

## Behavioral Health Committee meeting at the NPAIHB QBM

January 19, 2021

**Attendees:** Danica Brown, NPAIHB; Colbie Caughlan, NPAIHB; Jeramie Martin, Confederated Tribes of Siletz; Marilyn Scott, Upper Skagit Tribe; Larissa Molina, NPAIHB; Candice Jimenez, NPAIHB; Katie Hunsberger, NPAIHB; Nick Lewis, Lummi; Lisa Guzman, CTUIR; Eric Vinson, NPAIHB

### Agenda:

Quick introductions

Danica described projects that Behavioral Health program is working on including partnerships with SUD programs and THRIVE at the NPAIHB.

- CDC 1803 Supplemental funding in collaboration with THRIVE administered a survey in the late fall with the NW Tribes asking about COVID, suicide prevention, ACEs, intimate partner violence, etc. The survey results will help guide the work for the supplemental funding and THRIVE dollars from SAMHSA
- Opioid Response Network funding to organize a Behavioral Health ECHO primarily in regards to SUD but will include mental health too.
- Working with Katie H. to develop BHAP/C for students

Marilyn reminded everyone of the multiple issues happening, COVID, SUD, mental health and losses we are all experiencing due to these things right now.

Lisa Guzman let everyone know that they had their “soft opening” for the sober housing building!

Danica led discussion around the Policy and Leg. Priorities for 2021

- Track changes are written on the attached document. . .
- COVID-19 Impact:
  - Communities not having access to Tele-health
  - Rural communities not having the connections needed for Tele-health
  - Trying to increase # of patients to come in for services but restrictions made this difficult so had to do Tele-health for services that more successful if done in-person
  - People haven't had full crisis training – have only had SUD or Suicide
    - So concerned about staff working outside their scopes of work so discussed other models out there for suicide interventions i.e. QPR
    - Emphasized for referral from medical to SUD and mental health and behavioral health integration, CTUIR is up for an award for this integration
    - How do Tribes develop integration systems to meet suicide crises that are occurring
    - How do we help individuals who have mental health challenges and require psychiatric assistance but we cannot detain them to be on the proper medicine regiment to function. These folks are ending up in jails vs. being in a care system that can support their psychiatric needs.—**Danica is thinking about how to include this as a priority**

- Marilyn: Still not able to get recognition of cultural teachings by SAMHSA for dollars to be used on certain activities i.e. drumming or canoe pulling
  - CDC dollars and SMAHSA TOR dollars are less strict on these guidelines
- Jeramie: wants to see more engagement with youth. Mental health providers working very hard and have seen suicidality expressed more often. Trying to get vaccinations out and follow OHA guidelines to see more patients in person. Did upgrades for ropes course, other upkeep allowable with the COVID dollars too. Goal is integration.

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