

NPAIHB SUICIDE MONITORING AND PREVENTION PLANNING FUNDING OPPORTUNITY ANNOUNCEMENT

Deadline for Applications: December 3rd, 2018 at 5 p.m.

Background: Suicide is a serious and preventable public health problem. American Indians and Alaska Natives (AI/AN) nationally and in the Northwest experience a higher burden of suicide completions compared to the general population. Suicide is the 7th leading cause of death for Northwest AI/AN and the 2nd leading cause of death for AI/AN between the ages of 15-44.

Accurate and local-level data are a key component of effective suicide prevention programs. Data can help tribes understand the scope and impact of suicide within the community, identify risk and protective factors, and choose, adapt, and evaluate suicide prevention programs.

Purpose: The purpose of this Funding Opportunity Announcement is to support **strategic planning activities for suicide data collection and prevention** for Northwest Tribes.

Award Information:

This funding is available to federally recognized Tribes in Idaho, Oregon, and Washington only. The funding is provided by the Northwest Portland Area Indian Health Board's (NPAIHB) Northwest Tribal Epidemiology Center (NWTEC) through the CDC's Tribal Epidemiology Center-Public Health Infrastructure (TEC-PHI) project (CFDA 93.762).

NWTEC plans to provide 3-4 awards of between \$10,000 - \$15,000 to support planning activities for local-level data collection for suicide prevention. The anticipated funding period for these awards is January 2019 – September 2019. Funds may be used to support the following activities at the clinic or community-level:

- **Hold strategic planning meeting(s) with key partners to identify suicide-related data indicators, data sources, data collection/sharing methods, and prevention strategies (required)**
- **Develop inventories of existing local sources of data and suicide prevention resources to assess existing resources and capacity (required)**
- Assess community and/or clinic readiness to implement suicide monitoring and response activities
- Develop data sharing agreements, memorandums of agreement, or other documents to facilitate the sharing of information on suicide risk, attempts, ideation, or completions across departments or agencies
- Other activities to support suicide data collection and prevention

NWTEC anticipates having future (Year 2) funding to support 1-2 Tribes to implement the data collection and response plans developed under this current (Year 1) funding opportunity. NWTEC will release a separate funding opportunity announcement for these implementation funds in the Fall of 2019. To be eligible for Year 2 funds, Tribes must complete the following activities in Year 1:

- Develop (or update) a community or clinic-level strategic plan for suicide prevention, which includes plans for data collection and monitoring and plans for linking at-risk individuals to care (required in order to apply for further support)
- Obtain tribal council support and/or approvals for implementing data collection and prevention plans (required in order to apply for further support)



NPAIHB SUICIDE MONITORING AND PREVENTION PLANNING FUNDING OPPORTUNITY ANNOUNCEMENT

Request for Applications

Funding Amount:

- \$10,000-\$15,000

Funding period:

- January 15, 2019 – September 29, 2019

Application Due Date:

- December 3rd, 2018 at 5 p.m. PDT

Notice of Funding Award:

- By January 4th, 2019

Notice of Funding Approval:

- Within 30 days of Contract Signing

Issuing Project:

- IDEA-NW/TEC-PHI, Northwest Tribal Epidemiology Center

Funding Eligibility and Requirements

- Recipients must represent one of NPAIHB's 43 member Tribes. Only one application per Tribe will be reviewed.
- Recipients must utilize funding to implement activities related to monitoring and preventing suicide within their communities. These activities must include the following: 1) at least one strategic planning meeting with key partners to identify local suicide-related data indicators and data sources; and 2) developing an inventory of existing local sources of data and suicide prevention resources.
- Recipients must participate in at least one site visit with and regular (monthly or every other month) check-in calls with NWTEC staff.
- Recipients must complete a short project summary report at the end of the project period.
- All project activities and invoicing must be completed by September 29, 2019.

Funding Restrictions (from CDC)

Restrictions that must be considered while planning the project and writing the budget are:

- Recipients may use funds only for reasonable project purposes, including personnel, travel, supplies, and services.
- Recipients may not use funds for research.
- Recipients may not use funds to carry out any program of distributing sterile needles or syringes for the hypodermic injection of any illegal drug.
- Recipients may not use funds to purchase furniture, equipment, or clinic/patient supplies.
- Recipients may not use funds to break ground, however use of funds for salaries or for temporary equipment may be used (inquire for specific details).

Funding Agreement

All funded Tribes will need to sign a Contract Agreement with the NPAIHB. This will include a commitment to participate in at least one site visit and regular check-in calls with NWTEC staff. At the end of your project you will be requested to complete a short project summary report (the template will be provided to you).

For additional information or technical assistance with your application please contact:

Email: ideanw@npaihb.org

Phone: 503-416-3261

NPAIHB SUICIDE MONITORING AND PREVENTION PLANNING FUNDING OPPORTUNITY ANNOUNCEMENT

Application Instructions

Completed Applications will include:

- ☐ Cover Page with Contact Information (fill in form below)
- ☐ Project Narrative and Workplan (pages 4-5)
- ☐ Project Outcomes (page 6)
- ☐ Budget Justification and details (page 7)
- ☐ Letter(s) of Support and/or Tribal Resolution

Tribe	
Agency Name	
Full Location Address	
Full Mailing Address, if different	
Program/Subcontract Contact Name	
Telephone Number	
E-mail	
Amount of Funding Requested	

NPAIHB SUICIDE MONITORING AND PREVENTION PLANNING FUNDING OPPORTUNITY ANNOUNCEMENT

Project Narrative

1. Description of need – please answer the following questions:

a) Why are you applying for this funding?

b) What resources does your community already have for suicide monitoring and/or prevention?

c) What changes or outcomes do you hope to achieve with this funding?

2. Please select the activities you will conduct as part of this project (check all that apply):

- ☒ Hold strategic planning meeting(s) with key partners to identify suicide-related data indicators, data sources, data collection/sharing methods, and prevention strategies (required)
- ☒ Develop inventories of existing local sources of data and suicide prevention resources to assess existing resources and capacity (required)
- ☐ Assess community and/or clinic readiness to implement suicide monitoring and response activities
- ☐ Develop data sharing agreements, memorandums of agreement, or other documents to facilitate the sharing of information on suicide risk, attempts, ideation, or completions across departments or agencies
- ☐ Develop (or update) a community or clinic-level strategic plan for suicide prevention, which includes plans for data collection and monitoring and plans for linking at-risk individuals to care (required in order to apply for Year 2 funding)
- ☐ Obtain tribal council support and/or approvals for implementing data collection and prevention plans (required in order to apply for Year 2 funding)
- ☐ Other activities to support suicide data collection and prevention, please describe:

NPAIHB SUICIDE MONITORING AND PREVENTION PLANNING FUNDING OPPORTUNITY ANNOUNCEMENT

3. Project Plan

Using the template below, please describe your project's goals, objectives, and activities.
Identify the timeline for completion and the staff who will be responsible for completing the activities.
Identify any partnerships and resources needed to achieve the listed objectives.
Describe how you will evaluate your progress towards achieving the listed objectives.

Project Goal:				Number of People Reached:	
Objective	Activities	Timeline (Include Deadlines & Benchmarks)	Staff	Partnerships & Resources	Evaluation Measures

NPAIHB SUICIDE MONITORING AND PREVENTION PLANNING FUNDING OPPORTUNITY ANNOUNCEMENT

4. Project Outcomes should include at least two measurable outcomes that can be achieved in the project period. In addition to the first outcome, applicants can identify other outcomes based on their proposed project activities. See below for examples of other outcomes for this project.

