

Northwest Portland Area Indian Health Board
Northwest Tribal Comprehensive Cancer Program



Baskets courtesy of the Violet Allman Collection (Nez Perce)

**Northwest Tribal Cancer
Resource Guide**

**A guide to Cancer Resources and Plans for
Northwest Tribal Communities**



September 2014

In Memory of Violet Sore Arm Allman

(September 5, 1922 – July 23, 2002)

This Northwest Tribal Cancer Resource Guide is offered in memory of Violet Sore Arm Allman (Nez Perce) whose baskets are featured in this guide. She was a kind and generous person whose memory will live on forever in the lives of all who knew her. Ms. Allman was one of the founders of Pi Nee Waus, an organization serving American Indian elders in the Portland-Vancouver metropolitan area. Violet and her husband, the late Blu Allman, were actively involved in the 1960's structuring of the Portland Indian Community. She taught her culture, stories, and language to the Native community.



Baskets and cornhusk bags courtesy of the Violet Allman Collection (Nez Perce)

Acknowledgements

The staff of the Northwest Tribal Comprehensive Cancer Program (NTCCP) offers their appreciation to all the organizations in this guide. Our hope is that this cancer control guide will make resources more easily accessible in tribal communities throughout the Northwest. Staff developed the Northwest Tribal Cancer Resource Guide based on information supplied by each organization.

We offer our heartfelt gratitude to Sande Allman (Oglala Lakota/Nez Perce) for offering the use of the photographs of Nez Perce baskets and cornhusk root bags from the late Violet Allman collection. Our compliments go out to Kristen Potts (Pit River/Maidu) who photographed these items.

Staff of the Northwest Tribal Comprehensive Cancer Program also acknowledges the Native CIRCLE for working with us to print this information. Their assistance has made it possible for printed copies of this resource to be available to you. The Centers for Disease Control and Prevention has been invaluable for their ongoing support as well as every organization that has provided services and other resources to the Northwest Tribal Cancer Control Project and northwest tribes served. The South Puget Intertribal Planning Agency is thanked for their contribution of a county level resource guide for tribal cancer control. We seek to continue to work collaboratively as we strive to reduce the cancer burden in our communities.

Another word of thanks goes to Peggy Biery (Grand Ronde), former NTCCP specialist, and Ruth Jensen (Tlingit), former NTCCP director, for their initial work on many of the items included here. Cicelly Gabriel (Lakota/Yurok) and Eric Vinson (Cherokee) have taken the initiative to bring together all the information needed to complete this document for your use and have made ongoing contributions in content and design.

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* * *

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Preface

The purpose of this cancer control guide is to provide information about cancer control resources available to tribal communities throughout Idaho, Oregon, and Washington. This is not an exhaustive list.

In an effort to link tribes to available resources that they may have not used in the past, we have provided the following information: general information about the agency's goals and objectives, a brief description of what resources are available, and a description of how and where to obtain them.

NTCCP staff have called the numbers and have verified the information included in this guide with the exception of some items gleaned from websites and other sources. We request that all contributors update their information as needed. If you would like to provide any other updates, please use the form provided at the back of this guide. All information is current as of March 2010.

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Section 1: Northwest Portland Area Indian Health Board – An Overview



Basket courtesy of the Violet Allman Collection (Nez Perce)

Introduction

The purpose of this booklet is to provide information needed to obtain cancer prevention and control resources in your tribal community. **Section 1** includes general information about the Northwest Portland Area Indian Health Board (NPAIHB). This includes a map of the Portland Area, which encompasses Idaho, Oregon, and Washington. **Section 2** provides information for cancer contacts within NPAIHB member tribes. **Section 3** provides information about organizations, which offer financial resources for cancer patients and caregivers. **Section 4** provides information about organizations, which offer support, education, referral, and service resources for cancer patients and caregivers. **Section 5** describes breast and cervical cancer screening programs in the Portland Area. **Section 6** describes tribal cancer control planning with forms and examples of strategic and activity plans. **Section 7** provides information about organizations, which offer resources for program development of tribal cancer prevention and control. These organizations include Tribal, State, Federal, and Foundation. **Section 8** contains listings for all Approved Cancer Programs by the American College of Surgeons in the Portland Area. **Section 9** appends information that can enhance cancer control efforts in tribal communities. Each section provides (a) general information about the organization, (b) what resources are available, (c) how to obtain the resources, and (d) where they are available.

Cancer is the second leading cause of death among American Indians and Alaska Natives nationally.¹ Cancer consists of more than one hundred diseases. Nearly two-thirds of all cancers could be prevented through healthy lifestyle choices. The American Cancer Society reports, that one third of the more than 500,000 cancer deaths that occur in the United States each year can be attributed to diet and physical activity habits, with another third due to cigarette smoking.² The efforts represented throughout this guide have one goal in common, and that is to reduce the cancer burden, which is measured by the number of cases, the number of deaths, the effects of the disease, and the length of time people are able to survive a cancer diagnosis.

As a comprehensive cancer control program, the Northwest Tribal Comprehensive Cancer Program is working to take an integrated and coordinated approach to cancer control through prevention, screening and early detection, diagnosis, treatment, rehabilitation, and palliation (or comfort care). Through our individual efforts, we each can contribute significantly to a healthier community.

1 Paisano, R, Cobb, N, Espey, DK. Cancer Mortality among American Indians and Alaska Natives – United States, 1994-1998. MMWR August 1, 2003/52(30); 704-707.

2 American Cancer Society. The American Cancer Society Guidelines on Nutrition and Physical Activity for Cancer Prevention (reprinted from CA – A Cancer Journal for Clinicians), March/April 2002, Vol. 52/No. 1, 66-67, 92-119.

3 American College of Surgeons



Northwest Portland Area Indian Health Board

Northwest Tribal Comprehensive Cancer Program

The mission of the Northwest Portland Area Indian Health Board is to assist Portland Area tribes to improve their health status and quality of life of member tribes and Indian people in their delivery of culturally appropriate and holistic health care.

The goal of the Northwest Tribal Comprehensive Cancer Program is, in consultation with tribes, to save lives by eliminating all preventable forms of cancer in Northwest tribal communities throughout Idaho, Oregon, and Washington.



Map of the 43 Federally Recognized Tribes in the Portland Area

Northwest Portland Area Indian Health Board

Indian Tribe/Nation
Burns Paiute Tribe
Coeur d'Alene Tribe
Confederated Tribes of the Chehalis
Confederated Tribes of the Colville Reservation
Confederated Tribes of the Coos, Lower Umpqua & Siuslaw Indians
Confederated Tribes of the Grand Ronde
Confederated Tribes of the Siletz Indians of Oregon
Confederated Tribes of the Umatilla Indian Reservation
Confederated Tribes of Warm Springs Reservation of Oregon
Coquille Tribe
Cow Creek Band of Umpqua Tribe of Indians
Cowlitz Indian Tribe
Hoh Tribe
Jamestown S'Klallam Tribe
Kalispel Tribe of Indians
Klamath Tribes
Kootenai Tribe
Lower Elwha Klallam Tribe
Lummi Nation
Makah Indian Nation
Muckleshoot Indian Tribe
Nez Perce Tribe
Nisqually Tribe
Nooksack Tribe
Northwest Band of Shoshone Indians
Port Gamble S'Klallam Tribe
Puyallup Tribe of Indians
Quileute Tribe
Quinault Nation
Samish Indian Tribe
Sauk-Suiattle Indian Tribe
Shoalwater Bay Indian Tribe
Shoshone-Bannock Tribes
Skokomish Tribal Nation
Snoqualamie Indian Tribe
Spokane Tribe of Indians
Squaxin Island Tribe
Stillaguamish Tribe
Suquamish Tribe
Swinomish Indian Tribal Community
Tulalip Tribes
Upper Skagit Tribe
Yakama Nation

Section 2: Northwest Tribal Cancer Contacts



Baskets courtesy of the Violet Allman Collection (Nez Perce)

Idaho Tribal Cancer Contacts

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Coeur d'Alene Tribe	Judy Gordon	(208) 686-1931	(208) 686-8052	jgordon@bmc.portland.ihs.gov	Benewah Medical Center PO Box 388 Plummer, ID 83851	July 2009
Kootenai Tribe	Karen Hanson (Contract Health and Administrative Assistant)	(208) 267-5223	(208) 267-8419	karen@kootenai.org	Kootenai Tribal Health Clinic PO Box T Bonners Ferry, ID 83805	November 2007
Nez Perce Tribe	Jessica Douglas (CHR)	(208) 843-9375	(208) 843-9406	jessicad@nimiipuu.org	Nimiipuu Health Center PO Box 367 Lapwai ID 83540	July 2012
	Andy Albert (CHR)			andya@nimiipuu.org		
	Susie Ellenwood (MCH Nurse)			susiee@nimiipuu.org		
Northwestern Band of the Shoshone Nation	Beatrice Barrientez (CHR)	(208) 478-5712	(208) 478-5713	beatricebarrientez@yahoo.com	Tribal Health Department 353 E. Lander Pocatello, ID 83204	July 2012
Shoshone Bannock Tribes	Michelle Paul, LPN (Patient Navigator)	(208) 238-5435 x3938	(208) 238-6292	Michelle.Paul@ihs.gov	Not-tsoo Gah-nee Health Center PO Box 306 Fort Hall, ID 83203	July 2012

Oregon Tribal Cancer Contacts

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Burns Paiute Tribe	Twila Teeman (Tribal Health Director)	(541) 573-7312 x227	(541) 573-4217	teemantm@burnspaiute-nsn.gov	Wadatika Health Center 100 PaSiGo Street Burns, OR 97720	July 2012
	Melanie Thomas, RN			melanie.thomas@burnspaiute-nsn.gov		
Confederated Tribes of Siletz Indians	Patti McKinney (Tobacco Coordinator)	(541) 444-9659	(541) 444-9678	tasham@ctsi.nsn.us	Siletz Community Health Clinic PO Box 320 107 S.E. Swan Avenue Siletz, OR 97380	December 2007
Confederated Tribes of Grand Ronde	Mark Johnston (Executive Director Health Services)	(503) 879-2236	(503) 879-2071	Mark.Johnston@grandronde.org	Grand Ronde Health & Wellness Center 9615 Grand Ronde Road Grand Ronde, OR 97347	July 2012
Confederated Tribes of the Umatilla Indian Reservation	Kristi Yunker (Wellness Coordinator)	(541) 429-7538 (541) 278-7512	(541) 215-1970	lallen@yel.portland.ihs.gov	CTUIR 46411 Timine Way Pendleton, OR 97801	July 2012
	Jennifer Campbell, RDH, BS			jennifercampbell@yellowhawk.org	Yellowhawk Tribal Health Center 73265 Confederated Way Pendleton, OR 97801	
Confederated Tribes of Warm Springs	Judith Charley (Community Health Educator)	(541) 553-2211	(541) 553-3543	jcharley@wstribes.org	Warm Springs Health & Wellness Center PO Box C Warm Springs, OR 97761	July 2012
	Anita Davis			adavis@wstribes.org		



Oregon Tribal Cancer Contacts (Continued)

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Confederated Tribes of the Coos, Lower Umpqua & Siuslaw Indians	Elaine Williams (CHR)	(541) 997-6685 (541) 744-1334	(541) 997-1715 (541) 744-1334	ewilliams@ctclusi.org	Florence Outreach Office P.O. Box 2000 Florence, OR 97439-0076	March 2011
	Heidi E Helms (CHR) Tobacco Coordinator			hhelms@ctclusi.org	Springfield Outreach 1126 Gateway Loop, Suite 102 Springfield, OR 97477	
Coquille Tribe	Kelle Little (Health Director)	(541) 888-9494	(541) 888-3431	kellelittle@coquilletribe.org	Coquille Community Health Center 600 Miluk Drive Coos Bay, OR 97420	November 2010
Cow Creek Band of Umpqua	Sharon Stanphill (Health & Wellness Director)	(541) 672-8533	(541) 882-1670	sstanphill@cowcreek.com	Cow Creek Health & Wellness Center 2371 NE Stephens, Suite 200 Roseburg, OR 97470	August 2011
	Judy Bicknell			jbicknell@cowcreek.com		
	Carol Follett (Community Health Nurse)			cfollett@cowcreek.com		
Klamath Tribes	Betty Kramp (PHS Nurse)	(541) 882-1487 x222 (541) 882-1487 x222 (541) 882-1487 x	(541) 882-1670	betty.kramp@klm.portland.ihs.gov	Klamath Tribal Health & Family Services 3949 S. 6th Street Klamath Falls, OR 97603	July 2012
	Christa Runnels (Director of Health Planning and Education)			cmrunnels@klm.portland.ihs.gov		
	Merritt Driscoll (Tobacco Prevention/MCH Coordinator)					

Washington Tribal Cancer Contacts

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated	
Chehalis Tribe	Christina Hicks (Breast & Cervical Outreach)	(360) 273-5504	(360) 273-6230	chicks@chehalis-tribe.org	Chehalis Community Clinic 21 Niederman Road PO Box 495 Oakville, WA 98568	January 2008	
Colville Confederated Tribes	Nespelem	Julia Corbiere	(509) 634-2943	(509) 634-2963	julia.corbiere@colvilletribes.com	PO Box 150 Nespelem, WA 99155	
		Roxanne Michel			roxanne.michel@colvilletribes.com		
		Mia Sanchez CHN			zekkethal.vargas@colvilletribes.com		
		Juliann Saulque CHN			juliann.saulque@colvilletribes.com		
	Keller	Juliann Saulque CHN	(509) 634-7327	(509) 634-7326	juliann.saulque@colvilletribes.com	PO Box 414 Keller, WA 99155	April 2011
	Omak	Bill Joseph	(509) 422-7456	(509) 422-7457	bill.joseph@colvilletribes.com	PO Box 3879 Omak, WA 98841	
		Angela Rios			angela.rios@colvilletribes.com		
		Sally Hutton			sally.hutton@colvilletribes.com		
	Inchelium	Diane Mills	(509) 722-7019	(509) 722-7088	diane.mills@colvilletribes.com	PO Box 291 Inchelium, WA 99138	
		Pam Phillips			pamela.phillips@colvilletribes.com		
Bridget Abrahamson		bridget.abrahamson@colvilletribes.com					
Cowlitz Tribe	Cassie Sellard-Reck (Health Board Chair)	(360) 575-8275	(360) 575-1948	csellardsreck@hotmail.com	Cowlitz Indian Tribal Health Services 1055 9th Ave, Suite A Longview, WA 98632	January 2008	
	Steve Kutz (Clinic Manager)			skutz.health@cowlitz.org			



Washington Tribal Cancer Contacts (Continued)

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Hoh Tribe	Dawn Gomez	(360) 374-4280	(360) 374-5426	dgomez@centurytel.net	Hoh Tribe PO Box 2196 Forks, WA 98331	July 2012
Jamestown S'Klallam Tribe	Dana Ward (Community Health Nurse)	(360) 681-4634 x4635	(360) 681-3401	dward@jamestowntribe.org	Jamestown S'Klallam Tribe 1033 Old Blyn Road Sequim, WA 98382	July 2012
Kalispel Tribe	Shirley Wagoner, NP	(509) 447-7176	(509) 445-1650	swagoner@camashealth.com	Camas Center for Community Wellness Kalispel Tribe of Indians PO Box 189 Usk, WA 99180	February 2008
Lower Elwha Klallam Tribe	Roberta Kimberly (Community Health Representative)	(360) 452-6252 x7631	(360) 457-8429	Roberta.Kimberly@elwha.nsn.us	Lower Elwha Health and Business Center 243511 Hwy 101 West Port Angeles, WA 98363	November 2012
Lummi Nation	Maddi Smith (Public Health Nurse Supervisor)	(360) 384-0464	(360) 312-8224	MaddieS@lummi-nsn.gov	Lummi Tribal Health Center 2592 Kwina Road Bellingham, WA 98226	April 2009
	Beth Boyd (Medical Social Worker)			bethb@lummi-nsn.gov		
	Debra Noble (Nurse)			debran@lummi-nsn.gov		
Makah Tribe	Elizabeth Smith, RN	(360) 645-2093	(360) 645-2095	elizabeth.smith@ihs.gov	Sophie Trettevick Indian Health Center P.O. Box 410 250 Fort Street Neah Bay, WA 98357	June 2011

Washington Tribal Cancer Contacts (Continued)

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Muckleshoot Tribe	Beth Burden (Patient Care Coordinator)	(253) 939-6648	(253) 735-6705	beth.burden@muckleshoot-health.com	Muckleshoot Tribal Health Center 17500 SE 392nd St. Auburn, WA 98092	July 2012
Nisqually Tribe		(360) 459-5312	(360) 407-0860		Nisqually Health Center 4816 She Nah Num Drive SE Olympia, WA 98513	January 2010
Nooksack Tribe	Frank James, MD	(360) 9662106 (360) 592-5176 x3278	(360) 592-9500	frankejamesmd@mac.com	4971 Deming Road Deming, WA 98244	May 2011
	Deb Byrne, RN			dbyrne@nooksack-tribe.org		
Port Gamble S'Klallam Tribe	Tammy Sullivan (Community Health Representative)	(360) 297-9634	(360) 297-9615	@pgst.nsn.us	Port Gamble Tribal Health Facility 31912 Little Boston Road NE Kingston, WA 98346	December 2013
Puyallup Tribe	Theresa N. Paaga-Asi, RN Cancer Prevention Navigator	(253) 593-0232 x427	(253) 382-2094	TPaagaAsi@eptha.com	Puyallup Tribal Health Authority 2209 E 32nd Street Tacoma, WA 98404	November 2013



Washington Tribal Cancer Contacts (Continued)

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Quileute Tribe	Brenda Nielson (Tribal Health Director)	(360) 374-9035	(360) 374-2644	brenda.jaime@ihs.gov	Quileute Tribal Health Facility PO Box 279 LaPush, WA 98350	January 2008
Quinault Indian Nation	Suzanne Adams (CHR)	(360) 276-8215 x603	(360) 276-4602	sadams@quinault.org	Roger Saux Health Center PO Box 219 Taholah, WA 98587	November 2010
	Charlie Ralston					
Samish Indian Nation	Keith Tucker, MD (Health Director)	(360) 899-5454 x107	(360) 588-9537	ktucker@samishtribe.nsn.us	Samish Indian Nation PO Box 919 1017 29th Street Anacortes, WA 98221	July 2012
	Mitch Markovitch, RN (Public Health Research and Program Manager)			mmarkovich@samishtribe.nsn.us		
Sauk Suiattle Tribe	Michelle Fink-Custer (CHR)	(360) 436-2210	(360) 436-0242	chr1@sauk-suiattle.com	Sauk-Suiattle Tribal Community Clinic 5318 Chief Brown Lane Darrington, WA 98241	March 2009
	Melissa Bobb					
Shoalwater Bay Tribe	Charlene Nelson (Tribal Chair and Outreach Worker)	(360) 267-0119	(360) 267-6217	cnelson@shoalwaterbay-nsn.gov	Shoalwater Bay Tribal Clinic PO Box 130 2373 Old Tokeland Rd. Tokeland, WA 98590	2006
	Lisa Shipman (Outreach Worker)			lishipman@shoalwaterbay-nsn.gov		

Washington Tribal Cancer Contacts (Continued)

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Skokomish Tribe	Perry Carrington (CHR Supervisor)	(360) 426-5755	(360) 877-2399	perry@skokomish.org	Skokomish Health Center 100 N Tribal Center Road Shelton, WA 98584	July 2009
Snoqualmie Tribe	Roberta Losik, RN	Shared Clinics	North Bend	roberta@snoqualmiation.com	Snoqualmie Tribal Health PO Box 969 Snoqualmie, WA 98065	April 2011
		Tolt Community				
Spokane Tribe	Liz Sachse (Nurse)	(509) 258-4517 x136	(509) 258-7152	Elizabeth.Sachse@ihs.gov	David C. Wyncoop Memorial Clinic PO Box 357 Wellpinit, WA 99040	January 2008
	Jessie Stensgar (Health Educator)			jessies@SpokaneTribe.com		
Squaxin Island Tribe	Lea Cruz (Outreach & CHR)	(360) 432-3930	(360) 427-1951	lcruz@squaxin.nsn.us	Squaxin Health Clinic 90 SE Clahchemin Drive Shelton WA 98584	January 2008
Stillaguamish Tribe	(Clinic Director)	(360) 435-9338 x18	(360) 435-2266		Stillaguamish Tribal Clinic 902 E. Maple Arlington, WA 98010	January 2008



Washington Tribal Cancer Contacts (Continued)

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Suquamish Tribe	Barbara Hoffman (RN, CHN, CDE)	(360) 394-8468	(360) 598-6740	bhoffman@ suquamish.nsn.us	PO Box 498 15858 Sandy Hook Road Suquamish, WA 98392	January 2008
Swinomish Tribe	Cheryl Rasar	(360) 466-3167	(360) 466-5528	crasar@swinomish. nsn.us	Swinomish Tribal Health Center PO Box 683 LaConner, WA 98257	2006
	Barbara Clure (Medical Director)			bclure@swinomish .nsn.us		
	Barbara Marks (CHR)			bmarks@swinomish .nsn.us		
Tulalip Tribes	Karen Fryberg (Community Health Director)	(360) 651-4515	(360) 651-9503	kfryberg@ tulaliptribes-nsn.gov	Tulalip Tribal Health Facility 7520 Totem Beach Road Tulalip, WA 98271	2006
Upper Skagit Tribe	Peggy Bricoe-Ray (Medical Office Assistant)	(360) 854-7070	(360) 854-7060	peggyb@ upperskagit.com	Upper Skagit Tribal Clinic 25944 Community Plaza Way Sedro Wooley, WA 98284	July 2009
	Wilbert James, MD (Medical Director)					
Yakama Nation		(509) 865-5121	(509) 865-4333			September 2012
	Diane Sekaquaptewa (Eldercare Program)			diane@ yakama.com	PO Box 151 Fort Road Toppenish, WA 98948	

Section 3: Financial Resources for Cancer Patients and Caregivers



Cornhusk bag courtesy Violet Allman Collection (Nez Perce)



Table of Section 3 Cancer Financial Resources

Organization	Housing	Transportation	Flight	Prescription	Homecare	Insurance Co-pay Assistance	Durable Medical Equipment	Prosthetics & Wigs	Support Group / Counseling	Education / Information	All Cancers	Specific Cancers	Area of Operation				Page Number
													Idaho	Oregon	Washington	National	
Cancer Lifeline												X			X		23
Cancer Patient Care											X				X		24
Patient Advocate Foundation											X					X	25
CancerCare											X					X	26
Livestrong Foundation											X					X	27
Hospital Traveler											X					X	28
Leukemia & Lymphoma Society												X	X	X	X	X	29
National Marrow Donor Program												X				X	30
National Brain Tumor Society												X				X	31
Northwest Sarcoma Foundation												X	X	X	X		32



General Information Cancer Lifeline was founded in 1973 by a cancer patient who could not find the community resources and support she needed to help her “live with it.”

From the start, the mission of Cancer Lifeline has been to optimize the quality of life for all people living with cancer. We became a United Way agency in 1975. Gifts and grants provide most of our support, enabling Cancer Lifeline to serve more than 9,000 people a year.

