



**NPAIHB**

*Indian Leadership for Indian Health*

# NPAIHB COVID-19 Weekly Update

Please sign in using the chat box:

Enter the tribe or organization you are representing  
and names of all people participating with you today

# Information for Today's Call

## Agenda

- ▶ Welcome & Introduction:
- ▶ Updates on Present Situation
  - ▶ Victoria and Alex
- ▶ Update: Worker Health and Safety
  - ▶ Holly Thompson Duffy
- ▶ State Partner Updates
- ▶ Leg and Funding Update
  - ▶ Laura Platero and Sarah Sullivan
- ▶ NPAIHB Calls and Q&A

## Guidelines

- ▶ Please place yourself on mute unless speaking
- ▶ Sign in, using chat box, with your tribe/organization and names of all participants
- ▶ Use the chat box for questions, for Q&A after updates and announcements

# NPAIHB COVID-19 Weekly Data Update

36 Portland Area I/T/Us have reported to date

- ▶ 27 tribal clinics/health programs; 6 IHS service units; 3 urban clinics
- ▶ Reports cover 70% of 43 tribes

NPAIHB/IHS Portland Area Testing Data\* as of June 14:

- ▶ Total Tested: 7,891
- ▶ Positive: 581\*\*
- ▶ Negative: 7,304
- ▶ Cumulative Percent Positive: 7.4% (last week: 6.6%)

\*Data reported at [ihs.gov/coronavirus](https://ihs.gov/coronavirus) include some results for tribal members not tested at I/T/U clinics

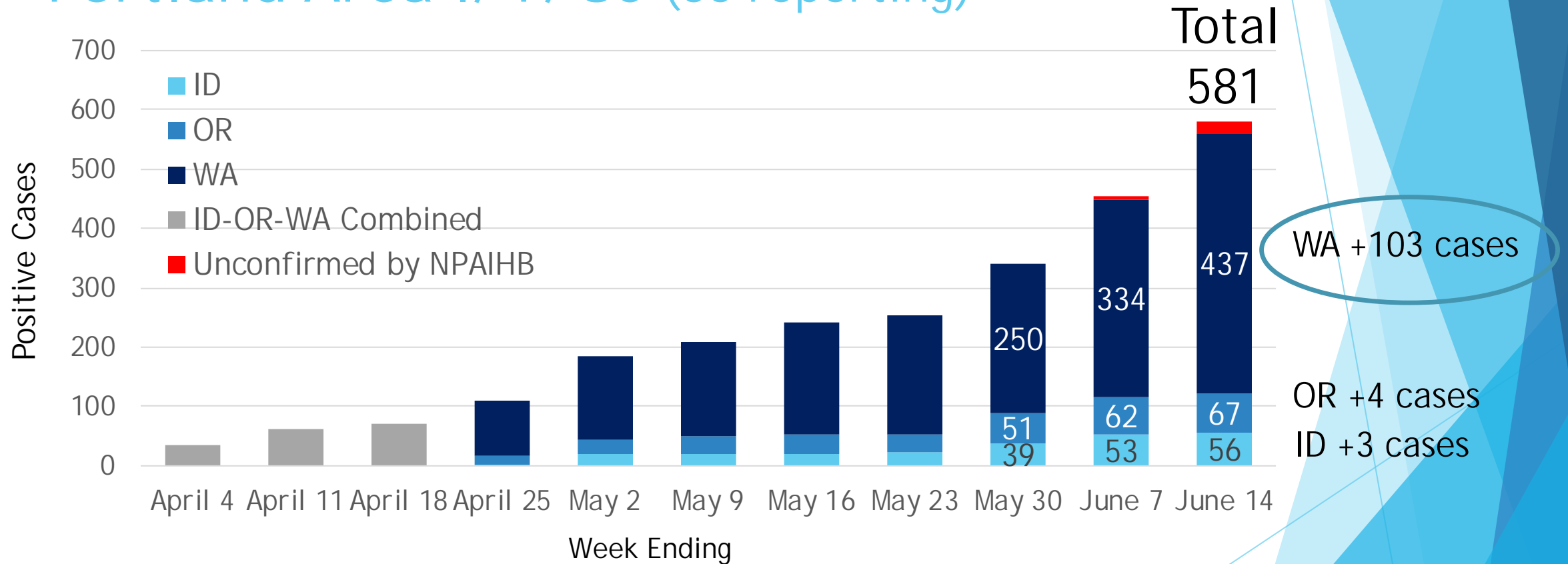
\*\*NPAIHB can verify 560 positives as of 6/14



**NPAIHB**

*Indian Leadership for Indian Health*

# Cumulative COVID-19 Cases Reported by Portland Area I/T/Us (36 reporting)



**NPAIHB**  
Indian Leadership for Indian Health

\*Includes data for week ending June 13 plus preliminary data as of June 14. Data include individuals not tested at an I/T/U facility but known to be positive.

# AI/AN COVID-19 Deaths Reported to NPAIHB or Indian Health Service

- ▶ 2 additional deaths reported since 6/7
- ▶ As of 6/14, 14 total deaths of AI/AN people in the Northwest have been reported to the NWTEC surveillance system or Indian Health Service
  - ▶ All 14 deaths reported in WA
  - ▶ 1 early SNF death of an AI/AN individual from a member tribe, not reported in our data
  - ▶ 15 total deaths from surveillance and anecdotal data



# NPAIHB COVID-19 Surveillance Survey

- ▶ Data collection for Portland Area:
  - ▶ Testing results & patient status
  - ▶ Clinic staffing, staff exposure/illness
  - ▶ PPE and test kit status
- ▶ ALL tribes and I/T/U clinics should report:
  - ▶ Daily reporting required for Abbott ID NOW analyzer sites
  - ▶ Other tribes: daily if possible, weekly at minimum

- ▶ Report Online:

<https://www.surveymonkey.com/r/NPAIHBCovid-19>

or email [tphep@npaihb.org](mailto:tphep@npaihb.org)  
for the fillable/printable report  
form or for technical assistance



**NPAIHB**

*Indian Leadership for Indian Health*

# National IHS data

## COVID-19 Cases by IHS Area

Data are reported from IHS, tribal, and urban Indian organization facilities, though reporting by tribal and urban programs is voluntary. Data reflect cases reported to the IHS through 11:59 pm on June 14, 2020.

