




















**Northwest Tribal Epidemiology Center**  
**(The EpiCenter)**  
October-December 2018 Quarterly Report

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**Northwest Tribal Epidemiology Center Projects' Reports Include:**

-  **Adolescent Health**
-  **Clinical Programs-STI/HIV/HCV**
-  **Epicenter Biostatistician**
-  **Epicenter National Evaluation Project**
-  **Immunization and IRB**
-  **Injury Prevention Program (IPP)/Public Health Improvement & Training (PHIT)**
-  **Medical Epidemiologist**
-  **Native Children Always Ride Safe (Native CARS) Study/TOTS to Tweens Study**
-  **Northwest Native American Research Center for Health (NARCH)**
-  **Northwest Tribal Cancer Control Project**
-  **Northwest Tribal Dental Support Center**
-  **Northwest Tribal Registry Project-Improving Data and Enhancing Access (IDEA-NW)**
-  **Response Circles-Domestic & Sexual Violence Prevention**
-  **THRIVE (Tribal Health: Reaching out InVoices Everyone)**
-  **Tribal Opioid Response (TOR) Consortium**
-  **Wellness for Every American Indian to View and Achieve Health Equity (WEAVE)**
-  **Western Tribal Diabetes Project**



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### Adolescent Behavioral Health

**Stephanie Craig Rushing, PhD, MPH, Principal Investigator**

**Jessica Leston, MPH, PhD(c) Project Director**

**Colbie Caughlan, MPH, THRIVE Project Director**

**David Stephens, RN, ECHO Director**

**Danica Brown, MSW, PhD, Behavioral Health Manager**

**Michelle Singer, HNY Manager**

**Celena McCray, THRIVE Project Coordinator**

**Tommy Ghost Dog, WRN Project Coordinator**

**Tana Atchley, Youth Engagement Coordinator**

**Paige Smith, THRIVE/DVPI Coordinator**

**Corey Begay, Multimedia Specialist**

**Eric Vinson, ECHO Specialist**

**Contractor: Amanda Gaston, MAT, Native IYG**

### **Technical Assistance and Training**

#### **Tribal Site Visits**

- Post Gamble S'Klallam Tribe: Quarterly Board Meeting, October 16, 2018. Approximately 35 delegates in attendance.
- Swinomish Tribe: Youth Spirit Site Visit. November 13, 2018
- Tulalip: Youth Spirit Site Visit. November 13, 2018
- Agua Caliente Reservation: Presentation on We R Native, 2018 Biennial National Tribal Youth Conference, OJJDP, Coachella Valley, CA, December 3-5, 2018.

#### **October Technical Assistance Requests**

- 2 Tribal TA Requests = 2 (Maniialaq, Hopi)
- 3 (OHSU, IHS, Northwestern)

#### **November Technical Assistance Requests**

- 2 Tribal TA Requests = 2 (Maniialaq, Hopi)
- 1 (Northwestern)

#### **December Technical Assistance Requests**

- 1 Tribal TA Requests = Maniialaq
- 3 = IHS MPSI; Johns Hopkins; SPRC

#### **Project Red Talon / We R Native / Native VOICES**

During the quarter, Project Red Talon staff participated in four planning calls, one partner meeting, and facilitated or presented during three conferences/webinars, including:

- Meeting: CHOICES AIY-C – Teen Pregnancy + Alcohol Intervention, University of Colorado. December 11-12, 2018.
- Presentation: on We R Native, CDC Preventive Grand Rounds, October 3, 2018. Approximately 60 people in attendance.



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- Presentation: We R Native, 2018 Biennial National Tribal Youth Conference, OJJDP. Agua Caliente Reservation, Coachella Valley, CA, December 3-5, 2018. Approximately 60 people in attendance.
- Webinar: Hosted by NMAC – HIV in Indian Country + We R Native, November 28, 2018.

### Gen I / Bootcamps

- Bootcamp: Matika re: Indigenous People's Day MSPI Bootcamp at NAYA. October 4-7, 2018.
- In December we released a new bootcamp video, which had 12,500 video views and 42 shares:  
[https://www.facebook.com/weRnative/videos/295769727740319/?referrer=page\\_insights\\_tab\\_button](https://www.facebook.com/weRnative/videos/295769727740319/?referrer=page_insights_tab_button)

### Youth Spirit Evaluation

During the quarter, Project staff participated in seven planning Zoom calls and one site visit:

- DUE: OMH QPR, October 31, 2018
- Call: Project Director, Nov 12, 2018
- Meeting: Face-to-Face, November 13-14, 2018

### Parenting Teens – WA DOH

During the quarter, Project staff participated in seven planning calls and one presentation:

- Presentation: Quarterly Board Meeting, Post Gamble S'Klallam Tribe, October 16, 2018. Approximately 35 delegates in attendance.

### Native It's Your Game and Healthy Native Youth

During the quarter, *Native It's Your Game* staff participated in two planning calls with study partners, and the following trainings/events:

- Meeting: Healthy Native Youth Strategic Planning Session, Houston, Texas, Nov 7-8, 2018.
- Presentation: Concerning Social Media Posts Training, Alaska Conference on Child Maltreatment, Anchorage, AK, Nov 14, 2018. Approximately 15 adults in attendance.
- Presentation: Concerning Social Media Posts Training, APHA Conference, San Diego, CA, Nov 2018.
- Presentation: Healthy Native Youth, National Indian Education Conference, Hartford, CT. Oct 12, 2018. Approximately 50 adults in attendance.
- Zoom: Community of Practice: Session #2 – Building Community Support, Oct 10, 2018. Approximately 5 adult educators in attendance. Recorded trainings are available at:  
<https://www.healthynativeyouth.org/community-of-practice-sessions>
- Zoom: Community of Practice: Session #3 – Implementation Planning, Nov 14, 2018. Approximately 16 adult educators in attendance. Recorded trainings are available at:  
<https://www.healthynativeyouth.org/community-of-practice-sessions>
- Zoom: Community of Practice: Session #4 – Parent Engagement, Dec 12, 2018. Approximately 4 adult educators were in attendance. Recorded trainings are available at:  
<https://www.healthynativeyouth.org/community-of-practice-sessions>

### OHSU Native American Center of Excellence and SIP

During the quarter, staff participated in nine planning calls with study partners, and submitted one IRB amendment:

- NNACOE: Tribal Scholars IRB Resubmission.



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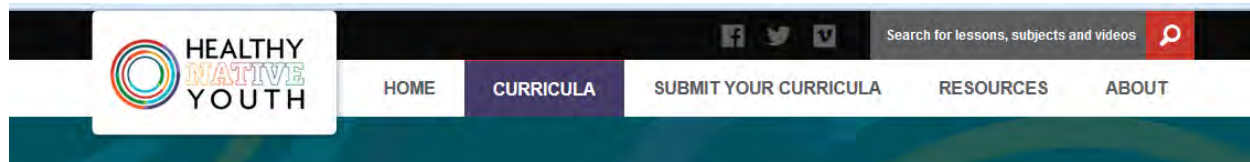


### ANA – I-LEAD

During the quarter, staff participated in one grantee call, eleven SMS text mentoring chats with 262 “healer” participants,” and the following I-LEAD meetings and activities:

- Meeting: Strategic Planning Annual Retreat, October 29-30, 2018. Leadership Training: WRN Youth Ambassador Monthly Zoom: *Making Your Voice Heard*. Oct 25, 2018. The meeting included 5 youth participants; the recorded video is available at: <https://www.wernative.org/ambassadors/ambassador-training>
- Leadership Training: WRN Youth Ambassador Monthly Zoom: *Indigenous Pride*. Nov 29, 2018. The meeting included 4 youth participants and a guest speaker (Steven Paul Judd); the recorded video is available at: <https://www.wernative.org/ambassadors/ambassador-training>
- Youth Committee: Quarterly Board Meeting, Post Gamble S’Klallam Tribe, October 16, 2018. Approximately 10 delegates in attendance.
- Youth Committee: Check-in call, Nov 4, 2018. Approximately 3 delegates in attendance.
- Youth Delegates: Check-in call, December 9, 2018. Approximately 2 delegates in attendance. Recorded video is available at: <https://youtu.be/WKM3-TyxWNg>
- Presentation: We R Native and Healthy Native Youth, ANA Grantees Meeting, Washington DC, November 29, 2018. Approximately 35 adults in attendance.

### Health Promotion and Disease Prevention



**Website:** The Healthy Native Youth website launched on August 15, 2016: [www.healthynativeyouth.org](http://www.healthynativeyouth.org)

Last month, the **Healthy Native Youth** website received:

- Page views = 2,432
- Sessions = 584
- Users = 381
- Average session duration = 5:28



**Website:** The We R Native website launched on September 28, 2012: [www.weRnative.org](http://www.weRnative.org)

In December, our monthly reach across the We R Native Channel: **144,010** (4,645/day)

In December, the **We R Native** website received:

- Page views = 16,377
- Sessions = 10,851



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- Users = **9,910**
- Percentage of new visitors = 92%
- Average visit duration = 2:31
- Pages per session =1.51

Twitter Followers = 6,097 (**14,000 Impressions**)

YouTube: The project currently has 692 uploaded videos, has had 334,962 video views, with 452,333 estimated minutes watched. (**12,417 views last month**)

Facebook: By the end of the month, the page had 49,211 followers.

Instagram: By the end of the month, the page had 8,047 followers. (**20,380 reach**)

### Text Message Service:

- *Northwest Portland Area Indian Health Board* has 7,481 active subscribers.
- *We R Native* has 5,538 active subscribers.
- The *Text 4 Sex Ed* service currently has 377 active subscribers, 622 total profiles. Broken down by opt-in path:
  - Sex (Facebook): 278
  - Condom (Text Message): 184
  - Love (Text Message): 186
  - Snag, Banana (Instagram): 36
  - Hook up (twitter): 4
- *We R Healers* has 262 subscribers.
- *STEM* has 476 subscribers.
- *Youth Spirit* has 30 subscribers.
- *We R Navajo* has 69 subscribers.
- *I Know Mine* has 611 subscribers.
- *Native Fitness* has 696 subscribers.
- *Hepatitis C Patient and ECHO* project has 244 subscribers.
- *Healthy Native Youth* has 429 total profiles.
- *THRIVE-DBT* has 34 active subscribers.

