Welcome to the Centers for Disease Control and Prevention’s (CDC) tribal resource digest for the week of March 7, 2016. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.

The digest serves as your personal guide to repositories of open and free resources where you can find content to enrich your program or your professional growth. Please note that CDC does not endorse any materials or websites not directly linked from the CDC website. Links to non-Federal organizations found in this digest are provided solely as a courtesy. CDC is not responsible for the content of the individual organization web pages found at these links.

If you have comments or suggestions about this weekly update, please email Hannah Cain at kzq3@cdc.gov with the words “TRIBAL DIGEST FEEDBACK” in the subject line.
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I. ARTICLES

Emerging Opportunities for Registered Dietician Nutritionists to Help Raise a Healthier Generation of Native American Youth

*Article from the Academy Nutrition and Dietetics*

American Indian children are experiencing alarming signs of nutrition-related chronic disease such as overweight/obesity, hypertension, and acanthosis nigricans—a skin condition characterized by areas of dark velvety discoloration in body folds and creases. Children who develop acanthosis nigricans are at higher risk for developing type 2 diabetes. This commentary aims to increase awareness of emerging opportunities for registered dietitian nutritionists (RDNs) to help raise a healthier generation of American Indian and Alaskan Native children and adolescents (“youth”, for short). RDNs working for, with, or near tribal communities or as educators, preceptors, or mentors who develop the next generation of RDNs have tremendous potential to shape the public health landscape to advance American Indian and Alaskan Native health.

Even Off Reservation, American Indian Children at High Risk of Obesity

The obesity rate among American Indian children seen at an off-reservation Wisconsin clinic was double that of white children seen at the same health clinic, according to a study from the University of Wisconsin. Researchers used the Public Health Information Exchange, a data set linking electronic health record data to community characteristics, to examine childhood obesity rates among American Indian children seeking off-reservation health care in Wisconsin. They found that 20 percent of American Indian children were obese compared to 10.6 percent of non-Hispanic white children. American Indian children also more likely to be overweight compared to their white counterparts. [CDC’s Preventing Chronic Disease Journal](https://www.cdc.gov/pcd/issues/2016/15_0434.htm)
Oregon Approves Coos Bay Tribes to Integrate Mid-Level Native Dental Therapists

Feb 10, 2016 -- Reports the approval by the Oregon Health Authority for the Coquille Tribe and the Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians to implement a pilot project that trains and employs Native Americans to offer basic oral health services in their communities. Indian Country Today

US restores Millions of Acres to Native Americans

Albuquerque Journal | The US Restores Millions of Acres to Native Americans

This article highlights the successes of efforts by the Obama Administration to restore lands to tribal nations. To date, there have been approximately 2 million acres of land that has been restored to tribal leadership.

Article by Kevin Washburn, Law Professor at University of New Mexico

II. FUNDING OPPORTUNITIES

First Nations: Funding for Native Communities interested in conducting a Community Food Assessment

First Nations Development Institute (First Nations) is now accepting proposals from Native communities interested in conducting food sovereignty or community food assessments. Under the Native Agriculture and Food Systems Initiative (NAFSI), generously supported by the W.K. Kellogg Foundation, First Nations plans to award up to 10 grants of up to $10,000 each to Native communities looking to conduct food assessments and gain a better knowledge and understanding about the historical, current and future state of their local food systems. All applications are due by Tuesday, March 15, 2016, at 5 p.m. Mountain Time.

Read more about submitting proposals here: Native communities Food Assessments |  

Office of Minority Health, Communities Addressing Childhood Trauma

The Office of Minority Health (OMH) at the United States Department of Health and Human Services announces the availability of funds for Fiscal Year
(FY) 2016 for grant awards for the **Communities Addressing Childhood Trauma (ACT) Program**. ACT is intended to test the effectiveness of innovative approaches in promoting healthy behaviors among minority and/or disadvantaged youth at-risk for poor health/life outcomes due to childhood trauma. These innovative approaches (including curricula) should be designed for minority and/or disadvantaged youth ages 5 to 15 years who have been exposed to childhood trauma, as well as support services to their families.