IHS Area	Tested	Positive	Negative
Alaska	29,348	68	22,970
Albuquerque	15,256	876	10,424
Bemidji	10,108	295	9,262
Billings	17,141	263	14,030
California	3,437	143	2,782
Great Plains	14,264	702	12,421
Nashville	7,126	948	5,935
Navajo	35,339	7,442	25,422
Oklahoma City	34,952	703	33,262
Phoenix	16,510	3,102	12,329
Portland	7,891	581	7,304
Tucson	1,976	95	1,770
<b>TOTAL</b>	<b>193,348</b>	<b>15,218</b>	<b>157,911</b>

## Cases By Area: (Highest to Lowest)

1. Navajo Nation
2. Phoenix Area
3. Nashville Area
4. Albuquerque
5. Oklahoma City
6. Great Plains Area
7. **Portland Area** (down one position)
8. Bemidji
9. Billings
10. California
11. Tucson
12. Alaska



**STAY HOME  
STAY SAFE  
SAVE LIVES**

## **NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD**



Please limit your travel to  
hot spots

Please wear face masks,  
when outside your own  
home

Take care of yourselves



# Data Trends Update



**STAY HOME  
STAY SAFE  
SAVE LIVES**



# Epidemiology Updates

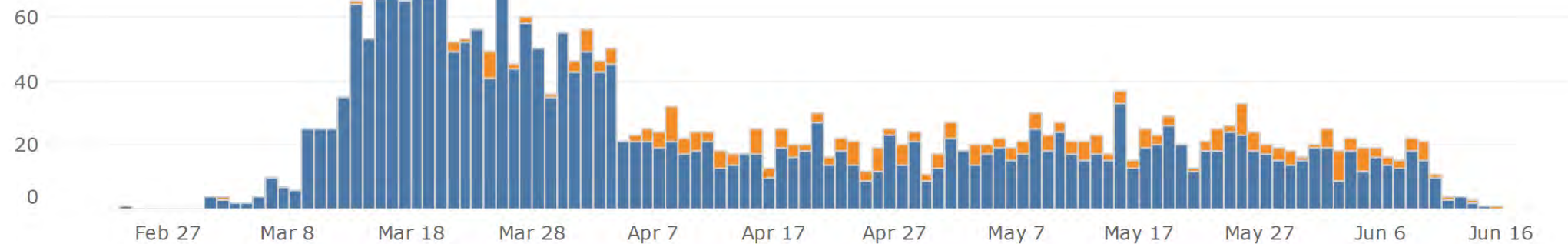
Idaho

Oregon

Washington

June 16, 2020

