

N C C D P H P
GOOD HEALTH AND WELLNESS IN INDIAN COUNTRY
TRIBAL RESOURCE DIGEST

Welcome to Centers for Disease Control and Prevention’s (CDC) tribal resource digest for the week of November 6, 2017. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.



*Wozupi Tribal Gardens Tour
 Second Annual Native American Nutrition Conference
 Photo courtesy of Audrianna Marzette*

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Request for Photos

Please send any photos of GHWIC work (community gardens, events, team meetings, etc.) to Anisha Quiroz, AQUIROZ@cdc.gov with a short description of the photo.

Announcements

November is National Native American Heritage Month

Native American Heritage Month recognizes the histories, invaluable contributions and livelihood of American Indian and Alaska Native people in the United States. During this observance, we honor the rich diversity of American Indian and Alaska Native cultures, traditions and languages and how it intersects with health. Read more [here](#) and [here](#).



NB3FIT Week

NB3FIT WEEK is a National Week of Native Youth Health and Fitness. They call upon all tribes, communities, families, schools, organizations to host a youth health and fitness activity in your community during NB3FIT WEEK. Read more [here](#).



Youth Regional Treatment Center Aftercare Pilot Project

The purpose of the Youth Regional Treatment Center (YRTC) Aftercare Pilot Project cooperative agreement is to address the gap in services that occurs when youth are discharged upon successful completion of a YRTC treatment program and return to their home community where necessary support systems may not exist. Insufficient options for continued care at home and in the community significantly decrease the likelihood of a continued journey of wellness for youth exiting the care of an YRTC. Read more [here](#).



Health Career Connection

HCC offers a comprehensive paid summer internship program for talented, diverse undergraduate students and recent college graduates that provides them with invaluable experience, exposure, mentoring, training, and networking to pursue health careers. Read more [here](#).

Skateboard Parks 101

This course provides learners with information that will aid in understanding the culture of skateboarding and the policies centered around skateboard parks. Information about different aspects of skateboarding, park design, and statistics are provided. Read more [here](#). Register [here](#).

Funding Opportunities

Saucony Run for Good

Today's American youth are considered the most inactive in history. As a result, the rate of obesity among U.S. children and teenagers has more than tripled over the past three decades. By providing funding to community organizations that promote running and fitness programs, the Saucony Run for Good Foundation is dedicated to not only preventing but eliminating this serious health concern. Read more [here](#).



2017 Community Change Micro Grants Open

America Walks is excited to extend another round of community change micro grants to individuals and communities interested in improving the public sphere for walking or otherwise helping to make walking more commonplace. This program awards up to \$1,500 to fund or help to catalyze smaller-scale, low-cost projects and programs that increase the prevalence of walking, expand the diversity of people and organizations working to advance walkability, and help to make walking safer, easier, and more fun for all community members. Read more [here](#).

Deadline: **November 10, 2017**

Webinars

Great Plains Tribal Chairmen's Health Board Community Health Webinar Series

The Community Health Department will be hosting monthly webinars for tribal partners. Contact information below regarding times and dial-in information.

Jennifer Williams
Program Manager, GPGHW
Great Plains Tribal Chairmen's Health Board
Jennifer.Williams@gptchb.org
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Date	Topic	Presenter(s)
11/8/17	***REVISED TOP-IC*** Fruit & Veggie Prescription Program	COPE
12/13/17	***REVISED TOP-IC*** Components of a Tribal Policy Toolkit	Shannon Udy, PSE Health Educator



Tools for Tribes to Improve Crash Data

Tom Bragan of the National Highway Traffic Safety Administration and Adam Larsen of the Federal Highway Administration will discuss tools and resources available to Tribes for improving the collection and sharing of crash data.

Link: <https://connectdot.connectsolutions.com/tribaltrans/>

When: November 8, 2017—1:00pm to 2:00pm ET

Contact Information

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<http://www.cdc.gov/chronicdisease/index.htm>

The digest serves as your personal guide to repositories of open and free resources where you can find content to enrich your program or your professional growth. Please note that CDC does not endorse any materials or websites not directly linked from the CDC website. Links to non-Federal organizations found in this digest are provided solely as a courtesy. CDC is not responsible for the content of the individual organization web pages found at these links.

If you have comments or suggestions about this weekly update, please email Anisha Quiroz at AQUIROZ@cdc.gov with the words "TRIBAL DIGEST" in the subject line.