**Estimated Funding Level:** $3,000,000 per budget period  
**Expected Number of Awards:** 7-9  
**Range of Awards:** $325,000 to $400,000 per budget period  
**Anticipated Start Date:** 07/01/2016  
**Period of Performance:** Not to exceed five years  
**Budget Period Length:** 12 months  
**Application Deadline:** April 18, 2016 by 5 p.m. ET  
**Technical Assistance Webinar:** March 9, 2016 at 3:00 - 4:00 pm ET; Information on accessing the webinar will be posted on the OMH Website: [www.minorityhealth.hhs.gov](http://www.minorityhealth.hhs.gov).

### III. STUDENT OPPORTUNITIES

**Washington Internships for Native Students (WINS)**

**WINS** offers American Indian, Alaska Native, and Native Hawaiian students as well as others the opportunity to build leadership skills while living, studying, and interning in Washington, D.C. This enriching program provides qualified students full scholarships funded by American University and sponsoring organizations.

Participants gain professional work experience through internships at a private firm or a federal agency, such as the Bureau of Indian Affairs, Department of Health and Human Services, Environmental Protection Agency, or Department of Agriculture; take courses focusing on Native American public policy concerns; and enjoy social and cultural extracurricular activities. For more information, call 202-895-4879; e-mail wins@american.edu, or go to the WINS program online. Internships fill quickly, so apply now for best selection.
Summer 2016 Key Dates & Deadlines

**Friday, April 29, 2016:** Final application deadline

**Sunday, June 5, 2016:** Students move into university housing.

**Monday, June 6, 2016:** Students will begin their internships on this date. Mandatory orientation and first meeting with WINS professors may also be scheduled on this date.

**Monday, July 4, 2016:** Independence Day Holiday (No classes or internships; university offices will be closed.)

**Friday, July 29, 2016:** Last day of internships (All students must intern through this date.)

### IV. WEBINARS AND TRAININGS

**AgSite Assessment: An Overview of the Tool and How You Can Use it**

*March 17, 2016 at 1:00 PM EST*

[Register Here](#)

Ag Site Assessment Tool: The Ag Site Assessment Tool (AgSite) is a web-based tool that generates a report that describes the physical, cultural and environmental characteristics of a selected land parcel and its surroundings. This tool replaces AFOSite and BERM. This tool is powered and housed in Community Commons.

The Ag Site Assessment Tool was designed by University of Missouri Extension for educational purposes. The goal of the AgSite report is to expand the users awareness of the physical characteristics of a selected site and its environmental and cultural surroundings.

**2016 Summer Research Training Institute for American Indian and Alaska Native Health Professionals**

2016 Summer Research Training Institute for American Indian and Alaska Native Health Professionals is now open. The curriculum is designed to meet
the needs of professionals who work in diverse areas of American Indian and Alaska Native health. Almost anyone who works in Indian health can take advantage of this skill-building opportunity—from administrators to community health workers, physicians, nurses, researchers, and program managers. Because the courses emphasize research skills, program design and implementation, those professionals who seek training opportunities related to research will find relevant courses in this program. American Indian and Alaska Native health professionals and health science students are strongly encouraged to attend. They also seek American Indian and Alaska Native students and participants from other professional areas who are interested in Native health issues. A limited number of travel scholarships are available for American Indian and Alaska Native and EpiCenter registrants. Tuition is waived for American Indian and Alaska Native participants. Others will be charged $300 per course.

To Register: [NPAIHB Summer Institute Registration](#)

Registration opened on March 1, 2016

V. Awardee News

**We Want to Hear From You!**

We are always interested to hear about your experiences engaging in successful or promising chronic disease prevention and health promotion work. If you would like to contribute an article, news item or event to the newsletter please email Hannah Cain, PHAP Fellow, at [kzq3@cdc.gov](mailto:kzq3@cdc.gov).

VI. Contact Information

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