## COVID-19 by Date of Onset

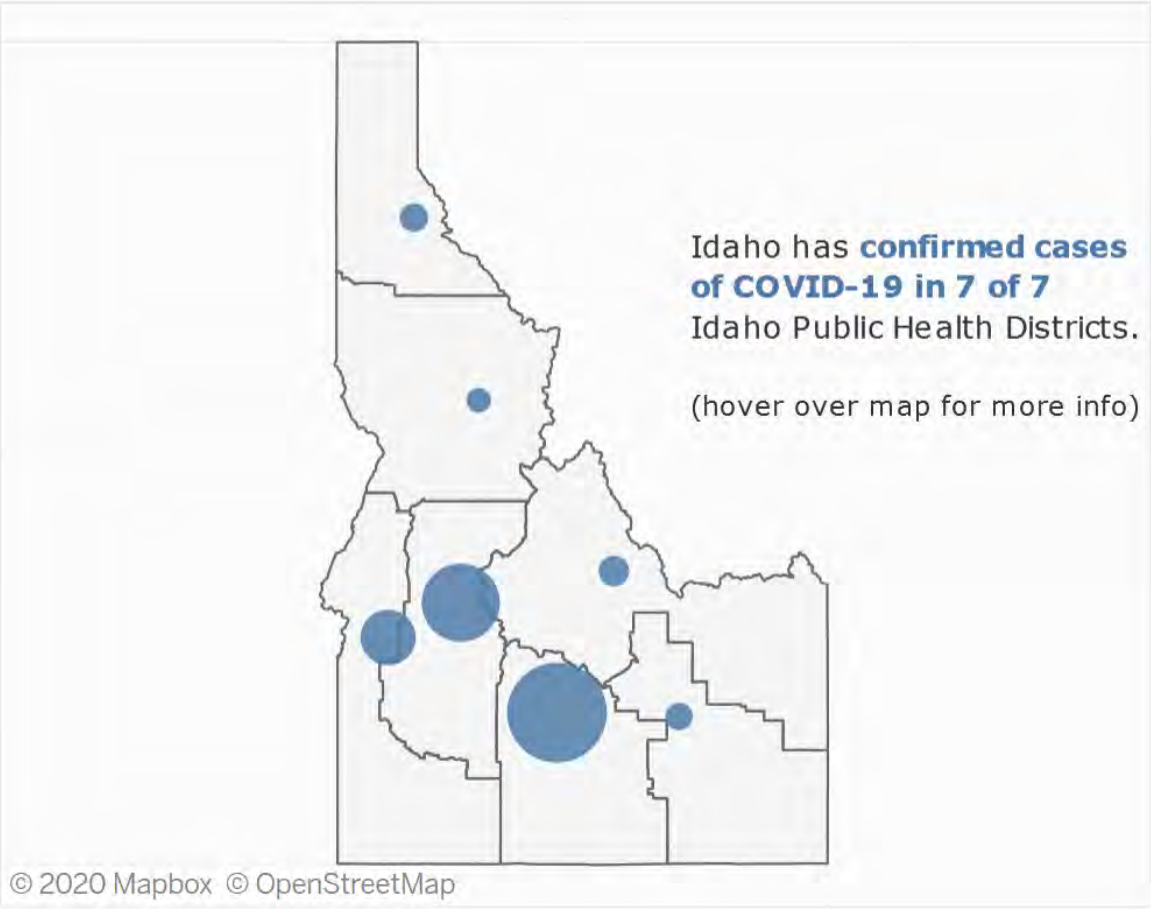
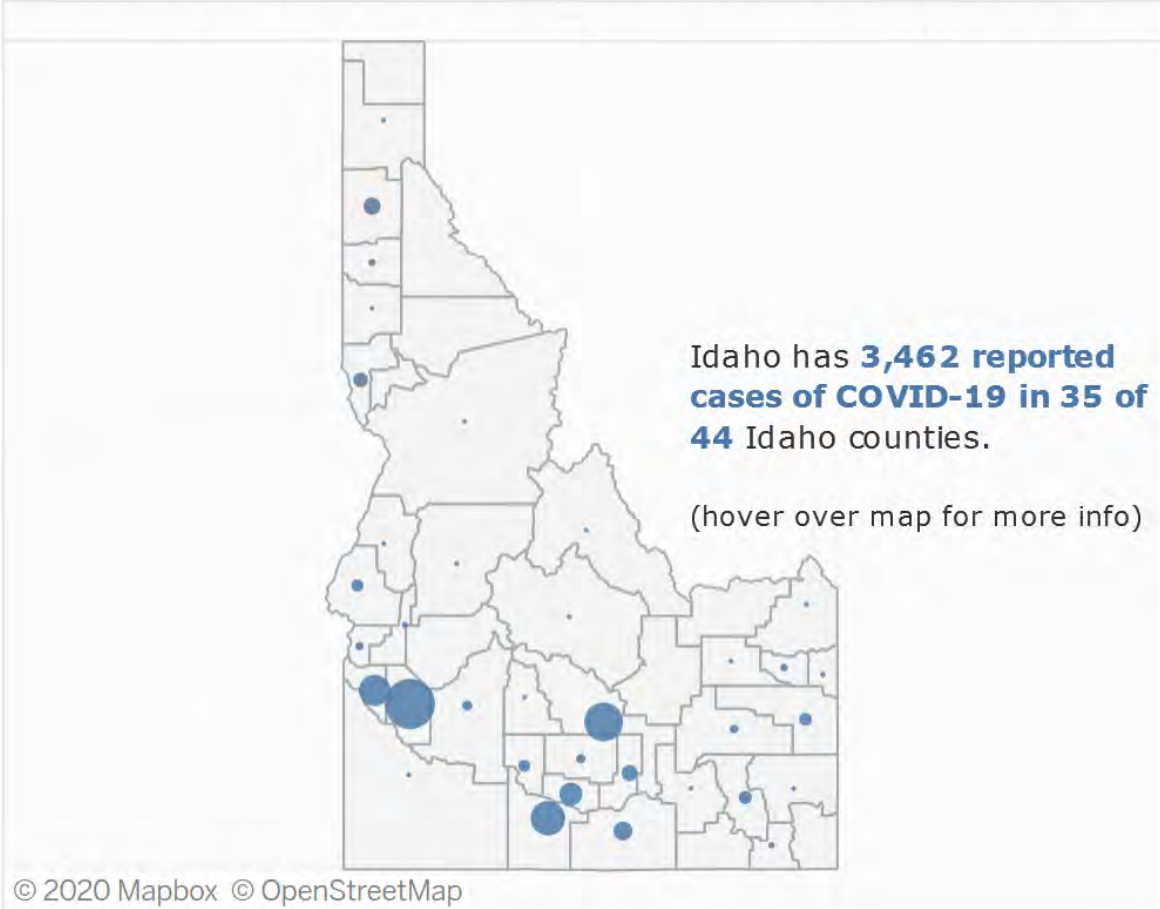


The Department of Health and Welfare will update data at [coronavirus.idaho.gov](https://coronavirus.idaho.gov) at 5 p.m. Monday through Saturday.  
**Data are preliminary and subject to change.** Idaho case counts include both probable and confirmed cases based on an interim [COVID-19 position statement](#) issued by the Council of State and Territorial Epidemiologists on April 5, 2020.



IDAHO DEPARTMENT OF  
**HEALTH & WELFARE**  
DIVISION OF PUBLIC HEALTH

Cases by County and Public Health District Maps





## Oregon's Epi Curve

## View total persons tested

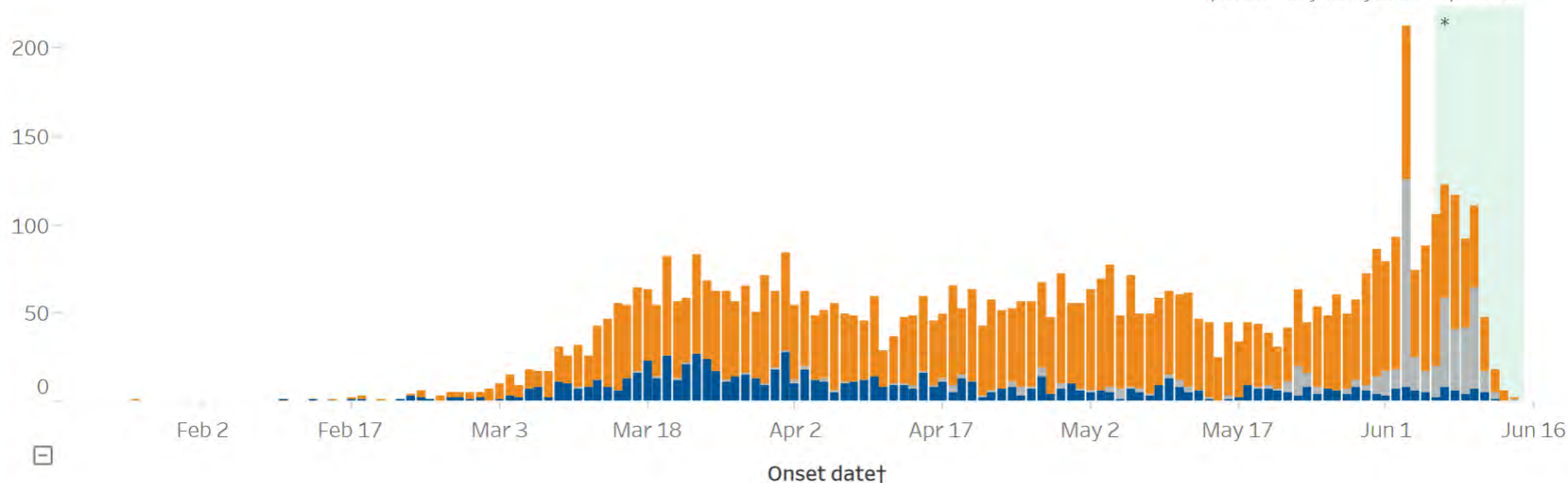
Data current as of 12:01am 6/15/2020

### Oregon's Epi Curve: COVID-19 cases

This chart shows the number of Oregonians who have been identified as COVID-19 cases and whether they were ever hospitalized for their illness.†

Total Cases	Hospitalized	Not Hospitalized	Hospitalization Status Unknown
5,820	899	4,398	523

\*Illnesses that began during this time period may not yet be reported.