- ☒ Increase in the number of local-level indicators and data sources identified for monitoring suicide risk, ideation, attempts, completions, and other outcomes
- ☐ Other
- ☐ Other
- ☐ Other
- ☐ Other
- ☐ Other

Examples of other Project Outcomes:

- Increase in the number of strategic plans developed for monitoring and preventing suicide
- Increase in the number of data sharing agreements
- Increase in the number of partnerships established
- Increase in the number of advisory groups established
- Increase in the number of tribal council resolutions related to suicide monitoring and prevention

NPAIHB SUICIDE MONITORING AND PREVENTION PLANNING FUNDING OPPORTUNITY ANNOUNCEMENT

Budget (Total costs not to exceed \$15,000)

Include a **budget narrative justification** to describe the following, as relevant to the project:

Itemized Costs			Justification
Salary and Wages		\$ -	
Fringe Benefits		\$ -	
Consultant Costs		\$ -	
Equipment		\$ -	
Supplies		\$ -	
Travel		\$ -	
Other	<enter description>	\$ -	
Other	<enter description>	\$ -	
TOTAL DIRECT COSTS		\$ -	
TOTAL INDIRECT COSTS		\$ -	
TOTAL FOR CONTRACT		\$ -	

New Funding Opportunity Aimed at Implementing Effective Strategies to Identify, Treat Unhealthy Alcohol Use

A new [Funding Opportunity Announcement](#) from the Agency for Healthcare Research and Quality (AHRQ) seeks applications for increasing the dissemination and implementation of patient-centered outcomes research findings in primary care practices to identify and manage patients' unhealthy alcohol use. Nearly a third of Americans report unhealthy alcohol use, but few receive treatment. AHRQ anticipates investing up to \$13.5 million over three years to support up to six awards. Grant applicants must propose a comprehensive plan to improve the identification and management of unhealthy alcohol use among adults, including screening and brief intervention and medication-assisted therapy. Applications will be accepted beginning Dec. 4 and are due Jan. 4, 2019. Potential applicants are encouraged to submit a letter of intent.

A technical assistance call Oct. 24 from 1:30 to 2:30 p.m. ET will provide a summary of the initiative and address frequently asked questions.

Access [additional information](#) on submitting a letter of intent, registering for the technical assistance call and submitting questions in advance of the call. For questions, email alcoholresearch@ahrq.hhs.gov.



NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD

Burns –Paiute Tribe
 Chehalis Tribe
 Coeur d'Alene Tribe
 Colville Tribe
 Coos, Suislaw &
 Lower Umpqua Tribe
 Coquille Tribe
 Cow Creek Tribe
 Cowlitz Tribe
 Grand Ronde Tribe
 Hoh Tribe
 Jamestown S'Klallam Tribe
 Kalispel Tribe
 Klamath Tribe
 Kootenai Tribe
 Lower Elwha Tribe
 Lummi Tribe
 Makah Tribe
 Muckleshoot Tribe
 Nez Perce Tribe
 Nisqually Tribe
 Nooksack Tribe
 NW Band of Shoshoni Tribe
 Port Gamble S'Klallam Tribe
 Puyallup Tribe
 Quileute Tribe
 Quinault Tribe
 Samish Indian Nation
 Sauk-Suiattle Tribe
 Shoalwater Bay Tribe
 Shoshone-Bannock Tribe
 Siletz Tribe
 Skokomish Tribe
 Snoqualmie Tribe
 Spokane Tribe
 Squaxin Island Tribe
 Stillaguamish Tribe
 Suquamish Tribe
 Swinomish Tribe
 Tulalip Tribe
 Umatilla Tribe
 Upper Skagit Tribe
 Warm Springs Tribe
 Yakama Nation

2121 SW Broadway
 Suite 300
 Portland, OR 97201
 Phone: (503) 228-4185
 Fax: (503) 228-8182
www.npaihb.org

“Response Circles” Funding Request for the Northwest Tribes

This form is to be used when requesting funding for an activity, event, or training that is associated with domestic & sexual violence prevention. The funds may be used for: meeting expenses, materials and supplies for activities, incentives, travel, and training fees. Funds may not be used for wages, food, or promotional clothing items i.e. t-shirts. Page 2 includes opportunities that can be funded. About \$11,000 is available for these requests by the Northwest Tribes and will be available until the money runs out. **Requests can be submitted anytime October 1, 2018 to August 15, 2019.**

Date: _____
 Tribe: _____
 Department: _____
 Address: _____
 Contact Person: _____ Phone: _____

Briefly describe the activity, event, training that the funds will be used for:

Total Amount For Request (\$1,600 max)

*Please be sure your total request includes all your needs including: indirect, travel, lodging, per diem, registration fees, internet, supplies, print materials, incentives, honoraria, stipends, trainer fees and travel, and/or facility costs.

** Funds may not be used for wages, food, or promotional clothing items i.e. t-shirts.

*Depending on the event/training chosen NPAIHB staff may ask you to provide a short evaluation, survey, or post-description of the event/training. Please fax this document to 503-228-8182, Attn: Colbie, or email ccaughlan@npaihb.org. If you have any further questions, please call Colbie Caughlan: (503) 416-3284.

List of Upcoming Opportunities for Domestic & Sexual Violence Prevention

- At your own pace Online Sexual Assault Nurse Examiner's training
<http://www.forensicnurses.org/?page=40HourSANE>
- October 15-16, 2018 – Veterans and Domestic Violence: Improving Safety, Accountability, and Intervention – Jacksonville, FL <https://vawnet.org/events/veterans-and-domestic-violence-improving-safety-accountability-and-intervention>
- October 23-26, 2018 – Advanced Domestic Violence and Sexual Assault Training – Las Vegas, NV
<http://nicp.net/event/las-vegas-october-23-26-2018/>
- October 24-27, 2018 – International Conference on Forensic Nursing Science and Practice – Reno, NV <http://www.forensicnurses.org/?page=AnnualConfer>
- November 4-7, 2018 – 4th World Conference of Women's Shelters – Taipei, Taiwan
<https://fourth.worldshelterconference.org/>
- November 14-16, 2018 - Battering Intervention Services Coalition of Michigan's 2018 Conference: Religion, Faith, Spirituality, Science & Research: engaging for Safety and Accountability – Lansing Charter Twp, MI <https://vawnet.org/events/bisc-mi-2018-conference-religion-faith-spirituality-science-research-engaging-safety-and>
- November 29, 2018 – February 20, 2019 – Sexual Assault Examiner (Pediatric) Online training
<https://www.tribalforensichealthcare.org/page/onlinePSAE>
- December 4-7, 2018 – Advanced Domestic Violence and Sexual Assault Training – Las Vegas, NV
<http://nicp.net/event/las-vegas-december-4-7-2018/>
- December 5-7, 2018 – 16th National Indian Nations Conference to develop and improve strategies and programs that serve the unique needs of crime victims in Indian Country – Coachella Valley, CA
<http://www.ovcinc.org/>
- February 12-15, 2019 – Advanced Domestic Violence and Sexual Assault Training – Las Vegas, NV
<http://nicp.net/event/las-vegas-nv-february-12-15-2019/>
- February 26, 2019 – May 2, 2019 – Sexual Assault Examiner (Pediatric) Online training (registration opens in late 2018) <https://www.tribalforensichealthcare.org/page/onlinePSAE>
- March 12-14, 2019 – Sexual Assault Demonstration Initiative's Embracing Change & Growth Conference: Strengthening Services for Survivors of Sexual Violence – Chicago, IL
<https://www.nsvrc.org/embracing-change-growth-conference>
- Sexual Assault Response Team (SART) Toolkit – training on your own, check out
<https://ovc.ncjrs.gov/sartkit/about.html>

