

2018 Summer Internship Stipends

The Northwest Portland Area Indian Health Board, We Are Healers, and We R Native and are committed to supporting American Indian & Alaska Native youth (14-24 years old) interested in pursuing healthcare professions.

Instructions: Please fill out the attached Youth Stipend Application and return it to Stephanie Craig Rushing (scraig@npaihb.org). Priority will be given to youth who already have an internship site, but applications will also be accepted from youth or sites needing help seeking a match.

Due: Applications will be filled on a rolling basis and are due by July 30, 2018.

Stipend: Selected youth will receive \$600 to cover their internship time and/or travel.

Scope of Work: Host sites will provide student interns with hands-on training in health careers, health promotion strategies, research and evaluation methods, or community-based participatory research.

Number of Awards Available: 10 in Year 1

Eligible Participants

- American Indian or Alaska Native youth (14 to 24 years-old)
- Interest in a health or wellness career

Eligible Internship Sites

- IHS, Tribal or Urban Indian Clinics (I/T/U)
- Indian Health Boards
- Tribal Epidemiology Centers
- Other health promotion agencies serving AI/ANs

Learning Objectives: Participants will:

- learn about tribal health professions and career paths
- establish mentorships with a health professional
- learn about community-based participatory research strategies
- have participated in a resume-building job shadow, internship or work experience

Evaluation: Upon completion of the internship, a 1-page feedback form will be requested from participants, documenting internship activities and outcomes.

Payment Process: Unless otherwise requested, checks will be made out to the youth (requiring a social security number), but will be mailed to the host site for payment after the internship.

Can sites host more than one intern? Yes. Sites can host up to 4 student interns.

Youth Stipend Application

1. Youth Name:

FIRST

MIDDLE

LAST

2. Youth Address:

STREET

CITY

STATE

ZIP

3. Mobile Phone:

Alternate Phone:

4. Email Address:

5. Gender Identity: Male Female Non-binary Two Spirit Other:

6. Date of Birth:

 / /
MONTH DAY YEAR

7. Social Security Number (required for stipend payment):

8. What grade will you be in next year (Fall 2018)?

9. What is your school's name?

10. What are your career interests or goals?

11. What do you hope to gain from the internship experience?

12. Indian Heritage: Are you an enrolled tribal member or a descendant of one of the 43 NPAIHB Member Tribes (Federally Recognized Tribes in Idaho, Oregon, or Washington)?

NO YES

Tribal Affiliation:

Site Application

1. Site Name:
2. Site Address:
STREET

CITY STATE ZIP
3. Supervisor's Name:
FIRST MIDDLE LAST
4. Mobile Phone: Alternate Phone:
5. Email Address:
6. What scope of work would you like the intern to work on?
7. The student and host site can work together to determine when and how often the intern(s) will meet. What timeframe, duration, or frequency do you anticipate meeting?
8. Do you agree to provide the student with hands-on training in health careers, health promotion strategies, research and evaluation methods, and/or community-based participatory research?
 NO YES

Applications will be filled on a rolling basis and are due by July 30.

Please return applications to Stephanie Craig Rushing (scraig@npaihb.org).

Priority will be given to youth enrolled in the We Are Healers text messaging service (**text HEALER to 97779**) and to AI/AN youth living in Oregon, Idaho, or Washington.

Acknowledgements: This work is supported by the Administration for Native Americans, grant number: 90NC0022 (We R Native Youth Development Project).



JUNE 28, 2018

COPING WITH WORK & FAMILY STRESS CONFERENCE

Employees and community members, please join us and participate to develop personalized stress management plans to maintain healthy lifestyles and learn holistic tools to prevent burnout and compassion fatigue. The objectives of conference is to 1) Reduce work and family stressors; 2) Increase social support from Supervisors and coworkers; 3) Enhance use of effective coping strategies; 4) Decrease use of avoidance coping strategies; 5) Reduce in depression, anxiety, and somatic complaints; and 6) Reduction in alcohol consumption and other drugs.