### October Social Media Messages: Number/Reach of We R Native messages addressing...

- Bootcamp PSAs = 13 posts, 0 text message, 3,772 people reached
- Concerning Social Media Post Tips = 2 posts, 0 text message, 7,350 people reached
- Sexual health/Healthy Relationships = 4 posts, 0 text message, 18,411 people reached
- DVPI = 0 posts, 0 text message, 0 people reached
- Sexual Assault Campaign (to be created this year) = 1 posts, 0 text message, 17,200 people reached
- Substance prevention = 3 post, 1 text message, 8,021 people reached
- Suicide (general) = 4 posts, 0 text message, 8,813 people reached
  - #WeNeedYouHere Campaign (specifically THRIVE) = 0 posts, 0 text message, 0 people reached
  - #WeNeedYouHere - LGBT2S = 0 post, 0 text message, 0 people reached



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- #WeNeedYouHere – Veterans = 0 post, 0 text message, 0 people reached
- Mental health = 3 posts, 0 text messages, 9,990 people reached
- Youth leadership/empowerment = 13 posts, 3 text messages, 51,097 people reached

### **November Social Media Messages:** Number/Reach of We R Native messages addressing...

- Bootcamp PSAs = 0 posts, 0 text message, 0 people reached
- Concerning Social Media Post Tips = 0 posts, 0 text message, 0 people reached
- Sexual health/Healthy Relationships = 0 posts, 0 text message, 0 people reached
- DVPI = 0 posts, 0 text message, 0 people reached
- Sexual Assault Campaign (to be created this year) = 0 posts, 0 text message, 0 people reached
- Substance prevention = 2 post, 0 text message, 3,700 people reached
- Suicide (general) = 6 posts, 0 text message, 8,443 people reached
  - #WeNeedYouHere Campaign (specifically THRIVE) = 0 posts, 0 text message, 0 people reached
  - #WeNeedYouHere - LGBT2S = 0 post, 0 text message, 0 people reached
  - #WeNeedYouHere – Veterans = 0 post, 0 text message, 0 people reached
- Mental health = 6 posts, 1 text messages, 22,599 people reached
- Youth leadership/empowerment = 13 posts, 0 text messages, 28,409 people reached

### **December Social Media Messages:** Number/Reach of We R Native messages addressing...

- Bootcamp PSAs = 1 posts, 0 text message, **20,300** people reached
- Concerning Social Media Post Tips = 0 posts, 0 text message, **0** people reached
- Sexual health/Healthy Relationships = 2 post, 0 text message, **1,825** people reached
  - DVPI = 0 posts, 0 text message, 0 people reached
  - Sexual Assault Campaign (to be created this year) = 0 posts, 0 text message, 0 people reached
- Substance prevention = 6 post, 0 text message, **15,438** people reached
- Suicide (general) = 5 posts, 0 text message, **7,427** people reached
  - #WeNeedYouHere Campaign (specifically THRIVE) = 0 posts, 0 text message, 0 people reached
  - #WeNeedYouHere - LGBT2S = 1 post, 0 text message, 3,500 people reached
  - #WeNeedYouHere – Veterans = 0 post, 0 text message, 0 people reached
- Mental health = 7 posts, 2 text messages, **19,970** people reached
- Youth leadership/empowerment = 9 posts, 2 text messages, **22,343** people reached

**Native VOICES (not updated post September 2018):** Since their release, the Native VOICES videos have been viewed 3,993 times on YouTube and reached 2,233,910 people on Facebook.

### **Surveillance and Research**

**Concerning Social Media:** The NPAIHB has partnered with the Social Media Adolescent Health Research Team at Seattle Children's Hospital to design educational tools to address concerning posts on social media. We are currently writing a paper that describes the evaluation of the video intervention for adults who work with Native youth.



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**Violence Prevention Messages:** We R Native partnered with Steven Hafner to carryout formative research to design a violence prevention intervention that will be delivered to Native young men via Facebook. The team recently completed a pilot test of the intervention and is making improvements to the SMS series based on their feedback.

## Other Administrative Responsibilities

### Publications

- Title: Sexual Health, STI and HIV Risk, and Risk Perceptions Among American Indian and Alaska Native Emerging Adults, Journal: Prevention Science, 1-11, DOI: 10.1007/s11121-018-0920-7  
Your article is available as 'Online First':  
<http://link.springer.com/article/10.1007/s11121-018-0920-7>
- Community Case Study in Front. Public Health, 17 August 2018 |  
<https://doi.org/10.3389/fpubh.2018.00225>  
Healthy Native Youth: Improving Access to Effective, Culturally-Relevant Sexual Health Curricula

### Reports/Grants Submitted

- MSPI Annual Report
- ANA Semi-Annual Report
- Prepared an Application for: <https://tamprogram.org/>

**Administrative Duties:** Budget tracking and maintenance; Managed Project Invoices and Subcontracts; Staff oversight and evaluations.

## Clinical Programs-STI/HIV/HCV

Jessica Leston, MPH, Clinical Programs Director - Tsimshian  
David Stephens, RN ECHO Clinic Director  
Eric Vinson, BA, ECHO Clinic Manager – Cherokee  
Megan Woodbury – Opioid Program Coordinator  
Danica Love Brown – Behavioral Health Manager - Choctaw  
Contractors: Brigg Reilley, MPH  
Carolyn Crisp, MPH  
Crystal Lee, PhD – Navajo

## Technical Assistance and Training

### NW Tribal Site Visits

- Muckleshoot – NW Tribal Opiate Summit, November 16, 2018

### Out of Area Tribal Site Visits

- Meeting: Billings Area HCV Training (Crow/Northern Cheyenne, Lame Deer, Fort Peck, Rocky Boy, Browning, Wind River, Rapid City)
- CA CRIHB Training, December 11-12, 201





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### October Technical Assistance Requests

- Tribal TA Requests = 5 (Jessica), 5 (David), 7 (Brigg), (0) Eric
- Other Agency Requests = 6 (CDC, IHS, USET, GPTCHB, WA, CRIHB)

### November Technical Assistance Requests

- Tribal TA Requests = 7 (Jessica), 9 (David), (28) Eric
- Other Agency Requests = 6 (SAMHSA, IHS, GPTCHB, WA, AZ, CRIHB, GLITC)

### December Technical Assistance Requests

#### Technical Assistance Requests

- Tribal TA Requests = 5 (Jessica), 5 (David), (6) Eric
- Other Agency Requests = 6 (CDC, OMB, SAMHSA, IHS, GPTCHB, WA, OR, AZ, CRIHB, GLITC)

**During the quarter, project staff participated in sixty technical assistance calls and requests.**

### Health Promotion and Disease Prevention

**Overview:** Hepatitis C Virus (HCV) is a common infection, with an estimated 3.5 million persons chronically infected in the United States. According to the Centers for Disease Control and Prevention, American Indian and Alaska Native people have the highest mortality rate from hepatitis C of any race or ethnicity. But Hepatitis C can be cured and our Portland Area IHS, Tribal and Urban Indian primary care clinics have the capacity to provide this cure. Some of these clinics have already initiated HCV screening and treatment resulting in patients cured and earning greatly deserved gratitude from the communities they serve.



**Goals:** HCV has historically been difficult to treat, with highly toxic drug regimens and low cure rates. In recent years, however, medical options have vastly improved: current treatments have few side effects, are taken by mouth, and have cure rates of over 90%. Curing a patient of HCV greatly reduces their risk of developing liver cancer and liver failure. Early detection of HCV infection through routine and targeted screening is critical to the success of treating HCV with these new drug regimens.

It is estimated that as many as 120,000 AI/ANs are currently infected with HCV. Sadly, the vast majority of these people have not been treated. By treating at the primary care level, we can begin to eradicate this disease. Our aim is to provide resources and expertise to make successful treatment and cure of HCV infection a reality in Northwest IHS, Tribal and Urban Indian primary care clinics. More at [www.npaihb.org/hcv](http://www.npaihb.org/hcv)

Currently, the program has strategic partnerships with: Alaska Native Tribal Health Consortium, University of New Mexico, Cherokee Nation, Norther Tier Initiative for Hepatitis C Elimination, Oklahoma IHS Area, United Southern and Eastern Tribes TEC, Rocky Mountain TEC, Great Plains Tribal Chairmans Health Board and TEC, Great Lakes Inter Tribal Council TEC, and IHS.





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**HCV ECHO:** Each month, the Northwest Portland Area Indian Health Board offers multiple teleECHO clinics with specialists focusing on the management and treatment of patients with HCV. The 1 hour long clinic includes an opportunity to present cases, receive recommendations from a specialist, engage in a didactic session and become part of a learning community. Together, we will manage patient cases so that every patient gets the care they need.

***A total of 425 patients have received recommendations via the NPAIHB ECHO HUB.***

**Text Message service/email marketing:** To date, the project has sent 12,073 and received 2,074 messages from 297 text message subscribers. The project sent 3 marketing emails and had a reach of 985 through constant contact in the month of December.

**Example of text message received in November 2018:** *"Thank you. I don't know if I am able to respond to you but I'm responding anyway. I just want to express my sincere appreciation for all you do. My CIHA (Cherokee Indian Hospital Authority) colleagues and I are energized with the possibility that we can eradicate Hep C in our community. We are meeting weekly to discuss Hep C treatment, patients, issues, ideas and complaints. We are, or I am preparing a presentation for one of our private recovery centers. Our goal in this is to reach out to as many people as we can to educate and spread awareness on all things Hep C. I am preparing the presentation because I am the performance improvement person for our primary care. The nurses are busy caring for our patients. I am also creating a hep B lab guide for our nursing staff to try and eliminate confusion over the hep B labs. I am by education an CLS( clinical laboratory scientist) formerly known as an MT ( medical technologist). I went to school to be a lab tech. Not just drawing blood but running the tests. So for once I am excited because the lab part of all this is right up my alley. My comfort zone, you could say."*

**HCV Print & Video Campaign:** In 2017, the project disseminated the Hepatitis C is Everybody's Responsibility Campaign <http://www.npaihb.org/hcv/#Community-Resources> To date, 6,000 items (posters, rack cards, pamphlets) have been printed, and the campaign (print + video) has received 547 video views on YouTube, and reached 5,515 on Facebook.

### Surveillance and Research

**STD/HIV/HCV Data Project:** The project is monitoring STD/HIV GPRA measures for IHS sites throughout Indian Country. Infographics are generated to provide visual feedback data to all 66 IHS sites, 13 Urban sites and any tribal site that provides access. PRT staff are assessing local strengths and weaknesses (administrative, staffing, clinical, and data) that influence screening.

Annual data on HCV screening for IHS sites nationwide has shown strong improvement, with an increase to 54% from 46% the prior year.

**PWID Study:** To capture the heterogeneous experience of AI/AN PWID and PWHID, this project is being conducted in four geographically dispersed AI/AN communities in the United States using semi-structure interviews. The project is based on indigenous ways of knowing, community-based participatory research principles and implementation science.

### Other Administrative Responsibilities

#### Publications



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- Mera J, Reilley B, Leston J Stephens D. (2018) In a Critical State: Ongoing Barriers to Treatment for Hepatitis C Virus (HCV). The American Journal of Medicine.  
doi: <https://doi.org/10.1016/j.amjmed.2018.10.031>
- Medicaid Access Paper accepted to American Medical Journal
- AI/AN Methods Paper on PWID Project accepted to Public Health
- Working on AI/AN PWID Results Paper
- Working on OUD Indicators Paper with CDC

#### **Reports/Grants Submitted**

- Awarded for FYI 2019: SAMHSA ECHO – 524,000
- Awarded for FYI 2019: OMH ECHO – 350,000
- Awarded for FYI 2019: CDC Opioid Response Strategy – 265,000
- Awarded for FYI 2019: SAMHSA TOR – 3.5 Million
- Awarded for FYI 2019: IHS SMAIF HIV 1.3 Million

#### **Administrative Duties**

- Budget tracking and maintenance: Ongoing
- Managed Project Invoices: Ongoing
- Managed Project Subcontracts: Ongoing
- Staff oversight and annual evaluation

#### **Epicenter Biostatistician**

**Nancy Bennett**

#### **Conference Calls:**

- ✚ TPHEP 2018 conf planning committee call bi-weekly
- ✚ eMars conference call w/ Cayuse to discuss project
- ✚ Call with Rhapsody people regarding their product

#### **NPAIHB Meetings:**

- ✚ All staff meeting – monthly
- ✚ Biostat meeting – bi-weekly
- ✚ Meeting at Embassy Suites to view venue for EP conf
- ✚ Onboarding committee meeting
- ✚ Safety meeting fire alarm
- ✚ Christmas Party
- ✚ 2019 TPHEP conference planning
  - Scouted for venue location and dates