Enter or drag the cursors to change the onset date range.

January 26, 2020

June 14, 2020

Not Hospitalized

Hospitalized

Hospitalization Status Unknown



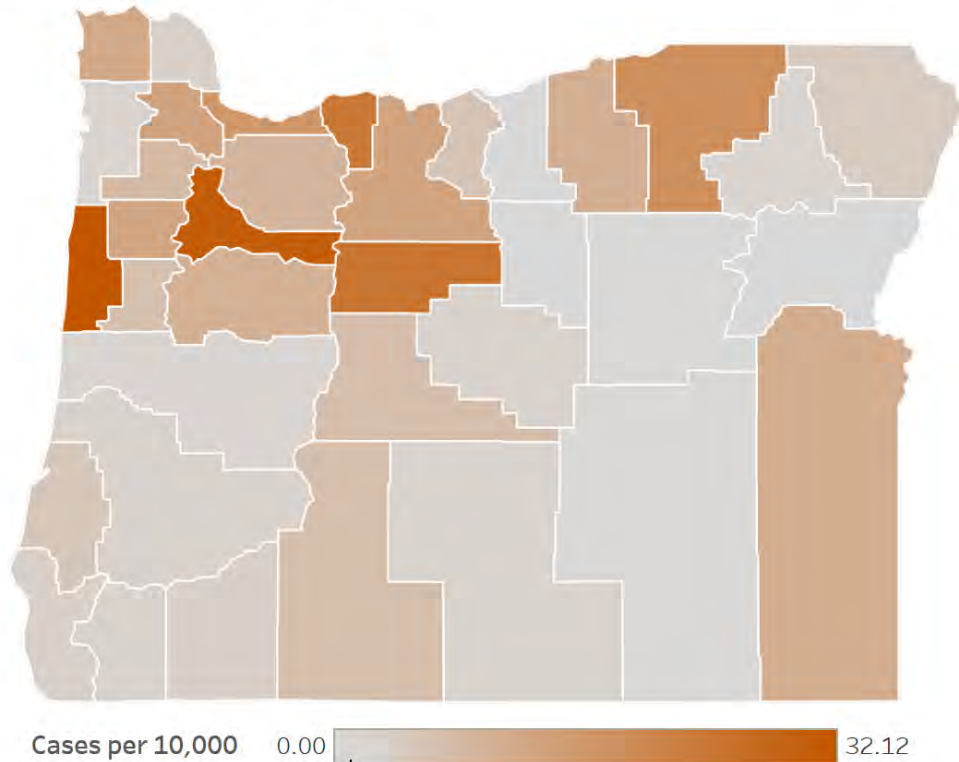
**When people say we want to “flatten the curve,” this is the curve they are talking about.**

We want to slow the number of new cases of COVID-19 so our healthcare system isn't overwhelmed and can provide care to everyone who needs it. Staying home except for essential needs and practicing social distancing are important ways we can flatten the curve.

## Testing and Outcomes by County

### Oregon's COVID-19 Testing and Outcomes by County

This map shows the number of COVID-19 cases per 10,000 people by county in Oregon.\* The rates help us compare counties of different sizes more evenly. Below, you can see the total number of cases, recovered cases, deaths, and positive and negative rates and percentages for all counties.

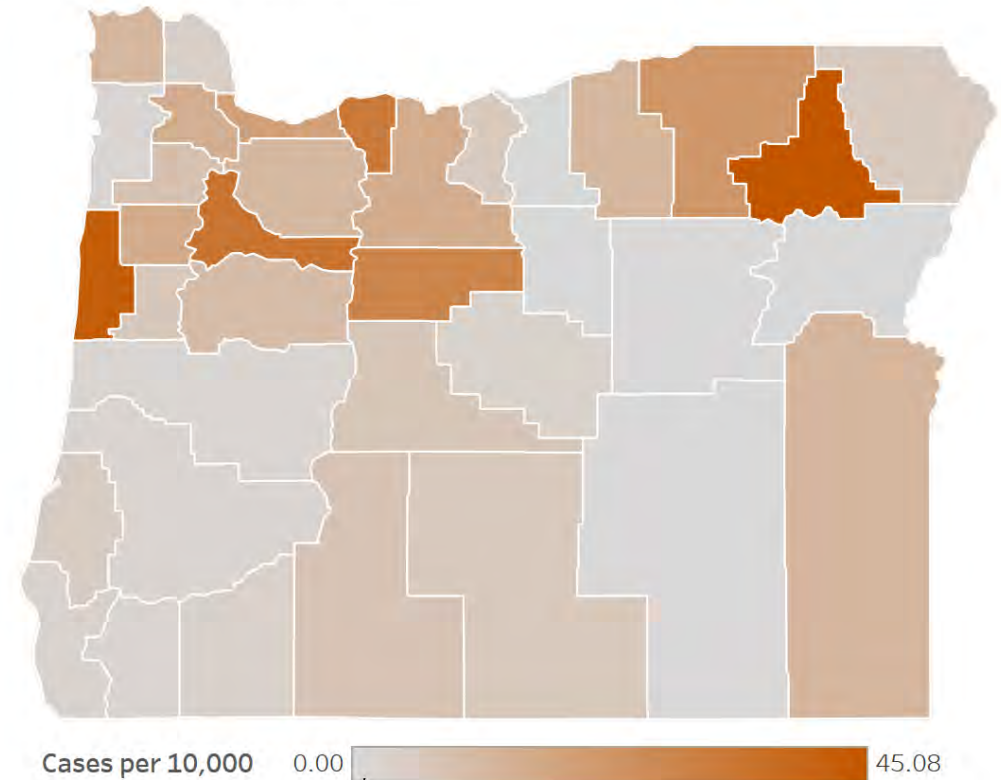


June 9, 2020

## Testing and Outcomes by County

### Oregon's COVID-19 Testing and Outcomes by County

This map shows the number of COVID-19 cases per 10,000 people by county in Oregon.\* The rates help us compare counties of different sizes more evenly. Below, you can see the total number of cases, recovered cases, deaths, and positive and negative rates and percentages for all counties.