Websites to find more opportunities & dates

- National Center on Domestic & Sexual Violence -
http://www.ncdsv.org/ncd_upcomingtrainings.html
- Sexual Assault Forensic Examinations, Support, Training, Access and Resources (SAFESTAR) -
<http://www.safestar.net/training/>
- International Assoc. of Forensic Nurses - <http://www.forensicnurses.org/?page=registerforSANE>

- IHS Tribal Forensic Healthcare <http://tribalforensichealthcare.site-ym.com>
- Idaho Coalition Against Sexual & Domestic Violence - <https://idvsa.org/>
- Oregon Attorney General's Sexual Assault Task Force - <http://oregonsatf.org/calendar/trainings/>
- Oregon Coalition Against Domestic & Sexual Violence - <https://www.ocadsv.org/>
- Washington State Coalition Against Domestic Violence - <https://wscadv.org/>
- Washington Coalition of Sexual Assault Programs - <http://www.wcsap.org/>

SAVE THE DATE

9th Annual THRIVE Conference June 24-28, 2019

*Build protective factors and increase your skills and self-esteem!

*Connect with other Native youth!

*Learn about healthy behaviors!

*Strengthen your nation through culture, prevention, connections, and empowerment!

#WeNeedYouthere

Contact Information:

Northwest Portland Area Indian Health Board - THRIVE Project

Celena McCray, Project Coordinator

Ph: 503-416-3270

Email: cmccray@npahib.org

Website: <http://www.npaihb.org/thrive/>

Who: For American Indian and Alaska Native Youth 13-19 years old

Where: To be determined in Portland, Oregon

What: This conference is made up of four to five interactive workshop tracks!

**Registration (FREE)
will open the first
week in April!**

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD

QUARTERLY BOARD MEETING

OCTOBER 16-18, 2018

AT

The Point Casino & Hotel
7980 NE Salish Lane
Kingston, WA 98346

RESERVATIONS: 360-297-0070

Rooms are blocked under the group name of **“Northwest Portland Area Indian Health Board”**. Hotel rooms are \$93.00 per night plus occupancy taxes. Please call by **October 5, 2018** to receive the group rate. Reservations received after this date will be accepted on a space available basis and at the regular room rate.

If you have any questions, please contact Lisa Griggs, Executive Administrative Assistant at (503) 416-3269 or email lgriggs@npaihb.org



QUARTERLY BOARD MEETING
The Point Casino & Hotel
7980 NE Salish Lane
Kingston, WA 98346



October 16-18, 2018

AGENDA

MONDAY OCTOBER 15, 2018

2:00-5:00 PM | Director's Meeting

TUESDAY, OCTOBER 16, 2018

7:30 AM | **Executive Committee Meeting**

9:00 AM | Call to Order
Invocation
Welcome
Posting of Flags
Roll Call

9:15-12:00 PM | PAO Area Directors Report
NPAIHB Executive Directors Report
Legislative Updates

- General Session

12:00 PM | **LUNCH**
Committee Meetings (*working lunch*)

- Elders
- Veterans
- Public Health
- Behavioral Health
- Personnel
- Legislative/Resolution
- Youth

1:45 – 4:30 PM | General Session

4:30 PM | Executive Session

WEDNESDAY OCTOBER 17, 2018

9:00 AM	Call to Order Invocation
9:15 – 12:00 PM	General Session
12:00 PM	LUNCH – On your own
1:30 – 5:00 PM	General Session

THURSDAY, OCTOBER 18, 2018

8:30 AM	Call to Order Invocation
8:45 AM	Chairman's Report
9:00 AM	Committee Reports: <ol style="list-style-type: none">1. Elders2. Veterans3. Public Health4. Behavioral Health5. Personnel6. Legislative/Resolution7. Youth
10:00 -12:00 PM	Unfinished/New Business <ol style="list-style-type: none">1. Approval of Minutes2. Finance Report3. Resolutions4. Future Board Meeting Sites:<ul style="list-style-type: none">• <i>January 22-24, 2019 - hosted by Suquamish</i>• <i>April 16-18, Anacortes, WA - hosted by Swinomish</i>• <i>July, TBD, Hosted by CRIHB</i>• <i>October 22-24, 2019 Pendleton, OR - hosted by Umatilla</i>
12:00 PM	Adjourn



The 2nd Annual OCH Regional Opioid Summit

October 17, 2018 | 12:00 – 4:30 p.m.
at the Suquamish Clearwater Resort



**Contact Lisa Rey Thomas for more
information: lisarey@olympicch.org.**
RSVP by October 8th at <http://bit.ly/2x8ly40>

Learn more about Olympic Community of Health on our website: www.olympicch.org

Asthma Education

The Tulalip Tribes Community Health Department will be hosting two FREE trainings held at the Seattle branch of the Environmental Protection Agency (EPA), located at 1200 6th Avenue, Seattle, WA 98101

Registration Details

<https://www.surveymonkey.com/r/TulalipAsthma>

Registration Closes on October 31

Class size is limited to the first 20 participants, and is open to employees of tribes within the Northwest Portland Indian Area Health Board service area. Travel scholarships are available, see registration for details. Lunch will be provided.

For the Community Health Worker

Monday & Tuesday, December 3–4, 2018



Participants will learn about asthma triggers and environmental control, medications, and assessment and monitoring. Participants who successfully complete the training and pass the exam will receive a certificate of completion from the Association of Asthma Educators. This training will be conducted by a Certified Asthma Educator.

Healthy Homes Assessment

Wednesday, December 5, 2018



Participants will learn from a national Healthy Homes Specialist and Indoor Air Quality expert on why and how to conduct a healthy homes assessment, focusing on identification of, and solutions to, common asthma triggers in the home environment..

For more information contact Alicia McQuen, Public Health Manager, at 360-716-5662 or amcquen@tulaliptribes-nsn.gov



NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD

Job Posting Closing Date: 10/22/18

Job Title: Behavioral Health Program Manager
Reports To: HIV/STI/HCV Clinical Programs & PRT Program Director
Department: Tribal Epi Center
Salary Range: \$60,000-65,000 DOE (1.0 FTE)

Status: Fulltime with benefits
Classification: Non-exempt employee
Funding duration: 9/30/2018-8/30/2020
Location: Portland, Oregon

Job Summary:

NPAIHB aspires to assist NW Tribes deliver health services that are high-quality and safe; that promote patient-provider team interactions that are patient-centered and culturally relevant; that develop and support an engaged, expert workforce; and that demonstrate fiscal sustainability and accountability.

The Behavioral Health Program Manager is responsible for coordinating, planning, implementing, and evaluating behavioral health and addictions programs at NPAIHB. This position intersects and provides guidance to the NPAIHB's existing Behavioral Health programs. This position is also responsible for developing policy and procedural recommendations and providing support for related program activities.

The Behavioral Health Program Manager ensures compliance with all State, Federal, and other regulatory agency requirements and shapes the overall behavioral health and addictions program design, and provides strategic direction for all NPAIHB projects and NW Tribes.

This position reports directly to the HIV/STI/HCV Clinical Programs Director and the PRT Project Director. This scope of work is housed within the Northwest Tribal EpiCenter located at the Northwest Portland Area Indian Health Board (NPAIHB).

Activities must be accomplished with minimal day-to-day supervision.