**Sponsored by:
Yakama Nation
Behavioral Health
Services and
Diabetes Program**

**Guest Speakers:
Acosia Red Elk
Levi Horn**

**YAKAMA NATION
HERITAGE
WINTERLODGE**

100 Spiel-Yi Loop

**Toppenish, WA
98948**

**June 28, 2018 from
8am to 5pm**

**For Conference and Booth
Registration**

Contact: 865-2266

**Ezilda_Johns-
Winishut@yakama.com**

**Vinessa_Williams@yakama.c
om**



Coping with Work and Family Stress Conference

June 28, 2018

REGISTRATION FORM

NAME: _____

Gender: Male Female Age: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Office Phone: _____ Email: _____

Employer: _____

Occupation: _____

How many years have you been working for your employer? _____

Do you currently practice self-care? yes no Please explain your answer:

Have you or are currently experiencing burn-out or compassion fatigue at your work place? yes no

Shirt Size: small medium large x-large 2x 3x 4x

Signature: _____ Date: _____

Approved Not Approved

Supervisor Signature: _____ Date: _____



Hello!

The Northwest Portland Area Indian Health Board, We Are Healers, and We R Native and are committed to supporting American Indian & Alaska Native youth (14-24 years old) interested in pursuing healthcare professions.

Please consider hosting a student intern or connecting them to this paid job shadow opportunity.

Stipend: Selected youth will receive \$600 to cover their internship time and/or travel.

Scope of Work: Host sites will provide student interns with hands-on training in health careers, health promotion strategies, research and evaluation methods, or community-based participatory research.

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Instructions: Please fill out the attached Application and return it to Stephanie Craig Rushing (scraig@npaih.org). Priority will be given to youth who already have an internship site, but applications will also be accepted from youth or sites needing help finding a match. Applications will be filled on a rolling basis and are due by July 30, 2018.

Please let us know if you have any question about this exciting opportunity!

Thanks for all that you do!
Stephanie and Tana



Stephanie Craig Rushing, PhD, MPH

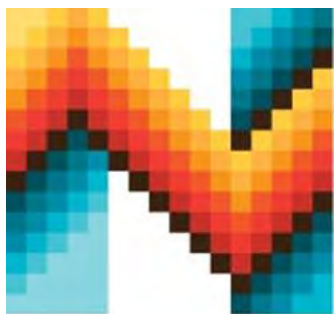
Northwest Portland Area Indian Health Board

Healthy Native Youth: A one-stop-shop for educators who want to expand learning opportunities for AI/AN youth

healthynativeyouth.org | [facebook](https://www.facebook.com/healthynativeyouth) | [@healthynativeyouth](https://twitter.com/healthynativeyouth) | [Subscribe](https://www.youtube.com/channel/UC...) | 503-416-3290

We R Native: A multimedia health resource for Native youth, by Native youth

WeRNative.org | [facebook](https://www.facebook.com/wearnative) | Text NATIVE to 97779 | 503-416-3290



Tana Atchley (Modoc/Paiute/Karuk)

I-LEAD Youth Engagement Coordinator

We R Native - A comprehensive health resource for Native youth, by Native youth

p: (503) 416-3286

w: www.wernative.org e: tatchley@npaih.org



WERNATIVE

Muckleshoot Behavioral Health Program Job Links

Hi Colbie,

These are the job links to the positions we have available here:

Mental Health Manager:

<https://www.indeed.com/jobs?q=mental%20health%20Muckleshoot&l=Auburn%2C%20WA&vjk=72a5767cb2a7113a>

Mental Health Supervisor:

<https://www.indeed.com/jobs?q=mental%20health%20Muckleshoot&l=Auburn%2C%20WA&vjk=025ba4c11c95ad9b>

Psychiatric Mental Health Nurse Practitioner (ARNP)

<https://www.indeed.com/jobs?q=mental%20health%20Muckleshoot&l=Auburn%2C%20WA&vjk=3f9758af6baf43df>

Please feel free to send those out to anyone who may be interested! Thanks again.

Thanks,

Bella Townsend, MA, LMFT
Mental Health Manager
Muckleshoot Behavioral Health Program
17813 SE 392nd Street
Auburn, WA 98092
(253) 804-8752

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NCCDPHP

Good Health and Wellness in Indian Country TRIBAL RESOURCE DIGEST

Welcome to Centers for Disease Control and Prevention's (CDC) tribal resource digest for the week of June 4, 2018. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.