June 16, 2020



# COVID-19 in Washington State

## Confirmed Cases and Deaths by Illness Onset Date, and Hospitalizations by Admission Date

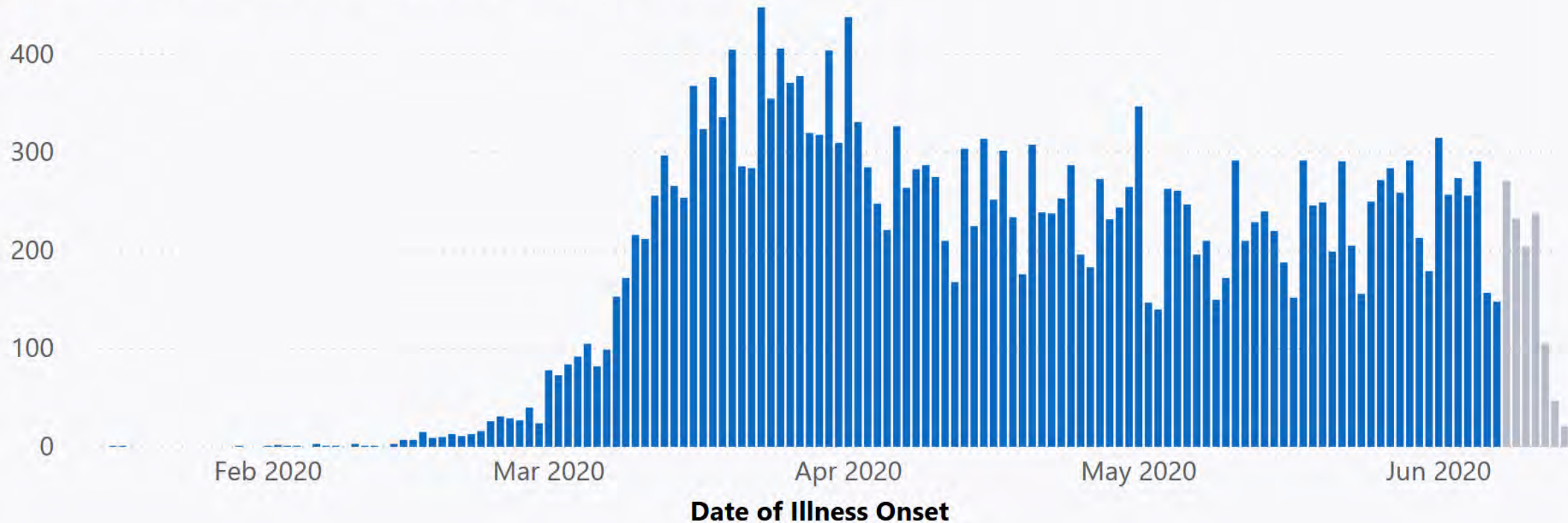
[Learn More](#)

*This chart shows the progression of the COVID-19 outbreak in Washington by cases, hospitalizations and deaths over time and is known as an epidemiologic curve. The epidemiologic curve is the curve referred to in the phrase, "flatten the curve."*



