



NW Native Adolescent Health Alliance Meeting Minutes

Northwest Portland Area Indian Health Board, Portland OR

May 11, 2016: 10:30 -12:00 PM

I. Introductions:

- Daniel Guilfoyle (Youth Wellness Educator-NAYA Family Center)
- Carol Kaufman (Assoc Prof, Center for American Indian and Alaska Native Health, U of CO; AIAN adolescent research)
- Melissa Gilman (TANF Employment/Job Training Specialist-Lower Elwah Klallam Tribe)
- Corey Hodge (Director, Social Work Field-Heritage University)
- Sharla Robinson (Youth Development Director-Confederated Tribes of Siletz Indians)
- Randi Purser (Teacher-Chief Kitsap Academy)
- Theresa Bessette (Behavioral Health Project Coordinator-Benewah Medical & Wellness Center)
- Louisa Kindle (Suicide Prevention Site Coordinator-Shoshone-Bannock Counseling & Family Services)
- Colbie Caughlan, Stephanie Craig Rushing, Celena McCray, Nora Alexander, David Stephens, Tommy Ghost Dog (NW Tribal Epidemiology Center)

II. Adolescent Tribal Action Plan

- a. Suicide prevention plan: See Attachment.
- b. Suicide prevention activities in communities:
 - Native American Youth and Family Center (NAYA)- Healing feathers @ PSU (Link: <http://www.pdx.edu/nativestudents/healing-feathers>)
 - Native American Rehab Association (NARA)- GLS grantee, internships, training (gatekeeper and possibly Healing Feathers)
 - Lower Elwah Klallam Tribe- Healing of the Canoe Curriculum, two new chapters focused on suicide prevention.
 - Heritage University- Plans for the future of the program, hire student intern, Crisis Response Plan protocol, training, prevention with local high school.

III. Suicide Prevention Signs

- a. Text services are highly effective with youth. Currently don't see these signs in particular in communities. FYI- National Lifeline Number will route the call to nearest call center location to where call was made.
- b. A one-pager with information, template for modification (signs in Native language) instructions to post on school campus grounds or in communities will be developed.
Available mid-July 2016!

IV. Concerning Post Facebook Reporting Tools

- a. A one-pager fact sheet and instructions on how to report concerning content on Facebook is in the works. *Stay Tuned!*
- b. Other resources for Health Educators are under development. *Stay Tuned!*

V. LGBTQ & Two Spirit Suicide Prevention Campaign: #WeNeedYouHere

- a. Materials will be disseminate in June 2016, in time for PRIDE month
- b. Any LGBT or Two Spirit programs or organizations?
 - i. New LGBT Youth Center called "The Space." Located in the city of Yakima. Facebook page: <https://www.facebook.com/TheSpaceLGBTQYakima/>

VI. WEAVE Project: http://www.npaihb.org/epicenter/weave_nw

- a. The project supports youth driven projects pertaining to food policy and leadership. Highlighting cultural/language revitalization, community gardens (currently existing in certain communities), youth tribal councils interested in policy change. WEAVE-NW is working on developing a tribal youth policy curriculum... If you have ideas or resources, contact Nora Alexander, weave@npaihb.org

VII. Local Adolescent Health Programs

- a. Strengths: Youth like to show up and be involved in events/programs.
- b. Challenges: Turnover of staff in communities
- c. Trends: Youth voiced interest in access to healthy foods, grow their own gardens, more farmer's markets.
- d. Question, Persuade, Refer Suicide intervention training for youth. Gary Payton will visit Coeur d'Alene Tribe for a 2 day trauma and suicide training, July 2016!

VIII. NEW! We R Native website: <http://www.wernative.org/>

IX. Healthy Native Youth Website: *Coming Soon!*

- a. The website will be a sister resource to We R Native, specifically for AI/AN health educators. The site will allow users to search, select, and download evidence-based sexual health curricula. Educators can also submit their own culturally relevant curricula for use by others. First Phase, launching in August 2016, will focus primarily on sexual health. The second phase will include other health topics.
 - b. We will start to recruit health educators to test the website this summer, starting the usability test in the Fall. Participants will receive a stipend for their time, and return a post-survey about their experience using the website. Contact Stephanie scraig@npaihb.org if you are interested in testing the website.
- X. 6th Annual THRIVE Youth Conference-Portland Oregon, June 27-July 1st.**
- a. Link to register: <https://www.surveymonkey.com/r/THRIVEconference2016>