Announcements

In this issue:

- [Announcements](#)
- [Webinars](#)
- [Funding Opportunities](#)

CDC-RFA-DP18-1813: Racial and Ethnic Approaches to Community Health (REACH) - Applications for Funding DUE July 16, 2018

This five-year program will provide funding to communities to improve health, prevent chronic diseases, and reduce health disparities among racial and ethnic populations with the highest risk, or burden, of chronic disease (i.e., hypertension, heart disease, Type 2 diabetes, and obesity). Read more [here](#).

Applications Due: July 16, 2018

Supporting Community-Led Conservation and Recreation Projects

The National Park Service works with local leaders to build partnerships, develop plans, and expand community support for outdoor recreation and conservation projects. Read more [here](#).

Deadline: June 30, 2018

Call for Abstracts: 2018 Third Annual Conference on Native American Nutrition

Read more [here](#).

Deadline: June 29, 2018

Implementing Motivational Interviewing: Enhancing Motivation for Change

A Learner's Manual for the American Indian/Alaska Native Counselor, by Tomlin, K., Walker, R. D., Grover, J., Arquette, W. & Stewart, P. (2005). Affiliated with the American Alaska Native Resource Center for Substance Abuse Services, Oregon Health and Science University. Read [here](#).

Native American Motivational Interviewing: Weaving Native American and Western Practices

Read [here](#).

Mission Possible: Protect Yourself From Secondhand Smoke by Corinne Graffunder, DrPH, MPH

One in five employed U.S. adult nonsmokers are exposed to secondhand smoke at work, and exposure is higher among certain racial and ethnic groups, including American Indians/Alaska Natives. Wouldn't it be great if all American employees enjoyed a smokefree workplace? Read more [here](#).

Request for Publications on Indigenous Food Sovereignty

The *Journal of Agriculture, Food Systems, and Community Development* and the *Journal of American Indian Education* jointly seek manuscripts and commentaries on practice-relevant and pedagogical research related to Indigenous food sovereignty issues, especially tribal and government policy, grassroots community organizing, culturally defined foods and practices, and the transfer of Indigenous knowledge. Read more [here](#).

Webinars

GPTCHB Community Health Webinar Series

6/13/18	HRSA	Nick Zucconi, HRSA Regional Administrator for Region 8 (Denver Region Office)
7/11/18	Breastfeeding	Jodee Brewer, Lactation Specialist Rapid City IHS Hospital
8/8/18	Tips for Successful CAP Writing	Whitney Nordvold, Program Coordinator
9/12/18	Traditional vs. Commercial Tobacco	Terra Houska, Tobacco Health Educator

Contact Jennifer Williams for details regarding the webinar.

Jennifer Williams, Program Manager
Great Plains Good Health and Well-ness
Great Plains Tribal Chairmen's Health Board
(P) 605.721.1922 ext. 144

On the look-out
for photos!

Send any GHWIC related photos to AQUIROZ@cdc.gov. If you wish to feature a community garden, event, team meeting, etc., this is the place! Send your photo with a short description.

Funding Opportunities

Grants to Tribal Governments to Exercise Special Domestic Violence Criminal Jurisdiction (SDVCJ)

Grant support and technical assistance to tribes for planning, developing, and implementing changes in tribal criminal justice systems necessary to exercise Special Domestic Violence Criminal Jurisdiction (SDVCJ). Collaboration among tribal entities is strongly encouraged. Read more [here](#).

Application Deadline: **June 7, 2018**

Tribal Maternal, Infant, and Early Childhood Home Visiting Program: Implementation and Expansion Grants

Grants to sustain and/or expand evidence-based home visiting services in tribal communities. Read more [here](#).

Application Deadline: **June 25, 2018**



Site Visit to Cherokee, Oklahoma

—photo courtesy Dave Espey

Contact Information:

National Center for Chronic Disease Prevention and Health Promotion
Office of the Medical Director
4770 Buford Highway, MS F80
Atlanta, GA 30341
(770) 488-5131 / <http://www.cdc.gov/chronicdisease/index.htm>

The digest serves as your personal guide to repositories of open and free resources where you can find content to enrich your program or your professional growth. Please note that CDC does not endorse any materials or websites not directly linked from the CDC website. Links to non-Federal organizations found in this digest are provided solely as a courtesy. CDC is not responsible for the content of the individual organization web pages found at these links.

If you have comments or suggestions about this weekly update, please email Anisha Quiroz at AQUIROZ@cdc.gov with the words "TRIBAL DIGEST" in the subject line.