#### **Conferences/QBMs/Out of area Meetings**

- ✚ APHA Conference, San Diego, CA
  - Worked at TEC booth
  - Attended conference

#### **Miscellaneous**



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Reports:



Warm Springs PowerPoint BRFSS report

Site Visits:



none

**Epicenter National Evaluation Project**

**Birdie Wermy, Project Specialist**

**Technical Assistance via telephone/email**

July – September

- Ongoing communication with NPAIHB EpiCenter Director
- Ongoing communication with Tribal sites regarding project updates, information and technical assistance
- Email correspondence with Tribes regarding T.A., reporting and program implementation

**Reporting**

October

- Good Health and Wellness in Indian Country (GHWIC) quarterly call on 10.03 @ 10am
- Good Health and Wellness in Indian Country (GHWIC) TEC call on 10.10 @ 10am
- MSPI Area Project Officer (APO) call on 10.17 @ 9am
- DVPI Area Project Officer (APO) call on 10.17 @ 11am
- Good Health and Wellness in Indian Country (GHWIC) C2 call on 10.24 @ 12pm

November

- Good Health and Wellness in Indian Country (GHWIC) TEC ¼ evaluation call on 11.15 @ 10am
- Good Health and Wellness in Indian Country (GHWIC) C2 call on 11.28 @ 12pm

December

- TEC APO call on 12.06 @ 11am
- Portland DVPI call on 12.11 @ 9am
- Portland MSPI call on 12.11 @ 10am
- Good Health and Wellness in Indian Country (GHWIC) TEC workgroup call on 12.11 @ 10am
- Good Health and Wellness in Indian Country (GHWIC) C2 call on 12.19 @ 12pm

**Updates**

Birdie – continuing to provide evaluation TA to MSPI/DVPI service areas and GHWIC NW WEAVE Project.

- Evaluation T.A provided to seven Tribes regarding their local data collection plan and annual progress report (APR).
- Sent an email reminder to all MSPI/DVPI programs regarding evaluation T.A. on 10.24 and 10.31 deadline reminder.
- Evaluation T.A. provided to three Tribes via phone call.
- As of 11.01 all Portland area DVPI programs (8) submitted their APR. Four outstanding reports were “in progress” for all MSPI Portland area programs.



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- Evaluation T.A provided to three Tribes regarding their local data collection plan and annual progress report (APR).
- Evaluation T.A. provided to three Tribes via phone call.
- As of 11.20 all Portland area DVPI and MSPI Portland area programs submitted their APR.
- Evaluation T.A provided to one Tribe regarding their local data collection plan and annual progress report (APR).
- Evaluation T.A. provided to one Tribe via phone call.

**Challenges/Opportunities/Milestones**

- One program reached out to me during the month of October, a new coordinator who has been in their position for one month and was not left with any guidance on how to complete the APR. I advised him to meet with the Director on how to proceed with gathering the information and if there was contact information for the previous coordinator and request an extension if need be from the APO.
- Another MSPI program reached out to me during the month of October regarding the APR and their data person they get all of the information from suffered a death in the family, I advised her to reach out the APO and explain the situation.
- An MSPI program reached out to me during November to review their upcoming fiscal year LDCP.
- Government shut down as of 12.22.18 – no contact with area project officer and staff at headquarters. All calls with IHS have been cancelled.

**Meetings/Trainings**

- MSPI call w/ Puyallup on 10.01 @ 9am
- MSPI call w/ Makah on 10.01 @ 12pm
- MSPI call w/ Marimn Health on 10.10 @ 8:15am
- MSPI call w/ Cow Creek on 10.09 @ 10am
- NPAIHB Wellness Meeting on 10.11 @10:30am
- Suicide Surveillance conference call on 10.23 @ 8:45am
- NPAIHB All Staff Harassment training on 10.23 @ 12pm
- DVPI Call w/ Healing Lodge on 10.26 @ 9:30am
- DVPI Webinar on 10.29 @ 11am
- “Place Matters” Conference 10.29-10.30 in Portland, Or.
- DVPI Webinar “This is your brain on drugs” on 10.31 @ 8am
- DVPI call w/ Siletz on 11.01 @ 10am
- DVPI call w/ Nez Perce on 11.05 @ 1:30pm
- DVPI webinar on 11.21 @ 11am
- APHA Livestream on 11.12 @ 1pm
- Suicide Surveillance conference call on 11.13 @ 12pm
- Opioid webinar on 11.14 @ 12pm
- TEC APO call on 12.06 @ 11am
- APO DVPI call on 12.11 @ 9am
- APO MSPI call on 12.11 @ 10am
- GHWIC TEC Workgroup call on 12.12 @ 10am



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- Wellness Meeting on 12.13 @10am
- Webinar on 12.13 @ 12pm
- GHWIC C2 call on 12.19 @ 12pm

### Site Visits

- None

### Upcoming Calls/Meetings/Travel

- TEC APO Call on 1.03.19 – CANCELLED due to Gov't shutdown
- GHWIC ALL HANDS call on 1.09 @ 10am
- Mandatory Security Training on 1.10 @ 11am
- NPAIHB Project Presentations 1.14 @ 10am
- EpiCenter all-staff meeting on 1.16 @ 9am
- GHWIC C2 call on 1.23 @ 12pm
- QBM on 1.22-1.23 @ Suquamish, Wa.
- Wellness Meeting on 1.28 @ 10am
- ATNI Conference on 1.28-1.31 @ Portland, Or.
- Suicide Prevention Meeting on 1.29 @ 10am
- NARCH Luncheon presentation on 1.30 @ 12pm

### Publications

- NONE

## Immunization and IRB

### **Clarice Charging, Project Coordinator**

#### Meetings:

NPAIHB all-staff meeting, October 1, 2018  
Breast Friends Luncheon October 27, 2018  
NPAIHB staff benefits, October 30, 2018  
Immunization Partners Action Team (IPAT), December 6, 2018, Oregon DOH, Portland, OR

#### Quarterly board meetings/conferences/site visits:

NPAIHB quarterly Tribal Health Directors (THD), meeting, The Point Casino and Hotel, October 15, 2018, Kingston, WA.  
NPAIHB quarterly board meeting, Port Gamble S'Klallam Tribal Long House, October 16-17, 2018, Port Gamble, WA  
National Council of American Indians (NCAI), Hyatt at Denver Convention Center, Denver, CO, October 21-25, 2018  
PRIMR (IRB) Conference, San Diego Convention Center, San Diego, CA, November 13-17, 2018

#### Conference Calls:



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IHS Area Immunization Coordinators call, November 1, 2018

Portland Area (PA) Indian Health Service (IHS) Institutional Review Board (IRB):

PA IRB Meetings:

Katie Johnson, IHS project planning, October 2, 2018

Portland Area IHS IRB committee, November 14, 2018

During the period of July 1 – September 30, Portland Area IRBNet program has 162 registered participants, received 7 new electronic submissions, processed 14 protocol revision approvals, approved 3 publications/presentations and closed out 2 projects.

Provided IT and IRB regulation assistance to Primary Investigators from:

- 1) Confederated Tribes of the Umatilla Indian Reservation
- 2) Shoshone Bannock Tribe
- 3) NPAIHB
- 4) Confederated Tribes of Warm Springs Indian Reservation
- 5) OHSU
- 6) Swinomish Tribe
- 7) Shoalwater Bay Tribe
- 8) University of Colorado
- 9) Confederated Tribes of the Yakama Nation
- 10) Healing Lodge of the Seven Nations

### **Injury Prevention Project/Public Health Improvement & Training**

**Bridget Canniff, Project Director**

**Luella Azule, Project Coordinator**

**Taylor Ellis, Project Specialist**

#### **Meetings/Calls/Conferences/Presentations**

- 10/3 Preventative Medicine Grand Rounds: NPAIHB (Taylor)
- 10/4 West Coast Epi Conference (Taylor)
- 10/11 PartnerSHIP meeting at OHA (Bridget)
- 10/11 CDC/NCIPC injury prevention quarterly call with TECs (Luella and Taylor)
- 10/17 TIPCAP update presentation at QBM (Taylor)
- 10/25 SHIP mini-grant kick off meeting at OHA (Bridget and Taylor)
- 11/13 WA Firearm Tragedy Prevention Meeting (Taylor)
- 11/30 PHAP Tribal Workgroup call (Taylor)
- 11/30 SHIP mini-grant call with OHA (Taylor, Bridget)
- 12/3 NWCPHP Regional Network Steering Committee call (Bridget)

#### **Trainings/Webinars**

- 10/23 Grand Rounds: Safe Sleep for Infants webinar (Taylor)



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- 11/14 Objective Review Panel for CDC (Taylor)
- 11/2 CSTE Webinar: How to write a successful abstract for a public health conference (Taylor)
- 11/7 RPE Objective Review Training (Taylor)
- 11/14 APHA Dying too Soon: A Look at Women's Health (Taylor)
- 11/28 Addressing the Needs of People with Disabilities in Public Health Emergencies webinar (Taylor)
- 11/29 Responding to Sexual Assault Victims of Color webinar (Taylor)
- 12/4 Improving Outcomes for Pregnant Women and Infants Affected by the Opioid Crisis webinar (Taylor)
- 12/6 Fall Prevention & TBI Among Older Adults webinar (Taylor)
- 12/11 Health Literacy 101 webinar for PHAPs (Taylor)

**Funding**

- 10/26 SHIP mini-grant contract form returned to OHA - \$7,000, project period 10/1/2018-9/30/2019
- 11/30 Submitted TIPCAP annual report (Bridget, Luella, Taylor)

**Technical Assistance**

- Sent key contact information to tribal/state Elder Fall contacts for future collaboration and information exchange (Bridget)
- EHR Survey – Assisted Sarah and Katie with an EHR survey for all health clinic directors by adapting previously written survey questions to optimize participation then creating the survey in Survey Monkey for distribution (Taylor, Bridget)
- Received request for QI program resources and updates – Bridget scheduled to address this and related Public Health Improvement/Accreditation Readiness at January QBM on 1/23

**Other Core Activities**

**Luella**

**Injury Prevention:**

- Finalize and distribute Elder Falls Toolkit module conference call Notes from October call
- **E-News:** NCOA (Vaccines, medications and falling), CDC (Promoting Well-being and Independence in Older Adults, BRFSS, Fall prevention awareness day, NIHB Opioid Legislation Analysis, ACA impact on Tribes and Tribal Health programs, NIHB WA Report 18-37 to 39, OPHI insights, OHSU research newsletter, Wisdom of Elders
- **Forward to CPS techs, Tribal Injury Prevention Contacts, Tribal Injury Prevention Contacts:** Lifesaver Conference Information
- **Other:** Review SAIL (Stay Active and Independent for Life) online video

**Taylor**

**Tribal Injury Prevention Toolkit:**

- Firearm Safety Module:





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- Sent the Firearm Safety module to 12 individuals across all three states to receive feedback, and updated module accordingly
- Traumatic Brain Injury (TBI) Prevention module:
  - Sent module to 3 individuals, including a subject matter expert, and updated module accordingly
  - Added more emphasis on going to a PCP after a head injury across all TBI materials, even if a helmet was worn
  - Added more emphasis on the importance of adults wearing helmets too
  - Followed up with contact at Washington VA to look for programs that provide helmets for free or at a reduced cost
  - After input from WA VA contact, reviewed additional research on TBI and edited materials to reflect suggestions made, including emphasizing the need to seek medical attention after a head injury
  - Attended WA Firearm Tragedy Prevention Meeting to learn about updates on existing firearm safety projects and resources that could be used for the firearm safety module
- Home Safety module:
  - Added more information on CO alarms
  - Added new material on grease fires and kitchen safety information after noticing a gap in the existing materials

**OHA SHIP Mini-Grant:**

- Modified OHA's community survey to better reflect the language used in AI/AN communities and added questions that could be useful to NPAIHB and tribal planning efforts
- Contacted 9 tribal staff members to provide an update on SHIP efforts and determine the main contact for each tribe
- Incorporated feedback from other NPAIHB staff on SHIP focus group question and survey
- Held SHIP information/collaboration calls with contacts from Umatilla and Cow Creek
- Submitted an exemption application for Portland IHS IRB, which included an informational letter for tribal government/council, listening session consent form and protocol, and a demographics questionnaire for listening session participants; IRB exemption approved in early December
- Finalized SHIP survey and launched on December 12 – survey and outreach materials sent to contacts at all Oregon tribes and other AI/AN serving organizations throughout Oregon. Follow-up and outreach to continue through the end of January 2019. Created paper-based version of survey for distribution as needed, and provided summary of initial results to OHA.