Our programs are based on the vital needs of people living with cancer. We offer you choices and encourage you to take control. We provide information so that you can make better choices. We stress inclusion rather than isolation. And most of all, we provide the environment where you have the freedom to express feelings without being judged.

- Resources Available**
- 24-hour telephone “Lifeline” provides emotional support, information and community resource referral. **1-800-255-5505**
 - Education and support groups help people live with cancer including Lymphedema education and support
 - The Family Support Program provides cancer patient’s family and friends ways to strengthen relationships and open lines of communication.
 - Healing Arts for Creative Expression Program offers a wide variety of workshops in creative arts, writing, movements.

The Healing Promotion focuses on exercise, movement and nutrition. All services are **FREE of charge** to Cancer patients, family, and friends.

How to Obtain Resources Please contact us for assistance

Contact Information Cancer Lifeline Seattle
Dorothy S. O’Brien Center
6522 Fremont Ave N
Seattle, WA 98103
Phone: 206-297-2100
Fax: 206-297-2200
Email: info@cancerlifeline.org
Website: www.cancerlifeline.org



Cancer Patient Care

General Information

Created by volunteers in 1958, Cancer Patient Care is still the only resource in our community and region comprehensively focused on meeting the needs of low and moderate-income cancer patients and their families. The life-threatening disease of cancer depletes clients and their families physically, financially, and emotionally. *At Cancer Patient Care they find comfort, hope and access to the services and support they desperately need.*

Resources Available

A variety of essential services are provided to cancer patients and their families who meet our income guidelines. The services below are provided once income and diagnosis have been verified and clients have met with one of our social service professionals. Healthcare and social service providers may contact us in lieu of a direct visit should distance be an issue. Note that no cash is provided directly. We have established accounts with partnering businesses and arrangements are made for delivery of services.

Emergency Financial Assistance – including:

- Groceries
- Prescriptions
- Utility bills
- Transportation to cancer treatments or doctor visits
- Emotional support
- Nutritional supplements including liquids and puddings
- Cancer-related educational materials
- Survivorship information

No income guidelines apply to the resources below:

- Medical Equipment
- Wheelchairs
- Walkers
- Commodes
- Shower equipment
- Hospital beds
- Durable medical products such as incontinence supplies, etc.
- Wigs, hats and scarves
- Breast prostheses and surgical bras

How to Obtain Resources

Those seeking assistance should consult their oncology nurse or social service advisor to verify qualification. Current guidelines for service and applications are available online or may be requested directly from Cancer Patient Care. Our region of service includes the the nine Eastern Washington counties as well as the entire Colville Confederated Tribes reservation lands for tribal members. Service is provided for patients residing in the five North Idaho counties who are being treated in Washington.

Cancer Patient Care receives no fees for service. All assistance and support is provided free to qualifying clients and their families.

Contact Information

For more information contact us at: (509) 456-0446
or visit www.cancerpatientcare.org



General Information Patient Advocate Foundation is a national non-profit organization that seeks to safeguard patients through effective mediation assuring access to care, maintenance of employment and preservation of their financial stability.

Resources Available Patient Advocate Foundation seeks to empower patients to take control of their health care. Case managers work with patients to discover local, state, and federal programs that provide assistance for their individual needs. PAF has produced six major publications, several informational brochures, and several special sections devoted to certain health related topics to assist in this goal. Our case managers have also compiled a list of valuable resources that address several topics that you may find beneficial.

How to Obtain Resources If you or someone you know needs assistance with their insurer, employer and/or creditor regarding insurance, job retention and/or debt crisis matters relative to their diagnosis of life threatening or debilitating diseases, please call us at 1-800-532-5274 or email us.

We are constantly adding resources for patients and professionals. If you are unable to find a particular resource or wish to add a resource, please email us.

Contact Information **Patient Advocate Foundation**
700 Thimble Shoals Blvd
Suite 200
Newport News, VA 23606
Phone: (800) 532-5274
Fax: (757) 873-8999
Email: help@patientadvocate.org



CancerCare

General Information

CancerCare is a national nonprofit, 501 c(3) organization that provides free, professional support services to anyone affected by cancer: people with cancer, caregivers, children, loved ones, and the bereaved. CancerCare programs—including counseling and support groups, education, financial assistance and practical help—are provided by professional oncology social workers and are completely free of charge. Founded in 1944, CancerCare provided individual help to more than 100,000 people last year, in addition to the more than 1 million unique visitors to our websites.

Resources Available

CancerCare Connect® Telephone Education Workshops: Leading experts in oncology provide the most up-to-date information on the telephone. These free telephone workshops are a way for people to learn about cancer-related issues from the convenience of their home or office.

Counseling: Professionally trained oncology social workers help people living with cancer find ways to cope with the emotional and practical challenges of cancer.

Support Groups: Free online and telephone support groups led by professional oncology social workers, connect people living with cancer with others who are in similar situations.

Publications: Free booklets and fact sheets offer up-to-date, easy-to-read information about the latest treatments, managing side effects, and coping with cancer.

Financial Help: CancerCare staff help people living with cancer manage financial concerns and provide referrals. Limited financial assistance is available.

Specialized Programs: CancerCare for Kids® focuses on the needs of parents with cancer and children who are coping with a diagnosis of a family member. CancerCare also offers programs for caregivers, young adults, men and women's cancers, post-treatment survivors, and the bereaved.

How to Obtain Resources

Please use the information below.

Contact Information

For information and to access any of the CancerCare services call 1-800-813-HOPE (4673), or visit the CancerCare website at www.cancercare.org.

For information about, and to register for, upcoming CancerCare Connect® Telephone Education Workshops, call 1-800-813-HOPE, or visit www.cancercare.org/tew. Selected Telephone Education Workshops are available as podcasts on the CancerCare website at www.cancercare.org/podcasts. A listing of featured programs is also available by calling 1-888-337-7533, 24 hours a day, 7 days a week.

Livestrong Foundation

Survivorship Resources



General Information

The Livestrong Foundation (LAF) inspires and empowers people affected by cancer. We help people with cancer focus on living; we believe that unity is strength, knowledge is power and attitude is everything. From the moment of diagnosis, the LAF provides the practical information and tools people with cancer need to live life on their own terms. The LAF serves its mission through advocacy, public health and research. Founded in 1997 by cancer survivor and champion cyclist Lance Armstrong, the LAF is located in Austin, Texas.

Resources Available

LIVESTRONG SurvivorCare offers counseling services, help with financial, employment or insurance issues and information about treatment options and new treatments in development. **LIVESTRONG SurvivorCare** is a program of the LAF, in partnership with **CancerCare**, Patient Advocate Foundation and EmergingMed. To speak to a case manager, call **LIVESTRONG SurvivorCare** toll-free at (866) 235-7205 or visit www.livestrong.org/survivorcare.

The **LIVESTRONG Resource for Cancer Survivors** helps people understand the physical, emotional and practical issues that may accompany a cancer diagnosis. The Resource helps survivors face the challenges of cancer head-on with information about survivorship issues, worksheets to keep organized and stories shared by cancer survivors in their own words. The Resource is available online and as the **LIVESTRONG Survivorship Notebook**, a portable three-ring binder. To access the **LIVESTRONG Resource** or to order a **FREE Survivorship Notebook**, visit www.livestrong.org/cancersupport.

How to Obtain Resources

If you would like more information and/or assistance with the services listed above:

- Call **LIVESTRONG SurvivorCare** toll free at (866) 235-7205
- Visit www.livestrong.org/survivorcare

Contact Information

Livestrong Foundation
Tel: (866) 235-7205 Toll Free
Website: www.livestrong.org/survivorcare



Hospital Traveler, Inc.

General Information Since 1994, the staff of Hospital Traveler has been responding to the increasing need of the medical patient, their family, patient caregiver and medical staff traveler by offering low medical rates at affordable hotels near medical centers nationwide.

In addition to our patient traveler and medical lodging service, Hospital Traveler is the first agency to establish a Medicaid travel program to assist eligible Medicaid and private Insurance recipients use their benefits as payment for their medical travel reducing the out of pocket medical expense.

Resources Available Each applicable Medicaid or insurance policy differs in the financial benefit and amount provided. Below is a brief synopsis of what the program offers to the approved patient and their attendant:

- While funding benefit amounts vary based on the approved state per diem they may include transportation and other related travel expenses determined necessary to secure medical examinations and treatment
- Benefits may include travel expenses for the beneficiary the cost of meals and lodging to and from and while receiving medical care
- And, if found medically necessary, the cost of an accompanying attendant and the attendant's meals (if applicable), lodging, and salary (if not a member of the beneficiary's family)
- Benefits are provided for medical lodging, and may include meal and travel expenses up to the approved per diem
- For those who self pay their expenses, reimbursement is available to the approved patient upon presentation of requested receipts

How to Obtain Resources If you would like more information and/or assistance with the services listed above:

Call our Benefits Resource Center at **866-450-0060**

For Self-Pay Lodging Reservations call **866-889-9370**

Visit our website at www.hospitaltraveler.com

Contact Information For general information and marketing materials:
Stephanie Turner
Hospital Traveler, Inc.
PO Box 72014
Durham, NC 27722
Phone: 866-637-2926
Email: mksturner@hospitaltraveler.com

General Information

Our Mission is to cure leukemia, lymphoma, Hodgkin's disease and myeloma, and to improve the quality of life of patients and their families. The Society has chapters nationwide and in Canada.

The Society is the world's largest voluntary health organization dedicated to funding blood cancer research and providing education and patient services.

A diagnosis of leukemia, lymphoma or myeloma brings many daily challenges. The Society is committed to providing support and guidance to patients, families and the healthcare professionals who care for them.

Resources Available

The resources provided by the Society include:

- Patient Education Programs
- Family Support Groups
- Website
- Information Resource Center
- Patient Financial Aid
- First Connection: Peer Support
- Trish Greene Back to School Program

How to Obtain Resources

If you would like more information and/or assistance with the services listed above:

- Call the Information Resource Center: 800-955-4572
- Visit the website www.lls.org

Call your chapter's Patient Services Manager:

Oregon: 503-245-9866

WA/AK: 888-345-4572

ID: 208-658-6662

For other chapters go to www.lls.org and consult the map.



National Marrow Donor Program[®]

Creating Connections. Saving Lives.[™]

General Information

The National Marrow Donor Program (NMDP) works through active communities, corporate outreach, and partnerships to raise awareness of the need for adult volunteer donors and donations of cord blood units from the American Indian and Alaska Native communities. Nearly 75,000 American Indians and Alaska Natives have joined the NMDP Registry to volunteer as potential marrow or blood cell donors. Nevertheless, more American Indian and Alaska Native donors are still needed, so that more patients can have a chance of finding a match. To learn more, visit marrow.org/join.

Resources Available

The National Marrow Donor Program Office of Patient Advocacy is here to help. On this website, www.marrow.org, you can find information to help you:

- Talk with your doctor
- Choose a transplant center
- Answer questions about caregiving
- Manage financial or insurance matters
- Prepare for life after transplant

All National Marrow Donor Program patient advocacy services and resources are free.

How to Obtain Resources

If you would like more information and/or assistance with the services listed above:

Call toll free in the United States:
(800) MARROW2 (1-800-627-7692)

Outside of the United States call:
(612) 627-8140

Interpreters are available.

E-mail: patientinfo@nmdp.org

National Brain Tumor Society



General Information

National Brain Tumor Society (NBTS) is a leader in the brain tumor community, bringing together the best of research and patient services to be a comprehensive resource for patients, families, caregivers, researchers, and medical professionals. NBTS offers top-notch resources and caring support for everyone affected by brain tumors. We provide education and information to help patients, families, and caregivers make informed decisions and develop strong support systems during every stage of the journey—from diagnosis through treatment to end of care and survivorship.

Resources Available

All of our programs are free and include:

- Grant funding for brain tumor research
- Toll-free Patient Services Line (800) 934-2873
- Medical information nurse
- Patient and caregiver support network
- Caregiver workshops
- Financial assistance
- Community events
- Patient Education conferences
- Comprehensive website (www.braintumor.org)
- Free printed publications

How to Obtain Resources

Call our Patient Services Line at (800) 934-2873
(Staff are available M-F, 9-5 Pacific time)

Email: info@braintumor.org

Visit: www.braintumor.org

Contact Information

National Brain Tumor Society – Patient Services
West Coast Office

22 Battery Street, Suite 612

San Francisco, CA 94111-5520

Patient Services: (800) 934-2873

Business Line: (800) 770-8287

Fax Line: (415) 834-9980

Email: info@braintumor.org

Webpage: www.braintumor.org



Northwest Sarcoma Foundation

General Information

The NW Sarcoma Foundation was founded in 1996 by Dr. Ernest U. Conrad, III; Director of the Sarcoma Service, Vice-Chair of the Department of Orthopaedics and full professor at the University of Washington Medical Center. The NW Sarcoma Foundation is a non-profit organization committed to providing education and support to patients and families who are living with this specific cancer. We actively participate in the direction of a national alliance with other sarcoma foundations and affiliated groups guiding a coalition among private and public concerns furthering research for a cure of sarcomas.

The Northwest Sarcoma Foundation is intended to be a place of support and education for those who are living with a sarcoma and other rare bone tumor diseases. The NW Sarcoma Foundation primarily serves pediatric and adult patients and families for Alaska, Idaho, Montana Oregon, and Washington.

Resources Available

We will provide support to patients and families through:

- NW Sarcoma Foundation Website
- Local networks in five state area
- Education and support
- Patient Financial Assistance, HELPS (for adult patients)

How to Obtain Resources

Please refer to www.nwsarcoma.org or contact us at info@nwsarcoma.org

Contact Information























Melissa Hill
Director
Northwest Sarcoma Foundation
2065 NW Miller Road
PMB #404
Portland, OR 97225
Phone: 503-810-3713
Fax: 503-297-6932
Email: melissa@nwsarcoma.org
Webpage: www.nwsarcoma.org

Section 4: Support, Education, Referral, and Service Resources for Cancer Patients and Caregivers



Cornhusk bag courtesy Violet Allman Collection (Nez Perce)

Table of Section 4 Cancer Resources

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Gilda's Club Seattle



General Information

Gilda's Club Seattle is a non-profit organization that provides a community of support for anyone touched by cancer—men, women and children with all types of cancer, and their families partners, and friends. We're here to offer people living with cancer a place to get and give understanding, support, and maybe even a few laughs. Community is key at Gilda's Club, where we offer people a chance to face cancer together instead of alone. All of our activities take place in our non-residential, home-like setting.

Gilda's Club is named after a great comedian, Gilda Radner, who found value in the support she received when she had cancer.

Resources Available

At Gilda's Club, you'll find support groups, workshops and lectures, social gatherings, art and exercise classes, the Noogieland kids program, teen programs, and much more.

All of our activities are free of charge.

How to Obtain Resources

To take part in the community of Gilda's Club Seattle, become a member. It's easy, and free of charge. Please call Gilda's Club to schedule a New Member Orientation and complete a Customized Membership Plan. We'll give you a tour of Gilda's Club and an orientation to our community, plus meet with you individually to help you structure your own plan for support.

Contact Information

Gilda's Club Seattle
1400 Broadway
Seattle, WA 98122
206-709-1400 voice
206-709-9719 fax
Email: info@gildasclubseattle.org
Website: www.gildasclubseattle.org

Oregon and Washington Prescription Drug Programs

General Information Prescription drug discount programs (PDP) were created by Oregon and Washington State. The PDP is open to all Oregon and Washington State residents who do not have prescription drug insurance coverage, or whose insurance does not cover all their prescription drug needs. There are no eligibility requirements or fees required for membership in the PDP.

PDP is brought to you by the Oregon Department of Human Services and the Washington State Health Care Authority. Both programs are run by northwest-based ODS Companies through their pharmacy benefit management partner, MedImpact. Although it is not an insurance program, PDP members will receive discount prices on drugs that are very similar to what the large health insurance companies actually pay.

Resources Available **Prescription Drug Discount**

All prescriptions legally prescribed by a person authorized to prescribe drugs are eligible for a discount. This program does not give discounts for over-the-counter drugs, which are drugs you can purchase without a prescription. In addition, the discount card cannot be used at the same time as a prescription drug purchase that is being covered by your insurance. It must be used alone.

Discounts will vary depending on whether a drug is generic or brand. PDP members can receive discounts on brand name drugs and generic prescriptions. The largest discounts are on generics and they can be as high as 60%!

Enrollment

- Available to any Oregon or Washington resident without prescription drug coverage or who considers themselves to be underinsured for prescription drug coverage
- A parent may enroll a child
- A guardian/personal representative/attorney-in-fact may enroll a person in their charge

Available Pharmacies

A brochure with the list of pharmacies is included with the I.D. card for Oregon residents. Both Oregon and Washington have also listed their network of pharmacies on their respective websites. Once enrolled, members can also call a toll-free number listed on their I.D. card to locate a local pharmacy. New pharmacies are joining all the time, so check each program's websites for the most current list of pharmacies. You can also ask the pharmacy that you usually do business with if they are part of the PDP. You can advise them to call either program to obtain information about joining the discount card network.

How to Enroll

	Oregon	Washington
	<p>Online: www.opdp.org Call ODS toll-free at 1-800-913-4146 by phone and be sure tell them you wish to enroll in Oregon's prescription discount card program.</p>	<p>Online: www.rx.wa.gov Call ODS toll-free at 1-800-913-4146 by phone and be sure tell them you wish to enroll in Washington's prescription discount card program.</p>
Contact Information	<p>Betty Wilton, Operations Manager General Services Building 1225 Ferry St SE Salem, OR 97301 Phone: (503) 373-1650 Fax: (503) 378-6842 Email: betty.wilton@state.or.us</p>	<p>Ray Hanley, Program Manager 676 Woodland Square Loop SE PO Box 42706 Olympia, WA 42706 Phone: (360) 923-2786 Fax: (360)-923-2614 Email: ray.hanley@hca.wa.gov</p>

NeedyMeds.com



General Information

NeedyMeds.com provides information on programs that help those who can't afford their medications and/or medical costs. All the information is free, easy to access, and updated regularly. The information available includes:

- Pharmaceutical patient assistance programs
- Disease-based assistance
- State programs
- Local programs that offer help completing the paperwork

Resources Available

Information on programs that help those who can't afford their medications and/or healthcare costs.

How to Obtain Resources

On our website - www.needymeds.com

Contact Information

Email: info@needymeds.com
Website: www.needymeds.com



Angel Flight West

General Information

Angel Flight West is a nonprofit, volunteer-driven organization that arranges free, non-emergency air travel for children and adults with serious medical conditions and other compelling needs. Our network of 1,900 pilots throughout the 13 Western States donate their aircraft, piloting skills, and all flying costs to help families in need, enabling them to receive vital treatment that might otherwise be inaccessible because of financial, medical, or geographic limitations.

Our pilots give freely of their time and money, restoring health and hope to those whose lives have been disrupted by illness, disaster, or other life-altering events. Their only reward is the joy of knowing how much of a difference they've made.

The Oregon, Washington, and Idaho Angel Flight Wings currently (2008) have approximately 238 pilots who fly missions. In 2008, these pilots flew 623 missions all over the NW.

We also fly missions for other compelling needs such as transporting young cancer victims to Camp Rainbow Gold each summer in Sun Valley, a children with AIDS camp, and children with burns camp in Washington.

Resources Available

The organization will fly patients and their families to medical care on a non-emergency basis who have financial, medical, or geographic limitations.

How to Obtain Resources

If you are a medical or social work professional who is interested in learning about free transportation for your patients in need, please contact Angel Flight West.

Contact Information

Angel Flight West
3161 Donald Douglas Loop South
Santa Monica, CA 90405
1-888-426-2643
www.angelflightwest.org

Ride Connection



General Information

Ride Connection coordinates a continuum of quality transportation services for older adults and people with disabilities through a network of over 30 providers in and around Portland, Oregon. Ride Connection is the center of the wheel that moves throughout our communities, offering essential transportation in a coordinated, collaborative, stable and reliable manner, keeping older adults and people with disabilities independent and mobile

Mission: To link accessible, responsive transportation with community needs.

Resources Available

Information and Referral
Travel Training
Community Transportation Services

- Door-to-door transportation
- Medical Transportation
- Community Shuttles
- Shared Vehicle Program
- Retired Vehicle Program

How to Obtain Resources

It's easy! If you are an older adult (60+) or a person living with a disability, you only need to call our service center and a helpful Travel Navigator will get you started! **503-226-0700**

Contact Information

Joshua Netzer, Outreach Specialist, 503-528-1738
3030 SW Moody Ave, #230
Portland, OR 97201
Email: jnetzer@rideconnection.org
Website: www.rideconnection.org



Joe's House

General Information

Joe's House is a non-profit organization that serves both clinic staff and cancer patients. Founded in 2003, Joe's House was conceived after Ann Calahan's first husband, Joe Warnecke, died of cancer. Joe battled the disease for six years. During those six years, Ann and Joe had difficulty finding appropriate accommodations in unfamiliar cities. Ann vowed to correct this problem. After Joe's death Ann conceived the idea of a non-profit organization that would specialize in accommodations for traveling cancer patients.

Fighting cancer takes energy and determination. The focus of patients, friends and families should be on beating this disease and not worrying about a place to stay. Our goal is to help ease that burden.

Resources Available

Joe's House is an online housing guide for cancer patients, families and caregivers. The website, at www.joeshouse.org lists over 900 lodging options in over 50 cities across 34 states. This is a directory of housing near hospitals and cancer centers.

Details available include:

- Distance to hospitals
- Lodging type (Hotel, Motel, House, etc)
- Amenities
- Cost
- Reservation contact information

How to Obtain Resources

Access the housing guide via the website at www.joeshouse.org or toll free line (877) JOES HOU or (877) 563-7468.

Contact Information

Joe's House
(877) 563-7468
Email: info@joeshouse.org
Website: www.joeshouse.org

Idaho, Oregon, & Washington Family Caregiver Support Program for American Indian Grantees

General Information

The Native American Family Caregiver Support Program encourages recipients of Title VI grants to plan, develop, and implement family caregiver support services for the benefit of non-paid family members caring for their elders and grandparents caring for their grandchildren.

A family caregiver is defined as an adult family member, or other individual, who is an informal provider of in-home and community care to an older individual or to an individual with Alzheimer's disease or a related disorder with neurological and organic brain dysfunction. The Native American Family Caregiver Support Program provides services for caregivers, not for the elders being cared for.

Resources Available

Title VI grantees can use Caregiver funds to provide any of the five required caregiver services:

- Information to caregivers about available services;
- Assistance to caregivers in gaining access to the services;
- Individual counseling, organization of support groups, and caregiver training to assist the caregivers in the areas of health, nutrition, and financial literacy, and in making decisions and solving problems relating to their caregiving roles;
- Respite care to enable caregivers to be temporarily relieved from their caregiving responsibilities; and
- Supplemental services, on a limited basis, to complement the care provided by caregivers.

How to Obtain Resources

Please contact the Title VI grantee in your area. A list of Title VI grantees is available in Appendix A.

Contact Information

Administration on Aging
Region X
Blanchard Plaza , RX-33; Rm. 859
2201 Sixth Avenue
Seattle , Washington 98121
Phone: 206-615-2298

Older Indians, a website for Title VI grantees
www.olderindians.org

Area Agencies on Aging

General Information

Our Mission

The mission of the Administration on Aging (AoA) is to help elderly individuals maintain their dignity and independence in their homes and communities through comprehensive, coordinated, and cost effective systems of long-term care, and livable communities across the U.S.

