

A Tale Of Two Tribes: Our Experiences In Community Health Assessment



OUR NATIONS,
OUR JOURNEYS

Chickasaw Nation
Division of Public Health

Lac du Flambeau
Peter Christensen Health Center
Community Health Department



Community Health Assessment

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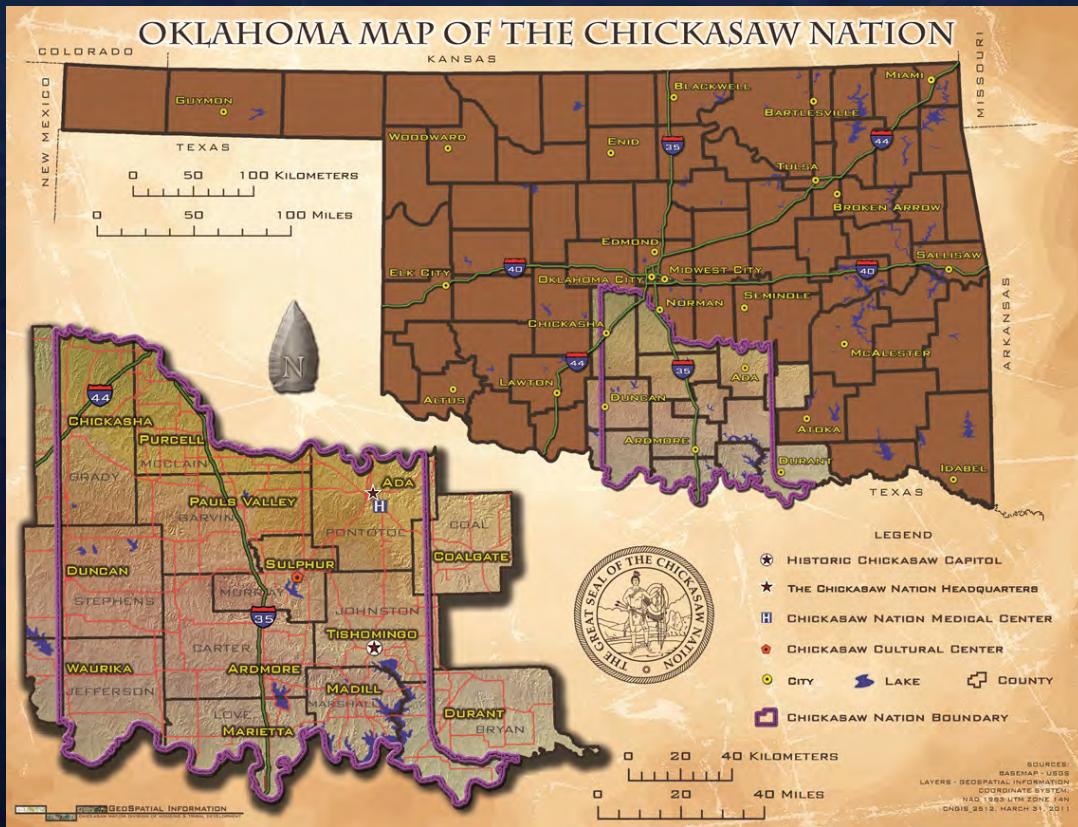
*the
Chickasaw
Nation*

Outline

- Chickasaw Nation Overview
- Chickasaw Nation Research and Population Health
- Public Health Accreditation
- MAPP
- Next Steps



The Chickasaw Nation



- 13 counties located in rural, south-central Oklahoma
- Not a “reservation”
- *356,301 residents
- *35,065 Native Americans

*Based on 2013 U.S. Census estimates



Research and Population Health

Dr. Judy Goforth Parker
Secretary of Health

Heather Summers
Under Secretary of Operations,
Hospital and Clinics

**CNDH Institutional
Review Board (IRB)**

Sheryl Goodson
Executive Officer

Kent Denson
Medical Advisor

Angela Torres
Public Health Nursing Medical
Director

Bobby Saunkeah
DPH Manager
IRB Chair

Michael Percy
Epidemiologist
IRB Administrator

Susan Alexander
Health Informatics Coordinator

Beth Cartwright
Health Promotion Specialist

Shawna Smith
Public Health Nurse Supervisor

**Public Health Advisory
Council
(PHAC)**

Christie Byars
Strategic Prevention
Tribal Liaison

Miranda Willis
Strategic Prevention
Data Analyst

Jennifer Corbin
Public Health Nurse

Public Health Accreditation

Public health department accreditation is defined as the development of a set of standards, a process to measure health department performance against those standards, and reward or recognition for those health departments that meet the standards.