**Bridget**

- Advance coordination for next TEC Environmental Health Tracking project call with GLITEC, AASTEC
- Connected students interested in working with NPAIHB/NW Tribes to info re: UW NWCPHP student stipends for field placements and student/faculty projects
- Planning and coordination for for OHA SHIP mini-grant project kickoff, in collaboration with Taylor (see above)
- Initial planning for 2019 Tribal Public Health Emergency Preparedness (TPHEP) Conference, including site visit to potential venue and scheduling of initial kickoff call for January 2019



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## Travel/Site Visits

<b>Tribe:</b> Port Gamble S’Klallam <b>Date:</b> 10/15-18 <b>Purpose:</b> QBM <b>Who:</b> Bridget and Taylor	<b>Tribe:</b> Chehalis <b>Date:</b> 10/23-24/2018 <b>Purpose:</b> Elders’ Caregivers Conference <b>Who:</b> Luella
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## Medical Epidemiologist

**Thomas Weiser, Epidemiologist (IHS)**

### Projects:

- \*Opioid Epidemic
- \*Hepatitis C
- \*Immunization Program-routine immunization monitoring
- \*IRB
- \*Children with Disabilities (CWDA)
- \*EIS Supervision
- \*MCH Assessment
- \* Suicide surveillance and Prevention

### Travel/Training:

- \*West Coast Epidemiology Meeting, October 4-5 (Portland); QBM, October 15-17 (Kingston, WA); ACIP Meeting, October 23-25 (Atlanta, GA); Pals Renewal, 10/26/18 OHSU;
- \*Clinic Director’s meeting November 8<sup>th</sup> (Portland); Portland Area Budget Formulation Meeting, November 15<sup>th</sup> (Portland); Clinic Duty, November 23<sup>rd</sup> (Chemawa); IHS Opioid Strategic Planning Meeting, November 26-28, 2018 (Rockville, MD)

### Opportunities:

- \*IRB met in November. During the 3 month period we reviewed 7 new protocols, approved 14 protocol revision submissions, 3 publications/presentations and 4 annual renewals. Two projects were also closed out.
- \*Immunization Coordinator call was held on November 20<sup>th</sup>. There were 6 Immunization Coordinators on the call. Discussion centered on Acute Flaccid Myelitis outbreak, ACIP updates and flu updates.
- \*EIS Surveillance Project: Preliminary analysis of death certificate data focusing on suicide and other causes of death in the State of Washington completed and abstract submitted to CDC for clearance for EIS and CSTE conferences. Surveillance evaluation was also written up for discussion at EIS Fall Course.
- \*Children With Disabilities project: No new progress on this project.
- \*Opioid Epidemic: Attended the IHS opioid strategic planning meeting in Rockville.
- \*MCH Assessment: Facilitated data request for OR PRAMS data.
- \*Hepatitis C: Sarah Hatcher’s paper on HCV mortality was accepted for publication in Public Health Reports, pending revisions.



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\*Suicide Surveillance and Prevention: EISO (Alex) and I met with stakeholders regarding the evaluation of suicide reporting and referrals and gathered information for recommendations.

## Publications:

\*HCV Mortality paper accepted, MMWR on opioid-related deaths (Sujata Joshi first author) accepted.

\*HCV Manuscript (Sarah Hatcher, first author) revisions were addressed and the manuscript is now in final cross-clearance at CDC.

## Milestones:

\*IHS/NPAIHB DSA to obtain records for NTR from IHS NDW passed review by IHS.

## Native CARS & PTOTS

Tam Lutz, Co-Investigator/Project Director (Native CARS), Co-PI (TOTS to Tweens)  
Nicole Smith, Biostatistician (Native CARS and TOTS to Tweens)  
Candice Jimenez, Research Coordinator (Native CARS and TOTS to Tweens)  
Jodi Lapidus, PI (Native CARS), Co-Investigator (TOTS to Tweens)  
Thomas Becker, Co-PI (TOTS to Tweens)  
Nichole Hildebrandt, Temp Site Coordinator (TOTS to Tweens)  
Kai Lei, Temp Data Analyst (TOTS to Tweens)

## **Native CARS Study**

### **Background**

In 2003, with funding from the Indian Health Service's Native American Research Centers for Health (NARCH, grant 1U269400013-01), six Northwest tribes conducted a child safety seat survey. We found that child safety seat use ranged from 25% to 55% by tribe. Forty percent of children were completely unrestrained in the vehicle, which was much higher than the 12% of unrestrained children in the general population in these same states. We concluded that culturally-appropriate efforts were needed to address child restraint use in the Northwest tribes. At the tribes' request, the EpiCenter pursued funding for child safety seat interventions.



The Native CARS study was initially funded in 2008 by the National Institute on Minority Health and Health Disparities (NIMHHD), and is a partnership with the NPAIHB, University of Washington, and the six Northwest tribes. This partnership aims to design and evaluate interventions to improve child safety seat use in tribal communities.

Between 2009-2013, during the intervention phase of this NIH-funded study, all six participating tribes received funding to implement community-based interventions.

All six tribes implemented intervention activities, but in a staggered design. Three tribes designed and implemented interventions from 2009-2011 and three tribes did so from 2011-2013. This gave us an evaluation time point in 2011 to compare child safety seat use in intervention tribes to tribes that had not yet implemented interventions. We evaluated child safety seat use again in 2013 to see if the



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interventions had a lasting impact in the first group and to see if child safety seat use increased in the second group of tribes.

Tribes planned their intervention efforts according to the data they collected from their community from surveys, interviews, and focus groups. Intervention activities included media campaigns, health education, car seat programs, getting child passenger safety technicians trained, community outreach, and even changing tribal policies or passing a tribal child passenger safety law.

By 2011, the percentage of kids riding in an age- and size-appropriate restraint increased by 50% in tribes that had implemented interventions, compared to an 11% increase in those that had not yet conducted child safety seat activities. In 2013, the increases we saw in the first group of intervention tribes were mostly sustained, and the percentage of completely unrestrained children continued to decrease. Round 2 tribes also saw an increase in proper child restraint after their intervention activities.

The goal of the Native Children Always Ride Safe (Native CARS) project is to prevent early childhood vehicle collision morbidity and mortality in American Indian Alaskan Native children through the use of community base participatory model that incorporated tribal differences in cultural beliefs, family and community structure, geographic location, law enforcement and economic factors.

### **Objective/Aims of Dissemination Phase**

Because of the demonstrated success of the Native CARS Study, in 2014 the study was awarded additional funds for a dissemination phase of the study, where the protocols, tools and intervention materials were translated for use by other tribes both locally and nationally. These evidence-based tribal interventions were adapted and disseminated via plans guided by a dissemination framework that leveraged and expanded upon tribal capacity built during the previous Native CARS intervention phase, by engaging the tribal participants as experts throughout this dissemination phase. Demonstrating the translation potential of Native CARS interventions into other tribal communities is an essential step toward reducing the disparity in motor vehicle injuries and fatalities experienced by American Indian and Alaska Native children in the United States.

### **During the current *dissemination* phase, we specifically:**

- Developed the Native CARS Atlas (<http://www.nativecars.org>), a toolkit to assist tribes in implementing and evaluating evidence-based interventions to improve child passenger restraint use on or near tribal lands.
- Facilitated the use of the Native CARS Atlas (link to <http://www.nativecars.org>) in the six tribes that participated in the original initiative, to help sustain improvements in child passenger restraint use achieved during the intervention phase and provide lessons on use of the toolkit for other tribes.
- Used the Native CARS Atlas (link to <http://www.nativecars.org>) to assist 5 new tribes in the Northwest and 1 in Montana with demonstrated readiness to implement interventions to improve child passenger restraint use in their communities



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## Project News & Activities

### Granting Writing and Funding Activity

Last quarter we submitted a funding proposal to Centers for Disease Control and Prevention to disseminate Native CARS more widely to a national audience with a proposal that would fund two Child Passenger Safety Specialists in data collection and analysis and intervention development expertise to support Tribes, provide national level trainings and provide site specific intervention funding. This quarter we heard back that that funding was not awarded.

However last quarter we did receive a funding award from National Institute on Minority Health and Health Disparities to further pursue improving the use of Motor Vehicle Data. Native CARS will work in partnership with Oregon Health Sciences University (OHSU) and Northwest Washington Indian Health Board. This newly awarded focus will be continuing the partnership of Co-PI's Jodi Lapidus and Tam Lutz, as well as current Biostatistician Nicole Smith and Project Coordinator, Candice Jimenez all of which have been part of Native CARS. In addition, the Native CARS will bring on an OHSU Co-Investigator with expertise in informatics and NWWIHB Co-Investigator in Injury Prevention and a new Motor Vehicle Data Biostatistician, Meena Patil who will begin working for the NPAIHB in March 2019. Early preparation and planning have begun on this grant award.

### Disseminating

Back at the office Native CARS staff has keep the Native CARS Atlas updated and respond to individual tribal site and local tribal organization requests. Much of our time has been spent drafting three new papers (main outcome, CBPR and Qualitative findings) to disseminate to peer reviewed journal. Native CARS have continued investigate and prepare for future regional and national venues, such as an upcoming poster and oral presentation in early April at the National Lifesavers Conference, to get the word out that the Native CARS Atlas is up and running at [www.nativecars.org](http://www.nativecars.org).