Our Vision for Older People

Our vision for older people is embodied in the Older Americans Act and is based on the American value that dignity is inherent to all individuals in our democratic society, and the belief that older people should have the opportunity to fully participate in all aspects of society and community life, be able to maintain their health and independence, and remain in their own homes and communities for as long as possible.

Resources Available

Area Agency on Aging grantees can use funds to provide any of the following caregiver services:

- Home-delivered meals programs
- Nutrition services in congregate settings
- Transportation, adult day care
- Legal assistance
- Health promotion programs.
- Nursing home Ombudsmen

How to Obtain Resources

Please contact the Area Agency on Aging grantee in your area. A list of Area Agency on Aging grantees is available in Appendix A.

Contact Information

Administration on Aging
Region X
Blanchard Plaza , RX-33; Rm. 859
2201 Sixth Avenue
Seattle , Washington 98121
Phone: 206-615-2298

n4a, a website for AAA grantees

www.n4a.org

Idaho, Oregon, & Washington Hospice Care

General Information

Hospice care offers comfort, compassion, and dignity to those with a life-limiting illness. Hospice is a philosophy of coordinated care for patients and their loved ones. It is not a place, but a concept of care that allows a patient to die with dignity and respect. It focuses on the physical, emotional and spiritual needs of the patient and family.

Hospice care affirms life and regards dying as a normal process. Its focus is comfort rather than curative medical treatment, and neither hastens nor postpones death. Bereavement services are offered to the family for a year following the patient's death. The patient and family are encouraged to be active participants in the care plan and to express any concerns and wishes to the hospice team.

Hospice care focuses on the quality of a patient's life. Pain management and symptom relief are at the core of the hospice concept. The hospice team translates this philosophy in their care plan to ensure a patient's remaining days will be peaceful, free of pain and discomfort. (from: www.hospicedirectory.org/cm/about)

Resources Available

Hospice care is provided by an interdisciplinary team of medical, human health and service professionals, which includes:

- Physicians
- Nurses
- Home health aides
- Social workers
- Grief counselors
- Volunteers
- Spiritual caregivers/chaplains
- Family members

Hospice is a choice for patients who want to be cared for at home, with loved ones, or in a facility.

How to Obtain Resources

Please contact the state office or the individual hospice centers listed in Appendix A for assistance

Contact Information

Idaho End-of-Life Coalition

1716 North 10th Street

Boise, ID 83702

Phone: 208-841-1862

Email: IdELC@clearwire.net

Website: www.HospiceIdaho.org and

www.ABetterWayCoalition.org

Oregon Hospice Association

P.O. Box 10796

Portland, Oregon 97296-0796

Toll Free : 888-229-2104

Phone: 503-228-2104

Fax: 503-222-4907

E-mail: info@oregonhospice.org

Website: www.oregonhospice.org

Washington State Hospice and Palliative Care Organization

1911 SW Campus Drive, #316

Federal Way, WA 98023-6473

Office: 253-661-3739 or toll free 1-866-661-3739

Cell/mobile: 509-990-6380

Fax: 509-928-6812 (east) or 253-661-3584 (west)

Email: info@wshpco.org

Website: www.wshpco.org



Ovarian Cancer Alliance of Oregon and SW Washington

General Information

To promote awareness of ovarian cancer and to provide education to women and the health care community;
To offer support to all ovarian cancer survivors by providing opportunities for networking, education and community outreach;
To advocate for public policy and funding for ovarian cancer research.

Resources Available

Website: www.ovariancancerosw.org

How to Obtain Resources

Please contact us for assistance

Contact Information

Diane O'Connor
Ovarian Cancer Alliance of Oregon and Southwest Washington
PMB 243 Suite 103
16420 SE McGillivray
Vancouver, WA 98683-3461
Phone: (877) 682-2679
Email: info@ovariancancerosw.org

National Coalition for Cancer Survivorship

General Information

The National Coalition for Cancer Survivorship (NCCS) advocates for quality cancer care for all Americans and provides tools that empower people affected by cancer to advocate for themselves. Founded by and for cancer survivors, NCCS created the widely accepted definition of survivorship and considers someone a cancer survivor from the time of diagnosis through the balance of life. Patient education is also a priority for NCCS. We believe that access to credible and accurate patient information is fundamental to understanding and receiving quality cancer care.

Resources Available

NCCS's free publications and resources include:

Cancer Survival Toolbox®

A set of 12 self-learning audio programs to help develop important skills to navigate a cancer diagnosis and address the challenges of cancer care and survivorship. CDC funded the addition of three disease-specific programs on blood cancers (multiple myeloma, non-Hodgkin lymphoma, and leukemia).

Print materials

Self-Advocacy: A Cancer Survivor's Handbook

Focuses on tools to assist and empower individuals dealing with cancer.

Teamwork: The Cancer Patient's Guide to Talking with Your Doctor

Addresses the need for good communication and provides a list of sound, practical questions that patients can use when talking with their doctor.

What Cancer Survivors Need to Know about Health Insurance

Sorts through the insurance maze by explaining the many types of insurance, exploring ways cancer survivors can get the most out of their insurance coverage and discussing laws that provide some protection for cancer survivors changing jobs.

Working it Out: Your Employment Rights as a Cancer Survivor

Addresses the employment challenges that many survivors face and offers advice and resources.

You Have the Right to Be Hopeful

Defines the many ways that hope can be present in a survivor's life and offers a place for survivors to chronicle and reflect on their cancer experience.

NCCS Website

Features online resources on a variety of issues that cancer survivors, caregivers, friends, and family face every day. Offers a Resource Guide grouped by cancer type, by topic, and by service.

Obtain Resources

To order resources, please call 1.877.NCCS.YES (1.877.622.7937), or visit www.canceradvocacy.org

Contact Information

National Coalition for Cancer Survivorship

1010 Wayne Avenue, Suite 770

Silver Spring, MD 20910

Phone 301.650.9127

Toll-Free 877.NCCS.YES

Fax 301.565.9670

E-mail info@canceradvocacy.org

Website www.canceradvocacy.org

Us TOO International



General Information

Us TOO is a grassroots organization started in 1990 to serve prostate cancer survivors and their families. We are a 501(c)(3) charitable organization dedicated to communicating timely and reliable information regarding detection and treatment of prostate cancer. Us TOO strives to enhance the quality of life for all those affected by prostate cancer.

Resources Available

- **Awareness:** Blue Ribbon pins, Car Magnets, and Blue Prostate Cancer Wristbands are available for purchase from Us TOO headquarters or at www.ustoo.org.
- **Minority and Underserved Populations Outreach:** Us TOO is committed to providing prostate cancer education and outreach to minorities, and other underserved communities. Us TOO strives to bring the early detection message and supportive resources to these communities.
- **Newsletters:** *NEWS You Can Use* includes the latest news of interest to patients and caregivers. *Hot Sheet* monthly newsletter highlights the current and emerging treatment strategies.
- **Newly Diagnosed Patient Resource Kits:** provide clear, unbiased information to help patients and their families make the best decisions for their particular situation.
- **John Moenck Memorial Resource Center:** Books, video tapes, journals and other materials related to the diagnosis, treatment and research of prostate cancer are available on loan from our headquarters at no charge.
- **Special Patient Education Resources:** focused on the development of new programs and materials
- **ProstatePointers Web Based Community:** Dedicated to supporting and educating prostate cancer survivors.
- **Toll Free Patient Support Line:** resources regarding diagnosis, treatment options and support systems. We can provide you with phone support from a prostate cancer survivor. Call 1-800-80-UsTOO (1-800-808-7866), M-F 7am-3pm.
- **Support Groups:** Regular meetings for men with prostate cancer and their friends and families. Meetings provide unbiased information from experts that includes: treatment options, pain control, nutrition, mental health, and coping strategies.
- **Circles of Love:** Provides resources such as books, brochures, web based resources and even inspirational music for companions and families of survivors.
- **Advocacy:** To increase funding for early detection, diagnosis, treatment and research.
- **Volunteer Opportunities:** Help develop and implement programs and services.

How to Obtain Resources

If you would like more information and/or assistance with the resources listed above:

Us TOO International
5003 Fairview Avenue
Downers Grove, IL 60515-5286
Phone: (800) 808-7866 M-F 7am-3pm PST
Website: www.ustoo.org



American Cancer Society

General Information The American Cancer Society is a nationwide community-based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service.

Resources Available On-Line and Telephone Services:
www.cancer.org
1.800.ACS.2345 (24/7 with trained operators, referrals to medical staff when needed and translation services available)

- Cancer Survivors Network (requires a sign-up process and is password protected)
- Treatment Decision Making Tools
- Treatment Guidelines
- Cancer Legal Resource Center
- Clinical Trials Matching Service
- Information and Referral Service to ACS and other Community services

Local Community Services:

- General Patient Navigation (hospital based service)
- Children's Camps (free for childhood cancer survivors)
- College Scholarship Program for Childhood Cancer Survivors
- I Can Cope (class modules on cancer and financial issues)
- Look Good Feel Better (cosmetology for any cancer survivor)
- Man to Man (prostate cancer support)
- Reach to Recovery (One-to-one Breast Cancer support)
- Road to Recovery (transportation program)
- General Cancer Support groups Prostheses, wigs and accessories (free)

How to Obtain Resources Please see contact information listed below. For detailed local information please see Appendix A.

Contact Information 1-800-ACS-2345 (1-800-227-2345). Visit the website at www.cancer.org. See the contact information in Appendix A for your respective branch of the American Cancer Society.

Cancer Information Service



General Information

The National Cancer Institute (NCI), the Nation's lead agency for cancer research, established the Cancer Information Service (CIS) in 1975 to educate people about cancer prevention, risk factors, early detection, symptoms, diagnosis, treatment, and research. The CIS is a leader in providing the latest, most accurate information on cancer in language that is easy to understand. The CIS is an essential part of NCI's cancer prevention and control efforts.

Resources Available

To provide information about cancer to patients and their families, physicians and other health professionals, and the public, the CIS has a two-pronged approach:

- Information specialists answer questions about cancer by telephone, TTY, and instant messaging. They can provide printed and electronic NCI publications.
- The Research Program helps researchers advance health communication practices.

How to Obtain Resources

Through the Information Service:

- Call CIS toll-free at 1-800-4-CANCER (1-800-422-6237), 8:00 AM – 8:00 PM Eastern time, Monday through Friday. (People in the U.S. with TTY equipment may call toll-free at 1-800-332-8615, 8:00 AM – 8:00 PM Eastern time, Monday through Friday.)
- Get live, online assistance through the LiveHelp® instant messaging service. Information specialists can answer your questions about cancer, offer help with quitting smoking, and help you use NCI's Web site. Access LiveHelp® on NCI's Web site <http://www.cancer.gov> (click on "LiveHelp® online chat"). This service is available from 8:00 AM to 11:00 PM Eastern time, Monday through Friday.

To discuss your technical assistance needs, contact the CIS Program Staff:

- Nancy Zbaren, Program Director – Tel: 206-667-6393, nzbaren@fhcrc.org

Section 5: Breast & Cervical Cancer Early Detection Programs



Basket courtesy of the Violet Allman Collection (Nez Perce)

National Breast and Cervical Cancer Early Detection Programs

General Information

The National Breast and Cervical Cancer Early Detection Program (NBCCEDP) builds the infrastructure for breast and cervical cancer early detection by supporting public and provider education, quality assurance, surveillance, and evaluation activities critical to achieving maximum utilization of the screening, diagnostic and case management services. The Centers for Disease Control and Prevention fund programs administrated by State Departments of Health in addition to programs for American Indian and Alaska Natives. In addition to the state programs there are programs administrated by the Native American Rehabilitation Association and South Puget Intertribal Planning Agency.

Resources Available

Get a free or low-cost mammogram and pap test for those who qualify.

How to Obtain Resources

See the following pages (55-) for program contacts in Idaho, Oregon, and Washington.

Contact Information

The following pages contain information for each of the programs.

Source: www.cdc.gov/cancer/nbccedp/

Native American Rehabilitation Association of the NW, Inc. (NARA)



General Information

The NARA, Women's Wellness Program, Breast & Cervical Cancer Program provides AI/AN women the opportunity to receive screening, referral and follow-up care in a culturally appropriate environment.

Resources Available

The program offers annual women's wellness exams and breast and cervical health education. Our care includes follow-up, referral, transportation services if necessary, and appointments with a female health care provider. These screening services are provided at no cost to those who qualify; those that are uninsured, underinsured, underserved, at-risk, never been screened, or rarely screened.

How to Obtain Resources

Call the NARA Indian Health Clinic @ 503.230.9875 to see if you qualify for the Breast & Cervical Cancer Program

Contact Information

NARA Indian Health Clinic
Women's Wellness Program
15 North Morris Street
Portland, OR 97227
Phone: (503) 230-9875
Fax: (503) 331-3441
Website: www.naranorthwest.org



South Puget Intertribal Planning Agency (SPIPA)

General Information

SPIPA is a consortium of five tribes in western Washington, including the Chehalis, Nisqually, Shoalwater Bay, Skokomish, and Squaxin Island Tribes.

Resources Available

SPIPA's Native Women's Wellness Program works to reduce breast and cervical cancer mortality through culturally appropriate outreach, education, screening, and diagnostic services. The program provides no-cost mammograms, clinical breast examinations, pelvic exams, and Pap tests to low-income Native American women of the five members tribes, and educational activities.

How to Obtain Resources

Call or write program staff as noted below.

Contact Information

Native Women's Wellness Program
2970 SE Old Olympic Highway
Shelton, WA 98584
Tel: (360) 462-3221
Toll Free: (800) 924-3984 x3221
Fax: (360) 427-8003
Website: www.spipa.org/nativewomen.shtml

Idaho Women's Health Check



General Information

Women's Health Check is a federally funded program that offers free breast and cervical cancer screening to women who qualify. Women's Health Check exams are available statewide from qualified Idaho providers including district health departments, clinics, tribal health facilities, gynecologists, and family practice doctors. Women's Health Check is for:

Resources Available

- **Women between the ages of 50 - 64** for Pap test, clinical breast exam and mammogram
- **Women between the ages of 40 - 49** for Pap test
- Note: Women who have not had a Pap test or not had a Pap test in the last 5 years are at high risk for cervical cancer and are a priority for enrollment.
- Have income below 200% of the federal poverty level (see website)
- No health insurance coverage for Pap tests or mammograms
- Women over age 65 who are NOT eligible for Medicare or cannot afford Medicare Part B

***Limited enrollment and services** available for uninsured women who meet these additional criteria:*

- *Age 30 – 49 and have symptoms suspicious of breast cancer confirmed by a health care professional*
- *Age 30 – 39 and have symptoms suspicious of cervical cancer confirmed by a health care professional*

How to Obtain Resources

Dial 2-1-1 Idaho CareLine or 1-800-926-2588 to refer a client to a *Health Check* Coordinator.

Contact Women's Health Check Central Office 208-334-5805 for questions, material requests, or to find out about partnership opportunities including how to become a Women's Health Check provider.

Contact Information

Minnie Inzer Muniz, Program Manager
Women's Health Check
Idaho Department of Health and Welfare
450 W State Street, 4th Floor
Boise, ID 83720-0036
Tel: (208) 334-5805
Fax: (208) 334-6573
Email: inzerm@dhw.idaho.gov
Website: www.healthandwelfare.idaho.gov

Idaho Health District Women's Health Check Programs

Idaho Tribes	Panhandle	North Central	Southwest	South Central	Southeastern	Eastern Health Department
Coeur d'Alene	X					
Kootenai	X					
Nez Perce		X				
Northwestern Band of the Shoshone Nation					X	
Shoshone Bannock Tribes					X	

Idaho Women's Health Check Coordinators

Name	WHC Coordinator	Website
Panhandle Health District 8500 N. Atlas Rd Hayden, ID 83835	Gail Turley Phone: (208) 415-5293 Fax: (208) 415-5101 Email: gturley@phd1.idaho.gov	www.phd1.idaho.gov
North Central Health District 215 10th Street Lewiston, ID 83501	Susan Stutzman Phone: (208) 799-3100 x0362 Fax: (208) 799-0349 Email: sstutzman@phd2.idaho.gov	www.ncdhd.us
Southwest District Health Department 920 Main Street Caldwell, ID 83605	Debbie Dobbs Phone: (208) 365-6371 Fax: (208) 454-7722 Email: deborah.dobbs@phd3.idaho.gov	www. publichealthidaho.com
South Central District Health Department 1020 Washington Street N Twin Falls, ID 83301-3156	Sharlynn Van Tassell Phone: (208) 737-5935 Fax: (208) 734-9502 Email: svantassell@phd5.state.id.us	www.phd5.idaho.gov
Southeastern District Health Department 1901 Alvin Ricken Drive Pocatello, ID 83201	Julie Fagnant Phone: (208) 239-5232 Fax: (208) 234-7169 Email: jfagnant@phd6.idaho.gov	www.sdhdidaho.org
Eastern Idaho Health Department 1250 Hollipark Dr. Idaho Falls, ID 83401	Pat Fletcher Phone: (208) 522-0310 Fax: (208) 525-7063 Email: fletcher@phd7.idaho.gov	www2.state.id.us/phd7/
Family Practice Residency of Idaho 777 North Raymond Boise, ID 83704	Tonya Bowers Phone: (208) 367-6638 Fax: (208) 947-0913 Email: Tonya.Bowers@FMRIdaho.org	www.fmridaho.org
Terry Reilly Health Services 223 16th Avenue North Nampa, ID 83653	Roxanne Ohlund Phone: (208) 318-1260 Fax: (208) 466-5359 Email: rohlund@trhs.org	www.trhs.org
Saint Alphonsus Breast Cancer Center 6200 W. Emerald Boise, ID 83704	Cynthia Benson Phone: (208) 367-8332 Fax: (208) 367-3390 Email: cyntbens@sarmc.org	www.saintalphonsus. org



Oregon Breast and Cervical Cancer Program

General Information

The Oregon Breast and Cervical Cancer Program (OBCCP) in Oregon state is designed to provide uninsured and underinsured women aged 40 to 64 with breast and cervical cancer screenings. Women ages 40 to 64 whose household income is at or below 250% of the Federal Poverty Level (FPL) Guidelines are eligible for free breast and cervical cancer screening and diagnostic services. Age- and income-eligible women having insurance that covers the procedures either in part, or having not met their deductibles may get their screening and diagnostic services through this program.

Medicaid and Medicare Part B covers the same screening and diagnostic services as OBCCP. Women with Medicaid as their primary health coverage are not eligible for OBCCP. A woman's Medicaid coverage for her dependents has no bearing on her OBCCP eligibility. Women without Medicare Part B may be eligible for the program.

Resources Available

BCCP pays for annual screenings. This includes a clinical breast examination, mammogram, pelvic exam, and pap test, as indicated.

How to Obtain Resources

For more information about the program, including detailed client eligibility requirements and providers in your area, call 1-877-255-7070, or visit the BCCP website at www.healthoregon.org/bcc.

To sign up for the BCCP quarterly newsletter or receive brochures, send an email request to bccp.info@state.or.us or call the BCCP office at 971-673-0581.

Contact Information

Oregon Breast and Cervical Cancer Program
Office of Family Health, Public Health
Department of Human Services
800 NE Oregon Street
Portland, OR 97232
Phone: 971-673-0581
Fax: 971-673-0997
www.healthoregon.org/bcc

Oregon WISEWOMAN Program



General Information

The Oregon WISEWOMAN Program (WW) is designed to provide currently enrolled BCCP women, who are uninsured and underinsured (aged 40 to 64), with chronic disease risk factor screening, a lifestyle intervention, and referral services in an effort to prevent cardiovascular disease. To be eligible, women must have household income at or below 250% of the Federal Poverty Level (FPL).

Resources Available

WW pays for annual screenings. This includes standard preventive services including blood pressure and cholesterol testing. WW also offers testing for diabetes. Women are not just tested and referred, but can also take advantage of the Living Well with Chronic Conditions Program (www.healthoregon.org/livingwell) that promote lasting, healthy lifestyle changes.

How to Obtain Resources

For more information about the program, including detailed client eligibility requirements and providers in your area:

Call 1-800-723-3638

or

Visit the website at www.healthoregon.org/wh/wisewoman

Contact Information

Oregon WISEWOMAN Program
Office of Family Health, Public Health Division
Department of Human Services
800 NE Oregon St.
Portland, OR 97232
Phone: 971-673-1123
Fax: 971-673-0278

Washington Breast & Cervical Health Program



General Information

The Washington Breast and Cervical Health Program (WBCHP) in Washington state is designed to provide uninsured and underinsured women aged 40 to 64 with breast and cervical cancer screenings. Women ages 40 to 64 whose household income is at or below 250% of the Federal Poverty Level (FPL) Guidelines are eligible for free breast and cervical cancer screening and diagnostic services. Age- and income-eligible women having insurance that covers the procedures either in part, or having not met their deductibles may get their screening and diagnostic services through this program.

Medicaid and Medicare Part B covers the same screening and diagnostic services as WBCHP. Women with Medicaid as their primary health coverage are not eligible for WBCHP. A woman's Medicaid coverage for her dependents has no bearing on her WBCHP eligibility. Women without Medicare Part B may be eligible for the program.

Resources Available

WBCHP pays for annual screenings. This includes a clinical breast examination, mammogram, pelvic exam, and pap test, as indicated.