Essential Functions

- Provides behavioral health support for ECHO Hub team and Spoke participants
- Facilitates delivery of behavioral health clinical/training content for EpiCenter Programs
- Schedules and facilitates meetings of the NW Juvenile Justice Alliance
- Executes surveys and feasibility studies for policy formation and improvement of services
- Assists with the development of clinical and curriculum brochures
- Facilitates and enhances day-to-day operating relations with sites and other stakeholders, as appropriate to the position
- Creates and implements capacity building and quality improvement strategies based on the needs of spokes and or stakeholders
- Assists local and national partners toward expansion and support of BH projects

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD

Job Posting Closing Date: 10/22/18

Project Support Functions

- Organize conference calls and in-person meetings with project staff and federal grant agency project officers
- Develop data sharing agreements and contracts
- Work with project directors on strategic planning and development and implementation
- Organize training logistics, travel planning, authorization, and budgeting
- Work with project directors on tracking and reporting of project workplans and timelines
- Work with the project directors on evaluation review activities
- Provide support as required for completion of project activities

Administrative Support Functions

- Work with the project directors and evaluators to coordinate and prepare all required project reports.
- Serves as contact for communication between project and federal, state, and tribal partners.
- Participate in and/or facilitate meetings, workgroups, site visits, and conferences as required to achieve project objectives.
- Attend necessary train the trainer workshops for behavioral health topics then provide the training(s) to NW Tribes upon request.
- Submit a Monthly Activity Report (MAR) to the project directors at the end of each month.
- Facilitate the Behavioral Health Committee at NPAIHB Quarterly Board Meetings.

Other Duties

- Maintain well-organized filing system for documents and computer files.
- Maintain a clean, well-organized office environment.
- Research, and with the approval of supervisor, attend trainings as needed to improve skills that enhance overall capabilities related to job performance.
- Participate willingly in NPAIHB activities.
- Abide by NPAIHB policies, procedures, and structure.
- Perform other duties as assigned.

Standards of Conduct:

- Consistently exhibit professional behavior and the high degree of integrity and impartiality appropriate to the responsible and confidential nature of the position.
- Consistently display professional work attire during normal business hours.
- Effectively plan, organize workload, and schedule time to meet workload demands.
- Exercise good judgment and initiative in performance of duties and responsibilities.
- Work in a cooperative manner with all levels of management and with all NPAIHB staff.
- Treat NPAIHB delegates/alternates and Tribal people with dignity and respect and show consideration by communicating effectively.

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD

Job Posting Closing Date: 10/22/18

Qualifications:

Minimum Qualifications/Transferable Skills:

- Master's in Mental Health, Counseling, Psychology or Social Work; or Bachelor's with equivalent work experience
- At least three (3) years of professional experience in a mental health treatment setting as a clinical behavioral health provider
- Experience in Program Management, Financial Management, & Team Building
- Ability to effectively respond to crisis situations
- Knowledge of or capacity to learn about the local behavioral health treatment system and community resources
- Ability to assess and treat patients of all ages in a culturally-competent manner
- Experience working with patients with chronic diseases like chronic pain
- Professional demeanor and interpersonal communication skills
- Preferred Qualifications/Transferable Skills*:
 - Doctorate in psychology, clinical psychology, social work, or public health.
 - Licensed Professional Counselor (LPC) or Licensed Mental Health Counselor (LMHC) in Oregon by the Oregon Board of Licensed Professional Counselors
 - Certification as a Certified Alcohol Drug Counselor (CADC) Level II or III

*Transferable skills: Your transferable skills are any skills you have gained through education, work experience (including the military) or life experience that are relevant for this position. Be sure to describe any transferable skills on your application and clearly explain how they apply to this position.

External applicants must agree to serve a minimum six-month probationary period during which time their employment can be terminated at will. For the purpose of evaluating job performance, internal applicants must agree to serve a minimum six-month probationary period when job duties change significantly.

Typical Physical Activity:

Physical Demands:

Frequently involves sedentary work: exerting up to 10 pounds of force and/or a negligible amount of force to lift, carry, push, pull or otherwise move objects, including the human body.

Physical Requirements: Constantly requires the ability to receive detailed information through oral communications, and to make fine discrimination in sound. Constantly requires verbally expressing or exchanging ideas or important instructions accurately, loudly, or quickly. Constantly requires working with fingers rather than the whole hand or arm. Constantly requires repetitive movement of the wrists, hands and/or fingers. Often requires walking or moving about to accomplish tasks. Occasionally requires standing and/or sitting for sustained periods of time. Occasionally requires ascending or descending stairs or ramps using feet and legs and/or hand and arms. Occasionally requires stooping which entails the use of the lower extremities and back muscles. Infrequently requires crouching.

Typical Environmental Conditions: The worker is frequently subject to inside environmental conditions which provide protection from weather conditions, but not necessarily from temperature changes, and is occasionally subject to outside

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD

Job Posting Closing Date: 10/22/18

environmental conditions.

Travel Requirements: Travel outside of Portland is occasionally required. Overnight travel outside of the area is infrequently required.

Disclaimer: The individual must perform the essential duties and responsibilities with or without reasonable accommodation efficiently and accurately without causing a significant safety threat to self or others. The above statements are intended to describe the general nature and level of work being performed by employees assigned to this classification. They are not intended to be construed as an exhaustive list of all responsibilities, duties and or skills required of all personnel so classified.

Except as provided by Title 25, U.S.C. § 450e(b), which allows for Indian preference in hiring, the NPAIHB does not discriminate on the basis of race, color, creed, age, sex, national origin, disability, marital status, sexual orientation, religion, politics, membership or non-membership in an employee organization.

Applications can be found online at www.npaihb.org

SEND RESUME AND APPLICATION TO:

**Human Resources Coordinator
2121 SW Broadway, Suite 300
Portland, Oregon 97201
FAX: (503) 228-8182
Email: HR@npaihb.org**

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD (NPAIHB)

1. Name: _____

FIRST	MIDDLE	LAST
-------	--------	------

CITY STATE ZIP

Email Address: _____

- Enrollment Number/Blood Quantum

- Revised October 2017
-
- N:NPAIHB/FORMS/STAFF FORMS

11. EDUCATION, beginning with most recent. **An attached copy of degree or certificates earned is required.**

College or University	From	To	Credits earned	Major/minor	Degree earned	Year
High School attended :					Graduated? Yes/No	Year
GED completion through:					Yes/No	

Other schools or training: vocational, armed forces, trade, etc. For each give the name, location, dates attended, subjects studied, number of classroom hours, certificates or credits earned. If needed, continue on last page of application.						
Name and Location	From	To	Area of study	Credits earned	Certificate earned	Year

12. COMPUTER and other office machine experience, training. Please name the software with which you have experience in the following areas:

TASK	Name of software	Level of expertise 0-5, (5 being master/high)
Word processing		
Spreadsheet set-up and usage		
Office E-mail system experience		
Data Management		
High-level data analysis		
Photo-text slide presentations		
Preparation of brochures, flyers		
Other (fax, copier, scanner, etc.)		

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD (NPAIHB)**13. EMPLOYMENT HISTORY**, beginning with most recent

May inquiry be made of your current employer regarding your character, qualifications, and record of employment? ☐ NO ☐ YES ☐ With advance notice to applicant

(A "no" will not affect your consideration for employment opportunities)

A.			
From: _____ To: _____ (Date) (Date)		Title of Position:	
Average Hours Per Week:	Place of Employment City: State:	Number and Job Titles of Employees Supervised:	Kind of Business:
Name of Supervisor:		Name and Address of Employer:	
Phone Number:			
Reason for leaving position:			
Description of duties, responsibilities and accomplishments: Additional space is provided at the end of application.			