### Feature Story

This quarter a short feature article in the UW School of Public Health magazine that shared information about Native CARS and the NW Tribal EpiCenter was published . This feature story can be found be found in the Fall 2018 publication at the following link:

[http://www.northwestpublichealth.org/sites/www.northwestpublichealth.org/files/pdf/2018/NPH\\_Mag\\_20181010\\_web.pdf](http://www.northwestpublichealth.org/sites/www.northwestpublichealth.org/files/pdf/2018/NPH_Mag_20181010_web.pdf)

Specific activities of the Portland Native CARS team are as follow:

### Native CARS Activities

#### Meetings - Conference Calls – Presentations – Trainings

- Staff Meetings – each Monday
- Meeting with one Tribal Sites
- Meeting with section co-presenters from other areas for MCH Epi Conference
- NIH Seminar, October 16-20, San Francisco, CA
- MV Biostatistician Interview UW School of Public Health Feature Story meeting
- One community car seat clinic with Tom Sargent Safety Center



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### Program Support or Technical Assistance

- Updated job descriptions to reflect new grant activities
- Drafted sub award contract for subawardee
- Drafted letter to sub award and other partners
- Quarterly Report
- Subscribed to Tableau software and online training
- Registered for Lifesavers Conference
- Communication with Warm Springs Early Childhood/MCH Program for Native CARS mini grant funding (remaining budget) and grant tools to fund child safety seats
- Motor Vehicle data grant meeting scheduling
- Motor Vehicle data grant letter to advisory members
- Native CARS Project update preparation
- Motor Vehicle Project Timeline Preparation
- Lifesavers Highway Safety Conference Prep
- Email Communication with funder (Tam)

### TOT2Tweens Study

A staggering proportion, 3 of 4 American Indian/Alaska Native (AI/AN) children between the ages of 2-5, have experienced tooth decay, over two-thirds have untreated decay, and over half have severe tooth decay. While this may politely be referred to as a "health disparity," it could more aptly be termed a "health disaster." Many AI/AN children experience tooth decay before the age of two. Tooth decay in that age group leads to further tooth decay and other oral health problems later in childhood.

*The TOTS to Tweens Study* is a follow up study to *The TOTS Study (Toddler Obesity and Tooth Decay Study)* an early childhood obesity and tooth decay prevention program. The goal of this study is to survey and conduct dental screenings with the original group of toddlers to test whether interventions delivered in the TOTS will influence the prevalence tooth decay in older children. Through qualitative approaches, the study will also assess current community, environmental and familial factors that can influence oral health in children to understand any maintenance of preventive behaviors over the last ten years within the entire family.

The TOTS2Tween Study is administered through the NW NARCH program at the NPAIHB. The *TOTS2TWEENS* Study is led by Co-Principal Investigators, Thomas Becker, MD, PhD and Tam Lutz, MPH, MHA.

### Project News & Activities

This quarter the TOTS2Tweens Study staff (Lutz, Jimenez, Hildebrandt) completed the qualitative phase of the study. TOTS2Tweens staff completed final preparations for the collection of remaining qualitative interviews at Lummi and Makah partner sites. Early preparation of the qualitative transcripts has begun to prepare for qualitative analysis. TOTS2Tweens Study team also temporary data analyst Kai Lei continued to help with data management, cleaning and assisted Biostatistician Nicole Smith in



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conducting analysis of quantitative data collected to preparation for manuscript preparation and individual Tribal reports.

For more information about the TOTS to Tweens Study, contact Tam Lutz at [tlutz@npaihb.org](mailto:tlutz@npaihb.org)

**Meetings - Conference Calls – Presentations – Trainings**

- Project Meetings – Every Wednesday
- Site specific meetings – as needed
- Quinault and Makah Elicitation phone Interviews

**Program Support or Technical Assistance**

- Email and Phone communications scheduling Makah, Quinault, Lummi and final Shoshone-Bannock elicitation interviews
- T2T Poisson Modeling
- Planning and tracking sheet updates for remaining interviews
- Communication and submission of recordings for transcription service of tribal community elicitation interviews for Quinault and Makah
- Transcription preparation of Nez Perce elicitation interviews due to recording quality from written recorder notes
- KAB Data entry and cleaning
- Communication with Makah and Lummi dental departments on T2T project
- Parent contact research for remaining Makah elicitation interviews
- Final coordination with Makah tribal coordinators for elicitation interviews contact information for parents who did not show for in-person elicitation interviews
- Gift card incentive planning and inventory assessment
- Met with T2T investigators to discuss preliminary analyses and next steps
- Gathered possible data storytelling tool to share with T2T group for analyses
- Bought and sent T2T incentive gift cards for Quinault and Makah elicitation interview participants
- T2T KAB migration for analyses
- Prepared and mailed incentive gift cards for Quinault and Makah elicitation interview participants
- Adjusted figures in dental tables for age and tooth count
- Transcription review for typographical/voice errors
- Child Assent/Parent Consent review of T2T documents for Asthma project
- Progress Report Summary for grant continuation
- Cleaning of Merged Data File
- Wrote Analysis Plan for Access to Care Outcome per conversation with Maxine
- Recodes for Access to Care Plan; sealants as percent of sound teeth
- Outlined Tribe-specific Reports

**No. of Requests Responded to for Technical Assistance, including the following: Data Requests to Tribal and Urban Organizations, Communities or AI/AN Individuals**

How many requested: 4  
How Many NW Tribe Specific: 4  
Email Assisting with: CDA CARS Mini Grant, Warm Springs





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Phone assisting with:  
How Many Responded To: 4

**No. of Tribal Epidemiology Center-Sponsored Trainings and Technical Assistance Events Provided to Build Tribal Public Health Capacity**

Number of project trainings: 0  
Training Titles: N/A  
Number of individuals in attendance: 0

**SITE VISITS**

- None

**Project Contact Information**

Jodi Lapidus, Principal Investigator  
[lapidusj@ohsu.edu](mailto:lapidusj@ohsu.edu)

Tam Lutz, Project Director, Co-Investigator, Co-PI  
503-416-3271, [tlutz@npaihb.org](mailto:tlutz@npaihb.org)

Nicole Smith, Biostatistician  
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Candice Jimenez, Research Coordinator  
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Nichole Hildebrandt, TOTS to Tweens Site Coordinator  
503-753-5245, [nhildebrandt@npaihb.org](mailto:nhildebrandt@npaihb.org)

Tom Becker, Co-PI  
[tbecker@npaihb.org](mailto:tbecker@npaihb.org)

Kai Lei, TOTS to Tweens Temp Data Analyst  
[klei@npaihb.org](mailto:klei@npaihb.org)

**Northwest Native American Research Center for Health (NARCH)**

Tom Becker, PI  
Victoria Warren-Mears, Director  
Celeste Davis, Project Director  
Tom Weiser, Medical Epidemiologist  
Ashley Thomas, Project Coordinator  
Grazia Cunningham, Project Coordinator  
Mattie Tomeo-Palmanteer



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**Jacqueline Left Hand Bull**

The Northwest Native American Research Center for Health (NARCH) is a long-standing federal program that the Board has supported for almost 15 years. It has been the largest, and possibly the most successful, of all those NARCH programs funded nationwide. The active components are described below.

**Asthma Project**

Principal investigator, Tom Becker

Project Director, Celeste Davis

Project Coordinator, Mattie Tomeo-Palmanteer

The Asthma project is researching how health providers such as nurses, pharmacists, and environmental health specialists can work with AI/AN parents to better control asthma for AI/AN children.

The Portland Area Institutional Review Board approval was obtained 12/17/2018 and timeline planning is currently being drafted. Supplies for environmental home visits are now in the process of being ordered after receiving recommendations from the Indian Health Service, Environmental Protection Agency and Housing and Urban Development. At this time the project is looking to explore the possibility of project expansion. We are seeking additional volunteer NW tribes and/or Urban Indian Centers. Please see Mattie or email Mattie if you are interested at [asthma@npaihb.org](mailto:asthma@npaihb.org) in obtaining more information.

**Cancer Prevention and Control Research in AI/ANs**

**Tom Becker, PI**

**Victoria Warren-Mears, Director**

**Tom Weiser, Medical Epidemiologist**

**Ashley Thomas, Project Coordinator**

**Jacqueline Left Hand Bull**

The Tribal Researchers Cancer Control Fellowship Program has completed all three weeks of in person training for the first cohort of ten fellows. Distance learning curriculum development and follow-up evaluations are underway. We have begun recruitment for the second cohort by advertising this opportunity on our newly developed webpage, through various national Tribal health organizations and programs, and through our networks. The 2019 application is available now at [www.npaihb.org](http://www.npaihb.org).

**Dissertation Support Program for Tribal Graduate Students**

**Tom Becker, PI**

**Victoria Warren-Mears, Director**

**Tom Weiser, Medical Epidemiologist**

**Grazia Cunningham, Coordinator**

**Jacqueline Left Hand Bull**



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We are excited to share that we are supporting four AI graduate students as they conduct scientific research necessary to complete their degrees. We will continue to advertise this opportunity and look forward to supporting four more students in 2019.

## **Fellowship Support Program for Tribal Graduate Students**

**Tom Becker, PI**  
**Victoria Warren-Mears, Director**  
**Tom Weiser, Medical Epidemiologist**  
**Grazia Cunningham, Coordinator**  
**Jacqueline Left Hand Bull**

We continue to support three Fellows with monthly stipends associated with their dissertation coursework and five Board Scholars with expenses associated with their graduate coursework. Each Fellow is making great progress toward the completion of their degrees in the next two years.

Ms. Cunningham is currently conducting a survey of all NARCH trainees to follow-up on their career progress to date. She and Dr. Becker will write a manuscript for submission by early Spring 2019.

## **Summer Research Training Institute and Travel Scholarships**

**Tom Becker, PI**  
**Victoria Warren-Mears, Director**  
**Tom Weiser, Medical Epidemiologist**  
**Grazia Cunningham, Coordinator**  
**Jacqueline Left Hand Bull**

We offered travel support to seventy-five 2018 Summer Research Institute (SI) attendees. To date, only a handful of individuals have reached out to receive support. We have awarded scholarships to nine (all who applied) SI attendees. We continue to advertise this opportunity with students and expect more applications in the coming months.

Dr. Becker and Ms. Cunningham have conducted a six-month follow up with 2018 SI trainees and will summarize results in a manuscript to be submitted by early Spring 2019.

## **Northwest Tribal Comprehensive Cancer Control Project**

**Kerri Lopez, Director**  
**Antoinette Aguirre, Cancer Prevention Coordinator**

### **Training**

- NARA Tobacco 101 Presentation
  - Topics covered: traditional and commercial tobacco, secondhand smoke, third hand smoke, smokeless tobacco, e-cigarettes, AI/AN specific rates, dangers, marketing and targeting AI/AN
- Food Sovereignty Assessment Training



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**Technical Assistance**

- Share resources and training opportunities with Oregon Tribal TPEP coordinators; *all month*
- [HPV Roundtable] Communications Committee
- Burns Paiute: Follow-up from Tribal TPEP call with smoke-free tribal housing policy samples and templates along with list of Oregon Tribal TPEP coordinators contact information of tribes who have passed tribal housing policies or in the process
- Cowlitz:- information on clinic flow prepare for site visit; drafting the position description, educational materials, smoke-free signs, and tobacco dependence medication/NRT (Nicotine Replacement Therapy).
- HPV follow up for NARA – January; HPV information to immunization coordinator
- Klamath: Assist in cancer resources and information about assistance and income support.
- Port Gamble - Assist funding for tobacco education, educational materials, smoke-free signs, and tobacco dependence medication/NRT (Nicotine Replacement Therapy)
- Siletz: smoking cessation information and discussion, cessation information for H2O monitor
- Tribal TPEP/NTCCP Bi-Monthly Call

**Special projects**

- Lung cancer round table meeting
  - Alaska, AIHC, IHS, NPAIHB, Navajo represented
  - OHSU, Hospice, Telemedicine
- Oregon Prevention Coordinators Meeting
  - Discussion of new project and contract with tribes
  - Will set a preliminary meeting with Caroline, Shane, John
  - Presentation on Policy Guide
- NTCCP January ECHO Webinar NRT Tobacco/Chronic disease
  - Development of survey monkey registration link
  - Assist in the development of the Save the Date flyer
  - Recruitment to all Tribal Cancer Coalition members, Clinical Directors, Tribal TPEP coordinators, and participants at NTCCP last tobacco cessation training (Chehalis)
  - Coordination and assistance with continuing education communication with staff, presenter, content reviewer, and Cardea
  - Monitor registration
  - Send email confirmation to all registered participants
  - Final presentation input – Katie
  - Schedule pilot test run
- On-going follow-up with Oregon and Washington tribes on 2015 EpiCenter and PSE survey for tobacco cessation and policy for the policy resource library
- On-going updates to Youth Tobacco 101 PowerPoint presentation
- ECHO Webinar discussion