Public Health Accreditation

2013

- Applied for CDC Accreditation Grant

2015 - 2016

- Received NIHB Tribal Accreditation Support Initiative (ASI) Grant

2016 - 2017

- Received RedStar International TARGET Grant



Mobilizing for Action through Planning and Partnerships (MAPP)



MAPP: Organizing for Success

Department of Health

Department of Family Services

Department of Commerce

Department of
Community Services



Department of
Culture and Humanities

Department of Treasury

Department of Communications

Department of
Interior Services

State/County Health
Departments



MAPP: Visioning

“Communities of the Chickasaw Nation will be empowered to make informed decisions in their own health, in a safe and secure environment that supports overall health and wellbeing.”



MAPP: Purpose

“Our public health system will provide innovative, community-driven health services and promote health literacy throughout the Chickasaw Nation.”



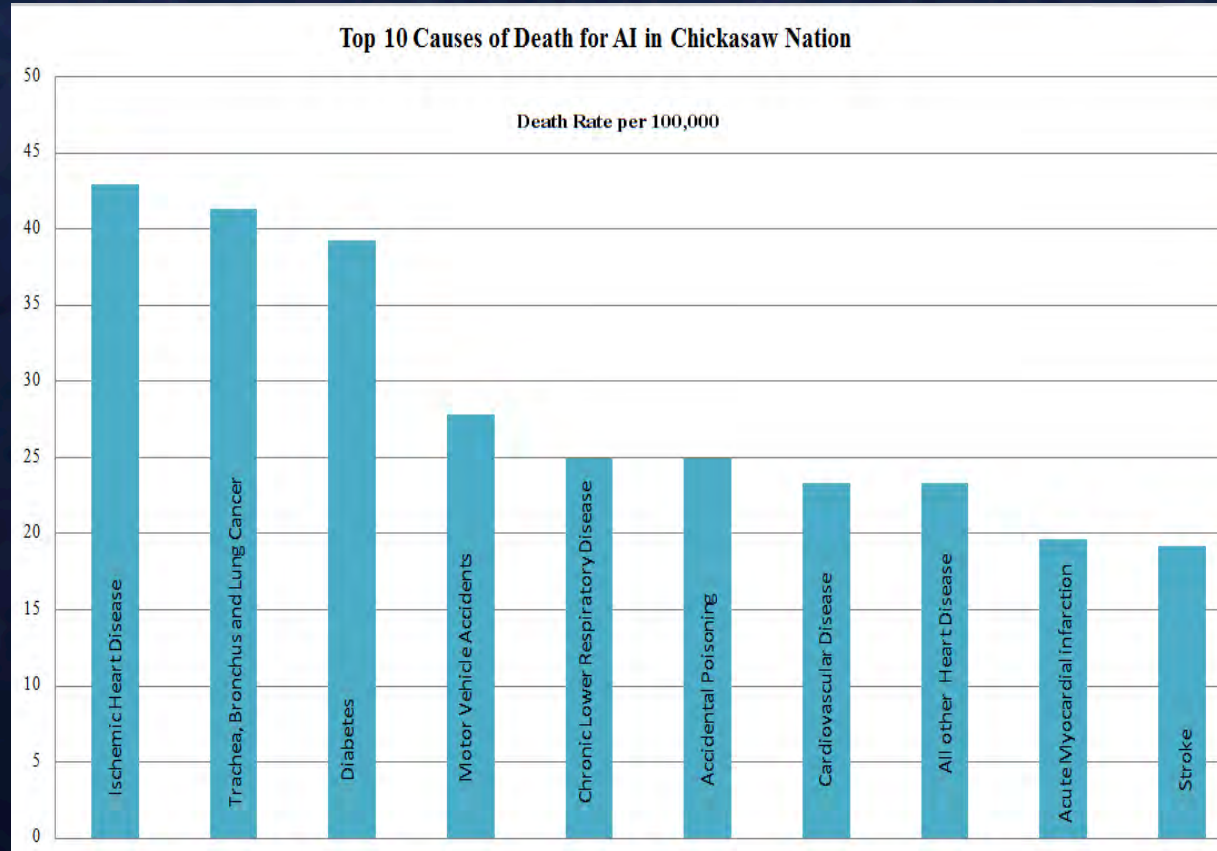
Four MAPP Assessments

- Community Health Status Assessment
- Community Themes and Strengths Assessment
- Tribal Public Health System Assessment
- Forces of Change



Community Health Status

- How healthy are our residents?
- What does the health status of our community look like?