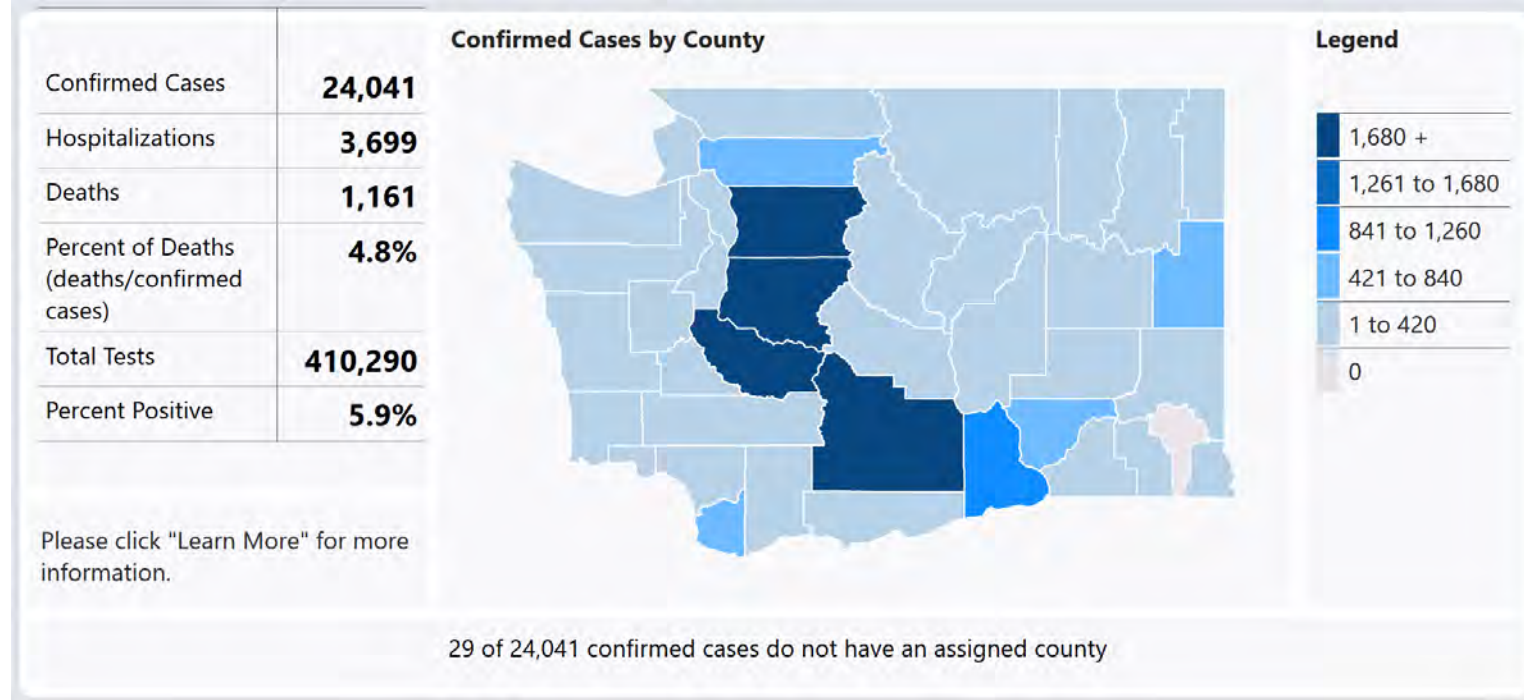
### Confirmed Case Counts

● Confirmed Cases ● Data are incomplete for the most recent dates.

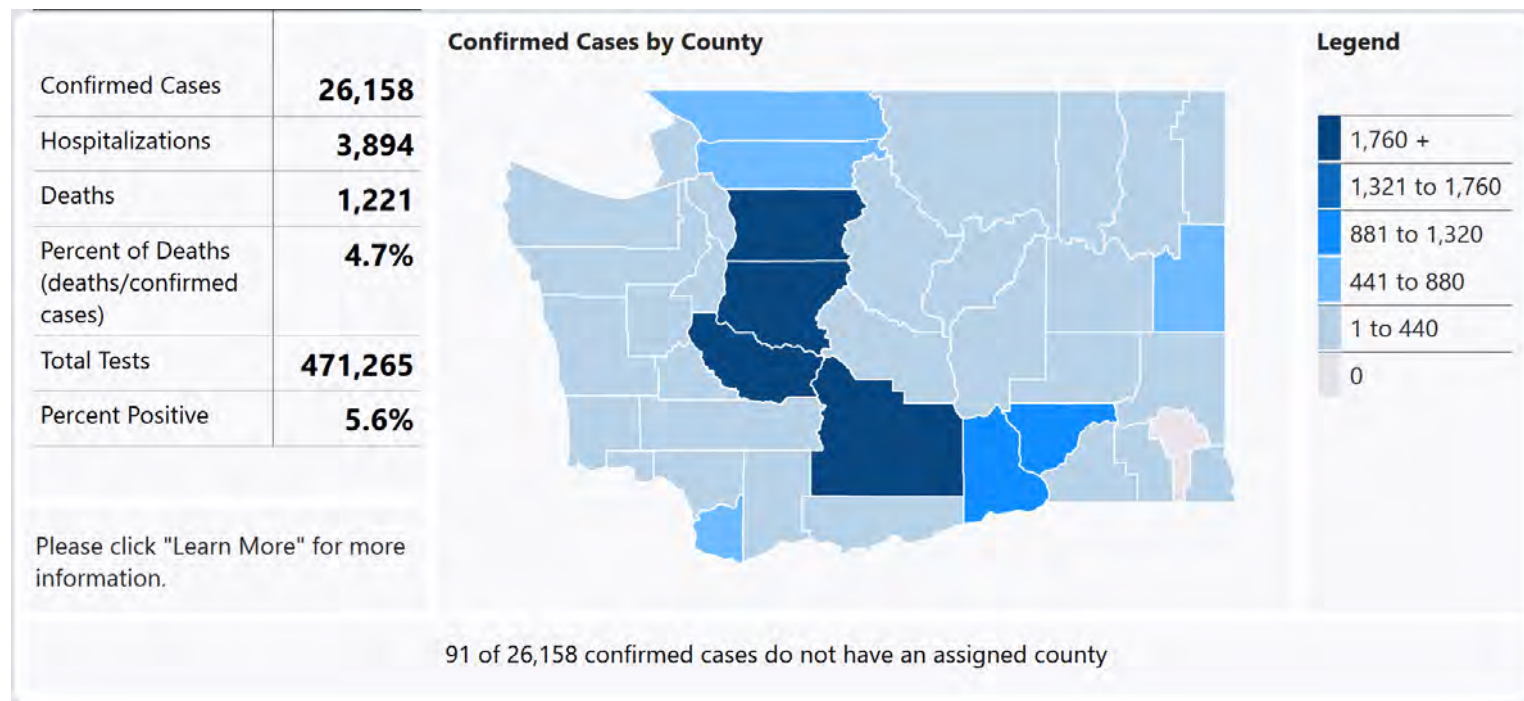


91 of 26,158 confirmed cases do not have an assigned county. Illnesses from the last 4 to 7 days may not yet be reported.

June 9, 2020



June 16, 2020





## Coronavirus Disease 2019 (COVID-19)

[CDC](#) > [Coronavirus Disease 2019 \(COVID-19\)](#) > [Prevent Getting Sick](#) > [Cloth Face Covers](#)



### Coronavirus Disease 2019 (COVID-19)

[Symptoms](#)

[Testing](#)

[Prevent Getting Sick](#)

[How It Spreads](#)

[Protect Yourself](#)

[Cloth Face Covers](#)

[About Cloth Face Coverings](#)

[How to Wear Cloth Face Coverings](#)

[Wash Cloth Face Coverings](#)

# Recommendation Regarding the Use of Cloth Face Coverings, Especially in Areas of Significant Community-Based Transmission

[Other Languages ▾](#)

[Print Page](#)

CDC continues to study the spread and effects of the novel coronavirus across the United States. We now know from [recent studies](#) that a significant portion of individuals with coronavirus lack symptoms (“asymptomatic”) and that even those who eventually develop symptoms (“pre-symptomatic”) can transmit the virus to others before showing symptoms. This means that the virus can spread between people interacting in close proximity—for example, speaking, coughing, or sneezing—even if those people are not exhibiting symptoms. In light of this new evidence, CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies) **especially** in areas of significant community-based transmission.