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- Assessment
  - Reach out locally
  - Logistics for moving forward
- Hire for NTCCP coordinator
  - Offer made and accepted, starting in January
- Optum meeting with Northwest Portland Area Indian Health Board
  - Development of plan for AI/AN quit line in Oregon
- ORCHWA
  - Discussion of survey for tobacco cessation
  - How to get stream of funding to tribes
- Updated Tobacco 101 PowerPoint for NARA presentation
- Assist in updating Tobacco Jeopardy Game and PowerPoint presentation for Port Gamble youth training
- Interview panel for the Cancer Project position
- On-going development of new factsheet *The Real Cost of Commercial Tobacco*
  - Average price of tobacco for NW area (ID, OR, WA)
  - Health care cost for NW area
  - Big tobacco expenditures for marketing in the NW area
  - Annual average amount adult smoker saved by quitting in the NW area
- Prep for Place Matters Conference Panel questions
  - Panel presentation on NW tribal policy work
  - Received award for NPAIHB organization
- OHA Contract Meeting
  - SOW, Budget
- Optum/OHA/NPAIHB Meeting about AI/AN Quit Coach Pilot
  - AI/AN Quit Coach Pilot Meeting
- Tribal BRFSS Overview Meeting
- CRC Taskforce Meeting: Underserved Populations
- All Staff: Preventing Harassment and Discrimination Training

**Meetings/Conferences**

- All Staff Xmas Party
- NPAIHB Staffing (2)
- Project directors (2)
- Tribal Policy Guide Meeting (NTCCP, WEAVE, and NICWA)
- CRC Taskforce Meeting: Underserved Populations (2)
- Oregon Cancer Leadership Meeting
- NW Tribal Breastfeeding Coalition meeting
- Cardea Continuing Education call



# Northwest Tribal Epidemiology Center (The EpiCenter)

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- Tribal TPEP/NTCCP bi-monthly call
- Cardea Continuing Education call
- NARA Planning Meeting

### **Conference / Webinar calls**

- HPV Roundtable Communications Committee
- 2morrow App Health Meeting
- BRFSS Review : WS & NPAIHB
- CCCTAT Steering Committee Quarterly Call
- CDC/CCC TA Call
- CDMIS APR Training
- DCPC Tribal Bi-Monthly Calls
- E-cigarettes: Unintended consequences or strategic marketing
- George Washington NW Tribal Comp Cancer Coalition Interview
  - HPCDP Webinar: Public Use of Cannabis
- Knight Scholars Advisory Committee kickoff call
- Liver cancer screening call Idaho and Cherokee nation pilots
- NCCCP Awardee Panel
- NIHB Cancer Screening Pilot Presentations
- NNN Webinar: The Sacred Circle of Tobacco Youth Curriculum
- NWIHB CCC TA Call
- OHA August Cancer Leadership Team Meeting
- OR Prevention Coordinators Meeting
- Place Matters Session Planning Call
- Quills to Cessation
  - The Impact of Sexual Violence on Men and Boys
- Tribal TPEP/NTCCP Bi-Monthly Call
- Truth initiative e cigarettes
- USPHS Dentist Webinar: Tobacco Use and E-cigarettes
- WA HPV Task Force-

### **Northwest Tribal Dental Support Center**

**Tickey Mason, Project Director**

**Bonnie Bruerd, Prevention Consultant**

**Bruce Johnson, Clinical Consultant**

**Kathy Phipps, Epidemiology Consultant**

**Joe Finkbonner, NPAIHB Executive Director**



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The Northwest Tribal Dental Support Center (NTDSC) is in their 19th year of funding. The overall goals of NTDSC are to provide training, quality improvement, and technical assistance to the IHS/Tribal Dental programs, and to ensure that the services of the NTDSC result in measurable improvement in the oral health status of the AI/AN people served in the Portland Area. NTDSC activities are listed in categories corresponding to the current grant objectives.

**Ensure quality and efficient care is provided in Portland Area dental programs through standardization of care and implementation of public health principles to improve dental access and oral health outcomes.**

- NTDSC staff and consultants, in coordination with the Indian Health Service Area Dental Consultant (ADC), have provided 6 site visits this past quarter. NTDSC consultants visited Umatilla (Yellowhawk clinic), Chehalis, and Squaxin Island and NTDSC staff visited the Port Gamble S'Klallam tribe. Dr. Sixkiller (ADC) visited Fort Hall and Chemawa to provide a dental assistant course.

**Expand and support clinical and community-based oral health promotion/ disease prevention initiatives in high-risk groups to improve oral health.**

- The work with ARCORA (The Foundation of Delta Dental of Washington) on our Baby Teeth Matter Initiative (BTM) is continuing with 7 dental programs. The first in-person meeting was October 17, 2019 and noon webinar on December 19, 2018. NTDSC is currently developing a program manual for new programs.
- The Elder Initiative is continuing with 12 dental programs and the in-person meeting was October 24, 2019. Participants included dental staff and Elder Coordinators from various tribes.

**Implement an Area-wide surveillance system to track oral health status.**

**Data from the surveillance system will be used to identify vulnerable populations and plan/evaluate clinical and community-based prevention programs.**

- Dental programs are currently surveying 0-5 year olds in medical and community settings. We encouraged all IHS and tribal dental programs to participate in this survey although many have opted not to participate.

**Provide continuing dental education to all Portland Area dental staff at a level that approaches state requirements.**

CDE: NTDSC tracks the number of participants and CDE credits provided through the Update on Prevention Course provided during site visits, BTM and Elders Initiatives, NTDSC yearly orientation and full meeting, and the addition of the clinical MID course.

NTDSC consultants participate in email correspondence, national conference calls, and respond to all requests for input on local, Portland Area, and national issues.





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NTDSC staff is assisting with the national Indian Health Service Dental Updates meeting on agenda topics and presenters. NTDSC staff notifies our regional area about this meeting, which also provides CDE to our dental programs.

The Portland Area exceeded the dental GPRA objectives for FY 2018. Congratulations to the dental programs for their hard work and commitment to dental access and prevention!

### Northwest Tribal Registry Project-Improving Data and Enhancing Access (IDEA)

Victoria Warren-Mears, Principal Investigator

Sujata Joshi, Project Director

Chiao-Wen Lan, Epidemiologist

Heidi Lovejoy, Substance Use Epidemiologist

Joshua Smith, Health Communications Specialist

Karuna Tirumala, Project Biostatistician

Natalie Roese, Project Intern

Email: [IdeaNW@npaihb.org](mailto:IdeaNW@npaihb.org)

#### Staff Updates

- Karuna Tirumala started her position as IDEA-NW Biostatistician on 10/1.
- Heidi Lovejoy joined the team as a Substance Use Epidemiologist on 11/13.

#### Current status of data linkage, analysis, and partnership activities

##### *Northwest Tribal Registry (NTR) data linkages*

- Completed linkage with Oregon State Cancer Registry (OSCaR) 1996-2017 records
- Completed linkage with Washington CHARS (hospital discharge) 2016 records
- Completed linkage with Washington State Cancer Registry (WSCR) 1992-2017 records

##### *Dataset Preparation*

- Birth Certificates
  - Completed cleaning and preparing Oregon birth certificate records (2008-2017) for analysis; prepared Data Dictionary
- Hospital Discharge
  - Began cleaning and preparation of Washington CHARS 2015 and 2016 records
- Death Certificates
  - Began cleaning of Oregon 2014-2017 death certificates/matched infant death records
- Washington Communicable Diseases
  - STD Data
    - Communicated with WA STD staff to clarify dataset information



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- Completed data cleaning, prepared SAS analytic dataset, and updated dataset tip sheet
- General Communicable Disease Data
  - Worked on checking and recoding Washington General Communicable Diseases 2007-2016 data and preparing data dictionary

#### *Data Analysis and Report Preparation Projects*

- Tribal Health Profiles project
  - Washington Diabetes Profile
    - Continued preparing report in In-Design
  - Washington Cardiovascular Disease Profile
    - Worked on finalizing report in In-Design
  - Washington Substance Abuse Profile
    - Continued analysis of CHARS 2011–2014 for acute drug overdose and acute opioids overdose
  - Maternal & Child Health Data Profiles - Oregon
    - Analyzed 2008-2012 and 2013-2017 birth certificate data with AI/AN and NHW comparisons and 5 year cohort comparisons.
    - Created tables and figures describing (1) maternal characteristics, (2) maternal risk factors and (3) birth outcomes.
    - Began work on first draft of data profile
- Tobacco and Cardiovascular disease deaths
  - Conducted preliminary literature review on death records analysis, and cardiovascular death and its intersection with tobacco use to prepare for death certificate analysis
- Tableau
  - Completed first draft of IDEA-NW Tableau dashboard
  - Completed Karuna's training in Tableau Desktop
- Colville Tribes' Community Household Health Assessment analysis
  - Completed health needs survey dataset cleaning and preparation for analysis, along with in-code and independent documentation of reasoning behind
  - Prepared analysis report with results, summarizing findings of analysis and outlining analysis challenges/limitations, further potential analysis, and measures that can be taken to improve data collection protocol in the future
  - Considered health system recommendations based on analysis to include in report and meeting with the tribe
  - Created data dictionary for cleaned health needs survey dataset
  - Scheduled meeting with Colville staff to review report and future steps for project
  - Shared preliminary analysis, figures, recommendations, report, and materials with Tribe
    - Responded to request for acquiring SAS licenses from IHS
    - Discussed developing a long-term relationship to help address turnover at Colville
    - Received request for documents outlining the data cleaning process
  - Continued work to adapt data dictionary to reflect conversation with CCT
  - Began transforming report into an adaptable template for subsequent analyses with other tribes
- TEC-PHI Supplement Journal Article on Identifying AI/AN in public health datasets



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- Completed analysis and manuscript comparing different definitions of AI/AN in Washington death records
- Prepared and submitted an abstract for the 2019 CSTE conference on identifying AI/AN in public health datasets
- Substance Use Analyses
  - Revised and resubmitted manuscript on drug and opioid overdose deaths among AI/AN in Washington to Morbidity and Mortality Weekly Review
  - Submitted abstract to 2019 International Meeting on Indigenous Child Health, titled “Maternal substance use disorders and infant withdrawal syndromes in hospital deliveries among American Indians and Alaska Natives in Washington”
  - Prepared CSTE 2019 conference abstract, titled “Racial disparities in substance use disorders and self-inflicted injury among youth in Washington, 2011 – 2014”
  - Submitted abstract to 2019 Oregon Conference on Opioids, Pain, and Addiction Treatment, titled “Disparities of opioid use disorder hospitalizations among American Indian and Alaska Natives in Oregon, 2010 – 2014”.
  - Prepared NPAIHB January 2019 newsletter, titled “Substance use disorders and self-harm among Native youth”
  - Prepared analysis for CHARS 2011-2016 manuscript on substance use comorbidities