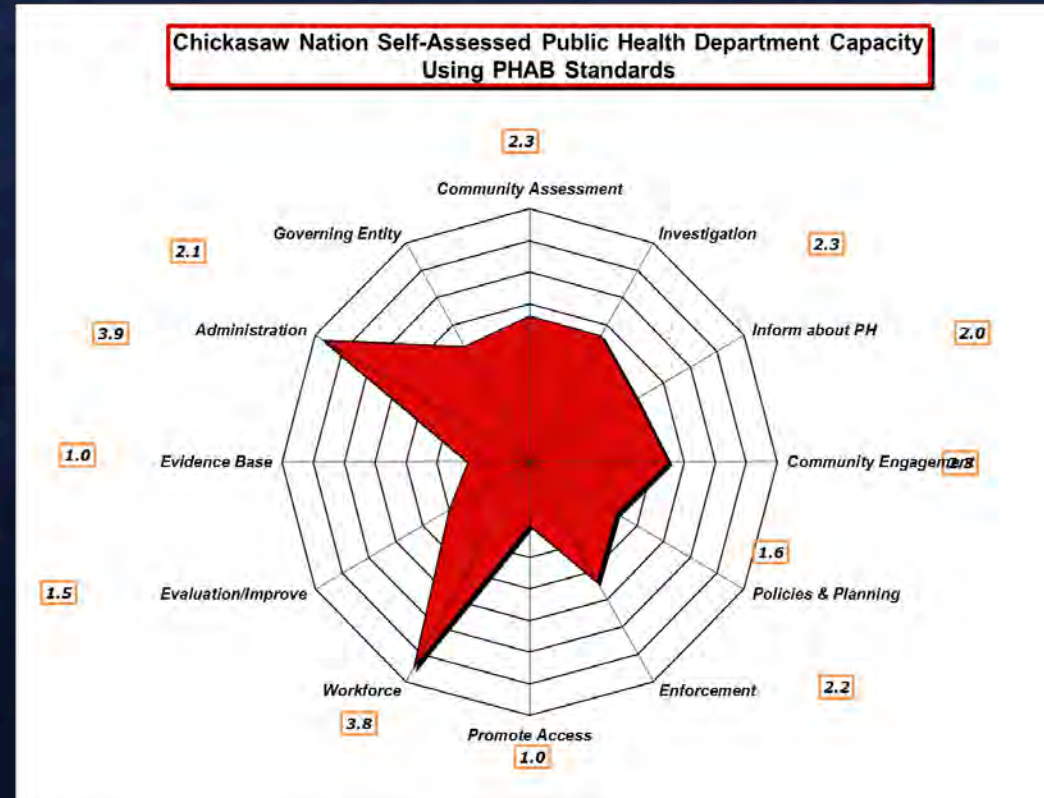
Community Themes and Strengths Assessment

- What is important to our communities?
- How is quality of life perceived in our communities?
- What assets do we have that can be used to improve community health?



Tribal Public Health System Assessment

- What are the components, activities, competencies and capacities of our tribal public health system?
- How are we documenting that the Essential Services are being provided to our community?



Forces of Change

- What is occurring or might occur that affects the health of our community or the tribal public health system?
- What specific threats or opportunities are generated by these occurrences?

Forces (Trends, Events, Factors)	Threats Posed	Opportunities Created
Funding	<ul style="list-style-type: none"> • ACA repeal • Competing priorities • Global economy's effect on US economy • Health care and education state budget cuts • Changes in tribal businesses, revenue, and gaming 	<ul style="list-style-type: none"> • Sovereign nation advocacy • Health behavior-focused grants/programs • Become less dependent on outside resources • Implement diversified, collaborative, and self-sufficient funding opportunities • Increase opportunity for tribal consultations
Leadership	<ul style="list-style-type: none"> • Power to repeal ACA • Presidential election • Newly elected officials changing policies • National, state, and tribal budget cuts • National, state, and tribal legislation changes 	<ul style="list-style-type: none"> • Encourage voting and educate citizens on importance of voting • Strong and continuous tribal leadership • Changes in state and national leadership can lead to new support for tribes, fresh ideas, and increased tribal consultations
Public Health Information	<ul style="list-style-type: none"> • Low health literacy • Difficult to reach isolated communities • Inaccurate and unreliable information on communicable diseases • Dependence on social media for health information • People not receiving the information and/or education necessary to respond to health threats 	<ul style="list-style-type: none"> • Increase communication between departments and with citizens • Utilization of Chickasaw social media sites (Facebook, Twitter, Instagram, etc.) • Utilization of various messaging avenues (CNTV, Holisso Newsletter, Chickasaw Times) • Increase public health literacy research • Public Health nursing programs (health fairs, Caring Van, etc.) • Expand reach of health education programs/services • Provide reliable, up-to-date, accurate information



