

Current Projects

- We R Native
- It's Your Game
- Native VOICES
- Native STAND
- LGBT Materials
- HIV/STD Screening Initiative
- THRIVE: I Strengthen My Nation



WERNATIVE

A multi-media health resource for
Native teens & young adults with content

FOR NATIVE YOUTH BY NATIVE YOUTH...

Check us out at...

WE R NATIVE.ORG

We have a...

FACEBOOK PAGE

TEXT Messaging Service

& TWITTER FEED

Get Info On:

- Staying Healthy
- Coping with tough stuff
- Mini-grants for projects
- Monthly Contests
- Native News &
- Our free Ask Auntie Q&A Service

WERNATIVE

MY BODY MY MIND MY CULTURE GET INVOLVED BLOG GEAR

"Our first teacher is our own heart" - Ojibwa

My Culture

- My Community
- Physical Health
- Sexual Health
- Mental Health
- Education & Skills

Most Popular

Spotlight!

Tell Us Your Story.

OVERVIEW | TOPICS | BLOG | VIDEOS | **ASK AUNTIE Q&A** | RESOURCES

Ask Auntie

You've got questions, she's got answers!

Featured Question

Q: How do I get my cousin to stop doing drugs? We used to hang out all the time, but now I feel like I don't even know him. - Chris, New Mexico

Get Help

Everyone needs a hand. We have resources and options for you.

Search Questions

Search

How do I go about...

Similar Questions

I have an idea my relative is thinking about suicide. What...

WERNATIVE

MY BODY MY MIND MY CULTURE GET INVOLVED BLOG GEAR

"Our people can make a difference...two people can work miracles" - Lakota

Get Involved.

We have the tools you need to shape your community in positive ways.

Learn More »

Youth Making a Difference

Graham Beyale, Dine (Navajo), age 21. Video: Dile Shighan (This is my home).

We R Native, Who R U?

Share your story.

Send us a photograph, video, paragraph, drawing, song, or poem...we'll post it on our website.



We R Native, Who R You?

Monthly Contests

Send a photograph, video, paragraph, drawing, song, or text message in response to the question.

Winners : \$75 – 1st, \$50 – 2nd, and \$25 – 3rd



facebook

We R Native Timeline Now Highlights

6 people like this.

We R Native Thank you to all who submitted photos to the "We R Native" photography contest! The winners will be announced tomorrow.

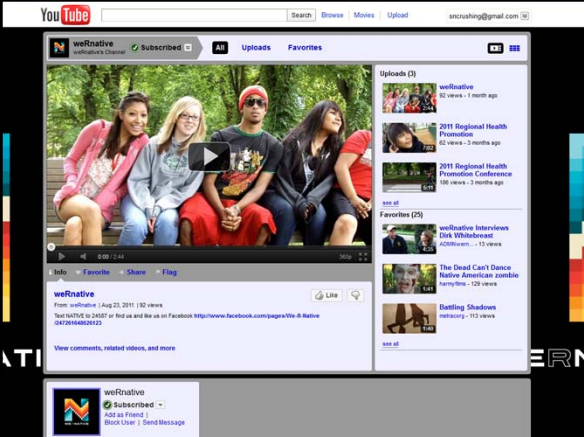


TEXT NATIVE TO 24587

FOR WEEKLY HEALTH TIPS, CONTESTS, AND LIFE ADVICE,

TEXT "NATIVE" TO 24587.

*STANDARD RATES APPLY. IT'S JUST LIKE TEXTING YOUR FRIENDS AND FAMILY.



YouTube

weRnative

Subscribed

Uploads (3)

- weRnative 12 views · 1 month ago
- 2011 Regional Health Promotion 42 views · 3 months ago
- 2011 Regional Health Promotion Conference 188 views · 3 months ago

see all

Favorites (25)

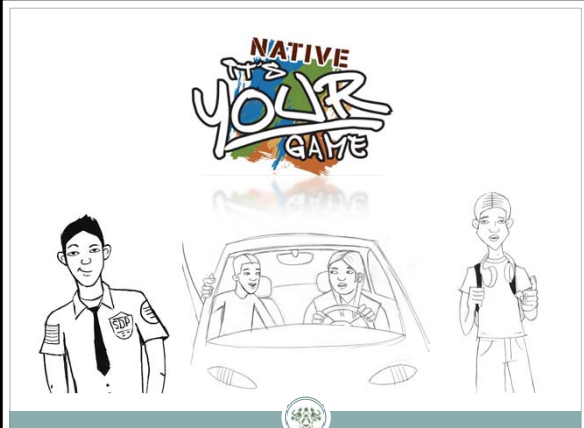
- weRnative Interviews with 1000+ views · 13 views
- The Dead Can't Dance Native American zombie 100 views · 13 views
- Battling Shadows 100 views · 13 views