## *Suicide Surveillance Project*

- Suicide data profiles
  - Began preparing SAS code for analysis of death certificates
- Suicide Monitoring Planning Projects
  - Presented information on Funding Opportunity Announcement at October QBM
  - Provided technical assistance on application to Chehalis Tribe via phone call
  - Reviewed three applications for tribal suicide monitoring planning projects and compiled list of proposed modifications to workplan, activities, and budgets
  - Sent emails to Tribes with notice of intent to fund pending revisions to workplan/budgets
  - Submitted contractor approval requests to CDC for three applicant Tribes
  - Began work on developing contracts for each Tribe

## *Maternal & Child Health (MCH) Workgroup*

- Shared list of research ideas to brainstorm collaborations and future analysis
- Discussed the use of PRAMS/PRAMS2 as a potential source of MCH indicators
- Discussed maternal mortality analysis using death certificate data set
- Assisted with preparing proposal to request Oregon PRAMS/PRAMS2 data
- Began WA PRAMS analysis on maternal social support and utilization of healthcare services

## *NWTEC Public Health Infrastructure (TEC-PHI) Grant Activities*

- BioStat Core Meetings
  - Continued bi-weekly meetings
- Health Communications/Evaluation Specialist
  - Completed the updated Health Data Literacy Mapping module



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- Gave the mapping session at the Umatilla Health Data Literacy Training
- Provided feedback on Cayuse eMAR meeting
- Began compiling evaluation data for Year 1 national TEC-PHI evaluation reporting
- Developed content for infographics session for TEC-PHI evaluation workshop
- Worked on developing infographic describing EpiCenter Opioid work
- Completed the year 1 TEC-PHI evaluation reporting
- Conducted infographic session at TEC-PHI evaluation workshop
- Developed infographic describing EpiCenter Opioid work
- Health Data Literacy Trainings
  - Finalized logistics and content for HDL training at Yellowhawk Tribal Health Center
  - Outlined proposed changes to mapping/ GIS HDL module
  - Began planning and logistics for February HDL course at Yakama Nation
- TEC-PHI Workgroups and Meetings
  - Continued attending TEC-PHI community of practice meetings and webinars
- Other
  - Held interviews for Substance Use Epidemiologist position
  - Prepared slides for NPAIHB project presentations
  - Onboarding for Karuna
    - Met with Board admin staff and project directors for onboarding
    - Completed HIPAA and CITI recertification trainings
    - Read TEC-PHI grant and other project-related documentation for familiarization with project
    - Secured access to NIH Library, Washington CHAT, and Oregon PHAT
  - CDC 1803 Linkage grant
    - Began planning for AI/AN Mortality Data Analysis course

### *Data requests/Technical assistance*

- Provided links to data resources on youth tobacco/tobacco products use for AI/AN in Oregon to Corey Strong (Siletz Tribe)
- Provided infographic advice and Tableau limitations/ uses to Nicole Smith for Native CARs
- Created a fact sheet for Kerri Lopez
- Provided information on partnership and TEC's use of ESSENCE data on call with Great Plains TEC re: TEC access to syndromic surveillance data
- Provided data on diabetes and heart disease rates for AI/AN and non-Hispanic Whites in Skagit County to Jamie Donatuto and Kyra Herzberger (Swinomish Tribe)
- Reviewed and provided comments on Alex Wu's EIS abstract submission
- Sent Alex Wu information and SAS code on coding drug and opioid overdose deaths
- Provided data summary for Colville Tribe Health Needs Assessment
- Helped the Domestic and Sexual Violence Prevention Project (Paige Smith) update links and text on the NPAIHB website
- Provided examples of data sharing agreements to Taylor Ellis to provide to Yellowhawk Clinic

### *Presentations & Results Dissemination*

- CDC Preventive Medicine Grand Rounds - presentation on misclassification and IDEA-NW project, Webinar, 10/3



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- 2018 Oregon Public Health Association Conference, “Five year prevalence and trends of alcohol use disorder hospitalizations in American Indians/Alaska Natives: Oregon, 2010 – 2014”, 10/9
- 2018 Oregon Public Health Association Conference, “Suicide deaths among American Indians & Alaska Natives: Oregon, 2009-2013”, 10/9
- Manuscript “Drug, Opioid-Involved, and Heroin-Involved Overdose Deaths Among American Indians and Alaska Natives — Washington, 1999–2015” published in Morbidity and Mortality Weekly Review, December 20<sup>th</sup> issue

*Trainings Provided to Tribes/Tribal Programs*

- Provided training to 19 participants during a Health Data Literacy Training at Yellowhawk Tribal Health Center, 10/10-10/11

*Institutional Review Board (IRB) applications and approvals/Protocol development*

- Submitted data request and received approval for access to AI/AN records in Oregon’s Violent Death Reporting System
- Received executed contract for linkage between Washington Medicaid and NTR
- Submitted and received approval for continuation application request to Washington State IRB for Trauma Registry linkages
- Submitted and received approval for continuation application and study amendment request to Washington State IRB for linkages with Washington birth certificates
- Reviewed draft Data Sharing Agreement for requesting identified EpiDataMart data for creation of Northwest Tribal Registry
- Worked on updating trainings/confidentiality pledges for Oregon ORPHEUS data sharing agreement

*Grant Administration and Reporting*

- Revised and submitted workplan and budget for core TEC-PHI Year 2 grant
- Revised and submitted budget for TEC-PHI Opioid Supplement
- Submitted no cost extension for unspent Year 1 TEC-PHI funds
- Compiled and prepared TEC-PHI Year 1 evaluation report for TEC-PHI evaluation workshop
- Revised CDC 1803 Linkage budget

**Travel**

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*Site Visits*

- Health Data Literacy Training at Confederated Tribes of the Umatilla Indian Reservation  
10/9-10/11

*Linkages*

- Oregon State Cancer Registry, Portland, OR 10/4



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- Washington State Cancer Registry, Olympia, WA 11/4

*Other*

- 2018 Oregon Public Health Association Annual Meeting, Corvallis, OR 10/8-9
- TEC-PHI Evaluation Workshop, Albuquerque, NM 12/3 – 12/4
- Tableau Accelerated Desktop Training, Seattle, WA 12/19-12/21

**Data reports, fact sheets, and presentations are posted to our project website as they are completed:**

<http://www.npaihb.org/idea-nw/>

**Please feel free to contact us any time with specific data requests.**

**Email: [sjoshi@npaihb.org](mailto:sjoshi@npaihb.org) or [IdeaNW@npaihb.org](mailto:IdeaNW@npaihb.org)**

**Phone: (503) 416-3261**

**TEC-PHI Opioid Supplement**

*Coordination and Partnership Activities*

- Connected with WA DOH opioid epi, tribal epi, and Injury Violence & Prevention program manager
- Completed AMIA Health Informatics Practice Analysis Validation Survey
- Held EpiCenter Opioid Workgroup meeting to discuss concurrent opioid projects, coordination between grants, and communication with tribes
- Created draft matrix of grant funding, activities, staffing
- Attended Northwest Tribes Appreciative Inquiry & Strategic Planning Workshop to meet key tribal partners in opioid work and gain familiarity with opioid-related data needs
- Attended Indian Country ECHO Substance Use Disorders Clinical Training Workshop to gain familiarity with clinical methods and current opioid and substance use projects and needs
- Discussed TA ideas; plan to request access to clinical data systems and develop how-to guides for clinics to pull opioid data as needed

*Data Analysis, Visualization, and Report Preparation*

- Started WA death certificates analysis (1999-2016) to examine fatal opioid overdose indicators for Washington State Substance Use Profile

*Data Requests/Technical Assistance*

- Provided input on the needs assessment survey for the Appreciative Inquiry workshop

*Grant Administration and Reporting*

- Submitted revised project work plan (minor edits to Components 3 and 4) to Molly and Danielle at CDC

*Other Activities*



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- Submitted abstract with Chiao-Wen to 2019 Oregon Conference on Opioids + Other Drugs, Pain + Addiction Treatment (OPAT), titled “Disparities of opioid use disorder hospitalizations among American Indian and Alaska Natives in Oregon, 2010 – 2014”
- Provided input on CSTE abstract draft “Racial Disparities in Substance Use Disorder and Self-Inflicted Injury among Youth in Washington, 2011 – 2014”
- Discussed Rhapsody use with WA DOH 12/6
- Completed SAS 1 training, began SAS 2 training, found SAS Introduction to ANOVA, Regression, and Logistic Regression training (next training)
- Completed IRBNet Registration
- Submitted confidentiality agreement needed for Oregon’s communicable disease reporting system (ORPHEUS)
- On-boarding activities for Heidi

### **Response Circles-Domestic & Sexual Violence Prevention**

**Colbie Caughlan, MPH, Project Director – THRIVE and Response Circles**

**Paige Smith, Project Coordinator – THRIVE and Response Circles**

#### **Site Visits**

##### **Tribal Site Visits**

- None during this reporting period.

##### **Out of Area Travel**

- Advanced Domestic Violence (DV) and Sexual Assault (SA) Training, Las Vegas, NV – Dec. 4-7

#### **Technical Assistance & Training**

During the quarter, project staff:

- Participated in 8 meetings and conference calls with program partners.
- Outlined a plan to promote and improve the project during grant year two.

During the quarter, Response Circles (RC) staff provided or participated in the following presentations, webinars and/or trainings:

- Training (2) – Attended the Advanced Domestic Violence (DV) and Sexual Assault (SA) Training in Las Vegas and a virtual training for Healing and Wellness.
- Presentation/Update (1): Gave an update on the RC project at the OR 9 Tribes Quarterly Prevention Meetings in Portland, OR.
- Webinar (3) – Attended three webinars for the DV or SA to become more knowledgeable about the topics.

During the quarter, the RC project responded to over 8 phone or email requests for domestic or sexual violence prevention, or media campaign-related technical assistance, trainings, or presentations.

#### **Health Promotion and Disease Prevention**





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**Response Circles Media Campaign:** All RC promotional materials (including the almost completed updated materials) are available on the web. Materials include: posters, brochures, tip cards, and radio PSAs.

## Other Administrative Responsibilities

### Staff Meetings

- EpiCenter meetings
- All-staff meetings
- Project Director meetings
- Wellness Committee – monthly meetings and events

### Publications

- None during this reporting period.

### Reports/Grants

- Submitted the financial report for year 1 quarter 4 of the Domestic Violence Prevention Initiative (DVPI) grant.
- Submitted the year 1 annual report for the DVPI grant.

### Administrative Duties

- Budget tracking and maintenance: Ongoing.
- Managed Project Invoices: Ongoing.
- Staff/Intern oversight and annual evaluations: Ongoing.
- Managed Project Subcontracts: Ongoing



## THRIVE (Tribal Health: Reaching out InVolves Everyone)

Colbie Caughlan, MPH, Project Director – THRIVE, TOR, & RC

Celena McCray, MPH(c), B.S.Ed., THRIVE Project Coordinator

Paige Smith, THRIVE & RC Project Coordinator

## Site Visits

### Tribal Site Visits

- QBM, Port Gamble S'Klallam Tribe, Kingston, WA – October 16-17
- Healing of the Canoe Training, Cowlitz Indian Tribe, Longview, WA- November 16

### Out of Area Travel

- American Public Health Association (APHA) annual conference, San Diego, CA – November 11-14

## Technical Assistance & Training

During the quarter, project staff:

- Participated in 45 meetings and conference calls with program partners.
- Disseminated 70+ packages of the suicide prevention campaign(s) for #WeNeedYouHere.

