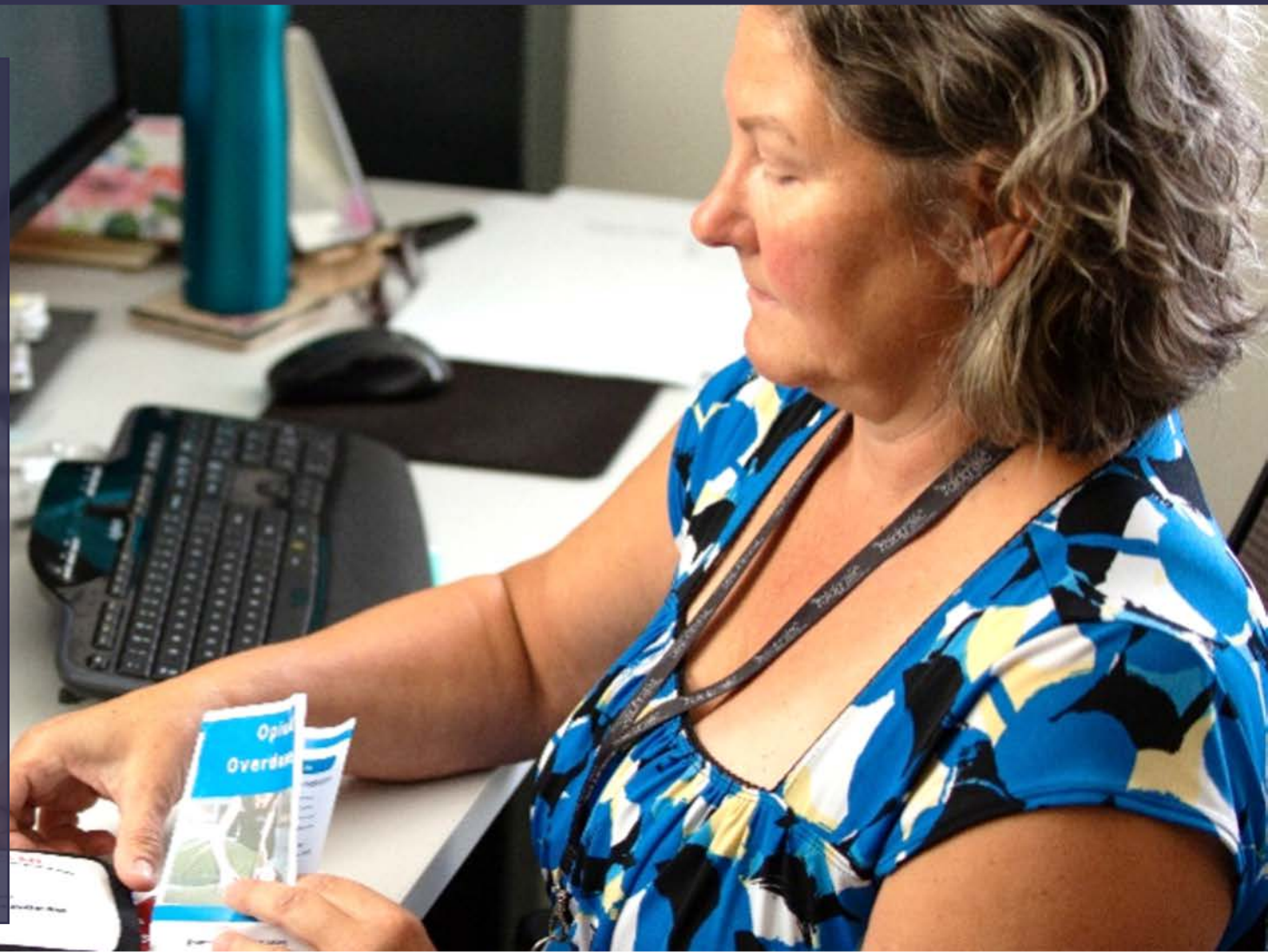
## Indian Country ECHO Programs

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**Megan Woodbury**

**ECHO Project Coordinator**

**Northwest Portland Area Indian  
Health Board**







# **Northwest Portland Area Indian Health Board**

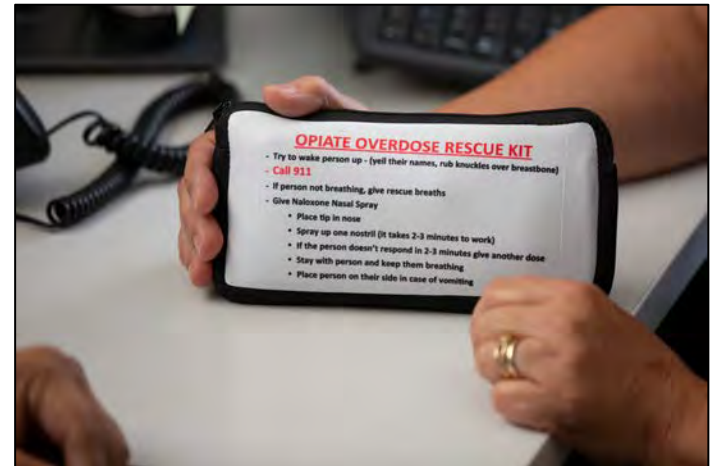
# Indian Country ECHO

## Free service for I/T/U clinicians:

Designed to enhance care delivery for patients with complex conditions

## Offer a variety of services:

Online teleECHO clinics, trainings, and technical assistance & capacity building





# Optimizing Patient Care



People need access to specialty care for their complex health conditions.