How to Obtain Resources

To find out about education and screening activities near you, or to learn about becoming involved, contact the local BCC Program near you. You can find out more information either through the local Indian health program or local health department

Contact Information

Washington Breast and Cervical Health Program
Washington State Department of Health
NewMarket Industrial Campus, Bldg. 13
P. O. Box 47855
Olympia, WA 98504-7859
Toll Free: 1-888-438-2247
www.doh.wa.gov/wbchp/

Table – Washington Breast & Cervical Health Programs

For Washington Tribes	Puositve Women's Network	Public Health Seattle/ King County	Southwest Washington Medical Center	Spokane Regional Health District	Tacoma-Pierce County health department	Wenatchee Valley Clinic	Yakima Health District
Confederated Tribes of Chehalis			X				
Confederated Tribes of Colville				X		X	
Hoh		X					
Jamestown S' Klallam		X					
Kalispel				X			
Lower Elwha		X					
Lummi	X						
Makah		X					
Muckleshoot		X			X		
Nisqually			X		X		
Nooksack	X						
Port Gamble		X					
Puyallup		X	X		X		
Quileute		X					
Quinault Indian Nation		X	X				
Samish	X						
Sauk Suiattle	X						
Shoalwater Bay			X				
Skokomish			X				
Snoqualmie		X					
Spokane				X			
Squaxin Island			X				
Stillaguamish	X						
Suquamish		X					
Swinomish	X						
Tulalip Tribes	X						
Upper Skagit	X						
Yakama Nation			X				X

Washington Breast & Cervical Health Program Contacts

Prime Contractor	Counties Served	Primary Contact
<p>Positive Women's Network 2817 Rockefeller Everett, WA 98201 (888) 651-8931 www.pwnetwork.org</p>	<p>Island, San Juan, Skagit, Snohomish, Whatcom</p>	<p>Kerri L. Mallams, MSW Executive Director (425) 259-9899 kmallams@pwnetwork.org</p>
<p>Public Health Seattle-King County 111 Israel Rd SE, 3rd floor Tumwater, WA 98501-7855. Toll-free: (800) 756-5437</p>	<p>Clallam, Jefferson, King, Kitsap</p>	<p>Ellen Phillips-Angeles Phone: (206) 205-5679 or (800) 756-5437 ellen.Phillips-angeles@metrokc.gov</p>
<p>Southwest Washington Medical Center 600 NE 92nd Avenue P.O. Box 1600 Vancouver, WA 98661 Toll-free: (800) 992-1817</p>	<p>Clark, Cowlitz, Klickitat, Pacific, Skamania, Wahklakum, Grays Harbor, Lewis, Mason, Thurston</p>	<p>Sherril Allen Phone: 360-514-3126 Or (800) 992-1817 smallen@swmedctr.com</p>
<p>Spokane Regional Health District 1101 West College Avenue, Suite 401 Spokane, WA 99201 Toll-free: (888) 461-8876</p>	<p>Adams, Asotin, Ferry, Garfield, Lincoln, Pend Oreille, Spokane, Stevens, Whitman</p>	<p>Christopher Ziler Phone: (509) 324-1538 or (888) 461-8876 czilar@spokanecounty.org</p>
<p>Tacoma-Pierce County Health Department 3629 South D. Street Tacoma, WA 98418 Tel: (253) 798-4971</p>	<p>Pierce</p>	<p>Karen Fennell Phone: (253) 798-4971 kfennell@tpchd.org</p>
<p>Wenatchee Valley Clinic 830 N. Chelan Wenatchee, WA 98801 Toll-free: (888) 551-3994</p>	<p>Chelan, Douglas, Grant, Okanagon</p>	<p>Marilyn Day Phone: (509) 665-5881 or (888) 551-3994 mday@wvmedical.com</p>
<p>Yakima Health District 1210 Ahtanum Ridge Drive Union Gap, WA 98903 Toll-free: (800) 535-5016</p>	<p>Benton, Columbia, Franklin, Klickitat, Kittitas, Walla Walla, Yakima</p>	<p>Jensen Thayer Phone: (509) 249-6512 or (800) 535-5016 jensen.thayer@co.yakima.wa.us www.yakimapublichealth.org</p>



Section 6: Tribal Cancer Control Planning Forms and Examples



Cornhusk bag courtesy of the Violet Allman Collection (Nez Perce)

Tribal Cancer Action Plans

We have included examples for you to develop tribal action plans related to different phases of cancer control among American Indian and Alaska Native patients and community members. Some of these examples are based on the 20-year plan for Tribal Cancer Control in Northwest Tribes.

We encourage you to use the template to help guide your creativity related to cancer control in your own community. Please pay particular attention to identification of various agencies and other resources that will be useful for implementation of your various programs.

These agencies may include:

- Angel Flight West
- Avon Foundation
- Susan G. Komen for the Cure
- Livestrong Foundation
- American Cancer Society
- Cancer Information Service
- Local Breast and Cervical Cancer Screening and Treatment Program
- Local Cancer Center
- Leukemia and Lymphoma Society
- National Marrow Registry
- Spirit of EAGLES

The definitions used for these plans are:

Resources - Individuals or organizations that can partner to accomplish the activities.

Activity - Used to address problem.

Outputs - Result immediately or soon after the activity

Short and Long Term Outcomes - Result of activity in 1 to 6 years following activities.

Impact - Resulting changes from activity in 7 to 10 years.

Sample Cancer Plans

Sample Plans	Resources	Activities	Outputs	Short and Long Term Outcomes	Impact
Cancer Prevention	<ul style="list-style-type: none"> • Tribal Tobacco Coordinator • American Lung Association: Teens Against Tobacco Use (TATU) • American Cancer Society: Tobacco Youth Speakout 	<ul style="list-style-type: none"> • Fun event with meeting 	<ul style="list-style-type: none"> • Number of youth attending group meetings 	<ul style="list-style-type: none"> • Number of youth not using commercial tobacco 	<ul style="list-style-type: none"> • Reduce initiation of commercial tobacco use among youth ages 10-19
Screening and Early Detection	<ul style="list-style-type: none"> • Susan G. Komen Foundation • NTCCP • Region X Women's Health 	<ul style="list-style-type: none"> • Women's health Day, holding educational activities, survivor presentations, food, and fun 	<ul style="list-style-type: none"> • Number of women participate in event 	<ul style="list-style-type: none"> • Number of women who receive annual mammograms 	<ul style="list-style-type: none"> • Increase awareness of women 40 and older about the importance of annual mammograms



Sample Cancer Plans (Continued)

Sample Plans	Resources	Activities	Outputs	Short and Long Term Outcomes	Impact
Cancer Treatment	<ul style="list-style-type: none"> • CancerCare • Patient Advocate Foundation • Yakama Office of Native Cancer Survivorship • Native People's Circle of Hope 	<ul style="list-style-type: none"> • Create Phone tree for volunteer network • Train volunteer network • Distribute phone tree to cancer center for native cancer patients to receive 	<ul style="list-style-type: none"> • Number of volunteer hours • Number of patient assistance 	<ul style="list-style-type: none"> • Number of Patients attending cancer center appointments 	<ul style="list-style-type: none"> • Improve cancer patient attendance at cancer center appointments
Palliation	<ul style="list-style-type: none"> • NPAIHB • Local Cancer Center • Local Spiritual Leadership 	<ul style="list-style-type: none"> • Mobilize local volunteer support network to educate patients about available resources 	<ul style="list-style-type: none"> • Number of community health providers educated 	<ul style="list-style-type: none"> • Number of patients reporting good pain management 	<ul style="list-style-type: none"> • Increase percentage of patients who state that their cancer pain is under good control

Sample Community Activity Plan

Goal: Increase Cancer Awareness									
Activity: Community Cancer Awareness Walk/Ride May 13, 2006									
Action Steps	Accountability		Schedule		Resources		Feedback Mechanism		
	Primary	Others	Start	End	Dollars	Time (hrs)			
Event Planning	Cancer Survivor		4/4/06				Attendance		
Park Facilities Registration	Breast & Cervical Program				\$25	0.3			
Get Event Tables	Cancer Survivor Group		5/13/06	5/13/06	\$0	0.5			
Riding Wagon Rental	Breast & Cervical Program		4/6/06	4/6/06	\$195	0.3	Receipt		
Purchase T-Shirts	Cancer Survivor				\$600	8	Receipt		
Cancer Pins/tape measures	Breast & Cervical Program				\$50	0.6			
Water	Cancer Survivor				\$10	0.2			
Juice	Cancer Survivor	Local Juice Company			\$108	0.6			
Event Posters	Cancer Survivor	Local Casino			\$200	8			
Event Maps	Breast & Cervical Program	Local Historical Society			\$0	0.15			
Cancer Literature	Community Health Representative	American Cancer Society			\$0	0.3			
Total					\$1188	18.95	Attendance & Satisfaction Survey		



Strategic Plan

Sample Plans	Resources	Activities	Outputs	Short and Long Term Outcomes	Impact

Section 7: Cancer Control Partnership Programs for conducting Activities with Northwest Tribes



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Table of Section 7 Cancer Partnership Programs

Organization	Grants	Presentations	Trainings	Speakers Bureau	Cancer Research	Conference/Workshop Organizer	Available Meeting Space	Data Provider	Program Evaluation	Materials Development	Grant Writing Assistance	Page
Northwest Tribal Comprehensive Cancer Program												75
Northwest Tribal Epidemiology Center												76
Northwest Tribal Registry Project												77
MSPI												79
Project Red Talon												80
Western Tribal Diabetes Program	Not Yet Available											81
South Puget Intertribal Planning Agency												82
Comprehensive Cancer Alliance of Idaho	Not Yet Available											83
Oregon Partnership for Cancer Control												84
Washington Cancer Control Partnership	Not Yet Available											85
Idaho Tobacco Prevention and Control Program												86
Oregon Tobacco Prevention & Education Program												87
Spirit of EAGLES	Not Yet Available											88
Native CIRCLE	Not Yet Available											89
Native American Cancer Research												91
National Indian Women's Health Resource Center	Not Yet Available											92
IHS Clinical Support Center												93
Intercultural Cancer Council	Not Yet Available											94
Livestrong Foundation												95
Susan G. Komen for the Cure												96
American Lung Association	Not Yet Available											97

Northwest Tribal Comprehensive Cancer Program



General Information

In December 1998, the Northwest Tribal Comprehensive Cancer Program (NTCCP) began its work to reduce the cancer burden in Northwest tribal communities by taking an integrated and coordinated approach to cancer control through prevention, screening and early detection, diagnosis, treatment, rehabilitation, and palliation. The Northwest Tribal Cancer Coalition, meeting since 1999, directs project activities.

NTCCP's current priorities are:

1. Meet with tribal cancer control teams to identify potential partners to provide resources to tribes.
2. Contact potential cancer control organizations regarding participation with tribes.
3. Facilitate the development of tribe-specific action plans at initial meetings with tribes and in follow-up conference calls.
4. Conduct meetings between tribal representatives and their current and potential cancer control partners to discuss action plans.
5. Assist tribes in developing evaluation strategies and outcome measures for their action plans.
6. Provide technical assistance to tribes as they implement their action plans.
7. Collect and analyze evaluation data.
8. Prepare final evaluation report.

Resources Available

Staff provide technical assistance and training. Efforts are directed toward bringing more resources into tribal communities to reduce the cancer burden and support tribal cancer control efforts. The 20-year comprehensive cancer control plan and Cancer 101 curriculum are also available for Indian health programs to adapt to their local needs.

Contact Information

Kerri Lopez, Project Director
Northwest Tribal Comprehensive Cancer Program
Northwest Portland Area Indian Health Board
2121 SW Broadway, Suite 300
Portland, OR 97201
Phone: (503) 416-3301
Fax: (503) 228-8182
Website: www.npaihb.org
Email: klopez@npaihb.org

Northwest Tribal Epidemiology Center

General Information

The mission of the Northwest Tribal Epidemiology Center (The EpiCenter) is to collaborate with Northwest American Indian Tribes to provide health-related research, surveillance, and training to improve the quality of life of American Indians and Alaskan Natives (AI/ANs).

Tribal health research and surveillance priorities are identified by NPAIHB delegates on an annual basis. The EpiCenter's current goals include:

- Assisting communities in implementing disease surveillance systems and identifying health status priorities.
- Providing health specific data and community health profiles for Tribal communities.
- Conducting tribal health research and program evaluation.
- Partnering with tribal, state, and federal agencies to improve the quality and accuracy of AI/AN health data.

The EpiCenter is one of eleven national Centers charged with collecting tribal health status data, evaluating data monitoring and delivery systems, and assisting tribes in identifying local priorities for healthcare delivery and health education. Since 1997, The EpiCenter has administered a number of successful health research and surveillance projects serving the Northwest Tribes.

The work of the EpiCenter includes:

- Data Quality Projects
- Health Promotion and Disease Prevention Projects
 - Cancer
 - Immunizations
 - Maternal and Child Health
 - Dental and Nutrition
 - STD/HIV
 - Methamphetamine
 - Northwest Native American Research Center for Health
- Surveillance
- Training and Outreach

For additional information please go to www.npaihb.org/.

Resources Available

The *EpiCenter* is involved with collecting data relating to and monitoring progress towards meeting health status objectives; evaluating delivery systems and data systems; and assisting tribes to identify high priority needs for health care delivery and health education.

Contact Information

Victoria Warren-Mears, PhD, RD, LD
EpiCenter Director
Northwest Tribal Epidemiology Center
Northwest Portland Area Indian Health Board
2121 SW Broadway, Suite 300
Portland, OR 97201
Phone: (503) 228-4185
Fax: (503) 228-8182
Website: www.npaihb.org/
Email: vwarrenmears@npaihb.org

Northwest Tribal Registry Project

General Information

The Northwest Tribal Registry Project was developed in January 1999 by the Northwest Tribal Epidemiology Center. The Registry Project utilizes a probabilistic linkage methodology to increase the quality of disease surveillance data for American Indians and Alaska Natives in Idaho, Oregon and Washington.

Morbidity and mortality data on Northwest AI/AN exist in many health-related data sets not controlled by Indian health care programs, including state cancer registries, hospital discharge data sets, and state death certificates. Unfortunately, race data are often incorrectly or inconsistently recorded, leading to incomplete and inaccurate race-specific disease measures.

By employing the record linkage methodology, the Registry Project allows for the identification of racial misclassification and thus a more accurate characterization of disease burden among the Northwest AI/AN population.

Resources Available

The project can provide Northwest Tribes and Tribal Health Programs

- Racially corrected Portland Area IHS, state specific, county or zip code based AI/AN cancer incidence and mortality
- Assistance with tribal cancer data needs as requested

Contact Information

For more information, please contact:

Megan Hoopes, MPH
Northwest Tribal Registry Project Director
2121 SW Broadway, Suite 300
Portland, OR 97201
Phone: (503) 228-4185 ext. 261
Fax: (503) 228-8182
Email: mhoopes@npaihb.org



Western Tobacco Prevention Project

General Information

The Vision of the NPAIHB Tobacco Team

The Western Tobacco Prevention Project's (WTPP) vision is to enhance the wellness of American Indian and Alaska Native communities by providing culturally appropriate tobacco education and prevention resources through training, technical assistance, collaboration and advocacy with a commitment to excellence.

Tobacco Related Cancers

Tobacco use is the single most preventable cause of cancer. Currently, almost 40 percent of all American Indian and Alaska Native deaths are estimated to be attributable to commercial tobacco. Eight forms of cancer are largely attributed to smoking, including: mouth, larynx, pharynx, lung, esophagus, pancreas, kidney, pelvis and bladder cancer. The use of cigarettes, cigars, pipes, and smokeless tobacco, as well as exposure to second hand smoke, extensively increases one's risk of developing cancer.

NPAIHB Tobacco Project Goals

- Promote respect for the sacred use of traditional tobacco
- Promote cessation services
- Prevent youth initiation
- Reduce exposure to secondhand smoke
- Counter tobacco company advertising on tribal lands

Resources Available

Resources provided by the Western Tobacco Prevention Project

- Technical assistance tailored to reduce commercial tobacco use
- Assistance in the development of media materials and campaign information
- Access to information about tobacco and culturally appropriate materials
- Workshops, training, and skill-building sessions
- Assistance in policy development around clean indoor air and youth access

Contact Information

Teresa White
Western Tobacco Prevention Project
Northwest Portland Area Indian Health Board
2121 SW Broadway, Suite 300
Portland, OR 97201
Phone: (503) 416-3272
Fax: (503) 228-8182
Email: twhite@npaihb.org
Website: www.npaihb.org

Methamphetamine & Suicide Prevention Initiative (MSPI): Suicide Prevention Project



General Information

The MSPI Suicide Prevention Project provides education, training, and technical assistance to the tribes of Idaho, Oregon, and Washington on the prevention and awareness of suicide.

Resources Available

The MSPI Suicide Prevention Project provides suicide gatekeeper training and technical assistance to tribal health professionals and community health advocates. The project works to implement the Northwest Suicide Prevention Tribal Action Plan. The project will develop and disseminate culturally-appropriate prevention materials and resources, provide suicide prevention training and technical assistance, and offer financial support to NW tribes who are interested in implementing suicide prevention activities in their local communities.

How to Obtain Resources

Download materials at: www.npaihb.org/epicenter/project/methamphetamine_and_suicide_prevention_initiative_mspi1/

Or contact the project coordinator at: cvaneynde@npaihb.org

Contact Information

Colbie Van Eynde, MPH
Suicide Prevention Project Coordinator
Phone: (503) 416-3284 Email: cvaneynde@npaihb.org

Stephanie Craig Rushing, MPH, PhD(c)
Project Director
Phone: (503) 416-3294 Email: scraig@npaihb.org

Lisa Griggs
Training Coordinator
Phone: (503) 416-3269 Email: lgriggs@npaihb.org

Northwest Portland Area Indian Health Board

2121 SW Broadway Drive, Suite 300
Portland, OR 97201
Fax: (503) 228-8182
Website: www.npaihb.org/epicenter/project/methamphetamine_and_suicide_prevention_initiative_mspi1/

Project Red Talon



General Information

Project Red Talon (PRT) provides education, training, and technical assistance to the tribes of Idaho, Oregon, and Washington on the prevention and treatment of sexually transmitted diseases.

Resources Available

Project Red Talon provides STD training and technical assistance to tribal medical providers, health professionals, and community health advocates. PRT facilitates the Red Talon STD/HIV Coalition, a group committed to reducing the prevalence of STDs among American Indians and Alaska Natives in the Pacific Northwest. PRT supports the adoption of new STD screening and treatment practices in tribal clinics. And by developing brochures, fact sheets, and resources, PRT supports activities that increase tribal knowledge about effective STD prevention, screening, and treatment strategies.

How to Obtain Resources

Download materials at: www.npaihb.org/std-aids/prt.html
Or call toll free: 877-955-5519

Contact Information

Stephanie Craig Rushing, MPH
Director, Project Red Talon
Northwest Portland Area Indian Health Board
2121 SW Broadway, Suite 300
Portland, OR 97201
Phone: (503) 416-3294
Fax: (503) 228-8182
Email: scraig@npaihb.org
Website: www.npaihb.org/std-aids/prt.html

Western Tribal Diabetes Project

General Information

The goal of Western Tribal Diabetes Project (WTDP) is to provide technical assistance to Northwest Tribes to develop a system for sustained data collection, reporting, and utilization. The objectives of WTDP are designed to assist the Tribes:

- Build a foundation to provide complete and accurate information about patients with diabetes
- Estimate the burden of disease and impact of diabetes by using an electronic diabetes register
- Improve health outcomes by using an electronic diabetes register to make informed decisions about clinical diabetes care
- Prevent diabetes in high-risk individuals
- Computer Trainings
- Assistance annual audit

WTDP has developed several tools to guide diabetes programs data improvement and health promotion activities.

Resources Available

WTDP has developed several tools to be used throughout the data improvement process. These tools include:

- Capacity Measurement Scale
- Mock Reports
- Site Work-plan
- Diabetes Screening Toolkit
- Bulletin
- RPMS Computer Program Training
- Workshops for Data Utilization
- Summary Diabetes Reports
- Excel Reports for Diabetes Audit

How to Obtain Resources

Kerri Lopez, Project Director
Western Tribal Diabetes Project
2121 SW Broadway, Suite 300
Portland, Oregon 97201
Phone: 1 (800) 862-5497
Fax: (503) 228-4801
Email: klopez@npaih.org
Website: www.npaihb.org/epi/cadsp/WTDP_home.html

South Puget Intertribal Planning Agency

Comprehensive Cancer Control Project



General Information

South Puget Intertribal Planning Agency, SPIPA, driven by the values of service, collaboration and respect, has been serving the five tribes in Western Washington including: the Shoalwater Bay Tribe, Skokomish Tribe, Squaxin Island Tribe, Confederated Tribes of the Chehalis Reservation, and Nisqually Tribe, since 1976. Each tribe has their own characteristics that reflect their rich history and traditions as well as vision for the future. All five tribes have worked hard to develop community centers, health facilities, youth programs, elder services, tribal enterprises, and more. There is a National Breast and Cervical Cancer Program available for education and screening members of the five SPIPA tribes.

SPIPA's Cancer Control Planning efforts are rooted in the notion that many successful programs in Indian Country have begun as small projects that gradually developed and evolved in response to the needs of the communities being served. Meeting the needs of our five tribes works best with small, local beginnings and strong partnerships that respect community-based planning and management. This means important planning and decision making still take place at the tribal or community level.

SPIPA recognizes that good health can only be attained through helping tribal and community members improve the whole situation in which they live. Through strong partnerships this program is linking health activities with other aspects of social development. Health is seen as a state of wholeness and well being in the five tribes. This program is committed to cancer control efforts that enable tribal and community members from the SPIPA tribes to work together to improve community wellness in a way that is self-reliant and responsive to ongoing needs.

Resources Available

- Provide cancer prevention, education and awareness for tribal and community members at the SPIPA tribes
- Detect all screenable cancers at the earliest stage for tribal and community members
- Ensure that all tribal and community members with cancer at the Tribes receive cancer treatment services
- Ensure that tribal and community cancer survivors and their loved ones at all five tribes receive support

Contact Information

John C Simmons
Program Coordinator
Comprehensive Cancer and Control Project
Phone: (360)462-3226
Fax:(360)427-8003
Cell:(360)556-9508
Email: simmons@SPIPA.org
Website: www.spipa.org/expanding.shtml#cancer



Comprehensive Cancer Alliance for Idaho (CCAI)

General Information

Idaho aims to coordinate efforts to address the cancer burden by strengthening alliances and encouraging collaboration across the spectrum of cancer prevention, detection, and care. The Comprehensive Cancer Alliance for Idaho (CCAI) has identified five focus areas and the following workgroups have been formed:

- Prevention
- Early Detection
- Treatment
- Quality of Life and Survivorship
- Data
-

The following task groups have also been formed:

- Childhood Cancer
- Environmental Interest Group
- Cervical Cancer

Resources Available

The resources available include:

- The Idaho Comprehensive Cancer Strategic Plan, 2006-2010
- The Idaho Childhood Cancer Plan, 2008-2010 (New!)
- Idaho Fights Colon Cancer: Preventable, Treatable, Beatable - Colon Cancer Materials
- No Sun for Baby materials (Parent information for sun safety)
- Worksite Promotion Materials to encourage breast cancer screening (being piloted)
- Data reports and fact sheets

Contact Information

Patti Moran, MHS
Comprehensive Cancer Control Program Manager
450 W. State Street, 6th Flr.
P.O. Box 83720
Boise, ID 83720-0036
Phone: 208-332-7344
Fax: 208-334-6573
Email: moranp@dhw.idaho.gov
Website: www.idcancer.org/ccp

Oregon Partnership for Cancer Control (OPCC)

General Information

Oregon Partnership for Cancer Control, OPCC, was formed in April 2004 to create the first statewide cancer plan for Oregon. More than 100 organizations are represented from health care, voluntary and community-based organizations. Membership and meetings are open to any interested individual or organization. OPCC activities are supported by a grant from the Centers for Disease Control and Prevention.

Resources Available

Resources available on the OPCC website (www.healthoregon.org/cancer)

- Oregon Comprehensive Cancer Plan 2005-2010
- Oregon Cancer Resources
- National Cancer Resources

Workgroups:

- Prevention and Early Detection
- Colorectal Health Task Force
- Breast Health Task Force
- Cancer Treatment and Quality of Life
- Cancer Surveillance

Contact Information

Sabrina Freewynn, MPH
Project Coordinator
Oregon Partnership for Cancer Control
Oregon Health Services
800 NE Oregon Street, Suite 730
Portland, OR 97232-2162
Phone: (971) 673-1121
Fax: (971) 673-0994
Email: sabrina.l.freewynn@state.or.us
Website: www.healthoregon.org/cancer

Washington Comprehensive Cancer Control Partnership (WCCCP)

General Information

Washington Comprehensive Cancer Control Partnership, WCCCP, is a diverse group of public, private, and non-profit organizations and individuals working to implement and evaluate the state cancer plan. WCCCP includes over 180 members representing approximately 60 organizations and an additional 24 independent members. Membership and meetings are open to any organization or individual interested in cancer prevention and control. In 2006, the WCCCP received the first annual C-Change Exemplary Planning Award, recognizing a Comprehensive Cancer Control plan developed through a stakeholder and data driven process that is likely to be effective during its implementation phase.