During the quarter, THRIVE provided or participated in the following presentations and trainings:



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- Presentations (5)– Presented on suicide surveillance pilot projects at the QBM, 65+ attendees, Kingston, WA; poster presentation on the *Concerning Post Webinar* at the APHA annual conference, 16 people stopped by, San Diego, CA; THRIVE project update at the OR 9 Tribes Quarterly Suicide Prevention meeting, 50 attendees, Portland, OR; 2 presentations on peer support specialists for substance use disorders at the Data Waiver training, 27 attendees, Portland, OR
- Facilitation/Training (2) – Attended a Question Persuade Refer (QPR) training for trainers in Portland, OR and attended a Healing of the Canoe booster training at the Cowlitz Tribe in Longview, WA

During the quarter, the THRIVE project responded to over 94 phone or email requests for suicide, bullying, Zero Suicide Model, or media campaign-related technical assistance, trainings, or presentations.

## Health Promotion and Disease Prevention

**THRIVE Media Campaign:** All THRIVE promotional materials are available on the web. Materials include: posters, informational rack and tip cards, t-shirts, radio PSAs, and Lived Experience videos.

**GLS Messages October & December:** Number/Reach of We R Native Facebook messages addressing...

- Suicide (general) = 9 posts, 0 text message, **16,240** people reached
- #WeNeedYouHere - LGBT2S = 1 post, 0 text message, **3,500** people reached

## Other Administrative Responsibilities

### Staff Meetings

- EpiCenter meetings
- All-staff meetings
- Project Director meetings
- Wellness Committee – monthly meetings and events

### Publications

- 2018 THRIVE Conference article in the October NPAIHB Quarterly News & Notes
- Bullying Prevention Resources article in the October NPAIHB Quarterly News & Notes

### Reports/Grants

- Submitted the year 3 MSPI PA 2 annual report during this reporting month and a year 3 quarter 4 financial report
- Submitted the GLS year 4 annual financial and progress reports

### Administrative Duties

- Budget tracking and maintenance: Ongoing.
- Managed Project Invoices: Ongoing.
- Staff/Intern oversight and annual evaluations: Ongoing.
- Managed Project Subcontracts: Ongoing



## Tribal Opioid Response (TOR) Consortium



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Colbie Caughlan, MPH, Project Director – THRIVE, TOR, & RC  
Megan Woodbury, Opioid Project Coordinator

**Site Visits**

**Tribal Site Visits**

- Tribal Opioid Summit, hosted by the Muckleshoot Indian Tribe and located at the Puyallup Tribe, Tacoma, WA – November 15

**Out of Area Travel**

- American Public Health Association (APHA) annual conference, San Diego, CA – November 11-14

**Technical Assistance & Training**

During the quarter, project staff:

- Participated in 13 meetings and conference calls with program partners.
- Hosted and presented on a regional video conference calls around the TOR Consortium grant deliverables and scope of work options for the 22 consortium tribes, 18 attendees.
- Attended 2 webinars during the reporting period: *Medication-Assisted Treatment (MAT) Outpatient Clinics: Using Behavioral Telehealth* and *SOR/TOR Grantee Reporting Requirements*.

During the quarter, the TOR consortium project responded to over 81 phone or email requests for opioid and substance use disorder prevention, education, medication, grant requirements, etc.

**Health Promotion and Disease Prevention**

The TOR Consortium staff work closely with many other Opioid Prevention projects at the NPAIHB and together these projects have developed a draft Substance Use Disorder e-newsletter which will go out for the first time in early 2019 and in February there will also be a Harm Reduction ECHO series via the Zoom video conferencing software which will be open for all of Indian Country to learn about successful tribal opioid prevention and treatment projects. These will also focus on resources and opportunities that may be helpful for tribal communities and tribal organizations to know about and connect with.

**Other Administrative Responsibilities**

**Staff Meetings**

- |   |  |
|---|--|
| <ul style="list-style-type: none"><li>▪ EpiCenter meetings</li><li>▪ All-staff meetings</li></ul> | <ul style="list-style-type: none"><li>▪ Project Director meetings</li><li>▪ Wellness Committee – monthly meetings and events</li></ul> |
|---|--|

**Publications**

- None during this reporting period.

**Reports/Grants**

- Submitted a required Strategic Plan for Opioid Response to SAMHSA as required by the TOR grant special conditions.
- Submitted a revised budget to SAMHSA as required by the TOR grant special conditions.



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### Administrative Duties

- Budget tracking and maintenance: Ongoing.
- Managed Project Invoices: Ongoing.
- Staff/Intern oversight and annual evaluations: Ongoing.
- Managed Project Subcontracts: Ongoing

### Wellness for Every American Indian to View and Achieve Health Equity (WEAVE)

Victoria Warren Mears, PI

Tam Lutz, Project Director

Jenine Dankovchik, Evaluation Project Specialist

Nora Frank, Health Educator

Ryan Sealy, Tobacco Specialist

Birdie Wermey, National Evaluator

Chelsea Jensen, Project Assistant

### BACKGROUND

WEAVE-NW is a program of the Northwest Tribal Epidemiology Center, funded through the CDC's Good Health and Wellness in Indian Country (GHWIC) initiative. The overall objective is to establish or strengthen and broaden the reach and impact of effective chronic disease prevention programs that improve the health of tribal members and communities.

The project has built capacity and created lasting change through training, technical assistance and collaborative support to aid Northwest tribes in creating policy, systems and environment changes that encourage healthy lifestyles.

### Meetings (excluding internal)

Conference/committee: 1

Tribal Community: 5

Funding Agency: 6

Sub-Awardee: 0

Community (non-tribal): 1

Government Partner: 2

Other: 9

**Total Meetings: 24**

### Site Visits

Date(s)	Tribe	Short Summary
10/17/18	Port Gamble S'Klallam Tribe	Tobacco Meeting
10/22/18	Umatilla Tribe	Site visit and program check in
11/05/18	Non-NPAIHB Tribe (specify)	Attended Tend, Gather, Grow session (an implementation funding recipient) to observe

*Total number of site visits this quarter: 3*



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## **Presentations**

*WEAVE-NW gave a total of 2 presentations this quarter*

## **Publications**

*WEAVE-NW completed 1 publication this quarter*

## **Professional Development**

*WEAVE-NW staff completed a total of 7 professional development activities this quarter*

## **Technical Assistance Given**

*WEAVE-NW responded to 8 requests for technical assistance this quarter*

## **Trainings**

### **In-Person**

- 10/10/2018 Health Data Literacy
- 11/7/2018 Food Sovereignty Assessment Tool Training
- 12/7/2018 Tobacco 101

*Total number of trainings given this quarter: 3*

## **Western Tribal Diabetes Project**

**Kerri Lopez, Director**

**Don Head, Project Specialist**

**Erik Kakuska, Project Specialist**

### **Trainings**

- NARA –tobacco cessation training
- NARA – youth treatment center Youth tobacco 101 planning in place

### **Technical Assistance:**

- Ongoing for updating new program staff
- Cowlitz, (3) TA capturing ACE/ARB prescriptions, capturing ACE/ARB prescriptions;
- Great Plains (2) IHS, inquiry about our availability for training in February; request for offsite training in February
- Isleta Pueblo Clinic, asked about the DMS training in December,
- Nez Perce - help to find CAC training. Informatacist
- Nimiipuu Health; requesting help to find CAC training. Asked what requirements are needed for CAC degree. Referred to Katie Johnson who stated that there is a degree, called an Informatics.
- Reno Sparks Tribal Health Center; TA for follow up RPMS
- Siletz follow up for tobacco cessation protocol
- Skokomish (2) – TA with CPT codes needed to be entered for nutrition education, TA about CPT codes needed to be entered for nutrition education, so that the reminders would be turned off



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for patients who received. Since reminders is an EHR thing, I referred her question to NPAIHB CAC

- Skokomish, TA for use iCare for mail merge
- Snoqualmie, request for training information; emailed them our agenda and our registration flier, as well as a link to register online
- Snoqualmie, TA requesting information about our training
- Umatilla (4)- requesting help with generating reports for dental team. Needed to know the population, as well as how many visits. Sent QMAN exercises practiced in DMS class; QMAN to generate a report for childre, TA on our QMAN exercises to assist DC with finding a group of patients; ta generating reports for dental team. Needed to know the population, as well as how many visits. Went over QMAN exercises practiced in DMS class; TA to connect and walk through QMAN to generate a report for children who had a dental visit between Jan. 1, 2018-June 30, 2018; Also generated a report for the total dental population.
- Dissemination to WTDP SDPI programs for December training
- Special Projects:
- Native Fitness 2018 September 6 and 7 – Bo Jackson Center and TWC
  - 185 participants – still outstanding invoices for 40 participants
  - Final invoicing for TWC and transportation
- OHA Place Matters
  - Attended
  - Presented on policy panel
  - NPAIHB received Organizational Award
- OHA A&D contract
  - Final scope of work
  - Final budget
- National Congress of American Indians
  - Plenary
  - Health, youth, and opioid sessions
- 
- Created Save the Date flyers for NARA
- Created Save the Date flyers for Nicotine replacement webinar
- Updated Asthma flyer
- Holiday Food Planning group (visit to Holiday Bowl)
- Started work on the NPAIHB Newsletter (2)
- Worked on a presentation update for the Audit and DMS
- Emailed PAO IHS about the possibility of getting the new DMS if they had the software, that will get us access to the DMS soon
- Set up new Adobe contract



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- Working with IHS – ADC for audit data
- ENDO Echo – discussion of future direction; assessment, local connections, tribes that have made commitment
- NPAIHB Newsletter
  - Layout, Design, Edits

Partnerships and collaborations

- Oregon Prevention Coordinators Meeting
  - Discussion of new project and contract with tribes
  - Will set a preliminary meeting with Caroline, Shane, John
  - Presentation on Policy Guide
- NTCCP January ECHO Webinar NRT Tobacco/Chronic disease
  - Continued recruitment
  - Coordination and assistance with continuing education communication with staff, presenter, content reviewer, and Cardea
  - Monitor registration
  - Send email confirmation to all registered participants
  - Final presentation input – Katie
  - Schedule pilot test run
- Oregon Health Authority
  - Optum meeting about AI/AN quit line
- Ongoing follow-up with Oregon and Washington tribes on PSE survey for tobacco cessation and policy for the policy resource library
- Created Save the Date flyers for Nicotine replacement webinar
  - Endo Echo – discussion of training WTDP specialist
  - NNACOE/NPAIHB Tribal Engagement Team
    - Annual meeting
    - Project introductions
- WS BRFSS Project
  - Modifying summary report
  - Identifying areas of interest and concern

Meetings and Conferences

- NPAIHB Staff meeting (3)
- NPAIHB Monthly meetings (3)
- ECHO training – ABQ
- Non-RPMS webinar with ADC's
- Attended the PAO Diabetes meeting
- Policy Guide Meeting





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- NCO Meeting
- Obesity coalition leadership planning meeting
- Adobe Connect session
  - IHS Roll and Scroll changes
- Meeting with Ann Bullock – EndoEcho discussion
- QBM, Oct 16-17
- NPAIHB Veteran's Committee Meeting
- National Congress of American Indians

Conference Calls:

- Non-RPMS webinar with ADC's
- E-cigarettes: Unintended consequences or strategic marketing?
- NNN Webinar: The Sacred Circle of Tobacco Youth Curriculum
- Cardea, planning for CEU's for NRT call in January
  - Sent out invitations to diabetes coordinators
- Improving Health Care Delivery Data Project: Steering Committee meeting