


Swinomish
didg^wálič
 Wellness
 Center



John Stephens
 EXECUTIVE DIRECTOR

DIDG^wÁLIČ BACKGROUND



In 2016, the Swinomish Senate ambitiously decided to use their own funds and resources to combat the opioid crisis.

The community understands that this is a local and national issue affecting Native and non-Native populations.

SERVING THE NEED

The didg^wálič Wellness Center remains the only facility in Skagit County that provides full-service medication assisted treatment (“MAT”) and is the only MAT facility to provide fully-integrated primary care, mental health services, and counseling.

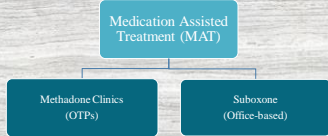


Critical Treatment Gaps in Opioid Epidemic

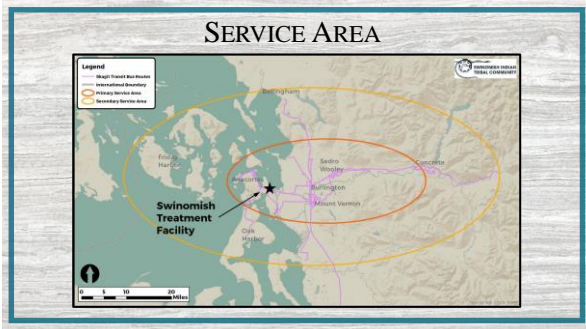
- 1. **MAT is not available for most patients.** Only 23% of publicly funded treatment programs and fewer than 50% of private programs offer MAT. *American Journal of Public Health*
- 2. **Most MAT patients don't have adequate access to counseling.** "[B]y itself, medically supervised withdrawal is usually not sufficient to produce long-term recovery, and it may increase the risk of overdose[.]" *New England Journal of Medicine*
- 3. **Referrals to primary care are ineffective.** Research demonstrates referrals result in only 35% of patients actually receiving primary care. *American Journal of Public Health*

Two Types Of Medication Assisted Treatment (MAT)

- ➡ Methadone and Suboxone are delivered in two "siloed" environments.
- ➡ Methadone is highly regulated and can only be provided through licensed Opioid Treatment Programs (OTPs).
- ➡ Under the Drug Addiction Treatment Act of 2000, Suboxone is prescribed by physicians.







didg^walič provides patients with
all the tools necessary for success

- OUTPATIENT TREATMENT SERVICES
- PRIMARY MEDICAL CARE
- MENTAL HEALTH COUNSELING
- MEDICATION-ASSISTED THERAPIES
- SHUTTLE TRANSPORTATION
- CASE MANAGEMENT & REFERRALS
- SOCIAL WORK SERVICES
- GROUP & FAMILY THERAPY
- ON-SITE PUBLIC BENEFITS ENROLLMENT
- ON-SITE CHILDCARE
- ON-SITE SECURITY
- DENTAL CARE

The didg^walič Model

- ➔ Holistic – treats the medical and psychological collateral damage caused by opioid use disorder
- ➔ Blends best practice, evidence-based treatment with culturally appropriate care
- ➔ Eliminates unreliable and non-compliant patient referrals
- ➔ Keeps families together – avoids need to send patients far away for treatment
- ➔ Continuity of care within the wellness eco-system
- ➔ Nationally award-winning program – National Leadership Award from Indian Health Services

PHASE II EXPANSION



- ➔ Square footage:
 - Current size: 10,000 square feet
 - Expansion size: 20,000 square feet
- ➔ 3 story addition to north side of current facility
- ➔ Double patient capacity from 250 to 500 patients

PERSONNEL

	<i>Current</i>		<i>Expanded</i>	
Executive Staff CEO, COO, CMO, CIO	3	4		
Medical Staff DR, LPNs, RNs, ARNPs, CNAs	7	12-14		
Chemical Dependency Professionals Clinical Supervisor, CDR, CDP/PT	7	14		
Licensed Mental Health Counselors Clinical Supervisor, LMHC, LMBICA	3	6-8		
Social Worker(s)	1	2		
			Administration Office Manager, Admin Ass't, Child Watch Attendants, Data Entry/UA/Tech	8 16-18
			Billing Manager, Specialist, Billing Ass't	4 6
			Security/Transportation/Other Manager, Security Guards, Transporters	9 18
			Dental Dentist, Clinical Supervisor, Hygienist, Dental Assistants, Office Support	0 7

PERSONNEL



➔ Providing high quality, well-paying jobs for local residents