see all

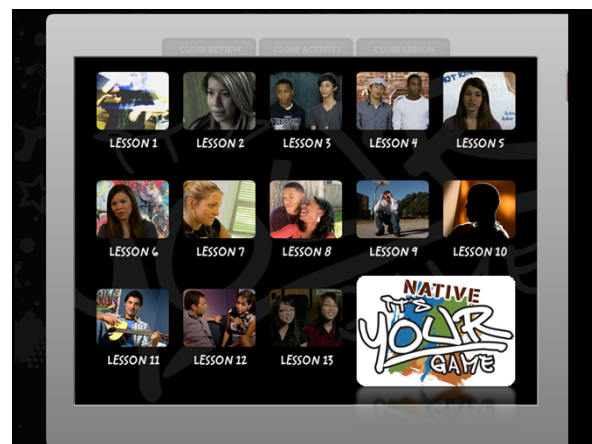


WE R NATIVE

WE CAN CHANGE OUR WORLD



NATIVE YOUR GAME



IYG Tech: Lessons & Topics

- 1 **Introduce IYG program; determine personal strengths**
- 2 Characteristics of healthy and unhealthy friendships
- 3 Introduce "Select, Detect, Protect": Identify personal rules & risky situations
- 4 Characteristics of clearly saying "no". Effective/ineffective refusal skills
- 5 Anatomy, physiology, and reproduction
- 6 Characteristics of health/unhealthy dating relationships; respecting others' rules
- 7 Social, emotional, physical consequences of sex; reasons to wait
- 8 Communication & negotiation skills practice; Internet communication & safety
- 9 Consequences of teen pregnancy
- 10 Consequences of STI/HIV & the importance of testing
- 11 Condom and contraception knowledge and skills
- 12 "Select, Detect, Protect" review; condom negotiations
- 13 Review of IYG; personalize reasons for not having sex

It's Your Game Sites

- Warm Springs (MoA Signed)
- Coquille Indian Tribe Community Health Center (MoA Signed)
- Shoalwater Bay Education Department (MoA Signed)
- Tulalip Boys and Girls Club (MoA Signed)
- Wadatika Health Center - Burns Paiute Tribe (MoA Signed)
- Yakama Nation Tribal School (MoA Signed)
- Lapwai Boys and Girls Club - Nimiipuu Health Center (Lapwai MS/HS)
- Lummi Tribal School
- Paschal Sherman Indian School
- Sunridge Middle School (Pendleton)



FOR AMERICAN INDIAN AND ALASKA NATIVE YOUTH,

THE NEWS COULD BE BETTER.

- On average, Native teens first use alcohol at the age of 14.
- AI/AN teens use marijuana and prescription drugs at twice the rate of the national average.
- Many AI/AN youth believe that their parents do not strongly disapprove of them drinking alcohol or smoking pot.

BUT THERE'S A LOT TO CELEBRATE!

RECENT RESEARCH SUGGESTS THAT:

- Just talking with your teen about drug and alcohol use - early and often - can give them greater self-control and the confidence to say "no" when pressured.
- More than 75% of AI/AN youths surveyed had not used drugs or alcohol in the past month.
- AI/ANs 12 and older were the least likely group of any race/ethnicity to currently use alcohol.

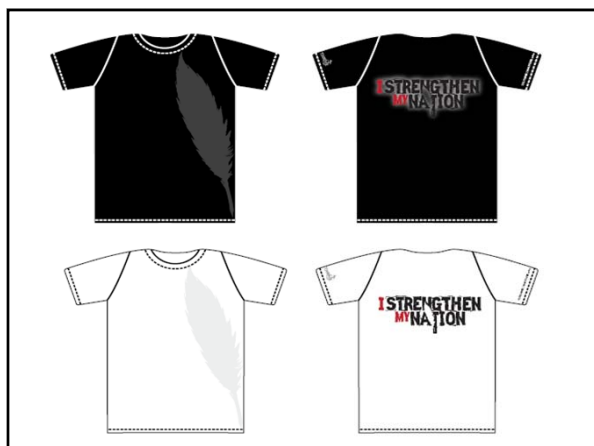
SO WHAT'S THE MESSAGE?


- Talk to your child about alcohol and drugs. If possible, start the conversation before they're in school - but it's never too late.
- Make it clear that you strongly disapprove of underage smoking, drinking, or using any other drugs. Never let someone drive who has been drinking or using drugs.
- Set a good example. Live a drug and alcohol-free life.
- For additional help, go to www.weRnative.org

STRENGTHEN YOUR CHILD. STRENGTHEN YOUR NATION. KEEP YOUR CHILD DRUG AND ALCOHOL-FREE.

The campaign includes:

- Logo jpegs
- 3 Posters
- 2 Brochures
- 1 Fact Sheet
- Window Cling
- Lanyard
- T-shirts
- A 30 second Radio PSA
- A 30 second Video PSA
- A 3 minute Video PSA (that will run on GoodHealth TV in IHS waiting rooms)





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