Resources Available

A variety of resources are available on the Department of Health CCC Program website: www.doh.wa.gov/ccp

- Washington State Comprehensive Cancer Control Plan, 2004-2008
- Cancer Connection (WCCCP newsletter)
- Literature reviews and survey reports – colorectal cancer (samples):
 - * KAP survey report (physician knowledge, attitudes, and practices)
 - * Patient and physician barriers to screening
 - * Priorities for screening interventions
- Literature reviews and survey reports – prostate cancer (samples):
 - * KAP survey report (physician knowledge, attitudes, and practices)
 - * Screening and informed decision-making
 - * PSA controversy
 - * Priorities for intervention
- Other resources:
 - * Better Care for Cancer: A Symposium on the Quality of Cancer Care in Washington (recorded presentations available online at: [Swedish Cancer Institute - videomedia.swedish.org/Mediasite/Viewer/?cid=2193cdd8-4e3f-4b33-bca5-86bd49c2a6e8](http://SwedishCancerInstitute.org/Mediasite/Viewer/?cid=2193cdd8-4e3f-4b33-bca5-86bd49c2a6e8))
 - * Annual Partnership summit – train, empower, and engage Partnership members on priority issues in cancer prevention and control

Contact Information

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Program Manager
Comprehensive Cancer Control Program
Washington State Department of Health
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Olympia, WA 98504-7855
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Email: bethany.druckenmiller@doh.wa.gov
Website: www.doh.wa.gov/ccp

Project Filter

Idaho Tobacco Prevention and Control Program



General Information

Project Filter is a federally and state funded program that offers support to Idaho Tribes to address commercial tobacco use and secondhand smoke. Efforts towards prevention, cessation and elimination of secondhand smoke are developed by each Tribe and accomplished through a mix of education about commercial and traditional tobacco use, tobacco marketing awareness, and a strengthening of cultural ideals, leadership skills and community involvement.

Project Filter Goals

- Preventing young people from starting to smoke
- Eliminating exposure to secondhand smoke
- Promoting quitting among young people and adults
- Identifying and eliminating disparities in tobacco use among different population groups

Cessation Resources

Cessation services are offered through some Tribal Health Clinics and most local Health Departments. (See Tribal Tobacco Contacts below). Additional cessation assistance is available through:

Idaho QuitLine 1 (800) QUITNOW

TTY 1- 888 - 229 - 2182

- Free telephone counseling service to help smokers quit
- 5 free cessation Counseling sessions with trained cessation counselor
- Printed education materials
- Information about medications to help smokers quit
- All services are available in English, Spanish and for the Deaf and Hard Hearing Community.

Idaho QuitNet

www.idaho.QuitNet.com

- Free internet service that can help smokers quit
- Offers expert advice on quitting
- Online support from other smokers who are trying to quit
- Quitting guides to help smokers plan their quit attempt
- Directory of classes in local areas
- Quit calendar

Or call 2-1-1, Idaho CareLine

Contact Information

Idaho Department of Health

Disparities Coordinator - Jamie Delavan (208) 334 - 0643 delavanj@idhw.state.id.us

Tribal Tobacco Coordinators

Coeur d'Alene Tribe – Nathaniel SiJohn, (208) 686-1931 nsijohn@bmc.portland.ihs.gov

Nez Perce Tribe – Joyce McFarland (208) 843 - 7303 joycem@enterprise.nezperce.org

Shoshone Bannock Tribes – Merilee Caldwell (208) 478 - 3967 mcaldwell@sbth.nsn.us

Shoshone-Paiute Tribes – Virginia Howard (208) 757 - 2923 vzhoward0624@yahoo.com

Oregon Tobacco Prevention & Education Program

General Information Tobacco use kills 18 Oregonians every single day - more people each year than AIDS, car crashes, alcohol and drug abuse, murders and suicides combined.

Oregon's Tobacco Prevention and Education Program (TPEP) works. It helps people quit, keeps kids from starting and protects Oregonians from secondhand smoke. Tobacco prevention saves lives and money.

The Tobacco Prevention and Education Program's goals:

- Prevent youth from initiating tobacco use
- Help smokers quit
- Eliminate exposure to secondhand smoke
- Identify and eliminate tobacco-related disparities in all populations.

TPEP works with local health departments, tribes, schools, media, health systems, and community organizations to deliver a comprehensive tobacco prevention program to all Oregonians. These program activities use evidence-based strategies to reduce and prevent tobacco use.

Resources Available The **Oregon Tobacco Quit Line** (1-800-QUIT-NOW) provides assistance and coaching to callers who want to quit using tobacco. The Quit Line is a free service offered to all Oregonians who use tobacco, their friends, family and health care providers who want to help.

Tribal tobacco prevention programs support tobacco prevention policy development that reflects and respects tribal community values and norms. Contact Tobacco Prevention Coordinators for more information.

Tribal Tobacco Coordinators

Coos, Lower Umpqua & Siuslaw Tribes – Doug Barrett (541) 997-6685 dbarrett@ctclusi.org

Burns Paiute Tribe – Phyllis Miller (541) 573-7312 phyllis.miller@ihs.gov

Coquille Indian Tribe – Connie Barton (541) 888-9494 connieb@uci.net

Cow Creek Band of Umpqua Tribe of Indians – Andrea Davis (541) 677-5575 adavis@cowcreek.com

Confederated Tribes of Grand Ronde – Lisa Leno (503) 879-1471 lisa.leno@grandronde.org

Klamath Tribe – Christa Runnels (541) 882-1487 cmrunnels@klm.portland.ihs.gov

Confederated Tribes of Siletz Indians – DeAnna Pearl (541) 444-9659 siletztobacco@ctsi.nsn.us

Confederated Tribes of the Umatilla – Kristi Yunker (541) 966-2467 Kristiyunker@ctuir.com

Confederated Tribes of Warm Springs – Joyce Oberly (541) 553-3462 joberly@wstribe.org

Tobacco Prevention & Education Program

Luci Longoria, MPH, Community Programs Manager

800 NE Oregon Street, Suite 730, Portland, OR 97232

Phone: 971-673-1064 Fax:

Email: luci.longoria@state.or.us

Website: www.healthoregon.org/tobacco

Spirit of EAGLES



National Cancer Institute Community Networks Program

General Information

The goal of Spirit of EAGLES Community Networks Program (SoE CNP), a program of the National Cancer Institute's (NCI) Center to Reduce Cancer Health Disparities, is to reduce cancer disparities in American Indian/Alaska Native populations through community participation in education, research, and training. A major focus of this effort is to improve access to and utilization of beneficial cancer interventions by AI/ANs residing in both rural and urban settings. In addition, SoE CNP strives to provide mentoring and training opportunities for AI/AN researchers who will work to continue to address reduction and elimination of cancer disparities within these settings.

SoE CNP works through partnerships to bring the voice of the community forward to define the most effective ways to reduce the burden of cancer within this population. Examples of these partnerships include tribal organizations like the Northwest Portland Area Indian Health Board, National Indian Health Board, tribal communities, and the NCI's Cancer Information Service Northwest Region among others.

Resources for Cancer Control developed in collaboration with the NPAIHB

Cancer 101 – A Cancer Education and Training Program for American Indians and Alaska Natives. Teresa Guthrie, RN, MN, developed the Cancer 101 curriculum in consultation with Northwest tribes and the Northwest Tribal Cancer Control Project. It includes seven learning modules about cancer: 1) cancer among American Indians and Alaska Natives, 2) what is cancer, 3) cancer screening and early detection, 4) cancer diagnosis and staging, 5) cancer risk and risk reduction, 6) basics of cancer treatment, 7) support for patients and caregivers. The resource also includes evaluation forms, training tips, a glossary, and list of resources.

You can download the curriculum from the NPAIHB website:
www.npaihb.org/programs/project/ntccp_cancer_101/

Contact Information

Northwest Region

Teresa Guthrie, RN, MN, Project Manager
Cancer Information Service – Northwest Region
1100 Fairview Ave. No., J2-400
P.O. Box 19024
Seattle, WA 98109-1024
Phone (206) 667-7593
Fax: (206) 667-6097
Email: tguthrie@fhcrc.org

National Program

Paulette Baukol
Operations Director
200 1st Street SW
Charlton 6
Rochester, MN 55905
Phone: (507) 266-3064
Fax: 507-266-2478
Email: Baukol.paulette@mayo.edu

Website: www.nativeamericanprograms.org/index-spirit.html



Native CIRCLE

(Cancer Information Resource Center & Learning Exchange)

General Information

The Native CIRCLE is a resource center providing cancer-related materials to healthcare professionals and lay people involved in the education, care and treatment of American Indians and Alaska Natives.

The American Indian/Alaska Native Cancer Information Resource Center and Learning Exchange (Native CIRCLE) exists to stimulate, develop, maintain and disseminate culturally appropriate cancer information materials for American Indian/Alaska Native educators, healthcare leaders and students.

Resources Available

The Native CIRCLE does not produce their own materials. The materials listed in their resource catalog have been gathered from outside agencies, hospitals, clinics, etc., from within the United States and Canada. All materials are free of charge and there are no shipping and handling charges. There is a limit of 15 items with 50 copies maximum (items include videos which have a limit of two copies per video). Please allow 14-20 days for order processing.

How to Obtain Resources

Call toll-free 1-877-372-1617 for the *Resource Catalog* and/or use the order form included in the back pocket of this resource guide.

Contact Information

Native CIRCLE
Charlton 6; Room 282
200 First Street S.W.
Rochester, MN 55905
Toll free: (877) 372-1617
Fax: (507) 266-2478
E-mail: nativecircle@mayo.edu
Webpage: www.mayoclinic.org/nativeprograms

Native American Cancer Research



General Information

Native American Cancer Research (NACR) is an American Indian operated, community-based 501(c)(3) (non-profit) organization. The mission is to reduce cancer incidence and increase survival among American Indians and Alaska Natives. Our priority is to implement cancer research projects involving: prevention, health screening, education, training, control, treatment options, and support.

Research Principles

Because our research is community-based, there are specific stipulations we follow:

1. The community must directly benefit (service or education intervention) from participating in the research project.
2. The research project needs to address the communities' health priorities in a culturally respectful manner while fulfilling the funding agency(ies) research requirements.
3. Members of the community "research team" must be included in leadership roles throughout the research project.

Resources Available

Curricula that have completed extensive intertribal testing for cultural and scientific appropriateness are available on our website as free downloads. These slides will still need tribal and geographic modifications to be culturally relevant to your local communities. We ask that you acknowledge NACR when you use our slides, but you do not need separate permission. Examples of online curricula are:

1. "Get on the Path to Breast Health"
2. "Get on the Path to Cervix Health"
3. "Get on the Path to Colon Health"
4. "Get on the Path to Lung Health"
5. "Get on the Path to Prostate Health"
6. "Clinical Trials Education for Native Americans"
7. "Native American Palliative Care"
8. "Native American Cancer Education for Survivors" (NACES) (the little tree on the left-hand side of the web page links to multiple information and resources for survivors)

Toll-free hotline. NACR staff provide support over a toll the phone to anyone in the US (1-800-537-8295) Monday through Friday 9-2:00 pm MOUNTAIN Time Zone.

Listing continued on next page

Native American Cancer Research

(Continued)

Trainings are implemented by NACR staff in Pine, CO; Denver, CO; in tribal communities' local organizational settings; and in conjunction with ongoing meetings. Training topics include, but are not limited to:

1. Starting and Maintaining a Local Native Cancer Survivors' Circle
2. Creating Cancer Early Detection Through Treatment Native Community Navigator Programs
3. Creating Effective Native American Cancer Outreach Materials and Strategies
4. Family Members Providing Chronic or End-Of-Life Care to a Cancer Patient
5. Developing Comprehensive Cancer Plans
6. Translating Clinical Trials Information For Community Members
7. Improving Provider Communication with Native Cancer Patients and their Family Members
8. Improving Researchers' Skills to Implement Culturally Respectful Community-Based Participatory Research
9. Creating the Next Generation of Native American Cancer Researchers

Community Education Workshops are implemented by three NACR staff usually in the local Native community setting. An average of 18 native community workshops are implemented and evaluated each year. Topics are tailored for the community and evaluation is typically carried out by the use of an electronic audience response system. Topics include, but are not limited to:

1. Easy-to-understand variation or excerpts of the topics listed above under "training" and "curricula"
2. Genetic Education for Native Americans

Public Speaking engagements are primarily implemented by three NACR staff and address a diverse range of topics.

Survivors' Conferences are coordinated in partnership with Native Peoples' Circle of Hope. These conferences are intended for Native American cancer survivors and their loved ones.

Publication and Grant Technical Assistance is provided by two NACR staff on topics as requested by the Native organization.

How to Obtain Resources

You may first review the materials on the website. When presentations, workshops or trainings are desired, please contact us at the business line below.

Contact Information

Native American Cancer Research
3022 South Nova Road
Pine, CO 80470-7830
Phone: 303-838-9359
Fax: 303-838-7629

Survivors' Support Network: 800-537-8295

E-mail: LindaB@NatAmCancer.net

Web Page: www.NatAmCancer.org

National Indian Women's Health Resource Center



General Information

The goal is the establishment of a national Indian women's health network that promotes advocacy, education, policy, development, appropriate research, and encouragement of healthy lifestyle behaviors within cultural class.

The NIWHRC is:

- A national voice supporting the efforts of the Tribal and Urban Indian programs, providing them with a focal point for resources and dissemination of women's health information.
- Committed to sharing information with Indian programs through the expertise of the board members.
- Promoting new women's health related research.

Resources Available

Mentoring

Passing on Tradition is a mentoring program for Native Girls by Native Women. The NIWHRC staff are available to assist communities that are interested in setting up a mentoring program.

Advocacy

The National Indian Women's Health Resource Center brings you information about current issues related to the health of Native American women. As we receive relevant information we will post it at: www.niwhrc.org/advocacy.htm

Program Activities

HIV/AIDS

The goal of the HIV/AIDS Health Promotion and Education Cooperation Agreement project is to raise awareness and educate American Indian families of the risk factors associated and contributing to the contraction of the HIV/AIDS disease by providing culturally appropriate health education materials and trainings on how to reduce an individual and communities risk of becoming infected.

How to Obtain Resources

Visit our website at: www.niwhrc.org

Contact Information

National Indian Women's Health Resource Center
228 S. Muskogee Avenue
Tahlequah, OK 74464
Telephone: 918-456-6094
Fax: 918-456-8128
Email: peiron@niwhrc.org



IHS Clinical Support Center

General Information The Clinical Support Center is an Indian Health Service Headquarters program located in Phoenix, Arizona. Its mission is to serve Indian health program primary care providers through education, communication, and special initiatives.

Resources Available The following services and products are available to all Indian health program providers, facilities, and offices (except when the tribal employee works for a tribe that has taken their tribal share of the CSC budget; tribes that have taken shares through Title 1 or 3 of P.L. 93-638 will need to negotiate a return of funds to CSC):

- Sponsorship of continuing education activities, including assistance with planning, implementation, and evaluation.
- Meeting support (planning, site selection, on-site logistics, equipment, travel order preparation).
- On-site video teleconferencing services.
- Advice and information for continuing education (CE) coordinators through the publication, *The Continuing Education Coordinators' Bulletin*.
- Continuing education for advanced practice nurses and physician assistants at an annual seminar, featuring a variety of interactive workshops.
- Enhancement of clinical skills for pharmacists through the IHS Pharmacy Practice Training Program.
- Dental Assistant training activities
- Self-contained continuing education modules on the topic of Risk Management.
- A lending library of continuing medical education videotapes (purchased for this purpose from the Network for Continuing Medical Education).
- Subscription to *The IHS Primary Care Provider*, a monthly publication (circulation 10,000) that offers timely clinical articles and information relevant to the care of American Indians and Alaska Natives.

How to Obtain Resources Please use the following website:
www.ihs.gov/MedicalPrograms/ClinicalSupportCenter/index.cfm

Contact Information Clinical Support Center
40 North Central Avenue, Suite 780
Phoenix, AZ 85004
Phone: (602) 364-7777
Fax: (602) 364-7788
Email : ed.stein@ihs.gov
Website: www.ihs.gov/MedicalPrograms/ClinicalSupportCenter/index.cfm

Intercultural Cancer Council



General Information

The Intercultural Cancer Council (ICC) promotes policies, programs, partnerships, and research to eliminate the unequal burden of cancer among racial and ethnic minorities and medically underserved populations in the United States and its associated territories.

Resources Available

Cancer Fact Sheets:

- African Americans & Cancer
- American Indians/Alaska Natives & Cancer
- Asian Americans & Cancer
- Hispanics/Latinos & Cancer
- Native Hawaiians/Pacific Islanders & Cancer
- Rural Poor/Medically Underserved Americans & Cancer
- Pain & Cancer
- Workplace & Cancer
- Children/Adolescents & Cancer
- Elderly & Cancer
- Cancer Clinical Trials
- Fatigue and Cancer

The Second Edition Pocket Guide
*Cultural Competence in Cancer Care:
A Health Care Professional's Passport*



How to Obtain Resources

Additional information on the Intercultural Cancer Council can be found on the website iccnetwork.org or by contacting us at:

Contact Information

Intercultural Cancer Council/BAYLOR COLLEGE OF MEDICINE
Monique DeLynn
Project Coordinator
1709 Dryden Rd. Suite 10.25
Houston, TX 77030
Office: 713.798.6372
Fax: 713.798.6222
E-mail: mdelynn@bcm.edu
Website: iccnetwork.org

Livestrong Foundation

Community and National Programs

General Information The Lance Armstrong Foundation (LAF) inspires and empowers people affected by cancer. We help people with cancer focus on living; we believe that unity is strength, knowledge is power and attitude is everything. From the moment of diagnosis, the LAF provides the practical information and tools that people with cancer need to live life on their own terms. The LAF serves its mission through advocacy, public health and research. Founded in 1997 by cancer survivor and champion cyclist Lance Armstrong, the LAF is located in Austin, Texas.

Resources Available The **LAF Community Program** provides financial support and capacity-building counsel for community-centered initiatives that address the physical, emotional, and practical challenges of cancer. Through its Community Program, the LAF awards planning, implementation and evolution grants to community non-profit organizations to serve the needs of people living with cancer as identified by the *National Action Plan for Cancer Survivorship: Advancing Public Health Strategies*.

Also to help meet the needs of people affected by cancer, the **LAF National Partnerships Program** offers a coordinated, comprehensive approach that is aligned with the priorities established in the *National Action Plan for Cancer Survivorship: Advancing Public Health Strategies*. The LAF National Partnerships Program increases the visibility of cancer survivorship issues and enhances the public health infrastructure surrounding survivorship. The LAF identifies, evaluates, and forms long-term cooperative agreements with partner organizations, which leverage the strengths and resources of both organizations. Together, the organizations address the physical, emotional, and practical challenges of cancer.

How to Obtain Resources If you would like more information about:

- LAF Community Program – visit www.livestrong.org/communityprogram
- LAF National Partnerships – visit www.livestrong.org
- LAF Research Program – visit www.livestrong.org/research

Contact Information Lance Armstrong Foundation
Email: communityprogram@laf.org
Website: www.livestrong.org

Susan G. Komen for the Cure



Mission	The mission of the Susan G. Komen for the Cure is to eradicate breast cancer as a life threatening disease by advancing research, education, screening and treatment.
Power of a Promise	The Susan G. Komen for the Cure was founded on a promise between two sisters. Over 20 years ago, Nancy Brinker promised her dying sister, Susan Komen, that she would do everything possible to end breast cancer.
Affiliates	The national headquarters for the Susan G. Komen Breast Cancer Foundation is located in Dallas, Texas. They have authorized 119 Affiliates worldwide to carry on the work of the foundation in local communities and states. The international affiliates are located in Germany, Italy and Puerto Rico.
Resources	<p>The national Susan G. Komen for the Cure and local Affiliates offer a wealth of breast health information, educational materials, grants and website resources. On the national website at www.komen.org you can find:</p> <ul style="list-style-type: none">• An Interactive Breast Health video• Breast health and breast cancer information in English and Spanish• Co-survivor information• Latest updates on research grants• Local Affiliate locator program• National and local events
Programs and Grants	Each local Affiliate listed below offers breast health information, referrals to local resources and grants to local organizations that meet the Affiliate criteria. Most Affiliates have both a Community Grant program (large grants) and a Small Grant program that are offered on specific dates during the year. These grants can be used for a variety of breast health and breast cancer programs, such as Education and Outreach, Treatment Support and Survivor Support. Please check each Affiliate website for grant application details.
How to Obtain Resources	<p>For more information on grants, please check the websites listed below for the local Komen Affiliates. Full Affiliate contact information is listed on pages 95 and 96 of this guide.</p> <p>Oregon & SW Washington Affiliate – www.komenoregon.org Boise Affiliate – www.boiseraceforthecure.org Couer d' Alene Affiliate – www.cdakomen.org Eastern Washington Affiliate – www.komenspokane.org Puget Sound Affiliate – www.komenpugetsound.org</p>

**General
Information**

The mission of the American Lung Association® is to prevent lung disease and promote lung health through research, education, community service and advocacy. The American Lung Association celebrates 100 years. Founded in 1904 as part of the first nationwide corps of volunteers organized to combat a single disease: tuberculosis.