B.			
From: _____ To: _____ (Date) (Date)		Title of Position:	
Average Hours Per Week:	Place of Employment City: State:	Number and Job Titles of Employees Supervised:	Kind of Business
Name of Supervisor:		Name and Address of Employer	
Phone Number:			
Reason for leaving position:			
Description of duties, responsibilities and accomplishments: Additional space provided at the end of application.			

STANDARD APPLICATION

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD (NPAIHB)

C.			
From: _____ To: _____ (Date) (Date)		Title of Position:	
Average Hours Per Week:	Place of Employment City: State:	Number and Job Titles of Employees Supervised:	Kind of Business
Name of Supervisor: Phone Number:		Name and Address of Employer	
Reason for leaving position:			
Description of duties, responsibilities and accomplishments: Additional space is provided at the end of application.			

D.			
From: _____ To: _____ (Date) (Date)		Title of Position:	
Average Hours Per Week:	Place of Employment City: State:	Number and Job Titles of Employees Supervised:	Kind of Business
Name of Supervisor: Phone Number:		Name and Address of Employer	
Reason for leaving position:			
Description of duties, responsibilities and accomplishments: Additional space provided at the end of application.			

E.			
From: _____ To: _____ (Date) (Date)		Title of Position:	
Average Hours Per Week:	Place of Employment City: State:	Number and Job Titles of Employees Supervised:	Kind of Business
Name of Supervisor: Phone Number		Name and Address of Employer	
Reason for leaving position:			
Description of duties, responsibilities and accomplishments: Additional space provided at the end of application.			

14. **Special qualifications and skills** (relevant publications; public speaking experience; membership in a professional or scientific society, etc.) Use additional pages if needed.

15. **HONORS, AWARDS, AND FELLOWSHIPS RECEIVED:**

16. **REFERENCES:** List 3 persons who are NOT related to you and who have definite knowledge of your qualifications and fitness for the position for which you are applying. Please ensure that telephone numbers are current.

Name	Phone Number	Occupation
1.		
2.		
3.		

YOU MUST SIGN THIS APPLICATION. Read the following three parts carefully before you sign:

- A false statement on any part of this application may be grounds for not hiring me, or firing me after I begin work. I understand that any information I give may be investigated as allowed by law or Presidential order.

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD (NPAIHB)

- In consideration of NPAIHB's review of my application for employment, I hereby authorize NPAIHB and its agents to investigate my background as it pertains to employment considerations. This may include, but is not necessarily limited to, investigation of past employers/supervisors, personal references, educational institutions, criminal records/background checks, motor vehicle records and information contained in public records. I consent to the release of information to NPAIHB, by all persons and sources of information and their agents, relative to such investigation. I hereby release all such persons and sources of information and their agents from any liability or damages on account of having furnished information to the NPAIHB, and release the NPAIHB and its agents from any liability or damages on account of having conducted the investigation.
- I certify that, to the best of my knowledge and belief, all of my statements contained in my employment application and any attached documentation are true, correct, complete and made in good faith.

SIGNATURE

DATE

Except as provided by Title 25, U.S.C. § 450e(b), which allows for Indian preference in hiring, the NPAIHB does not discriminate on the basis of race, color, national origin, sex, creed, age, disability, marital status, sexual orientation, religion, politics, membership or non-membership in an employee organization.

12. (a) (for continuation of description of duties, responsibilities, etc., as needed)

Please submit your completed form to: **Human Resources Coordinator**
 Northwest Portland Area Indian Health Board
 2121 SW Broadway, Suite 300
 Portland, OR 97201
 Or FAX to: 503-228-8182
 Or e-mail to: HR@npaihb.org

Alaska Native Epidemiology Center



JOB OPPORTUNITY

We're Hiring!

The EpiCenter is looking for qualified candidates for several full time positions based in Anchorage. Join our dynamic team and make a difference in the health of Alaska Native people!

Current openings include (job #):

- **Biostatistician (20181446)**
- **Epidemiologist (20181519)**
- **Program Coordinator (20181481)**
- **Project Manager (20181482)**
- **Senior Office Specialist (20181501)**
- **Program Assistant (coming soon)**



Applications are currently being accepted online. If you have questions regarding the positions or how to submit an application, please contact ANTHC Human Resources at (907) 729-1301 or careers@anthc.org.

[Apply Here!](#)



Visit our website



NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD

POSITION POSTING – CLOSES 10/22/18

Job Title: Substance Use Epidemiologist
Project: NWTEC Public Health Infrastructure
Reports To: Project Director, NWTEC Public Health Infrastructure
Department: NWTEC
Salary Range: \$55,000 - \$65,000

Status: Hourly, Non-exempt
Classification: Full Time (1.0 FTE) w/benefits
Funding duration: September 2019 – likely to be extended
Location: Portland, Oregon
Closes: 10/22/18

Job Summary:

The Substance Use Epidemiologist will lead data analysis, data communication, and coordination activities related to the Northwest Tribal Epidemiology Center's (NWTEC) substance and opioid misuse prevention activities. This position will also work to build NWTEC's capacity to access and analyze data related to behavioral health issues, with the aim of assisting Northwest Tribes to address behavioral health priorities within their communities. The Substance Use/Behavioral Health Epidemiologist will lead activities to achieve the following objectives:

- 1. Partner with tribes and key stakeholders to improve drug and opioid overdose surveillance** by establishing a data-focused advisory group, analyzing and communicating data on opioid overdoses among Northwest American Indians/Alaska Natives (AI/AN), and providing training and technical assistance to tribes on substance/opioid use epidemiology.
- 2. Address and improve data issues related to racial misclassification across data systems** by conducting probabilistic record linkages with key datasets, preparing datasets for analysis, and providing training and technical assistance on probabilistic record linkages to other partners.
- 3. Improve non-fatal overdose data collection** by accessing and analyzing state ESSENCE data for non-fatal drug and opioid overdose outcomes.
- 4. Improve fatal overdose data collection** by accessing and analyzing state death certificates for fatal drug and opioid overdose outcomes, and developing an outreach plan to improve accurate collection of overdose data for tribal communities.

This position reports directly to the Project Director of NWTEC's Public Health Infrastructure project. Additional oversight and guidance will be provided by the Project P.I., Director of the EpiCenter. Duties include, but are not limited to: assisting in all aspects of planning and conducting record linkage studies; monitoring data quality and preparing datasets for linkage and analysis; leading the statistical analysis of data; assisting in the development of local-level health status reports, manuscripts, and presentations; developing and providing trainings to Northwest tribes on basic epidemiology concepts, data collection, and application of data for community health improvement; providing technical assistance to tribes and tribal health programs on a variety of data and public health issues. **Activities must be accomplished with minimal day-to-day supervision.**

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD

POSITION POSTING – CLOSES 10/22/18

Essential Functions

1. Data and Statistical Support Functions

- Serve as a subject matter expert for substance use/behavioral health epidemiology within NWTEC, with a focus on opioid-related outcomes
- Responsible for managing project datasets and databases, including assuring data quality and security, and preparing datasets for record linkages and statistical analysis.
- Design and conduct statistical analysis of health status data, including but not limited to: vital statistics, hospitalization, emergency department, and health services utilization data.
- Travel to various health organizations and perform record linkages, and acquire post linkage datasets.
- Prepare and maintain technical documentation, including linkage methods, data quality reports and data dictionaries.
- Ensure that all project data are maintained with complete confidentiality in accordance with the Federal Privacy Act and any IRB specifications.
- Assist in the interpretation of statistical findings and translation of results for tribal health status reports and other publications.
- Assist in the preparation of reports, manuscripts, and presentations to disseminate project activities and results.
- Respond to data requests and provide technical assistance to Tribes and partners upon request.
- Assist in collecting and analyzing evaluation data to measure progress towards goals.
- Assist with assessing tribal data and training needs, and lead the development of trainings, tools and products to respond to tribal needs

2. Administrative Support Functions

- Coordinate and support internal and external advisory groups
- Collaborate with internal and external partners in order to achieve tribal, organizational, and grant-related goals
- Ensure compliance with all human subjects requirements for confidential and/or limited data access.
- Assist in preparing and submitting IRB protocols, data sharing and confidentiality agreements, and ensuring compliance with all human subjects requirements.
- Assist the Project Director with outreach, planning, and implementation of project activities.
- Participate in and lead workgroups, meetings, site visits, and conferences as required to achieve project objectives
- Make travel arrangements for project-related travel as requested.
- Submit a Monthly Activity Report (MAR) to the Project Director at the end of each month.