There aren't enough specialists to treat everyone who needs care, especially in rural and underserved communities.



ECHO trains primary care clinicians to provide specialty care services. This means more people can get the care they need.



Patients get the right care, in the right place, at the right time. This improves outcomes and reduces costs.

# 2020 SURVEY

## What is Indian Country ECHO?



A word cloud of survey responses for Indian Country ECHO. The words are arranged in a horizontal, slightly overlapping manner. The most prominent words are 'community', 'informative', 'helpful', 'care', and 'supportive'. Other visible words include 'great', 'informational', 'Native', 'engaging', 'welcoming', 'resource', 'program', 'Tribal', 'health', 'best', 'responsive', 'provide', 'innovative', 'needed', 'People', 'support', 'learning', 'educational', 'thoughtful', and 'Inclusive'. The words are in various shades of blue and green, with some appearing in a lighter, more transparent font than others.

great informational Native engaging welcoming resource program Tribal health  
best community responsive informative provide  
helpful innovative care needed supportive People support learning  
educational thoughtful Inclusive

# 2020 SURVEY

## Indian Country ECHO is:

- **A Community that is** interactive, inclusive, collaborative, welcoming, and affirming of Indigenous perspectives
- **Informative** engaging and accurate
- **A Valuable Resource** that is patient-centered & proactive
- **Tribal** innovative and people-first

# 2020 SURVEY

“Indian Country ECHO is a lifeline that brings providers together and provides a professional community that allows those working in tribal clinics to give their patients high-quality care.”





# What We Offer Clinicians



# Online ECHO Clinics

## Clinicians and health leaders convene to:

- Receive up-to-date treatment recommendations and best practices
- Present and discuss patient cases
- Get advice from specialists and peers
- Obtain free CE credits



# Our Program Areas

- PrEP
- Hep C
- Substance Use Disorders
- Diabetes
- Trans & Gender-Affirming Care
- Peer Recovery
- COVID-19
- HIV/AIDS
- Palliative Care
- Maternal and Child Health
- Harm Reduction
- Community Health Aid Program (coming 2021)
- Behavioral Health (coming 2021)



# A Caring Community

“I attend Indian Country ECHO’s HIV and substance use disorder ECHO clinics. It is incredibly helpful to learn with and from practitioners who face similar barriers in providing specialist care. It’s really helpful to not feel so isolated, but instead like you have a caring community.”

- Dr. Jennie Wei, MD  
Gallup Indian Medical Center



# Our Impact

- **ECHO Clinics**

- Supported 314 ECHOs (10,000+ participants)

- Recruited over 160 clinical sites

- **Treatment Recommendations**

- 900+ patients across Indian Country

- **In-Person Trainings**

- 27 in-person training (800+ providers)



# Clinical & Community Resources



## Recovering From Opioid Addiction is Possible

We can heal from opioid use disorder. See how others have walked the road to recovery.



## Supporting Someone With Opioid Addiction

Support can be lifesaving. Hear stories of tribal community members who have helped their friends and relatives through tough times.



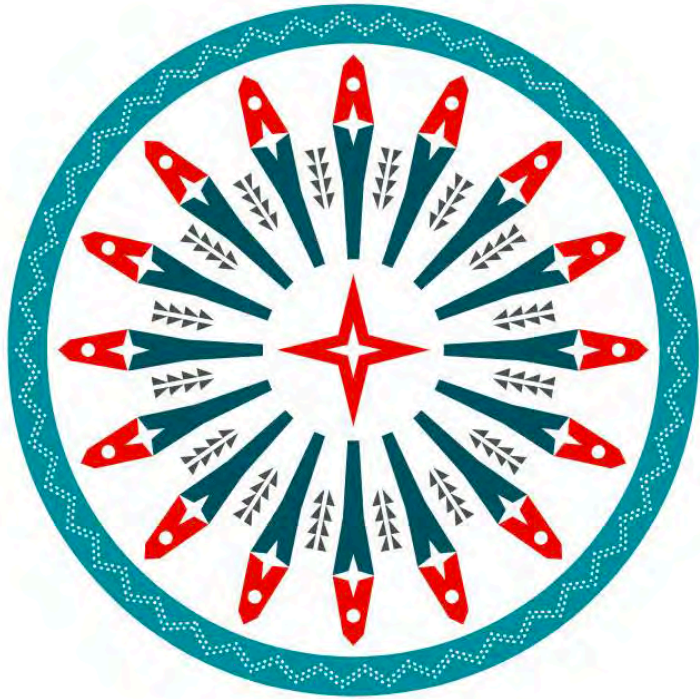
# TA & Capacity Building

- **Free, confidential**
- **Support staff through:**
  - Updating clinic policies
  - Facilitating strategic planning
  - Presenting on guidelines & treatment best practices
  - Reviewing patient cases
  - More





# Join Us!



INDIAN ★ COUNTRY  
ECHO

# Contact Information



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