**Resources
Available**

Today, 35 million Americans live with lung disease. Twelve million people have been diagnosed with chronic obstructive lung disease, and another 10-12 million have undiagnosed disease. Asthma is the leading chronic disease among American children. Half the nation's population still lives with polluted air. And 440,000 die annually from diseases directly related to cigarette smoking. To provide services and resources for those living with lung disease, we offer:

- Support Groups for those living with Lung Disease
- Web-site
- Literature Information & Call Center
- Professional Learning Workshops
- Asthma Management & Education Programs
- Asthma Camps
- Youth Tobacco Prevention Programs
- Adult Smoking Cessation Programs

**How to Obtain
Resources**

If you would like more information and/or assistance with the services listed above:

- Call the Information Resource Center: 800-LUNG-USA
- Visit the following websites:
 - * Washington: www.alaw.org
 - * Oregon: www.lungoregon.org
 - * Idaho: www.lungidaho.org

Section 8: Cancer Treatment Centers



Basket courtesy of the Violet Allman Collection (Nez Perce)

Idaho Cancer Centers

Name	Address	City	Zip	Phone	Fax	Website
Saint Alphonsus Regional Medical Center	1055 North Curtis Road	Boise	83706	(208) 367-2121	(208) 367-7956	www.sarmc.org
St. Luke's Regional Medical Center	100 East Idaho Street	Boise	83712	(208) 381-2711	(208) 381-4675	www.slrmc.org
Kootenai Medical Center	2003 Lincoln Way	Coeur d'Alene	83814	(208) 666-2000	n/a	www.kmc.org
Eastern Idaho Regional Medical Center	3100 Channing Way	Idaho Falls	83404	(208) 529-6111	(208) 529-7021	www.eirmc.org
St. Joseph Regional Medical Center	415 6th Street	Lewiston	83501	(208) 743-2511	(208) 799-5528	www.sjrmc.org
Portneuf Medical Center	651 Memorial Drive	Pocatello	83201	(208) 239-1000	n/a	www.portmed.org
Magic Valley Regional Medical Center	650 Addison Avenue West	Twin Falls	83301	(208) 737-2000	(208) 737-2864	www.mvrmc.org

Oregon Cancer Centers

Name	Address	City	Zip	Phone	Fax	Website
St. Charles Medical Center	2500 Northeast Neff Road	Bend	97701	(541) 382-4321	(541) 617-2645	www.scmc.org
Kaiser Sunnyside Medical Center	10180 Southeast Sunnyside Road	Clackamas	97015	(503) 652-2880	(503) 571-2606	www.kp.org
Bay Area Hospital	1775 Thompson Road	Coos Bay	97420	(541) 269-8111	n/a	www.bayareahospital.org
Good Samaritan Regional Medical Center	3600 Northwest Samaritan Drive	Corvallis	97330	(541) 768-5111	n/a	www.samhealth.org
Legacy Mount Hood Medical Center	24800 Southeast Stark	Gresham	97030	(503) 667-1122	(503) 413-6275	www.legacyhealth.org
Sky Lakes Medical Center	2865 Daggett Street	Klamath Falls	97601	(541) 274-4171	n/a	www.skylakes.org
Willamette Valley Medical Center	2700 SE Stratus Avenue	McMinnville	97128	(503) 435-6590	(503) 435-6593	www.wvmcweb.com
Providence Medford Medical Center	1111 Crater Lake Avenue	Medford	97504	(541) 732-5000	(541) 732-5930	www.providence.org
Rogue Valley Medical Center	2825 East Barnett Road	Medford	97504	(541) 608-4900	n/a	www.asante.org
Providence Milwaukie Hospital	10150 Southeast 32nd Avenue	Milwaukie	97222	(503) 513-8300	n/a	www.providence.org
Willamette Falls Hospital	1500 Division Street	Oregon City	97045	(503) 656-1631	n/a	www.willamettefallshospital.org
St. Anthony Hospital	1601 Southeast Court Avenue	Pendleton	97801	(541) 276-3222	(541) 278-3229	www.sahpendleton.org
Adventist Medical Center	10123 Southeast Market Street	Portland	97216	(503) 257-2500	(503) 251-6318	www.adventisthealth.com
Legacy Emanuel Hospital & Health Center	2801 North Gantenbein Avenue	Portland	97227	(503) 413-2200	n/a	www.legacyhealth.org

Oregon Cancer Centers (Continued)

Name	Address	City	Zip	Phone	Fax	Website
Legacy Good Samaritan Hospital & MC	1015 Northwest 22nd Avenue	Portland	97210	(503) 413-7711	(503) 413-6920	www.legacyhealth.org
Legacy Health System	1919 Northwest Lovejoy	Portland	97209	(503) 415-5600	(503) 415-5777	www.legacyhealth.org
OHSU Hospital	3181 S.W. Sam Jackson Park Road	Portland	97239	(503) 494-8311	n/a	www.ohsu.edu
Providence Portland Medical Center	4805 Northeast Glisan Street	Portland	97213	(503) 215-1111	n/a	www.providence.org
Providence St. Vincent Medical Center	9205 Southwest Barnes Road	Portland	97225	(503) 216-1234	n/a	www.providence.org
VA Medical Center	3710 S.W. U.S. Veterans Hospital Road	Portland	97207	(503) 220-8262	n/a	www.va.gov/portland/index.asp
Mercy Medical Center	2700 Stewart Parkway	Roseburg	97470	(541) 673-0611	(541) 677-4830	www.mercyrore.org
Salem Hospital	665 Winter Street Southeast	Salem	97301	(503) 561-5200	n/a	www.salemhospital.org
Celilo Center for Cancer Care	1800 East 19th Street	The Dalles	97058	(541) 296-7389	n/a	www.celilo.org
Legacy Meridian Park Hospital	19300 Southwest 65th Avenue	Tualatin	97062	(503) 692-1212	(503) 692-2479	www.legacyhealth.org

Washington Cancer Centers

Name	Address	City	Zip	Phone	Fax	Website
Island Health Northwest	1211 24th Street	Anacortes	98221	(360) 299-4200	(360) 299-4215	www.island-health.org
Auburn Regional Medical Center	202 North Division	Auburn	98001	(253) 833-7711	(253) 939-2376	www.auburnregional.com
Overlake Hospital Medical Center	1035 116th Avenue Northeast	Bellevue	98004	(425) 688-5000	n/a	www.overlakehospital.org
St. Joseph Hospital	3217 Squalicum Parkway	Bellingham	98225	(360) 734-5400	n/a	www.peacehealth.org
Harrison Medical Center	2520 Cherry Avenue	Bremerton	98310	(360) 377-3911	(360) 792-6607	www.harrisonhospital.org
Highline Medical Center	16251 Sylvester Road, SW	Burien	98166	(206) 244-9970	(206) 439-8595	www.highlinehealthcarenetwork.org
Whidbey General Hospital	101 North Main Street	Coupeville	98239	(360) 678-5151	(360) 678-0945	www.whidbeygen.com
Stevens Healthcare	21601 76th Avenue West	Edmonds	98026	(425) 640-4000	n/a	www.stevenshealthcare.org
Providence Everett Medical Center	1717 13th Street	Everett	98206	(425) 297-5500	n/a	www.providence.org
St. Francis Hospital	34515 Ninth Avenue South	Federal Way	98003	(253) 927-9700	n/a	www.fhshealth.org
Kennewick General Hospital	900 South Auburn Street	Kennewick	99336	(509) 586-6111	n/a	www.kennewickgeneral.com
Evergreen Hospital Medical Center	12040 Northeast 128th Street	Kirkland	98034	(425) 899-1000	n/a	www.evergreenhealthcare.org
St. Clare Hospital	11315 Bridgeport Way SW	Lakewood	98499	(253) 588-1711	n/a	www.fhshealth.org
St. John Medical Center	1615 Delaware Street	Longview	98632	(360) 414-2000	n/a	www.peacehealth.com
Skagit Valley Hospital and Health Center	1415 Kincaid Street	Mount Vernon	98273	(360) 424-4111	n/a	www.skagitvalleyhospital.org
Capital Medical Center	3900 Capital Mall Drive Southwest	Olympia	98502	(360) 754-5858	(360) 956-2574	www.capitalmedical.com

Washington Cancer Centers (Continued)

Name	Address	City	Zip	Phone	Fax	Website
Lourdes Medical Center	520 North Fourth Avenue	Pasco	99301	(509) 547-7704	(509) 543-2404	www.lourdesonline.org
Olympic Medical Center	939 Caroline Street	Port Angeles	98362	(360) 417-7000	(360) 417-7674	www.olympicmedical.org
Good Samaritan Community Healthcare	407 14th Avenue Southeast	Puyallup	98372	(253) 697-4000	(253) 845-5966	www.goodsamhealth.org
Valley Medical Center	400 South 43rd Street	Renton	98055	(425) 228-3430	n/a	www.valleymed.org
Kadlec Medical Center	888 Swift Boulevard	Richland	99352	(509) 946-4611	(509) 946-2679	www.kadlecmed.org
Children's Hospital & Regional MC	4800 Sand Point Way Northeast	Seattle	98105	(206) 987-2000	n/a	www.seattlechildrens.org
Northwest Hospital	1550 North 115th Street	Seattle	98133	(206) 364-0500	(206) 368-1949	www.nwhospital.org
Seattle Cancer Care Alliance	825 Eastlake Avenue	Seattle	98109	(206) 288-1000	(206) 288-1057	www.seattlecca.org
Swedish Health Services	747 Broadway	Seattle	98122	(206) 386-2354	(206) 320-3137	www.swedish.org
University of Washington Medical Center	1959 Northeast Pacific	Seattle	98195	(206) 598-3300	(206) 598-6186	www.uwmedicine.org
VA Puget Sound Health Care System	1660 South Columbian Way	Seattle	98108	(206) 764-2179	(206) 764-2851	www.puget-sound.med.va.gov
Virginia Mason Medical Center	1100 9th Avenue	Seattle	98101	(206) 624-1144	n/a	www.virginiamason.org
United General Hospital	2000 Hospital Drive	Sedro Woolley	98284	(360) 856-6021	n/a	www.unitedgeneral.org

Washington Cancer Centers (Continued)

Name	Address	City	Zip	Phone	Fax	Website
Cancer Care Northwest	601 S. Sherman	Spokane	99202	(509) 228-1300	n/a	www.cancercarenorthwest.com
Deaconess Medical Center - Spokane	800 West 5th Avenue	Spokane	99204	(509) 458-5800	(509) 744-7676	www.deaconess-spokane.org
Holy Family Hospital	5633 North Lidgerwood	Spokane	99208	(509) 482-0111	(509) 482-2456	www.holy-family.org
Sacred Heart Medical Center	101 West Eighth Avenue	Spokane	99204	(509) 474-3131	n/a	www.shmc.org
Valley Hospital & Medical Center	12606 East Mission Avenue	Spokane	99216	(509) 924-6650	n/a	www.valleyhospital.org
Madigan Army Medical Center	9040A Reid Street	Tacoma	98431	(253) 968-1110	n/a	www.mamc.amedd.army.mil
St. Joseph Medical Center	1717 South J Street	Tacoma	98405	(253) 627-4101	n/a	www.fhshealth.org
Southwest Washington Medical Center	400 NE Mother Joseph Place	Vancouver	98664	(360) 256-2000	(360) 514-2214	www.swmedctr.com
St. Mary Medical Center	401 West Poplar	Walla Walla	99362	(509) 525-3320	(509) 522-5950	www.smmc.com
Walla Walla General Hospital	1025 South Second	Walla Walla	99362	(509) 525-0480	n/a	www.wvgh.com
Yakima Regional Medical Center	110 South Ninth Avenue	Yakima	98902	(509) 575-5000	n/a	www.providence.org
North Star Lodge	808 N 39th Ave	Yakima	98902	(509) 574-3400	n/a	www.northstarlodge.org

Section 9: Appendices



Cornhusk bag courtesy of the Violet Allman Collection (Nez Perce)

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Table of American Cancer Society Branches Affiliates Serving Northwest Tribes

Tribes		Boise	Burley	Eugene	Medford	Portland	Everett	Tacoma	Kennewick	Spokane
Idaho Tribes	Coeur d' Alene Tribe									X
	Kootenai Tribe									X
	Nez Perce Tribe									X
	Northwest Band of Shoshoni	X								
	Shoshone Bannock Tribes	X								
Oregon Tribes	Burns Paiute Tribe								X	
	Confederated Tribes of Siletz Indians			X		X				
	Confederated Tribes of Grand Ronde			X		X				
	Confederated Tribes of the Umatilla Indian Reservation								X	
	Confederated Tribes of Warm Springs			X		X				
	Confederated Tribes of Coos, Lower Umpqua, Suislaw			X	X					
	Coquille Tribe				X					
	Cow Creek Band of Umpqua				X					
	Klamath Tribes				X					
	Washington Tribes	Chehalis Tribe							X	
Colville Confederated Tribes										X
Cowlitz Tribe						?		?		
Hoh Tribe								X		
Jamestown S' Klallam Tribe								X		
Kalispel Tribe										
Lower Elwha Klallam Tribe								X		
Lummi Nation							X			
Makah Tribe								X		
Muckleshoot Tribe								X		
Nisqually Tribe								X		
Nooksack Tribe							X			
Port Gamble S' Klallam Tribe								X		
Puyallup Tribe								X		
Quileute Tribe								X		
Quinault Indian Nation								X		
Samish Indian Nation							X			
Sauk Suiattle Tribe							X			
Shoalwater Bay Tribe								X		
Skokomish Tribe								X		
Snoqualmie Tribe								?	?	
Spokane Tribe										X
Squaxin Island Tribe									X	
Stillaguamish Tribe									X	
Suquamish Tribe									X	
Swinomish Tribe							X			
Tulalip Tribes							X			
Upper Skagit Tribe							X			
Yakama Indian Nation						X		X	X	



Addresses of Branch Offices – American Cancer Society

Idaho

Burley

322 E Main St.
P.O. Box 284
Burley, ID 83318
Tel: (208) 878-5238
Fax: (208) 878-5267

Boise

2676 Vista Avenue
Boise, ID 83705
Toll-free: (800) 632-5934
Tel: (208) 343-4609
Fax: (208) 343-9922

Oregon

Eugene

2350 Oakmont Way, Suite 200
Eugene, OR 97401
Tel: (877) 221-3072
Fax: (541) 687-9624

Medford

31 W 6th Street
Medford, OR 97501
Toll-free: (877) 221-3073
Tel: (541) 779-6091
Fax: (541) 779-1470

Portland

0330 SW Curry Street
Portland, OR 97239
Toll Free: (800) 577-6552
Tel: (503) 295-6422
Fax: (503) 228-1062

Washington

Everett

728 134th Street S.W., Suite 101
Everett, WA 98204
Toll-free: 1-800-729-5588
Tel: (425) 741-8949
Fax: (425) 741-9638

Kennewick

7325 W Deschutes Ave., Suite A
Kennewick, WA 99336
Toll-free: 1-877-861-6687
Tel: (509) 783-5108
Fax: (509) 737-9702

Spokane

1403 West Third
Spokane, WA 99204
Toll-free: (509) 455-3440
Tel: (509) 835-5406
Fax: (509) 455-3990

Tacoma

1551 Broadway, Suite 200
Tacoma, WA 98402
Toll-free: (800) 729-3880
Tel: (253) 272-5767
Fax: (253) 272-4485

Table of Susan G. Komen for the Cure Affiliates Serving Northwest Tribes

	Tribes	Boise	Coeur d'Alene	Oregon & SW Washington	Puget Sound	Spokane	No Affiliation	
Idaho Tribes	Coeur d'Alene Tribe		X					
	Kootenai Tribe		X					
	Nez Perce Tribe						X	
	Northwest Band of Shoshoni						X	
	Shoshone Bannock Tribes						X	
Oregon Tribes	Burns Paiute Tribe			X				
	Confederated Tribes of Siletz Indians			X				
	Confederated Tribes of Grand Ronde			X				
	Confederated Tribes of the Umatilla Indian Reservation			X				
	Confederated Tribes of Warm Springs			X				
	Confederated Tribes of Coos, Lower Umpqua, Suislaw			X				
	Coquille Tribe			X				
	Cow Creek Band of Umpqua			X				
	Klamath Tribes			X				
Washington Tribes	Chehalis Tribe				X			
	Colville Confederated Tribes					X		
	Cowlitz Tribe			X				
	Hoh Tribe				X			
	Jamestown S'Klallam Tribe				X			
	Kalispel Tribe					X		
	Lower Elwha Klallam Tribe				X			
	Lummi Nation				X			
	Makah Tribe				X			
	Muckleshoot Tribe				X			
	Nisqually Tribe				X			
	Nooksack Tribe				X			
	Port Gamble S'Klallam Tribe				X			
	Puyallup Tribe				X			
	Quileute Tribe				X			
	Quinault Indian Nation				X			
	Samish Indian Nation				X			
	Sauk Suiattle Tribe				X			
	Shoalwater Bay Tribe				X			
	Skokomish Tribe				X			
	Snoqualmie Tribe				X			
	Spokane Tribe						X	
	Squaxin Island Tribe				X			
	Stillaguamish Tribe				X			
	Suquamish Tribe				X			
	Swinomish Tribe				X			
	Tulalip Tribes				X			
	Upper Skagit Tribe				X			
	Yakama Nation							X



Addresses for the Susan G. Komen for the Cure Affiliates

Idaho

Boise Affiliate

4355 Emerald, Suite 110
Boise, ID 83706
Tel: (208) 384-0013
Fax: (208) 384-0014
www.boiseracefortheure.org

Coeur d'Alene Affiliate

PO Box 3309
Coeur d'Alene, ID 83816
Tel: (208) 666-3226
Fax: (208) 666-3217
www.cdakomen.org

Oregon and SW Washington

Oregon & SW

Washington Affiliate

1400 SW 5th Ave., Suite 530
Portland, OR 97201
Tel: (503) 552-9160
Fax: (503) 552-9161
www.komenoregon.org

Washington

Eastern Washington Affiliate

PO Box 8717
Spokane, WA 99203
Tel: (509) 363-8188
Fax: (509) 363-8189
www.komenspokane.org

Puget Sound Affiliate

1900 N Northlake Way, Suite 135
Seattle, WA 98103
Tel: (206) 633-0303
Fax: (206) 633-0304
www.komenpugetsound.org

Table of American Lung Association Regional Offices Serving Northwest Tribes

	Tribes	Boise	Seattle	Spokane	Tacoma	Tigard	Yakima
Idaho Tribes	Coeur d'Alene Tribe	X		X			
	Kootenai Tribe	X		X			
	Nez Perce Tribe	X					
	Northwest Band of Shoshoni	X					
	Shoshone Bannock Tribes	X					
Oregon Tribes	Burns Paiute Tribe	X				X	
	Confederated Tribes of Siletz Indians					X	
	Confederated Tribes of Grand Ronde					X	
	Confederated Tribes of the Umatilla Indian Reservation	X				X	
	Confederated Tribes of Warm Springs					X	X
	Confederated Tribes of Coos, Lower Umpqua, Suislaw					X	
	Coquille Tribe					X	
	Cow Creek Band of Umpqua					X	
Washington Tribes	Klamath Tribes	X				X	
	Chehalis Tribe				X		
	Coville Confederated Tribes			X			
	Cowlitz Tribe		X				
	Hoh Tribe		X				
	Jamestown S'Klallam Tribe		X				
	Kalispel Tribe			X			
	Lower Elwha Klallam Tribe		X				
	Lummi Nation		X				
	Makah Tribe		X				
	Muckleshoot Tribe				X		
	Nisqually Tribe				X		
	Nooksack Tribe		X				
	Port Gamble S'Klallam Tribe		X				
	Puyallup Tribe		X				
	Quileute Tribe		X				
	Quinault Indian Nation		X				
	Samish Indian Nation		X				
	Sauk Suiattle Tribe		X	X			
	Shoalwater Bay Tribe		X				
	Skokomish Tribe		X				
	Snoqualmie Tribe		X				
	Spokane Tribe				X		
	Squaxin Island Tribe		X				
	Stillaguamish Tribe		X				
	Suquamish Tribe		X				
	Swinomish Tribe		X				
	Tulalip Tribes		X				
	Upper Skagit Tribe		X				
	Yakama Nation						



Addresses for Regional Offices – American Lung Association

Idaho

Boise

1111 S. Orchard, Suite 245
Boise, ID 83705
Tel: (208) 345-5864
Fax: (208) 345-5896
Email: alaw@alaw.org

Oregon

Portland

7420 SW Bridgeport Road, Suite 200
Tigard, OR 97224
Tel: (503) 924-4094
Fax: (503) 924-4120
Email: admin@lungoregon.org
Website: www.lungoregon.org

Washington

Main Office, Seattle

2625 Third Avenue
Seattle, WA 98121
Tel: (206) 441-5100
Toll Free: (800) 732-9339
Fax: (206) 441-3277
Email: alaw@alaw.org

Spokane Branch Office

1817 E. Springfield, Suite E
Spokane, WA 99202
Tel: (509) 325-6516
Fax: (509) 323-5380
Email: cthompson@alaw.org

Western Washington Region

223 Tacoma Avenue South
Tacoma, WA 98402
Tel: (253) 272-8777
Fax: (253) 593-8827
Email: lnoren@alaw.org

Eastern Washington Region

110 South 9th Avenue
Yakima, WA 98902
Tel: (509) 248-4384
Fax: (509) 248-4943
Email: lbenoit@alaw.org

Idaho Title VI American Indian Family Caregiver Support Program Contacts

Tribe	Contact	Phone Number	Fax	Email	Address	Last Updated
Coeur d'Alene Tribe	Norma Jean Louie	(208) 686-2061	(208) 686-5020	jlouie@cdatribe-nsn.gov	P.O. Box 408 Plummer, ID 83851	April 2009
Nez Perce Tribe	Loretta J. Halfmoon	(208) 843-7311	(208) 743-7410	lorettah@nezperce.org	P.O. Box 305 Lapwai, ID 83504	April 2009
Shoshone Bannock Tribes	Joyce Hayes	(208) 2478-3858	(208) 237-0707	jhayes@shoshonebannocktribes.com	P.O. Box 306 Fort Hall, ID 83203	April 2009



Oregon Title VI Contacts

Tribe	Contact	Phone Number	Fax	Email	Address	Date
Confederated Tribes of Siletz Indians	Angela Ramirez	(541) 444-8225	(541) 444-9613	angelar@ctsi.nsn.us	P.O. Box 549 Siletz, OR 97380	April 2009
Confederated Tribes of Grand Ronde	Bonnie Mercier	(503) 879 2016	(503) 879-2235	bonnie.mercier@grandronde.org	9615 Grand Ronde Rd. Grand Ronde, OR 97347	April 2009
Confederated Tribes of the Umatilla Indian Reservation	Joann Brown Malumaleumu (Senior Caregiver Coordinator)	(541) 278-7562	(541) 278-7578	jfarmer@yel.portland.ihs.gov	P.O. Box 160 Pendleton, OR 97801	April 2009
Confederated Tribes of Warm Springs	Elton Greeley	(541) 553-3313	(541) 553-2240	egreeley@wstribe.org	P.O. Box C Warm Springs, OR 97761	April 2009
Confederated Tribes of the Coos, Lower Umpqua & Siuslaw Indians	Eric Metcalf	(541) 997-6685	(541) 997-1715	eric.metcalf@ctclusi.org	1245 Fulton Ave Coos Bay, OR 97420	April 2009
Klamath Tribes	Joyce Berry (Director)	(541) 783-2219 x119 x122	(541) 783-0994	joyce.berry@klamathtribes.com	P.O. Box 436 Chiloquin, OR 97624	August 2013
	Michelle Carson (Elder Coordinator)			michelle.carson@klamathtribes.com		

Washington Title VI Contacts

Tribe	Contact	Phone Number	Fax	Email	Address	Date
Chehalis Tribe	Richard Bellon	(360) 858-1503	(360) 273-5914	bellon@chehalistribe.org	P.O. Box 536 Oakville, WA 98568	April 2009
Colville Confederated Tribes	Reva Desautel	(509) 634-2759	(509) 634-2793	reva.desautel@colvilletribes.com	P.O. Box 150 Nespelem, WA 99155	April 2009
Cowlitz Tribe	Patty Kinswa-Gaiser	(360) 864-8727	(360) 864-8728	citelders@toledotel.com	1055 9th Ave, Ste B Longview, WA 98632	April 2009
Jamestown S'Klallam Tribe	Bill Riley	(360) 681-4660	(360) 681-3402	briley@jamestowntribe.org	1033 Old Blyn Highway Sequim, WA 98382	April 2009
Lower Elwha Klallam Tribe	Serena Antioquia	(360) 452-8471	(360) 457-8429	santioquia@elwha.nsn.us	2851 Lower Elwha Rd. Port Angeles, WA 98363	April 2009
Lummi Nation	Reynold James	(360) 201-0411	(360) 758-3115	reynoldj@lummi-nsn.gov	2400 Lummi View Dr. Bellingham, WA 98226	April 2009
Makah Tribe	Doug Meyer	(360) 645-3251	(360) 645-5952	ssmanager@centurytel.net	P.O. Box 115 Neah Bay, WA 98357	April 2009

Washington Title VI Contacts (Continued)

