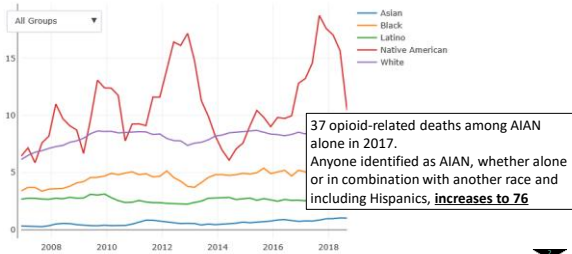


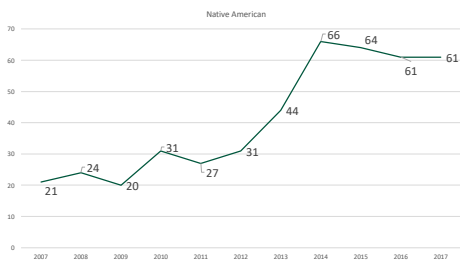
Tackling the Opioid Epidemic in California Indian Country

Vanesscia Cresci, MSW, MPA
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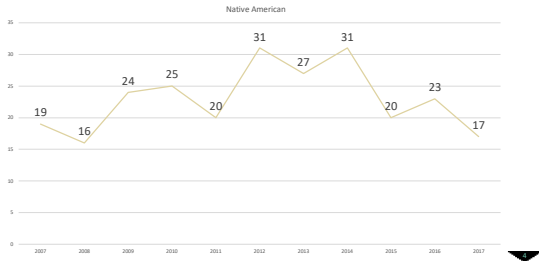
What is happening in California? Opioid-related deaths



California emergency room visits are on the rise for opioid-related non-fatal overdoses



Hospitalizations for opioid-related non-fatal overdoses

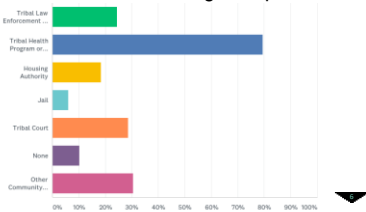


Tribal Opioid Capacity Assessment preliminary results

- Has your Tribal Council passed any policies, laws, or ordinances to address the opioid crisis in your Tribal community?
 - No: 84% (32)
 - Yes: 16% (6)
 - Tribal ordinances, housing policies, pre-employment testing

Tribal Opioid Capacity Assessment preliminary results

- Which of the following Tribal organizations in your community have been involved in addressing the opioid crisis?



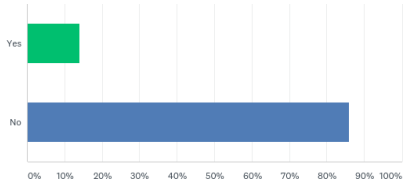
Tribal Opioid Capacity Assessment preliminary results

Which of the following statements best describes the Tribe's access to opioid-related health data to monitor trends and patterns pertaining to your Tribal community?		
	%	#
The Tribe manages their own database to monitor opioid-related health trends and patterns.	13.33%	6
The Tribe has an agreement/collaborates with outside agencies who share data with the Tribe about opioid-related health trends and patterns.	8.89%	4
The Tribe does not have their own database to monitor opioid-related health trends and patterns.	11.11%	5
The Tribe does not have access to opioid-related health data about our Tribal community.	11.11%	5
The Tribe does not currently manage their own database, but has an interest in managing their own database to monitor opioid-related health trends and patterns.	13.33%	6
The Tribe does not currently manage their own database, but has an interest in collaborating with an outside agency to receive data to monitor opioid-related health trends and patterns about our Tribal community.	26.67%	12
Other (please specify)	15.56%	7



Tribal Opioid Capacity Assessment preliminary results

Does your Tribe have any system to detect early signs of potential opioid overdoses in your Tribal community?



California Tribal Opioid Summit

What does an opioid-free Tribal community look like?

North

- Limit prescription of pain medication and use alternative treatments
- Overall recovery and healing is inclusive of all community members and everyone has a role in a strong, resilient, and thriving community
- Active lifestyles and healthy eating
- Increase in behavioral health staff
- Communities working together

Central

- Redesign services to reach clients at critical points: jail, prisons, hospitals, wellness courts, treatment centers
- Transformational housing with mentoring and psychological services
- Community has healthy parents, elders, and children
- Limit pain medication prescriptions and use alternative treatments
- Telemedicine in remote areas to provide services
- Cultural and traditional, sober living, and treatment services
- Integrate services at the Tribal Health Program

South

- Increased access to physical and spiritual activities
- Drug and alcohol free community events and gatherings
- Phase out western approaches to wellness and strengthen traditional medicine



How is CRIHB responding?