Where Are We Now?

- Organizing assessment data
- Dividing writing tasks
- Assembling the CHA



Next Steps

- Identify Strategic Issues
- Formulate Goals and Strategies
- Plan, Implement, Evaluate





Thank You!

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Lac du Flambeau Peter Christensen Health Center Community Health Department

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David G. Poupart, RN
Community Health Department Supervisor

Sandra Supinski, REHS
Tribal Sanitarian



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COMMUNITY HEALTH DEPARTMENT

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Lac du Flambeau

Population:

- Year Round Tribal & Non Native: 3,300
- Tribal Members: 3,505
- Tribal Members Reside on Reservation: 1,852

Reservation:

- 144 square miles, 86,650 acres
- Land checker-board 29% fee land or private ownership
- 260 lakes, 17,897 surface acres of water

Local Government:

- Two forms of local government
 - Town Chairman & Three Supervisors
 - Tribal President & Eleven Council Members



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COMMUNITY HEALTH DEPARTMENT

Community Health Department

- Community Health Department Supervisor

- Public Health Emergency Preparedness Coordinator
- Wisconsin Emergency Assistance Volunteer Registry Administrator
- Communicable disease follow up
- Manage all department grants & budgets

- Community Health Nurses

- Medication management services
- Annual flu shots
- Case management services
- Hepatitis C/HIV testing/ counseling/education
- Smoking Cessation Counseling
- Blood Pressure Clinics
- TB skin tests
- Sexual Education Classes for Elementary School Students
- Community Outreach/Education
- Annual Health/Wellness Expo

- Environmental Health

- Inspections
- Investigations
- Technical Assistance
- Trainings
- IHS Water & Sewer Coordinator
- Safety Officer
- Accreditation Coordinator



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COMMUNITY HEALTH DEPARTMENT

Community Health Department

- Dietitian/Certified Diabetes Educator

- Nutrition Counseling for various issues: Diabetes, Weight Management, Heart Disease, etc.
- Community nutrition education: Head Start, Gookomis Endaad, Health Fairs, etc.
- Diabetes groups

- Certified Diabetes Educator

- Diabetes Education including Insulin Management
- Community diabetes education: Gookomis Endaad
- Diabetes groups
- Case management services

- Family Foundations Home Visitors

- Program through Great Lakes Inter Tribal Council housed in the Community Health Department



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Community Health Department

- **Maternal Child Health Nurse**

- Prenatal case management
- Education/Support for High Risk Pregnancies
- Inter Conceptual Services (birth control – Ed/support)
- Rural Infant Health
- Healthy Start / Health Families Case Management

- **WIC Clerk/ Health Start Home Visitor**

- Women Infants & Children Services: Pick up x3 per month, Clinic x4 per month
- Secondary Education
- Certified Car Seat Technician
- Immunization Clinic
- Transportation Services
- Contact or encourage clients to contact other social service agencies

- **Healthy Start**

- Referrals and ongoing health care coordination for well-women, prenatal, postpartum, and well-child care
- Case management and linkage to social services
- Nutritional counseling and breastfeeding support
- Perinatal depression screening and linkage to behavioral health services
- Home visiting
- Inter-conception education and reproductive life planning
- Child development education and parenting support



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Our CHA Journey

- Started about five years ago
 - Reviewing PHAB requirements and viewing PHAB videos
 - Attending Institute for Wisconsin's Health Inc. (IWHI) meetings
- Staff changes
- Unhealthy Community Behaviors
- State of Emergency
- Robert Wood Johnson Culture of Health Prize



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Our CHA Journey

- Restarted about 1 year ago
- Appointed Accreditation Coordinator
- Red Star International, Inc.
- IWHI
- Relationship with Vilas County



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Community Health Assessment

- Provides the basis for improving and promoting the health of our community.
- Identifies and describes factors that affect the health of our population, and factors that determine the availability of resources within our community to adequately address health concerns.
- Assures that local resources are directed toward activities and interventions that address critical and timely public health needs.



