



IHS health professionals who work in the Portland Area live among vibrant cities, towering mountain peaks and glistening bodies of water, while enjoying extensive opportunities for professional fulfillment and cultural enrichment.

Indian Health Careers in the Portland Area

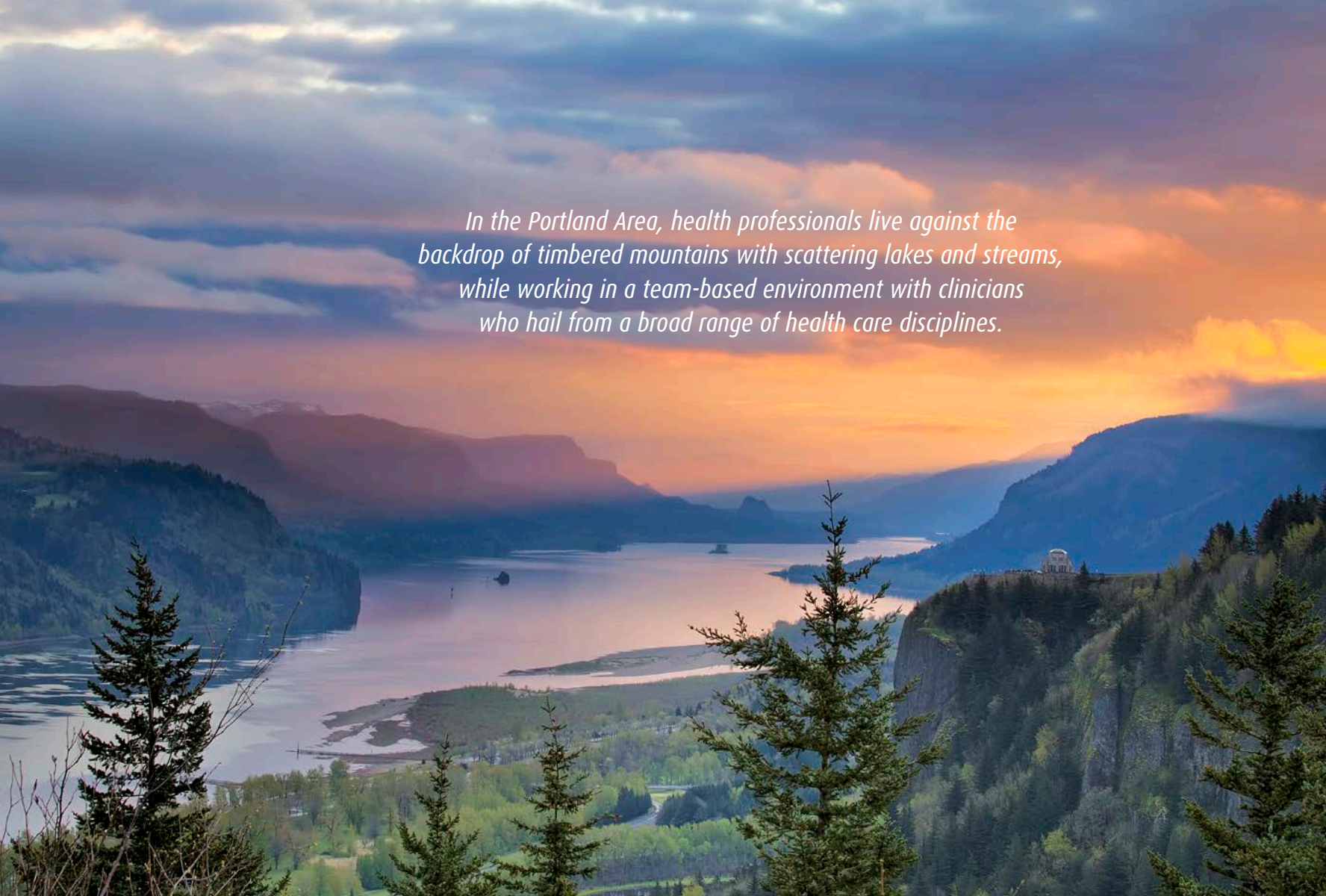
Opportunity. Adventure. Purpose.



