

Northwest Portland Area Indian Health Board



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Northwest Portland Area Indian Health Board

Indian Leadership for Indian Health



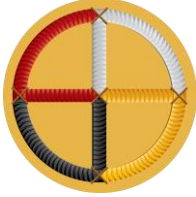
Background – HCV in Indian Country



American Indians/Alaska Natives (AI/AN) have more than double the national rate of HCV-related mortality, and the highest rate of acute HCV infection.¹

The most current national study estimates 40,000 persons served by Indian Health Service (IHS) have chronic HCV.²

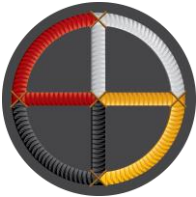
Background – SUD in Indian Country



More AI/AN have died of a drug overdose than members of any other racial or ethnic group in the US.³

AI/AN had the largest percentage increase in the number of deaths over time.³

Background – Diabetes in Indian Country



AI/AN have a greater chance of having diabetes than any other US racial group.⁴

Kidney failure from diabetes among AI/AN was the highest of any race.⁴

Disparities

(% greater than US all races)⁵

Alcohol related (520%)

TB (450%)

Chronic liver disease (368%)

Motor vehicle crashes (207%)

Diabetes (177%)

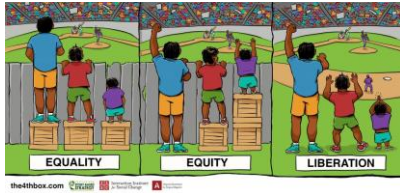
Unintentional injuries (141%)

Poisonings (118%)

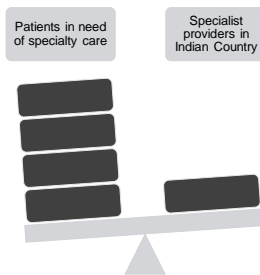
Homicide (86%)

Suicide (60%)

The Big Problem



A 'Small' Problem –
Lack of specialist
availability limits
access to medical
treatment



A Solution



People need access to specialty care for their complex health conditions.



There aren't enough specialists to treat everyone who needs care, especially in rural and underserved communities.



ECHO trains primary care clinicians to provide specialty care services. This means more people can get the care they need.



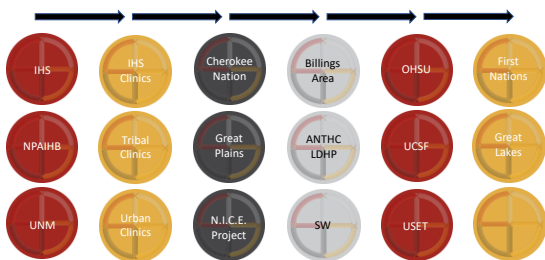
Patients get the right care, in the right place, at the right time. This improves outcomes and reduces costs.

"We choose to go to the Moon! We choose to go to the Moon in this decade and do the other things, not because they are easy, but because they are hard; **because that goal will serve to organize and measure the best of our energies and skills**, because that challenge is one that we are willing to accept, one we are unwilling to postpone, and one we intend to win, and the others, too." – John F. Kennedy





Building Relations and Partnerships



Accomplishments so far...

- HCV ECHO 2 1/2 years old at the end of January
- Trained over 350 medical professionals on HCV
- 557 patient recommendations for HCV treatment
- SUD clinic started in January, trained over 136 people in MAT and OUD
- Engaged over 100 I/T/U clinics
- Partnerships across Indian Country





NEW Diabetes ECHO

- Successful pilot in 2018
- Led to Diabetes ECHO implementation
- Presenting at Annual Diabetes Conference – ECHO Style
- *“Extremely helpful when discussing specific cases”*



Extra-ECHO Accomplishments

- Working to change Medicaid policy in “Grade F” states
 - Oregon, South Dakota
- Working with IHS to advocate for resources for HCV treatment
 - 25 million dollars for Ending the HIV Epidemic in Indian Country – ALSO addressing HCV
- Working with IHS to systematically increase DATA Waived providers to increase access to MAT
 - Partnership with HOPE Committee
 - MAT training at NCC



IndianCountryECHO.org

- Hepatitis C – [Text HCV to 97779](#)
- SUD/OPUD – [Text Opioid to 97779](#)
- Diabetes – [Text Endo to 97779](#)
- Youth Leadership
- First People's ECHO Collaborative
- Harm Reduction – [Text Harm Reduction to 97779](#)
- Palliative Care (ANTHC)
- HIV (UNM)
- PrEP and HIV Prevention – [Text PrEP – coming soon](#)
- LGBTQ 2-Spirit Health – [Text LGBTQ2 – coming soon](#)

Lessons Learned

- Tribes and tribal organizations can and should be the hub of delivering ECHO clinics to Indian Country
- Tribes and tribal organizations are well suited to bring together front line clinicians, tribal partners and medical experts from a variety of fields in a culturally appropriate way
- We work with anyone who has the passion to drive the work – advancing the top of licensure
- We raise up champions to continue to expand
- The key to scaling up has been relationships, often fostered in-person at regional trainings, and site visits

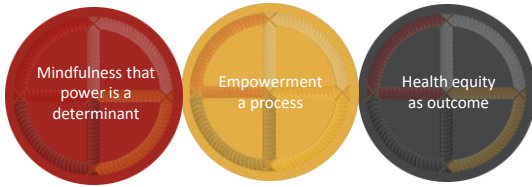


“Power is the ability to achieve a purpose. Whether or not it is good or bad depends on the purpose.”
– Dr. Martin Luther King Jr.



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Equity in Healthcare



References

1. Centers for Disease Control and Prevention. (2015). Division of viral hepatitis, surveillance for viral hepatitis, United States, Retrieved Aug 28, 2017, from <https://www.cdc.gov/hepatitis/statistics/2015surveillance/index.htm>
2. Haverkate R, Reilley B. Hepatitis C Virus in Indian Country. Retrieved March 10, 2017 from <https://www.ihs.gov/newsroom/ihs-blog/may2017/hepatitis-c-virus-in-indian-country/>.
3. Joshi S, Weiser T, Warren-Mears V. Drug, Opioid-Involved, and Heroin-Involved Overdose Deaths Among American Indians and Alaska Natives — Washington, 1999–2015. MMWR Morb Mortal Wkly Rep 2018;67:1384–1387.
4. Centers for Disease Control and Prevention. (2017). Native Americans with Diabetes. Retrieved July 11, 2019, from <https://www.cdc.gov/vitalsigns/aiand-diabetes/index.html>
5. Trends in Indian Health 2014 Edition, US DHHS, Indian Health Service