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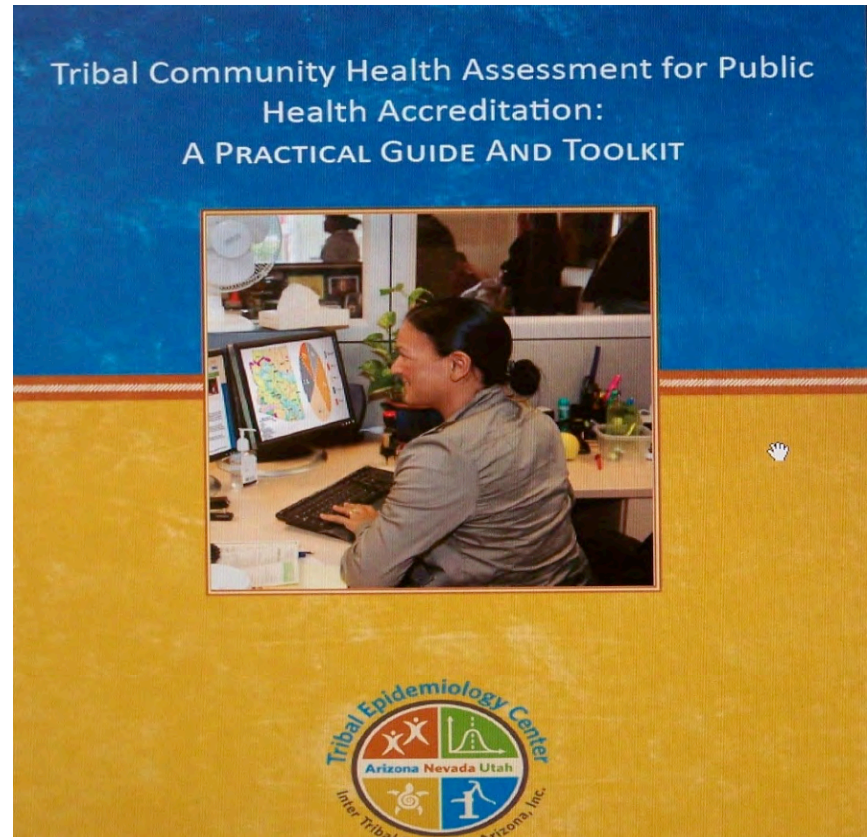


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CHA Model

Inter Tribal Council of Arizona's Tribal CHA Toolkit

- Best Fit
- Easier Flow
- Understandable
- Resource example in PHAB Standards & Measures



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COMMUNITY HEALTH DEPARTMENT

CHA Plan

- Community Health Assessment Planning Meeting
- Technical Assistance / Site Visit
- Planning Documents Created
- Vision Statement
- Defining Community
- Community Engagement
- Health Indicators
- Stakeholder Engagement

Data Sources



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CHA Core Team



Sarah Keuer, RN
Community Engagement

Dave Poupart, RN, CHD
Supervisor
Leadership Engagement

Sandra Supinski, REHS
Accreditation Coordinator
Data Management



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COMMUNITY HEALTH DEPARTMENT

Where are we now?

- CHA Surveys Completed
- IWHI Contract Data Collection & Analysis
- Photo Contest



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Next Steps

- Complete Data Collection & Analysis
- Community Health Assessment Report
- Present to Tribal Council
- Present to Stakeholders
- Hold Community Event to Present Report
- Start Community Health Improvement Plan



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What resources or materials helped you learn about, plan or prepare for a CHA?



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In what ways did you engage
the community and involve
leadership?

How did you define your community and did you face any challenges in doing so?

What health indicators
did you select?
How did you select them?

What was unexpected about
the process?

Did you complete an assessment of your public health department? If so, how did that inform your CHA?

Did you complete an assessment of your public health department? If so, how did that inform your CHA?

What are your plans for the
last stages of a CHA?

(e.g. setting priorities, community
input, review policies, evaluation and
plan for future)

What are your plans for the
last stages of a CHA?

(e.g. setting priorities, community
input, review policies, evaluation and
plan for future)

What has been the most
beneficial outcome of the
CHA?

Advice to other tribes considering the CHA?



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