Tribes of Oregon, Washington and Idaho

Burns Paiute Tribe • Confederated Tribes of the Chehalis Reservation • Confederated Tribes of the Colville Reservation • Confederated Tribes of the Coos, Lower Umpqua and Siuslaw Indians • Confederated Tribes of Grand Ronde • Confederated Tribes of Siletz Indians • Confederated Tribes of the Umatilla Indian Reservation • Confederated Tribes of Warm Springs • Confederated Tribes and Bands of the Yakama Nation • Coquille Indian Tribe • Coeur D'Alene Tribe of Indians • Cow Creek Band of Umpqua Tribe of Indians • Cowlitz Indian Tribe • Hoh Indian Tribe • Jamestown S'Klallam Tribe • Kalispel Tribe of Indians • Klamath Tribes • Kootenai Tribe of Idaho • Lower Elwha Klallam Tribe • Lummi Nation • Makah Tribe • Muckleshoot Indian Tribe • Nez Perce Tribe • Nisqually Indian Tribe • Nooksack Indian Tribe • NW Band of Shoshone Nation • Port Gamble S'Klallam Tribe • Puyallup Tribe of Indians • Quileute Tribe • Quinault Indian Nation • Samish Indian Nation • Sauk-Suiattle Indian Tribe • Shoalwater Bay Indian Tribe • Shoshone-Bannock Tribes • Skokomish Indian Tribe • Snoqualmie Tribe • Spokane Tribe of Indians • Squaxin Island Tribe • Stillaguamish Tribe of Indians • Suquamish Tribe • Swinomish Indian Tribal Community • Tulalip Tribes • Upper Skagit Indian Tribe

Canoe Journey — Paddle to Squaxin landing in Olympia, WA. Right photo: A canoe journey necklace. The beads represent how many canoe journeys one has attended. The copper circle represents the circle of life. Cover photo: Mt. Shuksan in North Cascades National Park, Washington state. Cover inset photo: IHS doctor with mother and daughter.



In the Portland Area, health professionals live against the backdrop of timbered mountains with scattering lakes and streams, while working in a team-based environment with clinicians who hail from a broad range of health care disciplines.

Providing Care in Oregon, Washington and Idaho

The Portland Area IHS provides health care for an estimated 150,000 American Indian and Alaska Native residents of Oregon, Washington and Idaho. Health delivery services are provided by a mix of health centers, health stations, preventative health programs and Urban Indian Programs.

The Portland Area encompasses a rich and diverse Native culture and meets the needs of a population that requires an equally diverse health care system. Direct service health centers operated by a combination of Tribal facilities, Urban Indian organizations and Area IHS facilities, ensure comprehensive, coordinated care delivery to more than 40 Tribes in the Pacific Northwest.

The Portland Area operates six federal health facilities in five Tribal communities and one at Chemawa Indian School in Salem, OR. There are also three Urban Indian Programs, which offer services ranging from community health to comprehensive primary health care. Overall, Tribes administer more than 74 percent of the IHS Portland Area budget authority appropriation.

In an effort to combat the rising trend of health disparities in the Portland Area, Indian health facilities there place extensive emphasis on improving health outcomes, particularly in the areas of infant health, high-risk maternal and child health, tobacco use intervention, domestic violence, diabetes care, women's health care and cancer screenings.

In addition, the Northwest Portland Area Indian Health Board works closely with the Portland Area, operating a variety of health-related programs on behalf of their member Tribes, including the Northwest Tribal Epidemiology Center.



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◀ Sunrise over Crown Point at Columbia River Gorge, OR. Right photos top to bottom: Traditional fancy dancers in colorful regalia at the Shoshone-Bannock Indian Festival Pow Wow, Fort Hall, ID. IHS health professional with a young patient and his family. A couple learn about Native basketweaving in Washington state.

IHS offers a wide range of health profession opportunities in the Portland Area. Enjoy a unique work/life balance that provides rich rewards and ample time for family and recreational activities.

A World of Opportunities

The Portland Area IHS is seeking dedicated health professionals for its state-of-the-art facilities in Oregon, Washington and Idaho. You will not only have an opportunity to care for patients from culturally diverse backgrounds, but also be a part of a motivated and highly competent health care team serving a vital mission. IHS offers competitive salaries, a full range of benefits and, in some cases, signing bonuses. Many positions also offer relocation incentives and opportunities for government housing.

Health Profession Openings by Discipline

- | | | |
|------------------------------|------------------------|-------------------------------|
| • Dentists | • Mental Health Staff | • Public Health Nurses |
| • Dietetic Services | • Nurses | • Public Health Nutritionists |
| • Environmental Health Staff | • Pharmacists | • Quality Management Staff |
| • Infection Control | • Physicians | • Radiologic Technologists |
| • Medical Technologists | • Physician Assistants | • Social Workers |



IHS Career Options

IHS offers clinicians a choice of three options to practice their specific health profession discipline: working as a federal civil service employee, as an Officer in the Commissioned Corps of the US Public Health Service (USPHS) or directly for a Tribal or Urban Indian Program. Each of these options offers career flexibility, competitive salaries and benefits and ample opportunity for advancement.