Tribe	Contact	Phone Number	Fax	Email	Address	Date
Muckleshoot Tribe	Mardee Marquard	(253) 876-3155	(253) 939-5311	mardee.marquard@muckleshoot.nsn.us	39015 172nd Ave, SE Auburn, WA 98092	April 2009
Nisqually Tribe	Carmen Kalama	(360) 426-3990	(360) 427-8003	kalama@spipa.org	3104 SE Old Olympic Hwy Shelton, WA 98584	April 2009
Nooksack Tribe	Diantha Doucette	(360) 592-0100	(360) 592-2125	ddoucette@nooksacktribe.org	5016 Deming Rd. Deming, WA 98244	April 2009
Port Gamble S'Klallam Tribe	Susan Hannah	(360) 297-9633	(360) 297-7097	shannah@pgst.nsn.us	31912 NE Boston Ln. Kingston, WA 98346	April 2009
Puyallup Tribe	Sherry Forrester	(253) 572-1756	(253) 274-8644	sforrester@yahoo.com	3009 E. Portland Ave. Tacoma, WA 98404	April 2009
Quileute Nation	Sandra Kint	(360) 374-6143	(360) 374-4015	sandra.kint@quileutenation.org	P.O. Box 279 La Push, WA 98350	April 2009
Quinault Nation	Lyndsi Novoa	(360) 276-8211	(360) 276-8354	lnovoa@quinault.org	P.O. Box 189 Taholah, WA 98587-0189	April 2009

Washington Title VI Contacts (Continued)

Tribe	Contact	Phone Number	Fax	Email	Address	Date
Samish Nation	Debbie Aldridge	(360) 588-8806	(360) 299-0790	daldridge@samishtribe.nsn.us	P.O. Box 217 Anacortes, WA 98221	April 2009
Shoalwater Bay Tribe	Carmen Kalama	(360) 426-3990	(360) 427-8003	kalama@spipa.org	3104 SE Old Olympic Hwy Shelton, WA 98584	April 2009
Skokomish Tribe	Perry Carrigan	(360) 426-4232	(360) 877-5943	perry@skokomish.org	80 North Tribal Center Rd. Skokomish, WA 98584	April 2009
Spokane Tribe	Angie Matt	(509) 458-7129	(509) 258-8883	angiec@spokanetribe.com	P.O. Box 100 Wellpinit, WA 99040	April 2009
Squaxin Isaland Tribe	Carmen Kalama	(360) 426-3990	(360) 427-8003	kalama@spipa.org	3104 SE Old Olympic Hwy Shelton, WA 98584	April 2009
Stillaguamish Tribe	Tom Ashley	(360) 653-1104 x11	(360) 653-3277	tashl@stillaguamish.com	P.O. Box 277 Arlington, WA 98223	April 2009
Suquamish Tribe	Bob Alexander	(360) 598-3311	(360) 598-6740	balexander@suquamish.nsn.us	P.O. Box 498 Suquamish, WA 98392	April 2009

Washington Title VI Contacts (Continued)

Tribe	Contact	Phone Number	Fax	Email	Address	Date
Swinomish Tribe	John Stevens	(360) 466-7216	(360) 466-1632	jstephens@swinomish.nsn.us	P.O. Box 388 LaConner, WA 98257	April 2009
Tulalip Tribes	Virginia Carpenter	(360) 651-4549	(360) 651-4599	vcarpenter@tulalipmail.com	6700 Totem Beach Rd. Tulalip, WA 98271	April 2009
Upper Skagit Tribe	Mary Honhongva	(360) 854-7014	(360) 854-7015	mhonhongva@upperskagit.com	25944 Community Plaza Way Sedro Woolley, WA 98284	April 2009
Upper Skagit Tribe	Marie Miller	(509) 865-7164	(509) 865-2098	mmiller@yakama.com	P.O. Box 151 Toppenish, WA 98948	April 2009

Idaho Area Agency on Aging Programs

Idaho Tribes	Area 1	Area 2	Area 3	Area 4	Area 5	Area 6
Coeur d'Alene	X	X				
Kootenai	X					
Nez Perce		X				
Northwestern Band of the Shoshone Nation					X	X
Shoshone Bannock Tribes					X	X

Name	Counties Served	Contact
Area 1: Area Agency on Aging of North Idaho 1221 Ironwood Drive, Suite 102 Coeur d'Alene, ID 83814 www.aaani.org	Benewah, Bonner, Boundary, Kootenai, Shoshone	Kaye Wilson Phone: (208) 667-3179 Fax: (208) 667-5938 Email: kbwilson@aaani.org
Area 2: Community Action Partnership 124 New 6th Street Lewiston, ID 83501 www.cap4action.org	Clearwater, Idaho, Latah, Lewis, Nez Perce	Robin Elliot Phone: (208) 743-5580 Fax: (208) 746-5456 Email: r.elliott@cap4action.org
Area 3: Sage Community Resources 25 W. Idaho St Weiser, ID 83672 www.sageidaho.com	Ada, Adams, Boise, Canyon, Elmore, Gem, Owyhee, Payette, Valley, Washington	Debbie Dobbs Phone: (208) 549-2411 Fax: (208) 549-0071 Email: descobar@sageidaho.com
Area 4: College of Southern Idaho 315 Falls Avenue Twin Falls, ID 83303-1238 officeonaging.csi.edu	Blaine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, Twin Falls	Judy Gonzalski Phone: (208) 736-2122 Fax: (208) 736-2126 Email: jgonzalski@ooa.csi.edu
Area 5: Southeast Idaho Council of Governments 214 E. Center Street Pocatello, Idaho 83205 www.bannockplanning.org/SICOG.html	Bannock, Bear Lake, Franklin, Oneida, Bingham, Caribou, Power	Verna Pitman Phone: (208) 233-4032 x 16 Fax: (208) 233-4841 Email: verna@sicog.org
Area 6: Eastern Idaho Community Action Partnership, Inc. 357 Constitution Way Idaho Falls, ID 83402 www.eicap.org/seniors/index.htm	Bonneville, Butte, Clark, Custer, Fremont, Jefferson, Lemhi, Madison, Teton	Emily Hoyt Phone: (208) 522-5391 Fax: (208) 522-5453 Email: ehoyt@eicap.org

Table of Area Agencies on Aging Serving Oregon Tribes

	Burns Paiute Tribe	Confederated Tribes of Siletz Indians	Confederated Tribes of Grand Ronde	Confederated Tribes of the Umatilla Indian Reservation	Confederated Tribes of Warm Springs	Confederated Tribes of the Coos, Lower Umpqua, & Siuslaw Indians	Coquille Tribe	Cow Creek Band of Umpqua	Klamath Tribes
Central Oregon Council on Aging					X			X	
Clackamas County Social Services		X			X				
Community Action Program East Central Oregon				X					
Community Action Team									
Community Connection of Northeast Oregon				X					
Douglas County Senior and Disabilities Services						X	X	X	
Harney County Senior and Community Services Center	X								
Klamath Basin Senior Citizens Council								X	X
Lane Senior & Disabled Services		X				X		X	
Malheur Council on Aging									
Mid-Columbia Council of Governments					X				
Multnomah County Aging and Disability Services		X	X						
Northwest Senior & Disability Services		X	X		X				
Oregon Cascades West Council of Governments, Senior and Disability Services		X			X	X			
Rogue Valley Council of Governments - Senior and Disabled Services							X	X	
South Coast Business Employment Corporation, Area Agency on Aging						X	X		
Washington County Department of Disability, Aging and Veterans Services		X	X						

Oregon Area Agency on Aging Programs

Agency	Counties Served	Primary Contact
Central Oregon Council on Aging 1135 SW Highland Ave Redmond, OR 97756 www.councilonaging.org	Crook, Deschutes, Jefferson	David A. Hamilton, Director (541) 548-8817 (541) 548-2893 fax hamilton@councilonaging.org
Clackamas County Social Services 2051 Kaen Road Oregon City, OR 97045 www.co.clackamas.or.us/socialservices/	Clackamas	(503) 655-8640 (503) 655-8889 fax
Community Action Program East Central Oregon 721 SE 3rd, Suite D Pendleton, OR 97801 www.capeco-works.org	Morrow, Umatilla	Eva Mabbott, Executive Officer (800) 752-1139 (541) 276-7541 fax emabbott@capeco-works.org
Community Action Team 125 N 17th St St. Helens, OR 97051 www.cat-team.org	Columbia	(503) 397-3511 (503) 397-3290 fax
Community Connection of Northeast Oregon 104 Elm Street LaGrande, OR 97850-2621	Baker, Union, Wallowa, Grant	(541) 963-3186 (541) 963-3187 fax
Douglas County Senior and Disabilities Services 621 W Madrone St Roseburg, OR 97470-3010 www.co.douglas.or.us/health/SS/	Douglas	(541) 957-3005 (541) 464-3901 fax
Harney County Senior and Community Services Center 17 South Alder Street Burns, OR 97720-2048 www.co.harney.or.us/seniorcenter.html	Harney	Ann Lessar, Executive Director (541) 573-6024 (541) 573-6025 fax ann.lessar@state.or.us
Klamath Basin Senior Citizens Council 2045 Arthur Street Klamath Falls, OR 97603	Klamath, Lake	(541) 883-7171 (541) 883-7175 fax

Oregon Area Agency on Aging Programs (Continued)

Agency	Counties Served	Primary Contact
Lane Senior & Disabled Services 1015 Willamette Street Eugene, OR 97401-3178 www.sdslane.org/	Lane	(541) 682-4038 (541) 682-3959 fax
Malheur Council on Aging 842 SE 1st Avenue Ontario, OR 97914-3621 www.mcoainfo.org	Malheur	Loni Debban, Director (541) 889-7651 (541) 889-4940 fax loni@mcoainfo.org
Mid-Columbia Council of Governments 1113 Kelly Ave The Dalles, OR 97058 www.mccog.com/area.htm	Hood River, Gilliam, Sherman, Wasco, Wheeler	(541) 298-4101 (541) 298-2084 fax
Multnomah County Aging and Disability Services 421 SW Oak St, Suite 510 Portland, OR 97204 www.co.multnomah.or.us/ads/	Multnomah	(503) 988-3620 (503) 988-6945 fax
Northwest Senior & Disability Services 3410 Cherry Ave NE Salem, OR 97303 www.nwsds.org	Clatsop, Tillamook, Marion, Polk, Yamhill	Robert Johnstone, Lead Planner (503) 304-3451 (503) 304-3434 fax rob.johnstone@state.or.us
Oregon Cascades West Council of Governments, Senior and Disability Services 1400 Queen Ave SE, Suite 206 Albany, OR 97321	Benton, Linn, Lincoln	Scott Bond, Director (541) 812-6008 (541) 967-6423 fax sbond@ocwcog.org
Rogue Valley Council of Governments - Senior and Disabled Services 155 N 1st Street Central Point, OR 97502-2209 www.co.harney.or.us/seniorcenter.html	Jackson, Josephine	Ann Lessar, Executive Director (541) 573-6024 (541) 573-6025 fax ann.lessar@state.or.us
South Coast Business Employment Corporation, Area Agency on Aging 93781 Newport Coos Bay, OR 97420-4030	Coos, Curry	Mary Reed, Director (541) 269-2013 (541) 267-0194 fax mreed@scbec.org
Washington County Department of Disability, Aging and Veterans Services 133 SE 2nd Ave Hillsboro, OR 97123-4026 www.co.harney.or.us/seniorcenter.html	Washington	Jeff Hill, Director (541) 573-6024 (541) 573-6025 fax ann.lessar@state.or.us

Table of Area Agencies on Aging Serving Washington Tribes

Tribes	Aging & Adult Care of Central Washington	Aging & Disability Services	Aging & Long Term Care of Eastern WA	Kitsap Division of Aging & Long Term Care	Lewis-Mason-Thurston Area Agency on Aging	Northwest Regional Council	Olympic Area Agency on Aging	Pierce County Aging and Long Term Care	Snohomish County Long Term Care and Aging Division	Southeast Washington Aging and Long Term Care	Southwest Washington Agency on Aging and Disabilities
Chehalis Tribe					X		X				
Coville Confederated Tribes	X		X								
Cowlitz Tribe		X			X			X			X
Hoh Tribe							X				
Jamestown S'Klallam Tribe							X				
Kalispel Tribe			X								
Lower Elwha Klallam Tribe							X				
Lummi Nation						X					
Makah Tribe							X				
Muckleshoot Tribe		X						X			
Nisqually Tribe					X			X			
Nooksack Tribe						X					
Port Gamble S'Klallam Tribe				X							
Puyallup Tribe		X			X			X			
Quileute Tribe							X				
Quinault Indian Nation							X				
Samish Indian Nation		X		X		X	X	X	X		
Sauk Suiattle Tribe						X			X		
Shoalwater Bay Tribe							X				
Skokomish Tribe					X						
Snoqualmie Tribe		X			X	X		X	X		
Spokane Tribe	X		X								
Squaxin Island Tribe					X						
Stillaguamish Tribe									X		
Suquamish Tribe				X							
Swinomish Tribe						X					
Tulalip Tribes									X		
Upper Skagit Tribe						X					
Yakama Nation					X					X	X



Washington Area Agency on Aging Program

Agency	Counties Served	Primary Contact
Aging & Adult Care of Central Washington 50 Simon St. SE East Wenatchee, WA 98802 www.aaccw.org/	Adams, Chelan, Douglas, Grant, Lincoln, Okanogan	Bruce Buckles, Executive Director (800) 572-4459 (509) 884-6943 fax bucklb@dshs.wa.gov
Aging & Disability Services 700 5th Ave Ste, 51st Floor Seattle, WA 98104 www.co.clackamas.or.us/socialservices/	King	Pamela Piering, Director (206) 684-0104 (206) 684-0689 fax pamela.piering@ci.seattle.wa.us
Aging & Long Term Care of Eastern WA 1222 N Post Street Spokane, WA 99201-2518 www.altcew.org	Ferry, Pend Oreille, Spokane, Stevens, Whitman	Nick Beamer, Director (509) 458-2509 (509) 458-2003 fax BeameN@dshs.wa.gov
Kitsap Division of Aging & Long Term Care 614 Division Street, MS-5 Port Orchard, WA, 98366 www.agingkitsap.com	Kitsap	Barry Johnson, Director (360) 337-7068 (360) 337-5746 fax BJohnson@co.kitsap.wa.us
Lewis-Mason-Thurston Area Agency on Aging 3603 Mud Bay Road, Suite A Olympia, WA 98502 www.lmtaaa.org	Lewis, Mason, Thurston	Dennis Mahar, Director (360) 664-2168 (360) 664-0791 fax mahardw@dshs.wa.gov
Northwest Regional Council 600 Lakeway Drive, Suite 100 Bellingham WA 98225 www.nwrcwa.org	Island, San Juan, Skagit, Whatcom	Victoria Doerper, Director (360) 676-6749 (360) 738-2451 fax Doerpva@dshs.wa.gov
Olympic Area Agency on Aging 11700 Rhody Drive Port Hadlock, WA 98339 www.o3a.org	Clallam, Grays Harbor, Jefferson, Pacific	Roy Walker, Director (360) 379-5064 (360) 379-5074 fax walkerb@dshs.wa.gov
Pierce County Aging and Long Term Care 3580 Pacific Avenue Tacoma, WA 98418 www.PierceADRC.org	Pierce	Sally Nixon (253) 798-7236 (253) 798-3812 fax Snixon@co.pierce.wa.us

Washington Area Agency on Aging Programs (Continued)

Agency	Counties Served	Primary Contact
<p>Snohomish County Long Term Care and Aging Division 3000 Rockefeller Avenue, M/S 305 Everett, WA 98201 www1.co.snohomish.wa.us/Departments/Human_Services/Divisions/LongTermCareAging/</p>	<p>Snohomish</p>	<p>Jerry Fireman, Director (425) 388-7241 (425) 388-7330 fax jfireman@co.snohomish.wa.us</p>
<p>Southeast Washington Aging and Long Term Care 7200 W Nob Hill Blvd Yakima, WA 98908-0349 www.altcWASHINGTON.com</p>	<p>King</p>	<p>Lori Brown, Acting Director (509) 965-0105 (509) 965-0221 fax brownlj@dshs.wa.gov</p>
<p>Southwest Washington Agency on Aging and Disabilities 201 NE 73rd St., Suite 201 Vancouver, WA 98665 www.helpingelders.org</p>	<p>Asotin, Benton, Columbia, Franklin, Garfield, Kittitas, Walla Walla, Yakima</p>	<p>Penny Black, Interim Director (888) 637-6060 (360) 696-49053 fax BlackPA@dshs.wa.gov</p>

Table of Hospice Organizations Serving Idaho Tribes

	Coeur d'Alene Tribe	Kootenai Tribe	Nez Perce Tribe	Northwest Band of Shoshone	Shoshone Bannock Tribes	2008 Member
Accent Hospice						X
Access Hospice				X		X
Applegate Hospice	X					X
Aspen Grove Hospice						
Aspen Home Health & Hospice						
Blackfoot Home Health And Hospice					X	
Boise Memorial Hospice						
Bonner Community Hospice		X				X
Care First Hospice						X
Countryside Home Care Inc.					X	
Creekside Hospice				X		X
Crest Hospice	X					
Family Hospice						X
First Choice Home Care & Hospice						
Four Rivers Hospice St. Alphonsus						
Franklin Co Med Ctr Hospice						X
Guardian Home Care and Hospice						
Hands of Hope Hospice					X	X
Harrison's Hope Hospice						X
Heart 'n Home Hospice & Palliative Care - Caldwell						X
Heart 'n Home Hospice & Palliative Care - Emmett						X
Heart 'n Home Hospice & Palliative Care - Fruitland						X
Hearts for Hospice						
Horizon Home Health and Hospice - Caldwell						X
Horizon Home Health and Hospice - Emmett						X
Horizon Home Health and Hospice - Meridian						X
Horizon Home Health and Hospice - Mountain Home						X
Hospice Alliance					X	X
Hospice Alliance of Idaho - Pocatello					X	X
Hospice Alliance of Idaho - Rexburg						X
Hospice and Palliative Care of the Wood River Valley						X
Hospice of Benewah County	X					

	Coeur d'Alene Tribe	Kootenai Tribe	Nez Perce Tribe	Northwest Band of Shoshone	Shoshone Bannock Tribes	2008 Member
Hospice of Eastern Idaho, Inc.					X	X
Hospice of North Idaho	X					X
Hospice of Salmon Valley				X		X
Hospice of the Palouse	X		X			
Hospice Visions						X
Idaho Home Health & Hospice - Buhl						X
Idaho Home Health & Hospice - Gooding						X
Idaho Home Health & Hospice - Idaho Falls					X	X
Idaho Home Health & Hospice - Pocatello					X	X
Idaho Home Health & Hospice - Rigby					X	X
Idaho Home Health & Hospice - Rupert						X
Idaho Home Health & Hospice - Rupert						X
Intermountain Homecare Hospice - Twin Falls						
Journeys Hospice						X
Legacy Hospice						X
Life's Doors Hospice						X
Lost Rivers Hospice						
Mercy Hospice						
Minidoka Hospice						
Pathway Hospice						
Rexburg Home Health and Hospice						
Life's Doors Hospice						
Saint Mary's Home Health and Hospice			X			
St Joseph Regional Medical Center Family Hospice	X		X			X
St Luke's Hospice						X
St. Luke's Hospice of McCall			X			X
St. Luke's Magic Valley RMC Hospice						X
Syringa General Hospital Hospice			X			
Teton Valley Hospital Hospice						
XL Hospice - Emmet						X
XL Hospice - Meridian						X
XL Hospice - Payette						X

Table of Hospice Organizations Serving Oregon Tribes

	Burns Paiute Tribe	Confederated Tribes of Siletz Indians	Confederated Tribes of Grand Ronde	Confederated Tribes of the Umatilla Indian Reservation	Confederated Tribes of Warm Springs	Confederated Tribes of the Coos, Lower Umpqua, & Siuslaw Indians	Coquille Tribe	Cow Creek Band of Umpqua	Klamath Tribes		Burns Paiute Tribe	Confederated Tribes of Siletz Indians	Confederated Tribes of Grand Ronde	Confederated Tribes of the Umatilla Indian Reservation	Confederated Tribes of Warm Springs	Confederated Tribes of the Coos, Lower Umpqua, & Siuslaw Indians	Coquille Tribe	Cow Creek Band of Umpqua	Klamath Tribes
ACH Hospice & Palliative Care Services										Legacy Hospice Services									
Adventist Health Hospice										Lovejoy Hospice									
Adventist Health Hospice										Lower Columbia Hospice									
Asante Hospice - RVMC Home Care & Hospice Services										Mercy Hospice									
Avalon Home Health & Hospice										Mountain View Hospice									
Benton Hospice Service, Inc.										Mt. Hood Hospice									
Blue Mountain Hospice										Newberry Hospice									
Cascade Health Solutions: Hospice										Community Home Health & Hospice									
Community Home Health & Hospice										Odyssey HealthCare of Portland									
Curry County Home Health/Hospice										Odyssey HealthCare of Portland									
Curry County Home Health/Hospice										Odyssey HealthCare of the Pacific Northwest									
Curry County Home Health/Hospice										Pacific Home Health & Hospice									
Douglas Home Care - Hospice										Pathway Hospice, LLC									
Grande Ronde Hospital Home Care Services										Pathway Hospice, LLC									
Harney County Hospice										Peace Harbor Home Health & Hospice									
Heart 'n Home Hospice & Palliative Care, LLC										Pioneer Memorial Home Health & Hospice									
Heart 'n Home Hospice & Palliative Care, LLC										Pioneer Memorial Hospice									
Heart of Hospice										Portland VA Medical Center Community Health Office									
High Desert Hospice										Providence Hospice									
Hospice & Palliative Care of Washington County										Providence Medical Center Hospice & Palliative Care									
Hospice Care of the Northwest										Providence St. Vincent Hospice & Palliative Care									
Hospice Care of the Northwest										Samaritan Evergreen Hospice									
Hospice of Redmond, Sisters										Samaritan North Lincoln Hospice									
Hospice of Sacred Heart										Samaritan Pacific Hospice									
Hospice of St. Anthony Hospital										Serenity Palliative Care & Hospice									
Hospice of The Gorge										Signature Hospice <i>times 3 + 1</i>									
Hospice of The Gorge										South Coast Hospice									
Hospice Southwest										Vange John Memorial Hospice									
Kaiser Permanente Continuing Care Services										Walla Walla Community Hospice									
Klamath Hospice										Willamette Falls Hospice									
Lakeview Home Health & Hospice										Willamette Valley Hospice									
Legacy Hopewell House Hospice																			
Legacy Hospice																			



