

# Native STAND

*Students Together Against Negative Decisions*



Native STAND youth on field trip. Photo courtesy of Native STAND.

## Benefits of participating in this project:

- Free training (paid airfare and hotel costs) to gain knowledge and skills to become a Certified Native STAND Educator.
- Free curriculum materials, resources and supplies.
- Up to \$10,000 in implementation support funding to deliver Native STAND in your community.
- On-going technical assistance and mentoring support.
- Strengthen your capacity to engage in research.
- Return data on your community for your use.

## From a trained educator where Native STAND was implemented:

"Students have also been more open to talking about facts they learned from Native STAND with their peers and building a trusting relationship with their facilitators."

## What is Native STAND?

Native STAND is a comprehensive culturally-appropriate curriculum for Native American high school students that promotes healthy-decision making. The curriculum is intertribal, drawing on teachings from many tribes and communities across the country. Native STAND focuses on positive youth development to support the prevention of sexually transmitted infections, HIV/AIDS, and to prevent teen pregnancy. The curriculum also addresses drug and alcohol use, suicide and healthy relationships. Native STAND is highly interactive.



Native youth at THRIVE Conference. Photo courtesy of Native STAND.

The 1.5 hour lessons are comprised of large group discussions, small group work, individual activities, and many lessons contain stories from tribal communities that ground learning in cultural teachings. The curriculum is flexible and can be easily adapted to include specific stories and traditions from the site where it is being implemented.

Native STAND consists of 27 sessions which focus on positive personal development, including team building, diversity, self-esteem, goals and values, negotiation and refusal skills, and effective communication. Sessions have been delivered in community centers, after-school programs, weekend retreats and various settings.

## What is the Goal of the Native STAND Project?

The goal of the Native STAND Dissemination, Implementation, and Evaluation Project is to better understand how Tribal communities implement a program designed to help eliminate health disparities for high-school age American Indian/Alaska Native (AI/AN) youth.

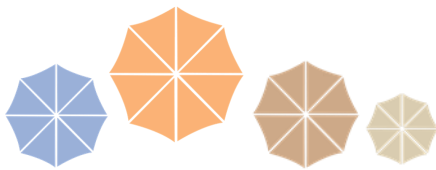
It is important to understand the factors that affect adoption and use of the Native STAND curriculum by measuring and evaluating the impact of the program in AI/AN communities and key indicators of healthy behavior in AI/AN teens.

This study is funded by the Centers for Disease Control and Prevention (CDC) and the Indian Health Service (IHS). The project is a partnership between Oregon Health & Science University's Prevention Research Center, the Center for Healthy Communities, and the Northwest Portland Area Indian Health Board.

Participation in this project is open to all Tribes and AI/AN organizations across the United States.



Hands-on training. Photo courtesy of Native STAND.



## Center for Healthy Communities

OHSU, CDC Prevention Research Center

### Native STAND Project Contact Information

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### Feedback from former Native STAND youth participants about recommending it to their peers:

"I would recommend it to all of my friends because it teaches me many new things." - High school boy

"YES! Totally! Absolutely! I would recommend Native STAND to my peers, cause I really enjoyed it!" - High school girl

### Important Dates in 2016-17:

<b>October 1:</b>	<b>Applications Available</b>
<b>March 1:</b>	<b>Application Deadline</b>
<b>April 1:</b>	<b>Site Selection for Project</b>
<b>June 26-June 30:</b>	<b>Native STAND Training</b>

To Learn More and To Apply Visit  
**[www.oregonprc.org](http://www.oregonprc.org)**

### Requirements for Participating Tribal Communities

In order for Tribes and AI/AN organizations to be considered for participation in this program, they will need to commit to the following:

- Identify and support an individual (such as a health educator or prevention specialist) to attend the free, one-week summer Native STAND Certified Training Program.
- Complete and submit a full online application.
- Applicants must ensure that they are able to attend and complete the entire one-week certification training in Portland, Oregon. Native STAND will

provide airfare, hotel and meal per diem.

- Communities must demonstrate access to a setting conducive to implementing the curriculum (school, community center).
- A Memorandum of Agreement, local Institutional Review Board approval, and a valid W-9 IRS Form or appropriate Federal Tax ID will be required of sites before \$5000 per year will be distributed.
- Tribes and AI/AN organizations must allow the trained health educator to implement the program through their current position.

- Accepted applicants will provide information to evaluators at the Center for Healthy Communities throughout the five-year duration of the project.

To learn more about the Native STAND Program, visit our website at [www.oregonprc.org](http://www.oregonprc.org)

To discuss eligibility requirements or for a program consult, please contact Michelle Singer, Project Manager at 503-418-2199 or [singerm@ohsu.edu](mailto:singerm@ohsu.edu).



**Educator graduation at Native STAND Training in Portland, Oregon. Photo courtesy of Native STAND.**