Federal Civil Service

Professionals who choose to work in the federal civil service earn competitive salaries and are eligible for comprehensive federal and retirement benefits. They also enjoy significant career flexibility, eligibility for advancement and can transfer throughout IHS facilities while still maintaining their benefits.

US Public Health Service (USPHS) Commissioned Corps

One of the seven uniformed services of the United States, the Commissioned Corps offers the opportunity to serve our nation in uniform as a health professional in certain disciplines. The Commissioned Corps is comprised of highly qualified public health professionals protecting, promoting and advancing the health and safety of the nation. Approximately 2,000 Commissioned Corps officers currently serve within IHS. Commissioned Corps officers are eligible for military retirement benefits.

Tribal or Urban Indian Programs

Individuals interested in working within Tribal or Urban Indian Programs negotiate compensation and benefits directly with the program or Tribe with whom they seek to work. Openings are available in both urban and rural areas.

Our Mission: to raise the physical, mental, social and spiritual health of American Indians and Alaska Natives to the highest level.

◀ You can join the IHS team as a civil service employee, an officer of the USPHS Commissioned Corps or as a direct hire for a Tribal or Urban Indian Program. Above right: Young health professionals are attracted to the financial freedom of the IHS LRP.



Did you know that you can pay off your health profession loans through our Loan Repayment Programs?

The IHS Loan Repayment Program (LRP) offers health professionals practicing at IHS facilities an opportunity to pay off all of their eligible health education student loans in addition to receiving competitive salaries and benefits. Participants are eligible to receive up to \$20,000 per year and can extend their contract annually until all of their loans are paid off. Pursue the opportunity to build your career with IHS and work as part of an interdisciplinary team of health professionals, while gaining the financial freedom to live and work within some of the most picturesque settings in the country.

Additionally, the National Health Service Corps (NHSC) Loan Repayment Program (LRP) offers primary care providers up to \$50,000 for a two-year service commitment to work at an approved NHSC site in a high-need, underserved area. Like IHS, NHSC LRP recipients can obtain additional loan repayment by extending their service.

Portland Area

Facility Locations, Major Cities and Attractions



On average, the six Portland Area Service Units employ 67 staff members, ranging from 33 employees in Wellpinit to 115 employees in Yakama. In FY 16, the Service Units saw 37,638 patients.

◆★ Tribal Health Centers and Youth Residential Treatment Centers

■ American Indian Reservation

Learn more about health profession opportunities in the Portland Area, visit www.ihs.gov/Portland.



- 1 ◆ Colville Tribes Community Health Center
- 2 ◆ Cowlitz Family Health Center
- 3 ◆ Hoh Tribe Health Clinic
- 4 ◆ Klamath Tribal Wellness Center
- 5 ◆ Quileute Health Center
- 6 ◆ North Bend Family Clinic
- 7 ◆ Sophie Trettevick Indian Health Center
- 8 ◆ Stillaguamish Tribal Health Clinic
- 9 ◆ Tulalip Health Clinic
- 10 ◆ Upper Skagit Tribal Clinic
- 11 ◆ Wadatika Health Center
- 12 ◆ Chemawa Indian Health Center (Western Oregon Service Unit)
- 13 ◆ Colville Indian Medical Health Center (Colville Service Unit)
- 14 ◆ David C. Wyncoop Memorial Clinic (Wellpinit Service Unit)
- 15 ◆ Not-Tsoo Gah-nee Indian Health Center (Fort Hall Service Unit)
- 16 ◆ Omak Clinic (Colville Service Unit)
- 17 ◆ Warm Springs Health & Wellness Center (Warm Springs Service Unit)
- 18 ◆ Yakama IHS Clinic (Yakama Service Unit)
- 19 ◆★ Native American Rehabilitation Association (NARA) of the Northwest Inc.