Use of Cloth Face Coverings to Help  
Slow the Spread of COVID-19

[Learn More](#)

## Social Distancing

If You Are Sick +

Daily Life & Coping +

People Who Need Extra Precautions +

Pets & Other Animals +

Travel +

Frequently Asked Questions

Cases, Data & Surveillance +

Communities, Schools & Workplaces +

Healthcare Professionals +

Health Departments +

Laboratories +

CDC's Response +

Global COVID-19 +

Communication Resources +

## How to Make Your own Face Covering



## Recent Studies:

- Rothe C, Schunk M, Sothmann P, et al. Transmission of 2019-nCoV Infection from an Asymptomatic Contact in Germany. The New England journal of medicine. 2020;382(10):970-971.
- Zou L, Ruan F, Huang M, et al. SARS-CoV-2 Viral Load in Upper Respiratory Specimens of Infected Patients. The New England journal of medicine. 2020;382(12):1177-1179.



# Important Information About Your Cloth Face Coverings

Print Resources Web Page: <https://www.cdc.gov/coronavirus/2019-ncov/communication/print-resources.html>

As COVID-19 continues to spread within the United States, CDC has recommended additional measures to prevent the spread of SARS-CoV-2, the virus that causes COVID-19. In the context of community transmission, CDC recommends that you:



**Stay at home  
as much as  
possible**



**Practice social  
distancing  
(remaining at  
least 6 feet away  
from others)**



**Clean your  
hands often**



**In addition, CDC also recommends that everyone wear cloth face coverings when leaving their homes, regardless of whether they have fever or symptoms of COVID-19. This is because of evidence that people with COVID-19 can spread the disease, even when they don't have any symptoms.** Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

## How cloth face coverings work

Cloth face coverings may prevent the person wearing the mask from spreading respiratory droplets when talking, sneezing, or coughing. If everyone wears a cloth face covering when out in public, such as going to the grocery store, the risk of exposure to SARS-CoV-2 can be reduced for the community. Since people may spread the virus before symptoms start, or even if people never have symptoms, wearing a cloth face covering may protect others around you. Face coverings worn by others may protect you from getting the virus from people carrying the virus.



# References

- [https://public.tableau.com/profile/idaho.division.of.public.health#!/vizhome/DPHIIdahoCOVID-19Dashboard\\_V2/Story1](https://public.tableau.com/profile/idaho.division.of.public.health#!/vizhome/DPHIIdahoCOVID-19Dashboard_V2/Story1)
- [https://public.tableau.com/profile/oregon.health.authority.covid.19#!/vizhome/OregonHealthAuthorityCOVID-19DataDashboard/COVID-19EPICases?:display\\_count=y&:toolbar=n&:origin=viz\\_share\\_link&:showShareOptions=false](https://public.tableau.com/profile/oregon.health.authority.covid.19#!/vizhome/OregonHealthAuthorityCOVID-19DataDashboard/COVID-19EPICases?:display_count=y&:toolbar=n&:origin=viz_share_link&:showShareOptions=false)
- [https://public.tableau.com/profile/oregon.health.authority.covid.19#!/vizhome/OregonCOVID-19TestingandOutcomesbyCounty/OregonsCOVID-19TestingandOutcomesbyCounty?:display\\_count=y&:toolbar=n&:origin=viz\\_share\\_link&:showShareOptions=false](https://public.tableau.com/profile/oregon.health.authority.covid.19#!/vizhome/OregonCOVID-19TestingandOutcomesbyCounty/OregonsCOVID-19TestingandOutcomesbyCounty?:display_count=y&:toolbar=n&:origin=viz_share_link&:showShareOptions=false)
- <https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020COVID19/DataDashboard>
- <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/downloads/cloth-face-coverings-information.pdf>

# Returning to Work Amid the COVID-19 Pandemic

Protect Health & Safety in the Workplace



**NPAIHB**

*Indian Leadership for Indian Health*

6/15/2020



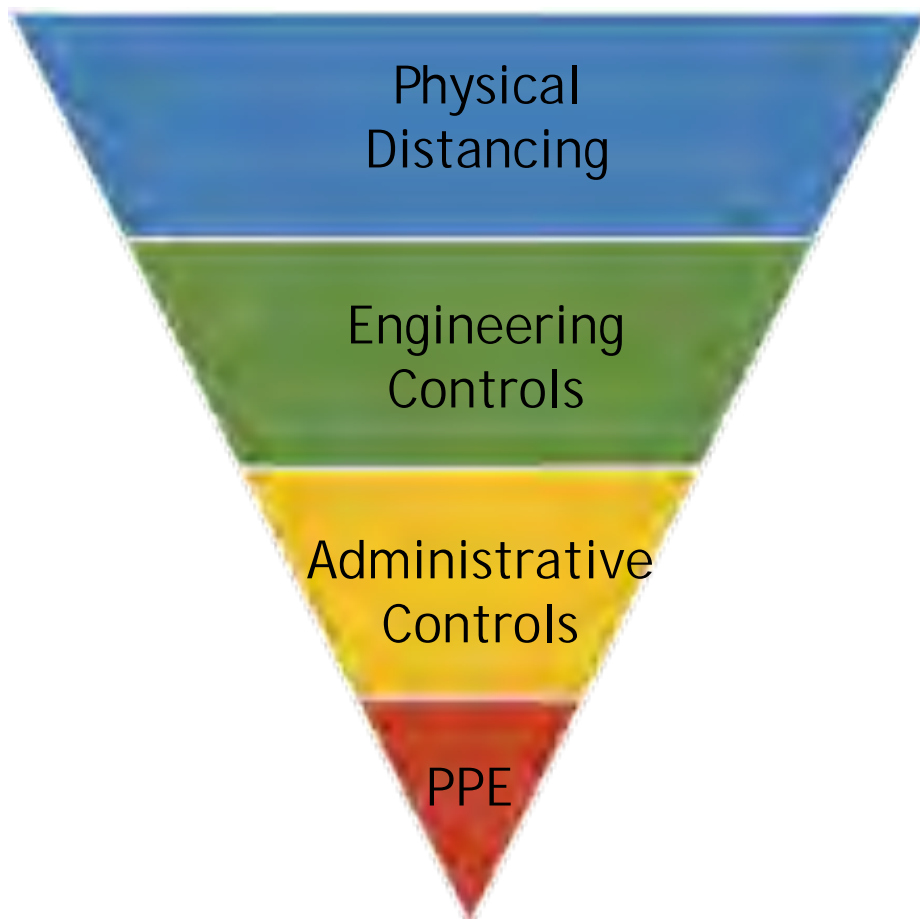
# NPAIHB Occupational Resources

- Guidelines & Checklists for employers by facility:
  - Gaming, offices, & food service
- "Return to Work" PPT presentation (customizable)
- "Return to Work" Handout