Table of Hospice Organizations Serving Washington Tribes

	Chehalis Tribe	Colville Confederated Tribes	Cowlitz Tribe	Hoh Tribe	Jamestown S' Klallam Tribe	Kalispel Tribe	Lower Elwha Klallam Tribe	Lummi Nation	Makah Tribe	Muckleshoot Tribe	Nisqually Tribe	Nooksack Tribe	Port Gamble S' Klallam Tribe	Puyallup Tribe	Quileute Tribe	Quinault Indian Nation	Samish Indian Nation	Sauk Suiattle Tribe	Shoalwater Bay Tribe	Skokomish Tribe	Snoqualmie Tribe	Spokane Tribe	Squaxin Island Tribe	Stillaguamish Tribe	Suquamish Tribe	Swinomish Tribe	Tulalip Tribes	Upper Skagit Tribe	Yakama Indian Nation
Assured Home Health & Hospice of Lewis	X			X	X	X		X		X				X	X	X				X		X							
Central Basin Home Health & Hospice																						X							
Central Washington Hospital & Home Care		X																											
Community Home Health/Hospice Main			X																										
Evergreen Hospice Services										X				X										X			X		
Family Home Care & Hospic																													
Franciscan Health System Hospice & Pal-									X	X			X																
Good Samaritan Home Health & Hospice									X	X			X																
Group Health Cooperative Continuing Care									X	X		X	X					X						X	X		X		
Harbors Home Health & Hospice	X															X			X										
Highline Home Care Services									X				X																
Horizon Hospice					X																								
Hospice At The Chaplaincy																													
Hospice Friends																													
Hospice of Jefferson County				X	X									X	X														
Hospice of Kitsap County												X													X				
Hospice of Spokane	X				X																	X							
Hospice of the Gorge																													X
Hospice Southwest			X																										X
Kittitas Valley Home Health & Hospice																													
Klickitat Valley Health Services HH &																													X
Lake Chelan Community Hospital Home		X																											
Lower Valley Hospice																													
Memorial Home Care Services																													X
Multicare Hospice and Palliative Care									X	X			X																
Okanogan Regional Home Health & Hospice		X																				X							
Providence Hospice of Seattle									X				X																
Providence Hospice of Snohomish County																	X	X						X			X		
Providence SoundHomeCare & Hospice	X									X			X						X				X						X
Skagit Hospice Services																	X	X								X		X	
Swedish Home Care Services									X				X																
Tri-State Hospital Home Health & Hospice																													
Volunteer Hospice of Clallam County					X	X		X						X															
Walla Walla Community Hospice																													
Whatcom Hospice								X				X					X												
Yakima Regional HH & Hospice																													X

Washington Hospice Organization Contacts

Agency	Counties Served	Primary Contact
Assured Home Health & Hospice of Lewis County 1821 Cooks Hill Rd, Ste. 200 Chehalis, WA 98532	Clallam, Jefferson, Lewis, Mason, Thurston	Wilma Wayson, Director (360) 236-9204 or (800) 833-9404
Central Basin Home Health & Hospice 311 W 3rd Ave Moses Lake, WA 98837	Adams, Grant, Lincoln	Beth Laszlo (509)765-1856 (509)765-3323 fax
Central Washington Hospital & Home Care Services 1300 Fuller St Wenatchee, WA 98801	Chelan, Douglas	Dixie Randall, Director (509)665-6049 (509)665-6038 fax
Community Home Health & Hospice 1035 11th Ave Longview, WA 98632 www.chhh.org	Clark, Cowlitz, Wahkiakum	Mary Brenner, Director (360) 425-8510 or (800) 425-8510
Evergreen Hospice Services 12822 124th Ln NE Kirkland, WA 98034	King, Snohomish	Lynn Zavalney, Supervisor (425) 889-1040 (425) 899-1099 fax
Family Home Care & Hospice 1200 W Fairview St Colfax, WA 99111 www.familyhomecare.org	Whitman	Donna Goodwin, VP (509) 397-4641
Franciscan Health System Hospice & Palliative Care 2901 Bridgeport Way University Place, WA 98466 www.fhshealth.org	King, Pierce	Mark Rake-Marona (253) 534-7000 (253) 537-7099 fax
Good Samaritan Home Health & Hospice 1317 E Main Puyallup, WA 98372 www.goodsamhealth.org	King, Pierce	Karin Wright (253) 841-5668 (253) 845-5970 fax
Group Health Cooperative Continuing Care 1600 E John St or MS CEB-1 Seattle, WA 9811 http://www.ghc.org/provider/home_health.jhtml	King, Kitsap, Pierce, Snohomish	Barbara Boyd, Director (206)654-4200 (206)654-4289 fax
Harbors Home Health & Hospice 201 7th St Hoquiam, WA 98550 www.myhhhh.org	Grays Harbor, Pacific	DeLila Thorp, Administrator (360)532-5454 (360)533-0999 fax dee@myhhhh.org

Washington Hospice Organization Contacts (Continued)

Agency	Counties	Primary Contact
Highline Home Care Services 12844 Military Rd S Tukwila, WA 98168	King	Debbie Melo, Director (206) 439-9095 (206) 433-1031 fax
Horizon Hospice 123 W Cascade Way Ste E Spokane, WA 99208 www.horizonhospice.com	Spokane	Loren Guske, Administrator (509) 489-4581 (509) 482-0717 fax lguske@horizonhospice.com
Hospice At The Chaplaincy 2108 W. Entiat Kennewick, WA 99336 www.tricitieschaplaincy.org	Benton, Franklin	Jannette Weber, Director (509) 783-7416 (509) 735-7850 fax info@tricitieschaplaincy.org
Hospice Friends 401 E. Mountain View Suite #3 Ellensburg, WA 98926	Kittitas	Andrew Lyons
Hospice of Jefferson County 834 Sheridan Port Townsend, WA, 98368 http://www.jgh.org/Hospice/Default.aspx	Jefferson	Keri Johns, Executive Director (360) 385-2200 (360) 379-2242 fax
Hospice of Kitsap County 3100 Bucklin Hill Road, suite 201 Silverdale, WA 98383 www.HospiceOfKitsapCounty.org	Kitsap	James Pledger, Exec. Director (360) 698-4611 (360) 692-1893 fax Jim@hospiceofkitsapcounty.org
Hospice of Spokane 121 S Arthur St Spokane, WA 99202 www.hospiceofspokane.org	Ferry, Pend Orielle, Spokane, Stevens	Gina Drummond, CEO (509) 456-0438 or (888) 459-0438 (509)458-0359 fax info@hospiceofspokane.org
Hospice of the Gorge P.O. Box 36 Hood River, Oregon 97031 www.hospiceofthegorge.org	Klickitat, Skamania	Deborah Whiting Jacques, Exec. Director (541) 387-6449 info@hospiceofthegorge.org
Hospice Southwest 600 N.E. 92nd Avenue Vancouver, WA 98664 http://www.swmedicalcenter.com/1962.cfm	Clark, Cowlitz, Skamania	Kevin Myles, Director (360) 696-5100
Kittitas Valley Home Health & Hospice 603 S. Chestnut Street Ellensburg, WA 98926 http://www.kvch.com/hc-hospice.html	Kittitas	Sherrill Boehm, Director (509) 962-7438 or (800) 734-5326

Washington Hospice Organization Contacts (Continued)

Agency	Counties	Primary Contact
Klickitat Valley Health Services HH & Hospice 777 Broadway Goldendale, WA 98620	Klickitat	Jeanette Madsen (509)773-0380 (509)773-0384 fax
Lake Chelan Community Hospital Home Health & Hospice 115-A S Emerson Chelan, WA 98816	Chelan	(509) 682-2531 (509) 682-3475 fax
Lower Valley Hospice 3920 Outlook Road Sunnyside, WA 98944 www.lowervalleyhospice.com	Benton, Yakima	Joel Stephens, Exec. Director (509) 837-1676 LVHPC@Lowervalleyhospice.com
Memorial Home Care Services 1019 S 40th Ave Yakima, WA 98908 www.yvmh.org	Yakima	Carolyn Neiswender (509)574-3600 (509)574-3654 fax
Multicare Hospice and Palliative Care Services 710 S Fawcett Ave Tacoma, WA 98415 www.multicare.org	Pierce	Susan Crandall (253) 459-8370 or (800) 527-2069 hospiceinfo@multicare.org
Okanogan Regional Home Health & Hospice 800 S Jasmine Ste 2 Omak, WA 98841 www.orhhh.org	Douglas, Ferry, Grant, Lincoln, Okanogan	Jeannette Weyrich, Exec. Director (509)422-6721 (509)422-1835 fax homehealthhospice@orhhh.org
Providence Hospice of Seattle 425 Pontius Ave N. Suite #300 Seattle, WA 98109 http://www.providence.org/Long_Term_Care/Hospice_of_Seattle/	King	David Bucher, Director (206) 320-4000 or (888) 782-4445 (206) 320-7333 fax Lyn.Miletich@providence.org
Providence Hospice of Snohomish County 2731 Wetmore, Suite 500 Everett, WA 98201 www.providence.org/everett/hospice_and_home_care/default.htm	San Juan, Snohomish	Sherri Pride, Director (425) 261-4800 (425) 261-4725 fax phhc@providence.org
Providence SoundHomeCare & Hospice 3432 South Bay Road NE Olympia, WA 98506 http://www.providence.org/swsa/facilities/SoundHomeCare/default.htm	Lewis, Mason, Thurston	Lisa Butler, Director (800) 869-7062

Washington Hospice Organization Contacts (Continued)

Agency	Counties	Primary Contact
Skagit Hospice Services P.O. Box 1376 Mount Vernon, WA 98273 skagithospicefoundation.com	San Juan, Skagit	Donna Walters, Manager (360) 856-7770 info@skagithospicefoundation.com
Swedish Home Care Services 5701 6th Ave S Ste 404 Seattle, WA 98108 http://www.swedish.org/body.cfm?id=143	King	Jan Mueller, Exec. Director (206)386-6602 (206)386-3720 fax
Tri-State Hospital Home Health & Hospice 549 5th St Ste A Clarkston, WA 99403 www.tristatehospital.org	Asotin, Garfield	Terri Erickson, Supervisor (509) 758-2568 or (800) 200-6292
Volunteer Hospice of Clallam County 504 East 8th Street Port Angeles, WA 98362 www.hospiceofclallamcounty.org	Clallam	Rose Crumb, Exec. Director (360) 452-1511 (360) 452-3032 fax hoccdirector@olypen.com
Walla Walla Community Hospice 1067 E. Isaacs Ave. Walla Walla, WA 99362 www.wwhospice.org	Walla Walla, Columbia	Rebecca Hendricks, Exec. Director (509) 525-5561 info@wwhospice.org
Whatcom Hospice 800 E Chestnut St Ste 1-C Bellingham, WA 98225 www.hospicehelp.org	Whatcom	Richard Hammond, Manager (360)733-5877 (360)756-6884 fax
Yakima Regional Home Health & Hospice 7 S 10th Ave Yakima, WA 98902 www.yakimaregional.org	Yakima	LaDonna Chambard, Director (509)575-5093 (509)575-5032 fax

Appendix B: Making Resources Available in Indian Communities

By Deb Schiro, Vice-President, Survivorship and Quality of Life
Great West Division, American Cancer Society

Most people have heard of the American Cancer Society (ACS), but beyond a vague notion of “research” and “fundraising” many people don’t know what the American Cancer Society does, and how they go about doing it. It is true that the ACS funds over \$100 million in cancer research every year. And it is true that the ACS does do fundraising to support this and its many other programs.

Almost all of the paid staff for the American Cancer Society are *community organizers* and *volunteer managers*. **What does this mean, and how can tribal communities work with ACS for the benefit of their community?**

Unlike government agencies that hire individuals to work with one or a few communities, the American Cancer Society hires a few paid staff to work with many different communities. The ACS staff work with the members of the community to organize programs and activities that will benefit the community. Then, the members of the community, in a volunteer capacity, carry out the work.

This staff model has been highly effective all over America, and allows the ACS to pay just a few people, while getting tremendous amounts of work done to help fight the menace of cancer in their communities. For example, let’s say a community has cancer patients who must get to and from radiation or chemotherapy treatments daily for several weeks, however some of the patients have no transportation to treatment. The ACS staff person assigned to that community can help organize a volunteer effort, so that volunteer drivers can take turns helping people get to their cancer treatments.

But, you might ask, why does our community need the ACS to help organize volunteer drivers? There are several ways in which the ACS can contribute to efforts such as this:

- The ACS staff person will be well trained to create and organize a group of volunteer drivers, and can assist in making sure all of the necessary components are in place. Some of these components are: (1) how to get the word out to the community that drivers are needed, (2) how to coordinate a schedule that covers several weeks of driving for the patient, (3) how to get the word out to the patients that might need help, that there are drivers available, (4) how to use the driver’s contact with the patient to introduce the patient to other ACS or community services for cancer patients.
- The ACS can conduct training for the volunteer drivers. You might wonder what the training would consist of, since the drivers already know how to drive! The training consists of additional information people need to know about cancer patients, such as feeling comfortable about talking with the patient about his or her illness (if the patient wants to talk) and answering questions potential volunteer drivers might have about transporting patients.

- The ACS carries a \$1,000,000 insurance policy that covers official ACS volunteer drivers while the volunteers are driving the patients. (All ACS volunteer drivers must carry their own insurance policy as well.)
- The ACS maintains a 24-hour a day, seven days a week, National Cancer Information Center, which can be called at 1-800-227-2345. Patients or caregivers can call that number anytime, night or day, to talk to a “live” person about starting the process of getting help from volunteer drivers. Other helpful information is available to the patient at the National Cancer Information Center as well.

This is one example of how tribal community volunteers can work in partnership with the American Cancer Society for the benefit of the community. Other programs available at ACS are: public education for early detection of cancer; Look Good...Feel Better, which utilizes licensed cosmetologists in the community to help women with wigs, turbans, and make-up to alleviate the negative cosmetic side effects of cancer treatment; legislative advocacy for state and federal legislation affecting the health of tribal communities, and tribal-based SpeakOUT! activities, which involve youth education to their peers on tobacco abuse.

The American Cancer Society is a volunteer organization, and your ACS staff person is eager to help your community volunteers develop tribal community activities and programs in the fight against cancer! To find out who your American Cancer Society staff person is, call 1-800-227-2345.

Appendix C: Screening Guidelines

Women

Breast

Women age 40 and older should have an annual mammogram and an annual clinical breast exam (CBE) performed by a health care professional. Women should consult with their provider about the potential benefits, limitations, and harms associated with monthly breast-self examination. The CBE should be done close to, and preferably before, the scheduled mammogram.

Women ages 20-39 should have a clinical breast exam performed by a health care professional every three years. Women should consult with their provider about the potential benefits, limitations, and harms associated with monthly breast self-examination.

Cervix

All women who are or have been sexually active or who are 18 or older should have an annual Pap test and pelvic examination. After three or more consecutive satisfactory examinations with normal findings, the Pap test may be performed less frequently. Discuss the matter with your health care professional.

Endometrium

Beginning at age 35, women with or at high-risk for hereditary non-polyposis colon cancer should be offered endometrial biopsy annually.

Men

Prostate

The ACS recommends that the prostate-specific antigen (PSA) blood test and DRE should be offered annually beginning at age 50 years to men who have a life expectancy of at least 10 years, and that a discussion take place about the potential benefits, limitations, and harms associated with testing.

Men and Women

Colon and Rectum

Men and women who are at average risk for colon rectal cancer and who are ages 50 or older should follow one of the six examinations schedules below:

1. Fecal occult blood test (FOBT) every year, or
2. Fecal Immunoassay Test (FIT) every year, or
3. Flexible sigmoidoscopy every five years, or
4. FOBT every year and flexible sigmoidoscopy every five years (Of these three options, the American Cancer Society prefers option 3, annual FOBT and flexible sigmoidoscopy every five years.)
5. Double-contrast barium enema every five years, or
6. Colonoscopy every 10 years.

People with a history of polyps, colorectal cancer, or inflammatory bowel disease, or a family history of colon cancer or polyps are at higher risk for colon cancer and may need to start being tested before age 50, and have tests done more often.

These guidelines are for the early detection of cancer for people without symptoms. Some people are at higher risk for certain cancers and may need to have tests more often and start when they are younger. Talk with your health care professional to find out how these guidelines relate to you.

Cancer-Related Checkups

The American Cancer Society recommends having a cancer-related checkup every three years for adults under the age of 40, and every year for those over the age of 40. The cancer-related checkup should include examinations for cancers of the thyroid, mouth, skin, and lymph nodes, an examination of the testicles for men, and an examination of the ovaries for women. The checkup should also include health counseling (such as tips on quitting smoking).

Appendix D: Evaluation Form

To: NTCCP
 Fax to 503-228-8182

Date _____
 No. of Pages Faxed _____



Northwest Portland Area Indian Health Board
 Northwest Tribal Comprehensive Cancer Program
 Resource Guide
 March 2010

Purpose: The goal of the Resource Guide is to provide contact information of a selected number of key cancer control organizations and agencies serving Northwest tribal communities.

Directions: Please print or type your answers or circle as indicated below and fax the completed form to the number given above.

Item	Question	Strongly Agree	Agree	Don't Know – Not Sure	Disagree	Strongly Disagree
1a.	The Resource Guide is easy to <i>understand</i> .	Strongly Agree	Agree	DK/NS	Disagree	Strongly Disagree
1b.	What would make the Resource guide easier to <i>understand</i> ?					
2a.	The Resource Guide provides me with useful <i>information</i> .	Strongly Agree	Agree	DK/NS	Disagree	Strongly Disagree
2b.	What would make the Resource Guide more <i>useful</i> ?					

Appendix D: Evaluation Form (Continued)

3. I have used the following resources listed in the Resource Guide.	I used these resources prior to reading the Resource Guide	I used these resources as a result of reading the Resource Guide	I plan to use these resources in the future.	Don't Know/ Not Sure
A. ACOS Cancer Centers	Already used	Guide result	Future use	DK-NS
B. American Cancer Society	Already used	Guide result	Future use	DK-NS
C. American Lung Association	Already used	Guide result	Future use	DK-NS
D. American Indian Family Caregiver Support Program	Already used	Guide result	Future use	DK-NS
E. Angelflight West	Already used	Guide result	Future use	DK-NS
F. Area Agencies on Aging	Already used	Guide result	Future use	DK-NS
G. Cancer Care	Already used	Guide result	Future use	DK-NS
H. Cancer Lifeline	Already used	Guide result	Future use	DK-NS
I. Cancer Information Service	Already used	Guide result	Future use	DK-NS
J. Cancer Patient Care	Already used	Guide result	Future use	DK-NS
K. Comprehensive Cancer Alliance for Idaho	Already used	Guide result	Future use	DK-NS
L. Gilda's Club Seattle	Already used	Guide result	Future use	DK-NS
M. Hospice Organizations	Already used	Guide result	Future use	DK-NS
N. Hospital Traveler, Inc.	Already used	Guide result	Future use	DK-NS
O. Idaho Project Filter	Already used	Guide result	Future use	DK-NS
P. Idaho Women's Health Check	Already used	Guide result	Future use	DK-NS
Q. IHS Clinical Support Center	Already used	Guide result	Future use	DK-NS
R. Intercultural Cancer Council	Already used	Guide result	Future use	DK-NS
S. Joe's House	Already used	Guide result	Future use	DK-NS
T. Livestrong Foundation	Already used	Guide result	Future use	DK-NS
U. Leukemia & Lymphoma Society	Already used	Guide result	Future use	DK-NS
V. Methamphetamine & Suicide Prevention Initiative	Already used	Guide result	Future use	DK-NS
W. NARA Breast & Cervical Program	Already used	Guide result	Future use	DK-NS
X. National Brain Tumor Society	Already used	Guide result	Future use	DK-NS
Y. National Indian Women's Health Resource Center	Already used	Guide result	Future use	DK-NS
Z. National Marrow Donor Program	Already used	Guide result	Future use	DK-NS
BB. Native CIRCLE	Already used	Guide result	Future use	DK-NS
CC. NeedyMeds.com	Already used	Guide result	Future use	DK-NS
DD. Northwest Sarcoma Foundation	Already used	Guide result	Future use	DK-NS
EE. Northwest Tribal Cancer Control Contacts	Already used	Guide result	Future use	DK-NS
FF. Northwest Tribal Comprehensive Cancer Program	Already used	Guide result	Future use	DK-NS
GG. Northwest Tribal Cancer Navigator Program	Already used	Guide result	Future use	DK-NS
HH. Northwest Tribal Epidemiology Center	Already used	Guide result	Future use	DK-NS
II. Northwest Tribal Registry Project	Already used	Guide result	Future use	DK-NS
JJ. Oregon and Washington Prescription Drug Programs	Already used	Guide result	Future use	DK-NS
KK. Oregon Breast & Cervical Cancer Program	Already used	Guide result	Future use	DK-NS
LL. Oregon Partnership for Cancer Control	Already used	Guide result	Future use	DK-NS
MM. Oregon Tobacco Prevention & Education Program	Already used	Guide result	Future use	DK-NS
NN. Ovarian Cancer Coalition of Oregon SW Washington	Already used	Guide result	Future use	DK-NS
OO. Patient Advocate Foundation	Already used	Guide result	Future use	DK-NS

Appendix D: Evaluation Form (Continued)

PP. Project Red Talon	Already used	Guide result	Future use	DK-NS
QQ. SPIPA Breast & Cervical Program	Already used	Guide result	Future use	DK-NS
RR. SPIPA Comprehensive Cancer Control Program	Already used	Guide result	Future use	DK-NS
SS. Spirit of EAGLES	Already used	Guide result	Future use	DK-NS
TT. Susan G. Komen for the Cure	Already used	Guide result	Future use	DK-NS
UU. Us TOO International	Already used	Guide result	Future use	DK-NS
VV. Washington Breast & Cervical Health Program	Already used	Guide result	Future use	DK-NS
WW. Washington Comprehensive Cancer Control Partnership	Already used	Guide result	Future use	DK-NS
XX. Western Tribal Diabetes Project	Already used	Guide result	Future use	DK-NS
AAA. Other _____	Already used	Guide result	Future use	DK-NS

Additional comments and questions (Use additional sheets, if needed.)

Appendix E: 2010 Cancer Resource Guide Order Form

To: Native CIRCLE
Fax: (507) 538-0504

Date _____
No. of Pages Faxed _____



Directions: Please print or type below and fax completed form to the number above.

Native CIRCLE: Please send ____ (number) copies of the Resource Guide to the following:

Name _____ Title _____

Organization/Agency _____

Mailing Address _____

City _____ State _____ Zip _____

Telephone _____ Fax _____

Email _____

Your Signature _____ Date _____

Notes/Questions/Comments (Use additional sheets, if needed.)

Appendix F: Update Form

To: NTCCP
Fax: 503-228-8182

Date _____
No. of Pages Faxed _____



Northwest Portland Area Indian Health Board
Northwest Tribal Comprehensive Cancer Program
Resource Guide
March 2013

Directions: Additional sheets of paper may be necessary to update the following information and fax it to the number above.

General Information In 50 to 100 words state your organization's mission, goals and objectives.

Resources Available In 50 to 200 words, list or summarize the types of resources available in northwest tribal communities.

How to Obtain Resources In 50 to 100 words, describe the process for obtaining each of the resources noted above.

Contact Information Provide the name of your organization's director and all information necessary to reach director.

Notes/Questions/Comments (Use additional sheets, if needed.)

I am authorized to make these changes.

Your Signature _____ Date _____

Your Printed Name _____ Title _____

Organization/Agency _____

Mailing Address (if different from above) _____

City _____ State _____ Zip _____

Telephone _____ Fax _____

Email _____

Northwest Portland Area Indian Health Board
Northwest Tribal Comprehensive Cancer Program
2121 SW Broadway, Suite 300
Portland, OR 97201

Tel: (503) 228-4185
Fax: (503) 228-8182
Web: www.npaihb.org