3. Other Duties

- Maintain well-organized filing system for documents and computer files.
- Research, and with the approval of supervisor, attend trainings as needed to improve skills that enhance overall capabilities related to job performance.
- Participate willingly in NPAIHB activities.
- Perform other duties as assigned.
- Work in a cooperative, professional manner with all NPAIHB employees.
- Maintain a clean, well-organized office environment.

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD

POSITION POSTING – CLOSING 10/22/18

Standards of Conduct:

- Consistently exhibit professional behavior and the high degree of integrity and impartiality appropriate to the responsible and confidential nature of the position.
- Consistently display professional work attire during normal business hours.
- Effectively plan, organize workload, and schedule time to meet workload demands.
- Maintain a clean and well-organized office environment.
- Exercise judgment and initiative in performance of duties and responsibilities.
- Work in a cooperative manner with all levels of management and with all NPAIHB staff.
- Treat NPAIHB delegates/alternates and Tribal people with dignity and respect and show consideration by communicating effectively.

Qualifications:

- Minimum education required: Master of Public Health (MPH) Degree, with focus in epidemiology and/or biostatistics highly preferred.
- Background or experience in substance use and/or behavioral health epidemiology highly preferred
- At least two years' work experience in a health or public health field, preferably as an epidemiologist or biostatistician
- Experience working with tribal communities or a tribal organization.
- Minimum 2 years work experience managing, analyzing, and/or interpreting public health data
- Must have experience in management and analysis of large and/or complex databases.
- Must have intermediate to advanced skills in statistical software such as SAS, SPSS or Stata. SAS experience strongly preferred.
- Must have intermediate to advanced skills in office automation software including word processing, spreadsheet, database, and publication design (MS Office preferred; experience with Adobe InDesign a plus).
- Must demonstrate a willingness and capability to learn new software applications, including probabilistic linkage and deduplication software.
- Experience preparing written reports and documents for public dissemination preferred.
- Strong oral and written communication skills.
- Excellent organizational skills and demonstrated ability to carry out responsibilities with minimal day-to-day supervision.
- Ability to communicate in a friendly, courteous and professional manner.
- Strong and demonstrated record for good attendance.
- Demonstrated discretion, tact, knowledge, judgment, and overall ability to work effectively with federal, tribal, and other professionals and facilitate participation and partnerships in program activities.
- Sensitivity to cross-cultural differences, and ability to work effectively within their context.

Applicants must agree to serve a minimum six-month probationary period during which time their employment can be terminated at will.

Typical Physical Activity:

Physical Demands:

Frequently involves sedentary work: exerting up to 10 pounds of force and/or a negligible amount of force to lift, carry, push, pull or otherwise move objects, including the human body.

Physical Requirements: Constantly requires the ability to receive detailed information through

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD

POSITION POSTING – CLOSES 10/22/18

oral communications, and to make fine discrimination in sound. Constantly requires verbally expressing or exchanging ideas or important instructions accurately, loudly, or quickly. Constantly requires working with fingers rather than the whole hand or arm. Constantly requires repetitive movement of the wrists, hands and/or fingers. Often requires walking or moving about to accomplish tasks. Occasionally requires standing and/or sitting for sustained periods of time. Occasionally requires ascending or descending stairs or ramps using feet and legs and/or hand and arms. Occasionally requires stooping which entails the use of the lower extremities and back muscles. Infrequently requires crouching.

Typical Environmental Conditions: The worker is frequently subject to inside environmental conditions which provide protection from weather conditions, but not necessarily from temperature changes, and is occasionally subject to outside environmental conditions.

Travel Requirements: Travel outside of Portland occasionally required. Overnight travel outside of the area is infrequently required.

Disclaimer: The individual must perform the essential duties and responsibilities with or without reasonable accommodation efficiently and accurately without causing a significant safety threat to self or others. The above statements are intended to describe the general nature and level of work being performed by employees assigned to this classification. They are not intended to be construed as an exhaustive list of all responsibilities, duties and or skills required of all personnel so classified.

Except as provided by Title 25, U.S.C. § 450e(b), which allows for Indian preference in hiring, the NPAIHB does not discriminate on the basis of race, color, creed, age, sex, national origin, disability, marital status, sexual orientation, politics, membership or non-membership in an employee organization.

Applications can be found online at www.npaihb.org

SEND RESUME AND APPLICATION TO:

**Human Resources Manager
2121 SW Broadway, Suite 300
Portland, Oregon 97201
FAX: (503) 228-8182
Email: HR@npaihb.org**

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD (NPAIHB)

Please note: You are welcome to submit a resume/CV in addition to, but not in place of, this signed form.

1. Name: _____
FIRST MIDDLE LAST

Address: _____

CITY STATE ZIP

Primary Phone: _____ Alternate Phone: _____

Email Address: _____

2. Position for which you are applying: _____

3. When will you be available for work? _____

4. If the position requires travel, are you willing to travel (Check One) ☐ NO ☐ SOME ☐ OFTEN

5. Are you at least 18 years of age? ☐ NO ☐ YES

If you are under 18 years of age, can you provide proof of your eligibility to work? ☐ NO ☐ YES

6. Are you eligible for employment in the United States? (Proof of identity and eligibility is required for employment)
☐ NO ☐ YES

7. How did you hear of this job? __referral, __ad Referred by: _____

8. Do you have any relatives who work at NPAIHB? ☐ NO ☐ YES

9. **Indian Heritage:** This information is essential if you wish consideration under the Indian Preference Act.
Verification of blood quantum, enrollment number, tribe, and reservation should accompany this application.

TRIBE RESERVATION

Enrollment Number/Blood Quantum

10. Are you able to perform the essential functions listed in the job announcement you are applying for, either with or without reasonable accommodations? ☐ NO ☐ YES

If not, please describe what functions you cannot perform.

11. EDUCATION, beginning with most recent. **An attached copy of degree or certificates earned is required.**

College or University	From	To	Credits earned	Major/minor	Degree earned	Year
High School attended :					Graduated? Yes/No	Year
GED completion through:					Yes/No	

Other schools or training: vocational, armed forces, trade, etc. For each give the name, location, dates attended, subjects studied, number of classroom hours, certificates or credits earned. If needed, continue on last page of application.						
Name and Location	From	To	Area of study	Credits earned	Certificate earned	Year

12. COMPUTER and other office machine experience, training. Please name the software with which you have experience in the following areas:

TASK	Name of software	Level of expertise 0-5, (5 being master/high)
Word processing		
Spreadsheet set-up and usage		
Office E-mail system experience		
Data Management		
High-level data analysis		
Photo-text slide presentations		
Preparation of brochures, flyers		
Other (fax, copier, scanner, etc.)		