# Mitigation Measures: Adapt to Workplace

## Modified Hierarchy of Controls



## Examples of Each

Reconfiguring floor layout to ensure  
6' distance, teleworking, virtual  
meetings, stagger schedules

Installing Plexiglas partitions or  
physical other barriers, installing  
automatic door openers,

Staggering work schedules and/or  
workstations, restricting  
nonessential travel,

Wearing face coverings, masks,  
respirators & gloves



# Exposure Risk Varies by Job

Define level of risk for each job:

- Very High- jobs with high potential exposure to known or suspected sources of COVID-19 during medical procedures
  - Ex: doctors, nurses, EMTs, laboratory staff, dentist
- High- jobs with high potential exposure to known or suspected COVID-19 sources
  - Ex: others who work at healthcare facilities like pharmacist or support staff





# Exposure Risk Varies by Job

Most workers fall into one of these levels:

- Medium- jobs that have frequent and/or close contact with the public, clients or coworkers who may be infected but are not known to be
  - Ex: grocery store clerks, food service professionals, counselors, hair salons, teachers
- Low (caution)- jobs that can maintain 6' from others for most of the day
  - Ex: offices where desks are 6' apart



# Employer's Role & Expectations

Image: U.S. Navy



- Ensure staff has access to:
  - Proper PPE for job risk
  - Cleaning & disinfecting materials
  - Soap & paper towels/hand sanitizer
  - Tissues
- Comprehensive fit test (?)
- Environmental health & safety
- Make accommodations
- Ongoing evaluation & adjustments
- Encourage staff input & involvement



# Training & Communication

- COVID-19 Basics
- Policies & procedures for:
  - Physical distancing
  - Daily Screening & checks
  - Policies related to travel, sick leave, quarantine...
- Personal hygiene & PPE:
  - Hand sanitizer & washing hands
  - Face covers, masks & respirators (fit, care, how to select, minimum requirements)
  - Gloves
- Cleaning & disinfecting- Where & when
  - Shared equipment & vehicles
  - Other high touch surfaces
  - Restrooms & eating areas





# How to Clean & Disinfect Safely



- **FIRST** clean **THEN** disinfect
- Use EPA List to select products for use
- Read & follow all label directions for mixing, applying, storage & disposal
- Safety during application
- Provide all materials



# Health Daily Screening



- Upon arrival each day (guests & staff)
- Temperature screening
- Symptoms self-check process and/or log
- Leave work if feeling ill
- Do not come to work if sick or someone in the home is sick with COVID-19 symptoms



# Travel

- Policies & guidelines on when & how
- Personal & work-related
- Consider the different types of travel & encourage those with least risk
- Cancel all nonessential work travel
- When traveling, be extra vigilant & follow all CDC recommendations. Monitor yourself closely. If symptoms present, quarantine for 14 days



## Resources for more information:

- **NPAIHB:**  
<http://www.npaihb.org/covid-19/>
- **CDC:**  
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- **EPA**  
<https://www.epa.gov/coronavirus/disinfectant-use-and-coronavirus-covid-19>
- **OSHA- Guidance on Preparing Workplaces for COVID-19.**  
<https://www.osha.gov/Publications/OSHA3990.pdf>





Contact us:

Celeste Davis, REHS, MPH - Director  
[cdavis@npaihb.org](mailto:cdavis@npaihb.org), cell: 505.670.8380

Ryan Sealy, MPH - EH Scientist  
[rsealy@npaihb.org](mailto:rsealy@npaihb.org)

Antoinette Aguirre, BS - EH Specialist  
[aaguirre@npaihb.org](mailto:aaguirre@npaihb.org)

Holly Thompson Duffy - EH Consultant  
[htompsonduffy@gmail.com](mailto:htompsonduffy@gmail.com)



# State Partner Update



**NPAIHB**

*Indian Leadership for Indian Health*



**STAY HOME  
STAY SAFE  
SAVE LIVES**

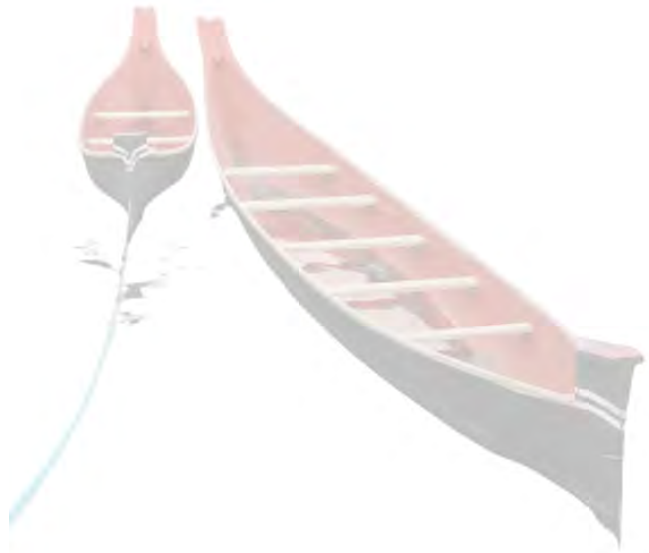


# Legislative and Funding Update



**NPAIHB**

*Indian Leadership for Indian Health*



**STAY HOME  
STAY SAFE  
SAVE LIVES**

# To Reach Us for Questions

## Primary Contact:

- ▶ Contact: Victoria Warren-Mears
- ▶ Cell Phone (call or text): 503-998-6063
- ▶ E-mail: [vwarrenmears@npaihb.org](mailto:vwarrenmears@npaihb.org)