

## Western Tribal Diabetes Project



*A comprehensive approach to build a sustainable infrastructure for monitoring, tracking, and reporting diabetes data at the local level.*

### Steps for Diabetes Data Improvement

#### **Prevent Diabetes**

Prevent diabetes for high-risk individuals through primary prevention



#### **Improve Health Outcomes**

Use the diabetes register to make informed decisions regarding secondary and tertiary prevention strategies and clinical case management

#### **Estimate the Burden of Disease from Diabetes**

Refer to the diabetes register to fully describe the impact of diabetes in the community

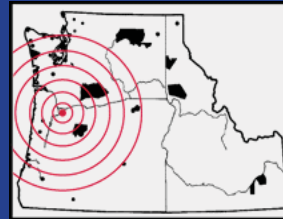
#### **Build a Foundation**

Establish an active diabetes register

## Western Tribal Diabetes Project

*Northwest Portland Area  
Indian Health Board*

*Northwest Tribal  
Epidemiology Center  
(The EpiCenter)*



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*Northwest Portland Area  
Indian Health Board*

Diabetes is a serious chronic disease that disproportionately affects AI/AN communities. Currently, diabetes is the fourth leading cause of death for AI/AN communities, and the epidemic continues to grow.

Despite the large impact that diabetes has, the true rates of diabetes in AI/AN communities is unknown. WTDP focuses on assisting tribal programs to track, monitor, and report accurate health data. This data can be used to improve the quality of patient care, to gain additional resources, and to plan effective intervention programs.

The Western Tribal Diabetes Project provides technical assistance to tribes as part of a system for sustained data collection, reporting and utilization. In addition to assisting tribal programs in Oregon, Washington, and Idaho, WTDP has a national component that delivers services to tribal programs in other Areas through centralized trainings, site visits, and technical assistance.

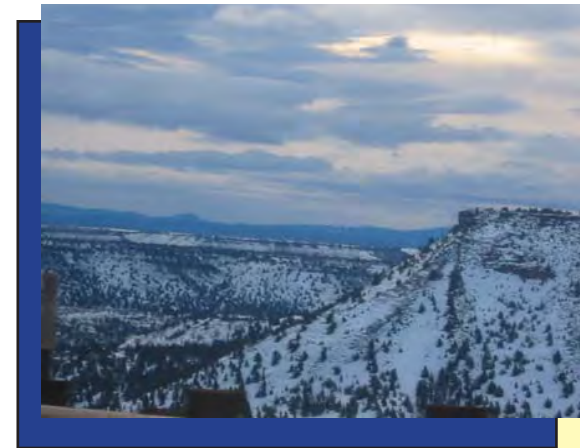


*Site visits are the foundation of WTDP's success. Through site visits, the WTDP is able to offer:*

- *Training on the Diabetes Management System*
- *Assistance with building RPMS registers*
- *Assistance with the annual IHS Diabetes Audit*
- *Support with data strategies to improve clinical case management*
- *Assessment of the prevalence of Diabetes and incidence of associated complications*



*WTDP also takes pride in partnering with the Portland Area Office and Nike to provide Native Fitness trainings and seminars at the Nike World Headquarters in Beaverton, OR. Native Fitness focuses on developing tribal fitness programs and data collection and utilization.*



*The WTDP is a data project operating under the Northwest Tribal Epidemiology Center (The EpiCenter), within the Northwest Portland Area Indian Health Board.*

*IHS Grant numbers*

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