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD (NPAIHB)**13. EMPLOYMENT HISTORY**, beginning with most recent

May inquiry be made of your current employer regarding your character, qualifications, and record of employment? ☐ NO ☐ YES ☐ With advance notice to applicant

(A "no" will not affect your consideration for employment opportunities)

A.			
From: _____ To: _____ (Date) (Date)		Title of Position:	
Average Hours Per Week:	Place of Employment City: State:	Number and Job Titles of Employees Supervised:	Kind of Business:
Name of Supervisor:		Name and Address of Employer:	
Phone Number:			
Reason for leaving position:			
Description of duties, responsibilities and accomplishments: Additional space is provided at the end of application.			

B.			
From: _____ To: _____ (Date) (Date)		Title of Position:	
Average Hours Per Week:	Place of Employment City: State:	Number and Job Titles of Employees Supervised:	Kind of Business
Name of Supervisor:		Name and Address of Employer	
Phone Number:			
Reason for leaving position:			
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STANDARD APPLICATION

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD (NPAIHB)

C.			
From: _____ To: _____ (Date) (Date)		Title of Position:	
Average Hours Per Week:	Place of Employment City: State:	Number and Job Titles of Employees Supervised:	Kind of Business
Name of Supervisor: Phone Number:		Name and Address of Employer	
Reason for leaving position:			
Description of duties, responsibilities and accomplishments: Additional space is provided at the end of application.			

D.			
From: _____ To: _____ (Date) (Date)		Title of Position:	
Average Hours Per Week:	Place of Employment City: State:	Number and Job Titles of Employees Supervised:	Kind of Business
Name of Supervisor: Phone Number:		Name and Address of Employer	
Reason for leaving position:			
Description of duties, responsibilities and accomplishments: Additional space provided at the end of application.			

E.			
From: _____ To: _____ (Date) (Date)		Title of Position:	
Average Hours Per Week:	Place of Employment City: State:	Number and Job Titles of Employees Supervised:	Kind of Business
Name of Supervisor: Phone Number		Name and Address of Employer	
Reason for leaving position:			
Description of duties, responsibilities and accomplishments: Additional space provided at the end of application.			

14. **Special qualifications and skills** (relevant publications; public speaking experience; membership in a professional or scientific society, etc.) Use additional pages if needed.

15. **HONORS, AWARDS, AND FELLOWSHIPS RECEIVED:**

16. **REFERENCES:** List 3 persons who are NOT related to you and who have definite knowledge of your qualifications and fitness for the position for which you are applying. Please ensure that telephone numbers are current.

Name	Phone Number	Occupation
1.		
2.		
3.		

YOU MUST SIGN THIS APPLICATION. Read the following three parts carefully before you sign:

- A false statement on any part of this application may be grounds for not hiring me, or firing me after I begin work. I understand that any information I give may be investigated as allowed by law or Presidential order.

NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD (NPAIHB)

- In consideration of NPAIHB's review of my application for employment, I hereby authorize NPAIHB and its agents to investigate my background as it pertains to employment considerations. This may include, but is not necessarily limited to, investigation of past employers/supervisors, personal references, educational institutions, criminal records/background checks, motor vehicle records and information contained in public records. I consent to the release of information to NPAIHB, by all persons and sources of information and their agents, relative to such investigation. I hereby release all such persons and sources of information and their agents from any liability or damages on account of having furnished information to the NPAIHB, and release the NPAIHB and its agents from any liability or damages on account of having conducted the investigation.
- I certify that, to the best of my knowledge and belief, all of my statements contained in my employment application and any attached documentation are true, correct, complete and made in good faith.

SIGNATURE

DATE

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12. (a) (for continuation of description of duties, responsibilities, etc., as needed)

Please submit your completed form to: **Human Resources Coordinator**
 Northwest Portland Area Indian Health Board
 2121 SW Broadway, Suite 300
 Portland, OR 97201
 Or FAX to: 503-228-8182
 Or e-mail to: HR@npaihb.org

NCCDPHP

Good Health and Wellness in Indian Country TRIBAL RESOURCE DIGEST

Welcome to Centers for Disease Control and Prevention's (CDC) tribal resource digest for the week of October 8, 2018. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.



Announcements

In this issue:

- [Announcements](#)
- [Webinars](#)
- [Funding Opportunities](#)
- [PBCI Learn to Cook Fast Food for Good Health](#)

National Conference on Tobacco or Health

NCTOH is the premier gathering for tobacco control professionals in the United States, which makes it the ideal forum for sharing resources, tools, emerging ideas, evidence-based research, and success stories that help move tobacco control forward. Read more and register [here](#).

Date: August 27-29, 2019
Location: Minneapolis, MN

Native Voices Endowment: A Lewis and Clark Bicentennial Legacy Endangered Language Fund

Read more [here](#).

Application Deadline: October 22, 2018

Third Healthy Beverage Summit

The one-day Healthy Beverage Summit brings together community members, organizations and agencies committed to reducing the consumption of sugary-sweetened beverages (SSBs) amongst Native American children. Attend the Summit to take home tips, knowledge and inspiration for your work. Register [here](#).

Date: October 24, 2018
Location: Prior Lake, MN

Whole Kids Foundation School Garden Grant Program

Whole Kids School Garden Grant Program offers funding for the planning, construction, and operation of edible garden projects for K-12 schools and nonprofit organizations that engage children in grades K-12. Read more [here](#)

Application Deadline: October 15, 2018

Webinars

GPTCHB Community Health Webinar Series

Contact Jennifer Williams for details regarding the webinar.

Jennifer Williams, Program Manager
Great Plains Good Health and Wellness
Great Plains Tribal Chairmen's Health Board / (P) 605.721.1922 ext. 144

10/10/18	USDA Farm to School Program	Andrea Northup, Farm to School Regional Lead
11/14/18	International Traditional Games Society	Charleena Penama
12/12/18	Quality Improvement: Working to Improved Approaches in Good Health and Wellness	Marie Zephier, MPH Partnerships to Advance Tribal Health

Funding Opportunities

Medical Library Association (MLA): MLA Scholarship for Minority Students

African American, Hispanic, Asian, Native American, or Pacific Islander American individuals who wish to study health sciences librarianship are eligible to apply. Read more [here](#).

Application Deadline: December 1, 2018

Local Food, Local Places 2018-2019 Application

Local Foods, Local Places helps communities revitalize neighborhoods through development of local food systems. In 2017, the program was supported by the U.S. Department of Agriculture, the U.S. Environmental Protection Agency, the Centers for Disease Control and Prevention, and the Delta Regional Authority. The Northern Border Regional Commission will join as a program sponsor in 2018. Read more [here](#).

Application Deadline: October 22, 2018

Webinar on Applying: October 4, 2018 from 3-4pm EDT

On the look-out for photos!

Send any GHWIC related photos to AQUIROZ@cdc.gov. If you wish to feature a community garden, event, team meeting, etc., this is the place! Send your photo with a short description.

Contact Information:

National Center for Chronic Disease Prevention and Health Promotion
Office of Medicine and Science
4770 Buford Highway, MS F80
Atlanta, GA 30341
(770) 488-5131 / <http://www.cdc.gov/chronicdisease/index.htm>

The digest serves as your personal guide to repositories of open and free resources where you can find content to enrich your program or your professional growth. Please note that CDC does not endorse any materials or websites not directly linked from the CDC website. Links to non-Federal organizations found in this digest are provided solely as a courtesy. CDC is not responsible for the content of the individual organization web pages found at these links.