- 20 ◆ Seattle Indian Health Board
- 21 ◆ The NATIVE Project
- 22 ◆★ Healing Lodge of the Seven Nations

Keller and Inchelium, WA
Longview, WA
Forks, WA
Chiloquin, OR
LaPush, WA
Snoqualmie, WA
Neah Bay, WA
Arlington, WA
Tulalip, WA
Sedro-Woolley, WA
Burns, OR

Salem, OR

Nespelem, WA

Wellpinit, WA

Fort Hall, ID
Omak, WA

Warm Springs, OR
Toppenish, WA

Portland, OR

Seattle, WA
Spokane, WA
Spokane Valley, WA

Tribal Health Center
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Health Center

Health Center

Health Center

Health Center
Health Center

Health Center
Health Center

Urban Indian Health Center and
Youth Residential Treatment Center
Urban Indian Health Center
Urban Indian Health Center
Youth Residential
Treatment Center

Attractions/State Parks in Oregon, Washington and Idaho

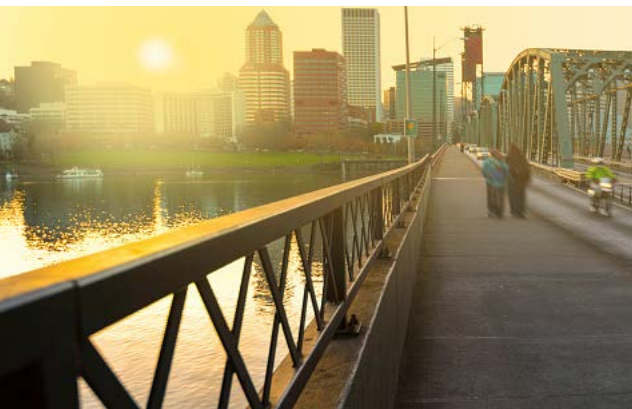
367 State Parks
26 State Recreation Areas
12 State Forests
15 State Fish Hatcheries
7 State Wildlife Areas
2 State Wildlife Management Areas
1 State Preserve
4 State Natural Areas
1 State Nursery
4 National Parks
33 National Forests
3 National Historic Sites
4 National Historic Parks
37 National Wildlife Refuges
6 National Recreation Areas
1 National Memorial

Learn more about the Portland Area state parks and attractions, visit www.stateparks.com.

◀ Panorama of Mt. McGown Peak on a clear morning in Stanley, ID.
Above photo: Kayaks beached on the shore of Trillium Lake with Mt. Hood in the distance in Oregon.

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Discover a Work/Life Balance

The Portland Area provides clinicians a unique opportunity to serve American Indians and Alaska Natives while enjoying a fulfilling career and an active lifestyle. Located in the evergreen Pacific Northwest, health clinicians in the Portland Area find themselves surrounded by scenic panoramas of the high desert, while still living near urban hubs such as Seattle, Spokane, Portland and Vancouver, BC.

For those interested in cultivating an outdoor lifestyle, the Portland Area offers salmon fishing, camping, hiking, boating, rafting, skiing and golfing. For skiers, top-notch slopes and majestic mountains, such as Mount Rainier, Mount Bachelor, Mount St. Helens and Mount Hood, are just a drive away. Other outdoor landmarks include Silver Falls Park, Columbia River Gorge, Timberline Lodge, Multnomah Falls, the Deschutes River and the Lewis and Clark Trail.

The Portland Area boasts a vibrant food scene and its location on the water means fresh seafood only requires visiting a local fish market. The Northwest is consistently recognized for its wines, craft breweries, delicious coffee and abundance of local farmers' markets.

Many health professionals who relocate to the Area find serving this unique patient population to be a rewarding long-term career option and a culturally enriching experience for the whole family. This includes opportunities for attending traditional Pow wows and activities, such as the Shoshone-Bannock Indian Festival Pow Wow in Ft. Hall, ID; the Gathering of the Falls Pow Wow in Spokane, WA; and Pi-Um-Sha Treaty Days in Warm Springs, OR.

And with the growth of the technology industry and the number of companies headquartered in Seattle and Portland — Nike, Boeing, Intel, Pendleton Woolen Mills and Starbucks, to name a few — the Portland Area offers tremendous opportunities for spousal employment. Likewise, families thrive with a variety of educational options and the accessibility to local amenities and businesses, family-friendly activities and places of worship.

◀ Photos top to bottom: Hiking in Mt. Rainier National Park, Washington state. IHS clinician with patient. Strolling along a Portland bridge with a view of the skyline at sunset. Opposite: Smith Rock and the Crooked River, Smith Rock State Park, Terrebonne, OR.



With its abundant orchards, pristine shores and famous mountain peaks, the Portland Area offers countless outdoor activities for health clinicians and their families.



Contact a recruiter to learn more about
Indian health opportunities in the Portland Area

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