- SAMHSA funded Tribal Opioid Response (TOR)
 - Working with 6 Tribal Health Programs, serving 25 Tribes
- CDC funded California Tribal Opioid Strategic Plan
 - Collecting data across the State
- CDPH funded Tribal Medication Assistant Treatment (MAT)
 - Working with 14 Tribal Local Opioid Coalitions
 - Providing training across the State

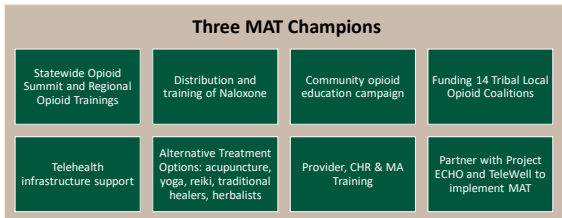
Tribal Opioid Response Activities

Culturally based Community Education	Enhance Community Support Services	Culturally appropriate, trauma-informed, harm reduction RHCs in Tribal Health Programs and Tribes	Tribal and Tribal Health Program Leader Engagement	Other Supportive Activities
<ul style="list-style-type: none"> • Elder workshops • Community workshops • Opioids 101 • Medication safety • Importance of using medications as prescribed • Proper medication disposal • Elder abuse prevention • Pain management alternatives • Historical trauma • Building recovery ecosystems • MAT self-assessment 	<ul style="list-style-type: none"> • White Bison programming • Prayer ties • Purification ceremonies • Pain management alternative treatment • Recovering honoring ceremonies • Talking circles 	<ul style="list-style-type: none"> • Needle exchange • Naloxone education and distribution • Safe injection sites • Safe prescribing guidelines • Safe disposal sites • Tribal Health Program-wide harm reduction approach • Chronic pain management using alternative approaches 	<ul style="list-style-type: none"> • Tribal Health Program partnership with Tribe • Community stakeholder engagement • Community meetings • Partner with spiritual leaders 	<ul style="list-style-type: none"> • Increasing the number of waived providers • Regional opioid summit • MAT program • Partnering with California Hub and Spoke Systems to become a spoke • Provide treatment, transitional housing, and sober living services

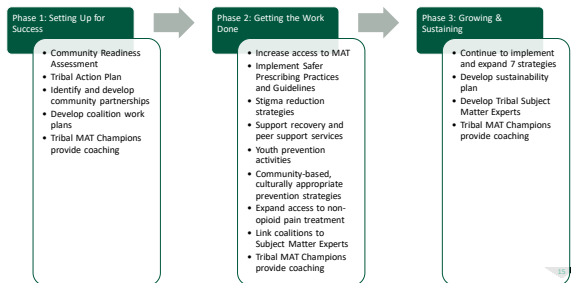
California Tribal Opioid Strategic Plan

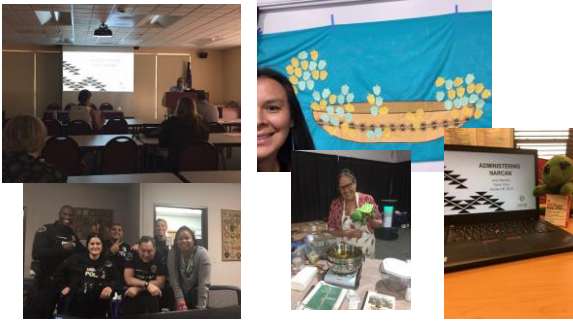
- › Create an Tribal Opioid Strategic Plan
 - 6 Youth Focus Groups
 - 5 Elder Focus Groups
 - 15 Key Informant Interviews with adults and elders
 - Tribal Opioid Summit feedback
- › Form a Tribal Opioid Advisory Committee
 - Provide guidance to all CRIHB opioid projects
 - Guide the development of the Tribal Opioid Strategic Plan
- › Implement a Tribal Opioid Capacity Assessment
 - Assess Tribal-specific capacity and gaps
- › Tribal Head Start pilot project
 - Focus on developing resiliency-focused, culturally-based interventions

Tribal Medication Assisted Treatment (MAT)



Tribal Local Opioid Coalition Framework





Thank You!

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