



## Peer Support Services

Northwest Portland Area Indian Health Board  
Quarterly Board Meeting  
August 9, 2016

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## Agenda



1. What are peer support services?
  - a. General description
  - b. DBHR staff lead contact if you have any questions
2. How do tribes bill for peer support services?
  - a. What are the billing requirements for this service?
  - c. Is this service eligible for the IHS encounter rate?
  - d. Some billing examples
  - e. Other payable peer support counselor services
3. Questions and Answers



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## PEER SUPPORT SERVICES: DESCRIPTION



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## Peer Support Services

- Peer support is a service provided to improve recovery outcomes through connections with people with shared lived experience.
- In Washington State, peer supporters whose services are Medicaid reimbursable are called Certified Peer Counselors.
- Peer supporters are important members of the clinical team, and enhance services that can be provided.



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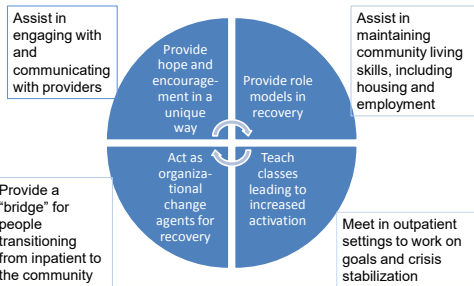
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## Examples of Peer Counselor Roles



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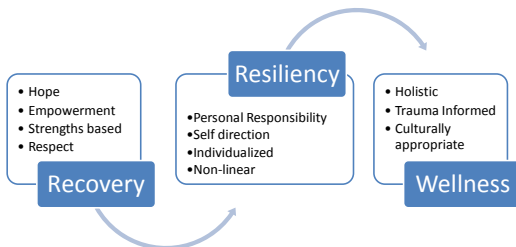
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## Peer Support Values



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## The Certification Process

### Peers must:

- Be mental health consumers
- Apply for training and be accepted as a candidate
  - Attest to consumer status (including as parent of consumer)
  - Adequate reading and writing skills
  - In recovery at least one year
- Complete the 10 hour online course and the 40 hour in-person class
  - DBHR offers about six classes per year, and organizations can also purchase trainings from an approved contractor.
- Take and pass the state test
- If employed by a licensed agency, gain Agency Affiliated Counselor credential from DOH



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## Other Considerations

- Peer Services can only be billed by DBHR certified peers
- Must be supervised by a mental health professional
- May be employed by a health agency or subcontracted to a peer run organization
- Should receive on-going continuing education as well as role-specific training
- Employment expectations should be equal to other employees



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## Peer Support Outcomes

- Satisfaction
  - Almost universal satisfaction and appreciation by individuals and families
- Outcomes
  - Decrease in symptoms
  - Increased coping skills and awareness of early warning signs
  - Fewer hospitalizations, shorter lengths of stay
  - Improved social functioning
  - Increased feelings of hopefulness, self-advocacy and empowerment

Peer specialists say **"We are the evidence"**



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## DBHR Contact

Jennifer Bliss, Senior Manager,  
Office of Consumer Partnerships  
Peer Support Program Administrator

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## PEER SUPPORT SERVICES: BILLING



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## Peer Support: Billing

This service is payable today

- This service has been payable in ProviderOne since April 1, 2015 for all dates of service



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## Peer Support: Billing Requirements

- Client:** Medicaid-enrolled AI/AN or clinical family member (CFM)
- Peer Support Service Provider:** Certified Peer Support Counselor
- Minimum Time per Client:** 10 minutes
- Daily Maximum Time per Client:** 4 hours
- Payment Rate:** \$60 per hour (¼ hour increments)
- Site of Service:** Any location that meets privacy requirements
- Support Group Peer Counselor-to-Client Ratio:** No more than 1-to-20
- Procedure Code:** H0038 - "Self-help/peer services, per 15 minutes"
- Procedure Code Modifier:**
  - "HE" for AI/AN client
  - "SE" for non-AI/AN clinical family member client



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## Peer Support: Billing Requirements

- Billing NPI:** IHS or Tribal 638 facility
- Billing Taxonomy:** 2083P0901x
- Servicing NPI:** Supervising ProviderOne-enrolled Mental Health Professional who understands rehabilitation and recovery
- Servicing Taxonomy:** As applicable
- Diagnosis Code:** Valid ICD-10 diagnosis as appropriate for service
- Referring NPI:** Not required
- Prior Authorization:** Not required other than EPA (see next)
- Expedited Prior Authorization (EPA):** Required - 870001349
- "Either: (1) client has elective exemption from Medicaid Managed Care under 42 U.S.C.1396u-2 (e.g., client is AI/AN); or (2) client is a Clinical Family Member."*



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## Peer Support: IHS Encounter Rate

- The services of certified peer support counselors are not eligible for the IHS encounter rate.
- Peer support counselors are not included in the State Plan list of IHS encounter-eligible provider types.
- Peer support services are considered a mental health service.
- The facility may not bill for the peer support counselor's services if the facility receives an IHS encounter payment for mental health services for the same client during the same 24-hour period.



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## Peer Support: Billing Examples

Date of Service	Procedure Code	Modifier	EPA	Billed Amount	Billed Units
1/5/01	H0038	HE (AI/AN) or SE (CFM)	870001349	\$60.00	4
1/6/01	H0038	HE (AI/AN) or SE (CFM)	870001349	\$240.00	16
1/15/01	H0038	HE (AI/AN) or SE (CFM)	870001349	\$15.00	1

A. DATE(S) OF SERVICE		B. PLACE OF SERVICE		C. PROCEDURE, SERVICE OR SUPPLIER		E. UNITS/CHARGE		F. CHARGES		G. BILLED UNITS	
MM	DD	YY	MM	DD	YY	ICD-9-CM	ICD-9-CM	UNIT	CHARGE	UNIT	UNIT
01	01	16	01	01	16	07	H0038	HE*	1	60.00	4
01	15	16	01	15	16	07	H0038	HE*	1	240.00	16
01	31	16	01	31	16	07	H0038	HE*	1	15.00	1




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## Peer Support Counselors: Other Payable Services

- Day Support**  
*H2012 - "Behavioral health day treatment, per hour"*  
 ➤ Rate: \$31.05 per hour
- Medication Monitoring**  
*H0034 - "Medication training and support, per 15 minutes"*  
 ➤ Rate: \$22.47 per 15 minutes
- Therapeutic Psycho-Education**  
*H0025 - "Behavioral health prevention education service (delivery of services with target population to affect knowledge, attitude and/or behavior)"*  
 ➤ Rate: \$6.58 per service  
*H2027 - "Psycho-educational service, per 15 minutes"*  
 ➤ Rate: \$12.01 per 15 minutes




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## Peer Support: Q&A




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# Thank you!

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