If you have comments or suggestions about this weekly update, please email Anisha Quiroz at AQUIROZ@cdc.gov with the words "TRIBAL DIGEST" in the subject line.

PBCI Learn to Cook Fast Food for Good Health

by Ms. Wynell M. Bell, M. S., Grant Coordinator, Poarch Band of Creek Indians

The headline may be deceiving. Fast foods usually don't provide good healthy meals. Most of us think of fast food as the drive up window at the local burger joint. However, since the 1600s, parents have been cooking fast, easy, nutritious meals at home using a pressure cooker. Pressure cookers lost their appeal to most housewives until recently when electric pressure cookers became popular.

Poarch Band of Creek Indians' Moms, Dads and Grandmothers recently learned how to use an electric pressure cooker to prepare healthy, fast meals for their families. Instant Pots are one of the new generation electric pressure cookers that are very popular now. It is a versatile cooker that makes grandmothers' noisy and sometimes scary pot obsolete.

Nutritionist Jill Lee explained the need to plan healthy meals with real foods for busy days instead of the usual drive through meals that many parents rely on when heading off to sports practices. Cooking at home using a pressure cooker allows for faster meals, the ability to use whole fresh foods, and it provides better portion control.

There are lots of good benefits to pressure cooking. First and foremost, cooking inexpensive cuts of meat in a pressure cooker saves money in the weekly budget. By cooking under pressure, even an inexpensive cut of meat becomes fork tender. Pressure cooking requires less cooking time and less cooking liquid thus making it a healthy cooking method which preserves natural nutrients. Automatic timers and programming allows the cook to do other things while the meal cooks. Pressure cooking also allows for one pot meals which makes clean up easier. Finally, faster cooking times use less energy thus saving on utility bills.



L to R: Jonathan Martin, Lena White, Kiah Tran, Heather Davis, and Rebecca Presley-Trevino pitched in to complete their assigned tasks for the meal.

PBCI cooking class participants cooked a chuck roast in the Instant Pot and added lots of seasonings. The nutritionist encouraged cooks to experiment with some different spices and herbs to make foods more appealing. The meat was fork tender after 30 minutes and tore apart to use as the basis for tacos. One group made green salads, and one group made fresh fruit cups. The nutritionist explained that at home they could use a quick bag salad and precut fresh or frozen fruit.

The participants had a fun time and were excited to go home with their very own Instant Pot. The Grant Coordinator will follow up with a survey to see how well the participants enjoyed using the Instant Pot and what their favorite recipes were. One participant suggested they start a recipe swap.



Nutritionist Jill Lee and GHWIC Grant Coordinator Wynell Bell premeasured all the ingredients to make the class go faster.



Colorful paper plates, napkins and cups make clean up easy on busy days yet adds to the overall appeal of the meal. Children can set the table, make the salads and fruit cups and clean up quickly. Getting everyone involved makes it a great family bonding time.

2018

**OREGON
PLACE MATTERS
CONFERENCE**

Together, we build towns, cities, neighborhoods and communities, yet in Oregon few of these places are built to support health. Too many of our places lack stores to buy fresh fruits and vegetables at fair prices, safe parks and green spaces to enjoy fresh air, or healthy housing and sidewalks that connect us to people and services. Conversely, too many of our places are packed with marketing for unhealthy products like sugary drinks, alcohol and tobacco or are built in ways that create social isolation.

The Oregon Place Matters Conference is an opportunity for people who care about health to gain new insights, skills and connections to help address the leading preventable causes of death in Oregon: tobacco, poor nutrition, physical inactivity and excessive alcohol use.

Through inspirational plenary speakers and interactive sessions participants will explore new and different ways to promote health and prevent and manage chronic disease in the places where we live, work, play, learn and age.

Date:

Monday, October 29, 2018: 8:00AM – 5:00PM

Tuesday, October 30, 2018: 8:00AM – 3:30PM

Location:

Oregon Convention Center

777 NE Martin Luther King Jr. Blvd., Portland, OR

Registration:

[https://beattygroup.cvent.com/
2018OregonPlaceMatters](https://beattygroup.cvent.com/2018OregonPlaceMatters)

The Place Matters Conference is sponsored by the Health Promotion and Chronic Disease Prevention section, in the Public Health Division of the Oregon Health Authority. Our mission is to serve all people in Oregon by advancing policies, environments and systems that promote health and prevent and manage chronic diseases.

Conference Theme:

Leading Together: Building a movement for all people in Oregon to live, work, play, learn and age in communities that support health and optimal quality of life.

Speakers:

Charles Brown, MPA



Mr. Brown is a senior researcher with the Alan M. Voorhees Transportation Center and adjunct professor at the Edward J. Bloustein School of Planning and Public Policy, both at Rutgers University. He is considered a national thought leader and a leading voice in encouraging social equity in active transportation.

Debra Furr-Holden, PhD



Dr. Debra Furr-Holden is an epidemiologist with expertise in addiction epidemiology, prevention science, psychosocial measurement and behavioral health equity research, interventions and policy. Her community-based, action-oriented research has been well received by community stakeholders and municipal officials who are eager to explore policy interventions to help address some of the nation's greatest public health challenges, with a special emphasis on health equity and policy-level interventions.

David Toland, MPA



David Toland is the first CEO of Thrive Allen County, a nonprofit coalition working to improve quality of life and economic conditions in Allen County, Kansas. A seventh-generation Allen Countian, Toland oversees a coalition known statewide and nationally for innovative approaches to improving healthcare access, healthy lifestyles and economic development in an isolated, rural Kansas county.

The Oregon Place Matters Conference is for:

- Behavioral health practitioners
- Educators
- Health system providers and administrators
- Public health practitioners
- Social justice advocates and community members
- Transportation and land use planners
- Tribal health partners
- Worksite wellness coordinators

For more information, contact placematters.conference@state.or.us.

You can get this document in other languages, large print, braille or a format you prefer. Contact the Health Promotion and Chronic Disease Prevention section at 971-673-0984 or email at placematters.conference@state.or.us.

We accept all relay calls or you can dial 711.

*You are cordially invited to attend the
2018 American Indian Health Commission for Washington State's
Tribal and State Leaders Health Summit*

*This Summit is scheduled for
November 6th and 7th, 2018*

At:

*The Suquamish Clearwater Resort and Casino, Suquamish Washington, of the
Suquamish Tribe of Indians.*

The American Indian Health Commission (AIHC) is committed to advocating for improving the health of all Tribal people. The two day Summit is a unique and strategically significant event for tribes in Washington State. We bring together Tribal leaders, state legislators, Tribal and urban Indian health organization staff members, state agency representatives, Federal Region 10 representatives and the Portland Area Indian Health Service to discuss Tribal legislative and programmatic health priorities. Over the years the Summit has become a vitally important forum for strategic Tribal - State planning and collaboration in Washington.

*This year's Summit theme is: **Learning from our Ancestors, Transforming Health Care for our Descendants***

The work of the summit will be to produce actionable and accountable plans for work to be done by the State, Tribes, the AIHC and other partners throughout the next two years to improve the health of American Indians and Alaskan Natives in our State.

Please make your hotel reservations early. A block of rooms is being held at a group rate until October 15, 2018. REGISTRATION and Hotel Information is available at:

<https://www.eventbrite.com/e/2018-aihcs-tribal-state-leaders-health-summit-tickets-49235474630?aff=ebdssbdestsearch>