

N C C D P H P
GOOD HEALTH AND WELLNESS IN INDIAN COUNTRY
TRIBAL RESOURCE DIGEST

Welcome to Centers for Disease Control and Prevention’s (CDC) tribal resource digest for the week of July 31, 2017. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.



View of drive on Seward Highway in Alaska

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Request for Photos

Please send any photos of GHWIC work (community gardens, events, team meetings, etc.) to Anisha Quiroz, AQUIROZ@cdc.gov with a short description of the photo.

Announcements

Help OMH and CDC Spread the Word about the AI/AN BRFSS Oversampling Initiative!

Office of Minority Health sent this bulletin at 07/26/2017 02:00 PM EDT

This year, the Centers for Disease Control and Prevention (CDC) kicked off the 2017 Behavioral Risk Factor Surveillance System Oversampling Study (BRFSS), a new initiative from the HHS Office of Minority Health (OMH) and the CDC. This phone survey aims to increase understanding of health-related risk behaviors, chronic health conditions, access to care and use of preventive services in American Indian and Alaska Natives (AI/AN) populations. Read more [here](#).



Save the Date



This three-day conference will bring together a dynamic partnership around family wellness. Federal, State, Tribal and Urban programs will be on site to provide training, information and resources for culturally informed strategies that focus on building and sustaining

family wellness. Tribes will be provided training and support to develop their Tribal Action Plan geared towards capacity building. Special emphasis will focus on program sustainability by engaging technology, business practices and revenue enhancement. Register [here](#). For more information about this conference, contact: chris.poole@ihs.gov

Reservations can be made by calling 1-866-4WINDS1 (494-6371). The room rate is \$93/night. Use the group code 0917GLATHB. This group rate will be good until August 21st, 2017 (8/21/17).

When: September 12-14, 2017

Where: Four Winds Casino Resort—New Buffalo, MI

SDPI Fact Sheet Infographic Now Available

See how SDPI has helped change the course of diabetes over the past 20 years by reducing diabetes and its costly complications. Read more [here](#).



Native Heart Health Symposium: Issues and Innovations

The 2-day gathering will bring together various professionals in the Southeast region who are invested in American Indian health with a special focus on heart health. We will be offering optional continuing education units (CEU) through Western Carolina University's Division of Educational Outreach. Our aim is to attract attendees who represent various Southeastern tribal entities, state agencies, federal agencies, clinicians, public health practitioners, researchers, and community members at large. Read more [here](#).

When: October 25-26, 2017

Where: Harrah's Cherokee Casino & Resort—Cherokee, NC



Improving Public Health through Public Parks and Trails: Eight Common Measures

Park and trail system planners, public health professionals, community leaders, and researchers all need to know what does and does not work well with regard to park access and use and how it relates to improved community health. The National Park Service (NPS) and Centers for Disease Control and Prevention (CDC) collaborated to identify eight common measures that can be used to link parks and trails to public health goals. Read more [here](#).

Funding Opportunities

2017 Tobacco-Free College Program for Community Colleges and Minority-Serving Institutions

Truth Initiative is launching its new Tobacco-Free College Program, which offers 17-month grants of up to \$20,000 to community colleges and minority-serving institutions to adopt a 100 percent tobacco-free college policy. Grantees receive guidance through webinars, learning communities and one-on-one consultations throughout the grant period. There are 2 options for webinars in conjunction with this. Read more [here](#).

Deadline: October 11, 2017

Webinar

Farm to School in Native Communities

In partnership with numerous community leaders, the National Farm to School Network has been exploring opportunities to expand farm to school activities in Native communities. They have learned from their partners that with a community-based and multi-generational framework, farm to school can be a nexus of economic development, food sovereignty, health and nutrition, and cultural revitalization. Read more and register [here](#).

When: August 3, 2017 @ 2-3 ET



Great Plains Tribal Chairmen's Health Board Community Health Webinar Series

The Community Health Department will be hosting monthly webinars for tribal partners. Contact information below regarding times and dial-in information.

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Date	Topic	Presenter(s)
8/9/17	Traditional Plants and their Uses	Terra Houska, Tobacco Health Educator
9/13/17	Using the Indigenized Traditions to Make Health Choices	Thosh and Chelsea
10/11/17	Active Living Everyday	Kendra Roland, Cancer Prevention
11/8/17	LEAN Essentials	Eugene Giago, PC
12/13/17	Making PSE Changes in Tribal Communities	Shannon Udy, PSE Health Educator

Promoting Health Equity through Programs and Policies

Tribal communities bear a disproportionate burden of social, economic, and/or environmental disadvantage relative to other racially or ethnically defined population groups. Therefore, ensuring that all American Indians and Alaska Natives (AI/ANs) achieve the highest level of health possible will require broad-spectrum action that goes beyond addressing individual determinants and disease management to include action to address such disadvantages.

The changing landscape of public health, with a multi-disciplinary approach focused on the social determinants of health, is a true opportunity to advance the well-being of AI/AN communities. The National Indian Health Board (NIHB), in partnership with the NPA, has taken a proactive and strategic approach to building the public health capacity of tribal health departments through information gathering and dissemination, capacity building, and awareness raising. Register [here](#).

When: August 24, 2017 @ 3-4 ET

Contact Information

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<http://www.cdc.gov/chronicdisease/index.htm>

The digest serves as your personal guide to repositories of open and free resources where you can find content to enrich your program or your professional growth. Please note that CDC does not endorse any materials or websites not directly linked from the CDC website. Links to non-Federal organizations found in this digest are provided solely as a courtesy. CDC is not responsible for the content of the individual organization web pages found at these links.

If you have comments or suggestions about this weekly update, please email Anisha Quiroz at AQUIROZ@cdc.gov with the words "TRIBAL DIGEST" in the subject line.